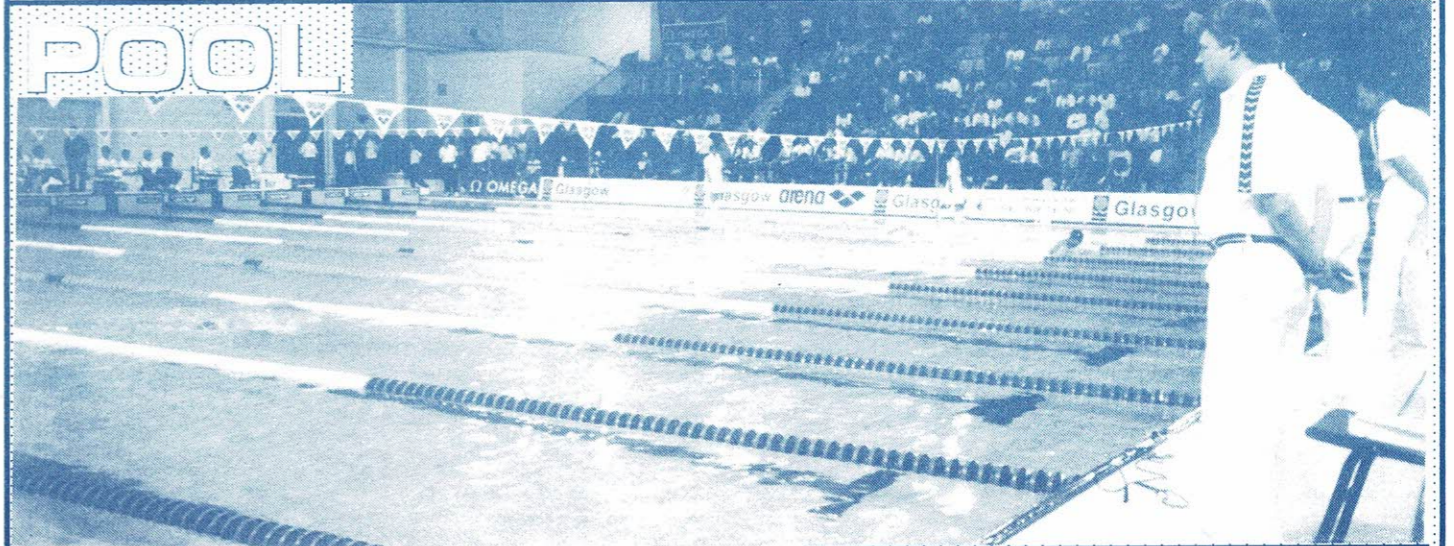




## WORLD RECORD START FOR GLASGOW'S NEW



*Han Xue head and shoulders above the opposition Photo Bill Black*

China's Han Xue took just 30.88 secs to stamp the label of approval on Glasgow's magnificent new Tollcross Leisure Centre. On the second day of the World Cup Meet, the teenager sped to a new world record in the 50m breaststroke. It was a superb swim - and just what was needed to bring the venue to world-wide attention. The Centre's introduction to top-class international competition couldn't have been better. The organisation, the facility and a string of records prompted a wonderful response from all quarters.

There is little doubt that the Scottish Amateur Swimming Association, and the team so ably led by Douglas Brown, will be back in harness to stage a World Cup repeat in two years' time.

And there could be more. The SASA is aiming to build on the success, and bring many major events to the Olympic-size pool in the not too distant future.

"We received very favourable comments from FINA, and it was a great start for Glasgow," commented a delighted Ian Mason, Chairman of the SASA Board of Management.

The Centre is already scheduled to host two major events this summer. The Scottish Championships take place from June 13-15, while the European Junior Championships are to be held in Scotland for first time from July 31-August 3. Make sure you're there!

Mason continued: "In conjunction with the City of Glasgow, we will be bidding to stage many more meets. Tollcross is a key part of the SASA's international event strategy

"There is always a long-term lead into securing big events. But, in addition to the World Cup, we hope to have something in place for 1999.

"In terms of organisation and presentation the World Cup reached a new high for Scotland. It is now the standard that will be aiming to repeat at all our own events."

The only missing ingredient was a Scottish medallist - 1999 perhaps?

ELSPETH BURNSIDE SASA Press Officer

# WORLD CUP GRAND PRIX

SASA President Norman Grierson presented World Record Breaker Han Xue with her gold medal after her powerhouse demonstration of breaststroke speed swimming.  
*Photo Bill Black*

NB. City of Glasgow Director Bernard Connolly was fully justified in his promise that the Tollcross Park Pool would be a FAST venue!



Ian Mason, Jeff Cook, Chairman ASFGB Michel Salles FINA Delegate, Prof Cameron FINA Medical Commission, Gunnar Werner, FINA Secretary, Baillie James Mutter, Director Bernard Connolly and SASA President Norman Grierson.  
*Photo Bill Black*

Baillie James Mutter Chairman Parks and Recreation Glasgow City Council made presentations to the FINA Officials, Secretary Gunnar Werner from Sweden, Michel Salles FINA Delegate from Bordeaux in France, Professor J.M. Cameron FINA Medical Commission - a Paisley man now based in Kent, Jeff Cook Chairman of the Amateur Swimming Federation of Great Britain and

to our own President Norman Grierson. Director Bernard Connolly made a special presentation to Ian Mason Chairman of the SASA Board of Management in recognition of all the work he had put in on behalf of the World Cup Grand Prix and his support to Glasgow City Council in connection with bids for new facilities and events.




L to R Ann Adams (Wales) Referee, Bob Greenlees (Scotland) Robin Dale (Scotland) Technical Officials Co-ordinator, Bill Murdoch (Scotland), Roy George (England) Referee, Michel Salles, (France) FINA Delegate  
*Photo Bill Black*

## THE TECHNICAL OFFICIALS TEAM

Technical Officials held briefing and debriefing meetings before and after each session during the World Cup Grand Prix, a procedure that no doubt helped in the success of the meet which ran very smoothly especially during the finals when there was the added pressure of the television time slot which was completed with time to spare





**FINA**

**SWIMMING  
WORLD CUP  
1997**

**Glasgow**  
28 - 29 January 1997

**RESULTS****TUESDAY 28TH JANUARY FINALS****100M Freestyle Men**

1	Michael Klim	Australia	48.86
2	Nicholae Ivan	Romania	49.04
3	Sion Brinn	Jamaica	49.35
4	Oleg Roukhlevitch	Belarus	49.41
5	Nick O'Hare	Ireland	50.02
6	Andrew Clayton	G/Britain	50.05
7	Gavin Meadows	G/Britain	50.17
8	Leon Dunne	Australia	50.26

**200M Freestyle Women**

1	Natasha Bowron	Australia	1:59.33
2	Claire Huddart	G/Britain	1:59.85
3	Karen Pickering	G/Britain	2:00.73
4	Sarah Caterwood	New Zealand	2:01.54
5	Laura Nicholls	Canada	2:01.87
6	Jessica Deglau	Canada	2:01.95
7	Vicki Horner	G/Britain	2:02.40
8	Karen Hawcroft	G/Britain	2:03.75

**50M Breaststroke Men**

1	Jens Kruppa	Germany	27.58
2	Marek Krawczyk	Poland	28.17
3	Robert Van Der Zant	Australia	28.26
4	Travis Myers	USA	28.30
5	Richard Maden	G/Britain	28.42
6=	Darren Mew	G/Britain	28.82
6=	Gavin Brettell	G/Britain	28.82
8	Adam Whitehead	G/Britain	29.10

**100M Breaststroke Women**

1	Xue Han	China	1:07.33
2	Brigitte Becue	Belgium	1:09.19
3	Tara Sloan	Canada	1:09.84
4	Dan He	China	1:10.31
5	Larisa Lacusta	Romania	1:10.32
6	Jaime King	G/Britain	1:10.74
7	Linda Hindmarsh	G/Britain	1:11.60
8	Beverley Robertson	C.o.Aberdeen	1:11.86

**400M Individual Medley Men**

1	Matthew Dunn	Australia	4:15.31
2	Uwe Volk	Germany	4:16.43
3	Michael Jacobsson	Sweden	4:22.03
4	Oliver Young	New Zealand	4:23.17
5	Darren Wigg	G/Britain	4:27.23
6	James Harris	G/Britain	4:29.76
7	Edward Clement	G/Britain	4:31.21
8	Anthony Van Der Kraay	New Zealand	4:31.42
9	Mark Racher	G/Britain	4:34.53
10	Christopher Shaw	C.o.Edinburgh	4:37.87
11	David Nuttall	G/Britain	4:38.13
12	Steven Kidd	C.o.Glasgow	4:38.32
13	Graham Beegan	Ireland	4:47.05
14	Gordon McIntyre	East Kilbride	4:56.67

**100M Butterfly Women**

1	Limin Liu	China	58.42
2	Andrea Schwartz	Canada	1:01.76
3	Margaretha Pedder	G/Britain	1:02.43
4=	Sarah Massey	G/Britain	1:02.80
4=	Samantha Greenep	G/Britain	1:02.80
6	Lee Kelleher	Ireland	1:03.45
7	Jessica Deglau	Canada	1:03.67
8	Suzanne Flook	G/Britain	1:03.78

**100M Backstroke Men**

1	Adrian Radley	Australia	53.15
2	Martin Harris	G/Britain	53.95
3=	Nicolae Butacu	Romania	54.62
3=	Ralf Braun	Germany	54.62
5	Adam Ruckwood	G/Britain	54.81
6	Jonathon Winter	New Zealand	55.02
7	Neil Willey	G/Britain	55.43
8	Joakim Ohlsson	Sweden	57.14

**50M Backstroke Women**

1	Bin Lu	China	28.74
2	Anne-Francoise Glatre	France	29.07
3	Zoe Cray	G/Britain	29.55
4	Sarah Ryan	Australia	29.62
5	Sarah Price	G/Britain	29.89
6	Kerry Jiggins	Norwich Penguins	30.13
7	Louise Graham	G/Britain	30.33
8	Cathleen Rund	Germany	30.48

**200M Butterfly Men**

1	James Hickman	G/Britain	1:55.35
2	Scott Goodman	Australia	1:55.83

3	Licong Pan	China	1:58.18
4	Daniel Carr	G/Britain	2:02.78
5	Edward Clement	G/Britain	2:04.13
6	Robert Greenwood	G/Britain	2:04.30
7	Christopher Jones	C.o.Newcastle	2:04.72
8	George Popotas	Greece	2:05.91

**200M Individual Medley Women**

1	Susan Rolph	G/Britain	2:12.73
2	Joanne Malar	Canada	2:13.13
3	Sabine Herbst	Germany	2:13.26
4	Laura Porchianelo	Italy	2:17.91
5	Ekaterini Sarakatsani	Greece	2:19.31
6	Cathleen Rund	Germany	2:19.36
7	Helen Slatter	G/Britain	2:20.22
8	Jodie Swallow	G/Britain	2:21.05

**400M Freestyle Men**

1	Dimitrios Maganas	Greece	3:47.57
2	Ian Wilson	G/Britain	3:51.55
3	Jamie Salter	G/Britain	3:56.16
4	Walter Momberger	France	3:57.49
5	Maximilian von Bodungen	Sweden	3:58.20
6	Adam Woods	Norwich Penguins	4:02.85
7	Matthew German	G/Britain	4:05.78
8	Greg Orphanides	Killerwhales	4:06.96

**50M Freestyle Women**

1	Katrin Meissner	Germany	25.14
2	Na Chao	China	25.23
3	Leah Martindale	Barbados	25.36
4	Dita Zelviene	Lithuania	25.48
5	Sarah Ryan	Australia	25.69
6	Minna Salmela	Finland	25.98
7	Susan Rolph	G/Britain	26.01
8	Nichola Chellingworth	New Zealand	26.25

**200M Breaststroke Men**

1	Alexandre Goukov	Belarus	2:10.52
2	Marek Krawczyk	Poland	2:11.55
3	Andrew Ayers	C.o.Swansea	2:13.02
4	Travis Myers	USA	2:16.28
5	Adam Whitehead	G/Britain	2:16.42
6	Raiko Pachel	Estonia	2:17.28
7	Richard Maden	G/Britain	2:19.55
8	Jens Kruppa	Germany	2:24.49

**800M Freestyle Women**

1	Natasha Bowron	Australia	8:35.74
2	Joanne Malar	Canada	8:37.12
3	Cristina Bolzonello	Italy	8:43.30
4	Audrey Boitte	France	8:45.76
5	Kackie Fawkes	G/Britain	8:46.46
6	Jessica Craig	G/Britain	8:52.55
7	Anna Simoni	Italy	8:55.87
8	Karen Nisbet	G/Britain	8:59.27
9	Jenny Hunter	G/Britain	9:03.03
10	Tracey Williams	G/Britain	9:05.55
11	Teresa Davies	G/Britain	9:06.49
12	Natalie Turner	G/Britain	9:06.70
13	Susan Colling	G/Britain	9:08.28
14	Ann Wong	Hong Kong	9:15.50
15	Christelle Menez	France	9:16.28
16	Charlotta Svensson	Sweden	9:23.92
17	Deborah McGowan	G/Britain	9:26.65
18	Gillian McFadyen	G/Britain	9:37.98
19	Susan Black	G/Britain	9:38.26

**100M Individual Medley Men**

1	Jens Kruppa	Germany	54.79
2	Matthew Dunn	Australia	55.33
3	Robert Van Der Zant	Australia	55.76
4	Martin Harris	G/Britain	56.26
5	Peng Li	China	56.54
6	Leon Dunne	Australia	56.78
7	Thomas Nore	Norway	57.20
8	Jonathon Winter	New Zealand	57.44

**200M Backstroke Women**

1	Sabine Herbst	Germany	2:10.93
2	Cathleen Rund	Germany	2:11.38
3	Andrea Schwartz	Canada	2:12.48
4	Jo Deakins	G/Britain	2:12.52
5	Zoe Cray	G/Britain	2:12.96
6	Laura Porchianelo	Italy	2:13.66
7	Helen Don-Duncan	G/Britain	2:16.06
8	Helen Slatter	G/Britain	2:17.97

**50M Butterfly Men**

1	Michael Klim	Australia	23.92
2	Mark Foster	G/Britain	24.00
3	Fabian Hieronimus	Germany	24.19
4	James Hickman	G/Britain	24.20
5	Oleg Roukhlevitch	Belarus	24.51
6	Licong Pan	China	24.81
7	Leon Dunne	Australia	24.97
8	Sebastien Lequeux	France	25.28

**Wednesday 29th January****100M Freestyle Women**

1	Katrin Meissner	Germany	54.43
2	Susan Rolph	G/Britain	54.79
3	Na Chao	China	55.18
4	Sarah Ryan	Australia	55.30
5	Claire Huddart	G/Britain	55.39
6	Leah Martindale	Barbados	55.72
7	Dita Zelviene	Lithuania	55.86
8	Minna Salimela	Finland	56.03

