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Scottish
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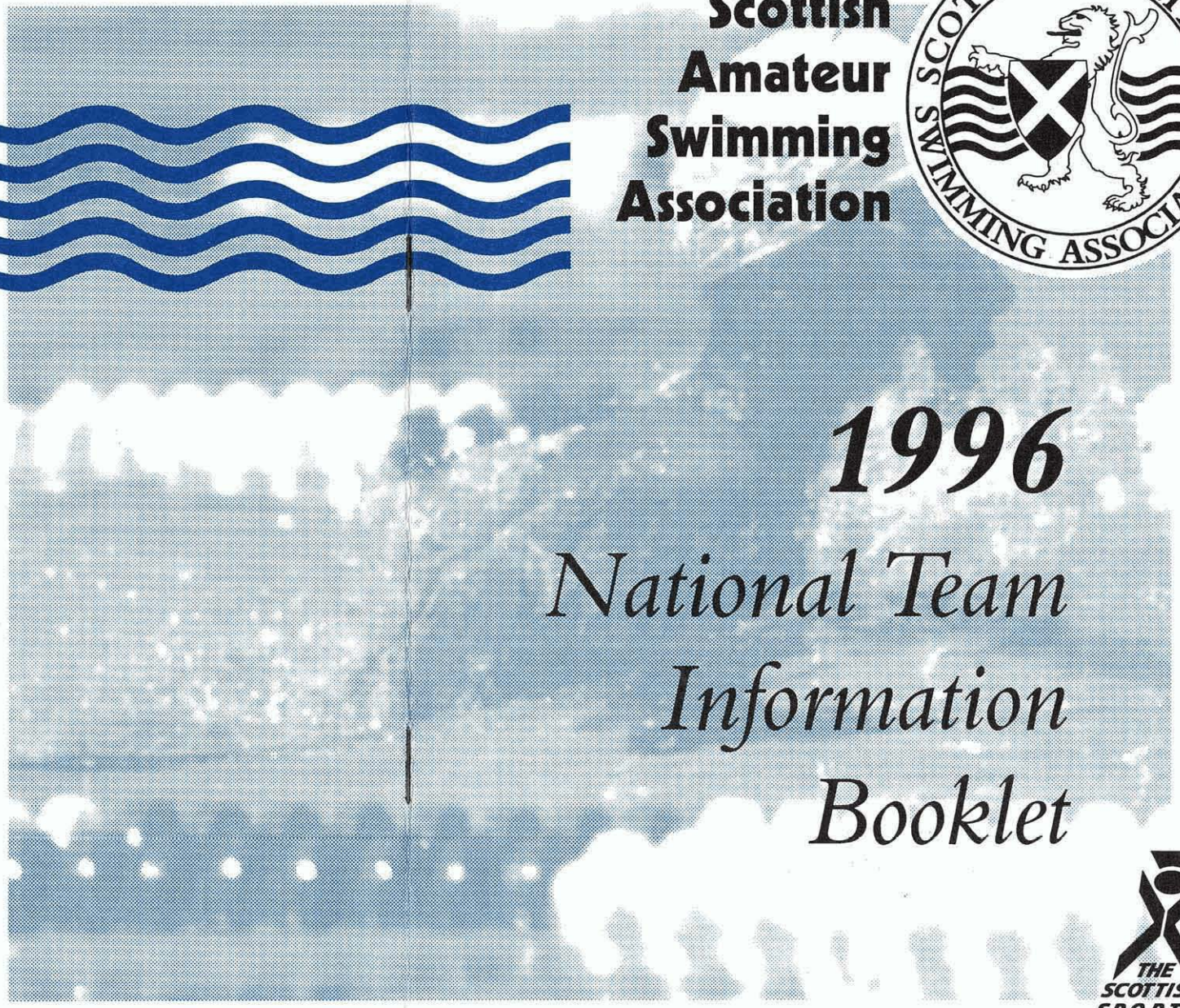

Scottish
Amateur
Swimming
Association

SCOTTISH AMATEUR SWIMMING ASSOCIATION

# 1996
# National Team Information Booklet

HIND

Supported by THE SCOTTISH SPORTS COUNCIL

Scottish Amateur Swimming Association

# *Elite Swimmer Support*

## *Training & Competition Support*

### Introduction

Funding is available as an additional incentive for elite swimmers wishing to compete in high level long course competitions or training situations that are outside the National Plan. This financial support is available on an individual swimmer basis.

