

Water Polo Results

EUROPEAN CHAMPIONSHIPS

The following Water Polo players were selected for the GB team at the above Championships:

Mens Team:
 A Anderson Portobello
 I MacCallum Warrender
 A Donaldson Dunfermline
 A Campbell Dunfermline

Womens Team:
 Annette Anderson Portobello

Officials:
 R Elder Referee

Results of Group 'B' Matches:

v Sweden won 10-9
 v Greece lost 4-14
 v Holland lost 4-10
 v Poland lost 2-12
 v France lost 6-12

Final Points Table Group 'B':

1 France 10 points
 2 Poland 7 points
 3 Greece 7 points
 4 Holland 4 points
 5 G.B. 2 points
 6 Sweden 0 points

Goal Scores:

Campbell 2
 MacCallum 2
 Anderson 1

Synchro Results

International Results:

Scandinavian Open Meet
 26 - 28 June 1987

Figures:

Kim McIntosh Portobello 5th
 Caroline Chambers Edinburgh SSC 9th
 Lindsey Nickels Seymour SSC 21st
 Rhian Mephram Edinburgh SSC 26th

Solo:

Kim McIntosh 6th
 Caroline Chambers 7th

Duet:

Kim McIntosh
 Lyndsey Nickels 4th

INTERNATIONAL RESULTS

6 Nations Report

Brugge - 1 - 6 July 1987

Results:

Israel 13 Scotland 7
 Finland 8 Scotland 15
 Scotland 7 Norway 5
 Wales 6 Scotland 7
 Scotland 11 Belgium 5

1st: Israel 10 points
 2nd: Scotland 8 points
 3rd: Belgium 6 points
 4th: Wales 4 points
 5th: Norway 2 points
 6th: Finland 0 points

4 Nations Report - Junior

Seraing, Belgium 10 - 12 July 1987

Results:

France 11 Scotland 1
 Scotland 6 Belgium 12
 Switzerland 19 Scotland 7

1st: Switzerland 6 points
 2nd: Belgium 4 points
 3rd: France 2 points
 4th: Scotland 0 points

National Results:

Scottish Club Synchronised
 Swimming Championships
 Glenrothes - 6 June 1987

1 Edinburgh 100
 2 Garnock Dolphins 37
 3 Clydebank Ladies 35
 4 Greenock Aquonettes 33
 5 Elgin SSS 22
 6 Glenrothes 14

SASA 'A' Squad v Walsall SSC
 Wishaw - 29 August 1987

Jun Solo: 1st Jillian Clark
 (Scotland)
 Sen Solo: 1st Jeanene Walton
 (Walsall)

Jun Duet: 1st Morag Duncan/
 Jillian Clark
 (Scotland)
 Sen Duet: 1st Sarah Duncan/
 Emma Seth
 (Scotland)

Team: 1st Scotland 106.895
 2nd Walsall 106.020

4 Nations Report

Belfast, Ireland 27 - 28 March 1987

Results:

Scotland 11 England 12
 Ireland 11 Scotland 22
 Scotland 15 Wales 4

1st: England 6 points
 2nd: Scotland 4 points
 3rd: Wales 2 points
 4th: Ireland 0 points

NATIONAL RESULTS

Scottish Cup:

Dunfermline beat Portobello 15-14

Malta Cup:

Hamilton beat Menzieshill

Junior Inter District:

East won

Willie Mellors Cup:

Hamilton beat Dunfermline

Scottish Synchronised Swimming
 Age Group Championships
 Aberdeen - 12 September 1987

12 Years & Under:

Solo: Helen Miall Edinburgh SSC
 Duet: Dawn Smith/
 Michelle Anderson Elgin SSS
 Team: Edinburgh SSC

13/14 Years:

Solo: Morag Duncan Edinburgh SSC
 Duet: Morag Duncan/
 Jacquelyn Brown Edinburgh SSC

15/16 Years:

Solo: Caroline Chambers
 Edinburgh SSC

17/24 Years:

Solo: Imogen Muxworthy
 Edinburgh SSC
 Duet: Tina Brown/Emma Seth
 Edinburgh SSC

SCOTTISH SWIMMING

Published by The Scottish Amateur Swimming Association

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 Synchro

Scotland Snatch 8 Nations Victory

8 NATIONS REPORT - by MIKE GOSLING

Antwerp, Belgium - a small but highly determined team of Scots crossed the Channel in early July to compete in the annual 8 Nations Swimming Tournament.

