

SCOTTISH AMATEUR SWIMMING ASSOCIATION

THE ESSO SCOTTISH AGE GROUP CHAMPIONSHIPS 1985

(Under SASA Rules)

The Royal Commonwealth Pool, Edinburgh

Friday 28th, Saturday 29th and Sunday 30th June 1985

Sessions: 9.30 a.m., 2.00 p.m.

and 6.30 p.m. each day

Doors open 45 minutes before
each session



**YOUTH
SPORT**



The United Nations have nominated 1985 as international Youth Year and in support of this the Sports Council have mounted a campaign, "Ever Thought of Sport", aimed at encouraging more British youngsters to participate and become involved in sporting activities.

1985 is the 12th year of the Esso Youth Sport programme. Established to develop sporting talent in young people, its aims are to help further the ambitions of youngsters in a number of competitive sports which include athletics, basketball, cricket, rugby, football and swimming.

Today you will see just a few of the several million young sportsmen and women who have benefited from the Esso Youth Sport programme over the years.

I hope you will get as much pleasure in watching them perform as we in Esso have had in helping them.

A. W. Forster

Chairman and Chief Executive
Esso Petroleum Company Limited

Carroll Wilson



SCOTTISH AMATEUR SWIMMING ASSOCIATION

ESSO SCOTTISH AGE GROUP CHAMPIONSHIPS 1985

PRESIDENT'S ADDRESS

I am delighted to welcome you all to the 1985 Esso Scottish Age Group Championships. Since their inception many years ago, these Championships have proved to be very popular with the swimmers. Although the format is now very different, the event retains its popularity. I congratulate the swimmers, who have, through their hard work achieved the qualifying times and had their entries accepted. For many competing in this Championship will be the pinnacle of their achievement. For others it will be but a stepping stone to greater things - selection for District, Scotland or Great Britain teams. I wish all competitors, their coaches and team officials a successful Championship.

To present such an event of this size and importance costs a great deal. I wish, therefore, to acknowledge publicly the enthusiastic and generous support which we get from Esso. The Esso Youth Sport Programme not only sponsors this Championship but makes a very significant contribution to the running of the Scottish Esso Youth and Junior Squads which form the basis of the international teams of the future. Without Esso's support our efforts to produce a successful international team would have to be curtailed.

Next year this Pool will be the venue for the swimming events of the XIII Commonwealth Games. We are indebted to the City of Edinburgh District Council for the use of the Royal Commonwealth Pool, one of the best in the land and also for giving us a grant towards the cost of the hire. We should not forget to acknowledge the hard work that is necessary to provide the Pool looking immaculate as usual.

Finally, that well known double act of Taylor and Bunney - a tremendous amount of work goes into the organisation and planning of a Championship and the staffing of the event with technical officials and recorders and the host of other jobs that have to be done. My sincere thanks, therefore, go to Andrew Taylor and his organising Committee and to Malcolm Bunney and his Gala Officials Committee for a job well done.

DOUGLAS CAPE
President, S.A.S.A.

OFFICIALS OF THE SCOTTISH AMATEUR SWIMMING ASSOCIATION

President: Mr Douglas Cape Vice-President: Mr Norrie Beattie
General Secretary: Mr William Black General Treasurer: Mr Les Turberville
Director of Swimming: Mr Hamilton Smith

TECHNICAL OFFICIALS

Referees, Starters, Judges and Timekeepers:
from the S.A.S.A. List
Honorary Medical Officer: Dr R Howat

ORGANISING COMMITTEE CONVENER

Mr Andrew Taylor

* * *

SCOTTISH AMATEUR SWIMMING SWIMMING ASSOCIATION: NATIONAL LONG COURSE RECORDS

MEN - Senior and Junior

Event & Distance

100m Freestyle	Senior	P. Easter	51.83
	Junior	G. Wilson	53.84
200m Freestyle	Senior	P. Easter	1.51.70
	Junior	G. Wilson	1.55.37
400m Freestyle	Senior	P. Easter	3.57.97
	Junior	G. Wilson	4.08.11
100m Backstroke	Senior	P. Marshall	58.35
	Junior	I. Hughes	1.02.00
200m Backstroke	Senior	D. Campbell	2.04.23
	Junior	N. Cochran	2.10.08
100m Breastroke	Senior	D. Wilkie	1.03.43
	Junior	G. Watson	1.07.44
200m Breastroke	Senior	D. Wilkie	2.15.11
	Junior	I. Campbell	2.27.10
100m Butterfly	Senior	N. Cochran	57.10
	Junior	I. Campbell	58.40
200m Butterfly	Senior	P. Easter	2.03.50
	Junior	A. Smith	2.10.03
200m Individual Medley	Senior	R. Brew	2.04.13
	Junior	N. Cochran	2.13.53
400m Individual Medley	Senior	R. Brew	4.31.02
	Junior	A. Smith	4.42.08

