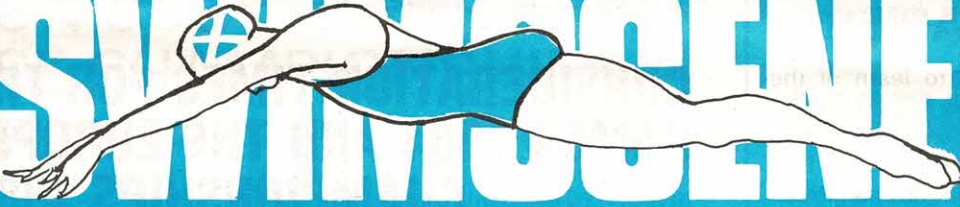


SWIMMOCENE



PUBLISHED BY THE SCOTTISH AMATEUR SWIMMING ASSOCIATION
PATHFOOT, UNIVERSITY OF STIRLING, STIRLING (tel. 0786-70544)

Editor: Helen I. Graham

The views expressed in this publication are not necessarily those of the Association

Printed by W. J. Ray & Co. Ltd., Warewell Street, Walsall, West Midlands.

Vol. 6 No. 4 Winter 1983/84

1888 AND ALL THAT!

—Don Hawthorn, President

There's no denying the Presidential year is hectic. Over 20,000 miles on the clock; umpteen Council and committee meetings; a tour of the Districts; Executive business; public relations events; mounting correspondence; swimming, polo, synchro and diving at club, district and national levels; civic receptions and social occasions—all go to make a full diary.

But the net gain of all this busy activity is an informed, fascinating and privileged insight into the whole life of the Association.

I wonder how many of you most involved in the work of the S.A.S.A. realise what a high standard of swimming you offer the community. A visit round all four district age-group meets—Aberdeen, Whitburn, Vale of Leven and Dundee—over one weekend, brought this home to me in a new way. Sometimes we complain about what is not right in swimming and forget the high standard of expertise, hard work and dedication that's going into it all the time throughout Scotland. It's no bad thing to stand back a little from our immediate concerns and take some satisfaction in what we do manage to achieve. I have been very impressed by the work many of you are putting into the life of the Association and thank you for it.

Of course, there is no room for complacency. World standards in competitive sport demand even greater efforts from us in order to keep apace. If there's a time for self-congratulations, there's also room for "creative discontent" in an organisation such as ours. The accent is on "creative". The most effective criticism is that exercised in the context of trust, co-operation and mutual respect. Personally, I have never had much time for negative attitudes. By far more preferable, for example, is the constructive dialogue that took place between coaches and officials at the Symposium on Rules in Dundee.

(continued on page 2, col. 1)

NEW DIRECTOR FOR SCOTTISH SWIMMING

One of Britain's leading coaches, Hamilton Smith, former Scottish Champion and British International in the 1950's, was offered and has accepted the post of Director of Swimming for Scotland. He is currently Sports and Recreation Officer at Reading as well as Chief Coach to the successful Reading Swim Club in England. "Hammy" is no stranger to Scotland. A native of Paisley, he qualified at the Scottish School of Physical Education, Jordanhill College and lectured at Dunfermline College of P.E. In his previous connections with Scottish swimming he started the National Swim School, held annually at Easter and coached the 1970 Commonwealth Games Team which launched David Wilkie on his famous career. Since then he has coached the Beckenham and Havering Swim Clubs as well as being Senior Lecturer in P.E. at Avery Hill College in London.

"Hammy" has been very successful as a coach, with 10 Olympic and over 30 G.B. representatives, including Montreal medalist, Scot, Gordon Downie and current ladies G.B. Team Captain, Lorraine Burt. He is the author of a number of books on swimming and was British Coach of the Year in 1975. It is, however, in the field of organisational and development planning that his main interests lie and he will seek to apply this for the future of Scottish Swimming.



Hamilton Smith

Although not immediately available to commence on a full time basis, Mr. Smith will begin to take over the reins early in the new year, gradually assuming total responsibility for all aspects of the future development of the sport.

Married to a former Scottish International, Frances Johnston, they have two sons, Neil and Andrew, who are current Scottish Age Group Champions, and Scottish Esso Youth Squad members.

With regard to the appointment, Hammy said, "I have always been keen to undertake the challenge of the Scottish Swimming scene and wish to work for the benefit of all levels of Scottish Swimming".

Mr. Danny McGowan, Chairman of the Scottish Swimming Coaches Association, said, "All coaches in Scotland will recognise Hammy Smith as being a suitable qualified and competent person to fill the post. The Scottish Swimming Coaches Association give an assurance of their continued co-operation for the furtherance of Scottish Swimming".

OBITUARIES

We are saddened to learn of the recent deaths of two of the Association's past-Presidents—Mr. Ned Barnie of Edinburgh and Mr. Bob Paterson of Ayr. Ned Barnie, President of the Association in 1946, was well known for his Channel swims—a feat he accomplished three times in one year. Bob Paterson, a founder member of Ayr A.S.C., was S.A.S.A. President in 1949.

We are also saddened to learn of the deaths of Ethel Wainwright, wife of past-President Jack Wainwright, and Ella Reid, wife of the late Jim Reid, who was twice Scottish President.

Regret is also expressed on the death of Mr. Edgar Warner, President of the A.S.A.



1888 AND ALL THAT!

(continued from page 1)

During the past ten months, I have experienced a whole variety of events too numerous to mention. But of the highlights, my social evening with Doc Counsilman and his wife, Marjory, stands out as being memorable. For one whose first love in swimming remains coaching, it was a real privilege to meet along with my wife, Carole, the great "guru" of swimming.

The Masters competition was another great occasion. To meet the legendary Jack Hale, Bobby McGregor and Duncan Goodhew and to see a whole galaxy of stars in action, were fascinating experiences. Earlier in the year, it was good to chat again with David Wilkie and to admire his continued support for the champions of the future.

The 8 Nations was the year's premier event and I felt very privileged to share the company of our own current champions. The Water Polo fraternity (not forgetting the women's teams!) impressed me on every occasion this year. The sadness we shared will also remain an important experience for me. I can also confess to being a convert to Synchro swimming, and feel the first home international at Glenrothes deserves congratulations. And so I could go on . . . but, instead will limit myself to these few examples of many memorable occasions. I would also wish to extend warm thanks to each of the Districts for their courteous reception of their President, and to the individual clubs whose kind invitations I was able to accept.

CONSIDERATION TIMES FOR THE OLYMPIC GAMES 1984 AND THE EUROPEAN JUNIOR CHAMPIONSHIPS 1984

The Sun Life Olympic Trials will be held at Coventry on 26th/28th May 1984 and entry to these trials should be made on an official entry form available from the A.S.A. Headquarters in the New Year. All entry forms must be signed by the S.A.S.A. Swimming Convenor. The closing date for entry will be **29th April 1984**.

From the entries received the following will be selected to swim in the Trials:

Fastest 30 in the 100/200m events — 12 must be juniors.

24 in 400m event — 8 must be juniors.

18 in 800/1500m events — 6 must be juniors.

NOTE: For girls 'Junior' is under 16 years.

These Trials are also the trials for the European Junior Championships and the same conditions will apply. A brochure with details of event order will be available.