SATURDAY DAY 1: It was anticipated that Scotland's main opposition would come from a very strong Swiss team, whose squad included former 50m Freestyle World Record holder Dan Halsall. As expected, the Swiss went into an early lead winning the first two events of the day, the Mens and Womens 100m Freestyles.

Switzerland remained firmly at the top of the points table throughout the first day's programme with Scotland following close behind in second and Norway third. As the last event of Saturday's programme, the Women's 4x100m Medley Relay - a strong event for the Scots - underway, the points difference between Switzerland and Scotland was only seven.

The Scottish ladies secured a comfortable victory only to be told they had been disqualified for a faulty Back to Breaststroke takeover. Following the disqualification a strong protest was lodged by the Scottish team but the decision was upheld and Scotland's protests were rejected. A cloud of gloom and despair hung over the Scots that night, in the words of Ian McGregor team coach, "it was felt that 25 points was an impossible margin to pull back."

SUNDAY DAY 2: At the beginning of the second day's programme, the Scots were certainly down but not out. The Swiss continued to perform well increasing their lead over the Scots to 27 points. On event 21 the Mens

200m Free AngloScot Sean McQuaid produced an outstanding performance to win by a fingernail touch in 1.55.32. This was immediately followed by the Womens 200m Free where Ruth Gilfillan coasted home to an easy victory in 2.04.46. Two events later Paisley's Jill Ewing continued the winning run by setting a new contest record in the 100 Back. Neil Cochran followed in Jill's footsteps when he established a new Scottish Senior Meet Record in the 100m Fly.

With four events remaining Scotland still trailed the Swiss by some 16 points when, in the Mens 200m IM, a remarkable twist of fate occurred. Patrick Ferland - Switzerland - in 2nd place was disqualified. Paul Brew unaware of this decision, won the event bringing Scotland to within 7 points of the leaders. Jean Hill completed a Scottish double in the Short Medley events. Jean set a new contest record of 2.19.11 to close the gap to just 5 points.

With two events to go, Mens & Womens 4x200m Free teams, the Tournament reached fever pitch. Scotland's Mens team of Neil Cochran, Campbell McNeil, Sean McQuaid and Paul Brew caught and passed a by now worried Swiss team, to finish in first followed by Israel then Switzerland. This meant that the Scots went into a one point lead in the competition. Our Womens 4 x 200 quartet of Linda Donnelly, Shona Smart, Elaine Gilfillan and Ruth Gilfillan brought the house down when they finished first setting a new Scottish & meet record of 8.26.84 which ensured a remarkable Scottish victory.

RESULTS

Mens Points	Womens Points	Overall Points
1 Scot 131	1 Scot 130	1 Scot 261
2 Swit 126	2 Swit 130	2 Swit 256
3 Isr 108	3 Nor 107	3 Nor 192

WOMEN

50m Free	L Donnelly	27.58	4th
100m Free	L Donnelly	58.93	2nd
200m Free	R Gilfillan	2,04.46	1st
400m Free	R Gilfillan	4,16.54	1st +
800m Free	R Gilfillan	8,52.95	2nd
100m Back	J Ewing	1,04.82	1st *
200m Back	J Ewing	2,24.57	4th
100m Breast	J Hill	1,11.90	1st *
200m Breast	J Hill	2,39.44	1st
100m Fly	S Smart	1,05.71	3rd
200m Fly	S Smart	2,18.50	2nd +
200m IM	J Hill	2,19.11	1st *
400m IM	S Smart	5,00.76	2nd
4x100 Free		3,58.63	2nd
4x100 IM		00	
4x200 Free		8,26.84	1st*+

MEN

50m Free	S McQuaid	24.75	5th
100m Free	P Brew	53.39	4th
200m Free	S McQuaid	1,55.32	1st
400m Free	C McNeil	4,03.12	3rd
1500m Free	C McNeil	16,21.01	3rd
100m Back	M Peyrebrune	59.97	2nd
200m Back	N Cochran	2,08.91	4th
100m Breast	N Hudghton	1,07.09	6th
200m Breast	N Hudghton	2,24.51	4th
100m Fly	N Cochran	56.24	1st*+
200m Fly	R Leishman	2,07.83	2nd
200m IM	P Brew	2,08.46	1st
400m IM	P Brew	4,36.42	1st
4x100 Free		3,33.99	2nd
4x100 IM		3,55.70	2nd
4x200 Free		7,45.32	1st

