

## Scottish Selections

### Senior and Elite Teams

Leeds Monk-Multi Nation: 28-30th May, 1988

Selection meeting on 17th April to consider times achieved at recognised meets from 1st January, 1988.

### ESSO Youth and Junior Teams

Genoa Meet, Italy: 8-10th July, 1988  
Canadian Youth Championships, Vancouver: 22-24th July, 1988.

### Senior and Elite Teams

8 Nations Contest, Edinburgh: 28-3rd July, 1988

Bellinzona Meet: 15-17th July, 1988

Selection meetings for the July dates on 12th and 26th June to consider times achieved from 1st January. *These dates may be subject to alterations.*

## Meet Preview

### EAST KILBRIDE OPEN MEET Sponsored by Motorola

by Andy Figgins, Swimming Development Officer E.K.

East Kilbride ASC stage their Sixth Annual Motorola Open Long Course Meet on 26-27th March of this year. Over the years the Meet has become firmly established as one of the country's top events and gives an excellent opportunity for an early season long course try-out to Scottish swimmers.

The dates for this year have been set to avoid a clash with the Schools International and as a result most of Scotland's top home-based stars will be taking part, e.g. Jean Hill and Ruth Gilfillan. Several English clubs are expected to be challenging for honours too this year, with entries already being received from Dave Crouch's Rochdale team and Neil Longridge's squad at Chester who will be bringing Shona and Lindsay Smart as two of their main contenders for medals.

It is hoped to follow on from last year's Scottish Age Group Championships where 120 records were broken and maintain the high standard of organisation and reputation for fast swimming which has been acquired over the years.

Several Meet records are now in their sixth year and it would certainly be good for Scottish swimming to see many of these smashed out of sight. Possibly two of the more difficult records to break will be William McGoldrick's excellent 100m and 200m Butterfly swims which stand at 58.67 sec. and 2:07.23 sec., respectively. The organisers wish all competitors every success at the Meet. Should anyone require information or help of any kind in relation to the Meet, please contact Margaret Imrie at E.K. 38471 or Andy Figgins (daytime only) at E.K. 21357.

## Centenary Souvenirs

● The following items are available from the Scottish Amateur Swimming Association, Airthrey Castle, University of Stirling, Stirling FK9 4LA.

PRICE LIST		p&p
Navy sweatshirts .. ..	9.50	60p
Navy/white short sleeve sports shirts .. ..	9.00	60p
Ladies' royal blue headsqu. ..	4.00	20p
Car stickers .. ..	0.50	20p
Peel off badges .. ..	0.50	20p
Ties .. ..	4.25	20p
T-shirts .. ..	5.00	60p
Centenary brochure .. ..	2.00	20p
Annual programme guide .. ..	1.00	20p
FINA handbook .. ..	6.00	50p
SASA handbook .. ..	5.20	50p
SASA handbook amendments .. ..	1.00	20p
ASA water polo referees' handbook .. ..	2.00	35p
Equiv. performance table .. ..	3.75	25p
Comp. performance table .. ..	2.45	30p
Blazer badge .. ..	4.00	20p
1/2" enamel col. badge .. ..	0.75	20p
1" enamel col. badge .. ..	1.00	20p
1" lady's enamel coloured pendant .. ..	1.20	20p

## Stop Press

### Scottish Club Team Chmps 1988

#### Women's Final Points

1 Warrender	108*
2 City of Dundee	105*
3 Paisley	99
4 Cumbernauld	95
5 Hamilton District	72
6 Aberdeen	68
7 Milngavie and Bearsden	62
8 Carnegie	51
9 Fins	36
10 Inverleith	31

#### Men's Final Points

1 Warrender	114*
2 Paisley	93 1/2*
3 City of Dundee	88
4 Aberdeen	73
5 Hamilton District	60
6 Cumbernauld	53
7 Fins	51
8 Milngavie and Bearsden	41
9 Inverleith	23 1/2

\*The first and second place clubs in the Men's and Women's championship qualified for the G.B. Final at the International Pool, Coventry.

