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Supporting Scottish Swimming



Promoting excellence and encouraging young people to participate in sport across the country.

 **BANK OF SCOTLAND** Learn to Swim programme

SCOTTISH SWIMMING

2000

magazine

Founding Editor Bill Black (1993)

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Photo Bill Douglas



Page 11

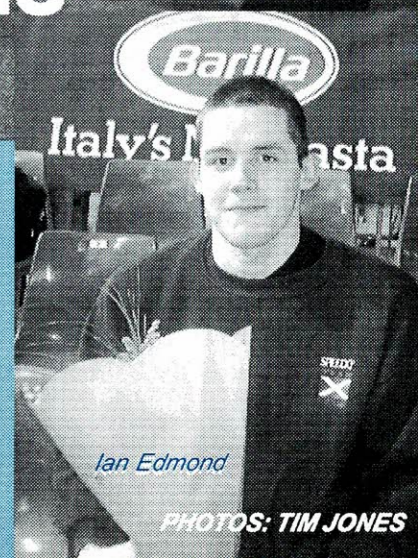
RIVERSIDE REOPENS
Dunoon pool back in action



Louise Cuthbert

WORLD CUP MEDALS IN IMPERIA

page 4



Ian Edmond

PHOTOS: TIM JONES

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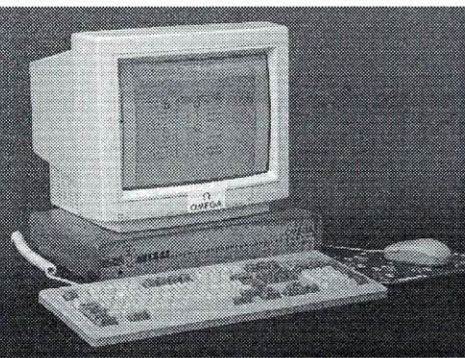
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Running time | Start time | Arming delay | Intermediate times

4 F I B M 200 m BR

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2:18:5 WR 2:10:16

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100 m	50 s	2	50m
2:13:83	2	1	2
2:13:09	2	2	2
2:12:11	2	3	2
2:12:46	2	4	2
	1	5	2
	1	6	2
	1	7	2
	1	8	2:01:38

Final times | Number of laps | Lane | Touch pad status | Touch pad arming clock | Lane status | Touch pad status | Lane | Number of 1/2 laps

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COMMENT CEO Paul Bush

As we struggled to dig ourselves out of snowdrifts and negotiate floods, sixteen of our elite swimmers were basking in the Western Australian sun. The Scottish team led by National Coach Chris Martin and Tim Jones from the City of Edinburgh found the ideal training camp in Perth located on the banks of the River Swan. Both Chris and Tim were very positive and upbeat on their return to an icy Scotland and praised all of the athletes for their commitment during the three-week camp, which was part of the overall national team plan. An enhanced Scottish team performed credibly at the Swimming World Cup in Imperia, Italy prior to the camp. Louise Coull and Ian Edmond continued their success of 2000 both reaching the medal rostrum in their respective events.

Many of you will recall that work commenced on the National Swimming Academy in November, I am pleased to report that construction is on target and it is hoped that the first swimmers will hit the water at the end of December. The opening of this magnificent new pool and associated facilities at the University of Stirling will provide significant opportunities for all clubs in Scotland; full details of opportunities will be published soon including reduced price access to clubs for training at weekends.

Since the launch of the Bank of Scotland Learn to Swim programme Scottish Swimming have been pressing both Ministers and the Scottish Executive to consider research into the provision of swimming in Scotland. The media have recently given the issue of swimming a high profile and along with many of our key partners support our aspiration of providing the opportunity for all youngsters in Scotland to learn to swim. The debate however has moved on and is now focused on entitlement for all and whilst there are the obvious logistical issues it is an issue Scottish swimming support. I would urge all of you to lobby locally with Councilors and MSP's to enhance swimming provision for our youngsters particularly at this time when both physical education and its links to health are prime factors.

Next month sees for the first time in a number of years our Easter school move from Cramond in Edinburgh to the University of Stirling. Dunfermline College as it is affectionately known closes in the summer of this year with activities transferring into Edinburgh University. It would be remiss at this time not to thank both Win Hayes and Alison Hayes for their significant support to Scottish Swimming over a number of years in providing one of the finest aquatic schools in the UK if not the World. As the school establishes itself in its new home it is exciting times with new courses in team manager training. There are still places left on some courses, full details are available from either Pippa Murphy or Helen Dickie at our head office.

Education has been at the fore in other recent discussions with a one-day visit to Scotland by ASA Director of Education John Lawton. John spent a positive and constructive day meeting our key education personnel and facilitating discussions to take education forward in Scotland. All agreed that it was an excellent day clarifying many issues and clearly identifying those issues that need priority to be taken forward over the coming months and years.

Finally, in this issue, two quite different words of congratulations and good luck. Firstly to Alan Lynn who has been appointed as

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Scottish Swimming's General Team Manager for Manchester 2002, Alan who has significant experience, described his appointment as 'a great honour'. My last words go to our Director of Administration Elaine Mackenzie who starts her maternity leave at the end of March, and intends to return in the Autumn, just in time for the move to Stirling! No doubt everyone in the sport will wish John and Elaine well and look forward to seeing the pictures soon!

Paul Bush

WATCH THIS SPACE!

WORLD CUP IMPERIA ITALY

13TH & 14TH JANUARY 2001

The underequipped 23 strong party left Scotland on the 11th January for the World Cup meet in Imperia, Italy. The swimmers trained at the competition pool on the Thursday and Friday in preparation for the two day meet.

DAY ONE

On day one Scotland won two medals; Louise Coull was second in the 200m Backstroke and Ian Edmond was third in the 200m Breaststroke.

DAY TWO

On Sunday morning Ian Edmond set a new Scottish record in the heats of the 100m Breaststroke - 1:01.01. In the evening final Ian finished 5th in another Scottish record time of 1:00.81.

Louise Coull won her second medal of the meet when she finished third in the 100m Backstroke.

The team left Imperia for Nice airport on Monday morning, where one group left for Heathrow and on to Australia and the remainder flew to Manchester and travelled to Sheffield to meet up with their clubs at the World Cup meet.

Photos: Tim Jones

Karen Kelly
Team Manager

STAFF

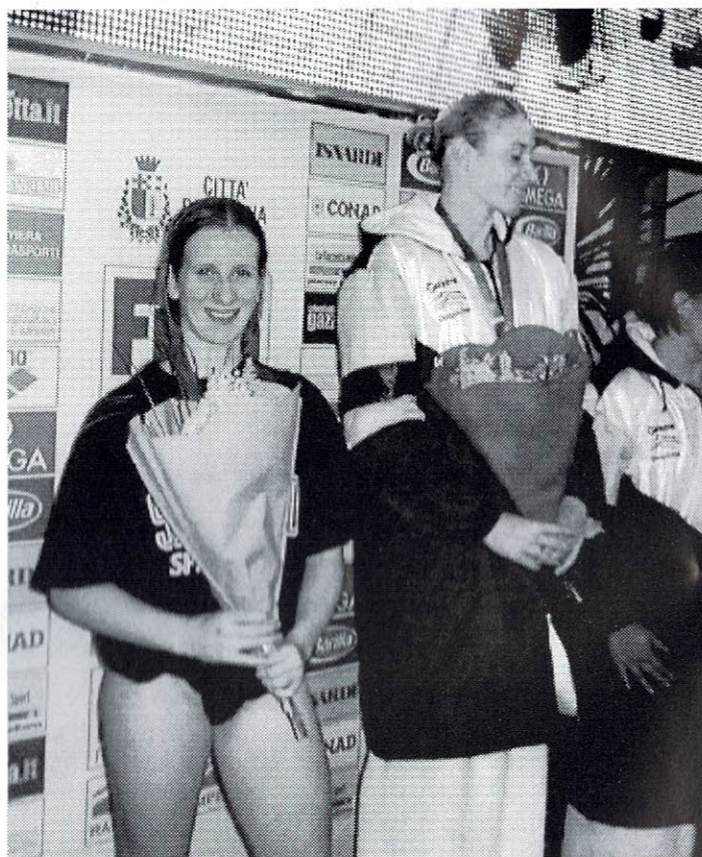
CHRIS MARTIN (COACH)

KAREN KELLY (TEAM MANAGER)

TIM JONES (COACH)

DAVID CARRY	57.59	100m Back	
	2:07.68	200m Back	
	59.03	100m I/M	
	2:07.59	200m I/M	
KENNY CLARK	30.24	50m Breast	
	(23.08)	50m Free (Disq start)	
	52.39	100m Free	
MICHAEL COLE	51.94	100m Free	
	1:54.19	200m Free	
	58.35	100m I/M	
	2:07.57	200m I/M	
	4:23.75	400m I/M	7th

Ian Edmond (left) on the podium



Louise Coull on the podium

TODD COOPER	27.22	50m Back	
	26.05	50m Fly	
	56.96	100m Fly	
	2:05.86	200m Fly	7th
	1:55.74	200m Free	
IAN EDMOND	28.78	50m Breast	
	1:01.01(ht)	100m Breast SR	
	1:00.81	100m Breast SR	5th
	2:14.27(ht)	200m Breast	
	2:11.22	200m Breast	3rd
BRADLEY HAY	2:09.04	200m Back	
	1:53.21	200m Free	
	(4:05.09)	400m Free (Disq start)	
ANDREW JAMESON	1:53.45	200m Free	
	3:57.30(ht)	400m Free	
	3:57.28	400m Free	6th
	15:34.26	1500m Free	6th
CHRIS JONES	57.89	100m Fly	
	2:03.29	200m Fly	5th
ROBERT LEE	30.94	50m Breast	
	1:06.88	100m Breast	
	1:02.73	100m I/M	
	4:46.39	400m I/M	
DAVID LEITH	56.87	100m Fly	
	50.36	100m Free	
	1:51.24	200m Free	
	56.61(ht)	100m I/M	
	56.49	100m I/M	7th
LEE MACDONALD	53.55	100m Free	
	1:53.49	200m Free	
	4:09.23	400m Free	
GREGOR TAIT	26.05(ht)	50m Back	
	25.99	50m Back	7th
	55.13(ht)	100m Back	
	54.97	100m Back	5th
	2:00.38(ht)	200m Back	
	2:01.82	200m Back	7th
CHRIS WHITCOMBE	4:07.64	400m Free	
	16:32.87	1500m Free	8th

KIRSTY BALFOUR	33.22(ht)	50m Breast	
	33.22	50m Breast	7th
	1:12.04(ht)	100m Breast	
	1:10.33	100m Breast	4th
	2:33.79(ht)	200m Breast	
	2:33.33	200m Breast	5th
ROSY CORNISH	30.11(ht)	50m Back	
	29.82	50m Back	7th
	1:05.80	100m Back	
	2:24.86	200m Back	
	27.97	50m Free	
	1:01.31	100m Free	
LOUISE COULL	30.29(ht)	50m Back	
	29.79	50m Back	6th
	1:03.12(ht)	100m Back	
	1:02.49	100m Back	3rd
	2:14.80(ht)	200m Back	
	2:11.70	200m Back	2nd
	1:09.22	100m I/M	
LAUREN GREENSHIELDS	34.77	50m Breast	
	1:12.42(ht)	100m Breast	
	1:12.56	100m Breast	7th
	2:41.96	200m Breast	
SAM HUNTER	2:19.52	200m Back	
	1:07.04	100m Fly	
	2:21.38	200m I/M	
	4:51.24	400m I/M	6th
KERRY MARTIN	28.13(ht)	50m Fly	
	28.38	50m Fly	7th
	1:03.81(ht)	100m Fly	
	1:02.69	100m Fly	7th
	26.87	50m Free	
	57.17	100m Free	
	2:08.33	200m Free	
GEMMA RITCHIE	1:05.39	100m Back	
	2:15.87(ht)	200m Back	
	2:15.68	200m Back	7th

Swimming Committee

19 January 2001



The real millennium having just begun, it was also time to kick off with our first swim committee.

Commonwealth Games, with the first round of Qualification only 14 months away, is looming ever closer. Looks like a combination trials at Manchester is the first opportunity to gain that selection time. Hopefully by then our still vacant team manager position will then be in place. There would seem to be a proposal that prior to Manchester to swim for Scotland you have to have lived here for one year, after Manchester, it looks like three out of five years prior to Melbourne you need to be resident.

Also vacant position after March nationals is the National events convenor, any new meet directors out there? Nothing better than running meets where some of the 107 national records broken this last year were achieved. Other National success goes to Robin Dale for his nomination for Starter at the forthcoming World Championships.

Youth Squad camp went well - except for illness, plan for the squads training year were boosted by agreement that funding was now in place to achieve all that is planned - so make sure your passports are up to date. Speaking of which a lengthy and lively debate ensued after Bill Sweetenham's proposals were announced. Some for, some against - lot's of questions still unanswered. Watch this space!

Now doubt about it these are exciting times for Scottish swimming, make sure your part of it.

Grant Robins

British Short Course National Championships

Ponds Forge, Sheffield 7th - 10th December 2000

ALISON IN RECORD BREAKING FORM

"There were some really encouraging performances, particularly by our female swimmers."

Bill Sweetenham, National Performance Director

2 Commonwealth Records

Alison Sheppard 50m freestyle semi final	24.59
Alison Sheppard 50m freestyle final	24.23

2 British Senior Records

Alison Sheppard 50m freestyle semi final,	24.59
Alison Sheppard 50m freestyle final,	24.26



Councillor Jim Brennan Chairman Fife Council Community Services welcomed everyone to the Fife Institute. East District President Tyrie Shiels thanked him and presented him with a memento of the occasion.

SCOTTISH NATIONAL LEAGUES 2001

The Leagues were held at the Fife Institute of Sport and Recreation, Glenrothes on Saturday 3rd February.

The Division One teams contested the Kemsley Trophy in the morning session. City of Glasgow swimmers got off to a bad start when their bus failed to appear and they had to wait an hour and a half before they got on their way. All the more satisfying when they won the league over 50 hard fought events. The Meet organisers delayed the start of the morning session by half an hour which enabled the COG to have a short warm up.

In the afternoon the Premier League got off sharp at 2.30pm and the 50 events were concluded in just over two hours thanks to efficient officials and well disciplined teams. The swimmers were always ready and over the top starts worked really well. The City of Aberdeen Swim Team wrested the RED CROSS TROPHY from holders Tayside who were runners up

The presence of Blair Prentice had no detrimental effect on the Colin Kennedy and Eddie Wilmott show!

Photos over!

CITY OF ABERDEEN SWIM TEAM PREMIER LEAGUE CHAMPIONS



COAST Team captains receiving the Red Cross Trophy

Tyrie Shiels President of the East District, deputising for SASA President Ron Taylor, made the presentations on the day

City of Glasgow Team Captains accepting The Kemsley Trophy



CITY OF ABERDEEN SWIM TEAM Head Coach Alastair Johnston
Gillian Robb, Marc Lafargue, Isabel Lafargue, Alan Benzie, Laura Robertson, Ranald Falconer, Gemma Sutherland, Marc Dunford, Claire Bruce, Andrew Jameson, Scott Lovell, Kirsten Renwick, Gregor McMillan, Anna Harrington, Natalie Fyvie, Adrian O'Neill, Rebecca Will, Tom Lindsay, Martyn Taylor, Nicholas Bonsall, Christopher Moul, Iain Tough, Lucinda Low, Phillip Lloyd

A DELIGHTED CITY OF GLASGOW SWIM TEAM DIVISION ONE CHAMPIONS 2001
Head Coach: Bill Penny; Clare J McPherson, Chris Brannan, Gillian Brown, Mark Poland, Jackie McNeill, Barry Andrews, Katy Finnegan, Michael McCue, Louise Bloomer, David Cox, Aileen Stirling, Daniel Burns, Suzanne Robertson, Taylor Wamberg, Andrew McKie, Sarah Whiteford, Chantal Carr, Peter Stirling, Katy Taylor, Charles Mills, Robert Nelson, Michael Kane, Judi Humphreys, Alistair Reid, Ashleigh Armstrong, Susan Black, David Pettifor



SUCCESSFUL SWIMMING

December of 2000 proved to be an incredibly successful month for Scottish swimmers. The British Short Course National Championships saw many fine performances, notably **Alison Sheppard's** Commonwealth, British and Scottish 50 freestyle record of **24.26**. Along with Alison at these championships in Sheffield the following swimmers were outstanding setting Scottish records:

Louise Coull, REN 96, **Gregor Tait**, City of Edinburgh, **David Leith**, City of Edinburgh, **Rowena Cornish**, First Aquatics, **Sam Hunter**, Berkhamsted. A full list of the records broken appear within the statistics for 2000.

EUROPEAN SHORT COURSE CHAMPIONSHIPS- VALENCIA, SPAIN

Moving from the British Nationals to the European Short Course Championships in Valencia, Alison again extended her world class medal tally by taking silver medals in both her 50 metre event and in the 4 x 50 freestyle relay. **Ian Edmond** tasted success at this high level by making the final of the 200 metres breaststroke and in doing so set a Scottish record of **2:10.59**. Ian also proved his versatility at the European Championships by setting Scottish records in the Mens 4 x 25 individual medley with times of **56.12** and **55.74** in the heats and finals respectively. Ian's team mate, **Michael Cole**, completed the trio of Scottish representation on the British Team and improved his performance in his individual medley event.

SCOTTISH CHRISTMAS OPEN MEET- INVERNESS

At the same time as the European Short Course Championships we staged our Scottish Christmas Open Meet at Inverness. Again the meet proved popular with a high level and standard of entry and once more Scottish swimmers setting many records during the meet. The record breakers were **Robert Lang, Louise Coull, Kirsty Balfour, David Leith, Alasdair Hall, Kerry Martin, Rowena Cornish and Chris Jones**. Again a full breakdown of these records appear in the statistical information.

With some many excellent performances at Inverness I would not wish to pick out any one individual swimmer in terms of outstanding performance. With the many Scottish records and good individual performances in both the 11/12 and 13/14 age group it is difficult to name individuals.

The following winners show that Scottish Swimming is continuing to improve: Scottish Christmas Open Meet 2000 - Inverness - Winners

11/12 Years		
100 Free	Max Schneider, Aberdeen	59.98
	Stacy Marshall, Cumbernauld	1:02.01
200 Free	Lewis Smith, Warrender	2:11.19
	Stacy Marshall, Cumbernauld	2:15.53
400 Free	Lewis Smith, Warrender	4:39.62
	Dawn Campbell, City of Glasgow	4:53.58
8/1500 Free	Lewis Smith, Warrender	18:12.27
	Julie Williams, REN 96	10:02.41
100 Breast	Lewis Smith, Warrender	1:15.01
	Julie Williams, REN 96	1:16.58
200 Breast	Lewis Smith, Warrender	2:39.39
	Julie Williams, REN 96	2:49.02
100 Fly	Lewis Smith, Warrender	1:06.06
	Liz Gasken, Duns	1:11.78
200 Fly	Lewis Smith, Warrender	2:27.89
	Lynn Duncan, Midlothian	2:41.34
100 Back	Lewis Smith, Warrender	1:09.41
	Julie Williams, REN 96	1:12.34
200 Back	Lewis Smith, Warrender	2:26.74
	Suzanne Robertson, City of Glasgow	2:37.51
200 Ind.Med	Lewis Smith, Warrender	2:26.00
	Julie Williams, REN 96	2:34.36
400 Ind.Med	Lewis Smith, Warrender	5:07.18
	Stacy Marshall, Cumbernauld	5:22.19

13/14 Years		
50 Free	Ian MacMillan, City of Edinburgh	25.33
	Jenni Kilgallon, Tayside	27.55
100 Free	Ian MacMillan, City of Edinburgh	54.46

200 Free	Jenni Kilgallon, Tayside 59.60	
	Ian MacMillan, City of Edinburgh 1:57.82	
	Carey Abel, Moray Swim Team 2:07.97	
400 Free	Martin Taylor, Coast 4:08.68	
	Gillian Robb, Coast 4:32.38	
8/1500 Free	Martin Taylor, Coast 16:47.76	
	Gillian Robb, Coast 9:13.79	
50 Breast	Andrew Mayor, South Lanarkshire 31.87	
	Helen McLeod, Midlothian 35.52	
100 Breast	Andrew Mayor, South Lanarkshire 1:09.43	
	Jennifer Watson, Ulster 1:16.80	
200 Breast	Andrew Mayor, South Lanarkshire 2:30.78	
	Sarah Campbell, South Lanarkshire 2:47.42	
50 Fly	Ross Stewart, Moray Swim Team 28.09	
	Rachael Keir, Moray Swim Team 30.27	
100 Fly	Charles Mills, City of Glasgow 1:01.91	
	Rachel Keir, Moray Swim Team 1:08.25	
200 Fly	Charles Mills, City of Glasgow 2:15.77	
	Melissa Chuck, Leatherhead 2:31.06	
50 Back	Graeme Lyons, Dumbaron 28.45	
	Rachael, Keir, Moray Swim Team 30.59	
100 Back	Graeme Lyons, Dumbaron 1:02.07	
	Rachael Keir, Moray Swim Team 1:04.38	
200 Back	Ben Higson, Duns 2:12.69	
	Fiona Booth, South Aberdeenshire 2:21.80	
200 Ind.Med	Ian McMillan, City of Edinburgh 2:16.38	
	Gillian Robb, Coast 2:24.39	
400 Ind.Med	Ben Higson, Duns 4:49.82	
	Gillian Robb, Coast 5:05.61	

15 + MENS&WOMENS

50 Free	Kenny Clark, South Lanarkshire 23.12	
	Kerry Martin, Stirling 26.69	
100 Free	Alasdair Hall, Dumbaron 50.79	
	Kerry Martin, Stirling 55.97	
200 Free	Paul Stevenson, City of Edinburgh 1:51.75	
	Kerry Martin, Stirling 2:03.76	
400 Free	Andrew Jameson, Coast 3:53.31	
	Kirsty Orr, City of Edinburgh 4:23.28	
8/1500 Free	Alan Bircher, England West 15:27.97	
	Kirsty Orr, City of Edinburgh 9:06.99	
50 Breast	Ciaran O'Brien, REN 96 29.51	
	Kirsty Balfour, City of Edinburgh 32.70	
100 Breast	Ciaran O'Brien, REN 96 1:03.77	
	Kirsty Balfour, City of Edinburgh 1:09.97	
200 Breast	David McIlroy, Lisburn 2:21.01	
	Kirsty Balfour, City of Edinburgh 2:33.72	
50 Fly	Alasdair Hall, Dumbaron 25.17	
	Kerry Martin, Stirling 27.26	
100 Fly	Chris Jones, City of Edinburgh 55.38	
	Kerry Martin, Stirling 1:01.71	
200 Fly	Chris Jones, City of Edinburgh 2:00.74	
	Siobhan Edgar, City of Edinburgh 2:16.68	
50 Back	Darren Ward, Stirling 27.47	
	Rosy Cornish, First Aquatics 29.38	
100 Back	Nick Neckles, Stirling 56.24	
	Louise Coull, REN 96 1:01.46	
200 Back	Nick Neckles, Stirling 2:01.70	
	Louise Coull, REN 96 2:10.58	
200 Ind.Med	Mark Robinson, England West 2:03.96	
	Kirsty Orr, City of Edinburgh 2:20.25	
400 Ind.Med	Mark Robinson, England West 4:29.03	
	Kirsty Orr, City of Edinburgh 4:54.93	

However the winning times do not show the depth of competition that now exists and the many close races that occurred in Inverness. It is hoped that this continued improved number of Scottish records being broken continues and also that the depth of performance increases during 2001. At the end of each swimming year we look back on the number of records that have been set. In the year 2000 107 Scottish records were set and whilst we should all be delighted with these performances we should not be



complacent. It should be pointed out that there are some 69 records in the record books that have been in existence for over two years and many records that were set in the 1980's. I would hope that swimmers and coaches look carefully at these records for I am convinced if they target some of the records they could easily be broken by the many talented swimmers that we now have around the country.