* Contest Record

+ Scottish Senior Record

INTERNATIONAL REVIEW

EUROPEAN CHAMPIONSHIPS

EUROPEAN CHAMPIONSHIPS, STRASBOURG - By H H Smith

Before these Championships began, a fair amount of trepidation and apprehension was felt among swimmers, coaches and others including the media, about the suitability of the venue. In fact, Michael Gross in a Press interview just a couple of days before the start predicted that performance standards would be low and even winning times relatively slow, with no World Records being broken. The reality turned out to be precisely the opposite with many World and European Championship Records being smashed. The reason for this was the combination of intense competition and the emergence of so many different teams and individuals challenging for finals, medals and even for the winner's spot. As a result, the atmosphere was electric and the racing tremendous.

From a British point of view, it was our most successful European venture in a long time. Two early wins, from Andy Jameson and Adie Moorhouse, set the pattern, and most of the team responded well. This applied particularly to our Scottish representatives, with Jean Hill producing her best ever swim in the 200m and 100m Breaststroke. Ruth Gilfillan achieved a new status and also showed terrific consistency with new Scottish Records at 100m, 200m and 400m. Jill Ewing acquitted herself well in her first big overseas International event, with the record best time of her life. The experience gained will certainly be of immense benefit in the future. Neil Cochran broke two Scottish 100m records in Back and Fly, and although he appeared to slightly misjudge his main event, so just missing the 200m IM Final, he fully redeemed himself by laying the foundation of the Medley Relay's tremendous Silver Medal achievement in the last event of the Meet.

EUROPEAN JUNIOR CHAMPIONSHIPS

AIMING FOR AMERSFOORT 1988
BY IAN MASON (Head Coach - GB Junior Team)

One of the ingredients of being a successful swimmer or coach is forward planning and preparation.

As the new season gets underway we should all be looking at possible targets and peaks for 1987/88. If you are a boy born 1972/73, or a girl born 1973/74, one of the events you should be aware of is the EUROPEAN JUNIOR CHAMPIONSHIPS. This event is the peak event in the calendar for our top British Junior swimmers and will take place from 28-31 July next year in Amersfoort, Holland.

Scotland has a proud tradition in this event with eleven of our Juniors being selected for this team in the last four years. Our representatives this year, Alison Sheppard, Milngavie & Bearsden, and Jonathan Kerr, Warrender Baths produced some superb swimming:-

The preparation of this year's team was the most ambitious to date with a two week training camp in Genoa, Italy, including an outdoor Long Course Meet. This was followed by one week in Rome preparing and competing.

The standard of this event was exceptionally high as can be seen by some of the winning times below. I give some examples of the standard at the highest level, not to frighten, but to open our horizon and levels of expectation to the standard that is being achieved by the top Juniors in Europe.

Girls (Long Course Times)		Boys
200m Free	2.01.12	1.54.18
100m Breast	1.12.82	1.04.38
200m Fly	2.14.75	2.04.92
100m Back	1.03.9	58.46
100m Free	55.93	52.29

The GB performance this year was extremely good and certainly much higher than in recent years:-

9 British Junior Records
12 Scottish or English Jnr Records
2 Silver Medals
2 Bronze Medals

Ruth Gilfillan:

100m F/C	58.65 H	15th
	58.06 BF	6th *
200m F/C	2.03.84 H	11th
	2.02.66 BF	2nd *
400m F/C	4.16.17 H	8th *
	4.14.89 F	6th *

Jill Ewing:

100m BK	1.05.44 H	13th
	1.06.04 BF	6th

Jean Hill:

50m BR	33.28 H	+
100m BR	1.12.06 H	13th *
	1.11.26 BF	2nd *
200m BR	2.32.46 H	3rd */
	2.31.57 F	4th */
200m IM	2.18.43 H	7th
	2.19.12 F	

Neil Cochran:

100m BK	58.08 F	* Relay Split
100m FLY	54.65 H	4th *
	54.30 F	4th *
* Scottish Senior Record		
+ 50m Split GB Record		
/ British Record		

Next year it looks as if the principle of a foreign training camp will be continued prior to Amersfoort. What we in Scotland must do is get swimmers and coaches to focus early on this event as a possible target for our best juniors.

