

# SCOTTISH AMATEUR SWIMMING ASSOCIATION LIMITED REGULATIONS SWIMMING

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## **SW1.0 GENERAL**

SW1.1 The responsibilities of the Swimming committee are set out in Section 9.4 of the Company Articles

SW1.2 The Swimming Committee shall conduct its business in accordance with Section R11.0 of the Company Rules

## **SW2.0 SCOTTISH CHAMPIONSHIPS/MEETS**

### **SW2.0.1 General**

SW2.0.1.1 All championships shall be held in an indoor pool.

SW2.0.1.2 All championships shall be conducted under FINA and SASA Rules

SW2.0.1.3 The following CHAMPIONSHIPS/MEETS are open and shall be held annually:

- (1) National Open Championships
- (2) National Short Course Championships
- (3) National Age Group Championships

SW2.0.1.4 The following CHAMPIONSHIPS are closed to Scottish clubs and teams and shall be held annually:

- (1) Scottish Leagues

### **SW2.0.2 Championship/Meets Organisation**

SW2.0.2.1 The management of Championships/Meets shall be by an organising committee appointed by and under the jurisdiction of the Swimming Committee

SW2.0.2.2 Entries shall be made in accordance with the published Information Pack

SW2.0.2.3 The number of heats will be determined by the Organising Committee when entries are known. The organising committee reserves the right to restrict entries to ensure a good standard of competition

SW2.0.2.4 The following entry time verification process will apply:

- a) Clubs may be requested to prove the submitted entry times. Failure to respond by the stated date with the requisite proof will result in automatic exclusion from the event and the entry fee forfeited
- b) During and/or after the event further checks may be instigated, where significant under performance, in relation to an entry time is recorded. Proof of entry time will be requested by a specific date. Failure to comply will result in a fine to the club/swimmer (in accordance with Company Rule R12.6.1)
- c) Unpaid fines will result in swimmers being excluded from future Scottish National Championships/Meets

SW2.0.2.5 The number of sessions, the programme of events for each session, the Qualifying or Consideration time for entry for events and closing date for entries will be determined annually by the Swimming Committee and published at least twelve weeks before the first day of the championships. Qualifying or Consideration times must be recorded within a date fixed by the Swimming Committee which will be not less than six months before first day of Championship

SW2.0.2.6 Failure to appear, withdrawals or amendments shall be in accordance with the published Information Pack

SW2.0.2.7 Technical officials will be appointed as required by SW7.14

### **SW2.0.3 Eligibility to Compete**

SW2.0.3.1 Eligibility is as defined in Company Rule R13.5

SW2.0.3.2 If an event has only one competitor (including only one relay team) a decision on whether the event is swum will be made by the National Events Convener

### **SW2.0.4 Jury of Appeal**

SW2.0.4.1 Swimming Committee shall appoint or arrange for the appointment of a jury of appeal in advance of each Scottish Championship/Meet.

SW2.0.4.2 The procedure and treatment shall be in accordance with Company Rules R15.3 and R15.4

### **SW2.0.5 Events**

SW2.0.5.1 The Swimming Committee may by exception vary the events for the various Championships, Meets and Leagues under its jurisdiction

## **SW2.1 NATIONAL OPEN CHAMPIONSHIPS**

### **SW2.1.1 General**

SW2.1.1.1 The Championships must be held in a 50m pool

SW2.1.1.2 Requirements in paragraphs SW2.0.1, SW2.0.2 and SW2.0.3 shall apply

## **SW2.1.2 Events**

SW2.1.2.1 The events will be those events included in the FINA World Championships programme

SW2.1.2.2 The 800 metres Freestyle and 1500 metres Freestyle events will be "Declared Winner", and the Championship places will be decided by times recorded in the heats

SW2.1.2.3 The decision to include either semi or consolation finals will be at the discretion of the Swimming Committee