**200M Freestyle Men**

1	Michael Klim	Australia	1:46.62
2	Andrew Clayton	G/Britain	1:47.33
3	Dimitrios Maganas	Greece	1:48.71
4	Gavin Meadows	G/Britain	1:48.87
5	Leon Dunne	Australia	1:50.47
6	Jamie Salter	G/Britain	1:50.64
7	Maximilian von Bodungen	Sweden	1:52.35
8	Matthew German	G/Britain	1:53.38

**50M Breaststroke Women**

1	<b>Xue Han</b>	<b>China</b>	<b>WR 30.88</b>
2	Jaime King	G/Britain	32.11
3	Tara Sloan	Canada	32.37
4	Dan He	China	32.76
5	Larisa Lacusta	Romania	32.83
6	Anne Poleska	Germany	32.85
7	Rebecca Brown	Australia	33.22
8	Nicole Thornley	G/Britain	33.99

**100M Breaststroke Men**

1	Jens Kruppa	Germany	59.73
2	Alexandre Goukov	Belarus	1:01.03
3	Marek Krawczyk	Poland	1:01.04
4	Robert Van Der Zant	Australia	1:01.89
5	Gavin Brettell	G/Britain	1:02.17
6	Andrew Ayers	G/Britain	1:02.52
7	Travis Myers	USA	1:02.59

8	Thomas Nore	Norway	1:03.02
<b>400M Individual Medley Women</b>			
1	Sabine Herbst	Germany	4:38.12
2	Joanne Malar	Canada	4:42.27
3	Laura Porchiano	Italy	4:47.03
4	Samantha Nesbit	G/Britain	4:47.95
5	Jodie Swallow	G/Britain	4:50.45
6=	Helen Slatter	G/Britain	4:53.04
6=	Cathleen Rund	Germany	4:53.04
8	Ekaterini Sarakatsani	Greece	4:53.06
9	Christelle Menez	France	4:54.52
10	Rachael Corner	G/Britain	4:54.74
11	Josefine Lindgren	Sweden	4:56.96
12	Tracey Williams	G/Britain	5:01.44
13	Natalie Turner	G/Britain	5:02.19
14	Satu Purra	Finland	5:05.48
<b>100M Butterfly Men</b>			
1.	Michael Klim	Australia	52.09
2	James Hickman	G/Britain	52.34
3	Fabian Hieronimus	Germany	53.40
4	Scott Goodman	Australia	53.62
5=	Leon Dunne	Australia	54.71
5=	Licong Pan	China	54.71
7	Xin Huang	China	55.23
8	Tom Eilert Karlsen	Norway	55.25
<b>100M Backstroke Women</b>			
1	Zoe Cray	G/Britain	1:01.85
2	Sarah Price	G/Britain	1:02.19
3	Andrea Schwartz	Canada	1:02.40
4	Cathleen Rund	Germany	1:02.60
5	Anne-Francoise Glatre	France	1:03.14
6	Jo Deakins	G/Britain	1:03.72
7	Kerry Jiggins	Norwich Penguins	1:04.03
	Bin Lu	China	DSQ Kicking in turn 1
<b>50M Backstroke Men</b>			
1	Adrian Radley	Australia	24.59
2	Martin Harris	G/Britain	25.14
3	Neil Willey	G/Britain	25.50
4=	Nicolae Butacu	Romania	25.80
4=	Jonathon Winter	New Zealand	25.80
6	Adrian O'Connor	Ireland	25.86
7	Joel Lindfors	Sweden	26.29
8	Joakim Ohlsson	Sweden	26.47
<b>200M Butterfly Women</b>			
1	Limin Liu	China	2:06.85
2	Margaretha Pedder	G/Britain	2:11.33
3	Jessica Deglau	Canada	2:12.76
4	Andrea Schwartz	Canada	2:13.86
5	Lee Kelleher	Ireland	2:17.69
6	Erika Barraza	Italy	2:17.70
7	Teresa Davies	G/Britain	2:18.79
8	Helen Slatter	G/Britain	2:19.09
<b>200M Individual Medley Men</b>			
1	Matthew Dunn	Australia	1:59.02
2	Jens Kruppa	Germany	2:00.18
3	Robert Van Der Zant	Australia	2:00.75
4	Uwe Volk	Germany	2:01.60
5	Peng Li	China	2:02.65
6	Michael Jacobsson	Sweden	2:05.88
7	Chris Jones	C.o.Swansea	2:06.13
8	Darren Wigg	G/Britain	2:06.14

<b>400M Freestyle Women</b>			
1	Natasha Bowron	Australia	4:08.97
2	Laura Nicholls	Canada	4:13.85
3	Jessica Craig	G/Britain	4:15.15
4	Vicki Horner	G/Britain	4:15.22
5	Anna Simoni	G/Britain	4:16.41
6	Cristina Bolzonello	Italy	4:16.59
7	Jackie Fawkes	G/Britain	4:17.19
8	Sarah Caterwood	New Zealand	4:21.67
<b>50M Freestyle Men</b>			
1	Dimitri Kalinovski	Belarus	22.39
2	Sion Brinn	Jamaica	22.43
3	Oleg Roukhlevitch	Belarus	22.56
4	Nicolae Ivan	Romania	22.62
5	Nick O'Hare	Ireland	22.77
6	Mauro Gallo	Italy	22.99
7	Maximilian von Bodungen	Sweden	23.06
	Mark Foster	G/Britain	DSQ False Start
<b>200M Breaststroke Women</b>			
1	Larisa Lacusta	Romania	2:27.26
2	Brigitte Becue	Belgium	2:27.75
3	Anne Poleska	Germany	2:28.81
4	Tara Sloan	Canada	2:29.41
5	Xue Han	China	2:30.11
6	Linda Hindmarsh	G/Britain	2:31.50
7	Rebecca Brown	Australia	2:32.66
8	Nicole Thornley	G/Britain	2:37.69
<b>1500M Freestyle Men</b>			
1	Ian Wilson	G/Britain	15:13.82
2	Serguei Mikhnovets	Belarus	15:25.32
3	Greg Orphanides	Killerwhales	15:46.79
4	David Nuttall	G/Britain	15:50.40
5	Niki Williams	Stockport M	16:00.58
6	Scott Shand	C.o.Aberdeen	16:30.47
7	Darren McDonnell	East Kilbride	17:03.67
<b>100M Individual Medley Women</b>			
1	Susan Rolph	G/Britain	1:01.61
2	Sabine Herbst	Germany	1:03.54
3	Bin Lu	China	1:03.66
4	Joanne Malar	Canada	1:04.11
5	Cathleen Rund	Germany	1:05.11
6	Ekaterini Sarakatsani	Greece	1:05.12
7	Rachael Corner	G/Britain	1:06.11
8	Diana Borland	G/Britain	1:07.43
<b>200M Backstroke Men</b>			
1	Nicolae Butacu	Romania	1:56.50
2	Ralf Braun	Germany	1:57.07
3	Adam Ruckwood	G/Britain	1:57.71
4	Adrian Radley	Australia	1:58.33
5	Pavel Pozniak	Belarus	1:58.79
6	Martin Harris	G/Britain	2:00.16
7	Simon Militis	Portsmouth Northsea	2:02.98
8	Adrian O'Connor	Ireland	2:03.95
<b>50M Butterfly Women</b>			
1	Leah Martindale	Barbados	27.50
2	Sarah Ryan	Australia	28.08
3	Samantha Greenep	G/Britain	28.51
4	Sarah Massey	G/Britain	28.53
5	Karen Hawcroft	G/Britain	28.61
6	Vibeke L Johanson	Norway	28.74
7	Laura Nicholls	Canada	29.26
8	Emma Mercher	G/Britain	29.35

# NEW FACE IN MARKETING



By SWIMMING 2000 Staff Reporter

The Board of Management has a new face with the appointment of Bob Dyett as Vice Chairman Marketing and Public Relations. Bob brings a wealth of experience from big business, having been European marketing communications manager for Honeywell in Brussels and public relations manager at the company's Scottish plant before forming Communications Unlimited in 1988 to offer a wide range of marketing services to high tech. companies in the west of Scotland. For two years Bob was Chairman of Rutherglen ASC and more recently was appointed as general manager of the amalgamated City of Glasgow Swim Team. He was involved on the coaching staff at Rutherglen and took the A.S.A Teachers certificate last year. Bob said; "I suppose I got involved in swimming in the same manner as a lot of other people. One minute I was sitting in the gallery watching my daughter in Tank 2 at Rutherglen and the rest is history - and nobody tells you about the early morning training sessions at that stage!" On the subject of what he foresees in his new role, Bob explained: "In order to attract major sponsorship for the association we need to significantly increase the profile of swimming in Scotland. I have started a review of the way we communicate both internally and to the outside world and hopefully one of the things you should begin to notice is an increase in our exposure in the press." Bob plans to increase the public awareness of Scottish swimming by a three tier press strategy with co-ordinated press activity at national level, at district level and at club level. Bob added; "I can't do all this myself, so I will be looking for volunteers, particularly at district level, to form the core of a communications committee." This is just another example of the strategy of professionalism in all the activities of the association to take Scottish swimming into the next millennium.



# AT THE DEEP END

Mother knows best when it comes to the physical well-being of Greenock five-year-old Calum Aitken. Not only did mum Margaret ensure her son was swimming by the age of three, he's now swimming competitively for the local amateur club! Margaret certainly leads by example - she also swims for Inverclyde Amateur Swimming Club as well as the Inverclyde Masters. The Broomhill Court mother won a bronze medal in the 100. metres butterfly in the Scottish Shortcourse Masters held at Hector McNeil Baths, Greenock. Margaret said:"It is good exercise for him, rather than sitting in front of the television all day and stuffing his face with sweets." The Overton School primary one pupil appears to be almost unique compared to some of his pals. "I don't think any of his friends do half as much exercise as him," Margaret said. "He is in the Anchor Boys at the Boys' Brigade and enjoys going there as well so he is always up to something. He does not see it all as a chore, which helps." Margaret has been swimming for 16 years, most of them competitively. "I lived in Rhodesia for four-and-a-half years and did a lot of swimming there, so I decided to join a club when I came back to Greenock," she said. "It is just something that I now enjoy doing which also helps to keep me fit." "Young Calum has been swimming for two-and-a half-years now and loves every minute of it," says Margaret. "He swims for the club at junior level and has already taken part in the club championships and really enjoyed it," she said. "He thinks swimming is great and the biggest problem I have with him is trying to get him out of the pool." "Calum," she said, "wants to go swimming every day but normally ends up going about three or four times a week" "I feel it is good for his and his breathing because he was diagnosed as having asthma at two," Margaret said. Inverclyde Council sports and recreation officer Don Jamieson agreed that too many children are now gripped by computer games, TV's and videos rather than physical activity. He suggested that if more parents took exercise like Margaret Aitken, their children would be likely to follow suit. In a bid to banish the couch potato image of children, a Youth Sport Strategy for Scotland has been launched to encourage young people to become involved in sports.

The above article by Stuart Wilson is from the Greenock Telegraph and was sent in by Susie McFeeters (well known technical official) who is proud of her niece Margaret and Calum.

# A NOTE FROM GLASGOW!

The last few months have been a very hectic time for the City of Glasgow Swim Team. Here are a few of the highlights:

## COMPETITION

### Larkhall Open Meet 4/5 October 1996

This is a high quality meet that attracts teams from all over Scotland, with all the major clubs attending. The team put up a very good performance with 26 final placings, 33 personal best times, and 1 new meet record. Louise Coull was Glasgow's lead swimmer with three first places and a new meet record. She was closely followed by Steven Kidd with two firsts and two thirds.

Louise's time in the 100m Backstroke was a new meet record, equalling the time set by Karen Mhairi Lewis of Cumbernauld in 1992. Steven's 200m Backstroke swim was adjudged to be the performance of the meet by a male athlete, and he received a special award for this.

### West District Open Championships, Cumbernauld 19/20 October

These championships saw entries from teams from England as well as from all areas of Scotland as it was one of the meets designated for achieving qualifying times for the World short course championships. Medals were awarded to the top three swimmers in each event, as well as to the top placed swimmer from the West District, and the top placed junior swimmer (16 years & under) from the West District.

#### Our finalists were:

<b>Steven Kidd</b>	Mens 400m IM	2nd
	1st Junior	
	Mens 200m IM	2nd
	1st Junior	
	Mens 200m Backstroke	3rd
<b>Ruth Leaver</b>	Mens 100m Backstroke	3rd
	1st Junior	
	Ladies 200m Breaststroke	3rd
	1st Junior	

	Ladies 50m Breaststroke	3rd
	1st Junior	
	Ladies 100m Breaststroke	3rd
	1st Junior	
Joanna Rowbory	Ladies 400m IM	4th
	1st Junior	
Wendy Gray	Ladies 50m Backstroke	4th
	Ladies 4 x 50m medley team	5th
	(Wendy Gray, Ruth Leaver, Joanna Rowbory, Carol Brown)	

	Ladies 4 x 50m Freestyle team	4th
	(Wendy Gray, Ruth Leaver, Carol Brown, Clare McGowan)	

### West of Scotland Club Championships, Bishopbriggs 26 October

This competition is split into three sections: Junior (10 & under and 11/12 years), Senior (13/14 and 15 & over years) and a relay competition. The junior section of the club got the team off to a flying start with a superb win. Star performers were Katy Finnegan and Louise Coull who won their respective events in new meet records, along with Jimmy Orr who won the ten and under 50m Backstroke despite having just turned nine.

This was backed up with a solid showing in the relay section to place second, and in a close fought final in the evening the seniors were unlucky not to figure in the top three.

However, the combined strength of the team was sufficient to scoop the overall award for the best club in the West of Scotland, a feat previously achieved by the City Team some twenty years earlier!

### Kingston Sprint Meet, 24 November

This is a 25m and 50m graded event for swimmers from 8 years upwards and always attracts a big entry from the local clubs. This was the first competitive opportunity for many of the younger members of the team, and they really excelled.

It is impossible to mention all the excellent performances and medal winners, but a special mention should be given to Suzanne Robertson, Lucy Wild, Maxine Kerr and Luke Richardson for their outstanding efforts in the 8 years category.

### Darlington Open Meet 30 November - 1 December

A team of sixteen swimmers travelled down south to compete in this quality meet. The opposition was tough, but the team recorded twenty six personal best performances and won the following medals:

Steven Kidd	15/16 years 200m IM	2:16.93	1st
Steven Kidd	15/16 years 100m Backstroke	1:00.34	1st
Steven Kidd	Mens open 200m Backstroke	2:08.96	2nd
Louise Coull	11/12 years 100m Backstroke	1:09.86	2nd
Wendy Gray	Womens open 100m Backstroke	1:07.78	3rd
Carol Brown	Womens open 50m Freestyle	0:28.28	3rd
Carol Brown	Womens open 100m Freestyle	1:01.28	3rd
Craig Miller	Mens open 100m Freestyle	0:54.57	3rd
Steven Kidd	15/16 years 100m Butterfly	1:02.40	3rd

### Milngavie & Bearsden Graded Meet 30 November - 1 December

This is a very good meet for developing junior swimmers, particularly over 200m and 400m events. Many of the current Glasgow 12 and 13 years swimmers have used this meet in the past as a vital part of their preparation for the West District championships.