Attendance at these Trials is mandatory for anyone wishing to be selected for the Olympic Games or the European Junior Championships.

The criteria for final selection to either of the teams is as follows:

- One swimmer will be considered for each individual event provided that the time shown in Column 'A' is achieved or bettered.
- Two swimmers will be considered for each individual event provided that both swimmers have achieved the time shown in Column 'B'.

The times to be returned in National and International Long Course Competitions after 1st January 1984.

OLYMPIC GAMES:

EVENT	MEN		WOMEN	
	A	B	A	B
100m Freestyle	0.52.34	0.51.0	0.58.51	0.57.47
200m Freestyle	1.54.01	1.51.85	2.04.24	2.02.41
400m Freestyle	3.58.04	3.54.01	4.16.39	4.15.82
1500/800m Freestyle	15.49.67	15.21.60	8.50.56	8.45.10
100m Backstroke	0.59.21	0.57.68	1.05.78	1.04.09
200m Backstroke	2.07.05	2.03.93	2.19.21	2.15.71
100m Breaststroke	1.06.33	1.04.69	1.14.02	1.12.08
200m Breaststroke	2.24.81	2.20.31	2.39.12	2.36.38
100m Butterfly	0.55.69	0.55.20	1.02.64	1.02.24
200m Butterfly	2.02.95	2.02.32	2.14.36	2.14.18
200m Individual Medley	2.08.29	2.06.40	2.22.31	2.20.11
400m Individual Medley	4.32.91	4.27.63	5.00.36	4.54.20

EUROPEAN JUNIOR CHAMPIONSHIPS:

EVENT	BOYS		GIRLS	
	A	B	A	B
100m Freestyle	0.54.67	0.53.95	1.00.66	0.59.72
200m Freestyle	1.58.47	1.56.72	2.11.91	2.09.15
400m Freestyle	4.11.71	4.05.41	4.37.34	4.25.76
1500/800m Freestyle	16.51.28	16.19.11	9.29.32	9.02.97
100m Backstroke	1.02.54	1.01.20	1.09.11	1.07.72
200m Backstroke	2.15.20	2.11.90	2.29.48	2.25.54
100m Breaststroke	1.10.57	1.08.42	1.16.47	1.15.88
200m Breaststroke	2.35.82	2.29.31	2.47.18	2.43.49
100m Butterfly	0.59.85	0.59.03	1.06.69	1.05.14
200m Butterfly	2.15.13	2.08.92	2.27.17	2.22.19
200m Individual Medley	2.16.08	2.13.36	2.29.08	2.25.49
400m Individual Medley	4.49.21	4.42.54	5.17.98	5.07.66

It's not all been plain sailing. Every year throws up its own special problems. Perhaps the one following a Commonwealth Games year is particularly vulnerable. But suffice to say that, after a bumpy start to the year, I consider the Association to be settling down into a positive and constructive mood of co-operation. I certainly hope that this is so

as we move towards the challenge of being host nation to the Commonwealth Games 1986. Beyond that lies our Centenary year in 1988. It is my conviction that the S.A.S.A. is ready now to move forward in new and significant ways. I can only repeat, I certainly hope this is so. But for 1984, I wish you all a sense of fulfilment and reward in all that you do.

CHEVRON SCOTTISH SHORT COURSE CHAMPIONSHIPS

For the second year running, the CHEVRON Scottish Short Course Championships at Bon Accord Baths, Aberdeen, in December, were a great success. Any fears that with so many top swimmers absent abroad, the Championships might fail to produce top-class competition, were proved groundless. The racing was superb and in a great many cases, finishes extremely close. A total of 14 Scottish Records were broken.

RUTH GILFILLAN maintained her excellent standard by taking gold in the 50m Freestyle (27.31), 100m Freestyle (58.73), 200m Freestyle (2.04.18), 400m Freestyle (4.18.42) and 200m Individual Medley (2.22.72)—with record times in the 200m Freestyle, 400m Freestyle and 200m I.M. Gold went to JEAN HILL in the 100m Breaststroke (1.12.36), the 200m Breaststroke with a record time of 2.37.02 and the 400m I.M. with a record time of 5.02.37, while DEBORAH LORD completed the double in the Butterfly (1.04.55 and 2.20.80). Deborah's 100m time set a new record. In the 100m Backstroke, SARAH INKSON had a comfortable win with 1.07.17 and in the 200m Backstroke, JILL BUCHANAN was well ahead with 2.28.33. ALISON HAMILTON took gold in the 800m Freestyle.

Excellent performances by NEIL FOSTER saw him take gold in the 100m Freestyle (52.98), 200m Freestyle (1.53.32) and 100m Butterfly (57.19). ROBIN BREW was in fine style, winning the 400m Freestyle (4.02.50), 100m Breaststroke (1.05.28), 200m

Breaststroke (in a record time of 2.20.32) and 400m I.M. (4.28.40) while brother PAUL, beaten into 2nd place by Robin in the 100m Breaststroke, took revenge in the 200m I.M. with a 1st place 2.06.01 over Robin's 2.06.57. Paul took a further two silver medals in the 50m and 100m Freestyle. There was a success and a new Scottish record for BRIAN ARCHIBALD in the 50m Freestyle (23.63), DAVID RENNIE took gold in the 1500m Freestyle (16.36.78), ALAN FERRIS in the 200m Fly (2.08.40) and CRAIG NELSON completed the double in the Backstroke events (1.00.42 and 2.08.28). IAN CAMPBELL's 50m Freestyle heat time of 25.27 set a new Scottish Junior Record.

Aberdeen proved their worth in the Relay events, with their Men's 'B' team setting Junior Records in both the 4 x 50 Freestyle and Medley Relays and their Women's 'A' Team a Senior Record in the 4 x 50 Freestyle. Times respectively: 1.42.06, 1.54.92 and 1.51.89.

The Citrus Marketing Board Trophies for the Outstanding Boy and Girl Swimmers were awarded to Paul Brew and Jean Hill.

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Bishopbriggs Sports Centre,
Balmuildy Road,
GLASGOW.