Qualifying times will be decided early and will be published and sent out to all potential members of this team. One interesting change for 1988 is the possibility of separate Q.T.'s for those one year down in order that these swimmers can gain experience and return hopefully to greater things the following year.

Eleven Scots in the last four years! How many in the next four years?

PLANNING & PREPARATION !

Alison:

50m Free	H	27.09	BJR	SJR	
	F	26.91	BJR	SSR	SJR
100m Free	Relay 1st leg 59.77				

Jonathan:

200m IM	H	2.12.62	SJR
	F	2.12.83	
400m IM	H	4.42.29	
	F	4.41.97	SJR

NATIONAL REVIEW

National Long Course Championships L8 - 21 June 1987 Royal Commonwealth Pool

Due to the close proximity of the ESSO Age Group Championships to be held the following week at East Kilbride and to the fact that most schools were still in session, a number of younger swimmers either limited their participation or gave the Nationals a miss altogether. In 1988, of course, the two events will be combined for Centenary Year, but careful consideration will be required for future years as to the best placing on the calendar for these events.

This year the Championships provided a range of qualifying opportunities for International selection including the Great Britain teams at both European Junior Championships in Rome and the Senior Championships in Strasbourg. The Scotland 8 Nations Team was also to be selected as was a representative team to the Bellinzona meet in Switzerland. Certainly there was a great deal of media interest but this was generated by the return to National competition of Scotland's greatest ever swimmer, David Wilkie, after a gap of eleven years. This provided certainly the emotional highlight, and David showed that although his timing was certainly a little bit rusty, he is still technically of World Class.



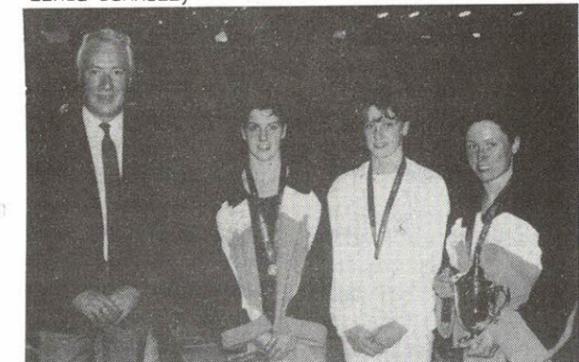
Presentation to Paul Brew

Other performances and achievements worthy of comment were:-

Jean Hill stamping her authority on Breaststroke Medley and even the 100 Fly and fully justifying her European Pre-selection.



Ladies 200m Freestyle Presentation
Ruth Gilfillan/Elaine Gilfillan/
Linda Donnelly



Ladies 200m Breaststroke Presentation
Derna Campbell/Caroline Gable/Jean Hill

CLUB RANKINGS

NATIONAL LONG COURSE CLUB RANKINGS 1987

Robertson Trophy

1	Warrender	304	points
2	City of Dundee	248½	points
3	Cumbernauld	234	points
4	Paisley	145½	points
5	Hamilton District	117	points
6	Stirling	55	points
7	Aberdeen	33	points
8	Inverleith	29	points
9	Duns	21	points
10	Fins	17	points
10	Glenrothes	17	points
12	CES	15	points
13	Milngavie & Bearsden	14	points
14	City of Glasgow	13	points
15	Carnegie	12	points
16	Alloa	8	points
16	Kirkintilloch	8	points
18	Heart of Midlothian	6	points
19	Dunoon	5	points
20	St Thomas	4	points

Report on the 1987 ESSO Scottish Age Groups - by Mike Gosling

East Kilbride - 24-28 June - Warrender Baths Swimming Club win their second team title within a fortnight. Following their Robertson Trophy success at the Long Course Championships, the Edinburgh Club went onto achieve the Scottish Club double by winning the Waldie Age Group Trophy at East Kilbride. Congratulations to Chief Coach Ian McGregor, age group coach Frances Smith and all the Warrender swimmers on becoming the top Scottish club of 1987.

This years Age Groups will also be remembered for being a record breaking Championships. New age group figures were set in 95 individual and 16 relay events reflecting the vast improvement in Scottish age group swimming over the past twelve months.

City of Glasgow's Malcolm McCallum emerged as the top twelve and under boy of the Championships collecting four titles and four new records. Malcolm's victories came in 200 IM, 100, 200 and 400 Free events. Faye Phimister of Moray District certainly fulfilled her early season promise; the multi talented sprinter took three out of the four 100m events - Butterfly, Backstroke and Freestyle and then added a fourth title in the 200 IM. One interesting footnote, in the 12 Yrs/under group every existing individual record was broken.

