

THE ESSO SCOTTISH NATIONAL OPEN AND AGE GROUP CHAMPIONSHIPS 1988

(UNDER SASA RULES)

Dollan Baths, East Kilbride

Tuesday 21st to Sunday 26th June 1988

SESSIONS: TUESDAY – 1 pm, 5.30 pm
WEDNESDAY, THURSDAY, FRIDAY,
SATURDAY – 9 am, 1.30 pm, 6 pm
SUNDAY – 9 am, 1 pm, 5 pm





This year Esso celebrates its Centenary.

The past one hundred years have seen enormous changes – not only in the growth of our company but in the world as a whole. Many of the changes have been for the better and the advent of new technology has benefited mankind in many ways.

Leisure time has assumed an even greater importance than before and the majority of us spend at least some of that time involved in sport. The pleasure derived is at many levels – the joy of taking part, team spirit, achievement, friendships made, and as a way to health and fitness. And for those of us who watch from the sidelines – particularly at Youth level – the pleasure we get is seeing the happiness of others participating in their chosen sport.

This year as we celebrate our Centenary we also celebrate 15 years sponsorship of youth sport. In that time over 15 million young men and women have benefited from our support of swimming, athletics, cricket, football, golf and rugby – something in which we take great pride.

All our 125 youth sport events this year are part of our celebrations. I hope all of you present here today join us in making this another happy occasion.

Sir Archibald Forster
Chairman and Chief Executive
Esso Petroleum Company Limited

Bob Wilson

I have great pleasure in welcoming all competitors and officials to the Scottish National Open and Age Group Championships. It is particularly encouraging to know that the event has attracted such a large number of entries both from all parts of Scotland and beyond. The Association is deeply appreciative of the support given to this event by the clubs and their members.



The Association is also pleased to acknowledge the generous support given by **ESSO** who are once again sponsoring the Championships. Also much appreciated is the encouragement and support given by the East Kilbride District Council.

The Championships are one of the events that mark the Centenary Year of the Association. They will be keenly contested and I am sure will prove to be a memorable event for all involved.

I also wish to express my sincere thanks to Bob Craig and his Organising Committee; the staff at the Dollan Baths and the poolside officials, all of whose dedication and assistance will ensure a successful Championships.

Peter Heatly CBE DL
President
Scottish Amateur Swimming Association

As Provost of East Kilbride and on behalf of East Kilbride District Council, it gives me great pleasure to welcome the Scottish Amateur Swimming Association Officials, Competitors and Spectators to East Kilbride on the occasion of the 1988 National Long Course Championships.

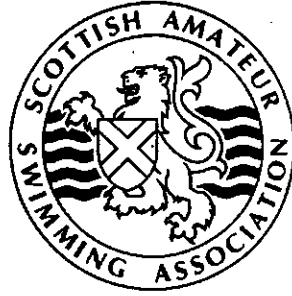


This is the third successive year your Championships have been staged at East Kilbride and I am delighted that the Swimming Association recognises the excellent Long Course swimming facility we have here in East Kilbride.

In this the Olympic year, I am sure a number of swimmers will be training exceptionally hard to achieve the required qualifying time for Seoul and to you I wish all the very best.

Finally, may I take this opportunity to thank all the Sponsors, Officials and helpers in what, I am sure, will be an exciting competition and also an enjoyable visit to East Kilbride.

Provost Helen Biggins JP
East Kilbride District Council



OFFICIALS OF THE SCOTTISH AMATEUR SWIMMING ASSOCIATION

PRESIDENT: Mr Peter Heatly VICE PRESIDENT: Mr Donald McGillivray
GENERAL SECRETARY: Mr Bill Black GENERAL TREASURER: Mr Mike Sheppard
DIRECTOR OF SWIMMING: Mr Hamilton Smith
ADMINISTRATOR: Mrs Rita Hallam

TECHNICAL OFFICIALS

REFEREES, STARTERS, JUDGES AND TIMEKEEPERS

From the SASA List

RECORDERS AND OTHER OFFICIALS

From the West District, SASA

ORGANISING COMMITTEE CONVENER

Mr Bob Craig

SWIMMING COMMITTEE CONVENER

Mr Ron Taylor

MEETING HELD UNDER SASA RULES

ESSO SCOTTISH NATIONAL OPEN AND AGE GROUP CHAMPIONSHIPS

(Sponsored by: ESSO PETROLEUM COMPANY LIMITED)

MEET INFORMATION

Format: AGE GROUP EVENTS ARE LIMITED TO SCOTTISH SWIMMERS.
OPEN EVENTS ARE UNLIMITED.

Heats: In some events, Heats for each age group will be run separately, however to facilitate smooth running of the Meet, Heats in some events have been combined.

Finals: Apart from those events in Sessions 1 and 2 and HDW events, all Finals will be held in the evening sessions.

The Open Championship Final will consist of the fastest 6 qualifiers irrespective of age from all Heats.

Age Group Finals will consist of the fastest 6 qualifiers in each age group excluding those qualifying for the Open Final.

Consolation Finals will be held where the number and quality of entries is considered adequate and will consist of the 6 fastest qualifiers not included in either the Open or Age Group Finals.

For National Championship, the Open Final will have precedence over all other Finals.

For Age Group Championship, the Open Final will have precedence over Age Group Finals.

There will be a Final for each age group in each event with the following exceptions:-

* 1500m, * 800m and 400m Freestyle, 400m Individual Medley, 200m Butterfly 12/13 years age group - places will be determined by:

- 1 Performance in the Open Final
- 2 Heat Times

* NB: 1500m and 800m Freestyle are HDW events.

Limited Entry: Where there are 6 or less entrants in an Age Group, the results will be determined from the Heats.

NO SPARE LANE SWIMS

Posting of Cards: Cards for the following events should be posted 45 minutes before the start of the relevant sessions:-

- 1 800/1500m Freestyle
- 2 All Age Group and Open Relays
- 3 All Reserve cards

Team Lines; Team line forms will be available at the Recorder's Table and should be returned to the Recorder duly completed with swimmers' names in correct order of swimming 30 minutes before the start of each session.

Withdrawals: a) FROM HEATS: THESE MUST BE REPORTED TO THE RECORDER NOT LESS THAN 30 MINUTES PRIOR TO THE START OF THE SESSION. FAILURE TO DO SO WILL RESULT IN RULE 34 (10) BEING APPLIED i.e SWIMMERS WILL BE FINED THE SUM OF £3.00

B) FROM FINALS:

- 1 UP TO 30 MINUTES AFTER POSTING OF FINALS AND CONSOLATION FINALS LIST - NO PENALTY
- 2 AFTER 30 MINUTES AS ABOVE BUT PRIOR TO END OF FINALS WARM UP - FINE £3.00
- 3 AFTER END OF FINALS WARM UP. UNLESS SUPPORTED BY MEDICAL CERTIFICATE - EXCLUSION FROM REMAINDER OF CHAMPIONSHIPS.

Swim Downs: These will be permitted in the teaching pool throughout the period of the Meet provided they are conducted in a controlled manner. The teaching pool must not be used for purposes other than controlled swim downs.

Reserves for Heats: They should post cards and report to the Recorder in plenty of time prior to the event. If accepted, they will be allocated to the slowest available empty lane.

Presentation of Awards: These will take place after the following event to the first three placed in Open Championships and in Age Group events the first six. Recipients should assemble "appropriately dressed" in Club gear at the presentation assembly area. Anyone not present at the correct time will risk not receiving their award.

NATIONAL SQUAD SELECTION

For the Season 1988/89 there will be 4 National Squads as follows:-

- | | | |
|---|---------------------------|---|
| 1 | Elite Squad: | Open |
| 2 | Senior Squad: | Boys born 1971 and earlier
Girls born 1972 and earlier |
| 3 | Esso Youth Squad: | Boys born 1972/73
Girls born 1973/74 |
| 4 | Esso Junior Squad: | Boys born 1974/75 and 76
Girls born 1975/76 |

Consideration may be given to variations within these groups on an exceptional individual basis.

Selection for these squads will take place at the conclusion of these Championships and will be based mainly upon performance at National Long Course and National Age Groups, covering the range of strokes and distances. Swimmers will be informed of their selection as soon as possible, probably in early August.

NATIONAL OPEN CHAMPIONSHIP

Information:

Awards

Medals shall be presented as follows:-

- a) Scottish Open Champion 1st, 2nd and 3rd
- b) Scottish National Champion
- c) Scottish National Junior Champion

The National Junior Championship/Trophy will be awarded to the fastest Junior, (16 years and under) with Scottish National eligibility in either the Open Championship or Age Group Finals. In HDW events, the Trophy/Title will be awarded to the fastest Junior in the event.

Open Championship Consolation Finals will not count for Junior Trophies/Titles.

The Robertson Trophy for the Club Championship of Scotland will be awarded to the Scottish Club which scores the most points from the top 8 performances in each event with all Finals taking precedence over Heat swims.

Best Performance Trophy Awarded by BERGER PAINTS

This trophy is awarded to the person who scores the highest number of points at the Championships according to the German points tables.

ESSO AGE GROUP CHAMPIONSHIP

Information:

Awards

Medals shall be presented to the first three placed competitors in each event.

The Mrs J Waldie Cup shall be awarded to the Club gaining the most medals in the Finals.

The Sharp Trophy is awarded to the boy and girl (12 years and under) placed first in the 200m Individual Medley.

Speedo Trophies shall be awarded to the boy and girl (12 years and under) who, in the opinion of the Executive or their nominees have produced the best performance of the Championship.

The Esso Trophy is awarded to the person who scores the highest number of points at the Championship according to the German Points Table.

SCHEDULE I

GENERAL WARM UP LANES

Sessions	TUESDAY		WEDNESDAY			THURSDAY		FRIDAY			SATURDAY		SUNDAY					
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	
Lanes	12/U - 13&14		12/U - 13 & 14			12/U - 13 & 14 13 & 14 Relays		12/U - 13 & 14 12/U - 13 & 14 Relays			12 /U & 13 yrs 12/U Relays		12/U, 13/14 12/U			12/u - 13 & 14		
1	15/16 and above					15/16 and above		15/16 and above			15/16 & above 15/16) 17/18) Relays 19/24)							
2																		
3																		
4			15/16 and above										15/16 & above 17/18 - 19/24 Relays					
5																		
6																		

Warm Ups:

- a) The first half of all warm up periods will be a general warm up with NO DIVING from the blocks or poolside.
- b) General warm ups: Lane allocations for the general warm ups (first half of all warm ups) are detailed in Schedule I. Swimmers and coaches are required to comply with the lane allocations. Failure to do so will result in removal from the poolside.

During the last half of all warm up periods lane allocations shall be as follows:-

Lanes 1 and 6: one way sprint lanes - diving will be permitted from the deep end of the pool only

Lanes 2 and 5: pace lanes - chain swimming with push off starts - NO DIVING

The remaining lanes are general warm up lanes with NO DIVING

IMPORTANT: DIVING IS PERMITTED IN DESIGNATED LANES ONLY



AMATEUR SWIMMING FEDERATION OF GREAT BRITAIN

Affiliated to F.I.N.A. and L.E.N.

June 1988

Selection for 1988 European Youth Championships

The Championships are in Amersfoort, Holland on 28 - 31 July and a training camp will be held immediately prior to them.

The team will be chosen on Wednesday 29 June when the selectors will consider times recorded in Long Course competitions held between 1 March and 29 June. It is anticipated that the maximum team size will be 24.

The selection criteria, and 'A' and 'B' consideration times, as a guideline for selection are:-

- 1 Where two or more swimmers achieve the A time it is likely that two will be selected
- 2 Priority consideration will be given to relay team selection where the relay team is judged to be of sufficiently high calibre.
- 3 Where no swimmer has achieved an A time the swimmers achieving the fastest B times will be considered.

Boys born 1972/73

A	B
24.92	25.31
54.32	55.06
1.57.32	2.00.22
4.06.97	4.10.58
16.05.32	16.28.85
1.00.88	1.02.44
2.10.97	2.13.46
1.07.38	1.08.72
2.27.48	2.30.43
59.20	1.00.00
2.09.49	2.12.43
2.13.41	2.15.70
4.42.58	4.49.14

Girls born 1973/74

A	B
27.16	27.94
59.50	1.00.81
2.07.77	2.09.97
4.23.98	4.34.66
9.04.53	9.22.50
1.07.15	1.08.38
2.23.35	2.26.61
1.14.86	1.15.86
2.41.41	2.44.88
1.05.10	1.06.40
2.21.12	2.23.79
2.25.16	2.27.82
5.08.45	5.13.19

E Wilkinson
Manager - British Junior Team

CLUB ABBREVIATIONS

West

AM Airdrie & Monkland
AA Alloa
AR Ayr
BD Barrhead
BL Bellshill Sharks
BB Bo'ness Beavers
CG City of Glasgow
CM Clackmannan District
CE CES (Glasgow)
CD Cumbernauld
CM Cunninghame
DD Dumbarton Dolphins
DS Dumfries Dolphins
DN Dunoon
EK East Kilbride
ED Eastwood
GN Girvan
GK Gourock
GM Grangemouth
HD Hamilton District
HH Helensburgh
IE Inverclyde
KK Kilmarnock
KH Kirkintilloch
LK Lanark
MB Milngavie & Bearsden
ML Motherwell
PY Paisley
PK Prestwick
SA Scotia
SG Stirling

Midland

AS Arbroath (St Thomas)
BT Belmont
CD City of Dundee
DD Dundee District

Clubs outwith Scotland

AC Ashton Central
BEC Beckenham
BST Borough of South Tyneside
BWF Borough of Waltham Forrest
COC City of Chester
CON City of Newcastle
COS City of Sheffield
FN Fåreham Nomads
FHM Forward Hillington Square
GHD Great Harwood Otters
GC Guildford City

East

BS Barracudas
BG Bonnyrigg
BN Broxburn
BD Burntisland
CE Carnegie
DS Duns
EC Edinburgh
EH Eyemouth
FS Fins
GA Gala
GS Glenrothes
IS Incas
KY Kirkcaldy
LN Livingston
LDD Livingston Dedridge Dolphins
PS Peebles
WB Warrender
WN Whitburn

North

AN Aberdeen
AD Aberdeen Dolphins
BA Bon Accord
BD Bridge of Don
CO Cults Otter
DN Deveron
DI Dingwall
DA Dyce (Aberdeen)
ER Easter Ross
EN Elgin
CH Fraserburgh
GH Garioch
IS Inverness
MD Moray District
OY Orkney
PD Peterhead
SD Sutherland
TL Thistle Ladies
TO Thurso
TF Turriff
YN Ythan

HW Harrow & Wealdstone
LNR Leander SC
NEW Newcastle
RUN Runnymede
RR Rushmoor Royals
SHIV Shiverers
TOR Torfaen
WASC Whiteoak
WNW Wigan Wasps
YRK York City Baths

PROGRAMME OF EVENTS:

DAY 1: Tuesday 21st June

Session 1: 13.00

1	Mens	50m Freestyle	H
2	Womens	800m Freestyle	(HDW) H1 and 2
3	Mens	4 x 200m Freestyle	H
4	Womens	800m Freestyle	(HDW) H3, 4 and 5
5	Mens	50m Freestyle	CF
6	Mens	50m Freestyle	F
7	Womens	800m Freestyle	(HDW) H6, 7 and 8
8	Mens	4 x 200m Freestyle	F