## **SW2.1.3 Titles**

### **SW2.1.3.1 Scottish Open Champion**

Fastest swimmer in the final/heat declared swims of each event shall be Scottish Open Champion

### **SW2.1.3.2 Scottish National Champion (Senior and Junior)**

Fastest swimmer in the final/heat declared swims of each event with National eligibility as defined in Company Rule R13.5 shall be Scottish National Champion

If there is no National swimmer in the final/heat declared swims, the title shall be awarded to the fastest National swimmer in the semi-finals, failing which the heats

## **SW2.1.4 Awards**

SW2.1.4.1 Medals shall be presented as follows:-

- |    |                                   |   |
|----|-----------------------------------|---|
| a. | Scottish Open Championship        | 1st, 2nd, 3rd   |
| b. | Scottish National Champion        | 1st (provided the individual is not also the National Open Champion)                        |
| c. | Scottish National Junior Champion | 1st (provided the individual is not either the Scottish Open or Scottish National Champion) |
| d. | Best Male, Best Female            | Using an appropriate points method as decided by the Swimming Committee                     |

## **SW2.2 NATIONAL SHORT COURSE CHAMPIONSHIPS**

### **SW2.2.1 General**

SW2.2.1.1 The Championships shall be held normally in a 25m pool

SW2.2.1.2 Requirements in paragraphs SW2.0.1, SW2.0.2 and SW2.0.3 shall apply

## **SW2.2.2 Events**

SW2.2.2.1 Individual events will be those included in the FINA World Championships programme. Relay events for Men and Women may be included at the discretion of the Swimming Committee

SW2.2.2.2 800 metres Freestyle and 1500 metres Freestyle events will be "Declared Winner" and Championship places will be decided by times recorded in the heats

SW2.2.2.3 Inclusion of semi finals will be at the discretion of the Swimming Committee

## **SW2.2.3 Titles**

### **SW2.2.3.1 Short Course Champion**

Fastest swimmer in the final/heat declared swims of each event shall be the Short Course Champion

### **SW2.2.3.2 Short Course National Champion**

- Fastest swimmer in the final/heat declared swims of each event with National eligibility as defined in Company Rule R13.5 shall be the Short Course National Champion
- If there is no National swimmer in the final/heat declared swims, the title shall be awarded to the fastest National swimmer in the semi-finals, failing which the heats

## **SW2.2.4 Awards**

SW2.2.4.1 Medals shall be presented as follows:

- (a) Short Course Championship 1st, 2nd and 3rd
- (b) Short Course National Champion 1st (provided the individual is not also the Short Course Champion)

SW2.2.4.2 The following trophies shall be awarded using an appropriate points method as decided by the Swimming Committee:-

- (a) Top Club
- (b) Alistair Sankey Memorial Best combined performance in the

February 2007  
senior men's 100m & 200m Butterfly.

&	(c) Paisley 500	Best overall performance by a male or female.
	(d) Citrus Trophies	Best performance by a junior male female
	(e) Aberdeen 2000	Best single performance for male & female

## **SW2.3 NATIONAL AGE GROUP CHAMPIONSHIPS**

### **SW2.3.1 General**

SW2.3.1.1 Ages are defined as age on the last day of competition

SW2.3.1.2 Competitors may swim only in their own age group

SW2.3.1.3 The National Swimming Committee may at their discretion run all or part of the National Age Group Championships in conjunction with the National Open Championships

SW2.3.1.4 Requirements in paragraphs SW2.0.1, SW2.0.2 and SW2.0.3 shall apply

## **SW2.3.2 Events**

SW2.3.2.1 The Events will be those individual events included in the FINA World Championship programme. The Relay Events will be Boys and Girls Freestyle Relay and Medley Relay, 4 x 50m

SW2.3.2.2 The Age Groups for individual and relay events will be decided on an annual basis by the Swimming Committee

SW2.3.2.3 Inclusion of semi finals will be at the discretion of the Swimming Committee