TRAINING CAMP

Moving away from the competition arena, our Junior Elite and Youth Squad swimmers were at a training camp over the Christmas and New Year period. The Senior Elite swimmers have competed in the Imperia World Cup with several swimmers moving on to a New Year Training Camp in Australia. To compete at the world level it is becoming more and more obvious that swimmers need to be training continuously throughout the year, only taking a few weeks break on an annual basis. Early indications show that Scottish records will continue to be broken during 2001 with Ian Edmond already having set new marks for the 100 breaststroke of 60.81 in the Imperia World Cup.

NEW AGE GROUP DATE

As you are no doubt already aware 2002 will see a new format for Age Group swimming, not only in Scotland but also throughout Great Britain. The new National Performance Director for Great Britain, Bill Sweetenham, has requested that all Age Group competitions become age on the first day of competition. Our Scottish National Age Groups have been changed to age on the first day of competition to fulfil this requirement. It is anticipated that from September 2001 onwards the district competitions will also move to age on the first day of competition and that by 1 January 2002 all club open meets will also be age on the first day of competition. Bill Sweetenham's reasoning for this is simply to create a culture of winning and also to provide a greater number of winners throughout the year. The obvious weakness with the current age group situation is that the same winner will occur throughout the whole of the year depending on that swimmer's birth date. We do not need to necessarily restructure our Age Group banding. However, as the age on the first day of competition starts to develop I will be looking carefully at our competition structure to see if this needs refining for the future.

CALENDAR CHANGES

The Scottish National Championships and the Age Group date has also been changed to fit in with Bill Sweetenham's requests so that our National Championships can form part of the Great Britain selection process for international teams.

Clubs should note that the Scottish National Open Championships will be 22/24 June 2001 at Tollcross Leisure Centre, Glasgow and the Scottish National Age Group Championships 5/8 July 2001 also at the Tollcross Leisure Centre in Glasgow.

This has required some alteration in terms of our selection meets for Elite and Youth Squads and I have published in this month's edition of Swimming 2000 the updated versions of the selection times and criteria.

SCOTTISH AREA INSTITUTES OF SPORT

In the last edition of Swimming 2000 I noted that the Scottish Area Institutes of Sport would start to emerge in 2001. I am pleased to report that the Area Institutes have now identified swimmers for their programmes and are working with swimmers, coaches and the governing body to develop programmes to ensure that these young swimmers are capable of moving to the highest possible levels within world swimming.

Finally this has been my first opportunity to wish all of our members a happy, prosperous and successful year in 2001.

MARTYN WOODROFFE

STATISTICAL INFORMATION - 2000

DATE	NAME	RECORD	TIME
5.1.2000	Kenny Clark	Senior Mens 50 Freestyle Short Course	22.94
8.1.2000	Louise Coull	Junior Womens 200 Backstroke Short Course	2:16.21
15.1.2000	Ian Edmond	Senior Mens 200 Breaststroke Short Course	2:13.13
16.1.2000	Ian Edmond	Senior Mens 100 Breaststroke Short Course	1:01.60
29.1.2000	Louise Coull	Junior Womens 200 Backstroke Short Course	2:15.83
29.1.2000	Lauren Greenshields	Junior Womens 100 Breaststroke Long Course	1:13.50
1.2.2000	Cameron Black	Senior Mens 50 Butterfly Short Course	25.17
1.2.2000	Cameron Black	Senior Mens 50 Butterfly Short Course	25.05
5.2.2000	Cameron Black	Senior Mens 50 Butterfly Short Course	24.91
5.2.2000	Cameron Black	Senior Mens 50 Butterfly Short Course	24.79

4.3.2000	Kerry Martin	Senior Womens 100 Butterfly Short Course	1:01.61
4.3.2000	Lauren Greenshields	Junior Womens 100 Breaststroke Short Course	1:10.93
4.3.2000	David Leith	Senior Mens 100 Freestyle Short Course	50.27
4.3.2000	Ian Edmond	Senior Mens 200 Breaststroke Short Course	2:12.82
4.3.2000	Alasdair Hall	Junior Mens 100 Individual Medley Short Course	59.58
5.3.2000	Kerry Martin	Senior Womens 50 Butterfly Short Course (Heats)	28.20
5.3.2000	Kerry Martin	Senior Womens 50 Butterfly Short Course (Final)	27.84
5.3.2000	Siobhan Edgar	Senior Womens 200 Butterfly Short Course	2:16.68
5.3.2000	Louise Coull	Junior Womens 100 Backstroke Short Course	1:03.49
5.3.2000	Lauren Greenshields	Junior Womens 200 Breaststroke Short Course	2:31.67
5.3.2000	David Leith	Senior Mens 200 Freestyle Short Course	1:49.38
5.3.2000	Gregor Tait	Senior Mens 50 Backstroke Short Course	26.21
18.3.2000	Alison Sheppard	Senior Womens 50 Freestyle Short Course	24.80
19.3.2000	Gregor Tait	Senior Mens 100 Backstroke Short Course	54.74
1.4.2000	Kirsty Balfour	Junior Womens 100 Breaststroke Long Course	1:12.24
24.5.2000	Kerry Martin	Senior Womens 100 Butterfly Long Course	1:03.09
27.5.2000	Kerry Martin	Senior Womens 100 Butterfly Long Course	1:02.68
27.5.2000	Kerry Martin	Senior Womens 50 Butterfly Long Course	28.33
27.5.2000	Ian Edmond	Senior Mens 50 Breaststroke Long Course	29.31
25.6.2000	Hearts ASC	Junior Womens 4 x 50 Medley Team Long Course	2:06.15
7.7.2000	Kirsty Balfour	Junior Womens 50 Breaststroke Long Course	33.42
7.7.2000	Kirsty Balfour	Junior Womens 50 Breaststroke Long Course	33.16
7.7.2000	Alison Sheppard	Senior Womens 50 Freestyle Long Course	25.31
7.7.2000	Kerry Martin	Senior Womens 50 Freestyle Long Course	28.29
25.7.2000	Alison Sheppard	Senior Womens 50 Freestyle Long Course	25.16
25.7.2000	Sam Hunter	Senior Womens 400 Individual Medley Long Course	4:53.82
25.7.2000	Alison Sheppard	Senior Womens 50 Freestyle Long Course	25.12
26.7.2000	Graeme Smith	Senior Mens 200 Freestyle Long Course	1:51.30
26.7.2000	Gregor Tait	Senior Mens 100 Backstroke Long Course	56.62
27.7.2000	Chris Jones	Senior Mens 200 Butterfly Long Course	2:02.99
27.7.2000	Graeme Smith	Senior Mens 200 Freestyle Long Course	1:51.14
28.7.2000	Kirsty Balfour	Junior Womens 50 Breaststroke Long Course	33.10
29.7.2000	Alison Sheppard	Senior Womens 100 Freestyle Long Course	55.78
29.7.2000	Kirsty Balfour	Junior Womens 100 Breaststroke Long Course	1:11.35
7.8.2000	Alasdair Hall	Junior Mens 100 Butterfly Long Course	57.32
12.8.2000	National Team	Junior Womens 4 x 100 Medley Team Long Course	4:23.92
9.9.2000	Karen Rigby	Junior Womens 50 Butterfly Short Course	29.11
9.9.2000	Alasdair Hall	Junior Mens 50 Butterfly Short Course	25.68
9.9.2000	Alasdair Hall	Junior Mens 100 Individual Medley Short Course	58.22
10.9.2000	Alasdair Hall	Junior Mens 50 Freestyle Short Course	23.49
7.10.2000	Alasdair Hall	Junior Mens 100 Butterfly Short Course	57.36
21.10.2000	Alasdair Hall	Junior Mens 50 Butterfly Long Course	26.66
21.10.2000	Alasdair Hall	Junior Mens 50 Butterfly Long Course	26.11
21.10.2000	Alasdair Hall	Junior Mens 50 Backstroke Long Course	28.18
21.10.2000	Alasdair Hall	Junior Mens 50 Backstroke Long Course	28.08
22.10.2000	Louise Coull	Junior Womens 100 Backstroke Short Course	1:03.24
22.10.2000	Louise Coull	Senior Womens 100 Backstroke Short Course	1:03.24
22.10.2000	Louise Coull	Junior Womens 100 Backstroke Short Course	1:03.14
27.10.2000	Louise Coull	Senior Womens 100 Backstroke Short Course	1:03.14
27.10.2000	Louise Coull	Junior Womens 200 Backstroke Short Course	2:14.10
7.12.2000	Alison Sheppard	Senior Womens 100 Freestyle Short Course	54.30
7.12.2000	Louise Coull	Senior Womens 100 Backstroke Short Course	1:02.56
7.12.2000	Louise Coull	Junior Womens 100 Backstroke Short Course	1:02.56
7.12.2000	Gregor Tait	Senior Mens 200 Backstroke Short Course	1:58.24
8.12.2000	Gregor Tait	Senior Mens 50 Backstroke Short Course	26.17
8.12.2000	Gregor Tait	Senior Mens 50 Backstroke Short Course	25.73
8.12.2000	Louise Coull	Senior Womens 100 Backstroke Short Course	1:02.29
8.12.2000	Louise Coull	Junior Womens 100 Backstroke Short Course	1:02.29
8.12.2000	Gregor Tait	Senior Mens 50 Backstroke Short Course	25.71
9.12.2000	David Leith	Senior Mens 100 Individual Medley Short Course	56.74
9.12.2000	Rowena Cornish	Senior Womens 50 Backstroke Short Course	29.49
9.12.2000	David Leith	Senior Mens 100 Individual Medley Short Course	56.20
10.12.2000	David Leith	Senior Mens 200 Freestyle Short Course	1:49.36
10.12.2000	Louise Coull	Senior Womens 200 Backstroke Short Course	2:11.38
10.12.2000	Louise Coull	Senior Womens 200 Backstroke Short Course	2:11.38
10.12.2000	Alison Sheppard	Senior Womens 50 Freestyle Short Course	24.59
10.12.2000	Samantha Hunter	Senior Womens 400 Individual Medley Short Course	4:48.13
10.12.2000	Gregor Tait	Senior Mens 100 Backstroke Short Course	54.34
10.12.2000	Alison Sheppard	Senior Womens 50 Freestyle Short Course	24.26
15.12.2000	Robert Lang	Junior Mens 200 Backstroke Short Course	2:04.74
15.12.2000	Alasdair Hall	Junior Mens 50 Butterfly Short Course	25.52
15.12.2000	Louise Coull	Senior Womens 200 Backstroke Short Course	2:10.58
15.12.2000	Louise Coull	Junior Womens 200 Backstroke Short Course	2:10.58
15.12.2000	Kirsty Balfour	Senior Womens 100 Breaststroke Short Course	1:09.97
15.12.2000	Kirsty Balfour	Junior Womens 100 Breaststroke Short Course	1:09.97
15.12.2000	David Leith	Senior Mens 100 Freestyle Short Course	50.05
15.12.2000	Alasdair Hall	Junior Mens 50 Butterfly Short Course	25.17
15.12.2000	Kerry Martin	Senior Womens 50 Butterfly Short Course	27.26
16.12.2000	Rowena Cornish	Senior Womens 50 Backstroke Short Course	29.34
16.12.2000	Alasdair Hall	Junior Mens 100 Butterfly Short Course	57.09
16.12.2000	Ian Edmond	Senior Mens 100 Individual Medley Short Course	56.12
16.12.2000	Ian Edmond	Senior Mens 100 Individual Medley Short Course	55.74
16.12.2000	Alasdair Hall	Junior Mens 200 Individual Medley Short Course	2:04.90
16.12.2000	Louise Coull	Junior Womens 50 Backstroke Short Course	29.41
16.12.2000	Alasdair Hall	Junior Mens 100 Butterfly Short Course	55.58
17.12.2000	Kirsty Balfour	Senior Womens 50 Breaststroke Short Course	32.83
17.12.2000	Kirsty Balfour	Junior Womens 50 Breaststroke Short Course	32.83
17.12.2000	Louise Coull	Junior Mens 100 Backstroke Short Course	57.87
17.12.2000	Louise Coull	Junior Mens 100 Backstroke Short Course	57.87
17.12.2000	Alasdair Hall	Senior Mens 200 Breaststroke Short Course	2:10.59
17.12.2000	Alasdair Hall	Junior Mens 100 Freestyle Short Course	51.84
17.12.2000	Kirsty Balfour	Senior Womens 50 Breaststroke Short Course	32.70
17.12.2000	Kirsty Balfour	Junior Womens 50 Breaststroke Short Course	32.70
17.12.2000	Alasdair Hall	Junior Mens 100 Backstroke Short Course	57.07
17.12.2000	Louise Coull	Senior Womens 100 Backstroke Short Course	1:01.46
17.12.2000	Louise Coull	Junior Womens 100 Backstroke Short Course	1:01.46
17.12.2000	Chris Jones	Senior Mens 200 Butterfly Short Course	2:00.74
17.12.2000	Alasdair Hall	Junior Mens 100 Freestyle Short Course	50.79

SCOTTISH SENIOR ELITE SQUAD SELECTION TIMES 2001/2002

MALE	2001/2002	FEMALE
EVENT		
23.29	50m Freestyle	26.37
51.57	100m Freestyle	57.45
1:53.06	200m Freestyle	2:04.11
3:59.05	400m Freestyle	4:19.87
15:43.87	800/1500m Freestyle	8:50.04
26.34	50m Backstroke	29.82
57.60	100m Backstroke	1:04.00
2:04.41	200m Backstroke	2:16.06
28.98	50m Breaststroke	32.54
1:04.49	100m Breaststroke	1:11.60
2:19.06	200m Breaststroke	2:33.71
24.71	50m Butterfly	27.65
55.78	100m Butterfly	1:01.84
2:03.10	200m Butterfly	2:14.61
2:06.68	200m Individual Medley	2:19.42
4:28.55	400m Individual Medley	4:52.79

SELECTION CRITERIA AND POLICY

Only swimmers achieving the above times will be considered for selection.

The Scottish Senior Elite Squad will be selected in August 2001.

The following Long Course competitions will be used for selection:

British Grand Prix, Leeds	16/18 February 2001
British Grand Prix, Glasgow	23/25 March 2001
ASFGB World Championship Trials, Manchester	10/15 April 2001
British Grand Prix, Bath	28/30 April 2001
British Grand Prix Final, Sheffield	1/3 June 2001
Scottish National Championships, Glasgow	22/24 June 2001
Scottish National Age Groups, Glasgow	5/8 July 2001
European Junior Championships, Malta	5/8 July 2001
World Championships, Fukuoka, Japan	17/29 July 2001
ASA Nationals, Crystal Palace	19/22 July 2001
ASA National Age Groups, Sheffield	30 July/4 August 2001

Additional accredited Long Course Meets may be considered provided they are agreed in advance with the Director of Swimming.

There are only a limited number of squad places. In the event of too many

swimmers achieving the above times Swimming Committee reserves the right to improve the qualifying standards.

Selection to the Scottish Senior Elite Squad may entitle swimmers to access lottery funding and services from the Scottish Institute of Sport.

SCOTTISH JUNIOR ELITE SQUAD SELECTION CRITERIA AND POLICY

Only swimmers achieving the above times will be considered for selection.

The Scottish Junior Elite Squad will be selected in August 2001.

The following Long Course competitions will be used for selection:

British Grand Prix, Leeds	16/18 February 2001
British Grand Prix, Glasgow	23/25 March 2001
ASFGB World Championship Trials, Manchester	10/15 April 2001
British Grand Prix, Bath	28/30 April 2001
British Grand Prix Final, Sheffield	1/3 June 2001
Scottish National Championships, Glasgow	22/24 June 2001
Scottish National Age Groups, Glasgow	5/8 July 2001
European Junior Championships, Malta	5/8 July 2001
World Championships, Fukuoka, Japan	17/29 July 2001
ASA Nationals, Crystal Palace	19/22 July 2001
ASA National Age Groups, Sheffield	30 July/4 August 2001

Additional accredited Long Course Meets may be considered provided they are agreed in advance with the Director of Swimming.

There are only a limited number of squad places. In the event of too many swimmers achieving the above times Swimming Committee reserves the right to improve the qualifying standards. Selection to the Scottish Junior Elite Squad may entitle swimmers to access lottery funding and services from the Scottish Institute of Sport.

SCOTTISH YOUTH SQUAD SELECTION CRITERIA AND POLICY

Only swimmers achieving the above times will be considered for selection.

The Scottish Youth Squad will be selected in August 2001.

The following Long Course Competitions will be used for selection:

British Grand Prix, Leeds	16/18 February 2001
British Grand Prix, Glasgow	23/25 March 2001
ASFGB World Championship Trials, Manchester	10/15 April 2001
British Grand Prix, Bath	28/30 April 2001
British Grand Prix Final, Sheffield	1/3 June 2001
Scottish National Championships, Glasgow	22/24 June 2001
Scottish National Age Groups, Glasgow	5/8 July 2001
European Junior Championships, Malta	5/8 July 2001
World Championships, Fukuoka, Japan	17/29 July 2001
ASA Nationals, Crystal Palace	19/22 July 2001
ASA National Age Groups, Sheffield	30 July/4 August 2001

Additional accredited Long Course Meets may be considered provided they are agreed in advance with the Director of Swimming.

There will be a maximum of 24 swimmers for the Scottish Youth Squad. In the case of more than 24 swimmers achieving the selection times, Swimming Committee reserves the right to improve the qualifying standards. In the event of less than 24 swimmers achieving the qualifying times in the above specified long course meets, additional swimmers may be selected after August provided they achieve a selection time in an accredited long course competition.