The swimmers who attended were in superb form. Between them they recorded a total of ninety five personal best swims, seven golds, twelve silvers and eleven bronze medals. In addition to this five swimmers - Megan Sharp, Chris Andrews, Stephen O'Shea, Kevin Nixon and Sean Boyle - swam too fast and were awarded special prizes in recognition of their quality swims.

### JUNIOR TOUR OF THE WIRRAL AND HOLYWELL

Sixteen athletes from the Intermediate and Junior Gold groups made the bus trip to Holywell, North Wales via the Wirral in Birkenhead. The team were accompanied by coach Dave Bance, chaperon Liz Hepburn, and parents Gordon Hepburn and Mamie Mills.

Team captains were appointed for the tour to enhance team building. Joanne Clark and Robert Mills provided the necessary leadership required ably assisted by Paul Finnegan and Heather Gordon. The athletes were hosted with families of the two teams during their four nights absence from Glasgow. Their hosts not only give them a bed but supplied the squad with supper and packed lunches as well.

The plan was to visit ex-Glasgow coach Nigel Crowe in his new position in the newly opened Europa Pools, to compete in a "Splash" gala and generally see the sights. Nigel had arranged an hour in the "Fun" pool, which consisted of water flumes and a great little pool where every twenty minutes waves were created for the kids

to surf on. The hour went all to quickly before it was time to have a light meal prior to training (training - what's that?!).

The squad trained each day at the Europa pools followed by breakfast which was sponsored by the Wirral District Council. Highlights of the visit were catching a ferry across the Mersey to Pier Head, a visit to the Albert Docks to see the TV studios, (which had been moved) but not to worry there were plenty of quality shops and we all had a good cheer when the weather man jumped around Britain during his broadcast for ITV.

The journey to North Wales was uneventful, the squad being driven to Prestatyn for the day. Most of the major attractions were closed e.g. Fun Fair, Aquatic Park unfortunately, but the team had a great time playing tenpin bowling. Onto Holywell to be introduced to a new set of hosts for two nights. The Swim Meet next day proved to be a wonderful opportunity for our squad to show great team spirit, introduce some new team chants and generally support each other to some great swimming. Playing their part in the teams' success were the Mums & Dads who had journeyed down to Holywell to support the squad.

### COG MASTERS ON TOUR AT HOME AND ABROAD!

A party of twelve swimmers from the City of Glasgow Masters section competed in the 1st Aer Lingus International Masters Meet in Dublin. The meet was held in the Alsa Sports Complex at the Dublin International Airport.

Gold, Silver and Bronze medals were won by members of the team, which included not only swimmers who have been competing from age group level, but also those swimmers who have only recently taken up the sport.

Everyone had a successful weekend and even those who were not fortunate enough to win medals, still went home satisfied with personal best times. The Aer Lingus Swimming Club held two social events, a welcome get together on the Friday night and a dinner dance on the Saturday night. By all accounts, the swimmers acquitted themselves with honours in the Guinness stakes! (Yes, we've seen the photos!).

Both the competition and the social events contributed to a very enjoyable weekend and all the swimmers are already looking forward to the 1997 Irish Masters which will be held in Cork.

The Masters next event was the Glasgow International Masters which was held at the Scotstoun Leisure Centre on 8th/9th November. The event is the largest of its kind in Scotland and this year there was a record entry of over 300 competitors from all over

Europe and the UK.

In total there were 4 world records, 3 European records, 1 British and some thirty Scottish records established. Leading record breaker was Conny Boer-Buys from UZC Vlaardingen in Holland with three world records and one European, followed by Martyn Price of Andover with one world, and one European record.

The masters swimmers were catered for in lavish style with a meal and a ceilidh at the Kelvingrove Art Gallery on the Saturday night courtesy of Glasgow City Council. Once again this was a excellent finish to what is probably one of the premier masters events in Great Britain.

## DUNOON MINI TRAINING & COMPETITION WEEKEND 16/17 NOVEMBER

This was a new initiative by the City of Glasgow Swim Team which is intended to introduce novice competitors to a basic team competition in a fun environment, combined with a trip away and some training.

The Dunoon Swimming Club kindly offered to host our swimmers to make this a very affordable (cheap!!) weekend. Sixteen athletes attended, accompanied by two of the Junior coaches Robert Hamilton and Patricia Merrifield.

They were entertained by the Dunoon Swimming Club with a treasure hunt along the High Street, as well as an exciting competition where the youngsters were able to experience their first gala. Our thanks go to our friends in Dunoon, and we hope to reciprocate in the new year.

## THE OPENING OF TOLLCROSS PARK LEISURE CENTRE

The official opening of Tollcross Park Leisure Centre was on Wednesday 4 December. The Centre was opened by Bailie James Mutter, and numerous VIPs attended. The children of the Swim Team gave a display of training in both a short course and long course environment, and all agreed that it is a great place to train!

The leisure complex is situated in the heart of the East End and plays host to Glasgow's first 50m pool including, we are told, the world's largest moveable pool floor 25m X 25m. Other hi-tec leisure facilities on offer include a state-of-the-art gym, a health suite including saunas, steam room and a spa bath and a fitness studio. There is also an eight court sports hall, a children's softplay room and the usual function rooms and cafeteria.

The two senior squads will be based at Tollcross permanently, with training available five nights and six

mornings a week. This is undoubtedly going to be the biggest asset in the future of the Swim Team.

The removal of the Senior squads to Tollcross has allowed the expansion of the Junior programme in the Satellite centres. The Scotstoun Centre will now have junior groups training every day of the week including Saturday and Sunday, as well as providing a base for the masters swimmers. The Pollokshaws Centre has expanded the pool time available to three times a week, to allow the expansion of the Bronze and Skill squad programme. Castlemilk Pool will be the home of the Gold and Silver squads who will train there every night of the week.

## SYNCHRONIZED SWIMMING STARTS IN GLASGOW

Following on from the very successful pre-season synchronized swimming course, the Swim Team has developed a synchronized swimming section. The inaugural meeting of the synchro section took place on Sunday 17 November from 16.00 until 18.00 at Drumchapel.

This training has expanded with the opening of Tollcross Park Leisure Centre to include a second session on a Tuesday from 19.00 until 21.00. These two sessions will be in addition to the normal training sessions attended by Swim Team members which are used to develop speed and stamina for synchro.

## NEW YEAR CAMP(S) 1997

A small group of ten swimmers will be travelling to Club La Santa in Lanzarote on Boxing Day for 12 days of warm weather training. This will provide them with a good aerobic base in the first training cycle of the new year.

The rest of the Swim Team athletes will be participating in the new year camp in Tollcross. This promises to be a very special camp, with the opportunity for the Glasgow swimmers to try Synchro and Water Polo in addition to competitive swimming.

All three disciplines will run for a four day period, and they are programmed so that the swimmers can compile their own programme to cater for their individual preferences. Also incorporated in the camp will be some of Glasgow's top disabled swimmers who will be able to experience the benefits that their able bodied counterparts have had on offer for the last three years.

There is no doubt that this could not have been achieved without the foresight and commitment to swimming displayed by Glasgow City Council and the Swim Team are very grateful for their continued support.



SUPPORTS SCOTTISH SWIMMING

## SWIM TEAM APPOINTS A GENERAL MANAGER

Mr Bob Dyett has been appointed as General Manager of the City of Glasgow Swim Team. The position was created following the amalgamation of three of the Glasgow clubs to form the new Swim Team.

The post was created on a part-time basis to co-ordinate the activities of the Team. Responsibilities of the post include the day-to-day operation of the centres, assisting the Team Manager and treasurer, promoting the City of Glasgow Badge Scheme, and developing a ranking list for the Junior Bronze and Silver squads.

Bob brings many years experience to the post. He is employed in the communications industry and is fully aware of the necessity for efficient internal communication as well as the effective projection of the image and achievements of the Team to the wider community.

In swimming terms, he has been associated with Rutherglen Swimming Club since 1993 in a number of positions, latterly as club Chairman. He is also currently Team Manager for the West District Performance Squad, and for the Area 8 Pathway to Performance Squad. In addition to this he has served on the Swim Team executive Committee for two years, and has also been involved with the South Lanarkshire Steering Group!

**We wish him all the best in the position.**

*Graham Wardell*

## THE ROYAL BANK OF SCOTLAND SCOTTISH SCHOOLS SWIMMING CHAMPIONSHIPS ROYAL COMMONWEALTH POOL, EDINBURGH 8TH FEBRUARY 1997

### WINNERS

Girls 13/14 Years 100m Butterfly		
Lesley Kacynska	GLA Laurel Park	1:10.86
Boys 13/14 Years 100m Butterfly		
Mark Johnston	TAY Arbroath Ac.	1:07.84
Girls 13/14 Years 100m Breaststroke		
Carol Wisely	ABS Fraserburgh	1:21.15
Boys 13/14 Years 100m Breaststroke		
David Reekie	TAY Arbroath HS	1:17.97
Girls 12 Years and Under 50m Backstroke		
Amanda Pauline	FIF Inverkeithing	36.36
Boys 12 Years and Under 50m Backstroke		
Euan Dale	BOR Cockburnpath	36.23
Girls 12 Years and Under 50m Breaststroke		
Nicola Baird	TAY Birkhill PS	38.74

Boys 12 Years and Under 50m Breaststroke		
Joel Roberts	BOR Berwickshire	37.94
Girls 12 Years and Under 50m Butterfly		
Kelly Hamill	FIF Canmore PS	32.76
Boys 12 Years and Under 50m Butterfly		
Craig Houston	AYR Garnock	32.46
Girls 12 Years and Under 50m Freestyle		
Laura Wilson	WLO Springfield	31.22
Boys 12 Years and Under 50m Freestyle		
Darren Ward	GLA Kelvindale PS	29.86
Girls 15/16 Years 100m Backstroke		
Jillian Rees	FIF Inverkeithing	1:10.56
Boys 15/16 Years 100m Backstroke		
Fraser Bisley	EDN Bearsden Acad.	1:02.71
Girls 15/16 Years 100m Freestyle		
Lee-Ann Fraser	WDN Dumbarton Ac.	1:00.72
Boys 15/16 Years 100m Freestyle		
Neil Lowe	BLO Knox Acad.	56.19
Girls 17/19 Years 200m Individual Medley		
Yvonne Pate	FIF Lochgelly	2:31.09
Boys 17/19 Years 200m Individual Medley		
Alastair Currie	CEN Alva Acad.	2:24.35
Girls 13/14 Years 4 X 50m Freestyle Relay		
Peebles		
Boys 13/14 Years 4 X 50m Freestyle Relay		
Alva Academy		
Girls Special Education 50m Freestyle		
Tracy Chalmers	Mary Russell	37.21
Boys Special Education 50m Freestyle		
Stephen McGloan	Abercorn	32.75
Girls 400m Freestyle		
Carol-Ann Carruth	REN Trinity HS	4:39.81
Boys 400m Freestyle		
Gordon Hewitt	TAY Perth HS	4:24.98
Girls 15/16 Years 200m Individual Medley		
Lynn McLaren	FIF Beath	2:30.87
Boys 15/16 Years 200m Individual Medley		
Steven Kidd	CEN Stirling	2:16.54
Girls 17/19 Years 100m Freestyle		
Diana Borland	GLA Craigholme	59.86
Boys 17/19 Years 100m Freestyle		
Steven Young	AYR Kilmarnock	54.46
Girls 17/19 Years 100m Breaststroke		
Beverley Robertson	ABN Cults	1:14.77 NR
Boys 17/19 Years 100m Breaststroke		
Gaeme Greer	GLA HS Glasgow	1:10.84
Girls 13/14 Years 200m Individual Medley		
Susan Black	A&B Dunoon Gr.	2:36.04
Boys 13/14 Years 200m Individual Medley		
James Warwick	TAY Perth HS	2:31.92
Girls 17/19 Years 100m Backstroke		
Gillian Anderson	GLA Langside Col.	1:09.75
Boys 17/19 Years 100m Backstroke		
Bryan Morgan	FIF Dunfermline	1:01.92
Girls 17/19 Years 100m Butterfly		
Julliette Botterill	TAY Brechin	1:07.38
Boys 17/19 Years 100m Butterfly		
Ciaran O'Brian	REN St Lukes HS	1:00.99
Girls 15/16 Years 100m Butterfly		
Claire Alexander	CEN Alva Acad.	1:10.38
Boys 15/16 Years 100m Butterfly		
David Rose	NSL Abronhill HS	1:01.40

Girls 13/14 Years 100m Freestyle	Laurie Adair EDI Tynecastle HS	1:03.49
Boys 13/14 Years 100m Freestyle	Robbie Hayton REN Gleniffer HS	59.57
Girls 15/16 Years 100m Breaststroke	Kirsty Orr EDI Craigmont HS	1:17.77
Boys 15/16 Years 100m Breaststroke	Ross Martin NSL Claremont HS	1:09.53
Girls 13/14 Years 100m Backstroke	Siobhan Duncan TAY Perth HS	1:09.07
Boys 13/14 Years 100m Backstroke	Chris Whitcombe ABN Aberdeen Gr	1:11.31
Girls 17/19 Years 4 X 50m Freestyle Relay	Brechin High School	2:02.07
Boys 17/19 Years 4 X 50m Freestyle Relay	Dunfermline High School	1:46.93

**SCOTTISH TEAM  
CHAMPIONSHIPS 1997  
CARNEGIE LEISURE CENTRE,  
DUNFERMLINE  
SUNDAY 9TH FEBRUARY**

**WINNERS**

Womens 200m Backstroke	Kirsty Hope Warrrender BC	2:22.98
Mens 100m Freestyle	Tom Giffith Milngavie/Bearsden	53.57
Womens 200m Freestyle	Diana Borland REN 96	2:06.56
Mens 400m Individual Medley	Chris Shaw Warrrender BC	4:36.40
Womens 100m Breaststroke	Beverley Robertson Aberdeen ASC	1:14.31
Mens 100m Backstroke	Richard Hope Warrrender BC	59.32
Womens 100m Butterfly	Juliet Botterill Tayside	1:06.57
Mens 200m Butterfly	Jamie Salter Warrrender BC	2:05.05
Womens 200m Individual Medley	Diana Borland REN 96	2:28.62
Mens 400m Freestyle	David Leith Warrrender BC	4:13.59
Womens 50m Freestyle	Kirsty Hope Warrrender BC	28.23
Mens 200m Breaststroke	Chris Shaw Warrrender BC	2:23.84
Womens 800m Freestyle	Michelle Livingston Warrrender BC	9:14.87
Mens 4 X 100m Medley Relay	Warrrender Baths Club	3:56.02
Womens 4 X 100m Freestyle Relay	REN 96	4:04.50
Mens 200m Backstroke	Richard Hope Warrrender BC	2:07.76
Womens 100m Freestyle	Diana Borland REN 96	59.47
Mens 200m Freestyle	David Leith Warrrender BC	1:56.21
Womens 400m Individual Medley	Michelle Livingstone Warrrender BC	5:14.01

Mens 100m Breaststroke	Ian Wright Warrrender BC	1:07.39
Womens 100m Backstroke	Kirsty Hope Warrrender BC	1:06.47
Mens 100m Butterfly	Alister Sankey Tayside	1:00.64
Womens 200m Butterfly	Juliet Botterill Tayside	2:25.45
Mens 200m Individual Medley	Chris Shaw Warrrender BC	2:12.77
Womens 400m Freestyle	Michelle Livingston Warrrender BC	4:33.60
Mens 50m Freestyle	Tom Griffith Milngavie/Bearsden	24.51
Womens 200m Breaststroke	Beverley Robertson Aberdeen ASC	2:37.56
Mens 1500m Freestyle	Jamie Salter Warrrender BC	15:46.17
Womens 4 X 100m Medley Relay	Tayside	4:37.43
Mens 4 X 100m Freestyle Relay	Warrrender Baths Club	3:35.43

The Warrrender Baths Club's "international brigade" proved too strong for the other mens clubs and they finished 750 points ahead to win the Robertson Trophy. The Warrrender Ladies almost made it a clean sweep but they were pipped by the Ladies of REN 96 who collected the Jack Wainwright Trophy.