Glasgow's Great Need

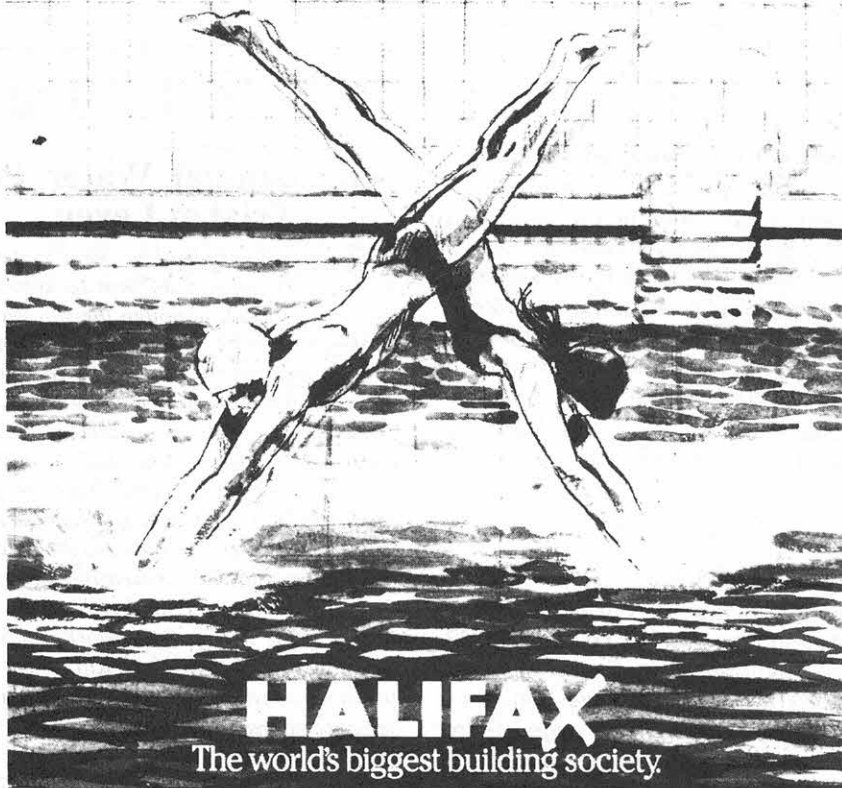
To get a swim in a Corporation Bath in Glasgow is practically an impossibility, as a state of overcrowding exists as well as the tedious system of queueing up.

As a result, Life-Saving work is at a standstill and the officials of the Society feel that the time is opportune for the construction of one or more open-air ponds in the public parks, so that swimmers and Life savers may practise their art under conditions of comfort. The Society feels that much valuable time and opportunity has been lost in the matter already as a visit to the embryo boating pond at Rouken Glen shows and before another season comes round it is hoped that influences will have been at work to supply what every red-blooded swimmer has long realised was a prime necessity, viz:—an open-air pool.

The contention that in our latitude an open-air bath would be too cold receives the lie direct from Leven Pond.

(From "Swimming News", August 1923)

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WATER POLO NOTES

—Ross Elder

Development

Looking to the future and recognising the need for a solid base from which to develop a good international side, Water Polo Clubs, at their A.G.M. in December, called for all Clubs in Scotland who do not at present participate in Water Polo, to seriously consider this aspect of the sport. Support throughout Scotland—where the game originated—must be encouraged and with this in mind, the S.W.P.C. are considering taking Water Polo back into the Clubs on Club evenings—i.e. for the Premier League, on a home and away basis.



Women's Polo

It is good to see continued development in Women's Polo. Such has been the interest that it is hoped to hold a Women's Domestic Tournament this year on an ad hoc basis. Interested? All enquiries to: Mr. Ross Elder, 160 Broughty Ferry Road, Dundee. (0382 42967).



Coaching

Coaches selected for the squads in 1984 are:

Hartley McGibbon	Senior
Robert Nicholson	Senior (asst.)
Bill Laidlaw	U21
Bruce Beckett	U18

Senior Squad training sessions will take place at Dundee and Rosyth.



Referees and Coaches Examinations

It is proposed to hold a Water Polo Referees' Exam later in the year. Full details will shortly be circulated to clubs, together with a request for candidates. Refereeing plays a very important rôle in the Water Polo game and it is hoped to have a good response. Examination papers are now being printed.

A Water Polo Coaches Course is to be included in the 1984 Easter School.



Domestic Results

Our congratulations to Portobello A.S.C. on retaining the Premier League in 1983 and to Taybridge on winning the First Division. This was played over two evenings with Renfrew, Taybridge, Gala, Inverness and Aberdeen taking part. Taybridge won their three games.

ESSO SPONSORSHIP

ESSO have agreed to continue their sponsorship of the Esso Scottish Youth Squad and the Esso Scottish Age Group Championships for 1984 in a sum higher than that given for 1983. Esso are our major sponsor and without their valued assistance, the Youth Swimming programme would have to be greatly curtailed. Thank you, ESSO, for your continued support.

GRANTS TO SWIMMERS

IND COOPE Trust Fund have recently awarded grants to IAN CAMERON (Aberdeen A.S.C.) and KIM McINTOSH (Edinburgh S.S.C.) under their "up-and-coming" young sportsmen and women scheme. The Trust have reverted to grants to individuals for 1984—in recent years, grants were given for group training schemes.

The Scottish Sports Aid Foundation recently made an award to GILES GILHOOLY of Portobello.

ANNUAL GENERAL MEETING

The Association's 86th Annual General Meeting will be held in the Star Room, Beach Ballroom, Aberdeen, on Saturday, 25th February, 1984, starting at 10.00 a.m. prompt, with an official opening by a representative of the City of Aberdeen District Council, who have also made arrangements to provide afternoon tea to delegates at the close of business. Mr. Hamilton Smith, the Association's new Director of Swimming, will be present at the Meeting.

International Water Polo Trial at Leven

Contrary to expectation, the weather at Leven on Glasgow Fair Saturday afternoon was almost ideal, although the sun was not shining brilliantly. The water was about 66 degrees and after the game, all the players were pleased and admitted they could have remained in the water all afternoon. As a matter of fact, the only people who seemed displeased with the weather were the selectors—they had hoped that the water would be very cold so that they could test the fitness of the players they had chosen in preparation for their immersion in the deep icy cold waters of the Belfast Waterworks on Saturday August 11. However "King Sol" frustrated their evil designs and there were no seizures of cramp or other incidents of like nature to report.

(From "Swimming News", August 1923)

Association of National Governing Bodies of Sport In Scotland

Following the recent adoption of its Constitution, the Scottish Sports Association is to replace the Scottish Standing Conference of Sport in 1984. In view of this and the fact that the Scottish Sports Association will have potentially more independence than the Standing Conference, the Association of Governing Bodies of Sport in Scotland has been reviewing its future rôle. Members have voted against winding up the AGBoSS, with a majority in favour of maintaining a continuing presence and a watching brief over the development of Scottish Sport. A meeting to consider this action is being held this month.

Age Group Championships Programme

As we reported in the last issue of Swimscape, concern has been expressed at the length of the programme for the Esso Scottish Age Group Championships, especially where the younger age groups are concerned. The Swimming Committee have been considering ways in which the length of the total programme may be shortened and Council have accepted their recommendation that there be an improvement of qualifying times or an increase in the number of rejected cars falling between the consideration and acceptance qualifying times, thereby reducing the number of swims and the length of time of the competition.

SCOTTISH SPORTS COUNCIL GRANT

The Association have been informed that the Scottish Sports Council's grant aid for 1984 is likely to be only the same as for 1983, plus a small increase (5%) to cover inflation. This means that if the overall programme is to be increased, additional finance will have to be found from within the Association. Improvement and development of our sport means expansion and an inevitable increase in costs. If these cannot be met, growth is restricted and at best, we stand still—and at a time when the 1986 Commonwealth Games and the 1988 Centenary Year are approaching rapidly, this cannot be allowed to happen.

A. T. MAYS—DONATION

Besides giving us very competitive prices for our travel, and welcome assistance with arrangements, A. T. Mays have kindly made a donation of over £500 to the Association's funds for 1983. Clubs are reminded that A. T. Mays will be only too pleased to assist with Club travel arrangements also.