Carol Shiell - Peebles, who was something of an unknown quantity until this year collected two titles in the 100 & 200 Free with Anglo-Scot Laura Ferguson taking the 400 & 800m events. Laura added a further two titles both in new records in the 100 & 200 Butterfly. Another "unknown" until this year is Warrender's Sarah McCracken whose astonishing improvement in the last twelve months was enough to secure both 13 Yrs IM titles.

One swimmer seemed to dominate the 13 yrs boys age group - David Griffin Stockport/Bellshill powered his way through the meet capturing record after record. David's record winning performances came in the 100, 200 & 400 Free; 100 & 200 Breast and the 200 IM.

In the 14 Yrs age group, two girls walked away with the lion's share of the titles. Chester's Lynsay Smart arriving late to the Championships still managed to win four titles and break three records. Elizabeth Burns - Orpington - another Anglo-Scot - set a new record figure in the 200 Free, 200 Breast and 200 IM. Elizabeth then added a fourth title to her collection - the 100 Breast. It was a similar story in the boys events where two old rivals, Sam Ferguson/Paisley and Tom Griffith/Elgin fought out race after race as the week progressed. Sam struck gold in 100/200 Free, 100 Fly & 200 IM all in new records. Tom collected 2 golds in the 400 Free and 200 Back also in new records.

On the eve of her departure to Rome for the European Junior Championships Alison Sheppard/Milngavie & Bearsden lowered her own 50m Free British Junior Record in the 4 x 50 Freestyle team relay. Alison's time of 27.10 shaved .15 sec off her one week old record which she set at the Long Course. Lorna Cunningham/Carnegie seemed to be in unstoppable form over the 200m distance - she captured three 200m titles - Free, Back and IM. Scotland's other GB European Junior representative was in action in the boys 15/16 Yrs age group. After three record breaking swims in the 200 Back, 200 Breast and 200 IM Warrender's Jonathan Kerr was forced to spend the rest of the meet in bed due to illness. Breaststroke specialist Scott McKinlay/Cumbernauld demonstrated his versatility by winning the 1500 Free and the 400 IM, whilst another Scott, Scott Milne/Peterhead collected two unexpected golds 200m Fly and 400 Free. Peter Henry/Dunoon was the third double gold medallist from this age group his titles came in the 200 Free and 100 Fly, the latter event being won in another record.

The 17/18 girls group marked a return to form for Hamilton's Linda Donnelly whose 2.06.10 not only set a new age group record but won her the ESSO best performance trophy. Paisley's impressive looking Jill Ewing was in devastating form over

the five day meet. Jill collected four titles, the 100, 200 Back and 100 Fly and 200 IM all four were won in new record times.

Another Paisley swimmer Campbell McNeil proved himself the top free-styler of the meet winning gold from 100 up to 1500 in the 17/18 age group. Campbell's 200 Free swim won him the ESSO boys best performance trophy in a time of 1.55.09. Dundee's fast improving Euan Stewart equalled Campbell McNeil's four gold tally. The most impressive of his four swims for me was the 100 Fly when Euan touched 0.6 sec outside Neil Cochran's Senior Scottish Record in a time of 57.08.

In the 19/24 years group entries were again disappointing, however this is only the second year of competition for the group and I am positive that we should give the concept of a 19/24 age group competition a chance to develop

AGE GROUP CLUB RANKINGS 1987

Waldie Trophy

1 Warrender	73	medals
2 Paisley	57	medals
3 Aberdeen	38	medals
4 City of Dundee	33	medals
5 Cumbernauld	18	medals
6 Hamilton District	17	medals
7 Heart of Midlothian	13	medals
7 Stirling	13	medals
9 Barracudas	12	medals
9 Dunoon	12	medals
11 Carnegie	10	medals
11 City of Glasgow	10	medals
11 Moray District	10	medals
14 Elgin	9	medals
15 Bellshill	7	medals
15 Inverleith	7	medals
17 Milngavie & Bearsden	6	medals
18 Aberdeen Dolphins	5	medals
18 St Thomas	5	medals
18 CES	5	medals
18 Duns	5	medals
18 Motherwell	5	medals
23 Cunninghame	4	medals
23 Peebles	4	medals
23 Peterhead	4	medals
26 Fins	3	medals
26 Fraserburgh	3	medals
26 Kirkintilloch	3	medals

NEWS

TSB SCHOOLS OF SPORT

TSB SCHOOLS OF SPORT By Mike Gosling

In June of this year the TRUSTEE SAVINGS BANK together with the SCOTTISH SPORTS COUNCIL launched a major sponsorship package of Scottish sport.