10 SQUAD SELECTION

SCOTTISH JUNIOR ELITE SQUAD SELECTION TIMES 2001/2002

BOYS BORN			2001/2002	GIRLS BORN		
1981	1982	1983	EVENT	1984	1983	1982
23.51	23.73	23.96	50m Freestyle	27.10	26.87	26.62
52.06	52.56	53.06	100m Freestyle	59.10	58.55	58.00
1:54.14	1:55.23	1:56.32	200m Freestyle	2:07.68	2:06.48	2:05.29
4:01.33	4:03.62	4:05.93	400m Freestyle	4:27.35	4:24.84	4:22.35
15:52.89	16:01.94	16:11.04	800/1500m Freestyle	9:05.30	9:00.18	8:55.10
58.15	58.70	59.25	100m Backstroke	1:05.84	1:05.23	1:04.61
2:05.60	2:06.80	2:08.00	200m Backstroke	2:19.98	2:18.67	2:17.36
1:05.10	1:05.72	1:06.34	100m Breaststroke	1:13.66	1:12.97	1:12.28
2:20.39	2:21.72	2:23.06	200m Breaststroke	2:38.14	2:36.66	2:35.18
56.31	56.85	57.39	100m Butterfly	1:03.62	1:03.02	1:02.43
2:04.27	2:05.45	2:06.64	200m Butterfly	2:18.48	2:17.18	2:15.89
2:07.89	2:09.11	2:10.33	200m Individual Medley	2:23.43	2:22.09	2:20.75
4:31.11	4:33.69	4:36.28	400m Individual Medley	5:01.22	4:58.40	4:55.59

SCOTTISH YOUTH SQUAD SELECTION TIMES 2001/2002

BOYS BORN			2001/2002	GIRLS BORN		
1984	1985	1986	EVENT	1987	1986	1985
53.43	54.57	55.75	100m Freestyle	1:02.10	1:00.79	59.52
1:57.14	1:59.65	2:02.23	200m Freestyle	2:14.17	2:11.34	2:08.59
4:07.67	4:12.97	4:18.42	400m Freestyle	4:40.93	4:35.00	4:29.24
16:17.92	16:38.83	17:00.37	800/1500m Freestyle	9:33.00	9:20.90	9:09.16
59.67	1:00.95	1:02.26	100m Backstroke	1:09.19	1:07.73	1:06.31
2:08.90	2:11.66	2:14.50	200m Backstroke	2:27.09	2:23.99	2:20.97
1:06.81	1:08.24	1:09.71	100m Breaststroke	1:17.40	1:15.77	1:14.18
2:24.07	2:27.16	2:30.33	200m Breaststroke	2:46.17	2:42.66	2:39.26
57.79	59.03	1:00.30	100m Butterfly	1:06.85	1:05.44	1:04.07
2:07.54	2:10.26	2:13.07	200m Butterfly	2:25.52	2:22.44	2:19.46
2:11.25	2:14.06	2:16.95	200m Individual Medley	2:30.72	2:27.54	2:24.45
4:38.23	4:44.19	4:50.31	400m Individual Medley	5:16.52	5:09.84	5:03.36

DUNOON RIVERSIDE 11 REOPENS



OPENING CEREMONY- David Wilkie (left), Margaret McEleny and Council Convener Douglas Currie with young swimmers (L-R) Kenneth Macleod, Mairi Gillies, Kerry Martin, Anthony Andrews at the official opening of the Riverside Swim and Health Centre

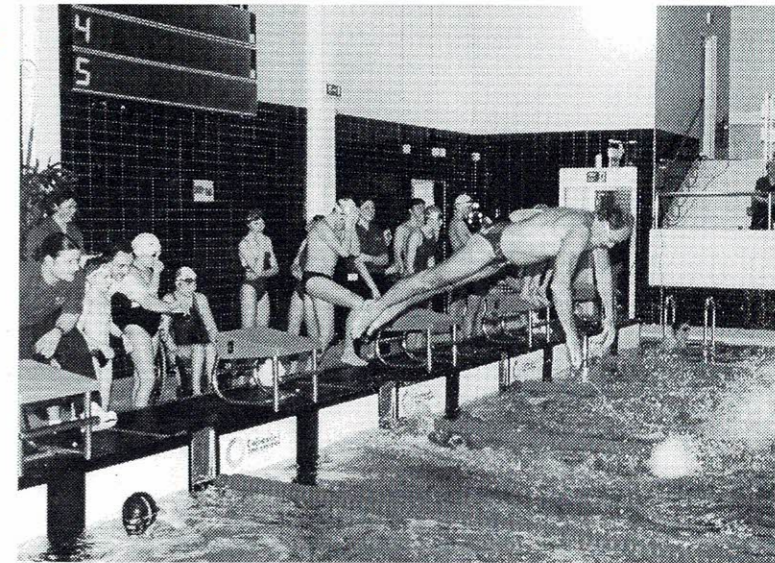
SWIMMERS CELEBRATE OPENING OF RIVERSIDE

Swimmers from all over Argyll and Bute travelled to Dunoon for the official opening of Argyll and Bute Council's new health and swim centre, Riverside on Thursday 18 January. Swimmers David Wilkie and Paralympics star Margaret McEleny opened the centre before joining youngsters in the pool for a 50m fun race.

In partnership with **sportsScotland** and Argyll and the Islands Enterprise the Council funded the £1.7 million refurbishment of the former Dunoon Swimming Pool to provide a first class facility for all of Argyll and Bute. The Riverside will employ 30 people.

The Riverside has two pools, a health suite with steam room, sauna and jacuzzi, and a gym. Swimmers can enjoy a snack in the cafe or a cooling drink after working out in the gym. The spectator area will seat 128 for swimming events and the state of the art sound system will let everyone hear the score. The main pool is 25 metres long with six swimming lanes and the smaller teaching pool is nine metres long. Separate pool water systems mean that the smaller pool is warmer than the main pool. A new entry lift and stair system makes access easier for small children, infirm and disabled people. Separate from the pool, children of all ages can enjoy the 40 metre long flume.

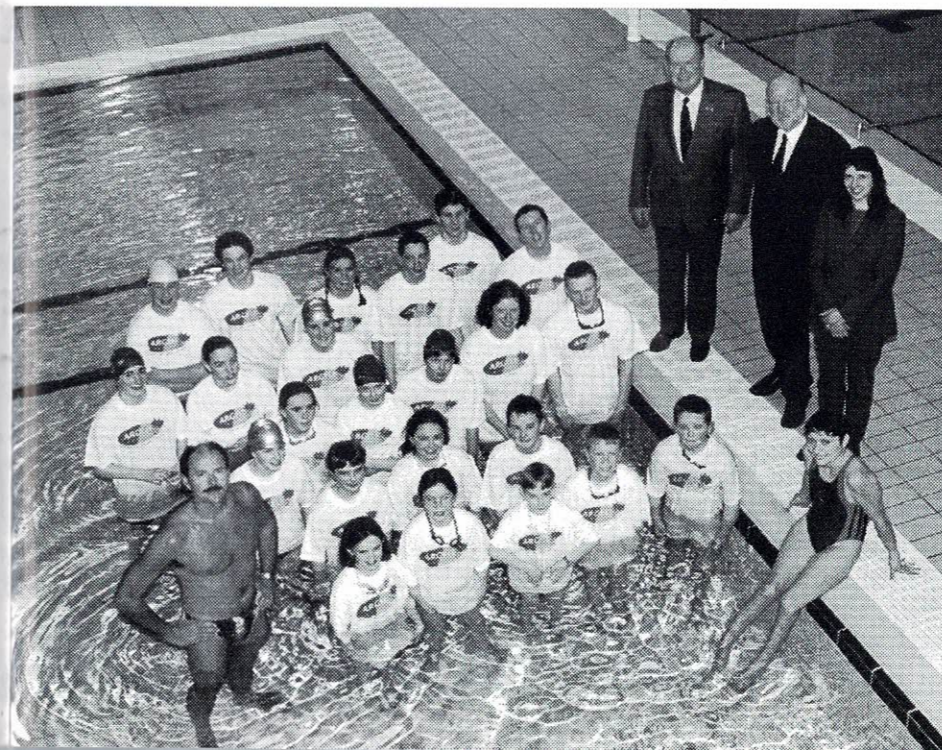
Dunoon is a favourite venue for West District Championships and the Sprints in particular. It has also been popular as a training centre providing great value package weekends for club squads.



TAKING THE PLUNGE - David Wilkie (diving) and young swimmers from all over Argyll and Bute take part in a relay race

David Wilkie is Scotland's greatest ever Olympic swimmer winning Gold in the 200m Breaststroke (in world record time) and Silver in the 100m Breaststroke at Montreal in 1976. He also won Silver in the 200m Breaststroke at the previous Games at Munich in 1972. In addition he won world championships in 1973 and 1975.

Margaret McEleny is equally outstanding in Paralympic and Disability world championships. She won gold in the 50m Breaststroke in the Paralympics at Sydney 2000, retaining the title she won in Atlanta in 1996. Margaret was elected Team Captain in Sydney and her team mates voted for her to be the flagbearer at the opening ceremony



ENJOYING THE WATER - Swimmers from all over Argyll and Bute join David Wilkie (left) and Margaret McEleny (seated) watched by Council Convener Douglas Currie (standing left), Argyll and The Islands Enterprise Director Martin Greig and sportsScotland Project Manager Ruth Evans

12 OPEN WATER

open water news Brian Bain

NATIONAL CONVENER Doug Milne

SENIOR OPEN WATER SWIMMING CALENDAR - 2001

Date	Event	Distance(s)	Organising Body	Contact Details	Ages & Restrictions
10/6/01	BLDSA Champion of Champions (Aylesbury, Bucks) Senior/Juniors,	5/ 2.5/ 1.25 Miles Competitors can swim in all 3,2 or just 1 event	BLDSA	Brian Metcalf, 14 Elizabeth Close, Aylesbury, Bucks HP21 9XX, Tel 01296 437806.	
16/6/01	A.S.A. Championships	5 km	A.S.A.	A.S.A. Office	Swimmers Aged 25 and above
16/6/01	A.S.A. Masters Championships	5 km	A.S.A.	A.S.A. Office	
1/7/01	A.S.A. Western District Championships - Weymouth (British Grand Prix Event)	6, 3 & 1.5 km	A.S.A. - Western Counties	Brian Bewley, Kewstoke House, Kewstoke Road, Kewstoke, Weston-super-Mare, BS22 9YD (01934 624129)	Includes Masters for Categories 3 & 1.5km: 19-29, 30-39, 40-49 & 50+
30/6/01	Kirkton of Balmerino - Broughty Ferry - River Tay	8 miles T.A.	YeAABA	Ian McIntosh, 85b Queen Street, Broughty Ferry (01382 775312)	
1/7/01	Tayport Cup - River Tay	1 mile	YeAABA	Ian McIntosh, 85b Queen Street, Broughty Ferry (01382 775312)	
7/7/01	Tay Docks - Dundee	Distances to be decided	S.A.S.A. - Midland District	Alison Smith, 62 Fintry Drive, Dundee DD4 9PB Tel. 01382 861701	Midland District Only
7/7/01	European Masters Championships - Majorca	5 km	LEN	Dawn Gough, S.A.S.A. Office Tel. 0141 641 8818	Swimmers Aged 25 and above
8/7/01	A.S.A. Midland District Champs. - Leziate Park Kings Lynn (British Grand Prix Event)	5 km	A.S.A. Midland District	Mr Mike Hemmings, 37 Balliol Road, Daventry Northants, NN11 4RE	
14/7/01	East District Championships - Loch Ore	2 miles	S.A.S.A. - East District	Andrea Gellan, 14 Comely Park, Dunfermline KY12 7HU (01383 724178) e-mail: Andrea.Gellan@falkirkcollege.ac.com	
14/7/01	A.S.A. North-East District Championships - Scarborough (Lake) (British Grand Prix Event)	To be advised	A.S.A. - North East District	Mr Sam Greetham, 31 High Mill Drive Scarborough, YO12 6RN	
15/7/01	A.S.A. North-East District Championships - Scarborough (Sea) (British Grand Prix Event)	To be advised	A.S.A. - North East District	Mr Sam Greetham, 31 High Mill Drive Scarborough, YO12 6RN	
21/7/01	Scottish Championships - Loch Lubnaig (British Grand Prix Event)	3 1/4 miles	S.A.S.A.	Doug Milne, 12 Backmuir Drive, Birkhill Dundee, DD2 5RA (01382 581223) doug.w.m@tinyworld.com	
4/8/01	Scottish Championships - Loch Rannoch	9 1/2 miles	S.A.S.A.	Doug Milne, 12 Backmuir Drive, Birkhill Dundee, DD2 5RA (01382 581223) doug.w.m@tinyworld.com	
5/8/01	Veterans Single Tay	1 mile	YeAABA	Ian McIntosh, 85b Queen Street, Broughty Ferry (01382 775312)	40 years and over
11/8/01	A.S.A. Northern District Championships - Salford Quays (British Grand Prix Event)	5 km	A.S.A. - North District	Mr P Balmond, 54 Barkers Lane, Sale Cheshire, M33 1SD	
12/8/01	YeAABA Championships Loch Earn	6 miles	YeAABA	Ian McIntosh, 85b Queen Street, Broughty Ferry (01382 775312)	
12/8/01	A.S.A. Midland District Championships - Holme Pierpoint (British Grand Prix Event)	10 km	A.S.A. Midland District	Mr Mike Hemmings, 37 Balliol Road, Daventry Northants, NN11 4RE	45 years and over
12/8/01	BLDSA Coniston Veterans	3.25 miles	BLDSA	Chris Green, Cartmel Old Grammar, Cartmel, Cumbria, LA11 7SL. Tel 015395 36868	
18/8/01	North District Open Championships - Loch Morlich	1 mile & 4 miles	S.A.S.A. North District	Brian Bain, 103A Hamilton Place, Aberdeen, AB15 5BD (01224 645109) brian.bain@dnv.com	
18/8/01	Double Tay	2 miles	YeAABA	Ian McIntosh, 85b Queen Street, Broughty Ferry (01382 775312)	
19/8/01	Woodhaven - Broughty Ferry	5 1/2 miles T.A.	YeAABA	Ian McIntosh, 85b Queen Street, Broughty Ferry (01382 775312)	
1/9/01	LEN Cup Final - Scarborough		LEN	A.S.A. Office	
1/9/01	BLDSA Championship - Lake Windermere	10 1/2 miles	BLDSA	John Bedford, 27 Pearwood Cresc, Balby, Doncaster, South Yorkshire, DN4 9BZ. Tel: 01302 855210.	
2/9/01	LEN Cup Final - Scarborough		LEN	A.S.A. Office	
8/9/01	World Cup Series - London	10 km	F.I.N.A	A.S.A. Office	
9/9/01	Midland District Open Championships - Loch Tummel	6 1/2 miles	Midland District	Alison Smith, 62 Fintry Drive, Dundee DD4 9PB Tel. 01382 861701	
9/9/01	A.S.A. Southern District Championships (British Grand Prix Event)	4.5, 3 & 1.5 km	A.S.A. - Southern Counties	Carol Butler	

YeAABA - Ye Amphibious Ancients Bathing Association
T.A. - Tidally Assisted

B.L.D.S.A. - British Long Distance Swimming Association

Although details are believed to be accurate, swimmers should confirm these with the event organisers

Events closed to a single club have not been included

A fuller list of events is available. Contact Brian Bain Tel 01224 645109

OPEN WATER 13

open water news Brian Bain

NATIONAL CONVENER Doug Milne

JUNIOR OPEN WATER SWIMMING CALENDAR - 2001

Date	Event	Distance(s)	Organising Body	Contact	Ages & Restrictions
3/6/01	Colwick Park Championship (Nottingham).	2km Freestyle & Breaststroke		John Gladman, Davenport House, 91 Main Street, Woodborough, Nottingham, NG14 6DA. Tel 01159 652609. e-mail: john-gladman@email.msn.com	Ages 12-16
10/6/01	BLDSA Champion of Champions (Aylesbury, Bucks) Senior/Juniors, Freestyle.	5, 2.5 & 1.25 Miles Competitors can swim in all 3,2 or just 1 event	BLDSA	Brian Metcalf, 14 Elizabeth Close, Aylesbury, Bucks HP21 9XX, Tel 01296 437806.	Ages 12-16
16/6/01	European Junior Event	3 km	A.S.A.	A.S.A. Office	Ages 14/15 & 16/17
17/06/01	Open Single Tay	1 mile	YeAABA	Ian McIntosh, 85b Queen Street, Broughty Ferry (01382 775312)	
17/6/01	BLDSA Wykeham Lake Championships	2 miles	BLDSA	Liane Llewellyn, 8 Radfield Road, Bradford, W Yorks, BD6 1BZ. Tel 01274 305503. e-mail d_llewellyn@madasafish.com	Ages 12-15 on day
23/6/01	BLDSA Rivington Championships, - Horwich, Lancs.	2 miles	BLDSA	Dee Llewellyn, 8 Radfield Road, Bradford, West Yorkshire, BD6 1BZ. Tel 01274 305503. e mail d_llewellyn@madasafish.com	Ages 12-15 on day
30/6/01	Kirkton of Balmerino - Broughty Ferry - River Tay	8 miles T.A.	YeAABA	Ian McIntosh, 85b Queen Street, Broughty Ferry (01382 775312)	Ages 12-16
1/7/01	A.S.A. Western District Championships - Weymouth	6, 3 & 1.5 km	A.S.A. - Western Counties	Brian Bewley, Kewstoke House, Kewstoke Road, Kewstoke, Weston-super-Mare, BS22 9YD (01934 624129)	6km : 13-16 3km : 13-14 & 15-18 1.5km : 12-14 & 15-18
7/7/01	Midland District Junior Championships Tay Docks - Dundee	To be advised	S.A.S.A. - Midland District	Alison Smith, 62 Fintry Drive, Dundee DD4 9PB Tel. 01382 861701	Midland District Only Ages 12-16
7/7/01	Midland District Juvenile Championships Tay Docks - Dundee	To be advised	S.A.S.A. - Midland District	Alison Smith, 62 Fintry Drive, Dundee DD4 9PB Tel. 01382 861701	Midland District Only Ages 9-11
14/7/01	A.S.A. North-East District Championships - Scarborough	To be advised	A.S.A.	Sam Greetham, 31 High Mill Drive Scarborough, YO12 6RN	
14/7/01	East District Championships - Loch Ore	1 mile	S.A.S.A. - East District	Andrea Gellan, 14 Comely Park, Dunfermline KY12 7HU (01383 724178) e-mail : Andrea.Gellan@falkirkcollege.ac.com	Ages 12-16
15/7/01	BLDSA Bala	3 miles	BLDSA	Alan Turk, 49 Perryfields Crescent, Bromsgrove, Worcs, B61 8ST. Tel: 01527 879381	
21/7/01	Scottish Championships Loch Lubnaig - Junior	3 1/4 miles	S.A.S.A.	Doug Milne, 12 Backmuir Drive, Birkhill Dundee, DD2 5RA (01382 581223) doug.w.m@tinyworld.com	Ages 12-16
21/7/01	Scottish Championships Loch Lubnaig - Juvenile	500 yards approx.	S.A.S.A.	Doug Milne, 12 Backmuir Drive, Birkhill Dundee, DD2 5RA (01382 581223) doug.w.m@tinyworld.com	Ages 9-11
4/8/01	Scottish Championships Loch Rannoch	2 miles (approx)	S.A.S.A.	Doug Milne, 12 Backmuir Drive, Birkhill Dundee, DD2 5RA (01382 581223) doug.w.m@tinyworld.com	Ages 12-16
11/8/01	Midland Championships Half Loch Earn	3 1/2 miles	S.A.S.A. - Midland District	Alison Smith, 62 Fintry Drive, Dundee DD4 9PB Tel. 01382 861701	Ages 12-16
11/8/01	A.S.A. Northern District Championships	To be advised	A.S.A. - North District	To be advised	
12/8/01	YeAABA Championships Loch Earn	6 miles	YeAABA	Ian McIntosh, 85b Queen Street, Broughty Ferry (01382 775312)	Ages 12-16
12/8/01	A.S.A. Age Group Championships	1.5 - 2 km	A.S.A.	A.S.A. Office	13/14, 15/16 & 17+
18/8/01	North District Open Championships	1/2 mile & 2 miles	S.A.S.A. - North District	Brian Bain, 103A Hamilton Place, Aberdeen, AB15 5BD (01224 645109) brian.bain@dnv.com	Ages 12-16

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GLENROTHES

Garrie Roberts, Head Coach Glenrothes ASC
STIRLING JUNIOR OPEN 2001

With a lot of call offs only a hand full of Glenrothes swimmers attended the annual Stirling Junior Open Swimming Meet on Sat/Sun 20th/21st January. This competition is considered by many to be the highest standard meet in Scotland. The best of Scottish Age Group swimming was on show and although only a few Glenrothes swimmers competed they did well. 12yr old Ashley Warrender outdid herself, despite having only returned to training after a month off, winning a silver in the 200m I/M in a lifetime best of 2.53.46 also winning a bronze in the 100m B/C in 1.19.43 and once again a bronze in the 100m Breaststroke in 1.27.72 both in lifetime bests. Ashley also finished in 4th place in the 100m F/C final. Alysha Whittle recorded a lifetime best in the girls 14yrs age group winning the bronze medal in the 100m Breaststroke in a time of 1.21.84 which gave her a qualifying time for the National East District Squad. Another finalist was 15yr old Iain Davidson in the boys 100m Breaststroke final finishing in a lifetime best of 1.16.17 finishing in 5th place and also recording PB's in the 200m IM and 100m Fly. The boys 12yrs age group saw an excellent performance from David Muir with only two swims, although not reaching any finals, achieving two lifetime bests in the 100m Breaststroke 1.27.01 and 100m B/C 1.21.33. Team mate Lindsay McPherson also achieving two PB's in 100m B/C 1.24.37 and 200m I/M 3.02.70. An excellent start for the year for the Glenrothes club.

SOUTH ABERDEENSHIRE SQUAD

BP SCOTTISH CHRISTMAS MEET, INVERNESS

A team of more than 30 swimmers from throughout the area represented the South Aberdeenshire Squad at the BP Scottish Christmas Meet in Inverness from 15th - 17th December. A solid team performance at this National level competition indicates that the improving support offered to the sport is starting to produce results. A partnership between Aberdeenshire Council, local swimming clubs and the Scottish Amateur Swimming Association has assisted the development of swimming.