NB: Womens 800m Freestyle is a combined event

Session 2: 17.30

1	Womens	50m Freestyle	H
2	Mens	1500m Freestyle	(HDW) H1 and 2
3	Womens	4 x 200m Freestyle	H
4	Mens	1500m Freestyle	(HDW) H3 and 4
5	Womens	50m Freestyle	CF
6	Womens	50m Freestyle	F
7	Mens	1500m Freestyle	(HDW) H5 and 6
8	Womens	4 x 200m Freestyle	F

NB: Mens 1500m Freestyle is a combined event

DAY 2: Wednesday 22nd June

Session 3: 09.00

1	Boys	12/U)		H	
2	Boys	13 yrs)	100m Backstroke	H	
3	Boys	14 yrs)		H	
4	Girls	12/U)		H	
5	Girls	13 yrs)	100m Breaststroke	H	
6	Girls	14 yrs)		H	
7	Mens	15/16 yrs)		H	
8	Mens	17/18 yrs)	200m Butterfly	H	
9	Mens	19/24 yrs)		H	
10	Mens	Open)		H	
11	Womens	15/16 yrs)		H	*
12	Womens	17/18 yrs)	400m Individual Medley	H	*
13	Womens	19/24 yrs)		H	*
14	Womens	Open	400m Individual Medley	H	
15	Mens	Open	4 x 100m Medley Relay	H	

* No Age Group Finals

DAY 2: Wednesday 22nd June

Session 4: 13.30

1	Girls	13/under)	400m Individual Medley	H	*
2	Girls	14 yrs)		H	*
3	Boys	12/U)	200m Butterfly	H	*
4	Boys	13 yrs)		H	*
5	Boys	14 yrs)		H	
6	Womens	15/16 yrs)	100m Breaststroke	H	
7	Womens	17/18 yrs)		H	
8	Womens	19/24 yrs)		H	
9	Womens	Open)		H	
10	Mens	15/16 yrs)	100m Backstroke	H	
11	Mens	17/18 yrs)		H	
12	Mens	19/24 yrs)		H	
13	Mens	Open)		H	
14	Womens	Open		4 x 100m Medley Relay	H	

Session 5: 18.00 Finals

1	Boys	12/U)	100m Backstroke	F	
2	Boys	13 yrs)		F	
3	Boys	14 yrs)		F	
4	Girls	12/U)	100m Breaststroke	F	
5	Girls	13 yrs)		F	
6	Girls	14 yrs)		F	
7	Boys	14 yrs)	200m Butterfly	F	
8	Mens	15/16 yrs)		F	
9	Mens	17/18 yrs)		F	
10	Mens	19/24 yrs)		F	
11	Mens	Open		200m Butterfly	CF	
12	Mens	Open		200m Butterfly	F	
13	Womens	Open		400m Individual Medley	CF	
14	Womens	Open		400m Individual Medley	F	
15	Mens	15/16 yrs)	100m Backstroke	F	
16	Mens	17/18 yrs)		F	
17	Mens	19/24 yrs)		F	
18	Mens	Open		100m Backstroke	CF	
19	Mens	Open		100m Backstroke	F	
20	Womens	15/16 yrs)	100m Breaststroke	F	
21	Womens	17/18 yrs)		F	
22	Womens	19/24 yrs)		F	
23	Womens	Open		100m Breaststroke	CF	
24	Womens	Open		100m Breaststroke	F	
25	Mens	Open		4 x 100m Medley Relay	F	
26	Womens	Open		4 x 100m Medley Relay	F	

* No Age Group Finals

DAY 3: Thursday 23rd June

Session 6: 09.00

1	Boys	12/U)		H	
2	Boys	13 yrs)	100m Breaststroke	H	
3	Boys	14 yrs)		H	
4	Girls	12/U)		H	
5	Girls	13 yrs)	100m Backstroke	H	
6	Girls	14 yrs)		H	
7	Mens	15/16 yrs)		H	*
8	Mens	17/18 yrs)	400m Freestyle	H	*
9A	Mens	19/24 yrs)		H	*
9	Mens	Open		400m Freestyle	H	
10	Womens	15/16 yrs)		H	
11	Womens	17/18 yrs)	200m Butterfly	H	
12	Womens	19/24 yrs)		H	
13	Womens	Open)		H	
14	Mens	Open		4 x 100m Freestyle Relay	H	

Session 7: 13.30

1	Girls	12/U)		H	*
2	Girls	13 yrs)	200m Butterfly	H	*
3	Girls	14 yrs)		H	
4	Boys	12/U)		H	*
5	Boys	13 yrs)	400m Freestyle	H	*
6	Boys	14 yrs)		H	*
7	Womens	15/16 yrs)		H	
8	Womens	17/18 yrs)	100m Backstroke	H	
9	Womens	19/24 yrs)		H	
10	Womens	Open)		H	
11	Mens	15/16 yrs)		H	
12	Mens	17/18 yrs)	100m Breaststroke	H	
13	Mens	19/24 yrs)		H	
14	Mens	Open)		H	
15	Womens	Open		4 x 100m Freestyle Relay	H	
16	Boys	13/14 yrs		4 x 50m Freestyle Relay	H	
17	Girls	13/14 yrs		4 x 50m Freestyle Relay	H	

* No Age Group Finals

DAY 3: Thursday 23rd June

<u>Session 8:</u>	<u>18.00</u>	<u>Finals</u>			
1	Boys	12/U)		F
2	Boys	13 yrs)	100m Breaststroke	F
3	Boys	14 yrs)		F
4	Girls	12/U)		F
5	Girls	13 yrs)	100m Backstroke	F
6	Girls	14 yrs)		F
7	Mens	Open		400m Freestyle	CF
8	Mens	Open		400m Freestyle	F
9	Girls	14 yrs		200m Butterfly	F
10	Womens	15/16 yrs)		F
11	Womens	17/18 yrs)	200m Butterfly	F
12	Womens	19/24 yrs)		F
13	Womens	Open		200m Butterfly	CF
14	Womens	Open		200m Butterfly	F
15	Mens	15/16 yrs)		F
16	Mens	17/18 yrs)	100m Breaststroke	F
17	Mens	19/24 yrs)		F
18	Mens	Open		100m Breaststroke	CF
19	Mens	Open		100m Breaststroke	F
20	Womens	15/16 yrs)		F
21	Womens	17/18 yrs)	100m Backstroke	F
22	Womens	19/24 yrs)		F
23	Womens	Open		100m Backstroke	CF
24	Womens	Open		100m Backstroke	F
25	Mens	Open		4 x 100m Freestyle Relay	F
26	Womens	Open		4 x 100m Freestyle Relay	F
27	Boys	13/14 yrs		4 x 50m Freestyle Relay	F
28	Girls	13/14 yrs		4 x 50m Freestyle Relay	F

DAY 4: Friday 24th June

Session 9: **09.00**

1	Boys	12/U)		H	
2	Boys	13 yrs)	100m Butterfly	H	
3	Boys	14 yrs)		H	
*4	Girls	13 yrs)	400m Freestyle	H	*
*5	Girls	14 yrs)		H	*
*4 (a)	Girls	12/U)			
6	Mens	15/16 yrs)		H	
7	Mens	17/18 yrs)	200m Backstroke	H	
8	Mens	19/24 yrs)		H	
9	Mens	Open)		H	
10	Womens	15/16 yrs)		H	
11	Womens	17/18 yrs)	200m Breaststroke	H	
12	Womens	19/24 yrs)		H	
13	Womens	Open)		H	
14	Boys	12/U)		H	
15	Boys	13 yrs)	200m Individual Medley	H	
16	Boys	14 yrs)		H	
17	Womens	15/16 yrs		4 x 50m Freestyle Relay	H	
18	Mens	15/16 yrs		4 x 50m Freestyle Relay	H	
19	Girls	13/14 yrs		4 x 50m Medley Relay	H	
20	Boys	13/14 yrs		4 x 50m Medley Relay	H	

Session 10: **13.30**

1	Mens	15/16 yrs)		H	
2	Mens	17/18 yrs)	100m Butterfly	H	
3	Mens	19/24 yrs)		H	
4	Mens	Open)		H	
5	Womens	15/16 yrs)		H	*
6	Womens	17/18 yrs)	400m Freestyle	H	*
7	Womens	19/24 yrs)		H	*
8	Womens	Open		400m Freestyle	H	
9	Boys	12/U)		H	
10	Boys	13 yrs)	200m Backstroke	H	
11	Boys	14 yrs)		H	
12	Girls	12/U)		H	
13	Girls	13 yrs)	200m Breaststroke	H	
14	Girls	14 yrs)		H	
15	Mens	15/16 yrs)		H	
16	Mens	17/18 yrs)	200m Individual Medley	H	
17	Mens	19/24 yrs)		H	
18	Mens	Open)		H	
19	Girls	12/U		4 x 50m Medley Relay	H	
20	Boys	12/U		4 x 50m Medley Relay	H	

* No Age Group Finals

DAY 4: Friday 24th June

Session 11: 18.00 Finals

1	Boys	12/U)		F
2	Boys	13 yrs)	100m Butterfly	F
3	Boys	14 yrs)		F
4	Mens	15/16 yrs)		F
5	Mens	17/18 yrs)	200m Backstroke	F
6	Mens	19/24 yrs)		F
7	Mens	Open		200m Backstroke	CF
8	Mens	Open		200m Backstroke	F
9	Womens	15/16 yrs)		F
10	Womens	17/18 yrs)	200m Breaststroke	F
11	Womens	19/24 yrs)		F
12	Womens	Open		200m Breaststroke	CF
13	Womens	Open		200m Breaststroke	F
14	Boys	12/U)		F
15	Boys	13 yrs)	200m Individual Medley	F
16	Boys	14 yrs)		F
17	Mens	15/16 yrs)		F
18	Mens	17/18 yrs)	100m Butterfly	F
19	Mens	19/24 yrs)		F
20	Mens	Open		100m Butterfly	CF
21	Mens	Open		100m Butterfly	F
22	Womens	Open		400m Freestyle	CF
23	Womens	Open		400m Freestyle	F
24	Boys	12/U)		F
25	Boys	13 yrs)	200m Backstroke	F
26	Boys	14 yrs)		F
27	Girls	12/U)		F
28	Girls	13 yrs)	200m Breaststroke	F
29	Girls	14 yrs)		F
30	Mens	15/16 yrs)		F
31	Mens	17/18 yrs)	200m Individual Medley	F
32	Mens	19/24 yrs)		F
33	Mens	Open		200m Individual Medley	CF
34	Mens	Open		200m Individual Medley	F
35	Girls	12/U		4 x 50m Medley Relay	F
36	Boys	12/U		4 x 50m Medley Relay	F
37	Girls	13/14 yrs		4 x 50m Medley Relay	F
38	Boys	13/14 yrs		4 x 50m Medley Relay	F
39	Womens	15/16 yrs		4 x 50m Freestyle Relay	F
40	Mens	15/16 yrs		4 x 50m Freestyle Relay	F

DAY 5: Saturday 25th June

Session 12: 09.00

1	Girls	12/U)		H	
2	Girls	13 yrs)	100m Freestyle	H	
3	Girls	14 yrs)		H	
4	Boys	12/U)		H	
5	Boys	13 yrs)	200m Freestyle	H	
6	Boys	14 yrs)		H	
7	Womens	15/16 yrs)		H	
8	Womens	17/18 yrs)	200m Backstroke	H	
9	Womens	19/24 yrs)		H	
10	Womens	Open)		H	
11	Mens	15/16 yrs)		H	*
12	Mens	17/18 yrs)	400m Individual Medley	H	*
13	Mens	19/24 yrs)		H	*
14	Mens	Open		400m Individual Medley	H	
15	Girls	12/U)		H	
16	Girls	13 yrs)	200m Individual Medley	H	
17	Girls	14 yrs)		H	
18	Mens	15/16 yrs)	4 x 50m Medley Relay	H	
19	Womens	15/16 yrs)		H	
20	Mens	17/18 yrs)	4 x 50m Freestyle Relay	H	
21	Womens	17/18 yrs)		H	

Session 13: 13.30

1	Womens	15/16 yrs)		H	
2	Womens	17/18 yrs)	100m Freestyle	H	
3	Womens	19/24 yrs)		H	
4	Womens	Open)		H	
5	Mens	15/16 yrs)		H	
6	Mens	17/18 yrs)	200m Freestyle	H	
7	Mens	19/24 yrs)		H	
8	Mens	Open)		H	
9	Girls	12/U)		H	
10	Girls	13 yrs)	200m Backstroke	H	
11	Girls	14 yrs)		H	
12	Boys	13/U)	400m Individual Medley	H	*
13	Boys	14 yrs)		H	*
14	Womens	15/16 yrs)		H	
15	Womens	17/18 yrs)	200m Individual Medley	H	
16	Womens	19/24 yrs)		H	
17	Womens	Open)		H	
18	Mens	19/24 yrs)	4 x 50m Medley Relay	H	
19	Womens	19/24 yrs)		H	

* No Age Group Finals

DAY 5: Saturday 25th June

Session 14: 18.00 Finals

1	Girls	12/U)		F
2	Girls	13 yrs)	100m Freestyle	F
3	Girls	14 yrs)		F
4	Boys	12/U)		F
5	Boys	13 yrs)	200m Freestyle	F
6	Boys	14 yrs)		F
7	Womens	15/16 yrs)		F
8	Womens	17/18 yrs)	200m Backstroke	F
9	Womens	19/24 yrs)		F
10	Womens	Open		200m Backstroke	CF
11	Womens	Open		200m Backstroke	F
12	Mens	Open		400m Individual Medley	CF
13	Mens	Open		400m Individual Medley	F
14	Girls	12/U)		F
15	Girls	13 yrs)	200m Individual Medley	F
16	Girls	14 yrs)		F
17	Womens	15/16 yrs)		F
18	Womens	17/18 yrs)	100m Freestyle	F
19	Womens	19/24 yrs)		F
20	Womens	Open		100m Freestyle	CF
21	Womens	Open		100m Freestyle	F
22	Mens	15/16 yrs)		F
23	Mens	17/18 yrs)	200m Freestyle	F
24	Mens	19/24 yrs)		F
25	Mens	Open		200m Freestyle	CF
26	Mens	Open		200m Freestyle	F
27	Girls	12/U)		F
28	Girls	13 yrs)	200m Backstroke	F
29	Girls	14 yrs)		F
30	Womens	15/16 yrs)		F
31	Womens	17/18 yrs)	200m Individual Medley	F
32	Womens	19/24 yrs)		F
33	Womens	Open		200m Individual Medley	CF
34	Womens	Open		200m Individual Medley	F
35	Mens	15/16 yrs)		F
36	Womens	15/16 yrs)	4 x 50m Medley Relay	F
37	Mens	17/18 yrs)		F
38	Womens	17/18 yrs)	4 x 50m Freestyle Relay	F
39	Mens	19/24 yrs)		F
40	Womens	19/24 yrs)	4 x 50m Medley Relay	F