WOMEN - Senior and Junior

Event & Distance

100m Freestyle	Senior	R. Gilfillan	58.65
	Junior	S. Watson	58.98
200m Freestyle	Senior	R. Gilfillan	2.03.92
	Junior	R. Gilfillan	2.05.68
400m Freestyle	Senior	R. Gilfillan	4.22.40
	Junior	R. Gilfillan	4.22.40
100m Backstroke	Senior	B. Rose	1.03.61
	Junior	B. Rose	1.06.26
200m Backstroke	Senior	B. Rose	2.19.81
	Junior	S. Inkson	2.25.10
100m Breastroke	Senior	J. Hill	1.11.82
	Junior	M. Campbell	1.15.15
200m Breastroke	Senior	J. Hill	2.38.47
	Junior	M. Campbell	2.41.96
100m Butterfly	Senior	C. Finlay	1.04.40
	Junior	C. Lewis	1.06.12
200m Butterfly	Senior	C. Finlay	2.20.84
	Junior	D. Simpson	2.22.69
200m Individual Medley	Senior	J. Hill	2.21.29
	Junior	R. Gilfillan	2.25.55
400m Individual Medley	Senior	N. Ramsay	5.04.94
	Junior	D. Simpson	5.09.51

MEET INFORMATION

1. **CARDS** are NOT to be posted.
2. **HEATS** have been pre-seeded, with the last two or three heats on the F.I.N.A. circular principle. All heats have been spearheaded.
3. **RESERVES** should report to the Competitors Steward in plenty of time prior to their event. They will be allocated to the slowest empty lane available. Refunds for reserves who do not swim may be reclaimed from the refund desk.
4. **WITHDRAWALS** should be notified to the Competition Steward as soon as possible.

N.B. Rule 34(10) Withdrawals

- i) a) In the case of withdrawal from heats, semi-finals or finals in Swimming, Diving or Synchronised Swimming events at any Scottish Championships, the competitor or club shall pay without any excuse (except in the case of genuine illness or proven emergency) such sum as may be determined by Council and confirmed by the Annual General Meeting.

Any competitor withdrawing from a final in such a manner as to prevent a Reserve taking part (except as stated above) shall be suspended immediately from all further events at the Championships.

5. **PRESENTATIONS** will take place after the following event. Competitors should assemble "properly dressed" in Club gear at the presentation area. Anyone not present at the correct time will run the risk of not receiving their medal/pennant.
6. **WARM UP** will be conducted in a controlled manner. Lanes for one way swimming will be available and announcements made. The Teaching Pool is available for the use of FINALISTS only. The facility must be used properly. Swimmers and Coaches are asked to accept responsibility in this respect.
7. **REFUNDS** - a £1 refund will be made to every swimmer equalling or bettering the appropriate consideration/acceptance time.

SESSION THREE:

Warm up : 5.15 p.m.
Start : 6.30 p.m.

Event 1	Boys 11 & Under - 100m Breastroke	Heats
Event 2	Girls 14/15 - 200m Individual Medley	Heats
Event 3	Boys 12/13 - 100m Backstroke	Heats
Event 4	Girls 12/13 - 100m Backstroke	Heats
Event 5	Boys 14/15 - 100m Butterfly	Heats
Event 6	Girls 14/15 - 100m Butterfly	Heats
Event 7	Boys 16/17 - 100m Backstroke	Heats
Event 8	Girls 16/17 - 200m Freestyle	Heats
Event 9	Boys 11 & Under - 100m Breastroke	Final
Event 10	Girls 14/15 - 200m Individual Medley	Final
Event 11	Boys 12/13 - 100m Backstroke	Final
Event 12	Girls 12/13 - 100m Backstroke	Final
Event 13	Boys 14/15 - 100m Butterfly	Final
Event 14	Girls 14/15 - 100m Butterfly	Final
Event 15	Boys 16/17 - 100m BACKstroke	Final
Event 16	Girls 16/17 - 200m Freestyle	Final

SATURDAY 29th JUNE**SESSION FOUR:**

Warm up : 8.00 a.m.
Start : 9.30 a.m.