The Aberdeenshire Swimming Development Plan has identified the need to "... generate a framework for sound foundations in the teaching of swimming and other aquatic disciplines and allow participants to move seamlessly along pathways towards achieving their potential". Swimming Development Officer for Aberdeenshire & Head Coach for the South Aberdeenshire Squad, Gary Paterson, states "Swimming within Aberdeenshire is extremely popular across many areas and the performances of these young people at a prestigious national event is a jewel in the crown".

The team not only produced finalists, but also many fine personal performances showing depth of talent across the age groups. Credit for their success goes not only to the swimmers but also to the many volunteers whose hard work supports the swimming clubs.

14 year old **Fiona Booth** had the most successful national competition of her career, with an outstanding 200m backstroke winning gold medal in a time of 2.21.80. In addition to breaking the North District Junior Record, she is now No 1 in the National Rankings for this event. Her skill & determination brought results in six other events, gaining bronze medal in each. Success for other swimmers came in the form of finalist placings

4 th	Hannah Miley	11/12 years 200m Butterfly
4 th	Kevin Murison	13/14 years 1500m Freestyle
5 th	Lauren Kennedy	15 years & over 200 Individual Medley
5 th	Kevin Dow	13/14years 200m Butterfly
5 th	Fiona Booth	13/14 years 100m Freestyle
6 th	Lisa Irvine	11/12 years 200m Butterfly

6 th	Moira Page	15 years & over 50m Breaststroke]
7 th	Lauren Kennedy	15 years & over 400m Individual Medley
7 th	Lauren Kennedy	15 years & over 100m Breaststroke
8 th	Moira Page	15 years & over 200m Breaststroke
8 th	Lisa Irvine	11/12 years 200m Individual Medley
8 th	Jayne Ritchie	11/12 years 200m Butterfly
8 th	Alana Brown Kerr	11/12 years 200m Backstroke
8 th	Louise Innes	15 years & over 100m Backstroke
8 th	Lisa Irvine	11/12 years 100m Butterfly
8 th	Louise Innes	15 years & over 100m Freestyle

CITY OF EDINBURGH

Edinburgh swimmers lead Record charge.

Swimmers representing the City of Edinburgh have had an extremely productive last two weeks breaking no less than 19 Scottish Records in the run up to the festive period.

Leading the charge was youngster Kirsty Balfour who set six records in the Breaststroke events. The 16 year old, who came to the fore in the summer courtesy of silver medals at the European Junior Championships in France and also at the Millennium Commonwealth Youth Games, raced to Senior and Junior records in both the 50m and 100m Breaststroke events at the BP Scottish Winter Open Meet held this past weekend in Inverness.

Not to be outdone, Gregor Tait set five new records at the British Winter Short Course Championships held in Sheffield from 7th - 10th December. Tait, a backstroke specialist, posted new Scottish Senior Records on the 50m (three separate occasions), 100m and 200m events. These five marks take to 19 the total of records Tait has set in the two years he has been a member of the Edinburgh programme.

David Leith showed his versatility with two 100m Individual Medley records and a 200m Freestyle record, also at the Sheffield meet, and then transferring his good form to Inverness to break the 100m Freestyle time down to a new mark of 50.05 seconds. Leith is hoping to become the first Scot to break the magical 50-second barrier in the near future.

Ian Edmond competed at the European Short Course Championships in Valencia, Spain along with fellow Edinburgh swimmers Mike Cole and Jamie Salter.

Edmond picked up on his good form from last season by breaking Leith's short-lived 100m Individual Medley times on two separate occasions eventually placing 8th, and then followed this up with a tremendous 200m Breaststroke swim. His time of 2 minutes 10.59 second sliced 2.23 seconds off the previous mark and in placing him 5th in the final, moved him into true World class.

The other Edinburgh swimmer to break a record was Chris Jones who beat the 6 year old Scottish Senior 200m Butterfly record with a time of 2 minutes 00.74 seconds.

Commenting upon the recent successes, Head Coach of the City of Edinburgh Swimming programme Tim Jones said:

"The number of records broken over the past couple of weeks is a reflection of the commitment and dedication we are getting from all our athletes. By moving National Records forward, we are giving all of our swimmers the best possible chance to make the step up to competing with distinction on the international stage. I have no doubt that with continued focus all of the swimmers will go on from strength to strength".

A full list of the records broken is as follows:-

GREGOR TAIT	
Scottish Senior Short Course 50m Backstroke, 8 th December 2000	26.17
Sheffield	
Scottish Senior Short Course 50m Backstroke, 8 th December 2000	25.73
Sheffield	

Scottish Senior Short Course 50m Backstroke, 8 th December 2000	25.71
Sheffield	
Scottish Senior Short Course 100m Backstroke, 10 th December 2000	54.34
Sheffield	
Scottish Senior Short Course 200m Backstroke, 7 th December 2000	1:58.24
Sheffield	
KIRSTY BALFOUR	
Scottish Junior Short Course 50m Breaststroke, 17 th December 2000	32.83
Inverness	
Scottish Senior Short Course 50m Breaststroke, 17 th December 2000	32.83
Inverness	
Scottish Junior Short Course 50m Breaststroke, 17 th December 2000	32.70
Inverness	
Scottish Senior Short Course 50m Breaststroke, 17 th December 2000	32.70
Inverness	
Scottish Junior Short Course 100m Breaststroke, 15 th December 2000	1:09.97
Inverness	
Scottish Senior Short Course 100m Breaststroke, 15 th December 2000	1:09.97
Inverness	
DAVID LEITH	
Scottish Senior Short Course 100m Freestyle, 15 th December 2000	50.05
Inverness	
Scottish Senior Short Course 200m Freestyle, 10 th December 2000	1:49.36
Sheffield	
Scottish Senior Short Course 100m I.M., 9 th December 2000	56.74
Sheffield	
Scottish Senior Short Course 100m I.M., 9 th December 2000	56.20
Sheffield	
IAN EDMOND	
Scottish Senior Short Course 200m Breaststroke, 17 th December 2000	2:10.59
Valencia, ESP	
Scottish Senior Short Course 100m I.M., 16 th December 2000	56.12
Valencia, ESP	
Scottish Senior Short Course 100m I.M., 16 th December 2000	55.74
Valencia, ESP	
CHRIS JONES	
Scottish Senior Short Course 200m Butterfly, 17 th December 2000	2:00.74
Inverness	

HEART OF MIDLOTHIAN AMATEUR SWIMMING CLUB

On Saturday January 6th, 2001, at the Annual Conference in Coventry of the British Swimming Coaches and Teachers Association the Alan Hime Award for the most promising Swimming Coach in Britain during the year 2000, was won by Edinburgh's Alasdair White. The award was made in recognition of the part played by Alasdair in an outstanding year for the City's Heart of Midlothian Swimming Club. In addition to producing numerous National and District Champions Alasdair's outstanding achievement for the year was to coach Edinburgh's Kirsty Balfour to silver and bronze medals in the European Junior Championships in Dunkirk. Alasdair was also co-opted onto the British coaching team at the same Championships. Alasdair took over as Head Coach at Hearts in 1993 at the age of 22 and during his seven years in the post has seen the Club progress from a small Age Group Club to the only independent Swimming Club in the Scottish Premier League.

In the Autumn of 2000, he took up a new appointment as Swim Coach in charge of the swimming scholarship programme at St. Bede's School in East Sussex.

Liz Dalgleish, President, Heart of Midlothian A S C

WARRENDER BATHS CLUB

Heart of Midlothian ASC Sprint Gala Ainslie Park Leisure Centre, Edinburgh (25m), Saturday 14th October 2000

A small but strong selection of B and C Squad Warrender swimmers gathered at Ainslie Park for the 2000 Sprint Gala hosted by their Edinburgh rivals, Heart of Midlothian ASC. The 12 and under age groups swam separately in the morning session, with the older age groups competing in the afternoon. This arrangement appeared to work well, and it was the morning session in which Warrender's talented junior contingent displayed their class.

Warrender emerged from the session with a haul of 4 Gold, 3 Silver, 2 Bronze medals and 6 other top 8 finishes, 1 East District Age Group Record and 1 'Top Boy' Award. This award, 3 of the Gold and 1 of the Silver medals went to **Ewan Chalmers** who displayed his vast all-round ability and immense promise with a superb morning of swims. Although profiting from a very fortunate birthday in this 'age on the day' event, Ewan, swimming in the 10/under age group, sliced considerable chunks off his previous personal best times to impressively dominate his category. After being touched out for Gold in his first event of the day, the 50 Butterfly (37.50), Ewan didn't look back as he went on to top the podium three times in taking the 50 Breast (42.12), 50 Back (38.01) and 50 Free (33.48), all in personal best times. Also swimming in this age group, 8 year old Daniel Lee exhibited his precocity when placing 6th in the backstroke event (43.51), and was supported by encouraging swims from fellow age groupers **Hamish Peddie, Darren Russell, Owen Griffiths, Claire Woolley** and **Alex Baird**.

The remaining Gold medal and capture of the East District Age Group Record fell to 12 year old **Jamie Griffiths** in the 50 Breast (37.55) and the Scottish Age Group Champion breaststroker proved throughout the morning session that he is no longer just an excellent breaststroke swimmer. Showing great all round improvement made in the last few months, Jamie added to his medal haul with Bronze in both the 50 Butterfly (35.00) and 50 Freestyle (30.92) and 5th position in the 50 Back (37.56), all personal best times.

11 year old **Jonathan Van Rooyen** put recent troubles behind him to once again display his prodigious and exciting talent in taking Silver in both the 50 Butterfly (34.19) and 50 Backstroke (36.94) with personal best performances, before landing top 8 finishes in the Breast and Freestyle events. Jonathan was accompanied in his age group by another promising youngster, **Duncan Conie**, who rounded off a solid series of swims with 7th place in the 50 Butterfly.

Nicola McManus became Warrender's other 'top 8' finisher, posting the 5th fastest time in the 12 years 50 Breaststroke (43.60), and adding to a successful morning for the club were **Sarah McCallum, Megan Harvey, Sophie Orlowski, Jonathan Baird** and **Ben Traynor**.

Although enjoying no medal success in the afternoon session, the 'B' Squad quintet of **Jackie Leung, Ashley Stewart, Louise Benson, Christine Martin** and **Jennifer Livingstone** performed in keeping with the trend of the previous session, posting numerous personal best times and gaining valuable racing experience. Congratulations to all who competed at this competition, all contributing towards another excellent showing from Warrender Baths Club.

Phil Potter-B Squad Coach

East District Open Championships (2) Fife Institute, Glenrothes (25m) - Saturday 7th - Sunday 8th October 2000

At the second round of East District Open Championships, Warrender continued to dominate proceedings returning back to the capital city with a sack full of medals, trophies, final placings, personal best times and East District records. The latest tally of statistics shows a weekend of 137 swims, including 56 personal best times, with 7 East District Records and 25 medals: 10 Gold, 6 Silver, 9 Bronze, backed up with 10 fourth, 7 fifth, and 7 sixth place finishes.

Star of the show was once again Scotland's leading 12 year old male swimmer, **Lewis Smith**. Lewis was in outstanding form winning all 6 of his contested events in personal best times and setting 6 East District records for his age group along the way. He got the ball rolling with runaway successes in the 100 Butterfly (1:09.03 including an East District record 50m split of 32.99) and 200 Freestyle (2:13.49, also an East District record), his nearest challengers being at least 4 seconds adrift. In the butterfly event this challenger was compatriot **Chris Smith** who made it a Warrender 1-2 with his swim of 1:13.77. The Warrender domination of the 11/12 age group was confirmed with **Jamie Griffiths** placing 4th and **Jonathan Van Rooyen** 5th. Chris went on to finish 4th in the 200 Freestyle and Jamie close behind in 5th. Lewis's closest fought race was the 100 Breaststroke where he held off the strong challenge of teammate **Jamie Griffiths** (1:17.75 to 1:18.49, both lifetime bests) as Warrender went 1-2 yet again. Jamie had reset the 50m East District breaststroke record with his heat split of 37.96 with Lewis reducing it in the final to 37.80. Next came the 1500 Freestyle and the result was never in doubt from the first length as Lewis set about building a 100 second victory

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margin over colleagues **Chris Smith** in second (20:10.31, PB) and **Jamie Griffiths** collecting his second medal of the weekend taking bronze (20:11.66, PB) to make it a sea of red on the medal dais. Lewis's time of 18:30.13 and his 800m split of 9:50.36 were both East District records. In a ridiculous scheduling conflict Lewis and Chris stepped out of the pool from the 1500 and straight back in again for the 100 Backstroke final less than 2 minutes later. Remarkably, Lewis reduced his lifetime best in securing his 5th gold of the weekend in 1:10.62. However, it was too much for Chris who faded to 6th although it was welcome to see **Jonathan Van Rooyen** place 4th despite being a year down in the age group. The final event of the weekend for this age group was the 400 I. M. and it produced the best possible result for the club. Lewis collected his 6th victory of the weekend and another East District record in 5:14.07. Silver went to Jamie (5:48.29, PB) with bronze for Chris and fourth place to Jonathan (6:04.03, PB). Four swimmers entered, top four places filled, perfect!

Lewis's older brother **Taylor** made it a successful family weekend with a gold medal brace plus 1 silver, 1 bronze and 1 fourth place finish. A titanic battle ensued in the Boys 15/over 400 I. M. as Taylor went head to head for the whole race with regular East District rival **Kris Gilchrist** (Hearts), a 400 I.M. specialist. Tracking Kris all the way, Taylor saved his push until the final length and outreached Kris at the finish for the unexpected win in a lifetime best of 4:50.55. Taylor then went on to secure a comfortable victory in the 100 Breaststroke before Kris exacted his revenge by edging Taylor for the 200 Backstroke title although Taylor was very pleased with a personal best time of 2:13.71 for the silver medal. A bronze in the 400 Freestyle was added later in the weekend followed by a 4th place finish in the 200 Butterfly.

Louise Henderson swam well to take gold in the Girls 15/over 800 Freestyle and pick up a bronze medal in the 400 I.M. while **Paul Stevenson** demonstrated an excellent early season turn of speed to lift the Boys 15/over 100 Freestyle title in 53.02. A further medallist of the weekend was promising 13 year old **Ailsa Docherty** who swam a great lifetime best of 5:32.01 to take silver in the 400 I.M. and 2:54.96 for the bronze medal in the Girls 13/14 years section. Ailsa also placed 4th in the 200 I.M. Club colleague **Danielle Barclay** showed good form to take the bronze behind Ailsa in the 400 I. M. while **Malcolm Kerr** was another bronze medal winner after his 4:51.25 (PB) in the Boys 13/14 years 400 Freestyle. **Kyle Goodfellow** added to Warrender's growing strength in this age group with two bronze medal winning swims despite being a year down in the section. Displaying the effects of some recent hard training, Kyle swam a well paced race for a podium finish in the 400 I.M. (5:24.96, PB) later performing equally well for further honours in the 200 Breaststroke (2:48.51, PB). He also placed 4th in the 400 Freestyle and 6th in the 200 I.M. (2:38.22, PB). Interestingly, in the Boys 13/14 years 400 I.M. Warrender swimmers filled the next three placings behind Kyle's bronze medal performance: Malcolm took 4th (5:42.37, PB), **Ross Johnston**, 5th (5:42.61, PB) and **Michael Lee** 6th (5:49.86) to once again demonstrate the club's strength in competitive swimming's distance events.

Remaining placed swimmers were: **Gavin Hunter**, 4th Boys 15/over 200 Backstroke; **Kim Bremner** 4th Girls 15/over 200 Backstroke; **Malcolm Kerr** 5th Boys 13/14 years 100 Butterfly (1:13.39, PB) - **Iain McMichael** 5th Boys 15/over 400 I. M. (5:16.98, PB), 5th 200 Butterfly; **Louise Henderson** 6th Girls 15/over 200 Backstroke, 6th 400 Freestyle; **Michael Lee**, 6th Boys 13/14 years 400 Freestyle; and **Danielle Barclay** 6th Girls 13/14 years 200 Breaststroke.

Congratulations to all concerned on an excellent set of performances.

Ian Wright - Chief Coach

DUMFRIES

Another successful seminar was held at Dumfries. The subject was "The Backstroke" and was led by Malcolm Ferguson. There was a good attendance from various parts of Scotland and the local area also from the North of England. Thanks are due to Malcolm for leading a very informative seminar and to Dumfries for providing the facilities. Margaret Ebben did the local organising in co-operation with Winnie Ferguson. Financial support from the ISTC was very much appreciated.

STIRLING AMATEUR SWIMMING CLUB

14th Stirling Junior Open Swim Meet.

Stirling Amateur Swimming Club hosted their 14th Junior Open Swim Meet on Saturday 20 and Sunday 21 January 2001. This is one of the most prestigious swim meet of its kind in Scotland and featured the cream of Scotland's young swimming talent. The event was for swimmers aged from 11 to 15 years old.

40 clubs, from throughout Scotland (from as far apart as Dumfries to Inverness, Helensburgh to Arbroath), sent in over 1800 entries featuring 500 different swimmers. The local clubs Stirling, Alloa, Falkirk and Grangemouth were well represented by their own Olympic hopefuls. Unfortunately to comply with SASA guidelines, not all entries could be accepted. Stirling ASC was only able to accept 1412 entries from 454 different swimmers resulting in around 1700 fiercely contested swims over the two days of racing.

The Club President, Blair Prentice, stated that it would not be possible to run the Meet without sponsorship and support. He thanked the many businesses, schools and individuals from all over Central Scotland (and further), who gave the Club support for the Meet. He added that it was very rewarding, as a local club, to be able to run an event of National standard, which gives Scottish youngsters the chance to compete at the highest level.

He pointed out that the Club were deeply indebted to Stirling Council, Stirling Sports Council and the Management and staff of Rainbow Slides for their support and assistance, not only for the Meet but also throughout the whole of the year. He added his own personal thanks to all the club's volunteers who had put a lot of time and effort into ensuring that the Meet was a success. Thanks are also due to the technical officials from East, West & Midlands district who supported the Meet.

Stirling Provost, Tommy Brookes, attended the Meet on Sunday and presented medals to event winners as well as the overall winners and the top Girl's club and top Boy's club. He said that "Stirling Council are happy to be involved in making the facility available for the many young people across Scotland. The Open Meet is a high profile event for the Stirling Swimming Club and Stirling area."

Susan Hainsworth, Stirling Sports Council, also attended on the Sunday and added her congratulations to the Club saying, "Stirling Sports Council are delighted to support this high profile event. The success is undoubtedly down to dedicated volunteers within the Club."

It was another successful Meet with six new meet records being set. The stars were the 13 year olds where Julie Williams from REN96 and Lewis Smith from Warrender both set 2 new records. The new records were:-

Girls 13 years	Julie Williams	REN 96100m Breast	1.17.53
	Julie Williams	REN 96200m Indiv Medley	2.33.68
Boys 12 years	Stuart Houston	North Ayrshire 100m Butterfly	1.11.85
Boys 13 years	Lewis Smith	Warrender Baths 100m Breast	1.14.62
	Lewis Smith	Warrender Baths 200m Ind/Med	2.28.29
Boys 14 years	Mark Branch	North Ayrshire 100m Breast	1.10.12

There are overall trophies for girls and boys for each age group based on the results in the six events, 100m Butterfly, 100m Breaststroke, 100m Backstroke, 100m Freestyle, 200m Individual Medley and 200m Freestyle.

The overall girl trophy winners were:-

Lynn Watson (12) Aquanauts,
Julie Williams (13) REN96,
Katy Taylor (14) City of Glasgow
Jenni Kilgallon (14) Dundee Arhall.

The overall boy trophy winners were:-

Stuart Houston (12) North Ayrshire,
Lewis Smith (13) Warrender,
Byron Pace (14) St Thomas
Lee Aitken (15) Carnegie.

There is one other individual trophy and **Ailsa Docherty** of Warrender Baths won the **Ian Black trophy** for the 14 years girls 100m Breaststroke.

The individual stars were **Julie Williams** who won 6 gold medals out of six, **Lewis Smith** who won five gold medals and a silver medal and **Jenni Kilgallon** who won 5 gold medals. These are swimmers to watch out for in the future. There are also trophies for the top Girl and Top boy Clubs. For the girls the overall Club winners were **REN96** with **City of Glasgow** runners up. For the boys the overall Club winners were **Warrender Baths** with **North Ayrshire** runners up.

OVER/

CLUB NEWS CONTINUED...

Following the success of this years meet the Club is intending to go for number 15 next year.

Hopefully there will be less spanners flung into the works next year than there was this year. All organisers have experienced them but as a warning to any new ones - be prepared for anything as it can and will happen.

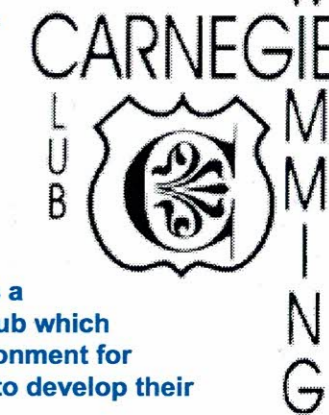
Some of the mishaps this year were

- Horn Start not working at 7.00 am on Saturday Morning.
- Juice machine filled at 7.30 leaking all over the floor within 5 minutes.
- Announcer calling off due to illness 40 minutes before the start.
- Arriving at the pool at 6.30 on Sunday morning as it started to snow and the pool staff not arriving until 7.50 at the same time as swimmers and spectators.
- Heavy snow making roads almost impassable.
- A coach crashing on way to the meet on Sunday - he had all the cards (more importantly he was not hurt).
- Kids out in the street throwing snowballs at cars much to the dismay of the local police.
- Trophies not being returned and wrong trophies being returned.
- The café catering for meals for 2000 people and having lots of wasted food.