EDUCATION CONFERENCE

—Win Ferguson

A very successful Conference for Staff Tutors, Tutors and Tutors of S.A.S.A. Prelim. Teachers was held at the Royal Commonwealth Pool on Saturday, November 6th. Mr. Alan Donlan, A.S.A. Education Secretary, took the chair. All four Districts were well represented.

Mr. Charlie Ramsay addressed the meeting, explaining fully the procedures for the A.S.A. and S.A.S.A. Induction Courses.

Mr. Donlan, referring to the A.S.A./R.L.S.S. Joint Award for Life Saving, stated that as from 1st January 1984, the Bronze Medallion will be a prerequisite for the P.T.A. Courses in England, but not in Wales, Scotland or Ireland, due to lack of R.L.S.S. Examiners. Mr. Donlan also gave details of the new A.S.A. Survival Awards and A.S.A. Swimming Challenge Awards to take effect in 1984. The rôle of Staff Tutors was then discussed and the necessary information pads handed out to A.S.A. Staff Tutors and Tutors. Discussion also took place on the Examination papers and the possible need for a two-tier structure for A.S.A. Tutors.

Other items included the rôle and involvement of the I.S.T.C. and a discussion on the S.A.S.A. Prelim Teachers. The S.A.S.A. Committee have hopefully produced a foolproof "Registration of Candidates" form for the S.A.S.A. Prelim Teachers which will come into effect in 1984.

Conference agreed the need for better communication to everyone involved in Education and the S.A.S.A. Education Committee pointed out that that is one of their 1984 intentions—to issue some form of newsletter. Swimszene would be ideal for issuing information to Tutors and Staff Tutors—if it could be ensured that they received copies. It would be an excellent way of circulating up-to-date information and those reading Swimszene are asked to help by ensuring that all TUTORS and STAFF TUTORS receive a copy to read.



(We fully support the plea of the Education Committee. It is very disappointing to know that, although now entering its seventh year, Swimszene is still unknown to many members of the Association. Five copies of each edition are issued free to all clubs—for circulation to members. Further copies are available at competitive rates for individual and bulk subscriptions.—Editor.)

Our Congratulations to . . .

- ★ JOAN FRASER On her appointment as G.B. Physiotherapist for the Olympic Games.
- ★ LESLIE TURBERVILLE On his appointment as Chairman of G.B. Committee.
- ★ MARY BLACK On her nomination as Synchro Judge for the Olympic Games.
- ★ ROSS ELDER On his nomination as Referee for the European Junior Water Polo Championships.
- ★ DAVE GORDON On his nomination as Referee for the European Junior Water Polo Championships.
- ★ MARY BLACK, BILL LAW, ROSS ELDER and DAVE GORDON—on their nominations as LEN Officials for Synchro, Diving and Water Polo.
- ★ LESLIE TURBERVILLE, BILL LAW, PETER HEATLY, MARY BLACK and ROSS ELDER—on their nominations as FINA Officials.
- ★ BILL BLACK—on his appointment as SASA representative to the LEN Calendar Conference.
- ★ ABERDEEN A.S.C.—on winning the Scottish Regional Round of the Cadbury Dairy Milk Club Championships. Also commiserations on not reaching the G.B. Finals.

SWIMSCENE SUBSCRIPTIONS

All Clubs are issued with five free copies of each edition of Swimszene for circulation amongst members. Further copies are available on subscription at the following rates which include post and packing:

1 copy per edition:	£1.25	6 copies per edition:	£4.95
2 copies per edition:	£2.00	7 copies per edition:	£5.75
3 copies per edition:	£2.75	8 copies per edition:	£6.55
4 copies per edition:	£3.55	9 copies per edition:	£7.15
5 copies per edition:	£4.15	10 copies per edition:	£7.95

Details for orders above 10 copies are available from the S.A.S.A. Office.

Club Secretaries are asked to advertise Swimszene as widely as possible within their Clubs.

SCOTTISH SWIMMING AWARDS

(S.A.S.A./S.S.S.A. National Awards Scheme)

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Contact:
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50m Freestyle

Scottish Record:	Senior:	23.63
	Junior:	25.27
Brian Archibald	W/LA	23.63
Paul Brew	E/IG	23.82
Ian McFarlane	W/PY	24.80
Alan Ferris	W/PY	25.06
Douglas Campbell	E/IG	25.13
James Johnstone	W/SG	25.25
Ian Campbell	W/PY	25.27
Graeme Goudie	E/WB	25.38
Brian Wright	Unat.	25.49
Malcolm Mathieson	E/HM	25.54

100m Freestyle

Scottish Record:	Senior:	51.49
	Junior:	52.26
Neil Foster	M/CD	52.48
Paul Brew	E/IG	52.83
Brian Archibald	W/LA	53.34
Alan Ferris	W/PY	53.96
Ian Campbell	W/PY	54.35
Ian McFarlane	W/PY	54.53
James Johnstone	W/SG	54.83
Douglas Campbell	E/IG	55.20
Charles Johnstone	W/SG	55.21
Richard Moore	W/KH	55.23

200m Freestyle

Scottish Record:	Senior:	1.50.54
	Junior:	1.54.34
Neil Foster	M/CD	1.53.32
Graeme Wilson	E/CE	1.56.86
Andrew Smith	Unat.	2.00.65
David Mathieson	N/AN	2.01.07
Rory Hewitt	M/CD	2.01.84
Graeme Goudie	E/WB	2.01.93
Ian Lewis	E/FS	2.02.3
Martin Sreenan	W/FO	2.02.58
David Charles	W/SG	2.02.61
James Johnstone	W/SG	2.02.76

400m Freestyle

Scottish Record:	Senior:	3.51.27
	Junior:	4.01.82
Robin Brew	E/IG	4.02.50
Martin Sreenan	W/FO	4.12.99
David Mathieson	N/AN	4.14.33
David Rennie	W/EB	4.15.13
David Charles	W/SG	4.17.70
Andrew Smith	Unat.	4.18.24
Ian Cameron	N/AN	4.18.34
Ian Lewis	E/FS	4.18.40
Neil Sutherland	W/PY	4.19.14
Kevin Taylor	N/AN	4.19.35

1500m Freestyle

Scottish Record:	Senior:	15.32.40
	Junior:	15.41.80
David Rennie	W/EB	16.36.78
Craig Nelson	W/SG	16.46.92
David Mathieson	N/AN	16.50.46
Kevin Taylor	N/AN	17.14.59
Graham Low	N/AN	17.22.15
Campbell McNeil	W/PY	17.33.84
Robert Lyle	W/DN	17.37.93
Euan Lockhart	W/CD	17.53.85
Andrew Brown	E/IH	18.09.41
Brian Hughes	W/HB	18.14.80

TOP TEN SH

MEN

From times at the Chevron Scott
10th/11th De

100m Backstroke

Scottish Record:	Senior:	57.16
	Junior:	1.00.25
Craig Nelson	W/SG	1.00.42
Michael Peyrebrune	N/AN	1.01.16
Graeme Goudie	E/WB	1.01.25
Ian Barrie	E/WB	1.01.32
Bruce Foster	M/CD	1.02.30
Wilson Ferguson	W/FO	1.03.07
Craig Lord	N/AN	1.03.49
David Robinson	W/DN	1.05.05
Peter Kelly	M/CD	1.05.27
Charles Johnstone	W/SG	1.05.94