The £250,000 sponsorship will be spread over three years and will be used to fund national and regional coaching weekends throughout Scotland.

The aim of the scheme is to encourage young sports men and women to fulfil their athletic potential. In the first year, five regional TSB schools of sport will be organised, each one catering for up to 100 young athletes.

Swimming is among the 15 or so sports outlined for the first year's programme. The regional programme is aimed at reflecting the needs of local swimmers at district level. Promising age groupers (excluding National Squad swimmers) from the five regions were selected by the Scottish ASA to take part in an intensive training/educational weekend.

The coaching staff for each of the regions consisted of one national coach appointed by the Scottish ASA together with an assistant coach appointed by the participating district.

Each regional school is being organised by a committee comprising of local authority and local sports council representatives.

The five districts are as follows:

31 July/ 2 August	Glasgow	Coach: J McAuley (HN) Assist Coach: J Connor (Glas)
21/23 August	Borders	Coach: M Gosling (SASA) Assist Coach: A Dickson (District Adviser)
28/30 August	A/Deen	Coach: I Mason (PY)

CENTENARY EVENTS

27 February:	Annual General Meeting
25/27 March:	4 Nations Water Polo Contest
30 March/ 2 April:	European Diving Cup
15 April:	Centenary Dinner
27/30 May:	LEN Congress & Calendar Conference
21/26 June:	Esso Age Groups/ National Long Cours
28 June/ 3 July:	8 Nations Contest
27/28 August:	Long Distance Swim
2/4 September:	Synchro Invitation Meet
4/6 November:	Masters Event
10/11 December:	European Swimming Cup

selections

Canadian International Meet
27/29 November 1987

Initial selection meeting - 1.11.87. to consider times achieved at recognised meets from June 1987. Additions or alterations will be considered following the Cumbernauld Open Meet.

MASTERS DATES

- West District Masters
1 November 1987 - Whitehill Baths
- Scottish Long Course Masters
7 November 1987 - East Kilbride
- Scottish National Short Course Masters
20/22 March 1988 - Glasgow
- GB National Masters
4 - 6 November 1988 - Dundee
- Scottish Long Course Masters
19 November 1988 - East Kilbride
- FINA/MSI World Masters
10-16 October 1988 - Brisbane, Australia

- anyone interested in competing in World Masters should contact Gordon Coleman, Motherwell Masters.

NEW CREST FOR '88

Below is the Association's new crest for 1988. The new design was commissioned for the Centenary celebrations.



The National Squads 1987 - '88

ESSO JUNIOR Squad

		Female:	
Stewart Bisley	Milngavie & Bearsden	Elma Alexander	City of Dundee
James Boags	Paisley/Norwich Penguins	Elizabeth Burns	Unattached/Orpington
David Griffin	Bellshill Sharks/Stockport Metro	Lucy Hall	Unattached/Dartford
Tom Griffith	Elgin	Heather Keating	Sunderland
Jonathan Hall	Heart of Midlothian	Sonia Nicholls	Motherwell/Dundee & District
Stevie Leitch	Warrender	Elaine Paul	Cumbernauld
Malcolm McCallum	City of Glasgow	Lorraine Phimister	Moray District
Derek McKenna	Cumbernauld	Alison Sheppard	Milngavie & Bearsden
Steven McPherson	Aberdeen Dolphins	Lynsay Smart	Unattached/City of Chester
Philip Lee	Aberdeen	Gaynor Stewart	Paisley
Robert Robson	Carnegie	Karen Welding	Aberdeen
Dominic Shiels	Heart of Midlothian		
James Sidey	Cumbernauld		
Alan Wallace	Warrender		
Ryan Watt	Fraserburgh		

Females continued

Alison McKellican	City of Dundee/City of Leeds
Angela McLeish	Larkhall Avondale
Lorraine Montford	Paisley/Norwich Penguins
Maxine Paterson	Unattached/Killerwhales (Havering)
Fiona Pattillo	Aberdeen
Shona Smith	Heart of Midlothian
Lynne Sturgeon	Inverleith
Valerie Weatherley	Warrender