### Criteria for 1996

The following elite swimmers will qualify for funding:-

Swimmers who are selected for the Great Britain Team to compete in the Olympic Games 1996.

**or**

Swimmers who achieve a Level 3 or faster time as in Appendix 1 of the 1998 Commonwealth Games Consideration Times.

Times must be achieved in the following Long Course Competitions:

- British Long Course Grand Prix Meets.
- Olympic Trials.
- Great Britain Club Team Championships.
- Edinburgh Open Meet (4 - 6th April 1996).

Swimmers will be allocated a minimum of £500 towards an agreed long course meet or training situation. The swimmer and coach will be required to discuss their competition plans with the National Coach and Director of Swimming before funds are made available.

Scottish Amateur Swimming Association

# *Elite Swimmer Support*

## *Performance Related Funding 1996*

### Introduction

Performance Related Funding 1996 is aimed at encouraging Scottish swimmers to break Senior National Long Course records.

### Criteria

Only British and Scottish Senior Long Course records are eligible for Performance Related Funding. Records must be broken in any of the following Long Course competitions:-

- Britain Club Team Championships.
- Edinburgh Open Meet (4 - 6th April 1996).
- Olympic Trials.
- Long Course British Grand Prix Meets.
- Scottish Long Course Nationals - Edinburgh.
- Scottish Age Group Championships (Long Course).
- ASA and WASA Long Course Nationals Senior & Age Groups.
- European Junior Championships.
- Olympic Games.
- Canadian Nationals.

Other Long Course Meets as agreed by the Director of Swimming.

Please note that only Olympic events will count. Should the following records be broken 50 backstroke, 50 breaststroke, 50 butterfly, mens 800 freestyle, womens 1500 freestyle and relay events they will be ineligible for Performance Related Funding.

Swimmers breaking records as described above will receive the following payment:-

- British Records £400
- Scottish Records £300

Swimmers should note that payments will be made for breaking the current record on the day of their performance.

Should the same record be broken by two or more swimmers in the same competition only the fastest swimmer will receive the Performance Related Funding.

In the case of a swimmer breaking the Scottish and British record simultaneously that swimmer will receive £400.

Any dispute arising from the conditions as laid out will be decided by SASA Swimming Committee.

## *SCOTTISH SPORTS AID FOUNDATION GRANT AID AWARDS*
## *SEPTEMBER 1995 - AUGUST 1997*

**All Grant Aid will be subject to:-**

- Swimmers complying with SASA Code of Conduct.
- Continual monitoring by National Coach and Director of Swimming.
- Swimmers willingness to support SASA in Public Relations Events that may be required from time to time.

**PHASE 1: JUNE 1995 - AUGUST 1995**

**Swimmers achieving the following criteria at any of the following Long Course Competitions:-**

| | |
|---|---|
| Scottish Nationals | 14 - 16 June 1995 |
| European Junior Championships | 19 - 22 July 1995 |
| ASA Nationals | 20 - 23 July 1995 |
| Canadian Nationals | 27 - 30 July 1995 |
| European Championships | 17 - 27 August 1995 |
| World Student Games | 23 August - 3 September 1995 |

**Will receive funding based on the 1998 Kuala Lumpur consideration times:**

| | | | |
|---|---|---|---|
| Level 4 | Time | £25 | per month |
| Level 3 | Time | £50 | per month |
| Level 2 | Time | £75 | per month |
| Level 1 | Time | £100 | per month |

**from September 1995 - August 1996.**

**PHASE 2 : APRIL 1996 - AUGUST 1996**

**Swimmers achieving the following criteria at any of the following Long Course Competitions:-**

- Britain Club Team Championships.
- Edinburgh Open Meet (4 - 6th April 1996).
- Olympic Trials.
- Long Course British Grand Prix Meets.
- Scottish Long Course Nationals - Edinburgh.
- Scottish Age Group Championships (Long Course).
- ASA and WASA Long Course Nationals Senior & Age Groups.
- European Junior Championships.
- Olympic Games.
- Canadian Nationals.

Other Long Course Meets as agreed by the Director of Swimming.