DAY 6: Sunday 26th June

Session 15: 09.00

1	Boys	12/U)		H
2	Boys	13 yrs)	100m Freestyle	H
3	Boys	14 yrs)		H
4	Girls	12/U)		H
5	Girls	13 yrs)	100m Butterfly	H
6	Girls	14 yrs)		H
7	Mens	15/16 yrs)		H
8	Mens	17/18 yrs)	200m Breaststroke	H
9	Mens	19/24 yrs)		H
10	Mens	Open)		H
11	Womens	15/16 yrs)		H
12	Womens	17/18 yrs)	200m Freestyle	H
13	Womens	19/24 yrs)		H
14	Womens	Open)		H
15	Boys	12/U)	4 x 50m Freestyle Relay	H
16	Girls	12/U)		H
17	Mens	19/24 yrs)		4 x 50m Freestyle Relay	H
18	Womens	19/24 yrs)			H

Session 16: 13.00

1	Boys	12/U)		H
2	Boys	13 yrs)	200m Breaststroke	H
3	Boys	14 yrs)		H
4	Girls	12/U)		H
5	Girls	13 yrs)	200m Freestyle	H
6	Girls	14 yrs)		H
7	Mens	15/16 yrs)		H
8	Mens	17/18 yrs)	100m Freestyle	H
9	Mens	19/24 yrs)		H
10	Mens	Open)		H
11	Womens	15/16 yrs)		H
12	Womens	17/18 yrs)	100m Butterfly	H
13	Womens	19/24 yrs)		H
14	Womens	Open)		H
15	Mens	17/18 yrs)		H
16	Womens	17/18 yrs)	4 x 50m Medley Relay	H

DAY 6: Sunday 26th June

Session 17: 17.00 Finals

1	Boys	12/U)		F
2	Boys	13 yrs)	100m Freestyle	F
3	Boys	14 yrs)		F
4	Girls	12/U)		F
5	Girls	13 yrs)	100m Butterfly	F
6	Girls	14 yrs)		F
7	Mens	15/16 yrs)		F
8	Mens	17/18 yrs)	200m Breaststroke	F
9	Mens	19/24 yrs)		F
10	Mens	Open		200m Breaststroke	CF
11	Mens	Open		200m Breaststroke	F
12	Womens	15/16 yrs)		F
13	Womens	17/18 yrs)	200m Freestyle	F
14	Womens	19/24 yrs)		F
15	Womens	Open		200m Freestyle	CF
16	Womens	Open		200m Freestyle	F
17	Boys	12/U)		F
18	Boys	13 yrs)	200m Breaststroke	F
19	Boys	14 yrs)		F
20	Girls	12/U)		F
21	Girls	13 yrs)	200m Freestyle	F
22	Girls	14 yrs)		F
23	Mens	15/16 yrs)		F
24	Mens	17/18 yrs)	100m Freestyle	F
25	Mens	19/24 yrs)		F
26	Mens	Open		100m Freestyle	CF
27	Mens	Open		100m Freestyle	F
28	Womens	15/16 yrs)		F
29	Womens	17/18 yrs)	100m Butterfly	F
30	Womens	19/24 yrs)		F
31	Womens	Open		100m Butterfly	CF
32	Womens	Open		100m Butterfly	F
33	Boys	12/u)	4 x 50m Freestyle Relay	F
34	Girls	12/u)		F
35	Mens	17/18 yrs)	4 x 50m Medley Relay	F
36	Womens	17/18 yrs)		F
37	Mens	19/24 yrs)	4 x 50m Freestyle Relay	F
38	Womens	19/24 yrs)		F

SESSION ONE: Tuesday, 21 June: 13.00 Hours

EVENT 1/1: Mens 50m Freestyle Heats

Heat No. 1

1. Kenneth Flett	N/ER	72	28.62
2. Mark Herbert	RUN	74	28.30
3. Robert Robson	E/WB	73	27.80
4. Don McLean	W/HD	71	27.90
5. Gareth Ewing	M/DD	74	28.60
6. Colin Mitchell	W/KH	72	28.69

Heat No. 2

1. Graham Kennedy	E/WB	74	27.80
2. Andrew Brown	E/EC	68	27.72
3. Fraser Walker	UNAT	73	27.40
4. Iain Jackson	W/PY	72	27.70
5. Peter Lavender	W/DD	72	27.80
6. Stephen Barnard	W/PY	73	27.80

Heat No. 3

1. Iain Winmill	RUN	74	27.30
2. Calum Jack	W/AR	74	27.22
3. Jamie Stewart	N/EN	72	27.18
4. Andrew Durham	M/DD	70	27.20
5. Ian Holland	W/EK	71	27.23
6. Ross McInnes	E/EC	73	27.32

Heat No. 4

1. J. Magee	GHO	71	26.91
2. Martin McBain	E/EC	72	26.82
3. Graeme Semple	W/KH	73	26.70
4. Bruce Drummond	E/WB	72	26.80
5. Jack Dickson	W/HD	71	26.90
6. Alastair Boyd	CON	67	27.04

Heat No. 5

1. Ryan Watt	N/FH	74	26.55
2. Clark Moore	W/CG	69	26.50
3. George Thomson	W/PY	72	26.20
4. Ian Craighead	W/AR	70	26.30
5. David Knight	M/DD	71	26.50
6. David McHendry	W/CG	70	26.60

Heat No. 6

1. Derek McLelland	W/SA	72	26.04
2. Michael Cochran	N/AN	72	25.98
3. Michael Templeton	CON	68	25.80
4. Ronald Chalmers	E/WB	68	25.90
5. Mark McKinney	W/NS	61	26.00
6. Neil Arthur	N/DA	72	26.10

Heat No. 7

1. Iain McCallum	W/CG	72	25.60
2. Iain Teaz	W/NS	69	25.40
3. Robbie Mitchell	M/CD	71	25.17
4. Mark Duffy	CON	69	25.35
5. Martin McQueenie	E/WB	68	25.50
6. Sam Ferguson	W/PY	73	25.70

Heat No. 8

1. Duncan Watson	M/AS	72	25.58
2. Gavin Morgan	N/GH	70	25.40
3. Gordon McNee	E/WB	70	25.10
4. Campbell McNeil	W/PY	69	25.30
5. Tom Griffith	N/EN	73	25.44
6. Russell Dodson	N/EN	73	25.70

Heat No. 9

1. Graham Rough	FAN	65	25.53
2. Stuart Albin	M/CD	69	25.38
3. Graham Smith	WHK	67	24.29
4. Iain Macintyre	E/BS	70	25.20
5. David Legge	YRK	68	25.40
6. Iain McFarlane	W/EK	63	25.61

R1 Barry Gault	N/EN	73	28.73
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EVENT 1/2: Womens 800m Freestyle - Declared Winner Event: See Order of Events for Heat Schedule

Please Note: Time Cards for this Event Should be Posted for Seeding

1. Fiona Gilchrist	W/EK	75	10.44.03	20. Yolanda Brady	E/PS	75	9.54.40
2. Eilidh Coia	W/MB	75	10.41.00	21. Sarah McCracken	E/WB	74	9.54.20
3. Susan Cameron	E/WB	71	10.34.80	22. Caroline Law	E/EC	73	9.53.86
4. Gillian Cameron	W/MB	75	10.30.60	23. Ashley Elder	E/WB	73	9.53.30
5. Jillian Kerr	W/AA	74	10.30.00	24. Elaine Sheppard	W/MB	74	9.53.00
6. Sheila McPherson	W/EK	75	10.29.80	25. Carolyn Hawkins	E/EC	73	9.51.00
7. Morag McGhee	N/PD	75	10.23.80	26. Judith Barber	N/AN	73	9.50.70
8. Laura Eadie	W/BL	75	10.17.70	27. Hilary Clunas	W/PY	74	9.50.50
9. Michelle Bitler	W/DN	75	10.17.30	28. Susan Donnachie	M/AS	74	9.47.90
10. Julie Fraser	N/AN	74	10.14.40	29. Claire Simpson	M/CD	69	9.44.50
11. Ailsa Campbell	N/DA	72	10.14.00	30. Pamela Duncan	N/AN	73	9.43.60
12. Katy Lamb	E/WB	73	10.11.70	31. Grace Kerr	E/WB	75	9.42.20
13. Yvonne Bisley	W/MB	75	10.11.00	32. Gayle Pearson	E/WB	72	9.37.80
14. Fiona Wilson	W/SG	73	10.10.80	33. Lorna Harvey	W/PY	71	9.36.60
15. Lorna McCallum	E/WB	76	10.09.00	34. Susan Brown	E/EC	72	9.29.25
16. Marion Kane	W/KH	75	10.08.70	35. Janice Russell	W/SG	70	9.29.10
17. Jennifer Lochray	W/PY	76	10.03.60	36. Samantha Foggo	CON	74	9.22.00
18. Katrine McPherson	N/AN	72	10.01.40	37. Carol Shiell	E/PS	74	9.09.40
19. Gillian Thomson	W/PY	75	9.56.40	38. Lynsay Smart	COC	73	9.07.40
					39. Mandy Ivison	BST	71	9.00.80

EVENT 1/3: MENS 4 x 200m Freestyle Heats

Heat No. 1

- 1. Paisley Junior
- 2. Aberdeen
- 3. Paisley Senior
- 4. City of Dundee
- 5. Warrender 'B' Junior
- 6. Edinburgh

Heat No. 2

- 1. Hamilton Senior
- 2. York
- 3. Cumbernauld Junior
- 4. Edinburgh Junior
- 5. Warrender 'A'
- 6. City of Newcastle

EVENT 1/5: MENS 50m FREESTYLE CONSOLATION FINAL

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____
- 6. _____

- R1 _____
- R2 _____

EVENT 1/6: MENS 50m FREESTYLE FINAL

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____
- 6. _____

- R1 _____
- R2 _____

EVENT 1/8: MENS 4 x 200m FREESTYLE FINAL

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____
- 6. _____

- R1 _____
- R2

EVENT 13/5,6,7,8: Mens 15/16, 17/18, 19/24 Years and Open 200m Freestyle Combined Heats

Heat No. 1

1. Andrew Dickson	E/WB	73	2.14.60
② Alastair White	E/EC	72	2.13.19
3. Gavin Jack	M/DD	73	2.13.00
4. Martin Grogan	W/AA	73	2.13.00
5. Jamie Stewart	N/EN	72	2.13.93
6. Gordon McDiarmid	W/SG	73	2.14.69

Heat No. 2

1. Martin McBain	E/EC	72	2.12.61
② Russell Dodson	N/EN	73	2.12.60
3. Timothy Rice	E/LN	73	2.11.75
4. Gordon Turner	W/CH	73	2.11.81
5. Alan Macintyre	E/BS	72	2.12.30
6. William McArthur	W/SG	73	2.13.00

Heat No. 3

1. Scott Warnock	W/ML	70	2.11.25
2. Graeme Semple R1=	W/KH	73	2.10.90	2:10:11
3. Jonothan Hall	E/EC	73	2.10.30
4. Fraser Donaldson	E/EC	71	2.10.72
5. Lee Phillip	N/AN	73	2.11.10
6. Don McLean	W/HD	71	2.11.35

Heat No. 4

1. Ronald Chalmers	E/WB	68	2.10.00
② Stewart Bisley	W/MB	73	2.09.90	2:09:08
3. Fraser Walker	UNAT	73	2.09.60
4. Stuart Lochray	W/PY	73	2.09.70
5. Stephen Barnard	W/PY	73	2.10.00
6. James Boags	W/PY	73	2.10.20

Heat No. 5

1. Andrew Brown	E/EC	68	2.09.19
② David McHenry	W/CG	70	2.08.80	2:08:63
3. Mark Hunter	W/AA	70	2.08.40
4. Fraser Thirde	M/CD	72	2.08.50
5. Duncan Belcourt	UNAT	73	2.09.10
6. Derek McLelland	W/SA	72	2.09.48

Heat No. 6

1. Wayne Phimister	N/MD	71	2.06.80
② Steven McQuaid	UNAT	72	2.06.70	2:06:59
3. Robert Hammond	W/BD	72	2.06.10
4. Damian Lo Cascio	W/PY	70	2.06.49
5. Neil Arthur	N/DA	72	2.06.70
6. Ian Lewis	E/FS	67	2.07.00

Heat No. 7

1. Angus Brown	E/EC	70	2.04.98
② Peter Banham	COC	70	2.04.90	2:04:58
3. Bruce Drummond	E/WB	72	2.04.30
4. James Watt	W/HD	68	2.04.45
5. Iain McCallum	W/CG	72	2.04.90
6. Alan Wallace	E/WB	73	2.05.80

Heat No. 8

1. George Thomson	W/PY	72	2.04.00
② David Gammie	N/AN	72	2.03.50	2:03:36
3. Scott McKinlay	W/CD	72	2.03.34
4. Paul McQuaid	UNAT	70	2.03.50
5. Andrew Buchanan	W/SG	71	2.03.50
6. Scott Milne	N/PD	71	2.04.30

Heat No. 9

1. Steven Proud	CON	72	2.03.16
② Michael Cochran	N/AN	72	2.03.30	2:03:43
3. Andrew May	M/CD	72	2.02.50
4. Iain Teaz	W/NS	69	2.02.70
5. Greg Methven	GHO	69	2.03.10
6. Ross Noble	W/SG	72	2.03.30

Heat No. 10

1. Ian McDermott	W/HD	65	2.01.17 7?
② Nicky Waterson	W/CD	68	1.58.86	01:58:63
3. Campbell McNeil	W/PY	69	1.55.10
4. Lee Bennett	CON	70	1.57.68
5. Tom Griffith	N/EN	73	2.00.38
6. Graeme Goudie	E/WB	66	2.02.20

Heat No. 11

1. Sam Ferguson	W/PY	73	2.00.60
② Steven Foggo	CON	70	1.58.29	2:00:50
3. Gavin Lilley	BM	68	1.54.00
4. Peter Henry	E/EC	71	1.57.00
5. Alastair Johnson	CON	66	1.59.77
6. Ian Macintyre	E/BS	70	2.01.90

Heat No. 12

1. Graeme Sneddon	W/HD	71	2.00.50
② Graham Smith	WHK	67	1.57.80	1:57:43
3. Kevin Boyd	BST	66	1.52.00
4. Ian Stewart	YRK	70	1.56.40
5. Mark Duffy	CON	69	1.59.44
6. G. Hague	YRK	70	2.01.80

R1=Andrew Hitchen	M/DD	72	2.14.70 2:14:3
R1=Derek Millar	W/BL	73	2.14.70
R3 Raymond Smith	E/EC	72	2.14.77
R4 Alec Owens	E/IG	73	2.14.90

EVENT NO. 13/9: Girls 12/Under 200m Backstroke Heats**Heat No. 1**

1. Alexis Smith	M/AS	76	2.58.44
2. Jillian Lough	E/EH	76	2.52.00	<i>2:51:22</i>
3. Jennifer Lochray	W/PY	76	2.45.80
4. Emma McGhee	W/PY	77	2.49.30
5. Kerry Gardiner	W/MB	76	2.55.80
6. Clare Dirkie	E/LDD	77	2.59.80

Heat No. 2

1. Lynsey Dilley	UNAT	76	2.58.40
2. Nicola Steel	E/LDD	77	2.49.90	<i>2:51:53</i>
3. Carol Smith	E/EC	76	2.44.20
4. Fiona Murray	W/PY	76	2.49.00
5. Stacy Lauder	W/CD	76	2.54.50
6. Alison Reid	W/ML	77	2.58.95

