



**Scottish  
Swimming**



#SNOC17

# 2017 Scottish National Open Swimming Championships

(under FINA Rules / Scottish Swimming Regulations)

**Aquatics Centre  
Aberdeen Sports Village**

**29<sup>th</sup> June — 2<sup>nd</sup> July 2017**

Licence No: L1/541/ND/JUN17

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# MEET INFORMATION

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## VENUE DETAILS & SESSION TIMES

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<b>Event:</b>	<b>2017 SCOTTISH NATIONAL OPEN SWIMMING CHAMPIONSHIPS</b> <b>(Under FINA Rules/Scottish Swimming Regulations)</b>
<b>Dates:</b>	Thursday 29 <sup>th</sup> June – Sunday 2 <sup>nd</sup> July 2017
<b>Venue:</b>	Aquatics Centre, Aberdeen Sports Village, Regent Walk, Aberdeen, AB24 1SX
<b>Phone:</b>	01224 438900
<b>Pool:</b>	10 lane x 50 metre (Full electronic timing) Separate 6 lane x 25m warm-up and swim-down facility
<b>Meet Promoters:</b>	SASA National Swimming Committee

### SESSION TIMES:

<b>Wednesday 28<sup>th</sup> June</b>	Open Training 16.00 – 20.00		
<b>Thursday 29<sup>th</sup> June</b>	Session 1	Heats	Warm Up: 07.45 Start: 09.00
	Session 2	Heats	Warm Up: 12.15 Start: 13.15
	Session 3	Finals	Warm Up: 16.30 Start: 17.30
<b>Friday 30<sup>th</sup> June</b>	Session 4	Heats	Warm Up: 07.45 Start: 09.00
	Session 5	Heats	Warm Up: 12.15 Start: 13.15
	Session 6	Finals	Warm Up: 16.30 Start: 17.30
<b>Saturday 1<sup>st</sup> July</b>	Session 7	Heats	Warm Up: 07.45 Start: 09.00
	Session 8	Heats	Warm Up: 12.15 Start: 13.15
	Session 9	Finals	Warm Up: 16.30 Start: 17.30
<b>Sunday 2<sup>nd</sup> July</b>	Session 10	Heats	Warm Up: 07.45 Start: 09.00
	Session 11	Heats	Warm Up: 12.15 Start: 13.15
	Session 12	Finals	Warm Up: 16.30 Start: 17.30

NB. Session start times may be adjusted once all entries have been received and processed. Any new session times will be notified when the draft programme is issued.

**\*See note on Page 4**

# PROGRAMME OF EVENTS

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## Open:

50m Freestyle, Backstroke, Butterfly, Breaststroke  
100m Freestyle, Backstroke, Butterfly, Breaststroke  
200m Freestyle, Backstroke, Butterfly, Breaststroke  
200m Individual Medley  
400m Freestyle, 400m Individual Medley  
800m, 1500m Freestyle

Heats and B & A Finals  
Heats and B & A Finals  
Heats and B & A Finals  
Heats and B & A Finals  
Heats and B & A Finals  
Heat Declared Winner

## Relay Events:

4 x 100m Freestyle Team  
4 x 100m Medley Team  
4 x 200m Freestyle Team

Heat Declared Winner  
Heat Declared Winner  
Heat Declared Winner

## MC Events:

50m Freestyle, Backstroke, Butterfly, Breaststroke  
100m Freestyle, Backstroke, Butterfly, Breaststroke  
200m Individual Medley  
200m Freestyle  
400m Freestyle

Heats and Finals  
Heats and Finals  
Heats and Finals  
Heats and Finals  
Heats and Finals

Please refer to the supplementary Multi-Classification Conditions and Entry Standards on Page 16 - 18.

## PLEASE NOTE:

The five fastest heats of all events with finals, as well as all MC heats, will be swum in the morning. Further heats of these same events will be swum in the afternoon sessions. The finalists along with the final results will therefore not be announced or posted until the final heat of each afternoon event has been completed.

**Provisional finalists based on the morning heats only will be announced but this does not guarantee a place in the final.**

## Important Notice

Should the number of entries of the morning and afternoon sessions result in a combined session time of 4 hours or less on each and all days of the Championships, the organisers reserve the right to alter the heat sessions at the time of the draft programme being issued, and swim them as one session. Morning Warm up times will remain unchanged. Entrants will be notified if the one session option is adopted.

In the event of one heat sessions, the following will apply. All individual events except the 800/1500 freestyles will be conducted on a Heats and Finals basis. Heat sessions will be conducted in flights, with the fastest seven heats of events 200m or less, and the fastest five heats of 400m events in the "A" flight, and all remaining heats in the "B" flight. "A" flights will be concluded each morning prior to beginning the "B" flights. The "A" and "B" flights will be swum slowest to fastest. The fastest 20 swimmers from the heats will advance to finals.

MC Entries will be seeded by absolute time across flights A & B. The 10 MC athletes scoring the highest points, utilizing the British Para-Swimming Points System, shall progress to the MC Final.

- For the Heats "over the top starts" will be used where appropriate.
- A maximum of four reserves will be nominated for Finals where B finals are being swum. A maximum of two reserves will be nominated for MC Finals.
- Reserves will be allocated to vacant lanes.

## ELIGIBILITY TO COMPETE

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- All competitors must be registered with their National Federation to be eligible to compete (FINA Rule GR 1.1).
- To compete for a Scottish Club or Team at National Open Championships, competitors must be registered with the Scottish Amateur Swimming Association and must have paid their current registration fee.
- A swimmer can only compete for one Club/Team during the Championships. Scottish Club/team members must be eligible to swim for their Club/Team in accordance with Company Rule R5.1. Any swimmer entering a Scottish championships as 'unattached' cannot compete for a Club/Team in relay events.
- Swimmers with Scottish eligibility training outside Scotland and wishing to be considered for National Selection must be registered with Scottish Swimming (C3.5.1).