**Will receive funding based on the 1998 Kuala Lumpur consideration times:**

| | | | |
|---|---|---|---|
| Level 4 | Time | £50 | per month |
| Level 3 | Time | £75 | per month |
| Level 2 | Time | £100 | per month |
| Level 1 | Time | £125 | per month |

**from September 1996 - August 1997.**

Scottish Amateur Swimming Association

## *Summer 1996 Training Camp and Competition*

### Selection Criteria

1. There will be a maximum of eight (8) places for swimmers on the above camp and competition.

2. The swimmers will be selected by a process linked to the four level schedule of times published in connection with the Commonwealth Games, Kuala Lumpur 1998.

3. The swimmers will only be ranked on their performance at the Scottish National Long Course Championships, June 1996.

4. Primary selection will be carried out according to the four levels, those at Level 1 being ranked first then moving through the Levels to Level 4 until the number twelve is reached. The ranking order within any one Level will be determined by calculating the percentage proximity to the previous faster level time.

5. Only swimmers achieving a minimum of Level 4 will be considered for selection.

6. In the event of any withdrawals from the original eight, replacements will be added only if they are Level 4 or faster.

7. No relay selections will be considered for this selection procedure.

8. The Training Camp will take place during the first three weeks in July 1996 and will be at Altitude - Sierra Nevada.

9. The competition will be the Canadian National Championships : 8 - 11 August 1996 in Toronto.

Amateur Swimming Federation of Great Britain

# *Elite Funding 1995/96*

**Stage 1** **Period from World Championships through to the European Championships in Vienna 1995.**

All finalists at the World Championships in Rome to receive £200 per month for lifestyle support and assistance towards swimming competition and training costs.

***This will be dependant on:***

i) A continued commitment to training.
ii) Previously submitted plans for coaching, preparation and competition during this period approved by the technical panel of the Great Britain Swimming Technical Committee (or Director of National Performance).

*Note:* If swimmers in this category fail to qualify for the European Championships in Vienna following the European Championship Trials in April this funding will cease.

**Stage 1a** **Following the European Championship Trials in April 1995.**

All additional selections will receive financial assistance up to £200 for identified competition and final preparation. Costs to be presented in writing and approved by Technical Group (or Director of National Performance).

*Note:* Swimmers in the Elite group already receiving lifestyle support on a monthly basis are eligible to qualify for this additional one-off funding.

**Stage 2** **Medallists at European Championships, and swimmers ranked in the top 6 in the FINA World Rankings (2 per country) immediately following the European Championships,** will be awarded monthly lifestyle support grants of £400 per month through to the Olympic Games in Atlanta in 96.

*Note:* ALL the same conditions associated with the awards in Stage 1 and 1a apply.

**Stage 2a** The figure for a one-off support grant for competition and final preparation training will remain at £200 per swimmer and apply to those selected following the Olympic trials in 1996.

This proces initiates a roll-over programme of elite funding which could continue beyond the 1996 Olympics subject to appropriate budgets being determined and approved.

**Amateur Swimming Federation of Great Britain**

## 1996 OLYMPIC SWIMMING TRIALS

### PROGRAMME OF EVENTS

**Day 1 - Thursday 21 March**

**SESSION 1 - HEATS - 9.00 a.m.**

| | | | |
|---|---|---|---|
| 101 | Womens | 400m | I.M. |
| 102 | Mens | 200m | Freestyle |
| 103 | Womens | 200m | Breaststroke |
| 104 | Mens | 100m | Breaststroke |
| 105 | Womens | 100m | Freestyle |
| 106 | Mens | 100m | Butterfly |
| 107 | Womens | 800m | Freestyle (Heats) |
| 108 | Mens | 1500m | Freestyle (Heats) |

**SESSION 2 - FINALS - 4.00 p.m.**

201- 206

| | | |
|---|---|---|
| Mens | 200m | Freestyle |
| Womens | 400m | I.M. |
| Womens | 200m | Breaststroke |
| Mens | 100m | Breaststroke |
| Womens | 100m | Freestyle |
| Men | 100m | Butterfly |