Heat No. 3

1. Susan Smith	M/AS	76	2.58.05
2. Julie Craik	W/CH	76	2.49.80	<i>2:50:26</i>
3. Stephanie McDonald	W/PY	76	2.37.20
4. Angela Penrich	UNAT	76	2.46.90
5. Andrea Carey	W/BD	76	2.54.10
6. Carol Sheddon	N/TL	76	2.58.90

R1 Jennifer Wallace	E/GL	76	3.00.60
R2=Helen Eyles	W/CD	76	3.02.40
R2=Nicola Currie	N/TL	76	3.02.40

EVENT 13/10: Girls 13 Years 200m Backstroke Heats**Heat No. 1**

1. Jennifer McGinn	W/CH	75	2.54.00
2. Morna Murdoch	W/PY	75	2.53.30	<i>2:51:99</i>
3. Elaine Thow	E/IS	75	2.52.90
4. Clare Whyte	W/EK	75	2.52.98
5. Kirsty McNeil	W/MB	75	2.53.60
6. Sandra McRae	N/GH	75	2.54.00

Heat No. 2

1. Laura Eadie	W/BL	75	2.49.50
2. Eilidh Coia	W/MB	75	2.43.80	<i>2:49:09</i>
3. Anna Gray	UNAT	75	2.36.80
4. Mairi McDonald	N/AN	75	2.38.80
5. Corinne Jack	W/CG	75	2.45.00
6. Jan Houghton	W/DD	75	2.52.70

Heat No. 3

1. Kristina Murray	E/BG	75	2.48.80
2. Katie Griffith	N/EN	75	2.42.68	<i>2:51:03</i>
3. Faye Phimister	N/MD	75	2.34.01
4. Marion Kane	W/KH	75	2.38.50
5. Shona Dickson	UNAT	75	2.44.38
6. Vlasta Jamnicky	E/EC	75	2.51.62

Heat No. 4

1. Sarah Bass	UNAT	75	2.47.30
2. Christine Moodie	N/SD	75	2.41.90	<i>2:45:51</i>
3. Grace Kerr	E/WB	75	2.32.20
4. Julie Skeoch	W/ED	75	2.38.09
5. Yvonne Bisley	W/MB	75	2.43.80
6. Michelle Chapman	E/EC	75	2.51.24

R1=Nicola Douglas	W/HD	75	2.54.22
R1=Fiona Gilchrist	W/EK	75	2.54.22

EVENT 13/11: Girls 14 Years 200m Backstroke Heats**Heat No. 1**

1. Nicola Kerr	W/BD	74	2.49.93
2. Lada Jamnicky	E/EC	74	2.48.09	<i>2:50:48</i>
3. Roisin Scott	E/WB	74	2.46.00
4. Julie Fraser	N/AN	74	2.46.40
5. Nicola Thomson	N/AN	74	2.49.00
6. Clair Edwards	M/DD	74	2.51.60

Heat No. 2

1. Alison Mackay	UNAT	74	2.43.60
2. Caroline Watson	W/AR	74	2.38.50	<i>2:42:93</i>
3. Hilary Clunas	W/PY	74	2.36.50
4. Sarah Bibby	N/AN	74	2.37.60
5. Elaine Sheppard	W/MB	74	2.42.53
6. Suzanne Lawson	N/AN	74	2.45.80

Heat No. 3

1. Hazel Russell	N/AN	74	2.42.90
2. Laura Ferguson	E/WB	74	2.38.50	<i>2:42:95</i>
3. Fiona Morrison	M/CD	74	2.34.80
4. Lorna Campbell	M/AS	74	2.37.50
5. Andrena Hammond	W/BD	74	2.42.00
6. Caroline Baillie	E/IS	74	2.44.85

Heat No. 4

1. Carolyn Mackay	UNAT	74	2.42.81
2. Louise Walker	N/AD	74	2.38.20	<i>2:38:25</i>
3. Sarah McCracken	E/WB	74	2.30.90
4. Susan Donnachie	M/AS	74	2.36.61
5. Alison Cockshoot	W/SG	74	2.40.70
6. Amanda Young	N/DA	74	2.43.90

R1 Sarah Scott	W/HD	74	2.51.66
R2 Denise Goodwin	W/DN	74	2.52.00
R3 Julie Baptie	E/EC	74	2.52.40

EVENT 13/12,13: Boys 13/Under and 14 Years 400m Individual Medley

NO AGE GROUP FINAL

4.74.24
2.41.71
1.32.53

Heat No. 1 (Combined Heat)

1. Duncan McFadzean	W/CH	75	5.47.80
2. Stephen Moffat	W/SG	74	5.31.19	<u>5.32.62</u>
3. Steven McPherson	N/AD	74	5.25.20
4. Malcolm Smith	E/WB	74	5.29.00
5. Lindsay Bunney	E/EC	75	5.45.99
6. Graeme Smith	E/WB	75	5.49.90

EVENT 13/12: Boys 13/Under 400m Individual Medley

NO AGE GROUP FINAL

2.32.24

1.52.24
20.65
1.22.59

Heat No. 2

1. Simon Capaldi	E/WB	75	5.34.90
2. David Paxton	UNAT	75	5.26.30
3. Malcolm McCallum	W/CG	75	5.10.40
4. Dominic Sheils	E/EC	75	5.13.66
5. James Leitch	W/PY	75	5.33.70
6. Andrew Smith	E/EC	75	5.45.70
			R1 Campbell Allan	W/NS 76 5.50.00
			R2 Max Belcourt	UNAT 75 5.50.10

EVENT 13/13: Boys 14 Years 400m Individual Medley

NO AGE GROUP FINAL

2.31.58
1.24.73
2.28.5
1.09.21
1.06.85
19.39

Heat No. 2

1. Richard Thomson	W/SG	74	5.19.70
2. David Griffin	W/BL	74	5.11.70	<u>4.59.92</u>
3. Jamie Sidey	W/CG	74	5.06.80
4. Steve Leitch	E/WB	74	5.08.80
5. Jamie McNeil	W/MB	74	5.19.10
6. Nevil Greeley	N/PD	74	5.19.70
			R2 Ross Murray	W/PY 74 5.33.00

EVENT 13/14,15,16,17: Womens 15/16, 17/18, 19/24 Years and Open 200m Individual Medley Combined Heats

Heat No. 1

1. Carolyn Hawkins	E/EC	73	2.40.80
2. Katy Lamb	E/WB	73	2.40.30	<u>2.47.01</u>
3. Karine Stanners	W/GH	72	2.39.50
4. Pamela Duncan	N/AN	73	2.40.10
5. Caroline Lawrie	E/WB	72	2.40.50
6. Heather Anderson	W/MB	73	2.41.30

Heat No. 2

1. Fiona Black	W/WG	71	2.38.20
2. Fiona Hutcheson	N/AN	73	2.38.10	<u>2.39.58</u>
3. Caroline Taylor	N/PD	73	2.38.10
4. Rachel Crook	E/CE	73	2.38.10
5. Judith Barber	N/AN	73	2.38.10
6. Jenny Ellis	E/WB	73	2.39.10

Heat No. 3

1. Sandra Cameron	W/KH	70	2.37.80
2. Julie Embleton	CON	72	2.37.49	<u>2.38.15</u>
3. Gillian Dorricot	W/HD	71	2.37.30
4. Gayle Pearson	E/WB	72	2.37.40
5. Caroline Macfarlane	E/WB	73	2.37.50
6. Ashley Elder	E/WB	73	2.37.90

Heat No. 4

1. Lynne Sturgeon	E/EC	71	2.36.02
2. Bridget Greenwood	N/AN	72	2.35.90	<u>2.44.83</u>
3. Andrea Fox	W/HD	68	2.33.90
4. Derna Campbell	W/CD	68	2.34.36
5. Karen Welding	N/AN	72	2.36.00
6. Lesley Kirk	W/CD	73	2.36.70

Heat No. 5

1. Janice Russell	W/SG	70	2.32.80
2. S. Jamison	YRK	72	2.31.20	<u>2.34.62</u>
3. Alison Sheppard	W/MB	72	2.25.80
4. Susan Vick	COS	73	2.28.46
5. Briony Shimmons	W/SG	72	2.32.10
6. Trina Giles	N/AN	71	2.33.00

Heat No. 6

1. Stephanie Forrester	E/WB	69	2.32.60
2. Samantha Foggo	CON	74	2.29.39	<u>2.33.54</u>
3. Elizabeth Burns	M/CD	73	2.25.54
4. Lorna Cunningham	E/CE	71	2.27.93
5. Julie Latimer	E/WB	73	2.31.80
6. Kirsty Robson	E/WB	71	2.33.00

Heat No. 7

1. Carolyn Connaghan	W/BD	73	2.32.20				
2. Beverley Collier	M/CD	71	2.29.00	2:34:17			
3. Jean Hill	W/CD	64	2.21.75	R1 Sandra Goodall	N/EN	70	2.41.62
4. Lorraine Phimister	N/MD	72	2.26.64	R2 Angela McLeish	W/HD	71	2.42.10
5. Jacqueline Buchan	N/DA	76	2.31.40	R3 Ailsa Campbell	N/DA	72	2.43.20
6. Shona Smith	E/EC	70	2.32.94	R4 Caroline Law	E/EC	73	2.43.32

EVENT 13/19: Girls 12/Under 4 x 50m Freestyle Relay Heats

Heat No. 1

1. Edinburgh
2. Stirling	2:27:06
3. Bo'ness Beaver
4. Dundee District
5. Hamilton

Heat No. 2

1. Barracudas
2. Ayr	2:30:11
3. Barrhead Dolphins
4. City of Dundee
5. East Kilbride

Heat No. 3

1. Cunninghame
2. St. Thomas	2:17:00
3. Paisley
4. Livingston Dedridge Dolphins
5. Milngavie & Bearsden
6. --

Heat No. 4

1. Eyemouth
2. Cumbernauld	2:14:25
3. Scotia
4. Burntisland
5. Warrender
6. --

EVENT 13/20: Mens 19/24 Years 4 x 50m Medley Relay: STRAIGHT FINAL

1. C.E.S. Nomads
2. City of Glasgow
3. City of Dundee
4. Warrender
5. Hamilton & District
6. Dundee District

EVENT 13/21: Womens 19/24 Years 4 x 50m Medley Relay: STRAIGHT FINAL

1. --
2. C.E.S. Nomads	2:24:67
3. City of Dundee
4. Warrender
5. --
6. --

SESSION FIFTEEN: Sunday, 26 June: 09:00 Hours

EVENT 15/1: Boys 12/Under 100m Freestyle Heats

Heat No. 1

1. Grant Walker	N/AD	76	1.12.80
2. Gordon Glasgow	E/LN	77	1.12.60
3. Robert Simpson	E/BS	76	1.12.30
4. Craig Scott	W/LK	76	1.12.39
5. Rory Mearns	N/BA	77	1.12.70
6. Fraser Peterkin	N/MD	76	1.12.90

Heat No. 2

1. James Donn	W/BD	77	1.12.10
2. Steven Ritchie	N/DN	76	1.11.90
3. Duncan Budge	E/EH	77	1.11.60
4. John Steele	W/HD	76	1.11.62
5. Craig Thow	E/IS	77	1.11.90
6. Andrew McDougall	W/CH	76	1.12.20

Heat No. 3

1. Derek Dundas	E/BS	76	1.10.90
2. Martin Snape	N/AN	77	1.08.30
3. Douglas Forrest	W/PK	76	1.04.00
4. Myles Macintosh	N/IS	76	1.08.00
5. Mark MacLennan	W/PY	77	1.08.80
6. Alan Ralston	W/HD	76	1.11.29

Heat No. 4

1. Graeme Paxton	UNAT	77	1.09.90
2. Richard Hope	M/CD	76	1.08.20
3. Kevin Bates	M/AS	76	1.03.94
4. Bryan Adam	N/OY	76	1.06.10
5. Campbell Allan	W/NS	76	1.08.60
6. Jeffrey Cowie	N/MD	76	1.11.14

Heat No. 5

1. David Steele	W/HD	76	1.08.90
2. John Legge	N/MD	77	1.08.06
3. Paul Latimer	E/WB	76	1.03.70
4. Dennis Connaghan	W/BD	76	1.05.20
5. Alan Martin	N/TF	76	1.08.40
6. Andrew Hamilton	W/MB	76	1.10.20

R1= Ciaran McCann	W/CH	77	1.13.10
R1=Greig Henderson	N/CO	77	1.13.10
R2 Stephen Simpson	W/HD	77	1.13.50

EVENT 15/2: Boys 13 Years 100m Freestyle Heats

Heat No. 1

1. Brian Sinclair	E/FS	75	1.07.90
2. George Ritchie	N/DN	75	1.06.10
3. Simon Capaldi	E/WB	75	1.02.10
4. David Williams	E/WB	75	1.04.80
5. Richard Marsh	UNAT	75	1.07.80
6. --				

Heat No. 2

1. Euan McAuley	W/DD	75	1.07.80
2. Andrew Smith	E/EC	75	1.05.37
3. Malcolm McCallum	W/CG	75	59.60
4. David Paxton	UNAT	75	1.04.10
5. Kevin Stobbart	E/BG	75	1.07.00
6. Max Belcourt	UNAT	75	1.08.00

Heat No. 3

1. Lindsay Bunney	E/EC	75	1.07.80
2. Peter Littlefield	W/MB	75	1.05.10
3. Dominic Sheils	E/EC	75	59.32
4. Stuart Wallace	W/CN	75	1.02.78
5. James Leitch	W/PY	75	1.06.30
6. Calum Fraser	E/IS	75	1.08.00

EVENT 15/3: Boys 14 Years 100m Freestyle Heats

Heat No. 1

1. Greg McLaughlin	W/HD	74	1.04.50
2. Brian Lindsay	W/PY	74	1.03.50
3. Jamie Reekie	N/DA	74	1.03.50
4. Peter Sullivan	W/SG	74	1.03.50
5. Stephen Moffat	W/SG	74	1.04.00
6. Christopher Patrick	W/BB	74	1.04.50

Heat No. 2

1. Paul Runge	M/AS	74	1.02.69
2. Calum Jack	W/AR	74	1.01.60
3. Jamie Sidey	W/CD	74	59.20
4. Jason Burnett	E/WB	74	1.01.20
5. Justin Campbell	E/GS	74	1.02.27
6. Ian Shearer	E/WB	74	1.03.20

Heat No. 3

1. David Cresswell	W/MB	74	1.02.50
2. Nevil Greeley	N/PD	74	1.01.40
3. Ryan Watt	N/FH	74	59.00
4. Graham Kennedy	E/WB	74	1.00.30
5. Jamie McNeil	W/MB	74	1.02.22
6. Colin Bickerton	E/IS	74	1.03.07
R1 Kenneth McMurtrie	E/EC	74	1.04.60
R2 Cameron Bruce	N/EN	74	1.04.90
R3=John Turnbull	E/BS	74	1.05.00
R3=Darren Mossman	E/BS	74	1.05.00

Heat No. 4

1. Steven McPherson	N/AD	74	1.02.30
2. Derek McKenna	W/CD	74	1.01.30
3. David Griffin	W/BL	74	57.90
4. Steve Leitch	E/WB	74	59.59
5. Gareth Ewing	M/DD	74	1.02.10
6. Ross Murray	W/PY	74	1.02.80