*Blair I Prentice
President, Stirling ASC*

Carnegie Swimming Club

2 x ASSISTANT COACHES REQUIRED



Carnegie Swimming Club is a progressive, competitive club which provides an excellent environment for swimmers of all standards to develop their full potential.

Applicants should hold the relevant coaching qualifications and be interested in coaching all levels of swimmer from beginners to elite.

For further information and job description please contact Head Coach Tony Doubleday

Tel 01383 514 325; mobile 07730 301 962

All applications including CV to :-
Mrs Eileen Kane
2, Bridge View
North Queensferry
Fife

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18 HALL OF FAME

MIKE WILSON Development Director

You may remember an article from early last year concerning the Scottish Sports Hall of Fame. After a period of being in cold storage, the Hall is back, up and running, and I have been appointed by sportscotland as its development director.

My name is Mike Wilson. I am a freelance sports journalist. The Hall will be receiving inductees late this year.

I am seeking names of possible inductees to the Hall and reasons why. As you will see from the attached list, names have already been submitted re swimming, with brief reasons why. More information would be useful.

The names of possible inductees will be considered by a Working Group of sports historians and experts whose task is to submit a short list from which a final judging panel will choose the actual inductees.

The more compelling the tales, the more likely the possible inductees will survive it through to the final stage.

The first induction ceremony will be at pains to prevent the impression being formed that the Hall is only for 'the best'. To do so would condemn later induction ceremonies to second class status. The Hall is designed to recognise the already well-known and restore the profile of those who have, for one reason, or another, drifted into the mists of obscurity. Throughout, the Working Group will be mindful that sporting success is not measured simply by medals won or victories achieved but also by the determination of the human spirit to triumph over towering odds and the ability to share the pleasure of sporting activity with ones' fellow man and woman.

Therefore, the names of referees, administrators, etc are entitled to be submitted as possible inductees.

Soon, a similar invitation will be made to the readers of a newspaper partner. In general, the Hall will welcome the debate as to who should be in the Hall that will ensue. The more vigorous the debate, the more Scots will hopefully develop a sense of sporting heritage and identity. So, please spread the word about my request to all your constituencies.

These are requests I have made across the board, to all governing bodies:

1. For contact details of any (formal or informal) historians and journalists specialising in your sport. Do you know of any commemorative books and biographies that have been recently published or are soon to be published? Details of previous or forthcoming award ceremonies within your sport would be helpful.

2. Because there is likely to be book, CD-ROM and exhibition spin-offs to the Hall, contact details for people who can assist in the compilation of relevant photographic, film and audio archive and other memorabilia would be also helpful. Do you know of any private and museum collections worth approaching for assistance?

3. Contact details of any magazines or newsletters associated with your sport that might be interested in appealing to its readers for possible inductees to the Scottish Sports Hall of Fame? I look forward to hearing from you. My telephone / fax number is 0131-446 9265. My e-mail address is mwilsport@aol.com

At sportscotland, Jon Doig, senior development officer, is also available to answer any queries. He can be contacted on 0131-317 7200.

If you have an e-mail address, that would help enormously in disseminating information in the future.

A FEW SWIMMING NOMINEES

IAN BLACK - Born June 27 1941, Aberdeen. European champion 1958, world record holder and British Olympian. Was Britain's Sportsman of the Year in 1958 after winning three gold at the European Championships - 400m and 1500 freestyle and the 200m butterfly. Included in the 'Guinness International Who's Who of Sport' (publ 1993).

The following was received from Ian Black Jnr
ian.black@dundee.gov.uk on April 4 2000:

IAN BLACK A case for inclusion in the Hall Of Fame

1. Held world records over 2 distances. (Frequently broke world records although not ratified in many pools at that time. Weren't many 2 5 / 5 0 m pools to officially record a time in)
2. No swimmer to date has won 3 European golds as he did in Budapest.
3. Only 1 of 3 (I believe) Scots to be voted Sports Personality of the Year (1958) beating Bobby Charlton and Stirling Moss into 2nd and 3rd respectively. Was 3rd the following year in 1959.
4. Won Sports Personality and Sports Writers Personality of the Year in the same year.
5. Three Commonwealth/ Empire games medals.
6. Made two Olympic finals in Rome in 1960...had to choose 1 to swim in as the 2 races were within 1 race of each otherbroke an Olympic record in one of the heats (not sure which). Perhaps chose the wrong final as was 4th. T.V coverage apparently shows he was clearly 3rd, however the time-keepers' stopwatch results were compared and used to decide.

JOHN Y COUTTS MBE - SASA Secretary 1946 - 1970. Introduced Age Group swimming to Scotland. Set up swimming awards scheme - personal survival and speed swimming.

SIR PETER HEATLY Commonwealth diving champion 1950, 1954 and 1958.

CATHIE GIBSON - Olympic bronze medallist 1948. Double silver and a bronze 1947 European Championships

HELEN ORR GORDON - See Scotland's Sporting Heroes. Olympic medallist, Commonwealth champion 1960 and 1964.

ROBERT B. MCGREGOR MBE - swimming - Olympic silver 1964, European champion 1966 - coaches at Helensburgh. Who was it I was speaking to who mentioned that McGregor bigger star than David Wilkie? See Scotland's Sporting Heroes. See Evening Times December 22 1999

BELLA MOORE - Olympic gold medallist in 1912 - Her medal is in the International Swimming Hall of Fame at Fort Lauderdale in Florida.

ELLEN KING -Double silver medallist 1928 Olympic Games and gold medallist European Championships 1927.

NANCY RIACH - See Scotland's Sporting Heroes. British record holder of all distances from 100 yards to 880 yards, freestyle 1945. Bronze medal 1947 European Championships.

DAVID WILKIE MBE - Olympic champion 1976, world champion 1973 and 1975 -Pic in The Sunday Herald's special magazine of December 12 1999: Twentieth Century Scotland - Images that Shaped our Age. See Scotland's Sporting Heroes. See Sun November 30 1999. Won Olympic gold in the 200m breaststroke at Montreal in 1976. Won silvers at Montreal and Munich along with other titles. See Evening Times December 22 1999. See 'The Greatest - Who is Britain's Top Sports Star?'

SHEILA WATT - 4th 100m Fly 1960 Olympic Games in Rome

MURRAY ANDERSON - First Scot to gain 100 international caps in Water Polo. In the Guinness Book of Records.

ALAN McCLATCHEY - Olympic and world silver medallist - World Championships Cali Colombia 1975 and Montreal Olympic Games 1976

IAN JOHNSTONE- Olympic water polo goalkeeper 1948 and 1952. European Championships Budapest 1958

W. PEACOCK - Gold medallist 1920 Olympic Games Great Britain water polo team Team member in 1924 Games.

D.B.McGREGOR - Olympic Games 1936 British water polo team European Championships 1938. Scottish water polo team member 1926 - 1939.

ROBERT F. CRAIG - SASA Swimming Convenor, West District Secretary, Scottish and Great Britain Team Manager, Great Britain selector.

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The views expressed in this magazine are those of the authors and do not necessarily reflect those of the Editor, the Scottish Amateur Swimming Association Council or the Board of Management.



Team Scotland The Scottish team for the Championships (minus Stephen Burns who was very shy)

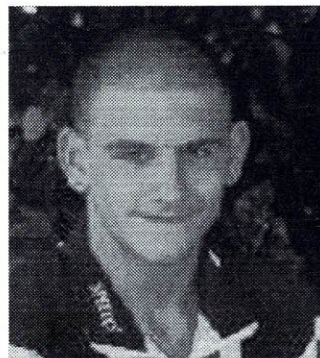
BT NATIONAL SHORT COURSE CHAMPIONSHIPS

The weekend of 1st and 2nd December last year saw the Scottish Disability Sport team head for Sheffield for the BT National Short Course Championships. The event always provides for excellent competition and this year brought together around 80% of the GB Paralympic team who competed in Sydney just over a month earlier.

As well as the individual and relay titles, the Scottish team competed against the English regions, Northern Ireland and Wales for the team trophy. We have a great record in this championships recently, having won the team title for the last nine years, and we hoped to go one better than the old firm this year and make it ten in a row.

The Scottish team of 24 included nine of the ten Scottish Paralympians who had been so successful in Sydney.

Jim Anderson (Broxburn) and Alan McGregor (Discovery, Dundee) were both in great form and fought out the gold and silver medals in the S2 classification between themselves. Alan had a disappointing Paralympics in Sydney but it was he who took first blood with a PB swim and a convincing win over his rival in the 100m freestyle, an event in which Jim had taken silver in Sydney. Jim responded taking gold in 50m backstroke, and in the 100m backstroke both swimmers finished inside the world record mark in the race of the championships with Jim only just getting the touch. That touch however was an important one as Jim's time was earned him the best male performance of the championships. Alan though was not to be outdone and in their final head to head of the weekend he took a close 50m freestyle amazingly again under the existing world record mark.



Andrew Lindsay



The shy Stephen Burns

Scotland's three gold medallists from Sydney were also in action. **Margaret McEleny and Kenny Cairns (both Port Glasgow Otters)** were both un-



The performance of the championships went to Jim Anderson (pictured here with staff member Paul McInnery)

beaten taking six and five gold medals in their respective events, however **Andrew Lindsay (Glenrothes ASC)** had a bit of a fight on his hands. He had won gold in Sydney in 100m backstroke with Welshman David Roberts taking silver, and the two were to fight it out in Sheffield over 50m and 100m backstroke. Over the 50m distance Roberts won in a close finish, but Lindsay was favourite for the 100m. Unfortunately it wasn't to be as Roberts went into an early lead and despite Andrew's efforts he couldn't pull it back – hopefully this won't be an omen for the future.



Lindsay did however play an important part in the Scottish relay teams. In the 24 point freestyle relay, the team of Lindsay, **Stuart Mullen (FIPRE), Garry Brown (Motherwell and Wishaw) and Solomon Christie (Glenrothes ASC)** took on a strong North West team for the title. Lindsay took the team into the lead on the first leg and Mullen and Brown held on to it. On the final leg was Christie who went in just ahead of Paralympic silver medallist Ritchie Barber. Hearts were in mouths as Barber seemed to close with every stroke, but Christie had done enough and held on (just) for a famous victory. Also victorious were the female 36 point freestyle team of **Angela McGowan, Gillian McBain (both Kilmarnock), Anna Tizzard and Lara Ferguson (both Glenrothes ASC)** where again Lara had to hold off a strong last leg challenge from Paralympic gold medallist Emily Jennings. The team also took silver in the medley relay where junior **Heather Thores (Peterhead/Aberdeen ASC)**, who had a great championships, replaced Gillian McBain.

Our other relay title of the championships was the BT Challenge trophy, a 4x100m Freestyle event for teams of 2 male and 2 female swimmers. Our team of myself (**Paul Noble, Glenrothes ASC**), **Scott Ramsay (Easterhouse Seals)**, Angela McGowan and Lara Ferguson took first place in a close finish



Smiling Scott Ramsay, Paul Noble, Lara Ferguson and Angela McGowan brought back the BT Challenge Trophy to Scotland.



DISABILITY

SCOTTISH DISABILITY SWIMMING BY PAUL NOBLE



Anna Tizzard, Gillian McBain, Angela McGowan and Lara Ferguson were the victorious female 36 point relay team.

from East Midlands and North West regions to retain the trophy we had won the previous year.

Our S14 classification contingent of **Murray Dingwall (COAST)**, **Murray Davies (Dunfermline)**, **Stephen Burns (Bruce Triathlon)**, **Gordon Docherty (Port Glasgow Otters)** and newcomer **Colin Johnstone (Hearts)** all took medals in their respective relay events. However only the two Murrays - Davies and Sydney Paralympian Dingwall, were in the top three in the individual events as the GB team big guns took most of the medals.

It was a different story in the female S14 events where Sydney medallist **Tracey Wiscombe (Glenrothes ASC)** along with **Rebecca Lee (Glenrothes ASC)** and **Kimberley Docherty (City of Dundee)** dominated every event in the class even taking a clean sweep of the medals in four events.

Professor **Adam Morley (Glenrothes ASC)** showed he still has something left in the bank by taking four gold medals over the weekend in the backstroke and breaststroke events. And the breaststroke events were also a good hunting ground for his Glenrothes team-mates, Lara Ferguson and myself. Lara, the Paralympic bronze medal-



list in 100m breaststroke, was up against her two main GB rivals in the breaststroke events, taking silver behind Joanne Singleton in the 50m but finishing ahead of both Singleton and Sarah Bailey to win the 100m. I was up against Marc Woods from North West in both my breaststroke events and managed to hold off his strong challenge in both to take the two titles.

As for the team title, we were very much in contention in the first couple of sessions, however a very strong North West team, which contained

10 Paralympians from the Sydney team, stretched their lead and in the end won convincingly to end our dream of ten in a row.

Tribute must be paid to the North West team for a great championships. They obviously had a great desire to win the team trophy and organised their team well. In the late 1980's it was the Southern England team who dominated this event and we Scots set about putting structures in place to ensure that we could challenge them. These structures have resulted in not only our team trophy triumphs but also a disproportionately high number of Scots in GB Paralympic, World Championship and European Championship teams over the last ten years. It can only be good for GB swimming if other areas can, like North West, improve their development structures. Maybe not so good for our own team trophy ambitions in the future, but never fear - we like a challenge!

One final note is that in the New Years honours list, Scottish and GB team member, **Kenny Cairns** from Port Glasgow Otters, was awarded the MBE. Kenny, or the Tsar of Sprint Freestyle as he is often known (amongst other things), has been to four Paralympic Games and medalled in them all, including a gold, 2 silvers and a bronze in a very successful Sydney Games. He took one silver in both the Barcelona and Atlanta Paralympic Games but since then his form has been incredible and his record in the 50m, 100m and 200m Freestyle events in his class since 1996 is second to none. He puts his recent successes down to his employment of the kayak principle and the three R's in training, never eating frozen bread and *always* making sure he has a day off every week. Congratulations on one more medal Ken!

PHOTOS: PAUL NOBLE

Otters - Kenny Cairns MBE with Gillian McBain, Gordon Docherty and Maggie McLenny (also MBE).



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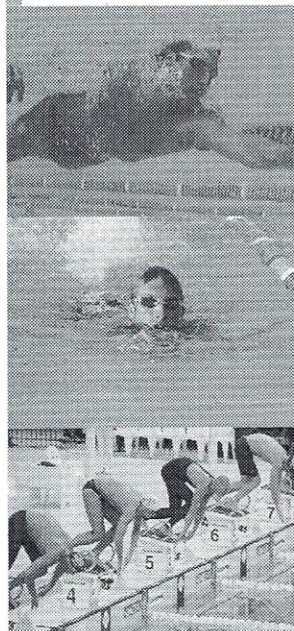
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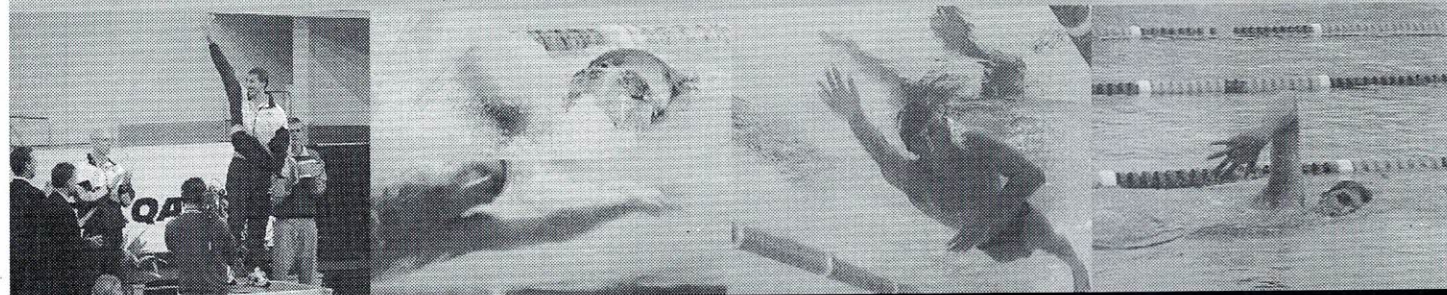
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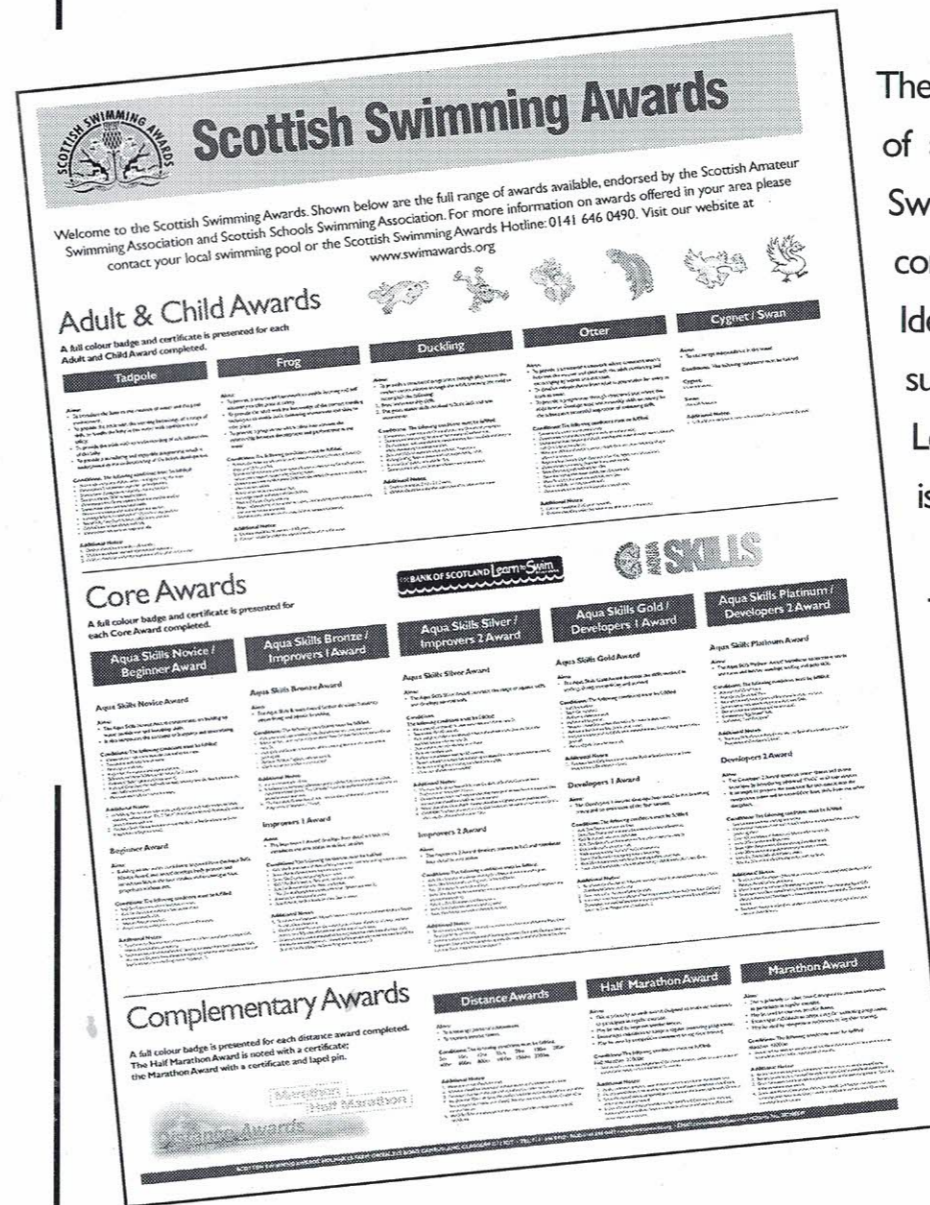
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SYNCHRO



27



The way we were - Clydebank Marlins in 1971 (L-R) Elizabeth McKinnon, Julie Adams, Maria Taylor, Avril Dempster, Mary Black, Anne Kane, Louise McDougall, Sandra Telfer.



Synchro Caledonia at the Gloucester Open (L-R) :- Michelle McBean, Julie Mackintosh, Pauline McFadyen, Morag Shaw, at back, Nikki Cramb and Susan Bowman,

SYNCHRONISED SWIMMING COMMITTEE

National Convener.-

Elizabeth Bowman, 40 Maple Drive, Parkhall, Clydebank, G81 3SD
Tel: 01389 382272 (H) Tel: 0141 950 1335 (B)

West. Morag Shaw, 25 Skye Drive, Polmont, Falkirk, FK2 0UN
Tel: 01324 711101 (H)

East. Gwen Duncan, 39 North Gyle Avenue Edinburgh, EH12 8JR
Tel: 0131 539 0773 (H)

North.

Margaret Dunbar, 19 Ben Aigen Walk,
New Elgin, Elgin, IV30 3YY
Tel: 01343 543616 (H)

Mid/and.- Co-opted.-

Vacancy
Wyn McFadyen, 57 Park Street, NAIRN IV12 4PW
Tel: 01667 454 223 Email: wyn.mcfadyen@tesco.net
Margot Wimberley, 97 South Gyle Wynd, Edinburgh,
EH12 9EX Tel: 0131 334 1205 (H)



Synchro Caledonia at the Gloucester Open (L-R) top picture:- Pauline McFadyen, Morag Shaw, Michelle McBean, Trish Maggs (Coach) Julie Mackintosh, Susan Bowman, Nikki Cramb Elizabeth Bowman National Convener in centre of lower picture.