### National Eligibility – Scottish Swimming Company Rule R4.5.3

R4.5.3 - A competitor selected to represent Scotland must be a registered member of SASA as per SASA Constitution C3.3 or C.3.5.1. and must be either:

- A native of Scotland, **or**
- A person with a Scottish mother or father, **or**
- Satisfy either of the following residential criteria:
  - I. For the Commonwealth Games -  
In line with current Commonwealth Games Federation Regulations or Guidelines (see Commonwealth Games Swimming selection policy for details).
  - II. For all other Meets -  
A person who has been resident in Scotland for a minimum of twelve months prior to the first day of competition.

# SCHEDULE OF EVENTS

<p><b>Thursday 29<sup>th</sup> June</b></p> <p><b>Session 1 - MORNING</b>  Womens 100m Butterfly  Mens 100m Freestyle  Womens 200m Freestyle  Mens 200m Butterfly  Womens 50m Backstroke  Mens 50m Breaststroke  Womens 400m I.M.  Mens 1500m Freestyle (HDW)</p> <p><b>Session 2 - AFTERNOON</b>  Womens 100m Butterfly  Mens 100m Freestyle  Womens 200m Freestyle  Mens 200m Butterfly  Womens 50m Backstroke  Mens 50m Breaststroke  Womens 400m I.M.  Womens 4 x 200m Free Relay (HDW)</p> <p><b>Session 3 - EVENING</b>  Womens 100m Butterfly MC, B,A finals  Mens 100m Freestyle MC,B,A finals  Womens 200m Freestyle MC, B,A finals  Mens 200m Butterfly B,A finals  Womens 50m Backstroke MC,B,A finals  Mens 50m Breaststroke MC,B,A finals  Womens 400m I.M. B,A finals  Mens 1500m Freestyle (final heat)  Womens 4 x 200m Free Relay (final heat)</p>	<p><b>Friday 30<sup>th</sup> June</b></p> <p><b>Session 4 – MORNING</b>  Womens 200m I.M.  Mens 400m Freestyle  Womens 100m Breaststroke  Mens 100m Backstroke  Womens 200m Backstroke  Mens 200m Breaststroke  Womens 50m Freestyle  Mens 50m Butterfly  Womens 800m Freestyle (HDW)</p> <p><b>Session 5 - AFTERNOON</b>  Womens 200m I.M.  Mens 400m Freestyle  Womens 100m Breaststroke  Mens 100m Backstroke  Womens 200m Backstroke  Mens 200m Breaststroke  Womens 50m Freestyle  Mens 50m Butterfly  Mens 4 x 200m Free Relay (HDW)</p> <p><b>Session 6 - EVENING</b>  Womens 200m I.M. MC, B,A finals  Mens 400m Freestyle MC, B,A finals  Womens 100m Breaststroke MC,B,A finals  Mens 100m Backstroke MC,B,A finals  Womens 200m Backstroke B,A finals  Mens 200m Breaststroke B,A finals  Womens 50m Freestyle MC,B,A finals  Mens 50m Butterfly MC,B,A finals  Womens 800m Freestyle (final heat)  Mens 4 x 200m Free Relay (final heat)</p>	<p><b>Saturday 1<sup>st</sup> July</b></p> <p><b>Session 7 – MORNING</b>  Mens 200m I.M.  Womens 400m Freestyle  Mens 100m Breaststroke  Womens 100m Backstroke  Mens 200m Backstroke  Womens 200m Breaststroke  Mens 50m Freestyle  Womens 50m Butterfly  Mens 800m Freestyle (HDW)</p> <p><b>Session 8 - AFTERNOON</b>  Mens 200m I.M.  Womens 400m Freestyle  Mens 100m Breaststroke  Womens 100m Backstroke  Mens 200m Backstroke  Womens 200m Breaststroke  Mens 50m Freestyle  Womens 50m Butterfly  Womens 4 x 100m Free Relay (HDW)  Mens 4 x 100m Free Relay (HDW)</p> <p><b>Session 9 - EVENING</b>  Mens 200m I.M. MC,B,A finals  Womens 400m Freestyle MC,B,A finals  Mens 100m Breaststroke MC,B,A finals  Womens 100m Backstroke MC,B,A finals  Mens 200m Backstroke B,A finals  Womens 200m Breaststroke B,A finals  Mens 50m Freestyle MC,B,A finals  Womens 50m Butterfly MC,B,A finals  Mens 800m Freestyle (final heat)  Womens 4 x 100m Free Relay (final heat)  Mens 4 x 100m Free Relay (final heat)</p>	<p><b>Sunday 2<sup>nd</sup> July</b></p> <p><b>Session 10 - MORNING</b>  Mens 100m Butterfly  Womens 100m Freestyle  Mens 200m Freestyle  Womens 200m Butterfly  Mens 50m Backstroke  Womens 50m Breaststroke  Mens 400m I.M.  Womens 1500m Freestyle (HDW)</p> <p><b>Session 11 - AFTERNOON</b>  Mens 100m Butterfly  Womens 100m Freestyle  Mens 200m Freestyle  Womens 200m Butterfly  Mens 50m Backstroke  Womens 50m Breaststroke  Mens 400m I.M.  Mens 4 x 100m Medley Relay (HDW)  Womens 4 x 100m Medley Relay (HDW)</p> <p><b>Session 12 - EVENING</b>  Mens 100m Butterfly MC,B,A finals  Womens 100m Freestyle MC,B,A finals  Mens 200m Freestyle MC, B, A finals  Womens 200m Butterfly B,A Finals  Mens 50m Backstroke MC,B,A finals  Womens 50m Breaststroke MC,B,A finals  Mens 400m I.M. B,A finals  Womens 1500m Freestyle (final heat)  Mens 4x100m Medley Relay (final heat)  Womens 4x100m Medley Relay (final heat)</p>
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## QUALIFYING & CONSIDERATION TIMES