200m Backstroke

Scottish Record:	Senior:	2.02.88
	Junior:	2.10.00
Craig Nelson	W/SG	2.08.28
Michael Peyrebrune	N/AN	2.14.96
Bruce Foster	M/CD	2.16.19
Wilson Ferguson	W/FO	2.16.23
Craig Lord	N/AN	2.17.3
Andrew Smith	Unat.	2.19.44
Richard Gordon	E/WB	2.20.33
Peter Kelly	M/CD	2.21.43
David Rennie	W/EB	2.23.4
Graham Low	N/AN	2.23.5

100m Breaststroke

Scottish Record:	Senior:	1.03.79
	Junior:	1.06.05
Robin Brew	E/IG	1.05.28
Paul Brew	E/IG	1.06.25
Graeme Wilson	W/PY	1.06.92
Gary Watson	E/FS	1.08.71
Neil Storey	W/PY	1.08.91
Ian Cameron	N/AN	1.09.21
Alan Lynn	W/PY	1.09.37
Stephen Birss	E/WB	1.09.57
Angus Nicol	M/CD	1.10.68
Ian Morgan	E/IH	1.11.09

200m Breaststroke

Scottish Record:	Senior:	2.20.32
	Junior:	2.29.12
Robin Brew	E/IG	2.20.32
Neil Storey	W/PY	2.29.86
Alan Lynn	W/PY	2.30.31
Neil Hudghton	N/AN	2.32.32
Ian Morgan	E/IH	2.34.23
Angus Nicol	M/CD	2.35.11
Graeme Wilson	W/PY	2.35.24
Ian Cameron	N/AN	2.37.16
Ian Buchanan	W/CD	2.37.73
Gary Watson	E/FS	2.40.49

100m Butterfly

Scottish Record:	Senior:	55.67
	Junior:	58.29
Neil Foster	M/CD	57.19
Alan Ferris	W/PY	58.29
Graeme Wilson	W/PY	58.58
Ian Campbell	W/PY	58.90
Richard Gordon	E/WB	59.11
Graeme Wilson	E/CE	59.16
James Johnstone	W/SG	59.65
Kevin Reynard	N/AN	1.00.1
Ian McDermott	W/HB	1.00.19
Neil Smith	Unat.	1.00.5

200m Butterfly

Scottish Record:	Senior:	2.02.15
	Junior:	2.08.73
Alan Ferris	W/PY	2.08.40
Richard Gordon	E/WB	2.08.48
Graeme Wilson	E/CE	2.08.78
Ian Campbell	W/PY	2.09.59
Andrew Smith	Unat.	2.13.14
Martin Lynch	W/CD	2.14.26
Kevin Reynard	N/AN	2.15.99
Ian McDermott	W/HB	2.16.32
Craig Lord	N/AN	2.17.82
David Charles	W/SG	2.18.49

200m Individual Medley

Scottish Record:	Senior:	2.05.81
	Junior:	2.12.34
Paul Brew	E/IG	2.06.01
Robin Brew	E/IG	2.06.57
Alan Ferris	W/PY	2.12.92
Neil Buchanan	W/MB	2.13.45
Ian Cameron	N/AN	2.15.5
Michael Peyrebrune	N/AN	2.15.99
Andrew Smith	Unat.	2.16.46
Craig Lord	N/AN	2.17.08
Ian Buchanan	W/CD	2.19.35
David Rennie	W/EB	2.20.91

400m Individual Medley

Scottish Record:	Senior:	4.25.69
	Junior:	4.34.56
Robin Brew	E/IG	4.28.40
Andrew Smith	Unat.	4.44.86
Craig Lord	N/AN	4.49.03
Neil Buchanan	W/MB	4.49.66
Ian Buchanan	W/CD	4.54.54
David Rennie	W/EB	4.55.48
Paul Smith	E/CE	4.58.44
Martin Sreenan	W/FO	4.59.4
Mark Flanigan	W/EB	5.01.66
David Mathieson	N/AN	5.04.21

SPORT COURSE

Scottish Short Course Championships September 1983

WOMEN

50m Freestyle

Scottish Record:	Senior:	26.97
	Junior:	26.97
Ruth Gilfillan	M/CD	27.31
Stephanie Watson	W/AR	27.79
Joanna Robertson	W/PY	27.81
Kathryn Smith	W/CD	27.87
Wilma Goodwin	W/EB	28.26
Jackie Irvine	W/SG	28.44
Sarah Inkson	N/AN	28.49
Fiona Fleming	Unat.	28.84
Angela McGoldrick	M/ML	29.15
Denise McDonald	W/EB	29.22

800m Freestyle

Scottish Record:	Senior:	8.46.21
	Junior:	8.47.32
Alison Hamilton	N/AN	8.59.44
Fiona Davies	W/PY	9.06.03
Shelagh McNab	N/AN	9.10.72
Jill Buchanan	N/AN	9.29.36
Catherine Verreydt	N/AN	9.38.06
Janice Russell	W/SG	9.42.15
Louise Longford	W/PY	9.59.48
Nicola Taylor	N/AN	10.06.77
Lee Cockburn	E/IH	10.16.84

100m Freestyle

Scottish Record:	Senior:	58.30
	Junior:	58.30
Kathryn Smith	W/CD	58.7
Ruth Gilfillan	M/CD	58.73
Sarah Inkson	N/AN	59.41
Carole Lewis	E/FS	59.92
Linda Donnelly	W/HB	1.00.19
Joanna Robertson	W/PY	1.00.30
Stephanie Watson	W/AR	1.00.41
Deborah Lord	N/AN	1.00.5
Alison Hamilton	N/AN	1.00.5
Jackie Irvine	W/SG	1.00.79

100m Backstroke

Scottish Record:	Senior:	1.04.24
	Junior:	1.07.00
Sarah Inkson	N/AN	1.07.17
Anna Ratcliff	Unat.	1.09.00
Jill Buchanan	N/AN	1.10.54
June Allen	W/PY	1.10.74
Vicki Reid	N/SD	1.10.97
Gillian Bone	W/PY	1.11.40
Wilma Goodwin	W/EB	1.12.19
Maureen Cameron	W/PY	1.12.41
Linda Donnelly	W/HB	1.12.7
Donna Adam	W/SG	1.13.5

200m Freestyle

Scottish Record:	Senior:	2.04.18
	Junior:	2.04.18
Ruth Gilfillan	M/CD	2.04.18
Deborah Lord	N/AN	2.07.25
Kathryn Smith	W/CD	2.08.10
Sarah Inkson	N/AN	2.08.21
Alison Hamilton	N/AN	2.08.60
Linda Donnelly	W/HB	2.11.13
Denise McDonald	W/EB	2.13.39
Shelagh McNab	N/AN	2.14.38
Joanna Robertson	W/PY	2.15.4
Catherine Verreydt	N/AN	2.15.55