Photos: Elizabeth Bowman.

CALIFORNIA GOLD RUSH!

Pauline McFadyen has settled in to her training experience with top American Synchro Club Santa Clara - I don't think that she is the cause of the shortage of electricity in California - it is just a coincidence. Her personal coach is former USA Olympic team member Kim Wurzell. Pauline says she is going through every element of the Technical Solo and working on her flexibility and spinning. She is also doing specific landconditioning for synchro - she says her legs are like jelly after a session. Pauline is most

impressed with the dedication, commitment and enthusiasm of the girls she is training with - they push themselves even harder when the coach isn't there!



28 PIPPA'S PIECE

PIPPA MURPHY NATIONAL DEVELOPMENT OFFICER



Happy New Year to everyone!

New Centre Spread!

I think with all the excitement of Santa coming, you forgot to tell me about your special volunteers and workers (!), so we'll start this **regular feature** in the next issue. Send me your nominations (a wee paragraph and may be a photo of your special workers without who swimming just

wouldn't be the same) and your contact details. Go on – make someone's day!

Easter Swim School information is out now, if you need more copies speak to Helen on (0141) 641 8818. Places are filling up fast. We are also preparing the information for swimming sessions – you should apply now for your information pack, because places will be limited!

The Bank of Scotland Learn To Swim Programme is nearing the end of a very successful first year. As we have 5 or 6 outstanding

days taking place in February (including Shetland, Orkney, Edinburgh and Dumfries and Galloway) I will give you the full report in the April issue. If you've any questions meantime, please let me know.

Remember your nominations this time!

Pippa

Pippa Murphy
NDO Scottish Swimming

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PIPPA'S PIECE 29

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GRANT AID SOURCES AND OTHER SUPPORT

Joseph Phillips Chairman of Inverclyde Sports Council and a member of the Scottish Masters Committee has compiled the following comprehensive list of grant aid sources.

The following is a list of agencies and organisations which are currently offering grant aid to individuals, sports clubs, and sports associations. Each has its own programmes and funding priorities. Your project may be eligible for funding from one of the distributors. Details of respective grants schemes are merely a guide and these may change without our knowledge.

SECRETARY TO THE TRUSTEES
FOUNDATION FOR SPORT AND THE ARTS
 PO BOX 20
 LIVERPOOL L13 IH8
 TEL. 0151 256 5505

The Foundation distributes money subscribed from the Football Pools, it does not distribute Lottery money. Grant aid may be made to create or maintain facilities and opportunities for the general community or to assist arts or sports provision, for the support of athletic games, athletic sport, or the arts. Emphasis is given to support training schemes at lower level, club equipment, youth development, sport for the disabled, and sports medicine. Revenue funding for projects up to three years will be considered partially if the project is aimed at grass-roots or community sport. The maximum grant is £75000. The Foundation will consider applications for interest free loans by clubs or organisations if appropriate, particularly where there is the potential for the purchase or lease of property and the borrower can satisfy repayment arrangements, loans up to five years may be possible.

SPORTSCOTLAND LOTTERY FUND
CALEDONIA HOUSE SOUTH GYLE EDINBURGH EH12 9DQ TEL. 0131 339 9000 FAX. 0131 339 5361 www.sportscotland.org.uk
 The National Lottery provides substantial public funding for sport and physical recreation lottery awards are distributed to organisations for projects in Scotland through sportscotland. sportscotland is dedicated to promoting sporting opportunities for Scots at all levels. Everything we do is driven by three visions: widening opportunities, developing potential and achieving excellence. They make awards to all aspects of Scottish sport including top athletes, sports facilities, major events and youth sport. For further information and application packs for Capital and or Revenue Awards contact sportscotland.

THE PRINCE'S TRUST
 18, PARK SQUARE EAST
 LONDON. NW1 4LH
 TEL. 020 7543 1234

Every year over £3 million is given to young people to help themselves and others, the aim of the Prince's Trust is to develop young people's talent and ability, particularly those who are disadvantaged, in order to increase their self confidence in meeting life's challenges. The Prince's Trust concentrates on 14 - 25 age group, including individuals, groups and youth organisations, to provide voluntary activity for young people, applications are assessed by local Trust committee members. The maximum award to individuals is £800 and £2500 to a group or organisation. For further information contact the above address.

SCOTTISH SPORTS AID FOUNDATION
 76, CONSTITUTION STREET
 EDINBURGH EH6 7RP
 TEL. 0131 555 4584

The Foundation aims to encourage the development of younger sports people who are showing potential or are currently competing at championship or international level (Scotland / UK). Applicants will be eligible for only one grant in any twelve month period.

SPORTS AID FOUNDATION SCHOLARSHIPS (NCF)
THE NATIONAL COACHING FOUNDATION
 114, CARDIGAN ROAD
 HEADINGLY

LEEDS LS6 3BJ
 TEL. 0113 274 4802

The Foundation offers financial support for education and training purposes. These scholarships are available for, NCF coach education courses, NGB coaching courses, certain sports only, coaching related conferences, international coaching placements and or periods of mentorship. Academic course are not eligible for support. Applicants should be currently coaching, on a regular basis, performers of at least county standard and be capable of making a major contribution to the coaching of their respective sports over the next few years. Endorsements from the appropriate NGB will be sought for eligible applications. All applications must be received at least two months before the date of the course or visit.

FOOTBALL TRUST
SPORTSCOTLAND
CALEDONIA HOUSE
SOUTH GYLE
EDINBURGH EH 12 9DQ
TEL. 0131 317 7200

The purpose of the Trust is to encourage the development of football in Scotland. Applications are invited from non-league club, community associations and the local authorities, schools and other educational establishments. Grants may be awarded for initial provision, improvement or retention of essential playing facilities, initial provision improvement or retention of essential playing facilities, initial provision or upgrading of: changing rooms and training facilities.

AWARDS FOR ALL
 4, SHORE PLACE LEITH EDINBURGH. EH6 6UU TEL. 0131 622 7600
 www.awardsforall.org.uk

Awards for all can be for almost any community activity including sports, arts, heritage and social projects. If you are a voluntary organisation, charity or community group with an annual gross income of less than £15000 and in need of a grant of £500 - £5000 to spend on a project then Awards for All will suit you. The grants may be used for equipment and computers, training courses, publicity material, fees, feasibility studies, start up costs, events, volunteer expenses, conference and seminar costs, repairs, travel, and outings, etc. You must spend the grant within one year of payment being made. Some examples of sports projects could include Small capital projects such as playing facilities, changing accommodation, activity areas major sports equipment, crèches and adaptation for people with disabilities. Small revenue projects such as group or team equipment, office equipment, staff employment and training, volunteer training, sports events festivals and sports training courses.

For more information and an application pack contact Awards for All at the above address.

SPORTSMATCH
SPORTSCOTLAND
CALEDONIA HOUSE
SOUTH GYLE
EDINBURGH EH 12 9DQ
TEL. 0131 317 7200

Sportsmatch is a scheme designed to improve the quality of business sponsorship of grassroots sports in Scotland. Providing applications meet the criteria for receiving an award and the award is approved, every pound put up by a new business sponsor or by an existing business sponsor increasing its level of sponsorship, starting from a minimum of £500 will be matched on an equal basis up to a maximum of £35000. Priority will be given to projects involving, grassroots and youth participation, coaching and coach education, people with disabilities, ethnic minorities, recreationally deprived areas, projects encouraging increased participation and development towards sport for all. Funding is made on merit on an annual basis and no guarantees of continued support. For more information and an application form contact Sportsmatch at the above address.

NATIONAL LOTTERIES CHARITY BOARD
NORLOCH HOUSE 36, KING'S STABLES ROAD EDINBURGH EH1 2EJ
TEL. 0131 221 7100 www.nicb.org.uk

They distribute funds exclusively to voluntary and community organisations. They support projects which aim to help disadvantaged people and improve their quality of life in the community, their grant criteria is very wide and it is worth discussing any project with them.

NEW OPPORTUNITIES FUND
 P.O. BOX 29106 LONDON. SW1 H 0WG TEL. 0845 000 123 www.nof.org.uk

This is a new lottery distributor created to make lottery grants to health, environment, and education projects that improve quality of life, especially for society's most disadvantaged individuals and communities. Two of the new funds current programmes are healthy living centres and out of school hours activities. Applications are welcome from the voluntary, community, public and private sectors, all type of schools, further and higher education institutions, voluntary organisations, sports and arts organisations.

SCOTTISH COUNCIL OF VOLUNTARY ORGANISATIONS
 19, CLAREMONT CRESCENT
 EDINBURGH EH7 4QH
 TEL. 0131 225 4307

The European Social Fund awards small grants of up to £6000 to voluntary and community organisations in Scotland's older industrial areas of Ayrshire, Inverclyde, and Renfrewshire, Lanarkshire, and West Dunbartonshire to undertake new initiatives. For full details contact SCVO at the above address.

THE SECRETARY
NATIONAL PLAYING FIELDS ASSOCIATION SCOTLAND
 20, QUEEN STREET
 EDINBURGH EH2 1JX
 TEL. 0131 225 4307

The Scottish NPFA may provide assistance in the form of grants or loans to groups and organisations to initiate the development of sport and recreation activities at a local level which are of a direct benefit to children and young adults. Funds are limited and applications are considered on merit on a quarterly basis. The prime aim of the NPFA is the protection, preservation and development of recreational space and to this end enquires of this nature are particularly welcome.

LOCAL SPORTS COUNCILS

INVERCLYDE SPORTS COUNCIL operates a standard grant assistance scheme to assist clubs and individuals - in sport. Applicants must be resident in Inverclyde and be affiliated members of the Sports Council. Grants may be applied for under the following categories Club start up, Coach education, Equipment, Sports officials, Coaching clinics, Prestigious team championships.

Application forms and grant guidelines are available from

The Secretary, Inverclyde Sports Council, Inverclyde Council, Leisure and

JUNIOR OPEN WATER SWIMMING CALENDAR - 2001

18/8/01	BLDSA Derwentwater,	5 miles Freestyle/ Breaststroke.	BLDSA	Dave Colley, 3 Fairhaven Avenue, Westhoughton, BL5 3HE. Tel: 01942 796591	Under 16 on day of competition
19/8/01	Woodhaven - Broughty Ferry	5½ miles T.A	YeAABA	Ian McIntosh, 85b Queen Street, Broughty Ferry (01382 775312)	Ages 12-16
30/8/01	Cross Windermere	2km.	BLDSA	Gill Stables, 2 Oakbank Cottages, Skelsmergh, Kendal, LA8 9AQ. Tel: 01539 740327	Ages 12-15 on day
2/9/01	B.L.D.S.A. Coniston Water	5½ miles	B.L.D.S.A.		Under 16 on day of competition
9/9/01	Midland District Championships - Cross Loch Tummel	1 mile	Midland	Alison Smith, 62 Fintry Drive, Dundee DD4 9PB Tel. 01382 861701	Midland District Only Ages 12-16
15/9/01		2 miles	YeAABA	Ian McIntosh, 85b Queen Street, Broughty Ferry (01382 775312)	Ages 12-16

YeAABA - Ye Amphibious Ancients Bathing Association
Association T.A. - Tidally Assisted
Although details are believed to be accurate, swimmers should confirm these with the event organisers Events closed to a single club have not been included

B.L.D.S.A. - British Long Distance Swimming

A fuller list of events is available. Contact Brian Bain Tel 01224 645109

Community Support Services, Highholm Centre, Highholm Avenue, Port Glasgow, PA 15, Tel. 01475 714853

For the address of other local sports council in Scotland contact ;
DAVID ARNOTT
ADMINISTRATOR
SALSC
37, DONIBRISTLE GARDENS
DALGETY BAY
TEL. 01383 820 950

LLOYDS TSB FOUNDATION FOR SCOTLAND
HENRY DUNCAN HOUSE
120, GEORGE STREET
EDINBURGH EH2 4LH
TEL. 0131 224 4555

The foundation has three main objectives to which it seeks to allocate funds, social and community needs, education and training, scientific and medical research. Priority areas are young people, rural deprivation, alleviation of homelessness, creating positive opportunities for those mentally and physically disadvantaged, drug and alcohol abuse, support for minority groups, and elderly people.

SCOTTISH LAWN TENNIS ASSOCIATION
 177, COLINTON ROAD
 EDINBURGH EH 14 1 BZ
 TEL. 0131444 1984

Assistance is available to clubs who are affiliated or are prepared to affiliate to the Scottish Lawn Tennis Association to apply for loan schemes for facility development and improvements at reduced rates of interest. The minimum loan is £3000 and interest charges range between 0% - 5%. The type of projects include Covered courts, Clay courts, Floodlights, New Courts and conversion to Acrylic, Clubhouse and or Pavilion renovations.

SCOTTISH CRICKET UNION
CALEDONIA HOUSE
SOUTH GYLE
EDINBURGH EH1 2 9DQ
TEL. 0131 317 7247

Grants are available from the England & Wales Cricket Board - Lord Taverners Fund for a range of provisions such as artificial non-turf pitches, equipment for youth and general youth development schemes. Grants will only be made to clubs affiliated to the Scottish Cricket Union.



SCOTTISH MASTERS 2001 CALENDAR OF EVENTS

MONTH	DATE	EVENT	VENUE	CONTACT FOR INFORMATION
March	10 th / 11 th	Welsh Masters Short Course Open Championships	Cogan Leisure Centre Penarth South Wales	* Closing Date: 2nd February 2001 Welsh A.S.A Roath Park House Ninian Road Cardiff CF2 5ER Tel No: 02920 488820
	17 th	Alloa Short Course Swim Meet (Incorporating Scottish Masters)	Alloa	National Open 400m Individual Medley Championships) * Closing Date 10th February 2001 Nigel Grant 25 Kirkgate Alloa FK10 1EP Tel No: 01259 213087
	30 th / 31 st	Scottish Masters National Open Short Course Championships	Scotstoun Glasgow	* Closing Date 24th February 2001 Scottish A.S.A Holmhill Farm Greenlees Road Cambuslang Glasgow G72 8DT Contact Dawn Gough Tel No: 0141 641 8818
April	7 th / 8 th	Scottish Masters National Long Course Training Camp (Open to all registered Masters Swimmers)	Tollcross Glasgow	Donald Muirhead 3 Ryan Road Wemyss Bay PA18 6DH Tel No: 01475 520440
	21 st	Perth Masters Short Course Swim Meet	Perth	* Closing date: 24th March 2001 John Kettles Kirkton Collace Farmhouse Kinrossie Perthshire PH2 6HU Tel No: 01821 650728
	28 th / 29 th	Leeds Long Course Open Swim Meet	Leeds	*Closing Date: 31st March 2001 International Pool Westgate Leeds LS1 4PH Contact: Terry Denison Tel No: 0113 214 5067
May	11 th / 12 th	The 6 th Irish Open Masters Swimming Championships	Bishoptown Cork Ireland	*Closing Date TBC: Oswald Schmidt 82 Earwood Estate The Lough Cork Ireland Tel / Fax: 00 353 21 4968202
	12 th / 13 th	Scottish Masters National Long Course Training Camp (Open to all registered Masters Swimmers)	Tollcross Glasgow	Donald Muirhead 3 Ryan Road Wemyss Bay PA18 6DH Tel No: 01475 520440
June	1/2/3 rd	GB Masters Open Long Course Championships	Tollcross Glasgow	* Closing Date 21st April 2001 Scottish ASA Holmhill Farm Greenlees Road Cambuslang Glasgow G72 8DT Contact: Dawn Gough Tel No: 0141 641 8818
	9 th	Annan Open Short Course Swim Meet	Annan	* Closing Date: 18th May 2001 Sandra Proudfoot Sports Development Officer Council Offices Annan DG12 6QA Tel No: 01461 203311
	15/16/17 th	Social Event – Change of Activity 'A Recreation Weekend with Bruce Cook' Choice of Activity – Walking -Rock Climbing Canoeing -Golf -Trial Biking -Socialising	Badaguish Outdoor Centre, Aviemore	Donald Muirhead 3 Ryan Road Wemyss Bay PA18 6DH Tel No: 01475 520440
June	30 th	Gateshead Masters Open Swim Meet - It is uncertain if this event will be held. Confirmation awaited		David Chaney 6 Earlswood Park Lowfell, Gateshead NE9 6AW Tel No: 0191 487 3190
July	4/8 th	8th European Masters Swimming Championships Final submission of Entries through SASA –	Palma Mallorca Spain	*Closing Date 3rd May 2001 13th April 2001 Scottish A.S.A Holmhill Farm Greenlees Road Cambuslang Glasgow G72 8DT Contact: Dawn Gough Tel No: 0141 641 8818
August	4 th 18 th	Islay Masters Inter Club Competition Bowmore Islay Lomond Masters Open Short Course Swim Meet (Incorporating Scottish Masters National Open 400m Freestyle Championship)	Helensburgh	By invitation only * Closing date 28th July 2001 Jim Percy 22 Chapelacre Grove Helensburgh G84 7SH Tel No: 01436 674876
	26 th	Scottish Masters National Short Course Training Camp. Group one	Scotstoun Glasgow	Donald Muirhead 3 Ryan Road Wemyss Bay PA18 6DH Tel No: 01475 520440
September	8 th	Inverclyde Masters Open Short Course Swim Meet (Incorporating Scottish Masters National Open 800m Freestyle Championship)	Greenock	* Closing Date 11th August 2001 Donald Muirhead 3 Ryan Road Wemyss Bay PA18 6DH Tel No: 01475 520440
	29 th	Silver City Blues Open Swim Meet	Aberdeen	* Closing Date 1st September, 2001 Keith Dunnett 32 Laurel Wynd Danestone Bridge of Don Aberdeen AB22 8XX Tel No: 01224 706737
October	19/21 st	ASA Masters Open Short Course Championships	Sheffield	* Closing Date 20th September, 2001 ASA Competitions Department Medway Buildings Loughborough University Epinal Way Loughborough LE11 3TU Contact: Judy Mott Tel No: 01509 618 762

October 28 th		Scottish Masters National Short Course Training Camp incorporating groups 1 & 2. (Open to all Registered Masters Swimmers)	Tollcross Glasgow	Donald Muirhead 3 Ryan Road Wemyss Bay PA18 6DH Tel no: 01475 520440
November	3 rd	Closed Masters Welsh Swim Meet	North Wales	* Closing Date: 28th September 2001 Welsh A.S.A Roath Park House Ninian Road Cardiff CF2 5ER Tel No: 02920 488820
	9/10 th	10 th Glasgow International Open Short Course Swim Meet	Scotstoun Glasgow	* Closing Date 12th October 2001 Cultural / Leisure Services Department Glasgow City Council 37 High Street Glasgow G1 1LX Tel No: 0141 287 5852
	24 th	Scottish Masters National Short Course Open 1500m Freestyle Championship		* Closing Date 10th November 2001 Scottish ASA Holmhill Farm Greenlees Road Cambuslang Glasgow G72 8DT Contact Dawn Gough Tel No: 0141 641 8818

NB PLEASE NOTE THAT RELATED INFORMATION CAN BE OBTAINED ON THE SCOTTISH MASTERS WEBSITE: www.scottishmasters.co.uk

ÖREBRO SIMALLIANS KARLSLUNDS IF/SIMNING - ÖREBRO SIMSÄLLSKAP Invitation to the Open Swedish Masters Championships 2001

Skolgatan 20, 703 62 ÖREBRO Tel: 019-13 38 54
Fax: 019- 10 08 02 Bank giro service: 474-6566
Örebro's Swimming Association and The Swedish Swimming Federation hereby invites you to the Open Swedish Masters Championships. The competition is open for all registered Masterswimmers from Sweden and the rest of the World.

Date - March 16 – 18, 2001.

Location
Gustavsviksbadet, Örebro
25 metres pool with 10 lanes. (pool 50 x 25)
Accommodation Latest at February 15, 2001
You can reserve rooms at:
Good Morning Hotels
Tel: +46-19 17 07 07, Fax: +46-1933 07 60 or
E-mail: orebro@goodmorninghotels.se
Scandic Hotel Grand
Tel: +46-19 767 43 00, Fax: +46-767 43 11 or

Classification

Age valid for classification is the age of the swimmer on 31st December 2001.

Women and Men

Individual

Age Class	A	25-29	E	45-49	I	65-69	M	85-89
	B	30-34	F	50-54	J	70-74	N	90-
	C	35-39	G	55-59	K	75-79		
	D	40-44	H	60-64	L	80-84		

Relay

Age Class	A	100-119	C	160-199	E	240-279	G
320-	B	120-159	D	200-239	F	280-319	

E-mail: orebrogrand@scandic-hotels.com Scandic Hotel Väst
Tel: +46-19 767 44 00, Fax: +46-19 767 44 11 or
E-mail: orebrogrand@scandic-hotels.com
Youth hostel: STF Vandrarhem Grenadjären, Tel: +46-19 31 02 40, Fax: +46-19 31 02 56. Code notation: Masters SM 2001 to get a low price.

WORLD MASTERS RECORDS FOR MARGARET

Margaret Cunningham (nee Munro) exMotherwell Masters but now resident in Queensland, Australia. Has come back to top form after a hip replacement operation. Her first activity after the operation was to go skiing with her family before getting back in the water last September. At the Pacific Masters Games in November 2000 she set a world long course record of 1:29.89 for the 100m Freestyle in the 75 - 79 age group. In December at Townsville, North Queensland she set four more world best short course times.