MALE			FEMALE	
Qualifying	Consideration		Qualifying	Consideration
0:25.89	0:26.44	<b>50 Free</b>	0:28.70	0:29.25
0:56.11	0:57.29	<b>100 Free</b>	1:01.78	1:03.02
2:03.62	2:07.12	<b>200 Free</b>	2:14.71	2:17.74
4:28.54	4:38.80	<b>400 Free</b>	4:47.08	4:53.96
9:15.43	9:22.33	<b>800 Free</b>	9:38.43	9:51.36
17:41.44	17:54.36	<b>1500 Free</b>	18:24.56	18:48.80
0:27.77	0:28.53	<b>50 Fly</b>	0:30.71	0:31.60
1:01.62	1:03.81	<b>100 Fly</b>	1:09.37	1:11.26
2:26.12	2:33.42	<b>200 Fly</b>	2:41.30	2:49.74
0:30.64	0:31.51	<b>50 Back</b>	0:33.23	0:34.01
1:04.81	1:07.02	<b>100 Back</b>	1:10.76	1:12.49
2:22.78	2:27.03	<b>200 Back</b>	2:32.73	2:35.43
0:33.06	0:34.36	<b>50 Breast</b>	0:37.19	0:38.18
1:13.37	1:15.96	<b>100 Breast</b>	1:21.01	1:23.16
2:41.57	2:49.81	<b>200 Breast</b>	2:56.10	3:01.22
2:19.75	2:24.18	<b>200 IM</b>	2:33.17	2:35.89
5:10.08	5:22.47	<b>400 IM</b>	5:31.73	5:42.25
3:42.00	3:54.00	<b>4 x 100 Free Relay</b>	4:08.00	4:18.00
8:15.00	8:59.00	<b>4 x 200 Free Relay</b>	9:07.00	9:38.00
4:08.00	4:29.00	<b>4 x 100 Medley Relay</b>	4:42.00	4:52.00

### Notes:

Competitors must enter times achieved in accredited competitions held between 7<sup>th</sup> June 2016 and 7<sup>th</sup> June 2017 and either be 50 metre pool times or conversions to 50 metre pool times (Official conversion tables: Hy-tec standard conversion or ASA conversion tables may be used).

**A proof of entry times report is required in line with SW2.1.2.5. Random checks on entry times will be carried out prior to and during the event. Any swimmers submitting an unaccredited entry time will automatically be withdrawn from all entered events and will forfeit all entry fees.**

**Please submit individual accredited times for each relay team member and reserves. The submitted relay entry time should be the sum of the accredited times for each provisional team member and be equal to or faster than the consideration time detailed above.**

The organisers reserve the right to restrict entries to ensure a good standard of competition. If it is necessary to reject entries, this will be done on the basis of entry time, slowest to fastest, excluding eligible Scottish swimmers with an entry time which is equal to or faster than the Qualifying time detailed above, who will be guaranteed acceptance.



# ENTRIES

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## Cost

**Individual Events:**    £9.50                      **Relays:**    £20.00

## **Payment can be made by the following options:-**

- Cheque payable to Scottish Amateur Swimming Association Ltd
- Credit or Debit card, telephone 01786 466520 (3% charge for Mastercard)
- BACS please send an email to [nationals@scottishswimming.com](mailto:nationals@scottishswimming.com) requesting bank details

## **No entries will be accepted without the correct fee, or with the Entry Files incorrectly completed.**

Entry fees will not be refunded for any times submitted out-with the consideration time. No refunds will be given after the programme has been finalised.

## **Making Entries**

Entries will be by computer file, which is obtainable from SwimScotland website <http://www.swimscotland.co.uk/>. Please see supplementary information on Page 11. The closing date for receipt of entries is **14.00, Wednesday 7th June 2017**. The entry files must be emailed to [nationals@scottishswimming.com](mailto:nationals@scottishswimming.com). Only official files are acceptable. The fees and other paperwork (within a maximum of 3 days following the closing date) should be sent to:

National Events  
Scottish Swimming  
National Swimming Academy  
University of Stirling  
Stirling, FK9 4LA                      [nationals@scottishswimming.com](mailto:nationals@scottishswimming.com)

## **Team Entries**

There is no restriction on the number of entries (senior and junior) that clubs may enter. Should it be necessary to restrict the number of relays, teams will be selected on a time basis, whether they are A or B teams.

**Please Note:** include all relay swimmers who have not been entered in individual events onto the originally submitted HyTek file. (This is to ensure that you are issued with the required number of swimmer passes and to ensure a more streamlined process on the day). Failure to do this may result in your relay team being unable to compete.

Please submit individual accredited times for each team member and reserves. The submitted relay entry time should be the sum of the accredited times for each provisional team member.

## **Changes to Relay Teams**

Changes can be made up to 1 hour prior to the start of the appropriate session on relay team line forms and handed into the recorders desk. No change to swim order or swimmers shall be permitted after that time except in the event of a medical emergency.

