

Scottish Amateur Swimming Association

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"Milk for Energy" National Swimming Championships  
Dollan Baths, East Kilbride on Thurs., 23rd  
Fri., 24th and Sat., 25th June 1977  
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GENERAL INFORMATION SHEET

Issued to All Competing Clubs. District Secretaries Scottish Executive Scottish Council Scottish Office  
General Organising Committee Convener, Scottish Swimming Selection Committee National Director of Swimming B.B.C.

SESSIONS: Thursday, 23rd June Session One - 10.45 a.m. )  
" Two - 2.00 p.m. )  
" Three - 6.45 p.m. ) Warm Up Times  
Friday, 24th June Session Four - 10.00 a.m. ) are all One  
" Five - 2.00 p.m. ) Hour & Fifteen  
" Six - 6.45 p.m. ) Minutes prior  
Saturday, 25th June Session Seven - 9.30 a.m. )  
" Eight - 1.30 p.m. ) to Session  
" Nine - 6.00 p.m. )

Supervisor in Charge of All Warm Ups - Mr. John Higgins,  
East Kilbride.

Championships Convener: Mr. Hugh C. Dobbie, 172 Petersburn Road,  
AIRDRIE. Tel. No. Airdrie 68816

Accommodation Officer: Mr. Thomas Fleming, 87 Gartlea Road,  
AIRDRIE. Tel. No. Airdrie 62516

Tickets - Spectators: All Morning Sessions - Adult 20p  
Juvenile 10;  
All Afternoon & Evening Sessions - Adults 30 p  
Juvenile 15p  
(A Juvenile is a person under 17 years)  
All above single session tickets are only on  
sale at Baths before each Session.  
Season Tickets for All Sessions - Adult £2  
Juvenile £1

These are available on application to S.A.S.A.  
Office, Room E 1, Pathfoot Building, Stirling  
University, with full remittance.

Coaches Season Ticket: Also available from S.A.S.A. Office. Allocation  
of One Coach (which includes Team Manager, Chaperon, etc.) to each  
TEN Swimmers, with FOUR as a maximum. Cost £1.  
Requests for these must state name of person in Club who will  
be using same and should be applied for after list of qualifiers  
is issued.

Car Stickers: For Officials and Guests will be available from Miss  
Jean Smith for Officials and Mrs. Margt. Houston for Guests.

Results Sheets: These will be on Sale at the end of each Session and  
a Postal Service will also be operated.

Single Session - 5p  
Complete Competition 35p , plus full postage.

Meals /

*Reef  
3/8/77*

Meals for Coaches: We hope to be able to arrange with the Baths Cafe for a Cold Salad at least to be available to Coaches at Lunch and Tea breaks. Requests for these should also be sent to the S.A.S.A. Office when applying for Coaches passes so that some indication of numbers can be ascertained.

Trophies: All Scottish Trophies should be returned to the S.A.S.A. Office at Stirling by not later than Saturday, 18th June, in a clean and undamaged condition, together with plinths and boxes where applicable. Trophy winners should ensure they sign the official receipt after the presentation and collect any carrying box.

Officials: Any qualified Official who intends to be present and is willing to assist, if required, should immediately send name and address and a note of the Session available and also his/her qualifications to Miss Jean Smith, 214 Finlay Dr., Glasgow.

Plan of Pool: A plan of the entrance to Dollan Baths is appended. You will see that the Baths are in use by the Public and you are asked to keep to the Lane allotted to the S.A.S.A., in order to avoid any congestion.

Card Entry System: It has been agreed to use this method and the following notes should be read carefully and carried out in full.