EVENT 15/4: Girls 12/Under 100m Butterfly Heats**Heat No. 1**

1. Janis Watt	N/GH	76	1.20.90
2. Louise Smith	M/AS	76	1.18.55
3. Stephanie McDonald	W/PY	76	1.15.00
4. Fiona Murray	W/PY	76	1.17.20
5. Alison Reid	W/ML	77	1.19.11
6. Jill Chalmers	M/AS	77	1.22.92

Heat No. 2

1. Kirsten Brand	W/GH	76	1.19.50
2. Shelby Paul	W/BH	77	1.17.80
3. Jennifer Lochray	W/PY	76	1.13.90
4. Carol Smith	E/EC	76	1.16.74
5. Kirsten Macdonald	N/AN	76	1.19.00
6. Susan Fox	W/MB	76	1.22.60

Heat No. 3

1. Jill James	N/YN	76	1.19.30
2. Pauline Fairlie	E/BG	76	1.17.20
3. Clair Taylor	N/PO	76	1.13.90
4. Lorna McCallum	E/WB	76	1.16.70
5. Carol Sheddon	N/TL	76	1.19.00
6. Emma McGhee	W/PY	77	1.21.70

R1 Nicola Currie	N/TL	76	1.23.20
R2=Kerry Gardiner	W/MB	76	1.23.40
R2=Olivia Flint	UNAT	76	1.23.40
R4 Nicola Steel	E/LDD	77	1.23.80

EVENT 15/5: Girls 13 Years 100m Butterfly Heats**Heat No. 1**

1. Lynne Mair	N/MD	75	1.19.80
2. Sandra McRae	N/GH	75	1.19.60
3. Michelle Bitler	W/DN	75	1.19.50
4. Kristina Murray	E/BG	75	1.19.50
5. Lorna Wilkie	E/BS	75	1.19.60
6. Elaine Thow	E/IS	75	1.20.00

Heat No. 2

1. Julie Skeoch	W/ED	75	1.18.81
2. Katie Milne	W/MB	75	1.18.50
3. Viki Bradford	E/FS	75	1.17.91
4. Nicola Douglas	W/HD	75	1.18.20
5. Christine Moodie	N/SD	75	1.18.80
6. Lorraine Todd	E/EC	75	1.19.41

Heat No. 3

1. Marion Kane	W/KH	75	1.16.20
2. Mairi McDonald	N/AN	75	1.13.80
3. Shona Macfarlane	E/WB	75	1.10.10
4. Anna Gray	UNAT	75	1.11.10
5. Katie Griffith	N/EN	75	1.14.90
6. Morag McGhee	N/PD	75	1.17.70

Heat No. 4

1. Lara Collins	E/CE	75	1.15.56
2. Laurel Sim	W/PY	75	1.13.50
3. Grace Kerr	E/WB	75	1.09.80
4. Linda McLaren	E/WB	75	1.10.40
5. Shona Dickson	UNAT	75	1.14.44
6. Joanne Middleton	W/BL	75	1.17.60

Heat No. 5

1. Fiona Gilchrist	W/EK	75	1.15.40
2. Gillian Thomson	W/PY	75	1.12.10
3. Faye Phimister	N/MD	75	1.09.63
4. Louise Weames	W/BD	75	1.10.30
5. Morna Murdoch	W/PY	75	1.13.90
6. Michelle Chapman	E/CE	75	1.16.80

R1 Eilidh Coia	W/MB	75	1.20.40
R2 Lorraine Mark	E/EC	75	1.21.36

EVENT 15/6: Girls 14 Years 100m Butterfly Heats**Heat No. 1**

1. Carrie Eular	W/GH	74	1.19.00
2. Rosemary Habeshaw	W/KH	74	1.18.60
3. Pauline Sturrock	M/AS	74	1.17.23
4. Elaine Sheppard	W/MB	74	1.18.10
5. Roisin Scott	E/WB	74	1.19.00
6. Laura Strang	W/KH	74	1.19.00

Heat No. 2

1. Fiona Tyndall	RUN	74	1.16.80
2. Sarah Bibby	N/AN	74	1.16.40
3. Katie Love	UNAT	74	1.16.01
4. Jackie Rafferty	E/FS	74	1.16.20
5. Laura Shields	W/SA	74	1.16.70
6. Hazel Russell	N/AN	74	1.17.00

Heat No. 3

1. Sharon McMillan	E/GS	74	1.15.40
2. Julie Fraser	N/AN	74	1.12.00
3. Carol Shiell	E/PS	74	1.09.90
4. Gillian Bertram	N/AN	74	1.11.40
5. Lynsey Gordon	N/TO	74	1.13.90
6. Nicola Thomson	N/AN	74	1.16.00

Heat No. 4

1. Dawn McEwan	W/GH	74	1.15.00
2. Louise Walker	N/AD	74	1.11.90
3. Alison Mackay	UNAT	74	1.09.74
4. Ruth Holland	W/EK	74	1.10.74
5. Fiona Morrison	M/CD	74	1.13.40
6. Susan Nichol	M/AS	74	1.15.61

Heat No. 5

1. Caroline Baillie	E/IS	74	1.14.50
2. Sandra Paul	W/BD	74	1.11.80
3. Laura Ferguson	E/WB	74	1.09.30
4. Andrena Hammond	W/BD	74	1.10.40
5. Amanda Young	N/DA	74	1.13.10
6. Alison Cockshoot	W/SG	74	1.15.60

EVENT 15/7,8,9,10: Mens 15/16, 17/18, 19/24 Years and Open 200m Breaststroke Combined Heats**Heat No. 1**

1. Colin Mitchell	W/KH	72	2.55.50
2. Nicholas Lyall	E/EC	73	2.54.06
3. David Hannan	E/BG	71	2.52.60
4. Scott Moir	M/CD	73	2.52.90
5. Mark Baird	W/AR	73	2.54.40
6. Douglas Hunter	W/MB	72	2.55.50

Heat No. 2

1. Brian Stark	W/DD	73	2.52.10
2. Jamie Stewart	N/EN	72	2.50.93
3. Gordon MacDiarmid	W/SG	73	2.50.90
4. Alexander Flint	UNAT	73	2.50.90
5. John Murray	W/BL	72	2.51.10
6. Keith Webster	N/AN	72	2.52.30

Heat No. 3

1. Scott Clacher	W/CD	72	2.50.00
2. Jamie Coventry	M/DD	72	2.49.70
3. Graeme Semple	W/KH	73	2.48.30
4. Blair Jamieson	W/KK	72	2.48.30
5. Hanson Pottinger	N/OY	73	2.49.80
6. Chris Hendry	E/EC	72	2.50.10

Heat No. 4

1. Steven Cullen	W/KH	73	2.47.30
2. Darran Smith	M/AS	73	2.46.41
3. David Knight	M/DD	71	2.46.20
4. Angus Brown	E/EC	70	2.46.20
5. Neil Arthur	N/DA	72	2.47.00
6. Michael Cochran	N/AN	72	2.47.30

Heat No. 5

1. Stewart Bisley	W/MB	73	2.45.30
2. Fraser Walker	E/WB	72	2.44.80
3. Gordon McNee	E/WB	70	2.43.00
4. Keith Dunnett	N/BD	70	2.43.40
5. Mark Cooper	W/GH	72	2.45.00
6. Neil Murdoch	W/PY	73	2.45.70

Heat No. 6

1. Ian Holland	W/EK	71	2.41.90
2. Martin McQueenie	E/WB	68	2.41.10
3. Andrew May	M/CD	72	2.40.90
4. Andrew Buchanan	W/SG	71	2.41.00
5. Andrew Durham	M/DD	70	2.41.50
6. Donald Terris	E/EC	71	2.42.79

Heat No. 7

1. Ross Noble	W/SG	72	2.40.40
2. Alan Wallace	E/WB	73	2.39.40
3. Michael Templeton	CON	68	2.38.92
4. Paul Grant	W/IE	67	2.39.40
5. Lee Phillip	N/AN	73	2.39.98
6. Mark Kelly	E/EC	70	2.40.56

Heat No. 8

1. Robert Robson	E/WB	73	2.37.00
2. Paul McQuaid	UNAT	70	2.33.30
3. Richard Brown	TF	71	2.28.10
4. Alastair Boyd	CON	67	2.31.14
5. Scott McKinlay	W/CD	72	2.34.80
6. Steven McQuaid	UNAT	72	2.38.90

Heat No. 9

1. Michael Wakefield	FN	68	2.36.60
2. John Brand	W/GH	69	2.33.10
3. Neill Curran	W/PY	68	2.26.60
4. Martin Lee	E/FS	69	2.29.98
5. Steven Saunders	N/AN	71	2.34.30
6. J. Magee	GHO	71	2.38.50

R1 Brett Smith	N/MD	73	2.56.00
R2 Sam Christopherson	E/WB	73	2.57.50

Heat No. 10

1. Jonathan Kerr	E/WB	71	2.36.50
2. Iain Jackson	W/PY	72	2.32.90
3. Neil Hudghton	N/AN	69	2.20.20
4. Gary Watson	E/CE	69	2.29.60
5. David Carr	CON	68	2.34.00
6. Scott Pressley	N/AN	71	2.38.20

R3=David Lang	W/DD	731	2.57.90
R3=Euan McPherson	W/ED	72	2.57.90

EVENT 15/11,12,13,14: Womens 15/16, 17/18, 19/24 Years and Open 200m Freestyle Combined Heats**Heat No. 1**

1. Sandra Cameron	W/KH	70	2.23.60
2. Ailsa Campbell	N/DA	72	2.23.20
3. Claire Simpson	M/CD	64	2.22.60
4. Elaine Pollock	W/MB	71	2.22.70
5. Julie Cunningham	E/GS	71	2.23.60
6. Carol Brown	E/EC	72	2.24.09

Heat No. 2

1. Jenny Ellis	E/WB	73	2.22.10
2. Hilary George	E/EC	73	2.21.12
3. Fiona Hutcheson	N/AN	73	2.21.00
4. Katrine McPherson	N/AN	72	2.21.10
5. Anne Marie Ryan	W/CH	73	2.22.00
6. Nicola MacDonald	N/AN	73	2.22.50

Heat No. 3

1. Caroline Law	E/EC	73	2.20.32
2. Lindsay McDonald	N/AN	72	2.19.80
3. Caroline Macfarlane	E/WB	73	2.19.80
4. Donna Milne	M/DD	71	2.19.80
5. Lynne Sturgeon	E/EC	71	2.19.89
6. Kerry Welding	N/AN	71	2.20.40

Heat No. 4

1. Gayle Pearson	E/WB	72	2.19.50
2. Kirsty Szczotka	E/WN	73	2.18.72
3. Gillian Dorricott	W/HD	71	2.18.40
4. Heather Anderson	W/MB	73	2.18.70
5. Joanne McHarg	RR	73	2.19.43
6. Sandra Goodall	N/EN	70	2.19.70

Heat No. 5

1. Katy Lamb	E/WB	73	2.18.10
2. Pamela Duncan	N/AN	73	2.17.10
3. Lorna Cunningham	E/CE	71	2.16.90
4. Judith Barber	N/AN	73	2.17.00
5. Jacqueline Buchan	N/DA	71	2.17.10
6. Susan Brown	E/EC	72	2.18.12

Heat No. 6

1. Carolyn Hawkins	E/EC	73	2.16.68
2. Briony Shimmons	W/SG	72	2.16.20
3. Samantha Foggo	CON	74	2.16.01
4. Ashley Elder	E/WB	73	2.16.20
5. Stephanie Forrester	E/WB	69	2.16.60
6. Julie Latimer	E/WB	73	2.16.80

Heat No. 7

1. Kerry Littlejohn	N/AN	73	2.15.30
2. Lorraine Phimister	N/MD	72	2.14.40
3. Bridget Greenwood	N/AN	72	2.13.90
4. Pippa Herron	CON	71	2.14.04
5. S. Jamison	YRK	72	2.14.90
6. Julie Bryce	E/WB	72	2.15.70

Heat No. 8

1. Janice Russell	W/SG	70	2.13.80
2. Carlyn Connaghan	W/BD	731	2.12.80
3. Jean Hill	W/CD	64	2.12.45
4. Tracy McGhee	N/PD	71	2.12.50
5. Elma Alexander	M/CD	72	2.13.73
6. Andrea Fox	W/HD	68	2.13.90

Heat No. 9

1. Jill Ewing	W/PY	69	2.11.70
2. Lynsay Smart	COC	73	2.10.10
3. Annabelle Cripps	WNW	68	2.03.80
4. Marion Madine	LNR	70	2.08.60
5. Sarah Kench	COC	73	2.11.00
6. Sharon Gilfillan	M/CD	70	2.12.30

Heat No. 10

1. Lorna Harvey	W/PY	71	2.11.30
2. Arlene Ewing	W/PY	70	2.10.00
3. Linda Donnelly	W/HD	69	2.03.57
4. Carrie Horton	E/EC	71	2.08.21
5. Elaine Gilfillan	M/CD	65	2.10.90
6. Beverley Collier	M/CD	71	2.12.20

Heat No. 11

1. Susan Vick	COS	73	2.11.02
2. Elizabeth Burns	M/CD	73	2.09.53
3. Ruth Gilfillan	M/CD	67	2.03.10
4. Mandy Ivison	BST	71	2.07.20
5. Alison Sheppard	W/MB	72	2.10.80
6. Philippa Rickard	CON	71	2.12.12

R1 Gail Heatley	W/EK	72	2.24.22
R2 Sheila Simpson	E/FS	72	2.24.67
R3 Julie Hughes	E/WB	72	2.24.90
R4 Fiona Wilson	W/SG	73	2.25.00

EVENT 15/14A: Boys 12/Under 4 x 50m Freestyle Relay Heats**Heat No. 1**

1.	--
2.	East Kilbride
3.	Cults Otter
4.	Ayr
5.	Milngavie & Bearsden
6.	-

Heat No. 2

1.	Warrender
2.	Stirling
3.	Dundee District
4.	Hamilton District
5.	Eyemouth
6.	--

Heat No. 3

1.	Paisley
2.	Edinburgh
3.	Cunninghame
4.	Bo'ness Beavers
5.	City of Dundee
6.	--

Heat No. 4

1.	Barrhead Dolphins
2.	Carnegie
3.	Inverness
4.	Scotia
5.	Barracudas
6.	--

EVENT 15/15: Mens 19/24 Years 4 x 50m Freestyle Relay: STRAIGHT FINAL

1.	C.E.S. Nomads
2.	Warrender
3.	Hamilton District
4.	Dundee District
5.	City of Dundee

EVENT 15/16: Womens 19/24 Years 4 x 50m Freestyle Relay: STRAIGHT FINAL

1.	--
2.	C.E.S. Nomads
3.	City of Dundee
4.	Warrender
5.	-
6.	-

SESSION SIXTEEN: Sunday, 26 June: 13.00 Hours**EVENT 16/1: Boys 12/Under 200m Breaststroke Heats****Heat No. 1**

1.	Ian Hambleton	M/DD	76	3.21.90
2.	Graeme Walker	W/BD	77	3.15.40
3.	Ewan Sayer	W/HD	76	3.05.40
4.	Martin Snape	N/AN	77	3.09.90
5.	Robert Simpson	E/BS	76	3.20.20
6.	Barry Brogan	E/WN	77	3.23.00