**Day 2 - Friday 22 March**

**SESSION 3 - HEATS - 9.00 a.m.**

| | | | |
|---|---|---|---|
| 301 | Womens | 200m | Butterfly |
| 302 | Mens | 100m | Freestyle |
| 303 | Womens | 200m | Backstroke |
| 304 | Mens | 200m | I.M. |
| 305 | Womens | 50m | Freestyle |

**SESSION 4 - FINALS - 4.00 p.m.**

401-407

| | | |
|---|---|---|
| Womens | 200m | Butterfly |
| Mens | 100m | Freestyle |
| Womens | 200m | Backstroke |
| Womens | 50m | Freestyle |
| Womens | 800m | Freestyle |
| Mens | 1500m | Freestyle |
| Mens | 200m | I.M. |

**Day 3 - Saturday 23 March**

**SESSION 5 - HEATS - 9.00a.m.**

| | | | |
|---|---|---|---|
| 501 | Mens | 400m | Freestyle |
| 502 | Womens | 200m | I.M. |
| 503 | Mens | 100m | Backstroke |
| 504 | Womens | 400m | Freestyle |
| 505 | Mens | 200m | Breaststroke |
| 506 | Womens | 100m | Breaststroke |
| 507 | Mens | 200m | Butterfly |

**SESSION 6 - FINALS - 4.00 p.m.**

601-607

| | | |
|---|---|---|
| Mens | 400m | Freestyle |
| Womens | 200m | I.M. |
| Mens | 100m | Backstroke |
| Womens | 400m | Freestyle |
| Mens | 200m | Breaststroke |
| Womens | 100m | Breaststroke |
| Mens | 200m | Butterfly |

**Day 4 - Sunday 24 March**

**SESSION 7 - HEATS - 9.00 a.m.**

| | | | |
|---|---|---|---|
| 701 | Mens | 400m | I.M. |
| 702 | Womens | 200m | Freestyle |
| 703 | Mens | 200m | Backstroke |
| 704 | Womens | 100m | Backstroke |
| 705 | Mens | 50m | Freestyle |
| 706 | Womens | 100m | Butterfly |

**SESSION 8 - FINALS - 4.00 p.m.**

801-806

| | | |
|---|---|---|
| Womens | 200m | Freestyle |
| Mens | 400m | I.M. |
| Mens | 200m | Backstroke |
| Womens | 100m | Backstroke |
| Mens | 50m | Freestyle |
| Womens | 100m | Butterfly |

Minimum number of heats (based to submitted times) 100m x 4 200m x 4 400m x 3 800/1500m x 2

**Closing Date for entries: Wednesday 28 February 1996**

Scottish Amateur Swimming Association

# *Commonwealth Games, Kuala Lumpur 1998*

## Selection Criteria

### 1. Consideration Times

Appendix 1 lists the four levels of consideration times which will be used for selection purposes.

### 2. Primary Selection Procedure - Individuals

2.1 Selection of swimmers achieving times for Level 1.
2.2 Selection of swimmers achieving times for Level 2.
2.3 Selection of swimmers achieving times for Level 3.
2.4 Selection of swimmers achieving times for Level 4.
2.5 If the final number of places allocated for Swimming by the Commonwealth Games Council for Scotland is exceeded by the number of qualifiers in a particular level, using the above procedure, the order of selection will be determined by calculating the percentage proximity to the time in the immediate faster Level.

### 3. Secondary Selection Procedure - Relay Teams

3.1 Consideration will only be given to relay team selection after the individual event selection.
3.2 The top four individual times achieved will be combined for selection consideration, with an allowance of 0.5 secs per relay takeover ie. 1.5 secs deducted from the total time.
3.3 The order of selection of the relay teams will be determined by calculating the percentage proximity to the time in the immediate faster Level.

### 4. Pre-selection Considerations

Any swimmer who achieves a time in Level 1 from the 1st January 1998, in specified competitions, will be pre-selected. The events will be specified in 1997.

### 5. Final Selections - "Sudden Death"

5.1 If swimmers do not achieve pre-selection times (ie. Level 1), the only method of selection will be by achieving a time in Level 2, Level 3 or Level 4 at the Scottish Long Course Nationals in 1998.
5.2 Times achieved in 'A' finals will take priority over times achieved in 'B' finals and times achieved in heats.
5.3 'Split' Times and relay times will **not** be considered for selection.