1. A Timing Judging Card has been prepared for every competitor. Blue for male, pink for female. A separate card for each event. These are distributed in bulk, after completion by the Organising Committee, to the Club Secretary for transmission to the Club Coach.
2. Check that you have received a card for each swimmer accepted and that the details shown on it are correct. Each card should show the following information:-

(a) Event	(f) Name of swimmer
(b) J. (for Junior)	(g) Club
(c) Submitted time	(h) Date of competition
(d) Distance	(i) Length of pool
(e) Stroke	
3. In order to be drawn into heats, the Coach on entry into the pool building has to post into the special event boxes in the foyer, the cards for his swimmers who actually intend to take part in the immediate Session. DO NOT POST CARDS FOR ANY OTHER SESSION.
4. Cards for swimmers not taking part must not be posted into these boxes.
5. The event boxes will be on a special table in the main entrance and Coaches must post cards into the appropriate event number box.
6. All cards must be posted not less than ONE HOUR prior to the commencement of the Session. The table will then be closed and no LATE CARDS ACCEPTED NOR WILL IT BE POSSIBLE TO ISSUE A CARD TO REPLACE A LOST ONE.
7. The cards are then returned to the Coaches showing (a) heat number, (b) Lane number for distribution to the swimmers.
8. An Announcement will be made for the responsible Club Officials to collect cards for finalists from the card table on the pond side. This table will be situated at the base of the diving tower. Cards for Finalists only will be handed out here when appropriate. Other cards will be distributed later.

9. In the case of Relay events, the names and order of swimmers are now required.
10. It is now the swimmers responsibility to turn up at the start of the race with their cards and hand that card to the timekeeper on their lane. NO MARSHALLING WILL TAKE PLACE.
11. Within 15 minutes from the announcement of the names of the qualifiers for a Final (or Consolation Final) it is the responsibility of the Coach to notify the Referee and Recorder of any withdrawals in order to give adequate time for reserves to be notified.

Instructions to Swimmers (Copy of this will be issued with Competitor's ticket to every swimmer):

1. This competition is being organised on a "Card Entry" basis.
2. Your card has been filled out and handed to your Coach
3. The Card gives you the following information -  
(a) Name: (b) Club Abbreviation: (c) Event Number  
(d) Heat Number: (e) Lane Number: (f) Stroke:  
(g) Distance: (h) Submitted time.
4. Keep your card until it is time for your event. There will be no marshalling and it is up to you to turn up at the correct time with your card.
5. Hand the card to the timekeeper on the correct lane and he will fill in your time at the end of the race and hand the card to the Judge and then to the Recorder.
6. If you have qualified for a Final, your card will be returned to you after being processed, showing your lane number allocated for the Final.
7. Notify Referee (Recorder) of any withdrawals from Final as soon as possible BUT NOT LESS THAN 15 MINUTES after announcement of the finalists to give reserve adequate notice that they have a place in the Final.
8. Do not lose your card once it has been handed to you - YOU WILL NOT BE ALLOWED TO SWIM unless you have handed the correct card to the correct timekeeper.

Consolation Finals: We hope that swimmers will make these events as competitive as possible as they are included to give you a second chance to record a good time. These events do not have any effect on the placings for the Final which are based on heat times only.

Junior Championships: Times in heats and finals only will be taken into account in allocating Junior Championships.

Instructions to Officials (Copy of this will be issued to every person appointed to officiate and it is vital that all the points are carried out in full).

1. The Competition is being run on a "Card Entry" basis.
2. A card has been made out and handed to each swimmer. The swimmer will turn up at the correct lane for the correct event and they will hand you their card.
3. Check that the Event number and Lane Number correspond with reality! In relay events also check that names of swimmers have been filled in.

4. Timekeepers: Fill in the split times on the back of the card as follows:

100m - No splits  
200 m - 100 splits  
400m - 100 splits  
800m - 100 splits  
1500m - 100 splits

Relays - every 100 metres (even in 4 x 200 Freestyle Relay).

At the end of the race, fill in the Final Time in the space provided and initial it.

The Chief Timekeeper will collect your card and fill in the Official Time.

The Chief Judge will fill in the placing and the cards should then be handed to the Recorder.

5. If a swimmer is disqualified for any reason, the Judge must fill in the reason for disqualification immediately on the reverse of the card in the space provided.
6. For some events it is essential that we have **THREE QUALIFIED** Timekeepers on a particular lane, in the event of Olympic Trials Qualifying Times, District, Scottish or British Records.
7. The Chief Timekeeper and Referee have been informed which events the above will apply to.

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