## **Multi-Classification Events**

Multi-Classification (MC) events are open to swimmers who have a recognised classification (IPC, BS, BBS, UKSA or INAS-FID). Swimmers must achieve the qualifying standards for their class in the MC events as per the Supplementary Multi-Classification Conditions attached. The MC events will be integrated into the heats seeded by absolute time, but in the instance of three sessions, swum in the morning session. **Please refer to the Supplementary Multi-Classification Conditions for more information and entry form.**

**NB: The closing date for entries for MC events is Wednesday 31<sup>st</sup> May 2017.**



# GENERAL INFORMATION

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## **DRUG TESTING**

Please note that drug testing may be in operation at any Scottish event. All swimmers not registered with the Scottish Swimming or the Amateur Swimming Association/Welsh Amateur Swimming Association will be required to sign an agreement to undergo tests as required in accordance with FINA Law. Multi-Classification swimmers please refer to WADA and IPC anti-doping policy.

N.B. The Home Country or the ASA/WASA swimmers will have signed an agreement when submitting their registration fee.

## **SWIMMER PASSES**

All swimmers participating in the Championships will be issued with a pass which will allow them access to the changing village, designated seating areas and poolside (swimmers are not required to submit photographs). Within the venue swimmers must wear their accreditation pass and have it visible at all times.

## **COACH/CHAPERONE/TEAM MANAGER PASSES**

A pass is required for any coach/chaperone/team manager wishing to be poolside. Within the venue all coaches, team support staff and swimmers must wear their accreditation pass and have it visible at all times.

## **SWIMWEAR**

British Swimming and ASA advise that FINA BL 8.1 only applies to Olympic Games and FINA events. A suit check will only be made if a World or European record is being claimed. There is not a requirement for officials to check that costumes are on the approved FINA list. Bylaws BL 8.2 and BL 8.3 cover our requirements for design and material.

## **TRAINING PRIOR TO CHAMPIONSHIPS**

Open training will be available at Aberdeen Sports Village on Wednesday 28<sup>th</sup> June 2017 from 16.00 until 20.00

## **HEATS**

Any withdrawals (including reserves) or amendments prior to the first day of the Championships should be notified to the Entries/Withdrawals Secretary by email or withdrawal form.

Any withdrawals from the morning heats and the HDW morning event on Day 1 must be notified by email to [nationals@scottishswimming.com](mailto:nationals@scottishswimming.com) no later than 18.00 on Wednesday 28<sup>th</sup> June 2017.

Withdrawals from Morning heats and the HDW morning events on Day 2, 3 and 4 not previously notified must be lodged at the Recorders Desk no later than 18.00 on the day prior to the appropriate event. For the afternoon session, including the HDW relay events, withdrawals from Days 1, 2, 3 and 4 not previously notified must be lodged at the Recorders desk no later than 10.00 on the day of the event.

Swimmers failing to comply with the above (except in the case of a genuine illness or proven emergency) will be liable to a £10 fine for each inappropriate withdrawal.

**Please Note:** For morning heats, start lists will be posted on swimscotland the evening before and will be available from 19.00

## **FINALS**

It is the responsibility of the swimmer/team staff to check whether a swimmer has made the finals and should they wish to withdraw the following procedures must be adopted. Swimmers wishing to withdraw from a Final, must inform the Recorders in writing on the appropriate form within 30 minutes of a confirmed Finalists Lists having been published or announced after the afternoon heats have been swum. Swimmers who have not been withdrawn and fail to appear for finals will be fined and may be subject to further disciplinary action.

Any competitor withdrawing from a final in such a manner as to prevent a reserve taking part (except in the case of a genuine illness or proven emergency) shall be suspended immediately from all further events at the Championship. Where a reserve is brought in at short notice, the reserve shall occupy the vacant lane - there will be no re-seeding.

**Any late withdrawals on medical grounds from heats and finals should be discussed with the Meet Director prior to submission to the Recorders.**

# AWARDS & PRESENTATIONS

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## Open Events (including relays)

Scottish Open Champion	1 <sup>st</sup> , 2 <sup>nd</sup> and 3 <sup>rd</sup>
Scottish National Champion	1 <sup>st</sup> (provided the individual is not also the Open Champion)
Scottish Junior Champion	1 <sup>st</sup> (aged under 17 as at 31 <sup>st</sup> December 2017)
Scottish Para Swimming Champion	1 <sup>st</sup> , 2 <sup>nd</sup> and 3 <sup>rd</sup> (See Multi-Classification Meet Conditions)

A Junior relay team shall consist of 4 swimmers aged under 17 years as at 31<sup>st</sup> December 2017.

The Scottish National Champion and Scottish Junior Champion (including all relay team members) must be registered with Scottish Swimming and must be:

- A native of Scotland, **or**
- A person with a Scottish mother or father, **or**
- Satisfy the residential criteria for the Commonwealth Games in line with current Commonwealth Games Federation Regulations or Guidelines (see Commonwealth Games Swimming Selection policy for details).

Swimmers must report to the Presentation Marshal immediately upon completing their race and picking up their dry clothes from the holding area. Appropriate clothing must be worn for the presentations. It is the responsibility of the Coach/Team Manager to ensure that medallists or a deputy be available for presentation as per the presentation schedule, a copy of which will be included in your club envelope and posted around the pool. Failure of a swimmer or deputy to attend the appropriate presentation will result in the swimmer forfeiting his/her medal.

## SPECIAL AWARDS

### Berger Paints Trophy:

The Berger Paints Trophy will be awarded for the best performance (male or female) by a Scottish swimmer in the National Open Championship. This will be calculated using the current FINA Points Tables.

### The Eileen Adams Trophy:

The Eileen Adams Trophy will be awarded for the best combined performance in the senior men's 200m and 400m freestyle championships using FINA points.