**The Robertson Trophy (Men)**

Warrrender Baths Club	9678
Milngavie and Bearsden ASC	8928
REN 96	8483
Aberdeen ASC	8268
Tayside	8163
East Kilbride	8081

**The Jack Wainwright Trophy (women)**

REN 96	8879
Warrrender Baths Club	8660
Aberdeen ASC	8659
Tayside	8606
Milngavie and Bearsden	8168
Carnegie	7932

The points were scored according to the LEN points tables. The Championships were slickly presented by Bob Greenlees and his team. The new format worked really well and the Swimming Committee are to be congratulated on the success. The races were in an interesting order for the spectators and it was a pity that there was not the big support that it deserved. Some swimmers had a heavy work load and did extremely well for their clubs this is a team event after all. The trophies were presented by Immediate Past President Bill Blackdeputising for President Norman Grierson who was on duty in England.

**CARNEGIE S.C.**

Scottish Youth Internationalist, Lynn McLaren, had a superb trip down to the highly renowned Stockport International Open Meet two weeks prior to the Scottish Winter Championships in Aberdeen. Lynn swam out of her socks to win gold in the 50m f/c in a new East District record of 26.81 to set a new championship record. Lynn went on to win gold in the 100m breaststroke 1.13.40 another new championship record and East District record. The 200m f/c saw Lynn achieve a superb negative split to win gold in 2.07.67 also collecting two silvers in the 100m f/c 59.09 and 100m backstroke 1.07.23 all East District records.

The Scottish Nationals saw Lynn win the National Title in the 400m f/c 4.29.06; silver in the 200m I.M. 2.24.91; silver 100m breaststroke 1.13.88; bronze in the 50m f/c 27.32 and bronze in the 100m f/c 58.39 altogether a superb month of swimming.

British Youth Internationalist Bryan Morgan, despite a bug, won one National Title the 100m backstroke 59.26 and silver in the 50m backstroke 28.01 whilst war horse veteran Euan Stevens made two consolation finals.

Good swims were achieved by Scottish Youth Squad swimmers Kirsten Sinclair 100m f/c 1.01.45; Lynda Kinnell 200m breaststroke 2.48.89 and also East District squad swimmers Andrew Stewart 200m I.M. 2.20.69, Sarah Kinnell 200m f/c 2.19.01, 400m f/c 4.46.71 and young 14 year old Michael Kane qualifying for the East District squad 100m backstroke 1.06.33, 200m backstroke 2.23.42.

The week after the Scottish Nationals saw Bryan Morgan compete in the first ever British Open Championships at Sheffield's Ponds Forge where he shook off the bug to return to some of his form. Bryan made the Consolation Final of the 50m backstroke in eighth place putting on a superb display in the final to finish in 2nd place in a new Scottish Junior Record of 27.02, two tenths inside his British record. This time won Bryan the gold medal for the top British Junior.

The 50m freestyle heats once gain saw this excellent Scottish prospect take the gold for top British Junior in 23.93. The 50m butterfly heats once gain saw Bryan break another Scottish Junior Record in a time of 26.59 to win British Junior silver. The 100m freestyle heats saw Bryan miss his first turn to finish in 53.01 to win bronze. An excellent end to 1996.

*Garrie Roberts*

**SHORT COURSE 1996**

The following tables show the points allocated to each coach at the Short Course Championships in Aberdeen in December according to the previously published criteria. The top four coaches will receive assistance to attend the World Swimming Coaches Conference in

Birmingham in May.

Coach	Club	Points
Grant Robins	REN 96	87
Tim Hones	City of Edinburgh	71
Alex McNeil	Milngavie&Bearsden	37
Garrie Roberts	Carnegie	35
Eileen Adams	Aberdeen	33
Bill Penny	City of Glasgow	23
Alan Lynn	Stirling	21
Alistair Johnston	C.O.A.S.T.	19
Alistair White	Hearts	16
Andy Figgins	East Kilbride	14
Charlie Lewis	Kirkcaldy District	13
Billy McGoldrick	Tayside	10
Ian Wright	Warrrender	8
Ann Dickson	Tayside	8
Graeme Wardell	City of Glasgow	5
Heather Albin	Tayside	4
Danny McGowan	Cumbernauld	4
Ken White	Kirkcaldy District	1

Anglos, foreign and non counting swimmers **163**

Total points from 26 events (no relays) **572**

The following list indicates the swimmers who achieved the times linked to the "Four-level" consideration times set for Commonwealth Games at the recent Short Course Championships in Aberdeen.

Swimmer	Event	Time	Level
Alison Sheppard M&B	50 Free	26.27	(3)
Diana Borland REN 96	100 Free	57.53	(3)
Alison Sheppard M&B	100 Free	56.71	(3)
Diana Borland REN 96	200 Free	2:04.54	(4)
Alison Sheppard M&B	200 Free	2:03.66	(4)
Beverley Robertson Aberdeen	100 Br	1:12.12	(4)
Beverley Robertson Aberdeen	200 Br	2:33.31	(4)
Alisdair Pullan Leatherhead	50 Free	23.5	(3)
Ian Edmond Warrrender	100 Br	1:04.0	(4)

**FUNDING**

Using the criteria published prior to the Championships, the following Performance Related Funding allocations have been agreed:

<b>Coaches</b>	
Grant Robins REN96	£1000
Eileen Adams Aberdeen	£500
<b>Total</b>	<b>£1500</b>

<b>Clubs</b>	
REN 96	£666.66
Aberdeen	£333.34
<b>Total</b>	<b>£1000</b>

## POINTS ALLOCATION

The following tables show the points allocated to each team at the Short Course Championships in Aberdeen in December according to the previously published criteria. The top six clubs in each of the male and female categories have been invited to take part in the first of the newstyle Team Championships with a full Olympic Programme.

### Clubs (Male) Points

Warrender	48
Milngavie & Bearsden	42
REN 96	32
Aberdeen	19
City of Glasgow	18
Clackmannan	15
East Kilbride	14
Tayside	5
C.O.A.S.T.	8
Carnegie	7
C.A.S.T.	5
Kirkcaldy District	2
Hearts	2
Anglo and Others	100
<b>Total Points</b>	<b>330</b>

### Clubs (Female) Points

REN 96	64
Milngavie & Bearsden	41
Aberdeen	32
Warrender	31
Carnegie	28
Tayside	23
Kirkcaldy District	22
Hearts	16
East Kilbride	16
City of Glasgow	14
C.O.A.S.T.	11
C.A.S.T.	4
Clackmannan	0
Anglo and Others	28
<b>Total Points</b>	<b>330</b>

Clubs Overall	Points	Rank
REN 96	96	1
Milngavie & Bearsden	83	2
Warrender	79	3
Aberdeen	41	4
Carnegie	35	5
City of Glasgow	32	6
Tayside	31	7
East Kilbride	30	8
Kirkcaldy District	24	9
C.O.A.S.T.	19	10
Hearts	18	11
Clackmannan	15	12
C.A.S.T.	9	13
Anglo and Others	138	
<b>Total Points</b>	<b>660</b>	

**Jim Park National Coach**

## WEST NEWS

by Blair Prentice

### West District Swimming Squad.

I attended the squad's second Education day on 12 January 1997, at Castlemilk. The three Staff members were present, Alan Lynn, Neil Murdoch and Bob Dyett along with 27 members of the squad - flu was the most common reason for not attending. Those attending were:-  
Fraser Allison, Gail Anderson, Gillian Anderson, Susan Black, James Carter, Linda Devlin, Pamela Gilmour, Louise Jackson, Katherine Kaczynska, Lesley Kaczynska, Jennifer Leitch, Emma McFarlane, Iain McIntyre, Struan McNeil, Hazel Marshall, Graham Martin, Ross Martin, Ciaran O'Brien, Louise Rae, Euan Rafferty, David Rose, Sinead Rowney, Gregor Tait, Lindsay Ward, David Wilkie, Kris Wilson and Steven Young.

The day consisted of two pool sessions and 2 education talks. The education talks were on nutrition, given by Louise Martin, and doping in sport, given by Heather Lowden of the Scottish Sports Council. The swimmers were very attentive and full of constructive participation during the two education elements. Louise's talk was kept lighthearted but got across the serious message well. It covered topics from dehydration to fat content of food. The second talk, from Heather, was a general talk about drugs in sport and included an explanation of the procedures to be followed for participants in sport who are selected for drug testing.

The swimmers worked well during the training sessions.

### IRELAND TRIP

There was a West District swimming committee meeting during the day to finalise the trip to Ireland and to complete arrangements for the rest of the programme. There was a poor response to the Irish trip - only 9 swimmers wanting to go. The main reasons for not going were cost and the fact that the meet was short course. The cost was around £210 per head. The cost included travel to Prestwick, flights to and from Dublin, bus to and from Galway, 4 nights dinner bed and breakfast and entries for 6 events each. There was also the cost of two coaches and two team staff. The West District contribution would have been £2000. The committee discussed alternative meets and decided that there was not a suitable long course meet before June with an age group and older swimmer element. The committee discounted going to two separate meets. The decision was to expand the two long coursed based weekends in April and May into full residential long

course education events, incorporating the Long Course Time trials at Edinburgh on the two Sunday evenings.

### 1996/97 PROGRAMME

The rest of the 1996/97 programme will be:-

15 February 1997	Education day at Larkhall
26/27 April 1997	Residential Long Course education weekend Long Course Domestic Competition, Edinburgh
24/25 May 1997	Residential Long Course education weekend Long Course Domestic Competition, Edinburgh

As one of the reasons for non participation was cost we shall review the competition strategy for 1997/98 and intend pursuing a UK Short Course meet around November 1997.

*Blair I Prentice*

*West District Swimming Convenor*

## 10th Stirling Junior Open Swim Meet - January 1997

Stirling Amateur Swimming Club, with the financial support of sponsor Scottish Amicable, held the 10th Junior Open Swim Meet at the Rainbow Slides Leisure Centre over the weekend 25/26 January.

This remains one of the major Scottish swimming meets of the year for swimmers aged between 11 and 15 and this year attracted over 2100 entries from top young swimmers from 51 clubs across Scotland. Unfortunately only 1461 entries could be accepted, resulting in over 1700 swims during the weekend. 1997 saw a strong entry from Stirling's own club with 14 SASC members qualifying.

It was a very successful Meet with twelve new meet records being set, five being claimed by Stirling swimmers. Fraser Allison took an amazing four and Graeme Dodd the other one.

In the 15 year old girls age group, Kirsty Orr of Hearts set three new meet records to win three gold and three silver medals. Kirsten Sinclair of Carnegie won the other three gold and silver medals in the same age group.

### Girls 12 years

100m Breaststroke	Nicola Baird M/CD 1.22.57
(Previous Record)	[1.23.35 - Ruth Leaver 1993]
100m Butterfly	Kelly Hamill E/CE 1.13.82

(Previous Record)	[1.15.74 - Kirsty Miller 1993]
<b>Girls 13 years</b>	
100m Backstroke	Louise Coull W/CG 1.09.64 (Previous Record [1.09.71 - Siobhan Duncan 96])

### Girls 15 years

100m Breaststroke	Kirsty Orr E/HM 1.15.67
(Previous Record)	[1.15.72 - Lynn McLaren 96]
100m Butterfly	Kirsty Orr E/HM 1.07.71
(Previous Record)	[1.09.21 - Lynn McLaren 96]
200m Indiv Medley	Kirsty Orr E/HM 2.26.41
(Previous Record)	[2.27.74 - Lynn McLaren 96]

### Boys 12 years

100m Butterfly	Graeme Dodd W/SG 1.14.84
(Previous Record)	[1.16.06 - Kevin Bates 1988]
200m Indiv Medley	Darren Ward W/MB 2.38.53
(Previous Record)	[2.39.75 - Kevin Bates 1998]

### Boys 15 years

100m Butterfly	Fraser Allison W/SG 1.01.79
(Previous Record)	[1.03.14 - Bryan Morgan 95]
100m Freestyle	Fraser Allison W/SG 0.55.19
(Previous Record)	[0.56.50 - Steven Kidd 1996]
200m Indiv Medley	Fraser Allison W/SG 2.17.82
(Previous Record)	[2.17.87 - Steven Kidd 1996]
200m Freestyle	Fraser Allison W/SG 1.59.17
(Previous Record)	[2.01.46 - Steven Kidd 1996]

The host club's swimmers all performed well and enjoyed the stiff competition.

**Fraser Allison** (14) won Gold in five events and went home with the overall age group cup for 15 years boys. This is the second year running Fraser has won his overall age group at the Stirling meet. He put in a superb all round performance winning Gold in 100m Freestyle, 100m Butterfly, 100m Backstroke, 200m Freestyle and 200m Individual Medley. He also reached the final of the 100m Breaststroke where he finished fifth.

**Graeme Dodd** (11) set his first Meet record winning Gold in the 100m Butterfly for 12 year old boys. Graeme won Bronze in 200m Freestyle, 4th in 200m Individual Medley, 5th in 100m Backstroke and also made the consolation final in two other events.

**Sarah Henderson** (12) won Silver in the 100m and 200m Freestyle, Bronze in the 100m Backstroke and Breaststroke, 4th in 100m Butterfly and 5th in 200m Individual Medley. This earned her second place in the overall age group for 13 year old girls.

**James Carter** won Silver in the 100m Backstroke, Bronze in the 200m Freestyle, 4th in the 200m Individual Medley and 5th in the 100m Freestyle.

**Steven Tigg** was 6th in the 200m Individual Medley and 100m Breaststroke and made consolation finals in three other events. **David Russell** came 5th in the 100m Butterfly. **Lisa Howie** came 4th in 100m Freestyle.

**Richard Eaton** and **Rona Adam**, taking part in the meet for the first time, made consolation finals. The other Stirling swimmers were **Sharon Allison**, **Antony Carter**, **Euan Docherty**, **Mark Gilles** and **Lillian Stewart**.