200m Backstroke

Scottish Record:	Senior:	2.21.77
	Junior:	2.22.02
Jill Buchanan	N/AN	2.28.33
Louise Longford	W/PY	2.31.06
Gillian Bone	W/SG	2.31.36
June Allen	W/PY	2.31.94
Vicki Reid	N/SD	2.34.35
Fiona Pattillo	N/AN	2.36.30
Maureen Cameron	W/PY	2.38.51
Alison Campbell	N/AN	2.41.02
Tanya Ibbotson	M/CD	2.43.86
Nicola Cochran	N/AN	2.44.77

400m Freestyle

Scottish Record:	Senior:	4.18.42
	Junior:	4.18.42
Ruth Gilfillan	M/CD	4.18.42
Alison Hamilton	N/AN	4.28.46
Deborah Lord	N/AN	4.31.97
Shelagh McNab	N/AN	4.32.09
Catherine Verreydt	N/AN	4.38.63
Joanna Robertson	W/PY	4.38.79
Shona Cowie	N/PD	4.42.09
Janice Russell	W/SG	4.45.37
Elizabeth Atkinson	E/IG	4.46.82
Louise Longford	W/PY	4.47.75

100m Breaststroke

Scottish Record:	Senior:	1.11.39
	Junior:	1.13.20
Jean Hill	W/LA	1.12.36
Derna Campbell	W/FO	1.15.60
Maureen Campbell	W/CD	1.16.00
Stephanie Watson	W/AR	1.16.15
Lorraine Wheatley	W/EB	1.16.33
Laura Still	N/AN	1.17.58
Nicola Geddes	N/AN	1.17.62
Alison McKellican	M/CD	1.18.07
Karen Hourston	N/OY	1.18.30
Elsbeth Carnan	W/PY	1.18.50

200m Breaststroke

Scottish Record:	Senior:	2.37.02
	Junior:	2.37.98
Jean Hill	W/LA	2.37.02
Maureen Campbell	W/CD	2.40.50
Derna Campbell	W/FO	2.42.12
Lorraine Wheatley	W/EB	2.42.85
Nicola Geddes	N/AN	2.45.14
Jean Cattanach	Unat.	2.48.91
Elizabeth Owen	Unat.	2.49.14
Alison McKellican	M/CD	2.49.62
Karen Hourston	N/OY	2.51.84
Anna Ratcliff	Unat.	2.52.74

100m Butterfly

Scottish Record:	Senior:	1.04.55
	Junior:	1.06.11
Deborah Lord	N/AN	1.04.55
Carole Lewis	E/FS	1.04.64
Karine Samuelsen	W/EB	1.05.25
Jean Hill	W/LA	1.05.26
Shona Cowie	N/PD	1.07.70
Jackie Irvine	W/SG	1.08.06
Elsbeth Carnan	W/PY	1.09.07
Catherine Verreydt	N/AN	1.09.09
Maureen Campbell	W/CD	1.09.35
Angela McGoldrick	M/ML	1.09.57

200m Butterfly

Scottish Record:	Senior:	2.19.49
	Junior:	2.23.53
Deborah Lord	N/AN	2.20.80
Carole Lewis	E/FS	2.22.28
Fiona Davies	W/PY	2.23.88
Shona Cowie	N/PD	2.24.38
Catherine Verreydt	N/AN	2.28.5
Karina Samuelsen	W/EB	2.29.43
Alison Campbell	N/AN	2.29.7
Angela McGoldrick	M/ML	2.30.8
Wendy Smart	E/FS	2.33.8
Jill Buchanan	N/AN	2.34.2

200m Individual Medley

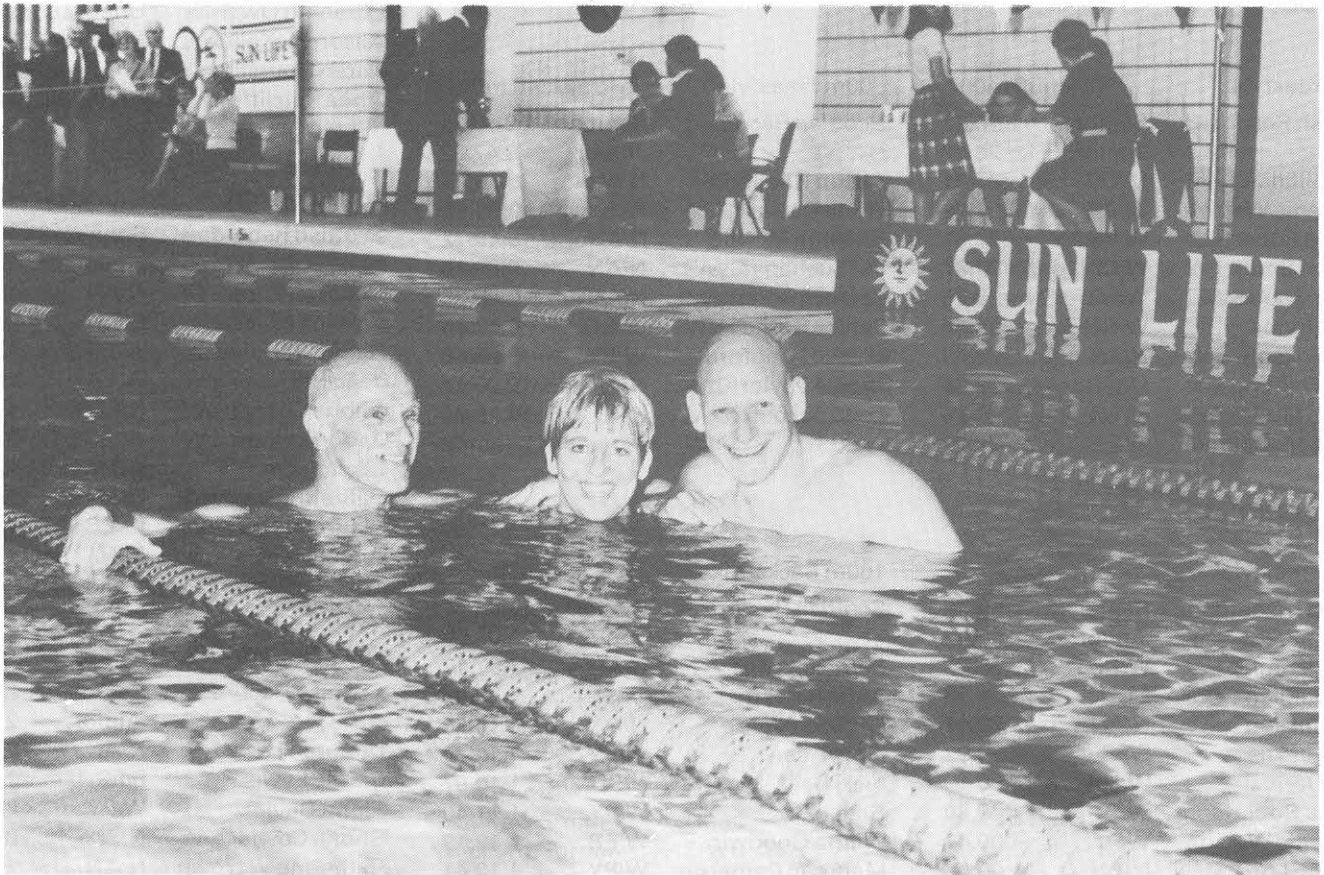
Scottish Record:	Senior:	2.21.30
	Junior:	2.22.72
Ruth Gilfillan	M/CD	2.22.72
Jean Hill	W/LA	2.25.23
Anna Ratcliff	Unat.	2.28.19
Shona Cowie	N/PD	2.28.95
Carole Lewis	E/FS	2.29.99
Jill Buchanan	N/AN	2.31.13
Jackie Irvine	W/SG	2.31.79
Elsbeth Carnan	W/PY	2.33.85
Joanna Robertson	W/PY	2.34.33
Wilma Goodwin	W/EB	2.34.58