### Hogg Robinson Travel

The SASA wish to announce that Alander Travel World Ltd, the Association's travel agent, have recently been taken over by Hogg Robinson Travel. Hogg Robinson have stated that they are happy to be associated with Scottish Swimming and have generously agreed to sponsor the main prize in the 1988 Centenary Raffle.

## Calendar

<b>MARCH</b>		
30-2	European Diving Cup	Edinburgh
<b>APRIL</b>		
1-3	Aber. Int. Open Meet	Aberdeen
2-3	West Dis. 'B' Age Group Championships	Grangemouth RCP
6-8	Edinburgh Meet	RCP
8-10	Luxembourg Meet	Luxembourg
9	Inter Dis. Diving Lgue	Dundee
9	Inter Dis. Synchro Swimming Champ.	Forres
9-10	Prem. Lge Water Polo	Drumchapel
9-10	Sutherland Open Meet	Sutherland
15	Centenary Dinner	Glasgow
16	ASA Water Polo Club Team Championships	—
16-17	West Dis. 'A' Age Group Championships	Bellshill
23	Synchro Triang. Meet	Spensborough
23-24	Amersfoort Cup 'Div.'	Holland
23-24	4 Nations Int. (G.B.)	Rome
23-24	Brit. Deep Water Ch.	—
30	North Dis. Gr. Meet	Banff
30	City of Dundee Speedo Mini Age Group Meet	Dundee
30	West Dis. 'B' Age Group Championships	Ayr
30	Cardiff Swim Meet	Cardiff
<b>MAY</b>		
1-2	Cardiff Swim Meet	Cardiff
1	G.B. Snr & Jnr Water Polo Training Camp	—
1	West Dis. 'B' Age Group Championships	Ayr
7	Inter Dis. Diving Lgue	Aberdeen
7-8	British Deep Water Champ. (Water Polo)	—
13-15	G.B. Snr & Jnr Water Polo Trg Camp (Men)	Cr/Palace
14-15	West Dis. 'A' Age Group Championships	Cumbernauld
14-15	North Dis. (High. & Gr.) Age Group Heats	—
20-22	Nat. Open Short Course Masters	Glasgow
21	ASA Water Polo Club Chmps 2nd Round	—
21	Diving Squ. Trg Camp	Edinburgh
21-22	8 Nations Synchro Swim. Age Gr. Chmps	Leicester
21-22	Belgian Swimming Cup	Antwerp
22	Scot. Water Polo Cup Q/Finals	—
27-29	Diving Int., Spain	Madrid
27-29	LEN Calendar Con.	Glasgow
28-29	Mid. Dis. Age Groups	—
28-29	Brit. Deep Water Final, Water Polo	—
28-29	West Dis. 'B' Age Gr.	Johnstone
28-30	Leeds Multi Nat. Meet	Leeds
<b>JUNE</b>		
3-5	G.B. Snr & Jnr Men's Water Polo Trg Camp	—
4	Inter Dis. Diving Lgue	Wishaw
4	Scot. Synchro Swim. Club Championship	Montrose
4-5	North Dis. Age Group Championships	Aberdeen
4-5	West Dis. 'A' Age Groups	Larkhall
9-10	G.B. Jnr Water Polo Tournament	Cr/Palace
12	Scot. Cup Finals, Water Polo	—
16-17	ESSO Int. Meet	Vancouver
18	Ythan Meet	Ellon
18	ASA Club Semi-Finals, Water Polo	—
19	Malta Trophy U21	—
19	Scottish Cup (W.P.)	Dunfermline
21-26	ESSO Age Groups & Nat. Championships	E.Kilbride
24-26	G.B. Snr & Jnr Water Polo Training Camp	Cr/Palace
24-26	Synchro Sw. Inter.	Majorca
25-26	Scot. 3m Highboard Open Diving Champ.	—
25-26	Synchro Squ. Trg W/E	—
28-3	8 Nations Contest, Swim. & Water Polo	Edinburgh

No. 3 March 1988

# SCOTTISH



# SWIMMING

Published by the Scottish Amateur Swimming Association

Editor: Mike Gosling

## Major Sponsorship Deal for Ruth

Matthew Gloag and Son Ltd, proprietors of The Famous Grouse Scotch Whisky, are very pleased to announce that they have entered into an arrangement with The Scottish Amateur Swimming Association. This arrangement will enable Scotland's leading freestyle swimmer, Ruth Gilfillan, to train unhindered by financial restraints for the 1988 Olympic Games in Seoul. Also, it will enable her to travel and swim competitively throughout the world.