Heat No. 2

1.	Andrew Hamilton	W/MB	76	3.21.80
2.	Grant Kerr	E/BS	76	3.10.10
3.	Kevin Bates	M/AS	76	3.03.10
4.	Bryan Adam	N/OY	76	3.09.30
5.	Grant Walker	N/AD	76	3.16.10
6.	Scott Reed	N/EN	77	3.22.07

EVENT 16/2: Boys 13 Years 200m Breaststroke Heats**Heat No. 1**

1.	Steven Mott	N/AN	75	3.06.60
2.	Roy McDougall	E/WB	75	3.04.10
3.	Craig McFarlane	W/BD	75	2.52.60
4.	Stuart Wallace	W/CN	75	3.03.10
5.	James Leitch	W/PY	75	3.05.50
6.	Max Belcourt	UNAT	75	3.09.90

Heat No. 2

1.	Stuart McPherson	N/AD	75	3.06.60
2.	Gary Simpson	E/FS	75	3.03.21
3.	Dominic Sheils	E/EC	75	2.42.42
4.	David Paxton	UNAT	75	2.55.40
5.	Alan Cherry	W/DN	75	3.04.90
6.	Hamish Hubbard	N/DL	75	3.08.80

EVENT 16/3: Boys 14 Years 200m Breaststroke Heats**Heat No. 1**

1. Chris Anderson	M/DD	74	3.02.90
2. Jon Watson	M/AS	74	3.02.73
3. Paul Galbraith	W/SG	74	3.02.20
4. Cameron Bruce	N/EN	74	3.02.40
5. Malcolm Smith	E/WB	74	3.02.80
6. Andrew Gallacher	W/SG	74	3.03.00

Heat No. 2

1. Leigh Bryce	E/BS	74	2.59.00
2. Richard Thomson	W/SG	74	2.50.80
3. Gregory Banham	COC	74	2.44.50
4. Nevil Greeley	N/PD	74	2.47.50
5. Jason Burnett	E/WB	74	2.57.50
6. Peter Sullivan	W/SG	74	3.01.90

Heat No. 3

1. John Robertson	E/EC	74	2.57.91
2. Alastair Forbes	E/WB	74	2.48.70
3. Ryan Watt	N/FH	74	2.43.90
4. Stephen Moffat	W/SG	74	2.45.60
5. Greg McLaughlin	W/HG	74	2.57.40
6. David Conway	W/MB	74	3.01.50

Heat No. 4

1. Nicholas Walker	N/MD	74	2.57.75
2. Jamie McNeil	W/MB	74	2.48.50
3. David Griffin	W/BL	74	2.42.60
4. Ross Murray	W/PY	74	2.45.30
5. Gareth Ewing	M/DD	74	2.53.90
6. Matthew Livesay	E/FS	74	3.00.71

R1 Robin Rankin	W/KH	74	3.04.30
R2 Stephen Ross	E/DS	74	3.04.90
R3 Ronald Andrews	W/CH	74	3.05.20
R4 Ross Anderson	N/DA	74	3.05.90

EVENT 16/4: Girls 12/Under 200m Freestyle Heats**Heat No. 1**

1. Clair Taylor	N/PD	76	2.33.60
2. Emma McGhee	W/PY	77	2.28.80
3. Fiona Murray	W/PY	76	2.22.60
4. Lorna McCallum	E/WB	76	2.24.40
5. Leanne Hepburn	W/PY	76	2.29.80
6. Carol Sheddon	N/TL	76	2.35.40

Heat No. 2

1. Nicola Currie	N/TL	76	2.30.40
2. Carol Smith	E/EC	76	2.24.5
3. Stephanie McDonald	W/PY	76	2.21.10
4. Jennifer Lochray	W/PY	76	2.22.70
5. Kirsten MacDonald	N/AN	76	2.29.50
6. Helen Eyles	W/CD	76	2.35.20

R1 Nicola Steel	E/LDD	77	2.36.80
R2 Louise Smith	M/AS	76	2.37.44
R3 Julie Craik	W/CH	76	2.37.50

EVENT 16/5: Girls 13 Years 200m Freestyle Heats**Heat No. 1**

1. Clare Walton	E/IS	75	2.33.00
2. Lynne Mair	N/MD	75	2.32.15
3. Christine Moodie	N/SD	75	2.30.70
4. Elaine Grubb	M/DD	75	2.32.10
5. Nichola Yeoman	W/MB	75	2.32.90
6. Fiona Gilchrist	W/EK	75	2.33.00

Heat No. 2

1. Gillian Cameron	W/MB	75	2.30.00
2. Lorraine Todd	E/EC	75	2.29.80
3. Sharon Caldwell	W/DD	75	2.29.10
4. Elaine Thow	E/IS	75	2.29.54
5. Vlasta Jamnicky	E/EC	75	2.29.84
6. Sheila McPherson	W/EK	££	2.30.20

Heat No. 3

1. Morna Murdoch	W/PY	75	2.27.80
2. Kristina Murray	E/BG	75	2.27.50
3. Eilidh Coia	W/MB	75	2.27.10
4. Corinne Jack	W/CG	75	2.27.10
5. Julie Skeoch	W/ED	75	2.27.53
6. Laurel Sim	W/PY	75	2.28.60

Heat No. 4

1. Marion Kane	W/KH	75	2.25.30
2. Morag McGhee	N/PD	75	2.23.30
3. Faye Phimister	N/MD	75	2.17.03
4. Yolanda Brady	E/PS	75	2.20.80
5. Kirsty Simpson	E/PS	75	2.25.00
6. Michelle Chapman	E/CE	75	2.27.10

Heat No. 5

1. Shona Dickson	UNAT	75	2.25.24
2. Katie Griffith	N/EN	75	2.22.16
3. Grace Kerr	E/WB	75	2.16.90
4. Mairi McDonald	N/AN	75	2.18.50
5. Michelle Bitler	W/DN	75	2.24.60
6. Laura Eadie	W/BL	75	2.27.00

R1 Sarah Bass	UNAT	75	2.33.42
R2 Katie Milne	W/MB	75	2.34.00

Heat No. 6

1. Yvonne Bisley	W/MB	75	2.25.10
2. Shona Macfarlane	E/WB	75	2.21.60
3. Gillian Thomson	W/PY	75	2.15.80
4. Linda McLaren	E/WB	75	2.17.70
5. Lara Collins	E/CE	75	2.24.40
6. Viki Bradford	E/FS	75	2.26.25

EVENT 16/6: Girls 14 Years 200m Freestyle Heats**Heat No. 1**

1. Carolyn Mackay	UNAT	74	2.27.34
2. Pamela McKeown	W/SG	74	2.26.40
3. Alison Cockshoot	W/SG	74	2.25.50
4. Alison Grant	W/HD	74	2.26.10
5. Julie Higgins	W/BD	74	2.27.00
6. Laura Strang	W/KH	74	2.27.70

Heat No. 3

1. Katie Love	UNAT	74	2.22.75
2. Laura Shields	W/SA	74	2.19.18
3. Laura Ferguson	E/WB	74	2.15.40
4. Hilary Clunas	W/PY	74	2.17.10
5. Gillian Carmichael	W/PY	74	2.20.70
6. Gillian Bertram	N/AN	74	2.24.00

R1 Sarah Bibby	N/AN	74	2.28.00
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Heat No. 2

1. Fiona Tyndall	RUN	74	2.23.60
2. Sarah McCracken	E/WB	74	2.19.60
3. Susan Donnachie	M/AS	74	2.16.02
4. Elaine Sheppard	W/MB	74	2.18.00
5. Caroline Watson	W/AR	74	2.20.70
6. Amanda Young	N/DA	74	2.24.10

Heat No. 4

1. Louise Walker	N/AD	74	2.22.60
2. Nicola Pollock	W/MB	74	2.18.10
3. Carol Shiell	E/PS	74	2.07.40
4. Jane Kelly	E/WB	74	2.16.80
5. Fiona Morrison	M/CD	74	2.20.70
6. Julie Fraser	N/AN	74	2.23.90

EVENT 16/7,8,9,10: Mens 15/16, 17/18, 19/24 Years and Open 100m Freestyle Combined Heats**Heat No. 1**

1. Alexander Flint	UNAT	73	1.01.40
2. Fraser Walker	UNAT	73	1.01.20
3. Douglas Hunter	W/MB	72	1.01.00
4. Scott Wilson	E/IS	72	1.01.00
5. Fraser Thirde	M/CD	72	1.01.30
6. Raymond Smith	E/EC	72	1.01.57

Heat No. 3

1. Derek Millar	W/BL	73	1.00.30
2. James Boags	W/PY	73	1.00.01
3. Gavin Jack	M/DD	73	1.00.00
4. Graeme Semple	W/KH	73	1.00.10
5. Stephen Barnard	W/PY	73	1.00.01
6. Craig Nimmo	E/BD	72	1.00.40

Heat No. 5

1. Angus Brown	E/EC	70	59.80
2. Gary Bryce	E/BS	71	59.60
3. Andrew Brown	E/EC	68	59.44
4. Ian Holland	W/EK	71	59.58
5. Lee Phillip	N/AN	73	59.70
6. Mark Tobin	W/AM	72	59.90

Heat No. 2

1. Alec Owens	E/IS	73	1.00.83
2. Gordon Turner	W/CH	73	1.00.66
3. Jonothan Hall	E/EC	73	1.00.50
4. Hanson Pottinger	N/OY	73	1.00.60
5. Ivan Evans	W/PY	72	1.00.80
6. Timothy Rice	E/LN	73	1.00.92

Heat No. 4

1. David McHendry	W/CG	70	1.00.00
2. Scott Warnock	W/ML	70	59.90
3. Gregor McGillivray	M/DD	66	59.90
4. Craig Jardine	W/MB	70	59.90
5. Steven McQuaid	UNAT	72	59.98
6. Ross McInnes	E/EC	73	1.00.00

Heat No. 6

1. Stewart Bisley	W/MB	73	59.40
2. Alan Wallace	E/WB	73	59.40
3. J. Magee	GHO	71	59.33
4. Don McLean	W/HD	71	59.40
5. Duncan Belcourt	UNAT	73	59.40
6. Robert Hammond	W/BD	72	59.40

Heat No. 7

1. Scott Pressley	N/AN	71	59.30
2. Steven Hay	E/FS	67	59.20
3. Derek McLelland	S/SA	72	59.07
4. Stuart Lochray	W/PY	73	59.20
5. Gary Tobin	W/AM	70	59.20
6. Clark Moore	W/CG	69	59.30

Heat No. 9

1. Bruce Drummond	E/WB	72	58.40
2. Russell Dodson	N/EN	73	58.25
3. Ian Lewis	E/FS	67	58.15
4. Duncan Watson	N/AS	72	58.21
5. Ronald Chalmers	E/WB	68	58.30
6. Ross Noble	W/SG	72	58.50

Heat No. 11

1. Peter Banham	COC	70	57.70
2. Graham Rough	FHN	65	57.60
3. G. Hague	YRK	70	57.50
4. Jack Dickson	W/HD	71	57.55
5. Wayne Phimister	N/MD	71	57.70
6. Scott Milne	N/PD	71	57.80

Heat No. 13

1. David Gammie	N/AN	72	57.10
2. Damian Lo Cascio	W/PY	70	56.70
3. Ian McDermott	W/HD	64	56.00
4. Graeme Sneddon	W/HD	71	56.07
5. Iain McCallum	W/CG	72	56.80
6. Robbie Mitchell	M/CD	71	57.10

Heat No. 15

1. Ian Stewart	YRK	70	55.20
2. Michael Peyrebrune	E/WB	65	54.80
3. Campbell McNeil	W/PY	69	53.70
4. Paul McQuaid	UNAT	70	54.60
5. Tom Griffith	N/EN	73	54.91
6. George Thomson	W/PY	72	55.80

R1=Barry Gault	N/EN	73	1.02.20
R2=Mark Cooper	W/GH	72	1.02.00
R2=David Miller	W/MB	72	1.02.00

Heat No. 8

1. David Knight	M/DD	71	59.00
2. Andrew Buchanan	W/SG	71	58.90
3. Gavin Morgan	N/GH	70	58.60
4. Martin McQueenie	E/WB	68	58.70
5. Mark Hunter	W/AA	70	58.90
6. Martin McBain	E/EC	72	59.03

Heat No. 10

1. James Watt	W/HD	68	58.09
2. Shaun Fleming	E/GS	70	57.90
3. Norman Biggar	W/CH	66	57.90
4. Gordon McNee	E/WB	70	57.90
5. Greg Methven	GHO	69	57.93
6. Ian Craighed	W/AR	70	58.10

Heat No. 12

1. Mark McKinney	W/NS	61	57.40
2. Andrew May	M/CD	72	57.20
3. Neil Arthur	N/DA	72	57.20
4. David Robinson	W/DN	64	57.20
5. Michael Cochran	N/AN	72	57.20
6. Stuart Albin	M/CD	69	57.50

Heat No. 14

1. Sam Ferguson	W/PY	73	55.20
2. Iain Teaz	W/NS	69	54.85
3. Kevin Boyd	BST	66	53.80
4. Iain Macintyre	E/BS	70	54.60
5. Graeme Goudie	E/WB	66	55.00
6. Alastair Johnson	CON	66	55.91

Heat No. 16

1. Nicky Waterson	W/CD	68	55.00
2. Lee Bennett	CON	70	54.79
3. Graham Smith	WHK	67	53.16
4. Steven Foggo	CON	70	53.97
5. Euan Stewart	M/CD	69	54.90
6. Peter Henry	E/EC	71	55.70

EVENT 16/11,12,13,14: Womens 15/16, 17/18, 19/24 Years and Open 100m Butterfly Combined Heats**Heat No. 1**

1. Jonean Wilson	E/IS	73	1.16.00
2. Caroline Law	E/EC	73	1.15.89
3. Judith Barber	N/AN	73	1.15.40
4. Lindsay Graham	E/WN	73	1.15.50
5. Fiona Hutcheson	N/AN	73	1.15.90
6. Pamela Duncan	N/AN	73	1.16.40

Heat No. 2

1. Jenny Ellis	E/WB	73	1.14.60
2. Carolyn Hawkins	E/EC	73	1.14.48
3. Ailsa Campbell	N/DA	72	1.14.10
4. Lindsay McDonald	N/AN	72	1.14.13
5. Shona Forrest	W/HD	70	1.14.50
6. Elaine Pollock	W/MB	71	1.15.00

Heat No. 3

1. Heather Anderson	W/MB	73	1.13.90
2. Gwyneth May	M/CD	72	1.13.70
3. Nicola MacDonald	N/AN	73	1.13.50
4. Kirsty Szczotka	E/WN	73	1.13.60
5. Chantal Guillot	M/DD	72	1.13.70
6. Katie Sellar	W/GH	72	1.14.00

Heat No. 4

1. Julie Romano	W/PY	73	1.13.10
2. Linda Davidson	M/AS	68	1.13.00
3. Anne Marie Ryan	W/CH	73	1.12.60
4. Bridget Greenwood	N/AN	72	1.12.90
5. Donna Milne	M/DD	71	1.13.10
6. Ashley Elder	E/WB	73	1.13.20

Heat No. 5

1. Sharon Mawhinney	M/CD	70	1.12.60
2. Wendy Gray	W/PY	72	1.12.30
3. Susan Wallace	M/CD	71	1.12.19
4. Ishbel Murray	W/EK	70	1.12.26
5. Katy Lamb	E/WB	73	1.12.50
6. Julie Hughes	E/WB	72	1.12.60