400m Individual Medley

Scottish Record:	Senior:	5.02.37
	Junior:	5.04.53
Jean Hill	W/LA	5.02.37
Fiona Davies	W/PY	5.08.48
Carole Lewis	E/FS	5.14.50
Jill Buchanan	N/AN	5.17.04
Nicola Geddes	N/AN	5.18.07
Anna Ratcliff	Unat.	5.20.00
Lorraine Wheatley	W/EB	5.28.74
Fiona Pattillo	N/AN	5.29.13
Alison Campbell	N/AN	5.29.82
June Allen	W/PY	5.32.95

THE SUN LIFE SCOTTISH MASTERS CHAMPIONSHIPS

—Ken McKay



Our photograph shows three well-known faces at the Sun Life Scottish Masters: (from left to right) Jack Hale, former International and inventor of the Modern Butterfly Stroke, Linda Ludgrove, seven times world record holder for Backstroke events in the sixties, and Duncan Goodhew, the Moscow Olympic Gold Medallist. Needless to say, all three demonstrated that they have kept their impressive form, each collecting a handful of gold medals in their respective age groups.

The 1983 Sun Life Scottish Masters Championships held at Whitehill Baths, Glasgow, attracted 150 competitors aged 25 years to over 70 years—and all enjoyed the two-day event in a very friendly atmosphere.

The standard was set in the first event by the world's most aesthetic swimmer—63 year old Jack Hale, who cruised the 100m Butterfly in 1.16.56, just three seconds slower than the best time in the youngest Master's group (25-29 years). Jack and the other former internationalists—Linda (Ludgrove) Lillo, Duncan Goodhew (2.32.2 for the 200m Breaststroke) and Hayden Rigby, lifted the championship standard, but were matched in the medal tally by Flora Connolly, Mary Sreenan, June Hutton, Alec. Galletly, Tom Robson and Peter Heatly. Anglo Scot, Ronnie Burns, undefeated in the 50-54 years group, was pushed to faster times than the week before, when he won 2 gold and 4 silver in the ASA Masters.

To illustrate the standards, here are the first and third times in the 50m Freestyle events:

	Men		Women	
	1st	3rd	1st	3rd
25-29 years	25.68	28.52	33.32	35.00
30-34 years	27.92	28.46	35.14	36.62
35-39 years	26.86	32.91	31.19	34.33
40-44 years	28.63	31.14	37.18	42.51
45-49 years	28.01	29.22	36.70	40.78
50-54 years	29.79	30.93	35.22	42.39
55-59 years	32.35	35.77	33.73	—
60-69 years	30-52	35.86	39.31	47.23
70 plus	40.41	—	47.91	51.48

Unfortunately, competitors from West Germany who competed last year, were absent, but two welcome visitors were Robert Miles from Canada, and 70 year old Vivienne Cherriman from the Isle of Wight.

The maximum number of competitors in any one event in an age group was seven, but some events received no entries.

The spirit at the "Masters" reflected the rapport between the competitors and officials, one race being held up until Duncan Goodhew arrived from the dressing room complete with "cap" and moonboots. The excellent commen-

tator, Danny McGowan, suggested that Duncan keep his boots on—or else give the others a start!

The Glasgow Youth Choir were like a breath of spring at the Saturday evening civic reception given by the Glasgow District Council in the magnificent City Chambers.

Congratulations are due to Sun Life for their genuine support of Master's Swimming. There is no branch of swimming so appealing in concept, and so enjoyable in practice.

* * *

And we are delighted to confirm that Sun Life are continuing their support of the Scottish Masters Championships in 1984. Arrangements are already well in hand—the date has been fixed for **12th/13th May** and the proposed venue is once again Whitehill Baths, Glasgow, which proved so successful last year. Numerous requests for information and entry forms have already been received—from home and abroad.

The date again—**12th/13th May 1984**. Send for your details now!

TECHNICAL TRAINING

—George Battison

Examinations

The November '83 examinations resulted in the following successes:—

Timekeepers	124
Judges	36
Starters	28
Referees	6

Our congratulations to all those who were successful and generally speaking, the standard was very high. However, 67 candidates failed their respective examinations and one reason appears to be, particularly in Timekeepers, that candidates did not take the trouble to attend the lectures or even borrow lecture tapes and so found out the hard way that there's more to Timekeeping than starting and stopping a watch and it is the considered opinion of the Committee that the standard of Timekeeping in the S.A.S.A. is second to none. The examinations are not difficult, provided the examinees are prepared to do their home work.

The 1984 examination date is Saturday, 10th November, at 2 p.m.

* * *

Electronic Timing Equipment

There appears still to be doubt regarding the operation of electronic timing equipment. A swimmer having an electronic time and placing—that is the time and place. A swimmer without an electronic time or placing—then the manual time and judge's placing will be official, provided that, on comparison with the human times and placings of all other contestants, the swimmer is not gaining an advantage. This applies whether the electronic equipment is at fault or the swimmer fails to activate the pad. The back-up times of the electronic equipment may be used, but only in conjunction with all the other manual times for that lane. The back-up timing is operated by an official and in accordance with F.I.N.A. Rule S.W.11.4 is considered a watch.

* * *

Breaststroke Leg Kick

Another point that is always cropping up is the question of the use of the Breaststroke leg kick in the Butterfly. Under the present laws this is quite legal and swimmers are perfectly entitled to change from Dolphin to Breaststroke leg kick as they will, provided there is no alternating movement during the change over.

* * *

Illegal Pool Entry

One Rule I would suggest that intending candidates for the Referees' examination should learn is SW5.9—Illegal Pool Entry. It was surprising the number of candidates who would have disqualified the swimmer in the lane although it was another swimmer who jumped in, the

latter of course being disqualified from his/her next scheduled event in the meet. This rule is not to be confused with SW5.10 which refers to a relay team member.

* * *

FINA Rule Amendments

The following amendments to FINA Rules should be noted:—

GR1.2.6.7—The Amateur Status of a swimmer shall not be endangered: By being paid for teaching elementary swimming or being engaged in approved life saving activities. Coaching of swimmers is not permitted.

GR8.1—Except as provided by GR8.2 at all competitions under the control of FINA, or any of its affiliated Members, members of representative teams and officials, while in the official competition venues, shall not be permitted to wear, exhibit or carry any visible item in the form of advertising, or any words or numbers (except design or trademarks of Members or Organising Committees for Olympic, World, Continental and Regional Championships) other than the trade mark on Technical equipment or clothing, not exceeding 16 sq.cm. in area. The trade mark may be repeated provided a name may be used once only. Design or trade marks of Members or Organising Committees for Olympic, World, Continental and Regional Championships are excluded from this Rule. The Management Committee shall have the authority to disqualify any person violating this Rule.