The trophy winners at the meet were:-



**Ian Black Trophy (14 yrs Brst)**

Kirsten MacLean/E/GS

**12 years Girls Overall**

- 1 Kelly Hamill E/CE 52 points  
2 Nicola Baird M/CD 38 points

**12 years Boys Overall**

- 1 Darren Ward W/MB 51 points  
2 Euan Dale E/DS 49 points

**13 years Girls Overall**

- 1 Laurie Adair E/HM 51 points  
2 Sarah Henderson W/SG 41 points

**13 years Boys Overall**

- 1 David Reekie M/AS 49 points  
2 Alastair Hall W/WD 31 points

**14 years Girls Overall**

- 1 Siobhan Duncan M/PC 48 points  
2 Sarah Kinnell E/CE 30 points

**14 years Boys Overall**

- 1= Robbie Hayton W/RX 41 points  
1= Robert Lee W/BS 41 points

**15 years Girls Overall**

- 1= Kirsten Sinclair E/CE 54 points  
1= Kirsty Orr E/HM 54 points

**15 years Boys Overall**

- 1 Fraser Allison W/SG 55 points  
2 Mark Hutton E/GS 30 points

**Overall Club Trophy - Girls**

- 1 Carnegie E/CE 248 points  
2 Heart Of Midlothian E/HM 127 points

**Overall Club Trophy - Boys**

- 1 St Thomas (Arbroath) M/AS 142 points  
2 Stirling W/SG 123 points

**Boots 50 Metre Freestyle Sprint Challenge**

Thanks to the sponsorship from Boots Contract Manufacturing of Airdrie, Stirling ASC was able to host the "Boots 50 Metre Freestyle Sprint Challenge", for both males and females, involving eight of the top Scottish Sprinters. This was a much appreciated spectacle and gave the younger Scottish swimmers, who were taking part in the meet the opportunity to see top quality sprinting at close hand. Both sprints were very close and contested to a full house.

The women's sprint was won by **Lynn McLaren** from Carnegie and the men's by Forbes Dunlop from Stirling Students.

The Club appreciated the attendance of **Norman Grierson**, the SASA President. This maintains the record of having the president of the SASA in attendance at every one of the 10 Stirling Junior Open Swim Meets from 1988 to 1997.

Lynn Dodd & Blair Prentice  
January 1997

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**SASA National Raffle**

1st Prize -  
Exotic Foreign Holiday for 2

Tickets out February

SEE PAGE 20

**INSTITUTE OF SWIMMING TEACHERS AND COACHES****SPRING SEMINAR 1997**

(SUPPORTED BY SASA EDUCATION COMMITTEE)

SUNDAY 26 APRIL 1997  
MORAY HOUSE INSTITUTE OF EDUCATION  
CRAMOND CAMPUS, EDINBURGH

**PROGRAMME**

0930 hours	Assembly and Coffee	
1000 hours	Introduction by Mr Dennis Freeman Wright - Chief Executive ISTC	
1015 hours	Skill Learning - Instructional Issues in Swimming	Malcolm Fairweather
1200 - 1300 hours	Lunch	
1300 - 1445	SESSION 1 Teaching Adults SESSION 2 Skill Learning and Instructional Issues in the Annual Training Programme	Tony McKay Jim Park
	SESSION 3 Making Learning Fun	Briony Shimmons Alys Craven
1445 - 1500 hours	Afternoon Tea	
1500 - 1600 hours	Coping with the more abled swimmer in a class situation	Katie McConachie
	One Choice from Sessions 2,3 and 4.	

COST: ISTC Members £12.50  
Non ISTC Member £18.00

APPLICATION FORMS ARE AVAILABLE FROM  
SASA

HOLMHILLS FARM  
GREENLEES ROAD  
CAMBUSLANG  
GLASGOW G72 8DT

TEL: 0141 641 8818 FAX: 0141 641 4443

Certificates of Attendance will be issued

**CLOSING DATE 21 APRIL 1997**

# INSTITUTE OF SWIMMING TEACHERS AND COACHES

## SPRING SEMINAR

**Sunday 26 April 1997**

**Moray House of Education  
Cramond Campus, Edinburgh**

### APPLICATION FORM

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

TEL NO: \_\_\_\_\_ ISTD NO: \_\_\_\_\_

Please indicate the session you wish to attend:

SESSION 2

SESSION 3

SESSION 4

Please circle as appropriate your involvement in swimming:

Teacher, Coach, Club Member, Community Teacher, Pool Staff, School Teacher,  
Local Authority or other.

Please return completed application form to the following address enclosing a cheque for the appropriate fee, made payable to Scottish Amateur Swimming Association (SASA)

SASA Office  
Holmhills Farm  
Greenlees Road  
Cambuslang  
Glasgow  
G72 8DT



I enclose fee of : £12.50 ISTD Member  
£18.00 Non ISTD Member

Please enclose a SAE  
for return of information including  
confirmation of acceptance and map.

## SASA INSURANCE SCHEME

### FURTHER NOTES TO CLUBS AND MEMBERS

Following queries from individuals and clubs I met with our insurance brokers and summarise below, in a question and answer format, points which I hope will give a better understanding of the insurance cover in place.

#### Who is covered?

Associations, all districts, regions, affiliated clubs, and all Per Capita paid members whilst participating in the activity of swimming be it competitive, training or normal swimming, business and social. The interest of voluntary helpers is also covered but only where casually involved.

#### Are Technical Officials, who are not members of the Association covered for officiating at club, district and national swim meets?

No-all officials must be declared Per Capita members to benefit from insurance cover.

#### What is the definition of casual helper?

Someone who provides assistance on an irregular basis.

#### Are club committee members covered?

Only if they are Per Capita declared members of clubs.

#### Are club volunteers covered?

Voluntary helpers are covered, but only when casually involved. If a voluntary helper is used on a regular basis they must be declared as members to benefit from insurance cover.

#### Are volunteers escorting children to swim meets covered (i.e. chaperones)?

Yes, if the definition of casual helpers applies. If a volunteer is used regularly then they must be declared members to benefit from insurance cover.

#### If an accident occurs at a club meet, is the club covered for liability?

Yes, cover is provided to affiliated clubs. Therefore in the event of a club organising a meet, any liability arising out of that activity is automatically covered. In the event of a non-member being held responsible for an accident causing injury or damage to Third Parties then in so far as any negligence attaching to the club arising out of the

organisation of the Event, cover would apply.

**If any club or individual has any other query regarding the Association's insurance cover please do not hesitate to contact me.**

Please note that from this AGM in February 1997 Individual Membership will be available to Technical Officials who are not members of affiliated clubs, which will allow them to have the same insurance benefits available to Per Capita members currently.

*Stuart Martin, Vice Chairman,  
Administration and Finance, Board of Management*

## PATHWAY TO PERFORMANCE

### - A PERSONAL VIEW BY GRAHAM MCCARTHY

Having recently returned to swimming coaching after a number of wilderness years, I was delighted at being appointed Manager for the Area 1 squad of this National scheme.

The most northerly of all Areas. Area 1 takes in Buckie in the east, Fort William in the west, Aviemore in the south and the Northern and Western Isles. Given the huge travel costs for the swimmers from the isles, it was not possible for these swimmers to be involved in the squad which was a major disappointment. Wherever the days took place some swimmers required to stay overnight adding to an already expensive hobby if you happen to live in Thurso or Lochaber.

It was of great interest to me working with coaches Richard Edwards (Inverness) and Keith Dunnett (Bridgford Don) and learning from the different approaches they brought to the poolside. We all enjoyed working with the well constructed guidelines but most rewarding of all was working with the young swimmers whose enthusiasm was shown by a 100% attendance rate and a rare willingness to learn and work hard. As the days progressed there was an ever increasing awareness that these swimmers were really coming together as a cohesive unit and this showed in the time trial results at the end of the programme.

Without doubt lessons have been learnt from this first year and some changes will doubtless be on the cards for 97, but our swimmers certainly found the days enjoyable and mightily worthwhile. The improvement achieved by many of these youngsters at Meets at the latter part of 1996 can no doubt in part be attributed to the confidence gained by being selected for this squad, and to the concentration on technique which was the main thrust of the programme.

One thing is certain - we have talented swimmers in this part of Scotland, and who knows where this particular Pathway may lead.....?

# Let SASA earn money for your club...



Why give yourselves the hassle of running a club raffle, when all you have to do is sell tickets for the Association's National Raffle and keep half the cash!

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Tickets only **20p**

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Draw will take place at the National Age Group Championships, June 1997

Raffle Promoter: Stuart Martin, SASA, Holmhills Farm, Greenlees Road, Cambuslang, Glasgow

## STEWART DAVIDSON'S TOP TEN STARTS HERE

SASA

LONG COURSE RANKINGS 1996

TOP 10

MEETS CONSIDERED

1	SCHOOLS	CHAMPIONSHIPS	FEBRUARY	RCP
2	SCHOOLS	INTERNATIONAL	MARCH	STOCKPORT
3	OLYMPIC	TRIALS	MARCH	SHEFFIELD
4	7 NATIONS	TOURNAMENT	APRIL	EINDHOVEN HOLLAND
5	EAST DIST	TIME TRIALS	MAY	RCP
6	NATIONAL	CHAMPIONSHIPS	JUNE	RCP
7	WORLD MASTERS	CHAMPIONSHIPS	JUNE	SHEFFIELD
8	SASA AGE GROUP	CHAMPIONSHIPS	JUNE	EAST KILBRIDE
9	ASA AGE GROUP	CHAMPIONSHIPS	JULY/AUG	CRYSTAL PALACE
10	ASA NATIONAL	CHAMPIONSHIPS	JULY	LEEDS
11	OLYMPIC	GAMES	JULY/AUG	ATLANTA USA

COMPILED BY  
STEWART DAVIDSON  
SASA MIDLAND DISTRICT  
JANUARY 1997

1996 LONG COURSE TOP 10 SASA MALE

100 M BACKSTROKE

SWIMMER	D/CB/C'P	YR	TIME	GP	VENUE	DATE
1 FRASER WALKER	WARR'TON	73	58.69	773	RCP	14/06
2 RICHARD HOPE	E/WB	76	58.72	771	SHEFFIELD	23/03
3 BRYAN MORGAN	E/CE	80	59.98	724	EINDHOVEN	??/04
4 ANDREW AITKEN	W/CG	73	1.00.28	713	SHEFFIELD	23/03
5 GREGOR TAIT	W/SG	79	1.01.01	688	LEEDS	14/07
6 CRAIG PANKHURST	CO OXFORD	79	1.01.77	663	EK	29/06
7 KEVIN ANDERSON	CARLISLE	80	1.02.02	655	EK	27/06
8 STEVEN KIDD	W/CG	81	1.02.16	650	EK	28/06
9 FRASER BISLEY	W/MB	81	1.02.37	644	RCP	14/06
10 ALEX PUXTY	W/DD	78	1.03.36	614	RCP	10/02

200 M BACKSTROKE

1 RICHARD HOPE	E/WB	76	2.03.50	841	SHEFFIELD	24/03
2 ANDREW AITKEN	W/CG	73	2.05.74	796	SHEFFIELD	24/03
3 GREGOR TAIT	W/SG	79	2.11.44	697	LEEDS	12/07
4 STEVEN KIDD	W/CG	81	2.12.61	679	EK	27/06
5 CRAIG PANKHURST	CO OXFORD	79	2.12.90	674	SHEFFIELD	24/03
6 FRASER BISLEY	W/MB	81	2.15.01	643	RCP	13/06
7 GORDON McINTYRE	W/EK	78	2.16.59	621	RCP	13/06
8 DAVID CARRY	N/AN	81	2.19.35	585	EK	27/06
9 FRASER ALLISON	W/SG	82	2.20.78	567	RCP	13/06
10 DAVID LEITH	E/WB	78	2.21.09	564	EK	28/06

100 M BUTTERFLY

1 PAUL LATIMER	ST'PORT	M	76	56.51	817	SHEFFIELD	21/03
2 CAMERON BLACK	M/AS		77	57.02	796	RCP	12/06
3 DAVID COX	DER'SIDE		78	59.00	718	LEEDS	11/07
4 STEVEN KIDD	W/CG		81	1.00.25	674	EK	30/06
5 IAIN McINTYRE	W/RD		78	1.00.61	662	RCP	12/06
6 CRAIG PANKHURST	CO OXFORD		79	1.00.71	659	EK	27/06
7 GREIG HENDERSON	N/AN		77	1.00.93	652	SHEFFIELD	21/03
8 DOUGLAS FORREST	W/MB		76	1.00.99	650	SHEFFIELD	21/03
9 BRYAN MORGAN	E/CE		80	1.01.48	635	EK	30/06
10 CIARAN O'BRIEN	W/RD		80	1.01.68	628	EK	30/06

200 M BUTTERFLY

1 PAUL LATIMER	ST'PORT	M	76	2.11.52	680	SHEFFIELD	23/03
2 DAVID COX	DER'SIDE		78	2.11.72	677	LEEDS	13/07
3 CRAIG PANKHURST	CO OXFORD		79	2.13.42	652	SHEFFIELD	23/03
4 IAIN McINTYRE	W/RD		78	2.13.95	644	RCP	14/06
5 STEVEN KIDD	W/CG		81	2.15.93	616	EK	27/06
6 GREIG HENDERSON	N/AN		77	2.16.15	613	SHEFFIELD	23/03
7 MARTIN JONES	W/HD		80	2.17.74	592	EK	27/06
8 NICHOLAS FOSTER	W/SG		75	2.17.80	591	RCP	05/05
9 BARRY McDONNELL	UNATT		78	2.18.84	578	EK	28/06
10 CIARAN O'BRIEN	W/RD		80	2.19.20	574	EK	27/06

100 BREASTSTROKE

1 DAN P DEL VECCHIO	E/CE		80	1.08.46	717	EK	30/06
2 BEN HARKIN	W/CN		78	1.08.48	717	STOCKPORT	16/03
3 ROSS MARTIN	E/EK		82	1.08.51	716	CRY'PAL	02/08
4 CHR'TOPHER SHAW	E/WB		76	1.08.90	704	SHEFFIELD	21/03
5 IAN WRIGHT	E/WB		73	1.09.54	684	RCP	13/06
6 BRYAN MORGAN	E/CE		80	1.10.08	669	EK	30/06
7 CIARAN O'BRIEN	W/RD		80	1.11.07	641	EK	30/06
8 JAMIE McNEIL	W/MB		74	1.11.36	633	RCP	05/05
9 GRANT SMALL	E/WB		78	1.11.51	629	EK	27/06
10 GRAEME GREER	W/DD		78	1.11.57	628	EK	27/06

200 M BREASTSTROKE

1 ROSS MARTIN	E/EK		82	2.27.76	683	CRY'PAL	29/07
2 CHR'TOPHER SHAW	E/WB		76	2.29.77	656	SHEFFIELD	21/03
3 BEN HARKIN	W/CN		78	2.34.47	598	EK	30/06
4 MARTIN SNAPE	N/AN		77	2.35.83	582	RCP	12/06
5 JAMIE McNEIL	W/MB		74	2.36.13	579	RCP	12/06
6 CIARAN O'BRIEN	W/RD		80	2.37.15	568	EK	29/06
7 MURRAY STEEL	W/ED		81	2.37.54	564	EK	29/06
8 ALEX CARTER	W/LK		80	2.38.20	556	EK	29/06
9 ANDREW SOMERVILLE	W/CD		79	2.38.38	555	RCP	12/06
10 GORDON GLASGOW	E/HM		77	2.39.35	545	RCP	12/06

