

SCOTTISH SWIMMING

REGULATIONS

MASTERS SWIMMING

INDEX

SECTION		PAGE
M1	General	2
M2	Age Groups and Events	2
	M2.1 Age Groups	2
	M2.2 Events	3
M3	Championships and Meets	
	M3.1 General	3
	M3.2 Organisation	3
	M3.3 Eligibility to Complete	3
	M3.4 Jury of Appeal	4
	M3.5 National Championships	4
M4	Records	
	M4.1 General	4
	M4.2 Events and Age Groups	4
	M4.3 Timing	5
	M4.4 Applications	5
M5	Licensing	
	M5.1 General	5
	M5.2 Licensing Categories	5
	M5.3 Jurisdiction	5
	M5.4 Conditions	5
	M5.5 Facility Minimum Standards	6
	M5.6 Timescales for Sessions	6
	M5.7 Applying for a Licence	6
	M5.8 Notification	6
	M5.9 Requirements	6
	M5.10 Reports	6
	M5.11 Meet Management	7
	M5.12 Technical Officials	7
	M5.13 Fees	7

M1.0 General

- M1.1 The Scottish Masters Swimming Committee, a National Committee of Scottish Swimming, shall comply with the relevant sub- sections of the Company Article A3.1.3.
- M1.2 The membership of the Masters Swimming Committee, shall be in accordance with Company Article A3.1.3.7.3.
- M1.3 The Masters Swimming Committee shall have the following responsibilities in addition to those stated in Company Article A3.1.3.6.1.
- M1.3.1 formulate regulations for Masters Swimming activities held in Scotland;
 - M1.3.2 decide on the interpretation of the Regulations pertaining to Masters Swimming and give a ruling there on;
 - M1.3.3 arrange trials for Masters Swimmers;
 - M1.3.4 co-operate with any advisory board which may be appointed by the Company to organise the training of swimmers;
 - M1.3.5 compile and submit for approval by the Directors of the Company a calendar of events for Masters including international, national, district and member club contests.
- M1.4 Scottish Swimming Governance Documentation shall apply with regards to Awards, Trophies, Eligibility, Fees, Withdrawals, Protests and Complaints.

M2.0 Age Groups and Events

- M2.0.1 Age at 31st December, in the year of competition, determines the age group in which a swimmer may compete in both individual and relay events.

M2.1 Age Groups

M2.1.1 Age groups for individual events are as follows:-

<u>Group</u>	<u>Age</u>	<u>Group</u>	<u>Age</u>
X*	18 - 24 years	J	65 - 69 years
A	25 - 29 years	K	70 - 74 years
B	30 - 34 years	L	75 - 79 years
C	35 - 39 years	M	80 - 84 years
D	40 - 44 years	N	85 - 89 years.
E	45 - 49 years	O	90 - 94 years
F	50 – 54 years	P	94 - 99 years
G	55 – 59 years	Q	100+ years
H	60 – 64 years		

* See M3.3.3 for clarification.

M2.1.2 Age Groups for relay events, conducted on a total age of team members in whole years are as follows.

- a) Total Age:- 100 – 119 years.
- b) Total Age:- 120 – 159 years.
- c) Total Age:- 160 – 199 years.
- d) Total Age:- 200+ years.

M2.2 Events

M2.2.1 The Individual and Team events specified in this section may be included in part or in total in a Licensed Meet programme.

M2.2.2 Individual Events

a) The following **Long Course** (50m) events apply to all Age Groups specified in M2.1.1.

Freestyle	50m, 100m, 200m, 400m, 800m, 1500m
Backstroke	50m, 100m, 200m
Breaststroke	50m, 100m, 200m
Butterfly	50m, 100m, 200m
Individual Medley	200m, 400m

b) The following **Short Course** (25m) events apply to all Age Groups specified in M2.1.1

Freestyle	50m, 100m, 200m, 400m, 800m, 1500m
Backstroke	50m, 100m, 200m
Breaststroke	50m, 100m, 200m
Butterfly	50m, 100m, 200m
Individual Medley	100m, 200m 400m

M2.2.3 Team Events

M2.2.3.1 The following relay events for men and women apply to all Age Groups specified in M2.1.2 and may be held at both Long and Short Course Competitions:-

- 4 x 50m Medley
- 4 x 50m Freestyle

M2.2.3.2 Teams will consist of four members all from the same club.

M2.2.3.3 In respect of team events, a competitor can only complete in one of the Age Groups specified in M2.1.2.