Advance in Timekeeping

The Americans and Swedes are very thorough in timekeeping details, and in important contests have watches on all competitors.

Realising that things could be bettered, the W.C.A.S.A. Timekeeping Committee made several recommendations which were passed by the district delegates.

New and reliable watches are being purchased and in future, times and records made in the West should be authentic.

(From "Swimming News", August 1923)

200 CLUB WINNERS

Winners of the "200" Club main prizes, drawn in December, were:

Dunfermline A.S.C.	£150
Thurso A.S.C.	£100
Prestwick A.S.C.	£50
W. McCullough	£50

BEST WISHES, JOAN!

Congratulations to Joan Fraser, our physiotherapist, on her engagement to Ernie Lee. We understand Joan is due to be married only a matter of days before she leaves with the G.B. Swimming Team for the Olympic Games in Los Angeles—and that she is not taking her new husband with her. That's what we call devotion to duty!

* * *

SYNCHRO

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—Jackie Brayshaw, Majorca Synchro Conference, June, 1983

* * *

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SCOTTISH SWIMMING COACHES ASSOCIATION

At the recent Annual General Meeting of the S.S.C.A. in November the following Coaches were elected to office for 1983/84.

Chairman: Danny McGowan
Vice Chairman: Wally Lord
Secretary: Drew Gordon
Treasurer: Ian Mason
Committee: Adam Hunter
John McAuley
Jim Park
Gordon Coleman

Anyone who is interested in membership should contact the Secretary at:

10 Clarence Gardens,
Glasgow,
G11 7JN,

or through the Scottish office.

Membership subscription is £6.00.

The S.S.C.A. Dinner 1984 is to be held at Edinburgh on 11th February.

* * *

BOOK REVIEW

Teaching an Infant to Swim

—Virginia Hunt Newman

A very "readable" book by Virginia Hunt Newman, who teaches in Hollywood and has amongst her pupils the children of many celebrities. It is obviously based on many years of work with very young children and their parents and relates many anecdotes about their progress and behaviour to illustrate her points.

The book starts with some most impressive research results from the German Sports Federation in Cologne, outlining the benefits early swimming gives to the pre-school child.

Although there is a short chapter for teachers, this book is mainly aimed at parents who want to work with their own child and deals with many of the questions that parents are anxious about . . . Will the baby breathe in if it is submerged? . . . How early should babies start swimming? . . . etc.

It gives guidelines to the sort of progress that can be expected, along with ideas for activity in the water, all the time stressing the "fun", "safety" and "good habits" aspects, together with a strong warning against forcing children too far too fast.

This revised edition of the book contains lots of photographs of infants and teachers participating in a variety of early skills, some with and some without parental support.

THE ESSO SCOTTISH YOUTH SQUAD



Photographed at the Swim Centre, Stirling University.



INTERNATIONAL SELECTIONS

Three Scottish and two Esso Scottish Youth Teams have been selected for International events in the early weeks of 1984. Details of results and performances will be included in the next edition of Swimscape, but meantime, we record our congratulations to the swimmers and their Clubs.

9th SPEEDO MEET, AMERSFOORT, HOLLAND: 27th/29th January

Ruth Gilfillan	City of Dundee
Jean Hill	Larkhall Avondale
Paul Brew	Incas
Robin Brew	Incas
Neil Foster	City of Dundee

Coach/Team Manager: Wally Lord

DIANA MEET, PARIS: 3rd/5th February

Brian Archibald	Larkhall Avondale
Alan Ferris	Paisley
Craig Nelson	Stirling
Paul Brew	Incas
Robin Brew	Incas
Neil Foster	City of Dundee
Ruth Gilfillan	City of Dundee
Jean Hill	Larkhall Avondale
Alison Hamilton	Aberdeen
Sarah Inkson	Aberdeen
Deborah Lord	Aberdeen
Jill Buchanan	Aberdeen

Coach/Team Manager:
Danny McGowan (Cumbernauld)
Chaperone: Helen Brunton (Paisley)

SJAELLANDS OPEN INTERNATIONAL MEET, DENMARK: 4th/6th Feb. 1984

Kathryn Smith	Cumbernauld
Joanna Robertson	Paisley
Vicki Reid	Sutherland
Carole Lewis	Fins
Maureen Campbell	Cumbernauld
Jean Cattanach	Unattached
Graeme Goudie	Warrender
Graeme Wilson	Paisley
Martin Lynch	Cumbernauld
Ian McFarlane	Paisley

Coach/Team Manager:
Jim Park (Paisley)
Chaperone: Helen McLeod-Bain
(Heart of Midlothian)

TRONDERSVOM INTERNATIONAL MEET, TRONDHEIM, NORWAY: 20th/22nd Jan. and 7th CARNEVAL MEET, VIAREGGIO, ITALY: 17th/19th February

ESSO SCOTTISH YOUTH TEAM

Ian Cox	Stirling
Wilson Ferguson	Falkirk Otters

Ian Lewis	Fins
David Rennie	Sharks
Neil Smith	Unattached
Neil Sutherland	Paisley
Bruce Foster	City of Dundee
Neil Storey	Paisley
* Ian Campbell	Paisley
Angus Nicoll	City of Dundee
Anthony Rose	Scotia
* Andrew Smith	Unattached
* Gary Watson	Fins
Derna Campbell	Falkirk Otters
Shona Cowie	Peterhead
Fiona Davies	Paisley
Wilma Goodwin	Sharks
Lorraine Wheatley	Sharks
Louise Longford	Paisley
Stephanie Watson	Ayr
* Linda Donnelly	Hamilton Baths
Anna Ratcliff	Unattached
Arlene Ewing	Scotia
Lyn Cowie	Grangemouth

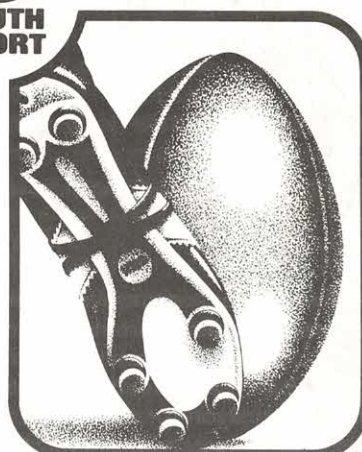
Team Managers:
Mr. Ron Taylor (Viareggio)
Mr. Jim Ferris (Trondheim)
Coaches: Drew Gordon and Ian Mason
Chaperones:
Carole Wilson (Trondheim)
Sheena Taylor (Viareggio)



The Esso Youth Sport programme is designed to encourage young people in the pursuit of their particular sports and games.

It reflects the Esso philosophy of 'Looking ahead to keep ahead'. For the programme encourages youth **now** in activities that will benefit themselves and the country in the future.

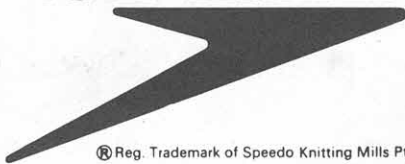
Esso Youth Sport is a co-ordinated programme involving schools and youth activities, in the following sports: Swimming, Athletics, Rugby, Soccer, Basketball and Cricket.



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