Event 1	Boys 11 & Under - 100m Backstroke	Heats
Event 2	Girls 14/15 - 100m Freestyle	Heats
Event 3	Boys 16/17 - 100m Butterfly	Heats
Event 4	Girls 16/17 - 100m Butterfly	Heats
Event 5	Boys 12/13 - 200m Freestyle	Heats
Event 6	Girls 14/15 - 200m Breastroke	Heats
Event 7	Boys 14/15 - 200m Breastroke	Heats
Event 8	Boys 11 & Under - 4x50m Medley Relay	Heats
Event 9	Boys 11 & Under - 100m Backstroke	Final
Event 10	Girls 14/15 - 100m Freestyle	Final
Event 11	Boys 16/17 - 100m Butterfly	Final
Event 12	Girls 16/17 - 100m Butterfly	Final
Event 13	Boys 12/13 - 200m Freestyle	Final
Event 14	Girls 14/15 - 200m Breastroke	Final
Event 15	Boys 14/15 - 200m Breastroke	Final
Event 16	Boys 11 & Under - 4x50m Medley Relay	Final

SESSION FIVE:

Warm up : 1.00 p.m.

Start : 2.00 p.m.

Event 1	Girls 16/17 - 400m Freestyle	Slowest Heats	(Declared Winner)
Event 2	Boys 14/15 - 200m Individual Medley	Heats	
Event 3	Girls 11 & Under - 100m Breaststroke	Heats	
Event 4	Boys 12/13 - 200m Freestyle	Heats	
Event 5	Girls 12/13 - 100m Freestyle	Heats	
Event 6	Boys 11 & Under - 4x50m Freestyle Relay	Heats	
Event 7	Girls 16/17 - 100m Backstroke	Heats	
Event 8	Boys 16/17 - 200m Butterfly	Heats	
Event 9	Girls 12/13 - 100m Breaststroke	Heats	
Event 10	Girls 11 & Under - 4x50m Medley Relay	Heats	
Event 11	Girls 16/17 - 400m Freestyle	Fastest Heat	(Declared Winner)
Event 12	Boys 14/15 - 200m Individual Medley	Final	
Event 13	Girls 11 & Under - 100m Breaststroke	Final	
Event 14	Boys 12/13 - 200m Freestyle	Final	
Event 15	Girls 12/13 - 200m Freestyle	Final	
Event 16	Boys 11 & Under - 4x50m Freestyle Relay	Final	
Event 17	Girls 16/17 - 100m Backstroke	Final	
Event 18	Boys 16/17 - 200m Butterfly	Final	
Event 19	Girls 12/13 - 100m Breaststroke	Final	
Event 20	Girls 11 & Under - 4x50m Medley Relay	Final	

SESSION SIX:

Warm up : 5.15 p.m.

Start : 6.30 p.m.

Event 1	Boys 12/13 - 100m Butterfly	Heats
Event 2	Girls 11 & Under - 4x50m Freestyle Relay	Heats
Event 3	Boys 16/17 - 200m Freestyle	Heats
Event 4	Girls 16/17 - 200m Butterfly	Heats
Event 5	Boys 12/13 - 100m Breaststroke	Heats
Event 6	Girls 14/15 - 200m Freestyle	Heats
Event 7	Boys 14/15 - 200m Freestyle	Heats
Event 8	Girls 16/17 - 100m Freestyle	Heats
Event 9	Boys 12/13 - 100m Butterfly	Final
Event 10	Girls 11 & Under - 4x50m Freestyle Relay	Final
Event 11	Boys 16/17 - 200m Freestyle	Final
Event 12	Girls 16/17 - 200m Butterfly	Final
Event 13	Boys 12/13 - 100m Breaststroke	Final
Event 14	Girls 14/15 - 200m Freestyle	Final
Event 15	Boys 14/15 - 200m Freestyle	Final
Event 16	Girls 16/17 - 100m Freestyle	Final

SUNDAY 30th JUNE

SESSION SEVEN: Warm up : 8.00 a.m.
Start : 9.30 a.m.