M3.0 Championships and Meets

M3.1 General

M3.1.1 All Championships and Meets shall be held in an indoor pool.

M3.1.2 All Championships and Meets shall be conducted under FINA Masters Rules.

M3.1.3 All Championships and Meets require an authorising license issued by Scottish Swimming in accordance with Section M5.

M3.1.4 The following Championships are open and shall be held annually.
National Championships

M3.2 Organisation

M3.2.1 The management of Championships shall be by an organising committee, appointed by and under the jurisdiction of the Masters Committee.

M3.2.2 The management of Meets shall be organised by an affiliated club or clubs.

M3.2.3 Entries shall be made in accordance with the published Information Pack

M3.2.4 The number of sessions, the programme of events for each session and the closing date for the entries will be determined by the relevant organising committee and published in the Information Pack.

M3.2.5 Failure to appear, withdrawals or amendments shall be in accordance with the published Information Pack.

M3.2.6 Technical Officials shall be appointed in accordance with M5.12.

M3.3 Eligibility to Complete

M3.3.1 Eligibility is defined in Company Rule R4.5

M3.3.2 Competitions shall be open to any swimmer aged 25 years of age and over on 31st December in the year of competition.

M3.3.3 Swimmers aged 18 years to 24 years, on the 31st December in the year of competition, may compete in events open only to this age group, if included as part of a Masters competition.

M3.4 Jury of Appeal

- M3.4.1 The Masters Committee shall appoint or arrange for the appointment of a Jury of Appeal in advance of each Championship.
- M3.4.2 The organising committee shall appoint or arrange for the appointment of a Jury of Appeal in advance of each Meet.
- M3.4.3 The procedure and treatment shall be in accordance with Company Rules R11.3 and R11.4.

M3.5 National Championships

- M3.5.1 General
- M3.5.1.1 The Championships will be held in a 25 m or 50m pool as determined in advance by the Masters Committee.
- M3.5.1.2 Requirements in paragraphs M3.1, M3.2, M3.3 and M3.4 shall apply.
- M3.5.2 Events
- M3.5.2.1 Events will be those detailed in the Information Pack.
- M3.5.2.2 In all events there will be a “declared winner” and all places will be decided by times recorded.
- M3.5.3 Titles
- M3.5.3.1 Scottish Open Masters Champion
Fastest swimmer in each event and age group shall be the Scottish Open Champion.
- M3.5.4 Awards
- M3.5.4.1 Medals shall be presented as follows:-
Scottish Open Masters Championship – 1st, 2nd, 3rd.
- M3.5.4.2 Special awards will be given to the overall winner of each Age Group identified in M2.1.1.
These awards will be decided on a cumulative total of points awarded from 1st to 6th place in each event as determined in accordance with M3.5.2.1.
- M3.5.4.3 Club Championship
The overall team award will be given to the club which accumulates the highest number of points for all individual swims in all age groups and in all relay events.
These points being determined and described in the meet information

M4.0 Records

M4.1 General

- M4.1.1 Masters Records are recognised by Scottish Swimming in both Long (50m) and Short (25m) Course.
- M4.1.2 The Pool length must be confirmed and a Certificate of Measurement must be lodged with the Scottish Swimming Limited Office.
- M4.1.3 Performances must be registered at a Licensed Masters Meet and the meet must comply with the Scottish Rules as applied to Masters Swimming.
- M4.1.4 Records will only be validated if the minimum number of certificated Technical Officials are present.

M4.2 Events and Age Groups

- M4.2.1 For Individuals, both Men and Woman, records will be recognised for the events and age groups stated in M2.1.1 and M2.2.2 except for the special category “X”
- M4.2.2 For Teams, both Men and Woman, records will be recognised for the events and age groups stated in M2.1.2 and M2.2.3.

M4.3 Timing

- M4.3.1 Electronic timing will take precedence.
- M4.3.2 If non electronic, two digital watches are required and all times must be recorded on the application form. Times to be recorded to 1/100th second. (ie. Two decimal places)

M4.4 Applications

- M4.4.1 Applications must be submitted in accordance with Company Rule R7.1.1
- M4.4.2 On receipt the Scottish Masters Administrator will verify the details of the application and ensure all the relevant documentation is complete and forwarded it to the Masters Record Co-ordinator for checking and endorsement.
- M4.4.3 Following endorsement by the Masters Record Co-ordinator the application is returned to the Masters Administrator to request the Company Board to approve the Record.
- M4.4.4 The Masters Administrator will advise the applicant and the Record Co-ordinator of the decision of the Board.