50 M FREESTYLE

400 M FREESTYLE

1 CAMERON BLACK M/AS 77 24.07 747 RCP 12/06	1 GRAEME SMITH ST'PORT 76 3.54.30 885 SHEFFIELD 23/03
2 TOM GRIFFITH W/WB 73 24.09 742 SHEFFIELD 22/03	2 NEIL SLOAN NOVA CEN 75 4.09.18 736 SHEFFIELD 23/03
3 ALASDAIR PULLAN LEATH'D 73 24.17 735 RCP 12/06	3 MICHAEL COLE CO YORK 78 4.10.51 724 LEEDS 14/07
4 FORBES DUNLOP W/WB 75 24.22 730 RCP 12/06	4 CRAIG MILLER W/CG 78 4.10.79 722 EK 28/06
5 BRYAN MORGAN E/CE 80 24.71 688 SHEFFIELD 22/03	5 NEIL TAIT PORTS'TH 68 4.11.21 718 LEEDS 14/07
6 JAMIE REEKIE N/AN 74 24.80 680 RCP 12/06	6 STEVEN KIDD W/CG 81 4.18.56 659 RCP 14/06
7 MYLES MACINTOSH N/IS 76 25.04 658 SHEFFIELD 22/03	7 GORDON McINTYRE W/EK 78 4.19.54 651 RCP 14/06
8 STEVEN YOUNG W/RD 79 25.28 642 RCP 12/06	8 DAVID LIVERSIDGE N/AN 78 4.20.43 644 RCP 14/06
9 DAVID LEITH E/WB 80 25.48 627 RCP 12/06	9 COLIN PRATT W/HD 79 4.21.25 638 RCP 14/06
0 CRAIG MILLER W/CG 78 25.56 621 RCP 12/06	10 DAVID COX DER'SIDE 78 4.23.10 625 LEEDS 14/07

100 M FREESTYLE

200 IND MEDLEY

1 FORBES DUNLOP W/WB 75 52.35 791 SHEFFIELD 24/03	1 FRASER WALKER WARR'TON 73 2.05.71 856 SHEFFIELD 22/03
2 TOM GRIFFITH W/WB 73 52.76 773 SHEFFIELD 24/03	2 PAUL LATIMER ST'PORT M 76 2.06.59 838 SHEFFIELD 22/03
3 CAMERON BLACK M/AS 77 53.14 756 RCP 14/06	3 MICHAEL COLE CO YORK 78 2.08.43 802 LEEDS 13/07
4 FRASER WALKER WARR'TON 73 53.23 752 RCP 14/06	4 BEN HARKIN W/CN 78 2.14.07 705 RCP 12/06
5 NEIL TAIT PORTS'TH 68 53.67 734 SHEFFIELD 22/06	5 STEVEN KIDD W/CG 81 2.15.25 687 EK 27/06
6 ALASDAIR PULLAN LEATH'D 73 53.95 723 SHEFFIELD 24/03	6 DAVID LEITH E/WB 80 2.17.75 650 RCP 12/06
7 MICHAEL COLE CO YORK 78 54.07 718 RCP 14/06	7 GORDON McINTYRE W/EK 78 2.17.94 647 EK 27/06
8 MYLES MACINTOSH N/IS 76 54.14 715 SHEFFIELD 24/03	8 CRAIG PANKHURST CO OXFORD 79 2.19.05 632 EK 27/06
9 DAVID LEITH E/WB 78 54.28 710 RCP 12/05	9 FRASER BISLEY W/WB 81 2.19.26 629 STOCKPORT 16/03
10 CRAIG MILLER W/CG 78 54.79 690 EK 29/06	10 JAMIE McNEIL W/WB 74 2.19.85 621 RCP 12/05

200 M FREESTYLE

400 IND MEDLEY

1 NEIL TAIT PORTS'TH 68 1.54.84 801 SHEFFIELD 21/03	1 MICHAEL COLE CO YORK 78 4.30.15 815 RCP 13/06
2 RICHARD HOPE E/WB 76 1.55.54 787 SHEFFIELD 21/03	2 FRASER WALKER WARR'TON 73 4.37.57 751 RCP 13/06
3 CRAIG MILLER W/CG 78 1.57.87 741 RCP 13/06	3 PAUL LATIMER ST'PORT M 76 4.41.69 719 SHEFFIELD 24/03
4 MICHAEL COLE CO YORK 78 1.58.56 728 LEEDS 11/07	4 NEIL SLOAN NOVA CENT 75 4.44.58 697 SHEFFIELD 24/03
5 CRAIG PANKHURST CO OXFORD 79 2.00.51 693 SHEFFIELD 21/03	5 STEVEN KIDD W/CG 81 4.46.65 682 EK 29/06
6 TOM GRIFFITH W/WB 73 2.00.73 690 RCP 05/05	6 GORDON McINTYRE W/EK 78 4.51.82 648 RCP 13/06
7 DAVID LEITH E/WB 78 2.02.08 667 RCP 13/06	7 IAIN McINTYRE W/RD 78 4.54.42 629 EK 30/06
8 STEVEN YOUNG W/RD 79 2.02.44 661 EK 29/06	8 GREGOR TAIT W/SG 79 4.54.47 629 EK 29/06
9 DAVID LIVERSIDGE N/AN 78 2.02.74 656 RCP 13/06	9 FRASER BISLEY W/WB 81 5.02.71 579 EK 29/06
10 DOUGLAS FORREST W/WB 76 2.02.98 653 RCP 05/05	10 DAVID CARRY N/AN 81 5.02.81 578 EK 29/06

1500 M FREESTYLE

1 GRAEME SMITH ST'PORT 76 15.02.48 938 ATLANTA 26/07
2 NEIL SLOAN NOVA CEN 75 16.18.20 736 SHEFFIELD 22/03
3 COLIN PRATT W/HD 79 16.46.50 676 RCP 12/06
4 GORDON McINTYRE W/EK 78 16.49.83 669 RCP 12/06
5 IAIN McINTYRE W/RD 78 17.04.50 641 RCP 12/06
6 ANDREW JAMESON N/AN 81 17.15.07 621 RCP 12/06
7 ALISTAIR AITKEN W/WB 79 17.25.96 602 RCP 12/06
8 FRASER ALLISON W/SG 82 17.33.55 589 EK 29/06
9 STEVEN KIDD W/CG 81 17.34.74 587 EK 30/06
0 DARREN McDONNELL UNATT 80 17.34.89 587 EK 30/06

1996 LONG COURSE

TOP 10

SASA

FEMALE

100 M BACKSTROKE

SWIMMER	D/CB/C'P	YR	TIME	GP	VENUE	DATE
1 KIRSTY HOPE M/CD 78 1.06.89 733 SHEFFIELD 24/03						
2 NICOLA STEEL N/AN 77 1.07.37 717 SHEFFIELD 24/03						
3 LYNDA REID PRT'MOUTH 74 1.08.66 677 SHEFFIELD 24/03						
4 PAULINE McLEAN W/SG 75 1.09.86 643 SHEFFIELD 24/03						
5 GILLIAN ANDERSON W/ED 78 1.10.38 629 RCP 12/06						
6 SIOBHAN DUNCAN M/PC 83 1.10.58 624 EK 27/06						
7 JILLIAN REES E/CE 81 1.10.59 623 EK 28/06						
8 LYNN McLAREN E/CE 81 1.10.88 616 EK 28/06						
10 DEBORAH McGOWAN W/EK 79 1.11.13 609 RCP 10/02						

100 M BUTTERFLY

1 KERRY MARTIN W/SG 75 1.05.12 704 SHEFFIELD 24/03
1 TERESA DAVIES C/COV'TRY 80 1.05.12 704 CRYSTAL/P 02/08
3 KAREN M LEWIS W/CD 80 1.05.86 681 RCP 10/02
4 CHANTAL GUILLOT N/AN 72 1.06.99 646 RCP 14/06
5 KAREN McCRONE W/EK 78 1.07.12 643 RCP 14/06
6 GILLIAN ANDERSON W/ED 78 1.07.37 635 EK 27/06
7 LYNN McLAREN E/CE 81 1.08.12 615 EK 30/06
8 KATIE BURKE COCK'MOUTH 77 1.08.18 613 RCP 14/06
9 JENNA HAUGH W/EK 80 1.08.42 607 EK 30/06
10 JUL'TTE BOTTERILL M/AS 79 1.08.94 593 LEEDS 13/07

200 M BACKSTROKE

1 ALISON SHEPPARD W/WB 72 2.21.78 712 RCP 13/06
2 ANGELA PENDRICH GREENWICH 76 2.25.91 653 SHEFFIELD 22/03
3 KIRSTY HOPE M/CD 78 2.27.58 631 SHEFFIELD 22/03
4 NICOLA STEEL N/AN 77 2.28.16 624 SHEFFIELD 22/03
5 LYNDA REID PRT'MOUTH 74 2.29.74 604 SHEFFIELD 22/03
6 SIOBHAN DUNCAN M/PC 83 2.29.85 603 CRYSTAL/P 30/07
8 JILLIAN REES E/CE 81 2.30.00 601 RCP 05/05
7 LYNN McLAREN E/CE 81 2.30.14 599 EK 27/06
9 NICOLA CLARK N'HAMPTON 80 2.31.68 581 EK 27/06
10 MIC'LE LIVINGSTON E/WB 77 2.32.20 575 RCP 05/05

200 M BUTTERFLY

1 TERESA DAVIES C/COV'TRY 80 2.18.11 758 CRYSTAL/P 04/08
2 KAREN M LEWIS W/CD 80 2.26.42 636 RCP 12/06
3 KAREN McCRONE W/EK 78 2.28.10 615 RCP 12/06
4 PHILLIPA TOMS BARNET/COP 78 2.29.34 600 SHEFFIELD 22/03
5 LYNN McLAREN E/CE 81 2.30.77 583 EK 27/06
6 CLAIRE ALEXANDER W/CN 82 2.31.07 579 RCP 12/06
7 EMMA McFARLANE W/WB 81 2.31.54 574 EK 27/06
8 JUL'TTE BOTTERILL M/AS 79 2.31.79 571 LEEDS 11/07
9 CHANTAL GUILLOT N/AN 72 2.32.80 560 RCP 12/06
10 LINDA McGREGOR N/CA 80 2.35.03 536 RCP 12/06

100 M BREASTSTROKE

1 BEVERLEY ROBERTSON N/AN 80 1.14.56 755 EK 30/06
2 KATIE BURKE COCK'MOUTH 77 1.15.58 725 RCP 13/06
3 RUTH LEAVER W/CG 81 1.17.38 676 EK 30/06
4 CLAIRE J McPHERSON M/PC 80 1.17.49 673 EK 30/06
5 LYNN McLAREN E/CE 81 1.17.58 670 EK 30/06
6 HELEN DICK C/BRADFORD 78 1.18.00 660 SHEFFIELD 23/03
7 CLAIRE BRUCE N/CA 81 1.18.08 658 EK 30/06
8 KIRSTEN SMITH E/FS 81 1.18.98 635 EK 30/06
9 PAULINE MARTIN W/CG 80 1.19.36 626 EK 30/06
10 KIRSTEN SINCLAIR E/CE 82 1.19.55 622 EK 29/06

50 M FREESTYLE

1 ALISON SHEPHERD W/WB 72 26.57 812 SHEFFIELD 22/03
2 PAULINE McLEAN W/SG 75 28.04 691 RCP 12/06
3 KIRSTY HOPE M/COD 78 28.17 681 SHEFFIELD 22/03
4 LISA McLUCKIE W/CN 79 28.18 681 RCP 12/06
5 SAMANTHA McNEILLY CoBRISTOL 79 28.26 675 SHEFFIELD 22/03
6 LYNN McLAREN E/CE 81 28.27 674 RCP 12/06
7 LEE ANN FRASER W/DD 82 28.29 673 RCP 12/06
8 CAROL BROWN W/CG 76 28.47 660 RCP 12/06
9 CHANTAL GUILLOT N/AN 72 28.52 657 SHEFFIELD 22/03
10 GILLIAN ANDERSON W/ED 78 28.54 655 RCP 12/06

200 M BREASTSTROKE

1 BEVERLEY ROBERTSON N/AN 80 2.39.78 752 RCP 14/06
2 HELEN DICK C/BRADFORD 78 2.45.60 676 RCP 14/06
3 KATIE BURKE COCK'MOUTH 77 2.47.04 658 LEEDS 13/07
4 JANE LEIGHTON UNATT 81 2.47.76 650 EK 29/06
5 SUSAN KENT W/CD 79 2.48.56 641 RCP 14/06
6 LYNN McLAREN E/CE 81 2.49.64 629 EK 29/06
7 KIRSTEN SMITH E/FS 81 2.49.87 626 EK 29/06
8 CAROLE EYLES READING 79 2.50.08 624 LEEDS 13/07
9 CLAIRE J McPHERSON M/PC 80 2.50.53 619 RCP 14/06
10 CLAIRE BRUCE N/CA 81 2.51.62 607 EK 29/06

100 M FREESTYLE

1 ALISON SHEPHERD W/WB 72 57.73 840 SHEFFIELD 21/03
2 PAULINE McLEAN W/SG 75 59.73 759 RCP 14/06
3 KIRSTY HOPE M/COD 78 59.86 754 SHEFFIELD 21/03
4 LYNN McLAREN E/CE 81 1.00.37 735 RCP 14/06
5 SAMANTHA McNEILLY CoBRISTOL 79 1.00.49 730 SHEFFIELD 21/03
6 LEE ANN FRASER W/DD 82 1.00.61 726 CRY'PAL 29/07
7 LISA McLUCKIE W/CN 79 1.00.75 721 RCP 10/02
8 DIANA BORLAND W/RD 80 1.00.89 716 RCP 10/02
9 LISA KENT W/CD 80 1.01.36 700 RCP 14/06
10 GILLIAN ANDERSON W/ED 78 1.01.37 699 RCP 14/06

## 200 FREESTYLE

1	ALISON	SHEPHERD	W/MB	72	2.08.46	766	SHEFFIELD	24/03
2	ANGELA	PENDRICH	GREENWICH	76	2.08.96	757	SHEFFIELD	24/03
3	JENNA	HAUGH	W/EK	80	2.10.01	739	RCP	12/06
4	SAWANTHA	McNEILLY	CoBRISTOL	79	2.11.06	721	LEEDS	11/07
5	TERESA	DAVIES	CoCOV'TRY	80	2.12.00	706	EK	30/06
6	LEE ANN	FRASER	W/DD	82	2.12.44	699	EK	28/06
7	LYNN	McLAREN	E/CE	81	2.12.52	698	RCP	12/05
8	KATHERYN	KACZYNSKA	W/MB	79	2.13.28	686	RCP	12/06
9	M'ELLE	LIVINGSTON	E/WB	77	2.13.67	680	RCP	12/05
10	KATIE	LAWSON	M/CD	78	2.14.37	669	SHEFFIELD	24/03