## **SW2.3.3 Titles**

### **SW2.3.3.1 Scottish Age Group Champion**

The fastest swimmer in the final/heat declared swims of each event shall be Scottish Age Group Champion

### **SW2.3.3.2 Scottish National Age Group Champion**

The fastest swimmer in the final/heat declared swims of each event with National eligibility as defined in Company Rule R13.5 shall be Scottish National Age Group Champion. If there is no National swimmer in the final, the title shall be awarded to the fastest National swimmer in the semi-finals, failing which the heats

## **SW2.3.4 Awards**

SW2.3.4.1 Medals shall be presented as follows:

- (a) Scottish Age Group Championship 1st, 2nd and 3rd.
- (b) Scottish National Age Group Champion 1st (provided the individual is not also the Age Group Open Champion)

SW2.3.4.2 Trophies will be awarded as follows:-

- (a) ????? Trophies To be awarded to the best performance by a boy or girl aged 16 years or under, calculated by using an appropriate points method as decided by Swimming Committee
- (b) Sharp Trophies To be awarded to the winners of the Boys & Girls 11/12 years Individual Medley



**SW3.0 SCOTTISH LEAGUES****SW3.1 General**

SW3.1.1 The Leagues will be held in either a 50 or 25 metre pool

SW3.1.2 Age Groups will be:-  
 a) 11/12 Years  
 b) 14 Years and under  
 c) 16 Years and under  
 d) Open.

SW3.1.3 Age shall be as at 31<sup>st</sup> December in the year of competition.

SW3.1.4 Minimum age shall be 11 years.

**SW3.2 Events**

SW3.2.1 The individual male and female events will be 50m for 11/12 years and 100m for the other age groups, over all strokes.

SW3.2.2 Relay events will be:-

	<b>Medley</b>	<b>Freestyle</b>
11/12	4 x 50m	4 x 50m
14 and under	4 x 50m	4 x 50m
16 and under	4 x 50m	4 x 50m
Open	4 x 50m	6 x 50m

SW3.2.3 For the Open age group there will be in addition 200m I.M. events for male and female

SW3.2.4 Competitors may swim in any number of events out-with their own Age Group. Competitors may only swim a maximum of two individual events in their own age group

**SW3.2.5 Points System**

SW3.2.5.1 Points shall be awarded, according to the number of lanes (N), as follows:-

1 <sup>st</sup> Place	N points
2 <sup>nd</sup> Place	N-1 points
3 <sup>rd</sup> Place	N-2 points and so on

SW3.2.5.2 In the event of a dead heat the points concerned will be aggregated and divided equally among the clubs involved.

SW3.2.5.3 If there is a tie on final gala points then the winner will be the club with the greatest number of 1<sup>st</sup> places and if these are equal then second places will be taken into account and so on.

SW3.2.5.4 No points will be awarded in the event of a disqualification or having no swimmer in the event

**SW4.0 SCOTTISH RECORDS**

## **SW4.1 National Records**

SW4.1.1 There shall be the following types of record by swimmers eligible to represent Scotland as defined in Company Rules R13.5.3

- (a) **Scottish National Long Course Record**  
Achieved in a 50m pool
- (b) **Scottish National Long Course Age Group Record**  
Achieved in a 50m pool
- (c) **Scottish National Junior Long Course Record**  
Achieved in a 50m pool by any junior swimmer, as defined in Company Rule R13.5.6a
- (d) **Scottish National Short Course Record**  
Achieved in a 25m pool
- (e) **Scottish National Short Course Age Group Record**  
Achieved in a 25m pool
- (f) **Scottish National Junior Short Course Record**  
Achieved in a 25m pool by any junior swimmer, as defined in Company Rule R13.5.6 a).