M5 Licensing**M5.1 General**

- M5.1.1 Masters competitive events require to be licensed in accordance with Company Rule R4.4.
- M5.1.2 All swimmers must be members of the SASA or be registered members of another FINA affiliated country, prior to competing in any licensed event.
- M5.1.3 All licensed events must be held under FINA Rules and Scottish Swimming Masters Regulations.
- M5.1.4 The control and monitoring of licence compliance will be based on self assessment and monitoring and reporting by the event referee.
- M5.1.5 Application for a licence may not be granted if the date(s) clash with other Masters events promoted by:
 - a) Scottish Swimming
 - b) Scottish Swimming District relevant to event venue
- M5.1.6 More than one Meet per date may not be held.
- M5.1.7 Should an event fail to achieve the required minimum standards as required by the Masters Regulations the Masters Committee may suspend any outstanding licences, or refuse to issue a new licence in the name of the organising body.

M5.2 Licensing Categories

- M5.2.1 Event licences will be categorised as follows:
 - a) Level 1 – International, National & District Meets
 - b) Level 2 - Club Meets

M5.3 Jurisdiction

- M5.3.1 The National Masters Convenor is responsible for the approval of licences for both categories of meets.

M5.4 Conditions

- M5.4.1 Internal Club Championships do not require a licence. However clubs must be aware of Health & Safety requirements and implications in respect of insurance cover.

M5.5 Facility Minimum Standards

	Level 1	Level 2
a) Warm up facilities and marshals	*	*
b) Competitor Seating	*	*
c) Separate Seating for spectators, VIP's etc	*	*
d) Electronic Timing or at least 2 T/K per lane	*	
e) Anti turbulence lane ropes	*	
f) Office facilities – photocopying, telephone.	*	
g) Programme and start sheets	*	*
h) Results service	*	*
i) First aid facilities	*	*

M5.6 Timescale for Sessions

M5.6.1	Session lengths must not exceed the following:-	
	Level 1	Three hours, including medal presentations, with a maximum of three sessions per day.
	Level 2	Two hours, including medal presentations, with a maximum of three sessions per day, or Three hours, including medal presentation, with a maximum of two sessions per day.

M5.7 Applying for a Licence

M5.7.1	Application must be made on the appropriate form available from the Company or appropriate District Masters Convenor. Advertising of a Meet cannot take place without a License number
M5.7.2	Application must be made to the National Masters Convenor, accompanied by the appropriate fee (in accordance with Company Rule R3.4.2) at least 8 weeks prior to the meet. A programme of events must accompany the application.
M5.7.3	When a change to the details on an application (e.g. change of venue or format) is required, a new application must be made. The fee for a new application may be waived at the discretion of the National Masters Committee.

M5.8 Notification

M5.8.1	Confirmation that a licence has been granted will be sent to the applicant within 30 days of receipt of the application.
M5.8.2	Where a licence application is refused, the applicant will be advised within 30 days of receipt of the application and the reason of refusal stated.

M5.9 Requirements

M5.9.1	The organiser of a licensed meet must provide a results service which will satisfy the requirements of M5.10.2
M5.9.2	All meet programmes and results must carry the meet licence number.

M5.10 Reports

M5.10.1	A completed Meet Report form, the lists of Officials for each session and results sheets in accordance with M5.10.2, must be returned within 14 days of completion of the event to the National Masters Convenor.
M5.10.2	Results sheets signed, on each front sheet, by the appropriate Session Referee as being acceptable, are required as follows:- Level 1 One complete set plus an electronic copy. Level 2 Two complete sets, or as for Level 1.

M5.11 Meet Management

- M5.11.1 The Referee will be responsible, for the proper conduct of a meet as defined by its licence, for all poolside related activities and areas (e.g. to include computer team, commentary team and competitors seating).
- M5.11.2 The Referee will assume control at the end of the warm up of each scheduled session until the final event in the session has been ratified.
- M5.11.3 A Meet Director/Manager must be appointed for all licensed meets by the Organising Body.

M5.12 Technical Officials

M5.12.1 The minimum number of Officials required shall be:-

Official / Lanes	4	6	8	10
Referee	1	1	1	1
Starter	1	1	1	1
Judge	4	6	8	10
Timekeeper (AOE)	4	6	8	10
Timekeeper (no AOE)	8	12	16	20

M5.13 Fees

M5.13.1 The fee for each licence category will be set in accordance with Company Rule R3.4.1.