Event 1	Girls 16/17 - 200m Backstroke	Heats	
Event 2	Boys 16/17 - 100m Freestyle	Heats	
Event 3	Girls 11 & Under - 100m Butterfly	Heats	
Event 4	Boys 14/15 - 100m Breastroke	Heats	
Event 5	Girls 14/15 - 4x50m Freestyle Relay	Heats	
Event 6	Boys 14/15 - 400m Freestyle	Slowest Heats	(Declared Winner)
Event 7	Girls 12/13 - 100m Butterfly	Heats	
Event 8	Boys 12/13 - 4x50m Medley Relay	Heats	
Event 9	Girls 16/17 - 200m Backstroke	Final	
Event 10	Boys 16/17 - 100m Freestyle	Final	
Event 11	Girls 11 & Under - 100m Butterfly	Final	
Event 12	Boys 14/15 - 100m Breastroke	Final	
Event 13	Girls 14/15 - 4x50m Freestyle Relay	Final	
Event 14	Boys 14/15 - 400m Freestyle	Fastest Heat	(Declared Winner)
Event 15	Girls 12/13 - 100m Butterfly	Final	
Event 16	Boys 12/13 - 4x50m Medley Relay	Final	

SESSION EIGHT: Warm up : 1.00 p.m.
Start : 2.00 p.m.

Event 1	Boys 16/17 - 100m Breastroke	Heats	
Event 2	Girls 12/13 - 4x50m Freestyle Relay	Heats	
Event 3	Boys 14/15 - 4x50m Medley Relay	Heats	
Event 4	Girls 11 & Under - 200m Individual Medley	Heats	
Event 5	Boys 11 & Under - 200m Individual Medley	Heats	
Event 6	Girls 14/15 - 400m Freestyle	Slowest Heats	(Declared Winner)
Event 7	Boys 16/17 - 200m Backstroke	Heats	
Event 8	Girls 16/17 - 4x50m Freestyle Relay	Heats	
Event 9	Boys 12/13 - 4x50m Freestyle Relay	Heats	
Event 10	Boys 16/17 - 100m Breastroke	Final	
Event 11	Girls 12/13 - 4x50m Freestyle Relay	Final	
Event 12	Boys 14/15 - 4x50m Medley Relay	Final	
Event 13	Girls 11 & Under - 200m Individual Medley	Final	
Event 14	Boys 11 & Under - 200m Individual Medley	Final	
Event 15	Girls 14/15 - 400m Freestyle	Fastest Heat	(Declared Winner)
Event 16	Boys 16/17 - 200m Backstroke	Final	
Event 17	Girls 16/17 - 4x50m Freestyle Relay	Final	
Event 18	Boys 12/13 - 4x50m Freestyle Relay	Final	

SESSION NINE: Warm up : 5.15 p.m.
Start : 6.30 p.m.

Event 1	Girls 16/17 - 100m Breastroke		Heats	
Event 2	Boys 16/17 - 400m Individual Medley	Slowest	Heats	(Declared Winner)
Event 3	Boys 11 & Under - 100m Butterfly		Heats	
Event 4	Girls 14/15 - 200m Backstroke		Heats	
Event 5	Boys 14/15 - 200m Backstroke		Heats	
Event 6	Girls 16/17 - 4x50m Medley Relay		Heats	
Event 7	Boys 16/17 - 4x50m Freestyle Relay		Heats	
Event 8	Girls 12/13 - 4x50m Medley Relay		Heats	
Event 9	Girls 16/17 - 100m Breastroke		Final	
Event 10	Boys 16/17 - 400m Individual Medley	Fastest	Heat	(Declared Winner)
Event 11	Boys 11 & Under - 100m Butterfly		Final	
Event 12	Girls 14/15 - 200m Backstroke		Final	
Event 13	Boys 14/15 - 200m Backstroke		Final	
Event 14	Girls 16/17 - 4x50m Medley Relay		Final	
Event 15	Boys 16/17 - 4x50m Freestyle Relay		Final	
Event 16	Girls 12/13 - 4x50m Medley Relay		Final	

The Scottish Amateur Swimming Association thank

THE CITY OF EDINBURGH
DISTRICT COUNCIL

for assistance towards the running
of these Championships

Throughout the Championships, duplicated copies of the full results will be on sale at the conclusion of each Session and immediately before the following Session.