Heat No. 6

1. Lorraine Connell	GC	73	1.12.00
2. Stephanie Forrester	E/WB	69	1.11.10
3. Karen Welding	N/AN	72	1.10.50
4. Lynda Ronaldson	M/AS	73	1.10.70
5. Debbie Jones	W/CD	72	1.11.98
6. Jacqueline Buchan	N/DA	71	1.12.10

Heat No. 7

1. Lorna Harvey	W/PY	71	1.09.90
2. Lynsay Smart	COC	73	1.09.80
3. Jill Ewing	W/PY	69	1.09.50
4. Anne Reid	E/WB	68	1.09.70
5. Julie Bryce	E/WB	72	1.09.90
6. Derna Campbell	W/CD	68	1.10.13

Heat No. 8

1. Sharon Gardiner	RUN	72	1.09.30
2. Julie Latimer	E/WB	73	1.08.60
3. Jean Hill	W/CD	64	1.06.44
4. Carrie Horton	E/EC	71	1.07.99
5. Julie Embleton	CON	72	1.08.87
6. Kerry Littlejohn	N/AN	73	1.09.50

Heat No. 9

1. S. Jamison	YRK	72	1.09.30
2. Alison Sheppard	W/MB	72	1.08.60
3. Marion Madine	LNR	70	1.05.80
4. Elma Alexander	M/CD	72	1.07.97
5. Lorraine Phimister	N/MD	72	1.08.80
6. Rachel Kench	COC	73	1.09.50

Heat No. 10

1. Briony Shimmons	W/SG	72	1.08.90
2. Carlynn Connaghan	W/BD	73	1.08.80
3. Anabelle Cripps	WNW	68	1.04.10
4. Kirsty Robson	E/WB	71	1.07.60
5. Janice Russell	W/SG	70	1.08.72
6. Trina Giles	N/AN	71	1.09.32

R1 Hilary George	E/EC	73	1.16.50
R2=Susan Cameron	E/WB	71	1.16.80
R2=Janet McLean	E/WB	73	1.16.80
R4 Karen Mainwood	N/SD	71	1.16.90
R5 Susan Heggie	W/SG	72	1.17.00

EVENT 16/15: Mens 17/18 Years 4 x 50m Medley Relay Heats**Cards to be Posted with Team Lines**

1. Barracudas
2. Edinburgh
3. City of Glasgow
4. Stirling
5. Warrender
6. Hamilton District
7. Dundee District

EVENT 16/16: Womens 17/18 Years 4 x 50m Medley Relay Heats**Cards to be Posted with Team Lines**

1. Edinburgh
2. Milngavie & Bearsden
3. Stirling
4. Warrender
5. Hamilton District
6. Dundee District
7. City of Dundee

AMATEUR SWIMMING ASSOCIATION

BRITISH SENIOR LONG COURSE RECORDS As at 1.6.88.

STROKE	TIME	NAME	COUNTRY	VENUE	DATE
50 FREE	23.13	MARK FOSTER	ENGLAND	STRASBOURG	22/08/87
100 FREE	50.57	ANDREW JAMESON	ENGLAND	ORLANDO	25/03/88
200 FREE	1:51.52	ANDREW ASTBURY	ENGLAND	BRISBANE	02/10/82
400 FREE	3:51.93	KEVIN BOYD	ENGLAND	MADRID	21/08/86
800 FREE	8:01.87	KEVIN BOYD	ENGLAND	ORLANDO	26/03/88
1500 FREE	15:22.76	TONY DAY	WALES	EDINBURGH	30/07/86
50 BACK	27.50	STANDARD TIME			
100 BACK	57.72	GARY ABRAHAM	ENGLAND	MOSCOW	24/07/80
200 BACK	2:04.16	JOHN DAVEY	ENGLAND	C/PALACE	30/07/87
50 BREAST	28.75	ADRIAN MOORHOUSE	ENGLAND	LUXEMBOURG	17/04/88
100 BR'ST	1:01.78	ADRIAN MOORHOUSE	ENGLAND	ORLANDO	26/03/88
200 BR'ST	2:15.11	DAVID WILKIE	SCOTLAND	MONTREAL	24/07/76
50 FLY	25.11	ANDREW JAMESON	ENGLAND	MADRID	18/08/86
100 FLY	53.49	ANDREW JAMESON	ENGLAND	STRASBOURG	19/08/87
200 FLY	2:00.21	PHILLIP HUBBLE	ENGLAND	SPLIT, YUGO	11/09/81
200 I.M.	2:03.20	NEIL COCHRAN	SCOTLAND	ORLANDO	25/03/88
400 I.M.	4:24.20	JOHN DAVEY	ENGLAND	C/PALACE	01/08/87
4X100FREE	3:22.76	NAT TEAM	GBR	STRASBOURG	21/08/87
4X200FREE	7:24.78	NAT TEAM	GBR	LOS ANGELES	30/07/84
4X100MED	3:42.01	NAT TEAM	GBR	STRASBOURG	23/08/87

FEMALE

50 FREE	26.39	CAROLINE COOPER	ENGLAND	AUSTIN, TEXAS	06/12/85
100 FREE	56.60	JUNE CROFT	ENGLAND	AMERSFOORT	31/01/82
200 FREE	1:59.74	JUNE CROFT	ENGLAND	BRISBANE	04/10/82
400 FREE	4:07.68	SARAH HARDCASTLE	ENGLAND	EDINBURGH	27/07/86
800 FREE	8:24.77	SARAH HARDCASTLE	ENGLAND	EDINBURGH	29/07/86
1500 FREE	16:43.95	SARAH HARDCASTLE	ENGLAND	MONTREAL	18/04/85
50 BACK	30.20	STANDARD TIME			
100 BACK	1:03.61	BEVERLEY ROSE	SCOTLAND	LOS ANGELES	31/07/84
200 BACK	2:14.87	KATHARINE READ	ENGLAND	COVENTRY	30/05/86
50 BREAST	33.28	JEAN HILL	SCOTLAND	STRASBOURG	21/08/87
100 BR'ST	1:10.39	SUKI BROWNSDON	ENGLAND	STRASBOURG	21/08/87
200 BR'ST	2:31.51	JEAN HILL	SCOTLAND	STRASBOURG	19/08/87
50 FLY	28.22	CAROLINE COOPER	ENGLAND	AMERSFOORT	28/01/84
100 FLY	1:01.48	NICOLA FIBBENS	ENGLAND	LOS ANGELES	02/08/84
200 FLY	2:11.97	SAMANTHA PURVIS	ENGLAND	LOS ANGELES	04/08/84
200 I.M.	2:17.21	JEAN HILL	SCOTLAND	EDINBURGH	26/07/86
400 I.M.	4:46.83	SHARRON DAVIES	ENGLAND	MOSCOW	26/07/80
4X100FREE	3:49.65	NAT TEAM	ENG	EDINBURGH	27/07/86
4X200FREE	8:12.00	STANDARD TIME			
4X100 MED	4:12.24	NAT TEAM	GBR	MOSCOW	20/07/80

AMATEUR SWIMMING ASSOCIATION

BRITISH JUNIOR LONG COURSE RECORDS As at 1.6.88

STROKE	TIME	NAME	CLUB	VENUE	DATE
50 FREE	24.00	MARK FOSTER	ENGLAND	CARDIFF	05/05/86
100 FREE	52.46	MARK FOSTER	ENGLAND	COVENTRY	13/04/86
200 FREE	1:54.78	PAUL HOWE	ENGLAND	MULHOUSE, FRA	07/08/83
400 FREE	4:02.05	PAUL HOWE	ENGLAND	MULHOUSE, FRA	06/08/83
800 FREE	8:26.64	DAVID STACEY	ENGLAND	AMERSFOORT	30/01/81
1500 FREE	15:59.04	PAUL SPARKES	ENGLAND	MONTREAL	19/07/76
50 BACK	28.04	MARK FOSTER	ENGLAND	CARDIFF	03/05/86
100 BACK	1:00.84	ANDREW MAY	SCOTLAND	EA T KILBRIDE	25/03/88
200 BACK	2:10.47	GARETH WILLIAMS	WALES	C/PALACE	23/05/87
50 BREAST	30.54	IAN MCKENZIE	ENGLAND	ROME	23/07/87
100 BR'ST	1:05.33	IAN MCKENZIE	ENGLAND	ROME	23/07/87
200 BR'ST	2:24.40	IAN MCKENZIE	ENGLAND	ROME	25/07/87
50 FLY	25.96	MARK FOSTER	ENGLAND	CARDIFF	04/05/86
100 FLY	57.65	RICHARD LEISHMAN	ENGLAND	GENEVA	28/07/85
200 FLY	2:07.91	SIMON WAINWRIGHT	ENGLAND	CARDIFF	04/05/87
200 I.M.	2:10.97	JOHN DAVEY	ENGLAND	BLACKPOOL	26/05/80
400 I.M.	4:36.60	RUSSELL STAPLETON	ENGLAND	ROME	24/07/87

GIRLS

50 FREE	26.75	ALISON SHEPPARD	SCOTLAND	EDINBURGH	06/04/88
100 FREE	57.50	CHERYL BRAZENDALE	ENGLAND	BLACKPOOL	23/08/77
200 FREE	2:03.23	JACKIE WILLMOTT	ENGLAND	BLACKPOOL	26/05/80
400 FREE	4:10.27	SARAH HARDCASTLE	ENGLAND	LOS ANGELES	31/07/84
800 FREE	8:32.60	SARAH HARDCASTLE	ENGLAND	LOS ANGELES	03/08/84
1500 FREE	16:46.48	JACKIE WILLMOTT	ENGLAND	EDINBURGH	25/04/80
50 BACK	31.20	SHARON PAGE	ENGLAND	LEEDS	11/04/87
100 BACK	1:05.69	KATHARINE READ	ENGLAND	LEEDS	26/05/85
200 BACK	2:16.00	KATHARINE READ	ENGLAND	COVENTRY	28/05/84
50 BREAST	34.22	CAROLINE GABLE	ENGLAND	LEEDS	11/04/87
100 BR'ST	1:11.05	SUKI BROWNSDON	ENGLAND	SPLIT	08/09/81
200 BR'ST	2:34.43	SUKI BROWNSDON	ENGLAND	KIEV	03/07/81
50 FLY		No Record As Yet			
100 FLY	1:02.74	ANN OSGERBY	ENGLAND	WEST BERLIN	23/08/78
200 FLY	2:16.01	ANN OSGERBY	ENGLAND	WEST BERLIN	26/08/78
200 I.M.	2:17.82	SHARRON DAVIES	ENGLAND	EDMONTON	04/08/78
400 I.M.	4:51.05	SARAH HARDCASTLE	ENGLAND	COVENTRY	26/05/84

SCOTTISH NATIONAL LONG COURSE RECORDS (as at 14.6.88.)MEN

50m Freestyle	Senior G Wilson	24.23	A Sheppard	26.75
	Junior R Mitchell	25.73	A Sheppard	26.75
100m Freestyle	Senior P Easter	51.83	R Gilfillan	58.06
	Junior G Wilson	53.84	L Donnelly) S Watson)	58.64
200m Freestyle	Senior P Easter	1.51.70	R Gilfillan	2.02.66
	Junior G Wilson	1.55.37	R Gilfillan	2.05.68
400m Freestyle	Senior P Easter	3.57.97	R Gilfillan	4.14.89
	Junior C McNeil	4.07.50	R Gilfillan	4.22.40
800m Freestyle	Senior P Easter	8.19.75	R Gilfillan	8.48.82
	Junior D Cruickshank	8.37.65	A Hamilton	8.58.82
1500m Freestyle	Senior D Cruickshank	15.44.73	A Hamilton	17.23.35
	Junior C McNeil	16.21.37	A Hamilton	17.38.61
100m Backstroke	Senior N Cochran	58.08	B Rose	1.03.61
	Junior A May	1.00.84	B Rose	1.06.26
200m Backstroke	Senior D Campbell	2.04.23	B Rose	2.19.81
	Junior N Cochran	2.10.08	A Ratcliff	2.23.35
100m Breaststroke	Senior D Wilkie	1.03.43	J Hill	1.11.26
	Junior G Watson	1.05.43	S Smart	1.14.09
200m Breaststroke	Senior D Wilkie	2.15.11	J Hill	2.31.57
	Junior I Campbell	2.27.10	S Smart	2.40.52
100m Butterfly	Senior N Cochran	54.3	C Finlay	1.04.40
	Junior R Leishman	57.65	S Smart	1.04.68
200m Butterfly	Senior P Easter	2.03.50	S Smart	2.18.50
	Junior R Leishman	2.08.15	S Smart	2.18.50
200m IM	Senior N Cochran	2.03.20	J Hill	2.17.21
	Junior J Kerr	2.12.62	S Smart	2.21.71
400m IM	Senior P Brew	* 4.25.25	J Hill	4.54.11
	Junior J Kerr	4.41.97	S Smart	4.59.58
4x50m Freestyle Relay	Senior National Team	1.39.18	National Team	1.50.61
	Junior National Team	1.42.97	National Team	1.53.79
4x100m Freestyle Relay	Senior National Team	3.29.79	National Team	3.55.89
	Junior Warrender 'A'	3.44.10	National Team	4.09.36
4x200m Freestyle Relay	Senior National Team	7.36.31	National Team	8.26.84
	Junior National Team	8.23.08	National Team	8.51.97
4x50m Medley Relay	Senior National Team	1.48.68	National Team	2.02.87
	Junior National Team	1.55.53	National Team	2.07.48
4x100m Medley Relay	Senior National Team	3.54.05	National Team	4.17.89
	Junior Warrender 'A'	4.11.16	National Team	4.36.26

* subject to ratification

SCOTTISH AGE GROUP CHAMPIONSHIPS RECORDS

GIRLS

12 Years & Under

100m	Freestyle	Faye Phimister	N/MD	1.03.02	1987
200m	Freestyle	Gillian Thomson	W/PY	2.18.42	1987
400m	Freestyle	Gillian Thomson	W/PY	4.54.08	1987
100m	Backstroke	Faye Phimister	N/MD	1.14.44	1987
200m	Backstroke	Grace Kerr	E/WB	2.41.27	1987
100m	Breaststroke	Linda McLaren	E/WB	1.21.60	1987
200m	Breaststroke	Linda McLaren	E/WB	2.55.34	1987
100m	Butterfly	Faye Phimister	N/MD	1.11.13	1987
200m	Butterfly	Grace Kerr	E/WB	2.39.55	1987
200m	Ind/Med	Faye Phimister	N/MD	2.36.25	1987
4X50m	F/S Rel	Paisley ASC	W/PY	2.04.48	1987
4X50m	Med/Rel	Warrender B.C.	E/WB	2.17.17	1987

13 Years

100m	Freestyle	Carol Sheill	E/PS	1.03.28	1987
200m	Freestyle	Lynsay Smart	U/A	2.15.76	1986
400m	Freestyle	Laura Ferguson	U/A	4.45.35	1987
800m	Freestyle	Lynsay Smart	U/A	9.49.35	1986
100m	Backstroke	Louise Walker	N/AN	1.12.74	1987
200m	Backstroke	Sarah McCracken	E/WB	2.33.39	1987
100m	Breaststroke	Susan Donnachie	M/AS	1.20.40	1987
200m	Breaststroke	Elizabeth Burns	U/A	2.53.94	1986
100m	Butterfly	Laura Ferguson	U/A	1.09.59	1987
200m	Butterfly	Laura Ferguson	U/A	2.34.05	1987
200m	Ind/Med	Lesley Kirk	W/CD	2.33.49	1986
400m	Ind/Med	Sarah McCracken	E/WB	5.28.36	1987