Said Ruth "I am thrilled by this arrangement, because it means that I can really concentrate on swimming without any financial worries for myself or for my family, who have supported me so far."

Hamilton Smith, Director of Swimming, said, "The Scottish Amateur Swimming Assoc. is delighted that a Scottish company of such international prestige should wish to associate itself with one of Scotland's finest sports-women. The pressure upon high level international athletes in today's competitive world is such that they must be able to apply themselves to regular intensive training and be available for competition, both at home and overseas. This prevents them from being able to pursue normal employment opportunities. The support provided by Matthew Gloag & Son Ltd will enable Ruth to achieve her undoubted potential and represent Scotland at the highest international level."

On handing over the cheque to Ruth to go into a Trust set up by the Scottish Amateur Swimming Association Matthew Gloag, Development Director, said "We are very pleased to have been able to help such an up and coming Scottish athlete, especially in the run up to this year's Olympics — but our arrangement will cover a much longer and broader period than just 1988."



● (Left to right): Mr Gilfillan, Ruth, Matthew Gloag (Development Director), and Mrs Gilfillan.

## Centenary Olympic Swim

● The Scottish Amateur Swimming Association were equal partners with the British Olympic Appeal Scotland on Saturday, 30th January, at the "Take the Plunge for Scotland" sponsored swim promoted by TSB Scotland.

We had the support of District Councils and Education Authorities throughout Scotland. Almost all of the thirty-one venues used were given without charge or were supported with a grant. I would take this opportunity to thank them for their very valuable contribution. The staff at all the venues deserve a special thank you for the success of the organisation. This was greatly appreciated by our controllers.

The event itself has been a major success judging from all the reports received by 'phone and letter and from the hundreds of articles and photographs appearing in local and national newspapers. This was the largest sponsored fund-raising event ever attempted by our association in one-day.

We had over eight hundred teams and almost six thousand swimmers taking part. On the day the sponsorship forms handed in totalled more than £52,500 with much more to come.

Obviously it will be some time before the final total is known.

The Chairman of the British Olympic Appeal Scotland asked me to convey his thanks and appreciation to all who participated.

May I thank all my controllers for their dedication, their imagination and enthusiasm throughout with fancy dress competitions, challenges, raffles, radio programmes, etc. — a really wonderful fun day for everyone.

Andrew Taylor, President, S.A.S.A., 1987.



● The President's Team at the Royal Commonwealth Pool on 30th January, 1988 — (l. to r.) Martin Gibb (LH), Andrew Taylor (Sc. Pres.), Jack Snowdon (PO), Norman Grierson (PO & ED Pres.), Bob Reekie (WB), Colin Barton (MS), with Team Captain George Battison (GE & ED V-Pres.).

# INTERNATIONAL REVIEW

## Two Junior Relay Records for ESSO Squad

### ● Report on the Geneva International Meet – Italy

National squads from eighteen nations together with some of Europe's strongest junior clubs competed in the first long course international meet of 1988, the Golden Cup Meet, 22 – 24th January.

In the eight strong ESSO Scottish team Dundee's Andrew May finished second in the 100 backstroke in 1:02.29 sec. The Scottish girls quartet of Elma Alexander, Carlyn Connaghan, Briony Shimmons and captain Lorraine Phimister set new record figures in the 4 x 50 Freestyle and 4 x 50 Medley team relays. In addition to the records the girls also collected silver in the Freestyle relay and bronze in the Medley relay event.