## 400 FREESTYLE

1	TERESA	DAVIES	CoCOV'TRY	80	4.30.38	733	CRY'PAL	01/08
2	JENNA	HAUGH	W/EK	80	4.30.76	730	EK	28/06
3	ANGELA	PENDRICH	GRN'WICH	76	4.31.06	728	RCP	14/06
4	M'ELLE	LIVINGSTON	E/WB	77	4.36.92	683	RCP	05/05
6	KATHERYN	KACZYNSKA	W/MB	79	4.37.35	679	RCP	05/05
5	LYNN	McLAREN	E/CE	81	4.40.44	657	EK	28/06
7	KATIE	LAWSON	M/CD	78	4.41.67	648	SHEFFIELD	23/03
8	HAZEL	SEARLE	W/RD	78	4.41.94	647	EK	28/06
9	NICOLA	CLARK	N'HAMPTON	80	4.42.58	642	EK	28/06
10	LEE ANN	FRASER	W/DD	82	4.42.78	641	EK	27/06

## 800 M FREESTYLE

1	TERESA	DAVIES	CoCOV'TRY	80	9.09.59	736	CRY'PAL	03/08
2	JENNA	HAUGH	W/EK	80	9.16.22	710	RCP	13/06
3	CAROL	BROWN	W/CG	76	9.29.00	663	RCP	13/06
4	KATHERYN	KACZYNSKA	W/MB	79	9.34.39	644	RCP	13/06
5	HAZEL	SEARLE	W/RD	78	9.35.85	639	RCP	13/06
6	NICOLA	CLARK	N'HAMPTON	80	9.37.03	635	EK	30/06
7	CAROLYN	CARRUTH	W/RD	80	9.38.52	631	RCP	13/06
8	LYNN	McLAREN	E/CE	81	9.40.36	625	EK	30/06
9	KAREN	McCRONE	W/EK	78	9.46.44	605	EK	30/06
10	LINDA	KINNELL	E/CE	82	9.47.74	601	RCP	13/06

## 200 IND MEDLEY

1	TERESA	DAVIES	C/COV'TRY	80	2.23.75	768	CRYSTAL/P	29/07
2	KATIE	BURKE	COCK'MOUTH	77	2.27.77	707	LEEDS	14/07
3	LYNN	McLAREN	E/CE	81	2.29.63	681	EK	27/06
4	JENNA	HOUGH	W/EK	80	2.30.25	672	EK	27/06
5	KAREN	McCRONE	W/EK	78	2.31.92	650	EK	27/06
6	KIRSTEN	SINCLAIR	E/CE	82	2.32.02	649	EK	30/06
7	ANGELA	PENDRICH	GREENWICH	76	2.32.13	648	RCP	12/06
8	KATHRYN	KACZYNSKA	W/MB	79	2.32.45	644	RCP	12/06
9	CHANTAL	GUILLOT	N/AN	72	2.32.51	643	SHEFFIELD	23/03
10	CAROLE	EYLES	READING	79	2.32.69	641	LEEDS	14/07

## 400 IND MEDLEY

1	TERESA	DAVIES	C/COV'TRY	80	5.00.60	774	CRYSTAL/P	01/08
2	KATIE	BURKE	COCK'MOUTH	77	5.08.05	720	LEEDS	11/07
3	YVONNE	PATE	E/FS	80	5.17.29	658	RCP	13/06
4	KAREN	McCRONE	W/EK	78	5.20.43	639	RCP	13/06
5	SAWANTHA	McNEILLY	C/BRISTOL	79	5.20.91	636	EK	29/06
6	LYNDA	REID	PRT'MOUTH	74	5.23.25	623	SHEFFIELD	21/03
7	EMMA	McFARLANE	W/MB	81	5.23.97	619	EK	29/06
8	SIOBHAN	EDGAR	E/HM	80	5.25.27	611	EK	29/06
9	KIRSTY	ORR	E/HM	82	5.25.91	608	EK	29/06
10	NICOLA	CLARK	N'HAMPTON	80	5.26.39	605	EK	29/06

S DAVIDSON  
SASA MID/DIST JAN'97

Let SASA earn money  
for your club...



Why give yourselves the hassle of running a club raffle, when all you have to do is sell tickets for the Association's National Raffle and keep half the cash!

...you get funds and somebody else does the work!

Tickets only 20p

1st Prize an exotic foreign holiday for 2 value £1000 and 10 other luxury prizes

Draw will take place at the National Age Group Championships, June 1997

To ensure your supply of tickets call Melanie now on 0141-641 8818

Raffle Promoter: Stuart Martin, SASA, Holmhills Farm, Greenlees Road, Cambuslang, Glasgow

## Swimming Technical Officials

## NEWS

### STO NEWS SEPTEMBER/OCTOBER ISSUE PAGE 21 IMPORTANT CHANGES FOR CLUB TIMEKEEPERS:

Due to an unfortunate typing error, part of the article outlining the important changes proposed for Club Timekeepers is wrong and misleading. The statement therein should, therefore, read as follows:-  
"in substance it is **NOW** possible to become a fully qualified SASA timekeeper without taking the written examination".

Congratulations are extended to the following technical officials who received their Certificates of Competence during October - December 1996.

## STARTERS

Susan McVicar	East
Ted Letson	East
Doris Mair	North

## JUDGES

Alison Tourish	West
Joan Higgins	West
Alexander Hutcheson	West
Linda Stamp	West
Jennifer Young	North
Tony Chalmers	North
Wilma Wood	North

## RECORDERS

Tom Foster	East
Lesley Craig	North
Walter Craig	North
Elizabeth Spence	North
Ann Spence	North

## TIMEKEEPERS

Linda Orr	East
Pamela Mitchell	East
Ann Black	East
Peter Armstrong	East
Jill Williams	East
Elaine Rough	Midland
Patricia Cole	North
Mary More	North
Kathleen Anderson	North
Christina Innes	North
Maureen Drever	North
David Morrison	West

### SASA TECHNICAL OFFICIALS EXAMINATION RESULTS:

Following the SASA Technical Officials Examinations in November, the STO Committee are pleased to confirm the following candidates as being successful in the Referee Examination:

Jacky Drysdale	West
Tom Foster	East
Alan Lowes	East
Carol Spry	East

### FULL RESULTS (passes)

	East	West	Midland	North
Referee	3	1	-	-
Starter	1	4	2	4
Judge	1	2	1	6
Recorder	7	1	-	4
Timekeeper	1	1	1	32

### "BEST PRACTICE" PROCEDURES FOR EXAMS:

In line with "Best Practice" the STO Committee have drawn up and agreed a number of standard procedures for the conduct of SASA Examinations for Technical Officials. In order that all candidates for examination receive fair and equal treatment, these procedures will be adopted as standard practice in each District as of the November 1996 examinations.

By their nature the procedures are detailed for District Convenors and STO Committee members in the following specific areas:-

### EXAMINATION APPLICATION FORM DISTRIBUTION REGISTRATION OF EXAMINATION APPLICANTS NOTIFICATION TO EXAMINATION APPLICANTS EXAMINATION VENUE ARRANGEMENTS EXAMINATION PAPERS - MARKING PROCEDURE EXAMINATION RESULTS NOTIFICATION.

It is important here to note, that ALL candidates for SASA Examinations are now provided, on acceptance, with a full copy of the above shown STO Procedures **No. 4, EXAMINATION VENUE ARRANGEMENTS.** Notwithstanding the general instruction for the examination, it is further important to note, that examination invigilators must open the sealed envelope,

**National Convener : Ed. Adam**  
18 St. Andrews Drive, THURSO,  
Caithness, KW14 8PY  
Tel: 01847 893335  
**Secretary :Bob Conroy**  
Hammersgarth, Stove, Landwick  
Shetland  
Tel: 01950 431 521

### DISTRICT AND STO REPRESENTATIVES

<b>EAST</b>	John Bruce 50 Station Road Roslin Midlothian EH25 9LR	Tel:0131 4401752 (H)
<b>MIDLAND</b>	Jeanette Patterson 45 Pitkerro Drive, Dundee DD4 8AT	Tel:01382 508486 (H)
<b>NORTH</b>	Roy Wilson 72 Leggart Avenue, Aberdeen, AB1 6UQ	Tel: 01224 874638 (H)
<b>WEST</b>	Alan Fletcher 15 Craigie Hall Way, West Freeland, Erskine. PA8 7DA	Tel:01418106817(B)
<b>STO</b>	Peter Syer 185 Park Road West, Rosyth, Dunfermline. KY11 2SZ	Tel: 01383 415426
<b>STO</b>	Eddie Wilmott, 294 Ravensby Road, Carnoustie, Angus. DD7 7NW	Tel: 01241 54853

which contains the examination papers, ONLY at the respective examination venue where the candidates may see same. Likewise, examination papers collected after completion of the examination, must also be returned straight away to a sealed envelope. This procedure No. 4 also now allows for candidates to be given ten (10) minutes in which to peruse the examination questions, prior to the official examination starting time.

The continued success of the CLUB TIMEKEEPER courses now being held has accounted for the expected drop off in numbers of candidates taking the written timekeeper examination. The important changes of qualification announced by the STO Committee for Club Timekeepers (Sept/Oct Swim 2000) NOW makes it possible for candidates to become fully qualified as an SASA timekeeper without the need to take the written examination.

Both Midland and East District Convenors have reported (December) the completion of a further number of assessment courses. Total numbers of successful candidates as Club Timekeeper thus far for 1996 is:-

West District -	32
Midland District-	32
East District-	61
<b>Total</b>	<b>125.</b>

Midland District STO Committee are to encourage ALL Midland Clubs to enrol for a CLUB TIMEKEEPER COURSE. they have produced a 1997 District Calendar, and are to hold a District Seminar/Meeting, with all officials invited, in January/February 1997. The views of those attending will be taken on board and hopefully, would assist in the future. It is hoped this seminar will also encourage registration. the agenda is to include Training and Local Requirements, Meet Management and Computerisation as well as items specially requested by officials.

### **ANNUAL RENEWAL - REGISTERED SWIMMING TECHNICAL OFFICIALS:**

STO National Convenor Ed Adam, has written to all individual swimming technical officials, registered for the current year (1996) inviting re-registration for 1997. Each individual should also receive a copy of the printout of the database information held in their name at the SASA Office. You should also this year, since all STO Briefing Notes have been up-dated during 1996 receive, appropriate to your category, a copy of the respective up-dated notes for your help and information. The annual re-registration form for this year has also been slightly altered to allow your personal choice of name to be recorded on your registration card. Probationary timekeepers who have completed their Pondside Duties Form, but not yet received their certificate from the National Convenor, will do so during early 1997 and, be automatically registered for this STO year.

Please note that any discrepancy or error(s) on your

personal database file can ONLY be rectified by your respective District Convenor. the SASA Office will not accept any alteration(s) to any individual file other than on the appropriate official STO form.

Following this invitation to all individual swimming technical officials to re-register, the SASA Office will further send to all affiliated swimming clubs:

a) A letter signed by the STO National Convenor inviting the clubs to identify practising swimming technical officials who have not yet registered.

b) A copy of the appropriate District (i.e. East, Midland, North or West) listing of swimming technical officials for the current calendar year.

The number of Registered Swimming Technical Officials given at December 1996 was:-

Midland District	117
West District	128
East District	145
North District	176
<b>TOTAL</b>	<b>566</b>

### **IMPORTANT DATES FOR YOUR DIARY:**

#### **STO Area Co-ordinators Meeting -**

Sunday 8th June 1997 (am) Perth

#### **SASA Referees Meeting -**

Sunday 8th June 1997 (pm) Perth

#### **SASA Swimming Technical Officials Seminar -**

Sunday 28th September 1997 Perth

### **REFEREE TRAINING AND EXPERIENCE PROJECT:**

#### **SASA Winter Championships - Aberdeen**

An excellent turnout of technical officials throughout the three days of this event was mustered by North District STO Convenor Roy Wilson, who was also Chairman of the organising committee.

National STO Convenor Ed Adam was appointed Meet Referee. All six referees on the National Training List - Peter Syer, Blair Prentice, Bill Murdoch, Liz Hastie, Eddie Wilmott and Lois Cairney attended throughout. Technical officials from each of the SASA Districts were also in attendance throughout or part thereof. The ASA representative, Mrs. Nuala Muir-Cochrane travelled from Leeds and attended at all sessions. Each session was pre-empted with a briefing by the Meet Referee. All sessions were run with two referees working in unison, a starter and chief timekeeper. The finish judges in being allocated to lanes, recorded the finish by operating the semi-automatic timing equipment and were of course on station to observe the starts from their lane positions. During 800 and 1500 events the even numbered lap cards were displayed and operated by the finish judges. the whole event was computerised using Sykes, with Tom Tracey and John Bruce working in tandem with Dennis Macintosh who operated the AOE. Each event result was confirmed by the referee, prior

to being displayed in place order, and absolutely no adjustments/alterations were made to any result by the AOE operator without the express authority of the referee. Prior to each session technical officials marched down both sides of the pool and, remained in place during the presentations before again marching off at the end of the session.

This was a most enjoyable event to attend throughout, and certainly from a training point of view, provided an ideal opportunity for the whole group to work together to a standard format and for the common good.

### **ROBIN DALE**

Congratulations are extended to Robin Dale (West) on being appointed to officiate at the FINA Sprints and European Short Course championships in ROSTOCK, Germany during the 12th to 15th December 1996. This was Robin's first official engagement as a FINA Listed Starter, and we would take this opportunity to wish him well during his 4 year appointment. (Caught by our correspondent fresh from his travels, Robin has promised a report for the next issue of STO News).

### **EDDIE WILMOTT**

Eddie Wilmott was appointed to attend on our behalf at the ASA National Masters (Sprints) held at Barnett Copthall over the period 25-27th October 1996. The event, sponsored by MYCIL, was held over six sessions and is reported as having been well run by a team of very experienced officials. Each attending official was provided with two (2) Meet Shirts, and accommodation provided at the nearby Holiday Inn. Held under ASA Laws, Eddie reported that he was particularly impressed with the immediate production of results for the Referees, using a Colorado System. In line also with all ASA Events, each result was ultimately confirmed by the Referee and Chief Timekeeper, and during each session the judges leapfrog in rotation after a number of events thus ensuring that all the judges duties are covered.

### **FINA WORLD CUP SERIES:-**

This event will be held in the new swimming pool at Tollcross, Glasgow on Tuesday 28th and Wednesday 29th January 1997. the Organising Committee have appointed from the FINA Lists Mr. Roy George (ASA) as Referee and Robin Dale (SASA) Starter. In addition, Peter Syer has been invited to attend throughout as a Pre FINA listed official. Robin Dale has also been appointed as Chief Technical Official, with responsibility for the recruitment of all technical officials necessary for the satisfactory completion of this event.

### **ASA NATIONAL REFEREE SEMINAR**

National Convenor Ed Adam attended the 1996 ASA National Referee seminar at the Birmingham Metropole Hotel and Conference Centre. Also in attendance was a representative from the Welsh ASA. Divided into three sessions, the one day seminar programme covered a number of specific items for ASA National Referees and, the opportunity to discuss a number of wider issues in discussion groups.

Interestingly, a number of the topics discussed and questions raised are akin to our own technical officials seminar and Committee discussions and decisions.