SENIOR Squad

Female:		Male:	
Julie Beadnall	Unattached/Leicester	Angus Brown	Inverleith
Gillian Carmichael	Paisley	Neil Curran	Paisley
Hilary Clunas	Paisley	Wilson Ferguson	Cumbernauld
Susan Donnachie	St Thomas	Shaun Fleming	Glenrothes
Laura Ferguson	Unattached/B of Southend	Gregor Forrester	Aberdeen
Grace Kerr	Warrender	Alistair Irwin	Bellshill Sharks/Kelly College
Sarah McCracken	Warrender	Martin Lee	Fins
Mairi McDonald	Aberdeen	Scott Leith	City of Dundee
Shona MacFarlane	Warrender	Damian Lo Cascio	Unattached/Harrow & Wealdstone
Linda McLaren	Warrender	Graham Low	Aberdeen
Faye Phimister	Moray District	Martin Lynch	Cumbernauld
Carol Shiell	Peebles	Ian McDermott	Hamilton Baths
Gillian Thomson	Paisley	Paul McQuaid	Unattached/City of Manchester
Louise Walker	Aberdeen Dolphins	Gregor Methven	Unattached/Pioneer 79 Stirling
		Scott Nelson	Stirling
		Iain Teaz	CES
		David Waddell	Duns

ESSO YOUTH Squad

Michael Cochran	Aberdeen		
Colin Dupre	Dunoon		
Sam Ferguson	Paisley		
David Gammie	Aberdeen	Jacqueline Buchan	Dyce (Aberdeen)
Peter Henry	Dunoon	Beverley Collier	City of Dundee/Wigan Wasps
Scott McKinlay	Cumbernauld	Lorna Cunningham	Carnegie
Steven McQuaid	Unattached/City of Manchester	Caroline Dunn	Hamilton District
Andrew May	City of Dundee	Andrea Fox	Larkhall Avondale
Scott Milne	Peterhead	Ann-Marie Griffin	Bellshill Sharks/Stockport Metro
Ross Noble	Stirling	Lorna Jane Harvey	Paisley
Steven Saunders	Aberdeen	Gillian Higgins	Alloa
Graeme Sneddon	Larkhall Avondale	Tracy McGhee	Peterhead
George Thomson	Paisley		

ELITE Squad

Male:	
Paul Brew	Incas/Kelly College
Neil Cochran	Aberdeen/City of Swansea
Iain Campbell	City of Dundee/City of Beckenham
Duncan Cruickshank	Aberdeen
Neil Hudghton	Aberdeen
Jonathan Kerr	Warrender
Richard Leishman	Cumbernauld/Kelly College
Campbell McNeil	Paisley
Sean McQuaid	Unattached/City of Manchester
Michael Peyrebrune	Warrender
Kevin Reynard	Warrender
Andrew Smith	Warrender
Euan Stewart	City of Dundee
Nicholas Waterson	Cumbernauld
Gary Watson	Carnegie
Michael Wynn	Warrender

Female:

Derna Campbell	Cumbernauld
Linda Donnelly	Hamilton
Arlene Ewing	Paisley
Jill Ewing	Paisley
Elaine Gilfillan	City of Dundee
Ruth Gilfillan	City of Dundee
Sharon Gilfillan	City of Dundee
Jean Hill	Cumbernauld
Anna Ratcliff	Cumbernauld/Kelly College
Janice Russell	Stirling
Shona Smart	Unattached/City of Chester

The Bank of Scotland Inter District Contest '87

RESULTS

11 Years & Under

100m Freestyle			
B Paul Latimer	East	1.05.62	
G S McDonald	West	1.06.58	

100m Backstroke			
B Denis Connachan	West	1.19.19	
G S McDonald	West	1.16.00	

100m Breaststroke			
B Mathew Coates	North	1.23.72	
G Linda Lough	East	1.27.40	

100m Butterfly			
B Paul Latimer	East	1.15.05	
G Clair Taylor	North	1.14.53	

200m Individual Medley			
B Paul Latimer	East	2.41.52	
G Clair Taylor	North	2.41.73	