50m Freestyle	39.12
100m Freestyle	1:28.49
100m Ind/Med	1:46.18
200m Ind/Med	4:03.47

Day Campbell celebrated her 50th birthday in the company of her friends at REN 96. A super evening was had by all. Happy Birthday Day!!!!



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DONALD MUIRHEAD National Convener



Master swimmer Joseph Phillips takes his duties as Chairman of Inverclyde Sports Council seriously - leading from the front! A 3000m Open Water swim was one of the events at the Inverclyde Millennium Festival of Sport - photo shows Joseph in the centre - without a wet suit!



Paralympian Gold medalist and Master swimmer Margaret McEleny is very much on demand to perform opening ceremonies etc here she is at the refurbished Riverside Centre in Dunoon where she joined David Wilkie to perform the opening ceremony. Photo: Bill Douglas

SCOTTISH AMATEUR SWIMMING ASSOCIATION SCOTTISH NATIONAL OPEN SHORT COURSE MASTERS CHAMPIONSHIPS 2001

(under FINA and SASA Rules)

SCOTSTOUN LEISURE CENTRE, GLASGOW

Friday 30th March 2001 - Saturday 31st March 2001

"Fitness, Fun and Friendship through Swimming is the Masters Motto"



FULL INFORMATION FROM
DAWN GOUGH
SASA
Holmhill Farm
Greenlees Road
CAMBUSLANG
Glasgow G72 8DT

Tel: 0141 641 8818
Fax: 0141 641 4443
Email: sasadawn@aol.com



INVITATION Scottish Open Water Swimming Training Course



Open Water

Saturday 10th March 2001 Tollcross Leisure Centre - Glasgow

Coach/Lecturer : Chris Martin

Following the introduction last year of an open water swimming development course, a similar training day has been planned for this year. This will take place at Tollcross Leisure Centre, Glasgow on Saturday 10th March. This will be similar to the course run last April which was attended by 27 swimmers. It is hoped that this event will become a fixture in the open water swimming calendar.

This year we fortunate to have Scotland's national swimming coach, Chris Martin, to direct the day's proceedings. Emphasis will be placed on training for endurance events and will consist of a mixture of lectures and pool sessions.

The proposed programme of events for the day is as follows:

9:15	-	9:30	:	Assemble
9:30	-	10:30	:	Lecture 1
10:45	-	12:15	:	Pool Session 1
12:30	-	13:30	:	Lunch break - cafeteria services available.
13:30	-	14:30	:	Lecture 2
14:45	-	16:15	:	Pool session 2
16:30	-	17:00	:	Closing Remarks

Your coach and/or parent(s) are welcome to attend the lectures and be present during the pool sessions.

The cost of the day's activities is being subsidised by the S.A.S.A. in order to restrict the cost to participants to £10.

The course is primarily intended for existing open water swimmers. However, swimmers who are considering taking part in the discipline may also apply.

If you would like to attend the course, please contact Helen Dickie ASAP. It is hoped that we will be able to accommodate all applicants. However, the course is limited to 30 places so it may be necessary to select swimmers. Any unsuccessful applicants will have their cheques returned.

If you require further information please contact Doug Milne (01382 581223) or Brian Bain (01224 645109).

Helen Dickie S.A.S.A. Holmhill Farm Greenlees Road Cambuslang Glasgow G72 8DT

Further information will be sent out in advance of the course.



SCOTTISH AMATEUR SWIMMING ASSOCIATION

Applications are invited for the vacancy of

Director of Technical Development

on the Board of Management.

As a member of the Board of Management you will contribute to the day-to-day running of the Association and focus on the following specific tasks

- ◆ Focus on foundation and participation levels of the sports continuum
- ◆ Integration of development areas
- ◆ Liaison with Disciplines on development plans
- ◆ Development of club development plans
- ◆ Assisting Districts with development plans

The successful applicant will be expected to put in place and oversee various systems that will facilitate the implementation of the above tasks.

For a job description and application form, interested and motivated individuals who feel they can make a positive contribution to the successful implementation of the Association's objectives for the next 4 years should contact:

Elaine Mackenzie, Director of Administration
SASA, Holmhill Farm, Greenlees Road, Cambuslang, Glasgow G72 8DT
Tel: 0141 641 8818 Fax: 0141 641 4443
e-mail sasaelaine@aol.com

Closing date for applications Friday 30th March, 2001

Congratulations are extended to the following Technical Officials who received their Certificates Of Competence in October / November 2000.

Judges

Alexandra Hepburn	North
Donald Robertson	West
Catriona Hendry	North
Jan Brown	North
Audrey Wilson-Hay	North
Mary Kelly	West
Pat Farquhar	North
Ada Renwick	North
Gina Logan	East
Janice Kyle	West

Starters

Alison Low	West
Pam Wright	East
Eleanor Murison	North
Recordon Dyer	Midlands

Recorders

Doris Mair	North
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Timekeepers

Jeanie Thain	East
Leslie Moore	North
Karen Woodhouse	East
Mabel M. Schneider	North
Fiona C. Alder	East
Eileen Forth	North
Lynn E Kay	West
Diane Currie	East
Stephen C Trail	North
Nigel MacKay	North
Drew Wilson	West
William Kemp	North
Christine Young	West
Stewart Finlayson	West
Angus Coutie	Midland
David Keir	North

A.O.E. Certificates recieved during November 2000

Alison Smith	Grade 2
Andrew Baird	Grade 2
Barrie Stewart	Grade 2
John Traynor	Grade 2
Ronnie Girvan	Grade 2

Certificates Issued To Date in 2000-12-21

Referee	1
Starter	10
Recorder	7
Judges	40
Timekeepers	81
A.O.E.	8
Club Timekeeper Conversions	261

Club Timekeeper Update

Total number of Club Timekeeper assessments to date:	619
East	208
West	136
Midland	48
North	227

Happy New Year

The S.T.O. Committee would like to wish all Technical Officials "aw ra best" for 2001, and also to remind you to **re-register** for the coming year.

John Bruce

John Bruce has decided not to stand for re-election as S.T.O. National Convenor at the S.A.S.A. A.G.M. in February.

John intends to concentrate more on training candidates on Meet Management Systems. All members of the Committee would like to thank John for his commitment, guidance and friendship over the years.

Colin Kennedy

East District S.T.O. Convenor Colin Kennedy, has decided to retire as the East District S.T.O. Convenor.

We would like to thank Colin for his commitment to Scottish Swimming both at District and National Level.

Bosnan Ruling

Bertha Rudden has been given freedom of contract under the Bosnan Ruling, and has subsequently decided to transfere to the West District from the East.

West District S.T.O. Convenor Barbara Moore would on behalf of the West District, like to

Perth.

Commonwealth Games 2002 Manchester

All Registered Referees have been sent forms asking if they wish to be considered for nomination to officiate at the 2001 Commonwealth Games in Manchester.

Exchange Visits

In the April 2000 edition of Swimming 2000, the Committee invited non training listed Technical Officials to apply to travel South of the border to officiate at various events in England and Wales. Unfortunately the response was rather poor.

Gerry Clark from the West District agreed to travel with Bill Murdoch and Barbara Moore to the A.S.A. National Masters in Sheffield in October 2000.

Gerry has been a qualified Starter for a number of years, here are his thoughts

A.S.A. NATIONAL MASTERS CHAMPIONSHIPS

November 2000 S.A.S.A. Exams

	East		West		North		Midland		Total	
	Pass	Fail	Pass	Fail	Pass	Fail	Pass	Fail	Pass	Fail
Referee	0	1	0	0	0	0	0	1	0	2
Starter	1	1	2	0	5	0	1	0	9	1
Recorder	2	0	5	0	2	0	1	0	6	0
Judge	2	2	5	0	8	7	0	0	15	9

welcome Bertha to her team.

A.O.E. Certification

The present AOE Certificate covers only OSM 6, but it will be expanded in the future to cover Ares 21.

Freestyle Events

It is the Committee's recommendation that should a swimmer elect to swim Backstroke in a Freestyle event in Level 2 and above, that the Referee should be discouraged from allowing swimmers to start in the water.

Judges Signalling

Should Judges signal or not?

It was decided that although it was the Referees prerogative on whether to signal or not, the policy should be that no signals be given, and the Referees' attention be obtained discreetly when an infraction of the rules has to be reported.

S.T.O. Committee Meetings 2001

February	4
April	1
June	3 (Although may be changed due to G.B. Masters at Tollcross)
August	5
September	29
September	30 S.T.O. Seminar at Dewars Ice Rink
December	2

All meetings shall be held in the Dewars Ice Rink

PONDS FORGE SHEFFIELD 27TH - 29TH OCTOBER 2000

I arrived in Sheffield on Friday 27th October 2000 at around 13:30 hrs. after a pleasant journey down from Renfrew. I booked in at the Holiday Inn, a first class hotel, by courtesy of the A.S.A. who had booked the accommodation. I then proceeded down to the pool, which was about a ten minute walk from the hotel.

The briefing meeting was held at 14:00 hrs chaired by Malolm Hill (Meet Director), Brian Ecles (Technical Director) and Derek Plowman (Assistant Meet Director) who checked in all officials and allocated duties for the first day, consisting of two sessions, 15:00 hrs and 18:30 hrs. A polo shirt was given to each official. The duties list was posted on the wall.

I was allocated a turn judge at the turning end of the North pool, lane 3. Three Referees were allocated to each of the pools-North pool (male swimmers) and South pool (female swimmers) with two Starters to each pool. The positions were for the duration of the three day meet. One Referee from each pool would take up a position in the Omega Suite of each pool, the large scoreboard split to accommodate the two Ares 21 timing systems and the other two Referees at each pool alternating heats.

At the turning end, each lane accommodated a turn judge with a chief inspector of turns, likewise at the starting end, with 2 timekeepers and a chief



John Stewart

inspector of turns. The usual card system was in operation with 2 chief timekeepers alternating, and a third chief timekeeper with a Referee used during the 50 m events. A finish judge was positioned at either side of the pool. The two-start rule was in operation throughout the proceedings. Recorders did not write the electronic times on the cards. Electronic times were written on the cards by the Chief Timekeeper and Referee of that race. I think that the S.A.S.A. method, where the Recorder writes the times on the cards is far quicker and superior.

The phraseology to the swimmers after a false start differs. Before the swimmers ascended onto the starting blocks, the Starter would announce "Swimmers you will be disqualified for a false start" - perhaps more defined than the Scottish terminology.

There was no radio communication between the chief inspector of turns and the Referee, hence reporting infringements by the C.I.T. had to be carried out quickly.

I don't think that it was possible to use radio communications due to the fact that two pools were being used intermittently, and a mix-up could have taken place. Race commencements at each pool were under the direction of the Announcer by means of a flag system (red and green). Officials were given meal vouchers which had to be used in the Cafeteria used by everyone. Seating accommodation was poor (i.e. lack of, when one had to be served). There were constant queues for meals. The seating method used at Scottish and District events are to be commended (Gillian and Co. !)

Day 2 (3 sessions)

Briefing meetings at 08:30 hrs. I was allocated as chief inspector of turns at the turning end of the North pool for all three sessions. I prefer a different job or location for each session. Whistles were used instead of bells in the 800m and 1500m events. Lap cards were placed at the starting end - excellent lap cards, which the West District has duly taken note of for replacement of inappropriate cards currently in use. Some events had in excess of 20+ heats, and so it proved to be a busy day.

Day 3 (2 Sessions)

Briefing meeting at 08:15 hrs. Duty allocated was as a turn judge, at the turning end of lane 7 North pool. Finished at approximately 16:00 hrs. and arrived home in Renfrew at 21:30 hrs.

To sum up, it was a very busy weekend, but a most enjoyable experience and a pleasure to sample the A.S.A method of officiating.

Gerry Clark

West District Technical Official.

Please note

Any Referee or Starter not on any Training Lists interested in a trip to England or Wales for officiating experience should forward themselves for consideration to S.T.O. Secretary Bill Murdoch (Address Below)

National Convenor:

John Bruce
50, Station Road
Roslin
Midlothian EH 25 9 LR
Tel: 0131 440 1752
E-mail: J.Bruce2160 @ aol.com

Secretary:

Bill Murdoch
2, Briarhill Court
Prestwick
South Ayrshire
KA9 1HN
Tel / Fax: 01292 474764

West District:

Barbara Moore
2, Briarhill Court
Prestwick
South Ayrshire
KA9 1HN
Tel / Fax: 01292 474764

Midland District:

Pam Thomson
1, Castle Street
Brechin
Angus
DD9 6JW
Tel: 01356 622600

East District

Colin Kennedy
55, Ambrose Rise
Dedridge
Livingstone
Tel: 01506 492807 (H)
Tel: 0131 553 8327 (B)
E-mail: Kennedys55 @ aol.com

North District

Doris Mair
2, Harvest Hill
West Hill
Aberdeen
AB32 6PU
Tel: 01224 741701

S.T.O. Member

Eddie Wilmott
294, Ravensby Road
Camouste
Angus
DD7 7NW
Tel: 01241 854853

S.T.O. Member

John Stewart
5, Smugglers Brig Road
Crossford
Carluke
ML8 5 SE
Tel: 01555 860816

Points Of View, Comments, Or Articles

Points of view, comments or items and articles for inclusion in S.T.O. News are always welcome. These should be sent in the first instance to:

John Stewart
5, Smugglers Brig Road
Crossford
Carluke
ML8 5 SE
Tel: 01555 860816

CHEATS ROB DISABLED OF SPORTING CHANCE

DOUG GILLON
The Herald

THE gold-medal Spanish basketball team at the Paralympic Games proved to be less intellectually disabled than it purported to be. Many players, including a journalist who blew the whistle, were never assessed.

Now their cheating has rebounded with disastrous consequences for every learning disability sportsman and woman. The International Paralympic Committee has suspended INAS, world body for learning difficulty sport, from all activities. This means that no athletes with such problems will be permitted to compete in future Paralympic Games. Three Scots were in the II strong Great Britain learning difficulties team in Sydney - world record-breaking sprinter **Allan Stuart**, and swimmers **Tracy Wiscombe** and **Murray Dingwall**. All are lottery-funded, but there is now a question mark over whether that can continue. **Richard Brickley**, chairman of Scottish Disability Sport, said: "Scotland is meticulous in ensuring the eligibility of our competitors. Banning all athletes is a tragedy, especially when their lives are so en-

hanced and enriched by sport. Banning the whole movement because of a few Spaniards does not seem a solution. We intend to campaign vigorously against this."

Jane Swan, speaking for the British Paralympic Association, said yesterday. "It also means they cannot take part in the IPC Congress, in Kuala Lumpur in April, which is expected to determine the future of the IPC. " We very much hope lottery funding will continue. We hope this will be overturned, and that British learning disability competitors will be in Athens in 2004. Their training must be allowed to continue."

A spokesman for the Scottish Lottery Sports Fund said that inability to participate in the Paralympics could make assessment of candidates difficult.

Editors note:

The problems are not new to this area of Disability Sport, as far back as 1992 in Madrid it was evident that there was no clear agreed definition of "learning difficulty" or procedure to assess competitors. Some countries put people in this category because they are orphans or have been in a home and are backward because they have missed out on formal education. It is in the hands of the world body to get it sorted out. At the same time Britain should continue to support its athletes who should not be penalised because of apparent cheats in other countries,



The Menzieshill Millennium Masters Water Polo Tournament held at Menzieshill High School pool on Saturday 2nd December 2000, was a big success and as the organiser I was delighted with the outcome. Five teams took part - Dunfermline, Western, Perth City, Portobello and Menzieshill. Dunfermline won the event by winning all their games and the final placings were:

Dunfermline	8 points
Portobello	5 points
Western	4 points
Menzieshill	3 points
Perth City	0 points

Some of the polo was of a very high standard and it was good to see a number of former GB and Scottish players taking part. Such as **Murray Anderson, Alan Campbell, Alan Donaldson, George Robb, Bob Laird, Bruce Henderson.**

The **Frank Jordan Masters Shield** was presented to veteran **Jack Donaldson**, the Fifer's skipper at a function held in the Kettlebar Bar, nearby, and each winning team member received a bottle of malt whisky.

The Midlands Old Boys Select - **Angus Harvey, Alex Fyffe, Bert Downie, Bob Laird (ex NCR) Bill Blair (Belmont) Jack Reilly, John Smith, Ben Connolly (Whitehall) Dave Balbirnie (Arnhall)** lost 4 - 6 in an entertaining game against a celebrity select.

In the Ladies Challenge Match between Menzieshill 1984 British Cup winning team versus Menzieshill 2000 Squad. The old hands won 2 - 1, former GB players **Annette Moodle** (saving the shots) and **Debbie Henderson** (scoring them).

Everyone seemed to enjoy a good day's polo and were looking forward to next year's date 1st December, 2001.

(NOTES FROM THE PROGRAMME)

WHY WE ARE HERE TODAY

On behalf of the Menzieshill Swimming & Water Polo club I would like to welcome all polo enthusiasts to the Millennium Masters Tournament. As a discipline within the swimming organisation Water polo has provided many outstanding players and teams of both sexes

throughout the years but I don't think perhaps they received the full credit that was due to them. But I'm a wee bit biased.

In the early years the sport was very popular from the Highlands to the South of the country, many outstanding players represented Scotland. Great Britain, and our Olympic and World teams.

The question for the sport today is where have the various teams from the four districts gone? The West District had four divisions at one time, with teams like, Dennistoun, Paisley, Kirk o' Shotts, Motherwell YMI, and many more. The East also had good competitions in their district with teams from the Borders such as the very talented Galashiels squad, Leith 1930, and one of the oldest clubs Edinburgh Warrender. The Midlands at one time had ten teams participating in polo with Dundee Whitehall always competing against the best in Scotland and teams from the Midlands have produced a number of outstanding players. It is strange that polo was born in the North and yet today there are no teams taking part in any Scottish championships.

Just for information, Swimmers who swam in the Olympics and played polo.

B. McGregor, R Screenan, I Blyth, A McLatchey, I. Black.

Other Outstanding Swimmers,

R. Burns, S. Gellatly, A. Still, A. McGregor.

SOME BURNING ISSUES...

What can be done to help our sport?

- Should there be a break away from the swimming associations and organise polo on its own?

- Should we try to get sponsors and look at the game in a way that would generate more public interest?

- Should water polo have its own Development Officer?

Schools with pools should teach the basics of the sport. Youngsters at Menzieshill High School could sit papers on water polo at both Standard and Higher grades.

And the nitty-gritty ones...

Do swimming coaches prevent kids taking up the sport? What are the other contributing pressures?

What can be done to hold their interest? As there is a large percentage of young swimmers drop out around the 13/14 age group.

A GLORIOUS HERITAGE

The only Scottish polo player to win a Water Polo Gold Medal was W. Peacock of Paisley Amateurs, 1920 Olympics. The history of Water Polo varies but according to The Complete Book of Water Polo, a form of polo began in 1863 on the River Dee in Aberdeen. An annual challenge between Aberdeen Bon Accord, a private Men's Swimming Club and swimmers who lived on the banks of the Dee and Don.

The objective of the contest was to swim or carry an inflated pig's bladder through the defence to the opposite bank. The team scoring the most times were declared the winners.

The first game took place in 1876 between Dee and Bon Accord, at the Old Crooked Lane Baths and was in aid of the Torry Ferry Boat Disaster Fund, Dee won 1-nil.

The first attempt to set up rules was in 1877 by William Wilson of Glasgow and he was asked again in 1888.

The first International match against England was played at Kensington Baths on July 28th 1890. Scotland won 4-0. The fixture was resumed after the war. England won 6-2 in Aberdeen.

First Scottish Cup final 1901 -

Warrender 3 - Bon Accord 0.

Motherwell won the British Championship in 1949 and 1950 and were finalists in 1951, 52 and 53. They dominated polo from 1947 to the early sixties. Motherwell had a number of outstanding players. **Ian Johnston** was described on many occasions as the best goalkeeper in Europe and along with **Forbes Gentleman, Jack Ferguson, David Murray, Frank Wright, David Barr** and **David Wright** all played for Great Britain. Ian, Forbes, Jack and David Wright to David Barr played at the various Olympic Games.

Between 1926 and 1939 another Motherwell player who played at the Olympics was **Dave McGregor**, father of the great Scottish swimmer, and Olympian **Bobby McGregor**.

Portobello formed in 1912 and played in their first Scottish Cup final in 1947, but from the sixties have been a prominent force in Water Polo and have won many titles: National League, Premier League Scottish Cup, and the British Championship in 1997. Players who represented Great Britain, **Charlie Grierson, Murray Anderson, Barry Davidson, Keith Anderson, Allan Anderson, Andrew Gilhooly, Giles Gilhooly, Fraser Rutherford and Ramon Valvona.** **Murray Anderson** was the first Scottish player to gain 100 caps. The Gilhooly brothers have over 300 between them and Portobello hold the record of Scottish Cup wins.

Dunfermline formed in 1882 and like their East Coast rivals made their mark in polo by winning the British ASA Championships in 1992 and 1993. They have also won the Scottish Cup, Premier League, National League and were finalists in the British Deep Water League competition on five occasions.