Team list – Andrew May (Dundee), David Gammie (Aberdeen), Scott McInlay (Cumbernauld), Ross Noble (Stirling), Lorraine Phimister (Moray Dist.), Elma Alexander (Dundee), Carlyn Connaghan (Barrhead), Briony Shimmons (Stirling).

Staff – Head Coach, Ken White; Team Manager, Noreen Brown.



● Back row (left to right): Mrs N. Brown (Team Manager), Elma Alexander, Lorraine Phimister, Carlyn Connaghan, Briony Shimmons, Mr K. White (Coach). Front row: Andrew May, Scott McInlay, Ross Noble, David Gammie.

## Hat-trick of Golds for Dominic

### ● Report on Carnevale Meet 29 – 31st January

The Scottish ESSO swimming team won seven Gold medals, produced eighteen personal best times and won the top team and top boys team awards at the Youth Meeting which was held in Viareggio, Italy.

Dominic Shiels, the 12-year-old who represents the Heart of Midlothian Club, was the toast of the team, he won all three of his events. In the 100m Breaststroke for which he is the English and Scottish Age Group champion, he produced a very fast winning time of 1:12.26. In the 100m Freestyle and Butterfly events his times of 59.96 and 1:07.66 brought him a hat-trick of Gold medals.

Sam Ferguson, the 15-year-old from Paisley, was placed in all three of his races. He won the 100m and 200m Freestyles with times of 54.13 and 1:57.77 while his 100m Butterfly time of 1:01.16 gave him the runners-up spot.

Ryan Watt (Fraserburgh) won two of his three events in his age group. The 13-year-old recorded times of 1:12.63 and 57.60 to win the 100m Breaststroke and Freestyle events.

Stewart Bisley gained two medals. 14-year-old Stewart who swims for Milngavie and Bearsden was second in the 100m Backstroke in 1:04.17 and third in the 200m Medley with a time of 2:20.53.

15-year-old Iain Jackson (Paisley) and Cumbernauld's Derek McKenna, who celebrated his fourteenth birthday the day the team travelled to Italy, both won silver medals. Iain was second in the 100m Breaststroke in 1:08.78 while Derek's time of 1:05.99 placed him in runners-up spot in the 100m Butterfly.

Three of the five girls in the team finished in the top three positions. Faye Phimister, the 12-year-old who competes for Moray District, gained two medals. She was second in the 100m Backstroke in 1:10.52 while her time of 1:02.47 placed her third in the 100m Freestyle.

Joanne McHarg (Rushmoor Royals) and Linda Ronaldson (Arbroath St Thomas) were the other medallists. 14-year-old Joanne was third in the 100m Freestyle in 1:00.56. Linda, 14, produced a speedy 27.54 swim to finish in the runners-up spot in the 50m Freestyle.

## Outstanding Weekend in Lisbon

### ● Report on Lisbon International 6-7th February

Esso Squad members George Thomson and Lindsay Smart won the outstanding performance awards at the Lisbon International Meet. George from Paisley won a total of 3 golds but received a special award for his time of 54.74 sec. when winning the 100m freestyle.

Lindsay Smart, the younger sister of British International Shona, gained 3 golds and 1 silver. Lindsay, from Chester, gained a special award for her performance when winning the 400m freestyle in a personal best time of 4:30.51.

Tom Griffiths, Elizabeth Burns and Michael Cochran were also multi gold medalists. Tom from Elgin, gained 5 gold medals and 1 silver while Dundee's Elizabeth Burns collected 3 golds and 1 silver. Michael Cochran from Aberdeen collected 2 golds, 1 silver and 2 bronze medals. Completing the Scottish Esso Team's gold medal haul, which amounted to 17, was Julie Latimer who represents the Warrender Club. Her winning performance came in the 100m backstroke with a time of 1:07.80.