### Top Scottish National Open Club Awards:

- Points will be calculated as follows: 1<sup>st</sup> – 24 points: 2<sup>nd</sup> – 22 points: 3<sup>rd</sup> – 20 points: 4<sup>th</sup> – 20<sup>th</sup> place: 17 points down to 1 point. Relays will be awarded points as follows; 1<sup>st</sup> – 24 Points: 2<sup>nd</sup> – 22 points: 3<sup>rd</sup> – 20 points: 4<sup>th</sup> – 10<sup>th</sup> place: 17 points down to 11 points. Please see below the conditions attached to the above Trophy.
- Clubs must be registered with Scottish Swimming.
- For the purposes of the competition, "Club" is defined as any individual or composite team registered with Scottish Swimming.
- Points will be allocated to the club of representation as per the closing date for entries to the Scottish National Open Championships.
- Swimmers scoring points for clubs in either individual or relay events must be resident or undertake the majority of training within Scotland.
- Points will be awarded as above from Open events only.
- For relay events, only the fastest eligible team per club will score points.
- Cumulative points will be calculated following the completion of the last event with updates given at the end of each finals session
- The team with the highest points following the completion of the final event will be presented with the "Top Scottish National Open Club" Trophy.

## EVENT REGULATIONS

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- Entry and Entries to all events is expressly subject to each and all of these regulations and may, where appropriate, also require compliance with the facility provider's regulations.
- Permission for any person to enter or to remain within the venue notwithstanding possession of any ticket by that person is at the absolute discretion of the stewards and officers of Scottish Swimming and/or any police officer.
- No guarantee can be given by Scottish Swimming that the event will take place at a particular time or any particular date and Scottish Swimming reserves the right to reschedule the event without notice and without any liability for so doing.
- In the event of postponement, cancellation or abandonment of the event, refunds if any, will be made at the absolute discretion of Scottish Swimming. Scottish Swimming will have no legal liability to make a refund or to pay any form of consequential or indirect damage such as loss of enjoyment, travel and accommodation costs.
- The following are articles, which must not be brought within the venue (glasses, fireworks, smoke canisters, air horns, flares, glass bottles, weapons of any sort). Any person in possession of such items will be refused entry at the absolute discretion of any steward or officer of Scottish Swimming and/or police officer.
- No object may be thrown by spectators within the venue.
- No foul or abusive language, including racial or sexual abuse, may be used within venues.
- No alcohol may be consumed within events except in those areas specifically designated for such purposes and in accordance with any terms displayed in those areas.
- No person may for commercial purposes take photographs or use any video recording equipment inside events without the express written permission of Scottish Swimming. The taking of photographs or use of video equipment for non-commercial purposes is permitted subject to compliance with Scottish Swimming Guidelines. Coaches should obtain accreditation before using cameras. There will be no access to poolside for Club photography.
- In order to control digital photographs, mobile phones may be not be used in the changing village, toilets or shower areas.
- No flash photography permitted at any time within the competition pool hall.
- In the interests of Health and Safety reasons, hot food and hot drinks must not be taken into the pool hall.
- No articles, periodicals, publications, flyers or goods of any nature may be offered either free or for sale by any persons save only Scottish Swimming within events without the express written permission of Scottish Swimming.
- Any person entering events must at all times comply with any and all instructions of any steward or officer of Scottish Swimming and/or police officer. Failure to comply within a reasonable time with any such instruction will lead to the person being invited to leave.
- No tickets may be offered for resale within events. Any such tickets offered for sale may be confiscated by any steward or officer of Scottish Swimming or any police officer.
- Scottish Swimming reserves absolutely the right to eject from events any person failing to comply with each and all of the Event Regulations.
- All Scottish Swimming Committee Members, Staff etc should be aware that their registration card will gain them free admission to all Scottish Swimming Championships to include a programme and results.

# INFORMATION FOR FILE ENTRIES

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## Entries

- Entry files can be found on the SwimScotland website for download only:-  
<http://www.swimscotland.co.uk/>
- Entries should be sent to: [nationals@scottishswimming.com](mailto:nationals@scottishswimming.com)
- The subject line **MUST** be **National Open Championships (Club code)**
- Please ensure that you request a read receipt, if you wish confirmation of entries being received.
- The summary sheet and proof of entry time report should be returned with the entry file.
- Link to Hy-Tek website for Team Manager Lite, should you not have a copy of Team Manager  
<http://www.hy-tekltd.com/downloads.html>

Select Team Manager , then Lite

## Payment

- **Payment can be made directly to the Scottish Swimming Office by the following options:-**
  - Cheque payable to Scottish Amateur Swimming Association Ltd, National Events, Scottish Swimming, University of tirling, Stirling FK9 4LA
  - Credit or Debit card, telephone 01786 466520 (3% charge for Mastercard)
  - BACS please send an email to [nationals@scottishswimming.com](mailto:nationals@scottishswimming.com) requesting bank details

## Website Information

- As soon as possible after closing date, an entry list will be posted on the website for clubs to check <http://www.swimscotland.co.uk/> (there will be a time limit on returns)
- Any queries from the entry list should be directed to [nationals@scottishswimming.com](mailto:nationals@scottishswimming.com)
- A draft programme will then be posted on the SwimScotland <http://www.swimscotland.co.uk/> and Scottish Swimming <http://www.scottishswimming.com/compete/swimming/national-events.aspx> websites.
- Please note once the draft programme is posted no subsequent updates will be shown.