## **SW4.2 Other Records**

SW4.2.1 In addition to National Records there are the following records:

- (a) **Scottish Age Group Championship Record**  
Achieved by a swimmer swimming over a recognised distance for a stroke within his/her Age Group at the Scottish Age Group Championships. These records have been discontinued following the introduction of National Age Group Records.  
A record of existing Scottish Age Group Championship Records, as at 26<sup>th</sup> June 2005, will be retained by Scottish Swimming, in recognition of those achieving those Records
- (b) **Scottish Club or Composite Team Relay Records**  
Achieved by teams participating in any of the categories, as per

SW3.1

**SW4.3 Distances**

SW4.3.1 The following distances will be recognised for Scottish Records as defined in SW4.1 and SW4.2

Freestyle	50m, 100m, 200m, 400m, 800m and 1500m
Backstroke	50m, 100m and 200m
Breaststroke	50m, 100m and 200m
Butterfly	50m, 100m and 200m
Individual Medley	100m, 200m and 400m
Freestyle Relay	4 x 50m, 4 x 100m and 4 x 200m
Medley Relay	4 x 50m and 4 x 100m

**SW4.4 Conditions**

SW4.4.1 All records shall be made under FINA conditions

SW4.4.2 A record may be made:

- (i) In an advertised competition or gala
- (ii) In an individual race against time
- (iii) At District or National Championships or time trials organised by the District or National Association
- (iv) In a scratch competition or record attempt held under the auspices of the Swimming Associations of England, Wales or any country affiliated to FINA

SW4.4.3 A swimmer may take a record at any intervening recognised distance when competing over a longer distance, provided the scheduled distance is completed, or in the first leg of a relay

SW4.4.4 For relay records, team must comprise swimmers in:

- (i) National Team
- (ii) National or Youth Select
- (iii) District Team
- (iv) Members of the same Club or Composite Team

SW4.4.5 The age of a swimmer when record time is swum is defined as:

- (a) Age at 31<sup>st</sup> December of the year in which the time is swum for.  
SW4.1.1 c & f
- (b) Age on the day of the swim for SW4.1.1 (b) & (e)

SW4.4.6 Scottish National Age Group Records will be maintained for each Age Group between 11 and 18 inclusive

**SW4.5 Application**

SW4.5.1 All applications for a Scottish record shall be submitted in accordance with Company Rule R13.8.

**SW4.6 Certificates**

SW4.6.1 Certificates will be issued in accordance with Company Rule R13.8.3.

**SW5.0 BRITISH RECORDS**

SW5.0.1 Information regarding British Records is available from Company (see also Company Rule R13.9)

SW5.0.2 British Junior is defined as, under 16 years of age at the time of the attempt

**SW6.0 TOURS OVERSEAS**

SW6.1 Procedure for SASA Clubs, Teams and Individuals

SW6.1.1 Application for a permit should be made in accordance with Company Rule R13.11

## SW7.0 LICENCING AND ACCREDITATION

### SW7.1 General

- SW7.1.1 Licensing is to provide the Association with a means of control over and the maintenance of minimum standards during the operation of swimming events in Scotland. Clubs/Organisations running events must be aware of the Health and Safety Regulations and implications in respect of insurance cover
- SW7.1.2 Accreditation is to provide common criteria for the establishment and conduct of “Licensed” swimming events which as a consequence provide swimmers with the opportunity to achieve qualifying standards for National and International swimming meets and teams.
- SW7.1.3 A licence is required for any competitive event which involves two or more participating clubs.
- SW7.1.4 Accreditation can only be granted for Level 1 & Level 2 Meets. The minimum requirements of officials for events with or without electronics is to be found in the STO Regulations.
- SW7.1.5 All swimmers must be members of the SASA or be registered members of another FINA affiliated country, prior to competing in any licensed meet.
- SW7.1.6 The control and monitoring of licence compliance will be based on self-assessment and/or monitoring and reporting by Meet Observers, appointed by the appropriate swimming committee (SW7.12.2)
- SW7.1.7 Application for licences, other than for Masters events, may not be granted if the date(s) clash with other competitions promoted by:
- (a) The SASA
  - (b) The District in the geographical region
- SW7.1.8 Leagues must submit individual applications for licence and accreditation for **each** meet held. Only one fee per division will be applied for the duration of a League season
- SW7.1.9 Should a meet fail to achieve the required minimum standards as required by the Swimming Regulations the swimming committee issuing the licence may suspend any outstanding licences, or refuse to issue a new licence in the name of the organising body.