Team list – Captain, Tom Griffiths (Elgin), Michael Cochran (Aberdeen), Lee Philips (Aberdeen), Steven McQuaid (Manchester), Robert Robson (Carnegie), George Thomson (Paisley), Alan Wallace (Warrender), Julie Latimer (Warr.), Rachel Crook (Carnegie), Lindsay Smart (Chester), Eliz. Burns (Orpington). Staff – Head Coach, Ian McGregor; Coach, Lynn Bertram; Team Manager, Ron Taylor.

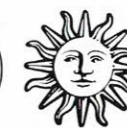
Team list – Susan Donnachie (Arbroath), Joanne McHarg (Rushmoor Royals), Faye Phimister (Moray Dist.), Linda Ronaldson (Arbroath), Louise Walker (Aberdeen Dol.), Stewart Bisley (Miln. & Bearsden), Sam Ferguson (Paisley), Iain Jackson (Paisley), Derek McKenna (C'nauld), Dominic Shiels (Heart of Midloth.), Ryan Watt (Fraserburgh). Staff – Head Coach, J. McAuley; Coach, Mrs J. Muir; Team Man., Mrs S. Taylor.

## Synchro

● The Centenary Year for Synchronised Swimming provides the opportunity for all our squad members, coaches and officials to 'see and be seen' at venues at home and abroad. The very first International in 1983 was an outstanding success in every way, the lessons learned and links forged there have not been forgotten. The Commonwealth Games event had the additional positive influence of seeing the elite performances of world champions. The Scottish girls must have been inspired by what they saw on those memorable occasions at the RCP.

The development of the S.A.S.A.

## Sun Life to sponsor top European Diving Cup



● Sun Life Assurance, major supporters of British swimming for a number of years, are to sponsor the most important diving event of the year in Britain, the European Diving Cup. The event takes place at the Royal Commonwealth Pool, Edinburgh, on 30th March - 2nd April and is one of a series of top events being staged in Scotland to celebrate the centenary of the Scottish Amateur Swimming Association.

The powerful East Germans are the current holders of the trophy, which they won in Sofia last year, and they will be defending the title in Edinburgh. The full line-up of nations is as follows: Austria, Belgium, Bulgaria, Czechoslovakia, East Germany, Finland, France, Great Britain, Hungary, Italy, Norway, Spain, Sweden, Switzerland, U.S.S.R., West Germany.

An exciting new concept will be seen at Edinburgh in the individual competition. For the first time in Britain, the divers will compete on a head-to-head knockout basis to decide the individual champions. Following the team competition over the first two days, the leading 12 divers in each event progress to the individual competition where they dive-off on a head-to-head basis until the original 12 is reduced to the final pair and an eventual winner. The draw for the knockout competition is determined by the finishing order of the divers after the team event.

This unique format in a diving competition in Britain is certain to increase the division in an event which already assumes greater importance because of the Olympics later in the year. The leading European divers will be keen to show their form before their confrontation with the Americans and Chinese in Seoul.

Squads have shown a marked improvement under the guidance of Jenny Gray and those coaches able to give their time and expertise at weekends. The National Squad, the 'A' Squad and the 'B' Squad have recently been added to by the inclusion of an 'A' Feeder Squad. It is likely that the numbers participating will be 50+ before very long.

Margaret McKinnon has agreed to work with the Select Team for the Triangular Match at Spenborough and with the National Team for the Centenary event at Greenock. As a former Scottish Squad member and having the opportunity to work abroad with Jane Holland, the former G.B. Olympic Coach, Margaret can be expected to relate her knowledge to the girls.

Kim McIntosh and Caroline Chambers brought much credit to S.A.S.A. Synchro, when they gained places in Great Britain Senior and Junior Squads, as a result of the November A.S.A. Open Championships. Training with the G.B. Squads will be hard and exacting but will surely prove invaluable to their performance . . . although this is also the year of Caroline's crucial exams . . . a problem which recurs with unfailing regularity among squads in all disciplines.

Kim and Caroline are set to compete in Majorca in the summer at the Spanish Open. This competition has proved in the past to be a source of new experiences for our girls at a truly international high level.

Mary Black,  
Scottish Synchro Convener.