4x50m Freestyle Relay			
B	North	2.05.66	
G	West	2.07.43	

4x50m Medley Relay			
B	West	2.23.92	
G	North	2.24.09	

12/13 Years

100m Freestyle			
B Ryan Watt	North	58.48	
G Faye Phimister	North	1.02.77	

200m Freestyle			
B Jamie Sidey	West	2.08.56	
G Faye Phimister	North	2.16.80	

100m Backstroke			
B Calum Jack	West	1.10.96	
G Louise Walker	North	1.13.27	

200m Backstroke			
B Steven McPherson	North	2.30.38	
G Sarah McCracken	East	2.34.18	

100m Breaststroke			
B Dominic Shiels	East	1.13.82	
G Susan Donnachie	Midland	1.19.38	

200m Breaststroke			
B Dominic Shiels	East	2.44.98	
G Linda McLaren	East	2.52.35	

100m Butterfly			
B Graham Kennedy	East	1.07.12	
G Gillian Bertram	North	1.11.10	

200m Butterfly			
B Derek McKenna	West		
G Grace Kerr	East	2.34.13	

200m Individual Medley			
B Jamie Sidey	West	2.33.20	
G Faye Phimister	North	2.35.37	

4x50m Freestyle Relay			
B	West	1.53.04	
G	West	1.57.56	

4x50m Medley Relay			
E	West	2.08.68	
G	North	2.12.84	

Juniors

100m Freestyle			
B Tom Griffith	North	55.63	
G Alison Sheppard	West	1.00.15	

200m Freestyle			
B Peter Henry	West	1.57.31	
G Alison Sheppard	West	2.11.99	

400m Freestyle			
B Graeme Sneddon	West	4.13.00	
G Tracy McGhee	North	4.35.91	

100m Backstroke			
B Andrew May	Midland	1.01.93	
G Lorraine Phimister	North	1.07.59	

200m Backstroke			
B Andrew May	Midland	2.13.00	
G Lorna Cunningham	East	2.27.81	

100m Breaststroke			
B Steven Saunders	North	1.11.05	
G Briony Shimmons	West	1.16.25	

200m Breaststroke			
B J Kerr	East	2.30.82	
G Briony Shimmons	West	2.43.79	

100m Butterfly			
B Scott Milne	North	1.01.03	
G Elma Alexander	Midland	1.09.09	

200m Butterfly			
B Scott Milne	North	2.11.29	
G Fiona Pattillo	North	2.29.75	

200m Individual Medley			
B J Kerr	East	2.15.35	
G L Phimister	North	2.26.78	

4x50m Freestyle Relay			
B	North/West	1.43.21	
G	North	1.52.89	

4x50m Medley Relay			
B	North	1.55.89	
G	West	2.06.78	

Seniors

100m Freestyle			
B Campbell McNeil	West	53.78	
G Ruth Gilfillan	Midland	58.41	

100m Freestyle			
B Campbell McNeil	West	1.57.15	
G Ruth Gilfillan	Midland	2.04.71	

400m Freestyle			
B Campbell McNeil	West	4.07.58	
G Ruth Gilfillan	Midland	4.26.06	

100m Backstroke			
B Michael Peyrebrune	East	1.02.73	
G Angela McLeish	West	1.12.14	

200m Backstroke			
B Andrew Smith	East	2.18.30	
G Gillian Dorricott	West	2.35.87	

100m Breaststroke			
B Neil Hudghton	North	1.06.56	
G Derna Campbell	West	1.15.45	

200m Breaststroke			
B Neil Hudghton	North	2.23.16	
G Derna Campbell	West	2.43.41	

100m Butterfly			
B Euan Stewart	Midland	58.16	
G Elaine Gilfillan	Midland	1.07.77	

200m Butterfly			
B Euan Stewart	Midland	2.10.81	
G Elaine Gilfillan	Midland	2.25.59	

200m Individual Medley			
B Andrew Smith	East	2.16.45	
G Sharon Gilfillan	Midland	2.32.18	

400m Individual Medley			
B Euan Stewart	Midland	4.43.40	
B Elaine Gilfillan	Midland	5.07.38	

4x50m Freestyle Relay			
B	East	1.39.83	
G	Midland	1.53.04	

4x50m Medley Relay			
B	West	1.50.08	
G	West	2.08.14	

FINAL RESULT

RUNCIMAN TROPHY (11 & U/12-13)	West	134 pts
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AN TOSTAL TROPHY (Juniors)	West	88 pts
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KEMSLEY TROPHY (Seniors)	West	94 pts
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RED CROSS TROPHY (Overall)	West	316 pts
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	North	271 pts
	East	238 pts
	Midland	187 pts