### 6. Special Note

Swimmers who achieve times slower than Level 4 **will not be considered for selection.**

Scottish Amateur Swimming Association

***Appendix 1 - 1998 Kuala Lumpur Consideration Times***

| MALE | | | | | FEMALE | | | | |
|---|---|---|---|---|---|---|---|---|---|
| **Level 1** | **Level 2** | **Level 3** | **Level 4** | **Event** | **Level 4** | **Level 3** | **Level 2** | **Level 1** |
| 22.9 | 23.16 | 23.59 | 23.89 | **50 Free** | 26.68 | 26.33 | 26.27 | 26.24 |
| 50.4 | 50.71 | 51.44 | 51.83 | **100 Free** | 57.79 | 57.60 | 56.54 | 56.19 |
| 1.49.53 | 1.50.13 | 1.51.7 | 1.52.43 | **200 Free** | 2.04.56 | 2.01.84 | 2.01.66 | 2.01.5 |
| 3.50.51 | 3.52.37 | 3.56.29 | 3.59.77 | **400 Free** | 4.19.3 | 4.14.96 | 4.14.89 | 4.13.29 |
| 15.02.59 | 15.13.61 | 15.28.57 | 15.38.85 | **800/1500** | 8.55.88 | 8.48.82 | 8.46.36 | 8.37.7 |
| 54.3 | 54.59 | 54.76 | 55.8 | **100 Fly** | 1.04.11 | 1.03.02 | 1.01.88 | 1.01.69 |
| 2.00.65 | 2.00.87 | 2.02.05 | 2.03.5 | **200 Fly** | 2.18.5 | 2.17.93 | 2.14.32 | 2.12.43 |
| 1.02.72 | 1.03.2 | 1.03.43 | 1.04.29 | **100 Breast** | 1.12.79 | 1.11.26 | 1.10.95 | 1.09.86 |
| 2.14.91 | 2.15.11 | 2.15.59 | 2.19.7 | **200 Breast** | 2.35.16 | 2.32.34 | 2.31.85 | 2.31.57 |
| 56.52 | 56.62 | 57.42 | 58.07 | **100 Back** | 1.04.03 | 1.03.61 | 1.03.27 | 1.03.21 |
| 2.01.46 | 2.02.43 | 2.04.23 | 2.04.32 | **200 Back** | 2.19.81 | 2.17.64 | 2.15.15 | 2.14.96 |
| 2.03.2 | 2.03.72 | 2.04.28 | 2.07.09 | **200 I.M.** | 2.19.91 | 2.17.9 | 2.17.21 | 2.16.67 |
| 4.21.34 | 4.22.1 | 4.24.97 | 4.27.55 | **400 I.M.** | 4.57.03 | 5.54.11 | 4.49.74 | 4.46.62 |
| 3.40.41 | 3.42.03 | 3.43.25 | Sco Rec'98 | **Med Relay** | Sco Rec'98 | 4.12.83 | 4.11.67 | 4.07.89 |
| | | | (3.52.49) | | (4.17.89) | | | |
| 3.20.89 | 3.20.99 | 3.21.79 | Sco Rec'98 | **Free Relay** | Sco Rec'98 | 3.47.25 | 3.46.73 | 3.46.23 |
| | | | (3.29.79) | | (3.55.89) | | | |
| 7.20.8 | 7.21.67 | 7.2.37 | Sco Rec'98 | **200 Relay** | Sco Rec'98 | 8.14.97 | 8.09.62 | 8.08.06 |
| | | | (7.36.31) | | (8.24.59) | | | |

## *Scottish Fixtures List 1996*

| Date | Event | Venue |
|---|---|---|
| 2/4 February | British Grand Prix | Cardiff |
| 24/25 February | British Grand Prix | Leeds |
| 2/3 March | Dragon Meet | Cardiff |
| 20/24 March | Olympic Trials | Sheffield |
| 4/6 April | Edinburgh International Meet | Edinburgh |
| 25/27 May | British Grand Prix | Sheffield |
| 12/14 June | Scottish Nationals | Edinburgh |
| 27/30 June | Scottish Age Groups | East Kilbride |
| 11/14 July | ASA Nationals (Senior) | Leeds |
| 29 July/3 August | ASA Age Groups | Crystal Palace |

* * * * *

***If you have any enquiries regarding the information in this booklet please contact :-***

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