Frank Jordan
Tournament Organiser



DOMESTIC COMPETITIONS

By the time this swim2000 issue is distributed Scottish Water Polo should have managed something of a novelty - to have played some national competition matches. Due to the organisation of Vic Williams, Domestic co-ordinator, the first set of 'Deep Water' fixtures were played at Tollcross on 10th February and the home and away matches will be played throughout the year making it easier for everyone concerned. Draws for the Scottish Championships have taken place and the first round games to be completed by 1st April are;

Men's Cup - Warrender v Dunfermline,
Dundee v Hamilton
Willie Mellors Memorial Trophy -
Dundee v Warrender

David Walker (East Dunbartonshire SDO) has a well-established youth squad at Bishopbriggs and it's hopeful that his team will participate in the Under 15 National League. This is a great boost to the sport and should provide much needed competition for this development group.

NATIONAL TEAMS

The boys team completed a successful weekend in Manchester with three of their number being invited back to GB trials -

Ryan Laird (Menzieshill), Ian McLean (Hamilton) and Darryl Johnston (Portobello).

All the boys gave a good account of themselves and made it through to the last round of selection, but were unfortunate not to secure a place in the final squad. Although a number of years since Scotland has had GB representation at this age group, coach **John Osborne** and manager **Chris Black** are confident that with the boys determination and the planned programme it won't be long before we see some familiar names in the GB line-up.

WITHDRAWAL 2002 TOURNAMENT

Unlike their younger brothers the Men's National Squad were lacking in determination and commitment and the Scottish Water Polo Committee had to take the disappointing decision to withdraw the team from the Commonwealth Tournament of 2002.

This is a sad reflection on the overall state of the Men's game in Scotland, but it leaves the way clear for a full development programme towards the 2006 games for those who are committed.

WOMEN'S POLO

The Women's game however is back on track, both **Lynne Baird (Hamilton) and Sara Thomson (Menzieshill)** continue to be involved at GB Women's & Youth Women's Level respectively, and there was a great response to the *Females* day at Portobello on the 11th Feb. This was where female water polo players of all ages and abilities were invited to attend in order to judge the number and standard of those currently involved. Once this has been analysed and management teams appointed, training programmes will be distributed and Scotland will once again be back on the International Women's scene.

INTERNATIONAL REFEREES

Scotland continues to be represented by International Referees Ross Elder and Brian

Littlejohn. Brian, just back from the Men's European Cup Winners Cup in Greece is off to Macedonia in early May for the European Youth Men's Qualifying Championships, whilst Ross beats him to the airport to head off to Belgium in March.

IMPORTANT DATES FOR YOUR DIARY

(For a full programme please refer to the water polo club secretary's calendar, or consult your District Water Polo Convener)

Willie Mellors International Quadrangular Tournament Rosyth 10 March from 10am.

Men's National League Central Venues Tollcross (Premier & Division 1 matches)
12-5 pm 14th April, 13th October, 3 November, 24 November

Inverness (Division 1 matches only)
11 am-4pm 2 & 3 June

Boy's Inter-District (Grant Trophy)
Olympia Dundee, 22 September 1.30-5.30

European Youth Women's Championship
Manchester, 7-15 July



Frank Jordan
Menzieshill

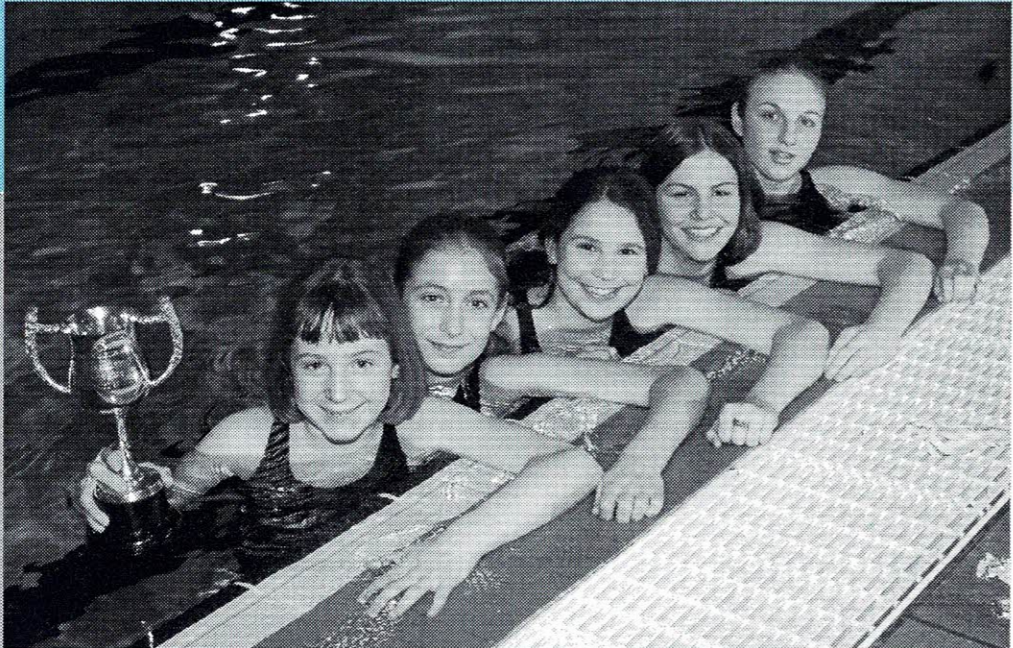
NEW DEVELOPMENT IN EAST DUNBARTONSHIRE

The East Dunbartonshire Water Polo Team recently had a chance to show off their skills to **John Osborne** the Scottish Junior Team Coach while competing in Dundee. The National Coach took the players through their paces before a friendly match against Dundee Harris and commented on the potential for some of the team to make the Scottish Junior Squad. The match itself ended in a 15 all draw. Buoyed by their meeting with Osborne, the team travelled to Edinburgh to meet old rivals Warrender. Struggling with a team depleted by injuries and ill health, they put up a brave fight only to lose 10-5. Goalscorers for East Dunbartonshire on the day were **Thomas Martin (2), James Inglis (2) and Tom Gaunt.** Next fixture was against Dunfermline which saw the team's landmark first win as they defeated their opponents 9-6. With an amazing six goals from **Thomas Martin**, and the rest from **James Inglis and Tom Gaunt**, the boys left their rivals shell

shocked. Riding on this success, the team travelled back to Dundee where they romped home with a convincing 18-6 victory. Goals came from the usual suspects as well as from **Ross McLean, Andrew Leishman and Euan Martin.** The Council's **Swimming Development Officer David Walker** is delighted with the improvements in the side. He said, 'The team played exceptionally well and some excellent words of praise from Scottish Junior Coach, John Osborne, should see us through to 2001. Despite most of the players being 11-13 years old, we hope to enter the Scottish under 15s league this year, setting new challenges for ourselves.' Team members; **Douglas Killen (Goals), Euan Martin, Thomas Martin, Tom Gaunt, Calum Entwistle, Callum Sharp, Craig Walker, Martin Ritchie, James Inglis, Robert Patience.**

From Milngavie & Bearsden Herald 26/01/01





Photos: GORDON GILLESPIE, Northsport

Inverness Scottish Schools Medallists

Rachel Andrew
Inverness Swimming Club

SPORTSCOTLAND COACH OF THE YEAR AWARDS 2000

Two swimming coaches featured in the sportscotland list of winners. There are eight categories and all sports are considered - not just swimming.

EDDIE McCLUSKEY was awarded the 2000 Coach of the Year in the Male Coach category. Eddie has coached Port Glasgow Otters since 1992. Paralympic Gold medallists Kenny Cairns and Maggie McEleny are two of his swimmers, they have won a barrowload of medals between them including seven from the Sydney Paralympics. **ANDREW BUCHANAN** of Stirling received a commendation in the Community Coach category.

OBITUARY RUBY BROCKIE

It is with regret that we must record the death of Life Member Ruby Brockie, who passed away peacefully at home on the 9th January in her 70th year. Ruby was a "weel kent face" in swimming circles, through association with her club, Leith ASC, the East District and Schools Swimming. She joined the Leith club in the early 70's when enrolling her children and, like so many parents, became involved to such an extent that after undertaking numerous and varied Committee and Convenors tasks she was elected President in 1984. In addition Ruby had become a Club Delegate to the East District and rarely missed the monthly Delegates meeting. On the formation of the Lothian Region Swimming Committee, Ruby was elected Treasurer, a position she held for many years. In 1990 she took over the post of District Secretary for a period of four years and during that time was an ED member of SASA Council. In her professional life Ruby was a school teacher and head mistress and needless to say because of her connections with swimming, she became involved with both the Edinburgh Schools and

the Scottish Schools Swimming Associations. She was elected President of the Edinburgh Schools Association in 1982 and served in that capacity for 12 years. During this period, Edinburgh Schools (including the Royal Blind and Graymill Schools) had a four yearly engagement to participate in the Aalborg (Denmark) Youth Games and Ruby was Team Manager from 1983 - 1995 inclusive. She also held various administrative posts with the Scottish Schools Swimming Association and was awarded Life Membership in 1999. Ruby also received Life Memberships from her own club Leith, Carnegie SC, Warrender BC and the East District SASA. A funeral service was held at St Columba's Church, Edinburgh (where Ruby had been an Elder), and was followed by a committal service at Warriston Crematorium, both being attended by a large number of relatives, colleagues and friends.

Alex McLeod-Bain

Former SASA Director of Administration **Richard Betteley DFC** also passed away recently. He served the Association for nine years from 1976 - 1985. He moved south after his retirement.

ALAN LYNN APPOINTED AS COMMONWEALTH GAMES TEAM MANAGER

Following a successful stint as general team manager to eight sports in the Scottish team at the inaugural Commonwealth Youth Games in Edinburgh last summer, Alan Lynn has been appointed as Aquatics Team Manager for the Scottish Team at the 2002 Commonwealth Games in Manchester.

A successful coaching career saw him place swimmers on the 1990, 1994 and 1998 Commonwealth Games teams, in addition to earning Great Britain Junior and Senior team coaching appointments. Most recently as Assistant Coach to the successful City of Edinburgh High Performance Centre, he contributed to swimmers winning medals at World & European Short Course Championships as well as setting numerous National Senior and Junior records.

Speaking after the announcement of his appointment Lynn said "I am honoured to be selected and look forward to working with all swimmers and coaches aiming to be part of our aquatics team in Manchester. We have made significant improvements since Kuala Lumpur and everyone knows that there is an even greater challenge ahead. I am confident that we will prepare and perform with distinction in Manchester next year."

Currently a lecturer in Coaching & Sports Science at the University of Strathclyde, Lynn's first task will be to liaise with potential team members from swimming, diving, synchronised swimming and disability swimming.

PLANNING FOR THE FUTURE STARTS

Scottish Swimming has been involved in development planning for a number of years. For a number of significant reasons, the current plan, Aqua 21, no longer adequately reflects the needs of the Association in the new millennium. As a result, the Association has embarked with sportscotland on a process of consultation and planning to produce a more coherent, meaningful and challenging set of objectives for the next decade.

Led by Scottish Swimming's senior professional staff, and key volunteers, the intention is to establish:

- a long term (10 year) vision
- a 5-year strategy for the realisation of this vision
- an appropriate business plan to implement the strategy by the Autumn of 2001

The draft-working version of the vision or mission statement is: -

"Scottish Swimming will provide world class opportunities and services to our membership and partners"

Seven focus areas have been identified for the development of detailed strategies & objectives, as indicated in the table below. If you feel you wish to contribute to the process in any of these, or other areas, please respond to this communication, or contact the lead person for that area.

Lead staff	Focus Area(s)
Paul Bush	The Business
Martyn Woodroffe	Disciplines & Districts
Chris Martin	Performance

Ian McGregor	Development (District & National)
Pippa Murphy	Performance Development (Club & District)
Elaine McKenzie	Club Development & Education
Sarah Birrell	Membership Services & Volunteer Development Marketing

The first deadline for responses is Friday 16 March, please contact Alan Lynn, Director of Development or one of the lead members above to contribute further or to be part of one of the focus groups.

NORTH DISTRICT SUCCESS IN GENEVA

Twelve North District swimmers have just returned from a very successful trip to the Geneva International. The team returned as top federation team amassing 433 points against fierce opposition from Russia, Germany, France, Egypt, Wales, England, Ulster and Switzerland and recorded 66 best times from 69 swims.

Ian Tough (Gold), Euan Porteous (Silver, Bronze) and Gemma Sutherland (Silver, 2 - Bronze) were the teams medallists.

Congratulations to all the swimmers and team staff.

PROFESSOR JOHN HOGG Sports Psychologist

John Hogg, former Technical Director of Swimming of the Association, is touring Britain from the 29th April - 31st May, 2001. He starts in Scotland from 29th April to 3rd May at various venues.

For further information and enquiries call **Dave Bance 81 Brockles Mead, HARLOW, Essex, CM19 4PU Tel/Fax 01279 830 562 or 01279 302288 Mob. 07947 722178 or email bancespectrum@netlineuk.net**

sportscotland Governing Body Day - Tuesday 6th March

sportscotland's successful evening for governing bodies and their clubs is to be held this year at Stirling management centre. This year's topic under discussion will be external factors affecting Scottish sport and the impact of the economy, technology, social factors and political change.

The twilight session that is aimed at all within governing bodies will run from 6.30pm - 9.30 pm and anyone interested in attending should call Elaine Mackenzie at Scottish swimming before 23rd February.

2001 EVENTS PROGRAMME AT A GLANCE Scotland Swimming

3 - 4 Mar	Scottish Short Course Nationals-Tollcross,Glasgow
22 - 24 June	National Open Championships-Tollcross,Glasgow
5 - 8 July	Scottish National Open age

14 - 16 Dec	Groups-Tollcross,Glasgow Scottish Winter Championships-Aquadome,Inverness
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Open Water

21 July	SASA Open Loch Lubnain-Junior LC/Senior SC-3 1/4 miles
4 Aug	SASA Open Loch Rannoch-Senior LC-9 1/2 miles

Masters

30 - 31 Mar	Scottish Short Course open Championships-Scotstoun,Glasgow
24 Nov	Scottish Short Course 1500m Freestyle Champs-Tollcross,Glasgow

Diving

28 - 29 July	Scottish Highboard & 3m Championships-RCP,Edinburgh
28 - 29 July	Scottish 1m Springboard Championships-RCP,Edinburgh

Synchro

31 Mar	Scottish Inter District Championships-Tulliallan
9 - 10 Jun	Scottish Age Group Championships-Tulliallan
6 - 7 Oct	Scottish National Championships-Drumchapel,Glasgow
24 Nov	Scottish Club Championships-Tulliallan

Water Polo

31 May	Scottish Championships semi-final-Tollcross,Glasgow
23 - 24 Jun	Scottish Championships final-Tollcross,Glasgow
30 Jun-1 Jul	Scottish Championships final-Tollcross,Glasgow

Swimming - Great Britain and England

10-15 April	British Long Course Championships/World LC Trials-Manchester
12-13 May	NECASA Championships (phase 2 of World LC selections)-Sheffield
1-3 June	British Super Grand Prix (phase 3 of World LC selections)-Manchester
1-3 June	GB Masters-Tollcross,Glasgow
22-24 June	Scottish National LC (final phase of World LC selections)-Glasgow
19-22 July	ASA National Championships-Crystal Palace
22-29 July	World Swimming Championships-Fukuoka,Japan
29 Jul-3 Aug	ASA National Age Group Championships-Sheffield
9-12 Aug	British Short Course Championships (European SC Trials)-Venue TBC
13-16 Dec	European Short Course Championships-Antwerp,Belgium

MSc IN SPORTS STUDIES

The Department of Sports Studies at the University of Stirling is offering a, full-time one year, Masters degree. The course aims to provide students with the knowledge and analytical skills required to study sport as an academic subject. The course has three main themes: Sport and society; sport and business; sports research. For more information contact: The Postgraduate Office The Faculty of Management Tel:01786 467276 The University of Stirling, STIRLING FK9 4LA Email: management@stir.ac.uk Website:<http://www.stir.ac.uk/sport/>



SCOTLAND

The Gold Medal Partnership Scottish Amateur Swimming Association and BSCTA / GMB

The Scottish Amateur Swimming Association teamed up with BSCTA / GMB (the British Swimming Coaches and Teachers Association, and GMB Scotland's General Union) last year to offer you support with your sports profession, protection at work, and a range of non-work benefits.

Signing up with BSCTA / GMB means you will have:

- Public Liability and Personal Indemnity Insurance Cover to £10 million
- Professional advice and assistance from BSCTA/GMB National and Regional Organisers on all levels of the sport
- Education support packages at local and national levels
- Recognition via coaching and teaching awards
- Health and safety advice and support for voluntary and professional coaches and teachers
- Legal backing, and advice and cover against costs
- Cover at your day-time work place too if you're a voluntary / part time coach

BSCTA / GMB membership offers you the following non-work benefits too:

- Exclusive finance personal loans at competitive rates
- Low cost insurance for car, home, contents and travel
- Cheap AA membership
- Personal legal services
- Holiday bargains on package holidays at home and abroad

To join BSCTA / GMB complete the form opposite and return to:



**Fraser Wishart GMB Scotland,
Fountain House,
1/3 Woodside Crescent,
Glasgow G3 7UJ.**

For more information contact Frazer on 0141 332 8641 (ext 206).

SCOTTISH SWIMMING PRESENTS THE

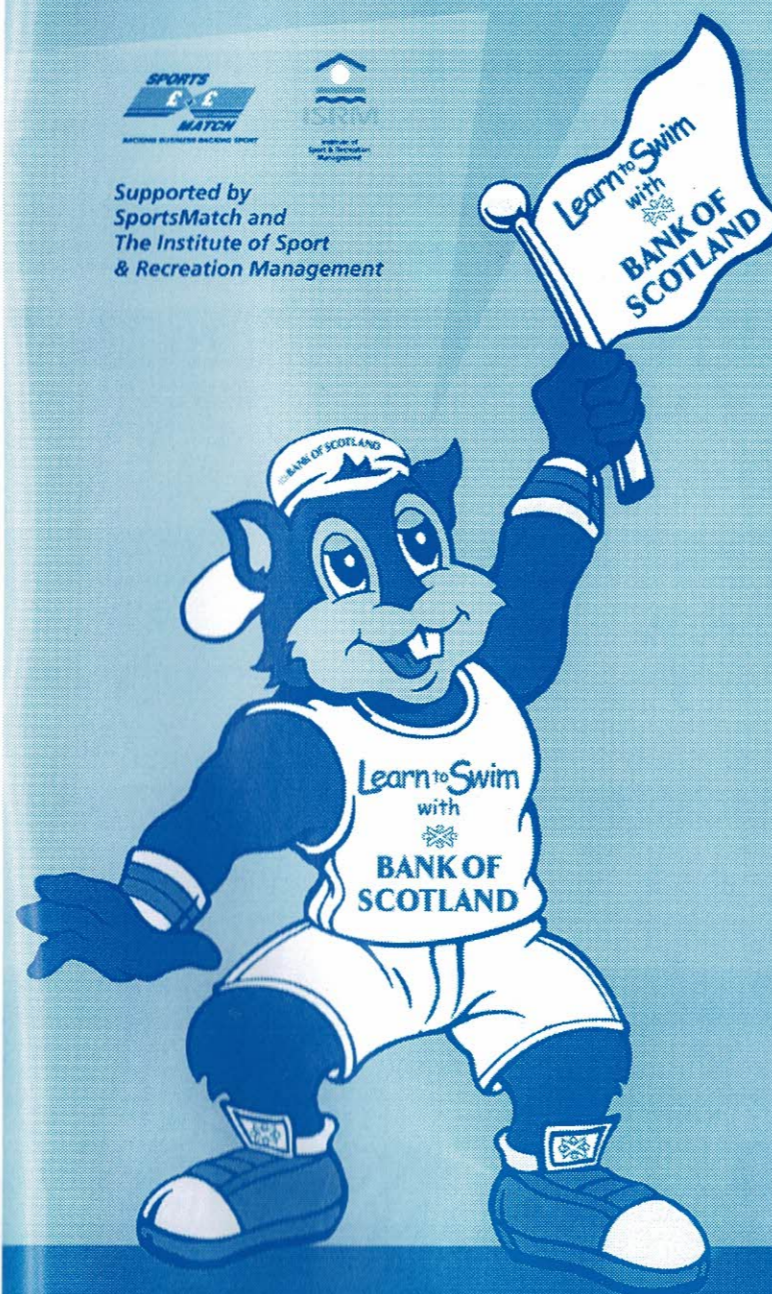
BANK OF SCOTLAND Learn to Swim programme

NEW!

SUPER SQUIRREL SAYS... LEARN TO SWIM!



Supported by
SportsMatch and
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"Swimming is good for you and fun. It is a great way to make friends and keep fit, as well as making sure you are safe living near water, so come along to lessons at your local pool!"

Look out for me too, I may be coming to your pool to watch you in a free swimming lesson this year."

Super Squirrel

Parents: The Programme is a comprehensive, integrated teaching programme based on sound education principles. All children should be able to learn to swim. Trained teachers will supervise each lesson.

SCOTTISH SWIMMING



Scottish Swimming, Holmhill Farm, Greenlees Road, Cambuslang, Glasgow, G72 8DT
Tel: 0141 641 8818 Fax: 0141 641 4443

How to join: Ask at your local pool if they are running the Bank of Scotland Learn to Swim Programme. There will be one launch pool per local authority, featuring Super Squirrel and a free swimming lesson. Watch out at your local pool for details.