## Water Polo

### History of the British Deep Water Championship – Part 1

● This is now the official qualifying tournament to select Britain's entrant for the European Championship and therefore the most important British competition. It is run as a section of the National League. This League, founded in 1969, has been very successful and now has four Divisions in addition to the Deep Water Championship. When the Championship was set up it was logical to use the well-founded organisation of the National League to run it. The Scots cannot take credit for setting up this water polo competition, which is now entering a third season. Nevertheless it is a testament to the upsurge in the standing of Scottish polo that, out of eight participating teams, two Scottish teams are included of right. The improvement in Scottish polo had been made both at club and international level.

Rightly or wrongly, Scottish clubs had not been highly regarded down south since the fifties when Motherwell won the ASA Club Championship and their successors Gala reached three ASA semi-finals. Scottish clubs participated in friendlies in England over the years, but usually not at the top level. In 1979, mindful of the lack of top competition in Scotland, Hartley MacGibbon entered his Hamilton teams in the ASA Club and Boys Championships. They won the Boys Championship at their first attempt. They were soon followed south by Portobello, who also took the Boys Championship, then Warrender and Dunfermline. The ASA Club Championship (we call it the English Cup to give a bit of extra incentive) had been a good showcase for Scottish talent. Portobello came nearest emulating the great Motherwell side but lost narrowly in the final. Dunfermline have reached the semi-final stage in successive seasons while Hamilton and Warrender have taken notable scalps. Prior to 1986 the only way into Europe for Scottish clubs was to win the ASA Championship (Cup Winners Cup) or for our Premier League Champions to challenge the National League Champions to a play-off for entry into the European Cup. No challenge was successful, although Dunfermline came closest losing the last such contest in 1985 after four periods of extra time!

Part 2 – next issue of Scottish Swimming.

## Diving Cup Programme of Events

- Team Competition: Wed. & Thur. 3 sessions daily. 10.20, 2.00 and 7.30.
- Individual Knockout Competition: Fri. & Sat. 10.30, 2.30, 7.30 Fr.-Sat. 6.00 p.m. start on Saturday.

## Scottish Masters

● The Masters movement started with the first Scottish Masters Championships at Greenock in 1981, where thirty Olympic gold medallists competed. This provided great inspiration and led to the formation of the Scottish A.S.A.'s Masters Committee.

Over the years with Sun Life Assurance sponsorship the movement grew so that in 1988 the programme is April 16-17: Scottish Masters Training weekend, Stirling University.

April 27: Entries close for Short Course Championships.

May 7: Midland Masters, Dundee.

May 20-22: Scottish Open Short Course Championships, Whitehill, Glasgow.

Oct. 9-16: 2nd World FINA/MSI World Championships, Brisbane, Aust.

Nov. 4-6: Great Britain Masters, Dundee.

Nov. 19: Scot. Long Course Masters Championships, East Kilbride.

So it will be a busy season, but there is still a long way to go before Scotland can compare with the U.S.A. where there are 27,000 registered Masters.

The Scottish Masters have two main objectives – to provide fitness, fun and friendship, and attract swimmers of all ages to the movement; and to raise the standard to world level.

After a steady rise, there is a plateau at the moment, but as younger groups increase so the effect will be continuous. Motherwell Masters have played a major part in the present development, winning gold and silver medals at the 1st World FINA/MSI Masters Championships in Tokyo in 1986. Jeanette Patterson and Gordon Colman's many dedicated hours resulted in the Lanarkshire club dominating the 1st British Championships in Wales last year with 70 medals in all!

Masters all pay their own expenses and as some have young swimmers in their family or are senior citizens, it is a considerable sacrifice.

The trip to Brisbane this October for the World Championships will cost a minimum of £1,500 per person. The venue is likely to exceed the Tokyo record of 3,374 swimmers.

My advice to any former swimmers or interested persons is to have a go – Masters is fun. Why not join in? Enter now for the May Championships or come along and meet old friends.

Ken McKay,  
Scottish Masters Convener.