**SW7.2 Licence Categories**

SW7.2.1 Event licences will be categorised as follows:

- a. **Level 1** – International Meets between two or more Nations, National/District Meets which include those run by Associate Members e.g. Scottish Schools Finals (not Heats), Scottish Universities finals (not Heats) etc
- b. **Level 2** – Other Accredited Meets, Regional Events, Club Open, Invitational Meets, Inter Club Meets, Club Events and/or League Matches, Grand Prix's
- c. **Level 3** – Non Accredited Meets, including those run by Associate Members e.g. Scottish Schools Heats

**SW7.3 Jurisdiction**

SW7.3.1 The National Swimming Committee is responsible for the issue of licences for Level 1 Meets

SW7.3.2 The Appropriate District Swimming Committee is responsible for the issue of licenses for Level 2 and Level 3 Meets

**SW7.4 Conditions**

SW7.4.1 Applications for a licence in categories Level 1 and Level 2 will automatically carry application for accreditation

SW7.4.2 Internal Club Championships do not require a licence unless the Club requests the event to be accredited. However clubs must be aware of Health Safety requirements and implications in respect if insurance cover

**SW7.5 Facility Minimum Standards**

	<b>Licensed/Accredited</b>	<b>Licensed Only</b>
a) Warm up facilities and marshals	*	*
b) Competitor Seating	*	*
c) Separate seating for spectators, VIP's etc	*	*
d) Electronic Timing or at least 2 T/K per lane	*	
e) Anti turbulence lane ropes	*	
f) Office facilities – photocopying, telephone	*	
g) Programme and start sheets	*	
h) Results service	*	
i) First aid facilities	*	*

## **SW7.6 Session Timescale Standards**

SW7.6.1 Session lengths shall not normally exceed the following:-

- |                  |  |
|------------------|--|
| <b>Level 1</b>   | Maximum of three hour sessions, including medal presentations, with a maximum of three sessions per day  |
| <b>Level 2/3</b> | Two three hour sessions, including medal presentations, per day or by exception, three two hour (maximum) sessions, including medal presentations, per day |

## **SW7.7 Applying for a Licence**

- SW7.7.1 Application must be made on the appropriate form available from the Company or appropriate District Swimming Committee. Advertising of a Meet cannot take place without a **current** License number
- SW7.7.2 Application for Level 1 meets must be made to the National Swimming Committee, accompanied by the appropriate fee (in accordance with Company Rule R12.4.2). A programme of events must accompany the application
- SW7.7.3 Application for Level 2 and Level 3 meets must be made to the appropriate District Swimming Committee accompanied by the appropriate fee (in accordance with Company Rule R12.4.2). A programme of events must accompany the application.
- SW7.7.4 When a change to the details on an application (e.g. change of venue or format) is required, a new application must be made. The fee for a new application may be waived at the discretion of the Swimming Committee granting the licence.

## **SW7.8 Notification**

- SW7.8.1 Confirmation that a licence has been granted will be sent to the applicant within 30 days of receipt of the application.
- SW7.8.2 Where a licence application is refused, the applicant will be advised within 30 days of receipt of the application and the reason of refusal stated

## **SW7.9 Requirements**

- SW7.9.1 The organisers of licensed Meets must provide a results service as follows:
- Level 1 & 2 – a computerised service
  - Level 3 – a service capable of producing result sheets immediately following the completion of the Meet, if a computerised version is not used
- SW7.9.2 Results must be made available to accompany the Meet report requirements in accordance with SW7.10 as follows:
- Level 1 – One complete signed set of results plus computer files in the specific format for inclusion in the