14 Years

100m	Freestyle	Heather Keating	N/SD	1.02.01	1987
200m	Freestyle	Elizabeth Burns	U/A	2.12.87	1987
400m	Freestyle	Lynsay Smart	Y/A	4.40.25	1987
800m	Freestyle	Joyce Ross	W/SS	9.54.18	1986
100m	Backstroke	Elaine Paul	W/CD	1.08.44	1986
200m	Backstroke	Elaine Paul	W/CD	2.27.47	1986
100m	Breaststroke	Elma Alexander	M/CD	1.16.66	1986
200m	Breaststroke	Elizabeth Burns	U/A	2.50.31	1987
100m	Butterfly	Lorraine Phimister	N/MD	1.09.00	1986
200m	Butterfly	Lynsay Smart	U/A	2.32.08	1987
200m	Ind/Med	Elizabeth Burns	U/A	2.30.31	1987
400m	Ind/Med	Lorraine Phimister	N/MD	5.24.34	1986

13/14 Years

4x50m	F/S Rel	Paisley A.S.C.	W/PY	1.59.01	1987
4X50m	Med/Rel	Cumbernauld A.S.C.	W/CD	2.13.55	1986

SCOTTISH AGE GROUP CHAMPIONSHIPS RECORDS

GIRLS

15/16 Years

100m	Freestyle	Alison Sheppard	W/MB	1.00.45	1987
200m	Freestyle	Shona Smart	U/A	2.09.63	1986
400m	Freestyle	Ann Marie Griffin	W/BL	4.36.90	1986
800m	Freestyle	Ann Marie Griffin	W/BL	9.21.02	1986
100m	Backstroke	Lorraine Phimister	N/MD	1.09.40	1987
200m	Backstroke	Carol Donaldson	M/CD	2.25.15	1986
100m	Breaststroke	Shona Smart	U/A	1.15.1	1986
200m	Breaststroke	Elma Alexander	M/CD	2.49.76	1987
100m	Butterfly	Shona Smart	U/A	1.06.09	1986
200m	Butterfly	Lucy Hall	U/A	2.28.39	1987
200m	Ind/Med	Shona Smart	U/A	2.26.04	1986
400m	Ind/Med	Ann Marie Griffin	W/BL	5.18.55	1986
4X50m	F/S Rel	City of Dundee ASC	M/CD	1.57.06	1987
4X50m	Med/Rel	Warrender B.C.	E/WB	2.11.02	1987

17/18 Years

100m	Freestyle	Linda Donnelly	W/HB	58.60	1986
200m	Freestyle	Linda Donnelly	W/HB	2.06.10	1987
400m	Freestyle	Linda Donnelly	W/HB	4.35.07	1986
800m	Freestyle	Jill Ewing	W/PY	9.33.50	1986
100m	Backstroke	Jill Ewing	W/PY	1.05.63	1987
200m	Backstroke	Jill Ewing	W/PY	2.23.67	1987
100m	Breaststroke	Stephanie Forrester	N/AN	1.17.76	1986
200m	Breaststroke	Stephanie Forrester	N/AN	2.46.50	1986
100m	Butterfly	Jill Ewing	W/PY	1.05.92	1987
200m	Butterfly	Janice Russell	W/SG	2.29.10	1987
200m	Ind/Med	Jill Ewing	W/PY	2.28.60	1987
400m	Ind/Med	Sharon Gilfillan	M/CD	5.22.27	1987
4X50m	F/S Rel	Hamilton District S.T.	W/HD	1.59.22	1987
4X50m	Med/Rel	City of Dundee ASC	M/CD	2.17.56	1987

19/24 Years

100m	Freestyle	Andrea Fox	W/HD	1.01.93	1987
200m	Freestyle	Carol McIntyre	E/BS	2.15.34	1986
400m	Freestyle	Andrea Fox	W/HD	4.46.62	1987
800m	Freestyle	Carol McIntyre	E/BS	9.54.05	1987
100m	Backstroke	Alison Teaz	W/CE	1.12.24	1987
200m	Backstroke	Alison Teaz	W/CE	2.37.00	1987
100m	Breaststroke				
200m	Breaststroke	Ruth Gilfillan	M/CD	2.47.58	1987
100m	Butterfly	Carol Lewis	E/FS	1.07.27	1986
200m	Butterfly	Ann Reid	E/WB	2.34.71	1987
200m	Ind/Med	Carol Lewis	E/FS	2.32.57	1986
400m	Ind/Med	Ruth Gilfillan	M/CD	5.09.48	1987
4X50m	F/S Rel	Inverleith ASC	E/IH	2.06.30	1986
4X50m	Med/Rel	City of Dundee ASC	M/CD	2.17.19	1987

SCOTTISH AGE GROUP CHAMPIONSHIPS RECORDS

BOYS

12 Years & Under

100m	Freestyle	Malcolm McCallum	W/CG	1.03.44	1987
200m	Freestyle	Malcolm McCallum	W/CG	2.16.71	1987
400m	Freestyle	Malcolm McCallum	W/CG	4.44.17	1987
100m	Backstroke	David Paxton	U/A	1.11.92	1987
200m	Backstroke	David Paxton	U/A	2.32.49	1987
100m	Breaststroke	Dominic Sheils	E/HM	1.18.14	1987
200m	Breaststroke	Dominic Sheils	E/HM	2.51.10	1987
100m	Butterfly	Gary Monks	M/CD	1.11.31	1987
200m	Butterfly	David Paxton	U/A	2.37.14	1987
200m	Ind/Med	Malcolm McCallum	W/CG	2.34.07	1987
4X50m	F/S Rel	Heart of Midlothian ASC	E/HM	2.04.74	1987
4X50m	Med/Rel	Warrender B.C.	E/WB	2.18.67	1987

13 Years

100m	Freestyle	Sam Ferguson	W/PY	59.50	1986
200m	Freestyle	David Griffin	W/BL	2.08.37	1987
400m	Freestyle	David Griffin	W/PY	4.32.44	1987
1500m	Freestyle	Steve Leitch	E/WB	18.27.84	1987
100m	Backstroke	Gary McFarlane	W/PY	1.07.90	1986
200m	Backstroke	Gary McFarlane	W/PY	2.26.99	1986
100m	Breaststroke	David Griffin	U/A	1.15.16	1987
200m	Breaststroke	David Griffin	U/A	2.42.12	1987
100m	Butterfly	Sam Ferguson	W/PY	1.06.41	1986
200m	Butterfly	Derek McKenna	W/CD	2.31.01	1987
200m	Ind/Med	David Griffin	W/BL	2.25.28	1987
400m	Ind/Med	David Griffin	W/BL	5.09.39	1987

14 Years

100m	Freestyle	Sam Ferguson	W/PY	56.40	1987
200m	Freestyle	Sam Ferguson	W/PY	2.03.98	1987
400m	Freestyle	Tom Griffith	N/EN	4.25.18	1987
1500m	Freestyle	Scott McKinlay	W/CD	17.56.10	1986
100m	Backstroke	Stewart Bisley	W/MB	1.05.47	1987
200m	Backstroke	Tom Griffith	N/EN	2.22.95	1987
100m	Breaststroke	Lee Philip	N/AN	1.15.60	1987
200m	Breaststroke	Robert Robson	E/CE	2.44.43	1987
100m	Butterfly	Sam Ferguson	W/PY	1.03.78	1987
200m	Butterfly	Steven McQuaid	U/A	2.23.65	1986
200m	Ind/Med	Sam Ferguson	W/PY	2.21.78	1987
400m	Ind/Med	Steven McQuaid	U/A	5.08.19	1986

13/14 Years

4x50m	F/S Rel	Paisley ASC	W/PY	1.48.74	1987
4X50m	Med/Rel	Paisley ASC	W/PY	2.04.92	1987

SCOTTISH AGE GROUP CHAMPIONSHIPS RECORDS

BOYS

15/16 Years

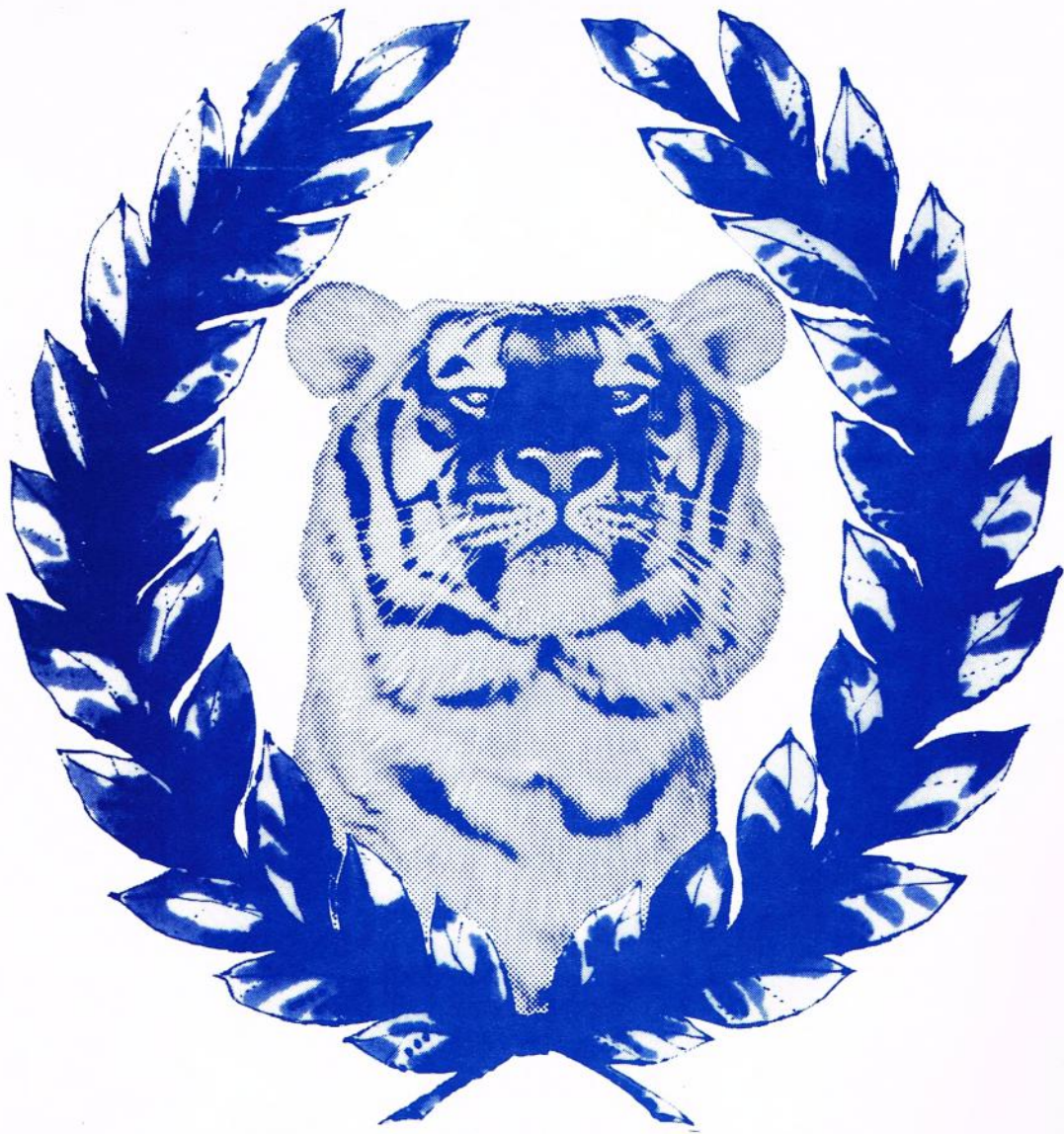
100m	Freestyle	Alistair Irwin	W/BL	55.81	1986
200m	Freestyle	Alistair Irwin	W/BL	2.00.24	1986
400m	Freestyle	Alistair Irwin	W/BL	4.16.27	1986
1500m	Freestyle	Scott McKinlay	W/CD	16.57.95	1987
100m	Backstroke	Andrew May	M/CD	1.04.02	1987
200m	Backstroke	Jonathan Kerr	E/WB	2.13.54	1987
100m	Breaststroke	Michael Wynn	E/WB	1.10.47	1986
200m	Breaststroke	Jonathan Kerr	E/WB	2.32.94	1987
100m	Butterfly	Peter Henry	W/DN	1.01.73	1987
200m	Butterfly	Scott Milne	N/PD	2.14.58	1987
200m	Ind/Med	Jonathan Kerr	E/WB	2.14.99	1987
400m	Ind/Med	Jonathan Kerr	E/WB	4.53.17	1986
4X50m	F/S Rel	Warrender B.C.	E/WB	1.46.37	1986
4X50m	Med/Rel	Aberdeen ASC.	N/AN	1.57.94	1987

17/18 Years

100m	Freestyle	Campbell McNeil	W/PY	54.48	1987
200m	Freestyle	Campbell McNeil	W/PY	1.55.09	1987
400m	Freestyle	Campbell McNeil	W/PY	4.04.65	1987
1500m	Freestyle	Campbell McNeil	W/PY	16.17.53	1987
100m	Backstroke	Graham Low	N/AN	1.01.96	1986
200m	Backstroke	Gregor Methven	U/A	2.14.23	1986
100m	Breaststroke	Euan Stewart	M/CD	1.08.07	1987
200m	Breaststroke	Neil Hudghton	N/AN	2.29.93	1986
100m	Butterfly	Euan Stewart	M/CD	57.08	1987
200m	Butterfly	Nicky Waterson	W/CD	2.13.50	1986
200m	Ind/Med	Euan Stewart	M/CD	2.10.52	1987
400m	Ind/Med	Euan Stewart	M/CD	4.41.82	1987
4X50m	F/S Rel	Warrender B.C.	E/WB	1.42.88	1986
4X50m	Med/Rel	Warrender B.C.	E/WB	1.59.30	1987

19/24 Years

100m	Freestyle	David Waddell	E/DS	54.99	1987
200m	Freestyle	David Waddell	E/DS	2.01.85	1987
400m	Freestyle	David Waddell	E/DS	4.21.05	1987
1500m	Freestyle	Ian Lewis	E/FS	17.15.81	1986
100m	Backstroke	Michael Peyrebrune	E/WB	1.02.44	1987
200m	Backstroke	Andrew Smith	E/WB	2.16.49	1987
100m	Breaststroke	Neil Curran	W/PY	1.09.72	1987
200m	Breaststroke	Neil Curran	W/PY	2.32.45	1987
100m	Butterfly	Kevin Reynard	E/WB	59.28	1987
200m	Butterfly	David Waddell	E/DS	2.13.70	1987
200m	Ind/Med	Andrew Smith	E/WB	2.15.36	1987
400m	Ind/Med	Wilson Ferguson	W/CD	5.10.88	1986
4X50m	F/S Rel	Warrender B.C.	E/WB	1.41.47	1987
4X50m	Med/Rel	Warrender B.C.	E/WB	2.07.98	1987



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