### **MAIN PROGRAMME PRESENTATIONS:**

1. Towards a truly National Referee List.
2. AOE and on-line systems.
3. The role of the Senior Referee.

### **SOME POINTS RAISED DURING DISCUSSION GROUPS - TOPICS:-**

Age limits for FINA and National referees. Retirement at the age of 60 years. A new perspective on the National Referee List. Ageism and sexism and the image it presents.

The backstroke turn, the use of starting pistols in relation to the anticipated restrictions of firearms. Finish judges "cribbing" the results from the AOE display, which could be incorrect. The role of the Chief Referee at National events. Liaison between the Referees and the Promoter prior to and during an event. Information regarding conditions, rules of a competition and programme of events prior to a competition. Different procedures adopted by officials in various parts of the UK e.g. when two or more referees are appointed, who does what? Inclusion of AOE placings in the judge examination syllabus. Officials qualified as TJS acting as referee, is their depth of knowledge enough when AOE is in use. System of appointment for National events.

### **NOTES BY OUR OBSERVER - (Main subject No.1)**

ASA Winter Championships - **NOW British Championships**. Pre FINA List for Referees - to be extended to Starters next year. ASA "referee exam" **NOT** a "National Referee Exam". Published criteria for selection to National List and published criteria for selection to FINA List. Need to ensure recruitment of "younger" referees but no age limit at present. Move to select Pre FINA candidates under age 55 years. Identify "National" starters. Backstroke turn - still an issue with "continuous turning action". "Real issue is ASA Laws vs FINA Rules".

### **Main subject No. 2**

Comparison between OMEGA and COLORADO system, printouts and idiosyncrasies shown, explained and compared. Copies distributed. Relay take-overs display/ rulings.

ASA Law/FINA Rule - no negative reading permitted. COLORADO system is programmed **TO TAKE 0.15** secs OFF back-up times, based on assessment/experience that back-up is on average this amount slower. Need for courses of education in AOE. Attendance at such courses before taking exams to be strongly encouraged but must not be compulsory. The ASA Swimming Officials Committee now have objective of issuing such operating instructions.

**Main subject No. 3**

Senior Referee - Provide Briefing  
 (Meet Referee) - Provide Safety Briefing  
 Provide General Guidance/Support to "Duty Referees"  
 Welsh Experience - Two Referees

- a) a "Whistle" Ref.
- b) a "table" Ref.

(Effectively, the "Table" ref. here collates the result as our recorders).

Need for development of new start system to replace pistols. (GB "actioned" to look at this with formation of special committee).

Referee(s) **MUST BE ADVISED IN ADVANCE** - on meet/event conditions.

In conclusion, the ASA National Referees attending this seminar provided the following % replies to these specific questions:-

**For certification as an ASA referee**

Should referees have to pass a practical exam?  
**YES 73%**

Should referees have to pass a written re-examination say every four years?  
**NO 72%**

Should referees be required to attend a refresher seminar say every four years? **YES 98%**

Should ASA swimming referees be compulsorily retired at the age of 55, 60, 65, 70? **NO 78%**

Are you in favour of the formation of an ASA Swimming Referees Association as part of your continuing "professional" development? **YES 98%**

**POINTS OF VIEW**

Points of view, comments or items and articles for inclusion in the STO News are welcome. These should be sent in the first instance to: **Peter Syer, 185 Park Road West, Rosyth, KY11 2SZ. Tel: 01383 415426.**

**The STO Committee will meet on the following dates during 1997:**

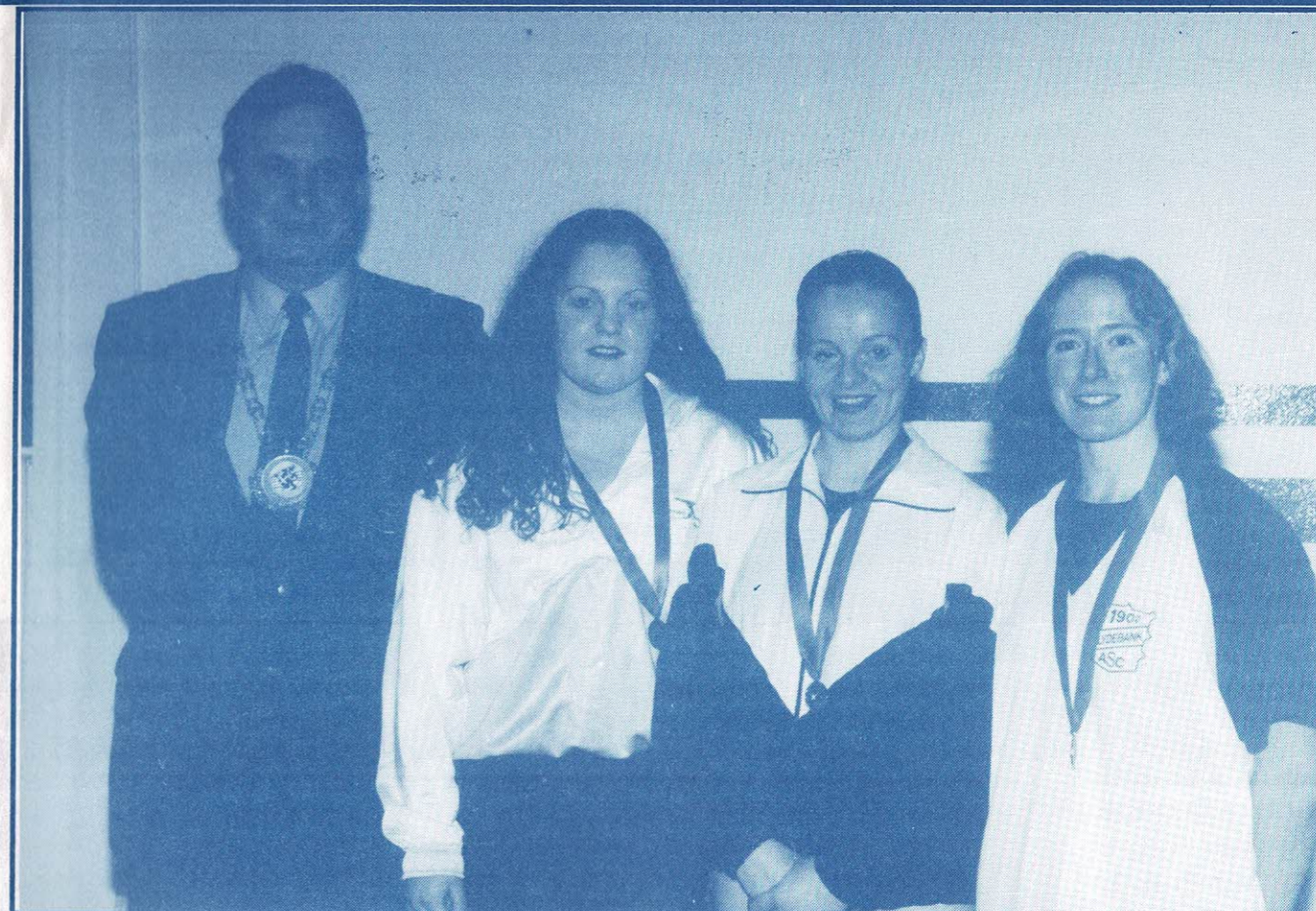
Sunday	9th	February
Sunday	6th	April
Sunday	7th	June
Sunday	27th	September
Sunday	7th	December

**SYNCHRONIZED SWIMMING  
 SCOTTISH CLUB CHAMPIONSHIPS 1996**

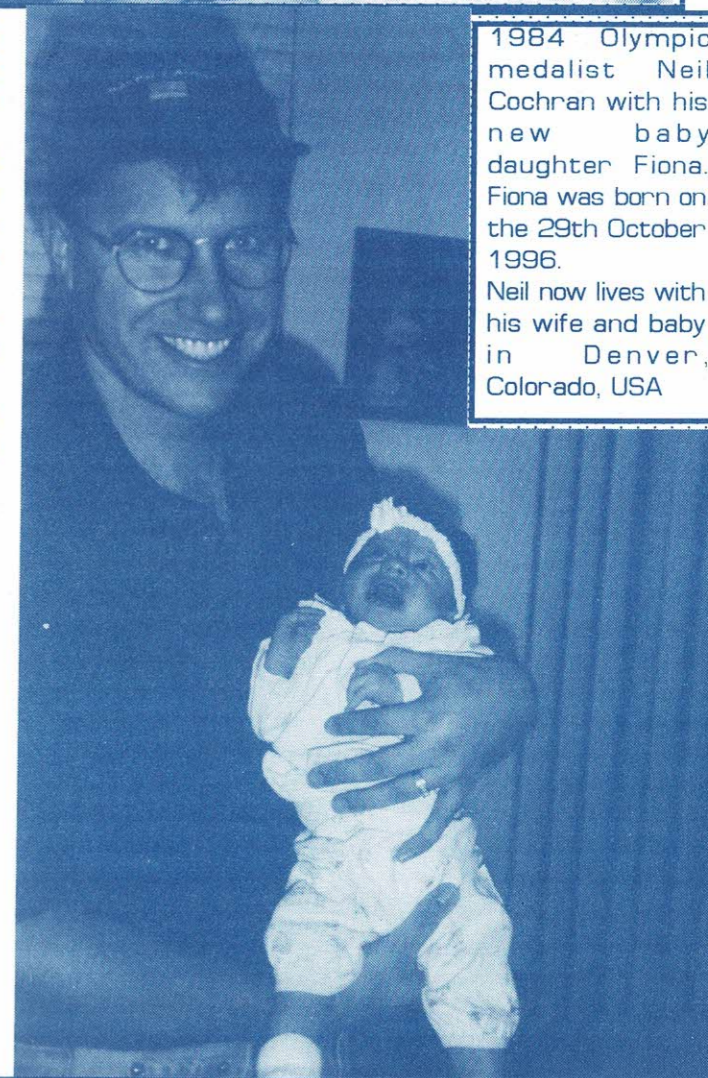


Nairn Synchronized Swimming Club swept the board at the Scottish Club Championships held at the Scottish Police College, Tulliallan Castle. The photograph shows

the Nairn girls with the Mary Black Rosebowl which was presented by SASA President Norman Grierson and Mrs Mary Black who also refereed the competition.



SASA President Norman Grierson with the top three Grade 6 Synchro swimmers at the Club Championships Sarah Burgon (Edinburgh SSC) was 1st, Morag Shaw (ClydebankASC) 2nd and Isla Dunbar (Elgin SSS) 3rd. Sarah has moved to New Zealand and the New Zealand Federation has now asked for her official transfer so that she will be able to swim for them. Her first competition for her new country will be the Australian Championships at the beginning of March. Morag Shaw is now the West District Synchro Convener and is already getting on with her task as well as training hard as one of the Scottish Elite Squad. Isla Dunbar has just returned from several weeks in California hosted by Dawn Bean and most of the top Synchro Clubs in the State. I look forward to hearing more for a future issue of Swimming 2000. The Scottish Elite Squad met in Elgin on the 8/9 February for their first training weekend with their new coach Colette Geir former Great Britain Team member and winner of the Holland Trophy in 1995. National Convener Elizabeth Bowman was delighted with the progress achieved on the first get together and especially that Colette had agreed to take on the job after being contacted by Mary Black. The Squad weekend at Tulliallan Castle on 1st/2nd of February was very successful with Coach Jenny Pollard from Newcastle and Win McFadyen from Nairn. Many girls missed this opportunity to get a fresh approach to basic technique. The Scottish Synchronized Swimming Committee was delighted that their nomination of Mary Black for the Nancy Riach Memorial Medal was accepted by Council.



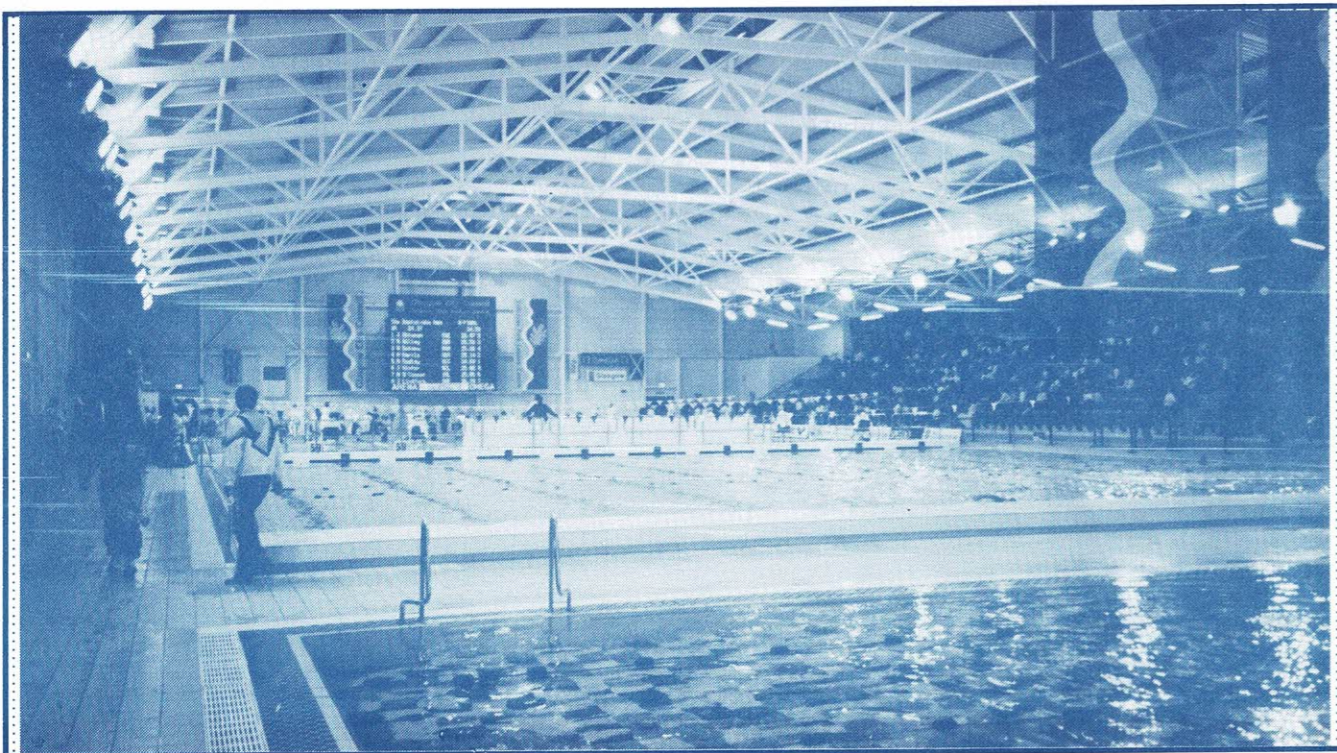
1984 Olympic medalist Neil Cochran with his new baby daughter Fiona. Fiona was born on the 29th October 1996. Neil now lives with his wife and baby in Denver, Colorado, USA



The new Omega scoreboard at Tollcross Park

### MORE VIEWS OF TOLLCROSS PARK LEISURE CENTRE DURING THE FINA WORLD CUP GRAND PRIX

View from the 25m teaching pool



Take your Mark!



Karin Helmstaedt FINA Press Officer makes a presentation

Commentator Hugh Porter and his wife Olympic Gold Medallist Anita Lonsborough