SASA and GB Swim Rankings

- b) Level 2 – One complete signed set or as Level 1
- c) Level 3 –No results sheets required

SW7.9.3 All Meet programmes and results must carry the Meet License number and if appropriate, a statement that Accreditation has been applied for

**SW7.10 Reports**

SW7.10.1 For all licensed Meets a completed Meet Report (sections F, G .& H on the Application Form) must be returned with in seven days of the completion of the Meet to the Swimming Committee granting the License. It must be accompanied with a list of Technical Officials, a consolidated list of all participating athletes and result sheet in accordance with SW7.9.2

**SW7.11 Accreditation Confirmation**

SW7.11.1 In the event of Accreditation not being endorsed, the meet organiser will be notified by the relevant National/District Committee within fourteen (14) days as to the reasons why

SW7.11.2 Accreditation may be withheld if more than one session did not meet the minimum standards

**SW7.12 Meet Observers**

SW7.12.1 The role of the Meet Observer is one of observation and reporting only

SW7.12.2 If no Meet Observer is appointed the control and monitoring of licence compliance will be based on self-assessment by the organising body with endorsement by the Meet Referee and/or Session Referee



**SW7.13 Management of Meet**

- SW7.13.1 The Referee will be responsible, for the proper conduct of a meet as defined by its licence, for all poolside related activities and areas (e.g. to include computer team, commentary team and competitors seating).
- SW7.13.2 The Referee will assume control at the end of the warm up of each scheduled session until the final event in the session has been ratified
- SW7.13.3 A Meet Director/Manager must be appointed for all licensed meets by the Organising Body

**SW7.14 Meet Technical Officials**

- SW7.14.1 The Officials required for Licensed/Accredited Meets shall be in accordance with the requirements of STO Regulations Section STO12.0
- SW7.14.2 A complete list of technical officials for each session must be signed by the session Referee. This must be included in the meet report (see SW7.10) in accordance with the guidelines on the licence application form

**SW7.15 Fees**

- SW7.15.1 The fee for each licence category will be set in accordance with Company Rule R12.4.2.

**SW8.0 SASA SWIMMING RULES**

**SW8.1 Order of Events**

SW8.1.1 No alteration shall be made to the order of the printed programme unless with the consent of the Referee and Gala Convener. The Referee shall inform the starter, recorder and announcer of any alteration.

## **SW8.2 Relay Events**

SW8.2.1 Competing clubs or teams must submit a list of names of team members including reserves to the recorder, for the information of the Referee before the commencement of the competition or session. The team members must be listed in order of competing

SW8.2.2 All team members must be bona fide members of the club or team.

SW8.2.3 The composition of a relay team may be changed between heats and finals provided it is made up from the list of swimmers submitted

SW8.2.4 A swimmer may be named as a member or a reserve for only one team

SW8.2.5 Clubs may enter only one male and one female team per age group in the Scottish Age Group Championships In the Scottish National Open Championships only one senior and one junior team in each male and female event.

## **SW8.3 Start**

SW8.3.1 Able-bodied competitors at level 3 events only, may start with other than a dive provided they have the consent of the Referee. In such instance the Referee shall inform all other competitors.

## **SW8.4 Disqualification**

SW8.4.1 A swimmer shall be disqualified for failing at the end of a race to keep their place in the water. Disqualification shall not be enacted provided the swimmer returns to the water on the instruction of the Referee

## **SW8.5 Permanently Disabled Swimmer**

SW8.5.1 A permanently disabled swimmer shall not be disqualified in a competition in a case where their disability prevents them from complying with the rules of a particular stroke, provided that the disability has been notified to the Referee by the swimmer or their representative before the race takes place. Notification must be by a Certificate issued by the ~~SASA Medical Advisory Committee~~. **Scottish Disability Sports.**