LIST OF PARTICIPATING CLUBS

North District

Aberdeen	N/AN
Aberdeen Dolphin	N/AD
Aviemore (OSprey)	N/AO
Bon Accord	N/BA
Bridge of Don	N/BD
Cults Otter	N/CO
Dyce (Aberdeen)	N/DA
Elgin	N/EN
Forres Bluefins	N/FB
Inverness	N/IS
Lerwick	N/LK
Moray District	N/MD
Nairn	N/NN
Orkney	N/OY
Peterhead	N/PD
Shetland	N/SL
Sutherland	N/SD
Tain	N/TN
Thurso	N/TO

East District

Barracudas	E/BS
Bonnyrigg	E/BG
Burntisland	E/BD
Carnegie	E/CE
Duns	E/DS
Fins	E/FS
Glenrothes	E/GS
Haddington	E/HN
Heart of Midlothian	E/HM
INCAS	E/IG
Inverleith	E/IH
Kirkcaldy	E/KY
Leith	E/LH
Midas	E/MS
Warrender	E/WB
Whitburn	E/WN

West District

Alloa	W/AA
Ayr	W/AR
Barrhead Dolphin	W/BD
Boness Beaver	W/BB
Bellshill Sharks	W/BL
City of Glasgow	W/CG
C.E.S. (Glasgow)	W/CE
Cumbernauld	W/CD
Cunninghame	W/CH
Dumbarton District Dolphins	W/DD
Dumfries	W/DS
Dunoon	W/DN
East Kilbride	W/EK
Eastwood	W/ED
Falkirk Otter	W/FO
Gourock	W/GK
Grangemouth	W/GH
Hamilton Baths	W/HB
Inverclyde	W/IE
Kilmarnock	W/KK
Kintyre	W/KE
Kirkintilloch	W/KH
Larkhall Avondale	W/LA
Milngavie & Bearsden	W/MB
Motherwell	W/ML
Paisley	W/PY
Prestwick	W/PK
Scotia	W/SA
Shotts	W/SS
Stirling	W/SG

Midland District

Arbroath (St. Thomas)	M/AS
Arnhall	M/AL
Belmont	M/BT
City of Dundee	M/CD
Monifieth	M/MH
Montrose & District Seals	M/MS
Perth Pullars	M/PP

ARE YOU ENJOYING THE GALA?

We hope so - but to organise this event a lot of people are required to give their time and talents such as an organising Committee, swimmers, coaches and officials. The latter are required to ensure that the Gala is conducted in accordance with the relevant rules so that every competitor is given a fair and equal chance.

Would you like to become an official?

To do so you require to be:-

- a) a member of a Club affiliated to the S.A.S.A. and
- b) sit the examination for Timekeeper.

The examination this year for all Officials is on SATURDAY 9th NOVEMBER 1985 commencing at 2 p.m. Lectures will be given prior to the examinations at various centres and all candidates are advised to attend these lectures. In the past candidates have not and then wonder why they have failed the examination. There is more to Timekeeping than starting and stopping the watch but then in Scotland we are proud of the standard of officiating which is to the benefit of the swimmers.

If you are interested please complete the appended form and return as directed to the District Representative named below from whom further details as to lectures can be obtained:-

WEST: Miss J O Smith
214 Finlay Drive
GLASGOW G31 2SL
041 554 1922

EAST: A Adamson
12 Asquith Street
KIRKCALDY KY1 1PW
0592 263628

NORTH: R C Wilson
2 Leggart Avenue
ABERDEEN AB1 5UQ
0224 874638

MIDLAND: Mrs I Doogan
20 Harefield Avenue
DUNDEE
0328 84868

Existing officials can of course use the attached form for examination for Judges, Starter and Referee.

G Battison
Convener
Technical Training (Officials) Committee.

Form No. 1

SCOTTISH AMATEUR SWIMMING ASSOCIATION
TECHNICAL TRAINING OFFICIALS COMMITTEE

EXAMINATION ENTRY FORM 19

Full Name Mr., Mrs., Miss

Address

.....