## APPLICATION SUMMARY

### 2017 SCOTTISH NATIONAL OPEN SWIMMING CHAMPIONSHIPS 29<sup>th</sup> June – 2<sup>nd</sup> July 2017, Aquatics Centre, Aberdeen Sports Village

This form must be completed and returned with payment.

<b>Club Name:</b>  <b>Club Contact's Name:</b>  <b>Address:</b>   <b>Postcode:</b>  <b>Telephone No:</b>  <b>Email*:</b>	

\*Email address is important for urgent distribution of information and updates pertaining to the Meet.

<b>Total Male Entries</b>	(No.)		@ £9.50 =	£
<b>Total Female Entries</b>	(No.)		@ £9.50 =	£
<b>Total Relay Entries</b>	(No.)		@ £20.00 =	£
<b>Total Coaches' Meal Tickets*</b>	(No.)		@ £18.00 =	£
<b>Overall Total</b>				<b>£</b>

\*Please also send the coaches meal form if you have requested meal tickets

#### Payment:-

	<b>Please tick ✓</b>
Cheque made payable to 'SASA' Ltd or	
Card payment made by contacting Scottish Swimming Office (3% charge for Mastercard)	
BACS please send an email to <a href="mailto:nationals@scottishswimming.com">nationals@scottishswimming.com</a> requesting details	

Form to be returned to: **National Events  
Scottish Swimming  
National Swimming Academy  
University of Stirling, Stirling  
FK9 4LA**

Tel: 01786 466520

Email: [nationals@scottishswimming.com](mailto:nationals@scottishswimming.com)

**TO BE RETURNED NO LATER THAN WEDNESDAY 7th JUNE 2017**

## COACHES MEALS

### 2017 SCOTTISH NATIONAL OPEN SWIMMING CHAMPIONSHIPS 29<sup>th</sup> June – 2<sup>nd</sup> July 2017, Aquatics Centre, Aberdeen Sports Village

Please complete should you require coach meals:-

Club:	
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Require meal tickets for the following days:

	Name	Name	Name	Name
29 <sup>th</sup> June				
30 <sup>th</sup> June				
1 <sup>st</sup> July				
2 <sup>nd</sup> July				

Coach Meal Pass per day (meals only) - £18.00

Please indicate with a (V) if vegetarian meals are required.

Please note that the cost for meal tickets is per coach/per day and includes a light lunch with tea and coffee and a 2 course meal in the afternoon.

### ANY CLUB NOT RETURNING THIS FORM WILL NOT BE ENTITLED TO MEALS

Payment:-

	Please tick ✓
Cheque made payable to 'SASA' Ltd or	
Card payment made by contacting Scottish Swimming Office (3% charge for Mastercard)	
BACS please send an email to <a href="mailto:nationals@scottishswimming.com">nationals@scottishswimming.com</a> requesting details	

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## PHOTOGRAPHY/MEDIA

Throughout this event Scottish Swimming will have a number of authorised media partners taking static photographs and video footage. These images are intended solely for the purposes of promotion and celebration of the activities and may include live streaming on the internet. Images will be made available to our media partners and uploaded to our website and our social network sites.

All parents, competitors, coaches and volunteers are required to acknowledge this is a public event and upon entering the swimming arena this may result in the recording and publication of his/her image.

Scottish Swimming may record the competition events and general images of swimmers for the purposes of education, training, swimmer analysis, performance, development and event promotion. Scottish Swimming will hold this information on file for the use of promotion, general information and marketing. This information will not be passed on to third party media partners.

Should any competitor wish not to be photographed please complete the form below. If at any time a competitor wishes a static image to be removed from our website, 7 days notice must be given to Scottish Swimming after which the data will be removed.

Further guidance can be found in our [Child Protection Policy](#).

## MEDIA/PHOTOGRAPHY REFUSAL OF CONSENT FORM



<b>Event:</b>	<b>2017 Scottish National Open Swimming Championships 29<sup>th</sup> June – 2<sup>nd</sup> July 2017, Aquatics Centre, Aberdeen Sports Village</b>
<b>Name of Swimmer:</b>	
<b>Club:</b>	

**I refuse permission for the Official Photographer of Scottish Swimming and its media partners to take and/or publish the images of me / my child. This includes the sharing of photos/images on your website and social media sites.**

<b>Signed:</b> (Parent/Carer if aged 16 or under):	
<b>Print Name:</b>	
<b>Date:</b>	

**Form to be returned to:** National Events  
Scottish Swimming  
National Swimming Academy  
University of Stirling, Stirling  
FK9 4LA

**Tel:** 01786 466520

**Email:** [nationals@scottishswimming.com](mailto:nationals@scottishswimming.com)



## SUPPLEMENTARY DISABILITY SWIMMING CONDITIONS & ENTRY STANDARDS

These supplementary conditions are to be adhered to in conjunction with the general conditions for the National Championships.

The following events will be integrated into the heats according to consideration times and eligibility criteria:

Event	Male	Female
50m Freestyle	S1 – S14	S1 – S14
100m Freestyle	S1 – S14	S1 – S14
200m Freestyle	S1 – S5 & S14	S1 – S5 & S14
400m Freestyle	S6 – S13	S6 – S13
50m Backstroke	S1 – S5	S1 – S5
100m Backstroke	S6 – S14	S6 – S14
50m Breaststroke	SB1 – SB3	SB1 – SB3
100m Breaststroke	SB4 – SB9, SB11 – SB14	SB4 – SB9, SB11 – SB14
50m Butterfly	S1 – S7	S1 – S7
100m Butterfly	S8 – S14	S8 – S14
200m IM	SM5 – SM14	SM5 – SM14

### Eligibility

#### **Functional (S1-S10, SB1-SB9, SM1-SM10)**

- All competitors must have an authorised British Swimming or IPC Swimming classification, which is held on the British Swimming or IPC Swimming classification database at the time of entry.

#### **Visual (S11-S13, SB11-SB13, SM11-SM13)**

- All competitors must have an authorised British Blind Sport, IBSA or IPC Swimming classification, which is held on the British Swimming or IPC Swimming classification database at the time of entry.

#### **Learning (S14, SB14, SM14)**

- All competitors must have an authorised INAS-FID or UKSA classification which is held on the database at the time of entry.

### **General**

- Consideration times must have been achieved in the 12 months immediately preceding the closing date and may be achieved in either long or short course events
- All swimmers qualifying will be integrated into the morning heats seeded by absolute time, subject to Importance Notice (Page 4).
- Placing and selection for finals shall be determined using the British Para-Swimming Points system
- The competition shall take place under the relevant IPC Swimming Rules.

### Medals

- Medals shall be awarded on a multi-classification basis to 1st, 2nd and 3rd place in each event. Medals shall be awarded to the top three athletes based on British Para-Swimming points system.
- If there are less than four competitors in any one event then a minus one ruling shall apply. If there is only one competitor in an event then a medal shall be awarded if he/she breaks the Scottish/British record (depending on eligibility), for their classification.
- Medals shall be awarded during the relevant session that the event has taken place. All swimmers shall be required to present themselves to the awards steward when notified.

### Accreditation

- All coaches and personal care attendants must have accreditation. Personal care attendants will only be permitted for swimmers in the following classes: S1, S2, S3, S4 and S11. Such attendants will be excluded from any restrictions and will be given the same accreditation as the swimmer for whom they have personal care responsibilities.
- A swimmer in any of the classes as specified above may have both a coach and a personal care attendant present.
- **Please see supplementary booklet for information on Coaches/Team Manager/Chaperone Passes and Accreditation.**

## CONSIDERATION TIMES

Event	Male	Female
<b>50m Freestyle</b>		
S1	02:29.23	02:14.58
S2	01:36.27	01:54.27
S3	01:07.49	01:14.62
S4	01:03.31	01:04.82
S5	00:54.75	00:59.50
S6	00:47.46	00:55.06
S7	00:45.63	00:53.22
S8	00:42.67	00:48.85
S9	00:41.60	00:46.22
S10	00:37.70	00:44.35
S11	00:42.43	00:49.33
S12	00:38.62	00:45.41
S13	00:38.74	00:44.80
S14	00:40.64	00:45.66

<b>100m Freestyle</b>		
S1	04:19.14	06:39.41
S2	03:57.34	05:28.18
S3	02:55.10	02:31.78
S4	02:17.68	02:37.71
S5	02:01.49	02:11.15
S6	01:45.94	01:59.09
S7	01:39.09	01:56.50
S8	01:33.01	01:44.26
S9	01:31.18	01:40.50
S10	01:22.37	01:37.49
S11	01:35.17	01:49.30
S12	01:25.82	01:37.74
S13	01:25.68	01:36.66
S14	01:27.66	01:37.74

<b>200m Freestyle</b>		
S1	08:12.64	10:35.89
S2	05:57.90	11:07.74
S3	05:24.96	05:39.17
S4	04:54.10	05:24.90
S5	04:17.04	04:34.19
S14	03:06.53	03:21.01

Event	Male	Female
<b>400m Freestyle</b>		
S6	08:14.26	08:34.19
S7	07:48.03	08:37.07
S8	07:16.45	07:42.96
S9	06:58.21	07:33.86
S10	06:31.41	07:18.85
S11	07:29.68	08:38.02
S12	06:45.01	08:12.22
S13	06:40.80	07:31.04

<b>50m Backstroke</b>		
S1	01:57.10	03:37.46
S2	01:20.37	01:46.80
S3	01:13.78	01:22.27
S4	01:11.07	01:22.59
S5	01:02.27	01:12.51

<b>100m Backstroke</b>		
S6	01:59.65	02:17.71
S7	01:54.32	02:13.79
S8	01:43.49	02:04.99
S9	01:43.14	01:53.07
S10	01:34.99	01:50.29
S11	01:49.25	02:08.46
S12	01:37.46	01:55.15
S13	01:35.28	01:49.60
S14	01:39.50	01:46.13

<b>200m IM</b>		
SM5	05:43.26	05:48.19
SM6	04:18.22	04:53.97
SM7	04:10.67	04:54.67
SM8	03:45.90	04:22.83
SM9	03:40.35	04:10.02
SM10	03:28.77	04:01.50
SM11	03:56.51	04:35.17
SM12	03:36.18	04:24.22
SM13	03:38.06	03:54.54
SM14	03:32.61	03:54.38

Event	Male	Female
<b>50m Breaststroke</b>		
SB1	03:26.32	03:37.31
SB2	01:26.86	02:17.42
SB3	01:19.07	01:36.99

<b>100m Breaststroke</b>		
SB4	02:34.00	03:03.20
SB5	02:29.46	02:48.34
SB6	02:12.37	02:35.39
SB7	02:08.34	02:29.15
SB8	01:57.70	02:08.96
SB9	01:45.30	02:02.99
SB11	01:56.61	02:16.75
SB12	01:49.30	02:10.00
SB13	01:46.74	02:01.97
SB14	01:48.21	02:03.76

<b>50m Butterfly</b>		
S1	00:00.00	00:00.00
S2	03:50.69	03:43.66
S3	02:15.86	02:26.70
S4	01:15.87	02:23.50
S5	00:56.99	01:13.18
S6	00:49.42	00:58.90
S7	00:48.11	00:56.74