District Club

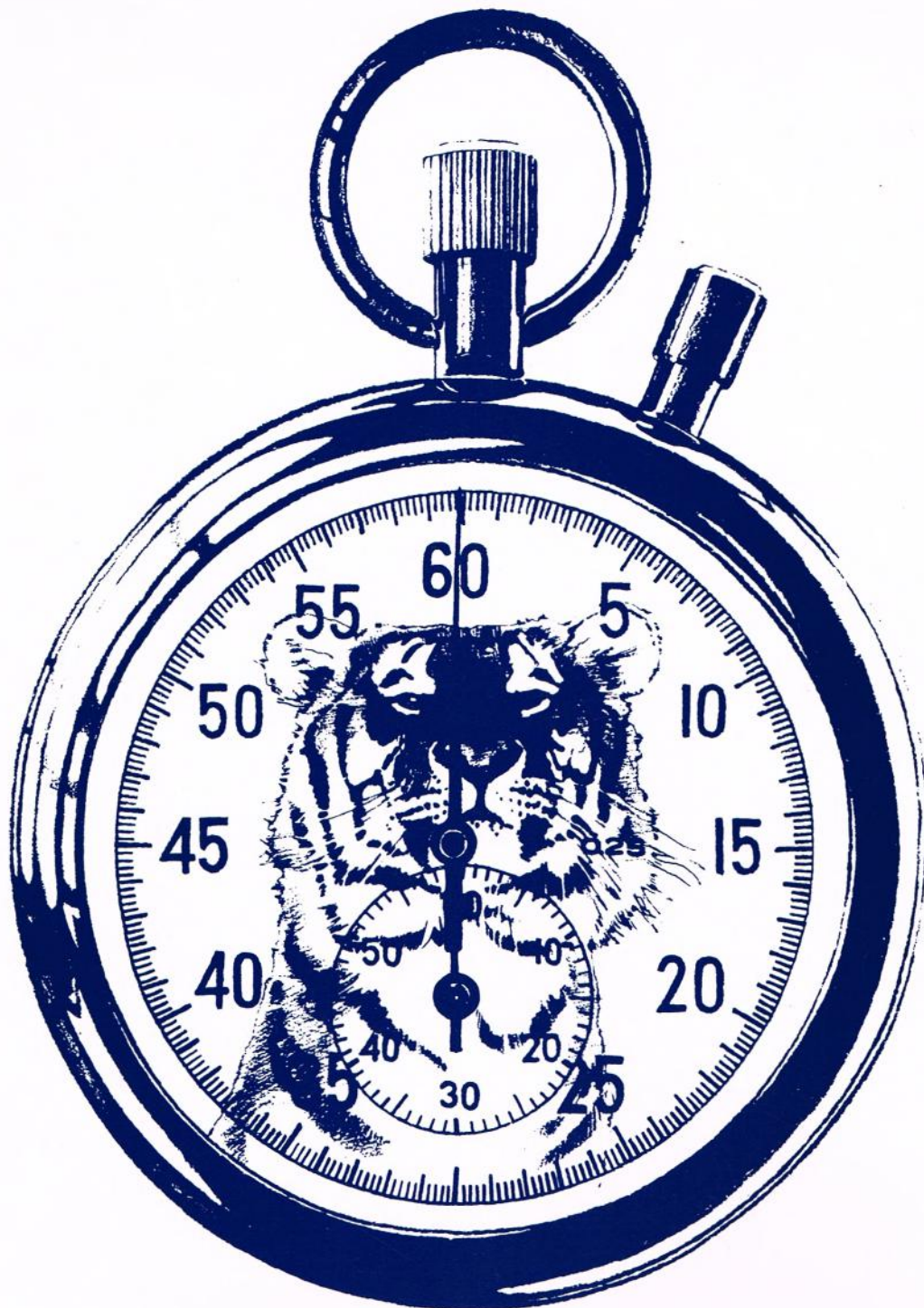
For examination in the duties of:

TIMEKEEPER / JUDGE / STARTER / REFEREE (delete three of these)

If you are or have been on a District list of Officials, please give details and dates:

.....

This form together with a remittance for £2.50 (made payable to S.A.S.A.) and TWO STAMPED ADDRESSED ENVELOPES should be sent to the District Representative before 15th September. Intending examinees for Referee should submit their application by 1st September as the District Executive must approve these. Details of lectures and time and place of the examination will be issued by the District Representative.



HELPING BRITAIN'S YOUNG SPORTSMEN AND WOMEN

The Esso Youth Sport programme gives young people opportunities in sport they might not otherwise have enjoyed, and helps them to achieve success in their chosen sports.

Our sporting line-up covers Football, Rugby, Swimming, Cricket, Basketball and Athletics.