<b>100m Butterfly</b>		
S8	01:37.63	01:52.85
S9	01:35.76	01:50.74
S10	01:30.40	01:47.97
S11	01:41.41	02:12.46
S12	01:32.88	01:51.94
S13	01:31.62	01:43.87
S14	01:36.27	01:52.16

# MULTI-CLASSIFICATION ENTRY FORM

## 2017 SCOTTISH NATIONAL OPEN SWIMMING CHAMPIONSHIPS 29<sup>th</sup> June – 2<sup>nd</sup> July 2017, Aquatics Centre, Aberdeen Sports Village

<b>Surname:</b>					<b>First Name:</b>					
<b>Address:</b>										
					<b>Post Code:</b>					
<b>Tel No.:</b>					<b>Email:</b>					
<b>DOB:</b>			<b>Membership No.</b>				<b>Male</b>		<b>Female</b>	
<b>Name of Club:</b>										
<b>Classification:</b>	<b>S</b>	( )	<b>SB</b>	( )	<b>SM</b>	( )				

Entry - £9.50 per individual entry Please make cheques payable to "SASA Ltd"	Title of Event, Date and Venue where consideration time was achieved	Entry Time Long/Short Course Times May Be Used
50m Freestyle S1-S14		
100m Freestyle S1-S14		
200m Freestyle S1-S5 & S14		
400m Freestyle S6-S13		
50m Backstroke S1-S5		
100m Backstroke S6-S14		
50m Breaststroke SB1-SB3		
100m Breaststroke SB4-9, SB11-14		
50m Fly S1-S7		
100m Fly S8-S14		
200m IM SM5-SM14		

Please return your completed entries to [p.wilson@scottishswimming.com](mailto:p.wilson@scottishswimming.com) or by post to:

Paul Wilson, Disability Performance Development Manager,

Scottish Swimming, National Swimming Academy, University of Stirling, Stirling, FK9 4LA

Signature of Competitor:		Date:	
I certify that the above information is correct:	(club secretary or coach)		

**Submitted times must be accurate. Failure to submit accurate times could lead to suspension from all events.**

**SWIMMERS ARE WARNED THAT RANDOM DOPING CONTROL MAY TAKE PLACE DURING THESE CHAMPIONSHIPS and if you are under 18 years of age on the first day of competition you are entering your parent/guardian should fill out the following paragraph:-**

I \_\_\_\_\_ agree to my son/daughter/ward \_\_\_\_\_  
If selected, being submitted to the doping control rules and protocols approved by British Swimming and to him / her submitting a sample of urine for analysis by the accredited laboratory.

**TO BE RETURNED NO LATER THAN WEDNESDAY 31 MAY 2017**

## COACH/TEAM MANAGER/POOLSIDE PASS INFORMATION

A pass is required for any coach/chaperone/team manager wishing to be poolside. Within the venue all coaches, team support staff and swimmers must wear their accreditation pass and have it visible at all times.

### Coaches/Chaperone/Team Manager pass - £30.00

A pass entitles you to entry for the whole of the Meet(s), Poolside Access, Start and Result Sheets and complimentary tea, coffee and soft drinks in the specified area.

**Without a valid pass any coach/chaperone/team manager will NOT be permitted on poolside.**

All passes must be worn by all team personnel and made visible at all times. Passes will be available for collection from the Coaches Information Desk on or after the first day of the Championships.

### APPLYING FOR A PASS

- All applications should be submitted online at <http://www.scottishswimming.com/compete/swimming/national-events.aspx>
- **Please Note: All chaperone/team manager passes must be confirmed by the Head Club/Team coach as detailed on the online application form**
- All applicants MUST be Disclosure Scotland/PVG/CRB checked through either: Scottish Swimming/ASA/WASA. It is the responsibility of the Club/Coach to ensure that, if they require their swimmers to have coach/chaperone representation on the poolside, their application is made in good time and that the relevant PVG/Criminal Records Bureau(CRB)/Disclosure & Barring Service(DBS) forms have been completed and sent to the Scottish Swimming/ASA/WASA office(s)
- Scottish Swimming will not issue any Coach/Chaperone Pass unless a person has a valid Disclosure Certificate/PVG/CRB through the Scottish Swimming/ASA/WASA. In-line with current legislation, valid Disclosure Certificates/PVG/CRB from any other agency, will not be accepted. If you have any queries regarding PVG/CRB certification, please contact your Governing Body or Scottish Swimming via email to [childprotection@scottishswimming.com](mailto:childprotection@scottishswimming.com)
- Coaches/Chaperones applying for passes from outside the UK should make arrangements for their National Governing Body to forward a letter of declaration to the CEO of Scottish Swimming that all applicants have conformed with their 'home country's' policy concerning child protection; Passes will not be issued without such a letter
- Applicants must submit one recent photograph (jpeg format). This can be done once the order is completed on the website. Previous applicants need not submit a photograph unless their appearance has changed dramatically or they wish to update the photograph held on file. Photographs should be taken under the same rules regarding passport photographs.
- Passes will be available for collection from the Coach/Swimmer Desk at our Scottish Swimming National Events

### Payment can be made by the following options:-

- Cheque payable to Scottish Amateur Swimming Association Ltd
- Credit or Debit card, telephone 01786 466520 (3% charge for Mastercard)
- BACS please send an email to [nationals@scottishswimming.com](mailto:nationals@scottishswimming.com) requesting bank details

For all further enquiries please email [nationals@scottishswimming.com](mailto:nationals@scottishswimming.com)

**Applications close on the 7 June 2017**

**Please Note: Any late applications will be charged £45.00 per pass**