Scottish Swimming

2016 SCOTTISH NATIONAL AGE GROUP SWIMMING CHAMPIONSHIPS

(Under FINA Rules & Scottish Swimming Regulations)

Tollcross International Swimming Centre

30th March – 3rd April 2016

(Licence No: L1/492/WD/APR16)

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2016 SCOTTISH NATIONAL AGE GROUP SWIMMING CHAMPIONSHIPS

MEET INFORMATION

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2016 SCOTTISH NATIONAL AGE GROUPS SWIMMING CHAMPIONSHIPS
(Under FINA Rules/Scottish Swimming Regulations)

EVENT VENUE DETAILS:

Dates: 30th March – 3rd April 2016
Venue: Tollcross International swimming Centre, Wellshot Road, Glasgow
Phone: 0141 276 8282
Pool: 10 lane x 50 metre (Full electronic timing)
Separate 4 lane x 25m warm-up and swim-down facility
Meet Promoters: Scottish Swimming National Swimming Committee

SESSION TIMES:

Wednesday - Sunday	Morning	Heats	Warm Up:	07.30
			Start:	08.30
	Afternoon	Heats	Warm Up:	12.00
			Start:	13.00
	Evening	Finals	Warm Up:	16.15
			Start:	17.15

NB. Session start times may be adjusted once all entries have been received and processed. Any new session times will be notified with confirmation of acceptances.

YOUTH EVENTS **Boys & Girls**	(Heats swum in the morning sessions)
15 years	
16 years	
17 years & over	

AGE GROUP EVENTS **Boys & Girls**	(Heats swum in the afternoon sessions)
11-13 years	
14 years	

For individual and relay events: Age is as at 31st December 2016

PROGRAMME OF EVENTS

INDIVIDUAL

50m, 100m, 200m Freestyle	Heats and Finals	
400m Freestyle	Heat Declared Winner	11-13, 14
400m Freestyle	Heats and Finals	15, 16, 17/over
800m, 1500m Freestyle	Heat Declared Winner	**Please see additional information**
50m, 100m, 200m Backstroke	Heats and Finals	
50m, 100m, 200m Breaststroke	Heats and Finals	
50m, 100m, 200m Butterfly	Heats and Finals	
200m Individual Medley	Heats and Finals	
400m Individual Medley	Heat Declared Winner	11-13, 14
400m Individual Medley	Heats and Finals	15, 16, 17/over

RELAYS

4 x 100m Freestyle	Heat Declared Winner
11–13 years	
14–16 years	
17 years & over	

4 x 200m Freestyle	Heat Declared Winner
14–16 years	
17 years & over	

4 x 100m Medley	Heat Declared Winner
11–13 years	
14–16 years	
17 years & over	

For individual and relay events: Age as at 31st December 2016

SCHEDULE OF EVENTS

Wednesday 30th March 2016	**Thursday 31st March 2016**
Session 1 ***Warm Up 07.30; Start 08.30***	**Session 4** ***Warm Up 07.30; Start 08.30***
Boys & Girls: 15, 16, 17 & over	**Boys & Girls: 15, 16, 17 & over**
Girls 200m Butterfly	Boys 200m Butterfly
Boys 50m Butterfly	Girls 50m Freestyle
Girls 100m Freestyle	Boys 200m Backstroke
Boys 200m Breaststroke	Girls 100m Backstroke
Girls 50m Backstroke	Boys 50 Breaststroke
Boys 100m Backstroke	Girls 200m Individual Medley
Girls 1500m Freestyle HDW	Boys 400m Freestyle
Boys 17 & over 4 x 200m Freestyle Relay HDW	Girls 17 & over 4x100 Medley Relay HDW
Boys 14-16 4 x 200m Freestyle Relay HDW	Girls 14-16 4x100 Medley Relay HDW
	Boys 17 & over 4x100 Medley Relay HDW
	Boys 14-16 4x100 Medley Relay HDW

Session 2 ***Warm Up 12.00; Start 13.00***	**Session 5** ***Warm Up 12.00; Start 13.00***
Boys & Girls: 11-13 & 14	**Boys & Girls: 11-13 & 14**
Girls 200m Butterfly	Boys 200m Butterfly
Boys 50m Butterfly	Girls 50m Freestyle
Girls 100m Freestyle	Boys 200m Backstroke
Boys 200m Breaststroke	Girls 100m Backstroke
Girls 50m Backstroke	Boys 50 Breaststroke
Boys 100m Backstroke	Girls 200m Individual Medley
Girls 1500m Freestyle HDW	Boys 400m Freestyle HDW
Boys 11-13 4 x 100m Freestyle Relay HDW	Girls 11-13 4x100 Medley Relay HDW

Session 3 – FINALS ***Warm Up: 16.15 Start: 17.15***	**Session 6 - FINALS** ***Warm Up: 16.15 Start: 17.15***
Girls 200m Butterfly	Boys 200m Butterfly
Boys 50m Butterfly	Girls 50m Freestyle
Girls 100m Freestyle	Boys 200m Backstroke
Boys 200m Breaststroke	Girls 100m Backstroke
Girls 50m Backstroke	Boys 50 Breaststroke
Boys 100m Backstroke	Girls 200m Individual Medley
	Boys 400m Freestyle

Finals will be swum from youngest to oldest age groups

SCHEDULE OF EVENTS		
Friday 1st April 2016	**Saturday 2nd April 2016**	**Sunday 3rd April 2016**
Session 7	**Session 10**	**Session 13**
Warm Up: 07.30; Start: 08.30	***Warm Up: 07.30; Start: 08.30***	***Warm Up: 07.30; Start: 08.30***
Boys & Girls: 15, 16, 17 & over	**Boys & Girls: 15, 16, 17 & over**	**Boys & Girls: 15, 16, 17 & over**
Girls 200m Freestyle	Girls 400 IM	Boys 400m Individual Medley
Boys 50m Freestyle	Boys 200m Freestyle	Girls 400m Freestyle
Girls 200m Breaststroke	Girls 100m Butterfly	Boys 50 Backstroke
Boys 100m Breaststroke	Boys 100m Butterfly	Girls 50 Butterfly
Girls 200m Backstroke	Girls 50 Breaststroke	Boys 100m Freestyle
Boys 1500m Freestyle HDW	Boys 200m Individual Medley	Girls 100m Breaststroke
Girls 17 & over 4x100 Freestyle Relay HDW	Girls 800m Freestyle HDW	Boys 800m Freestyle HDW
Girls 14-16 4x100 Freestyle Relay HDW	Boys 17 & over 4x100 Freestyle Relay HDW	Girls 17 & over 4x200 Freestyle Relay HDW
	Boys 14-16 4x100 Freestyle Relay HDW	Girls 14-16 4x200 Freestyle Relay HDW
Session 8	**Session 11**	**Session 14**
Warm Up: 12.00; Start: 13.00	***Warm Up: 12.00; Start:13.00***	***Warm Up: 12.00; Start: 13.00***
Boys & Girls: 11-13 & 14	**Boys & Girls: 11-13 & 14**	**Boys & Girls: 11-13 & 14**
Girls 200m Freestyle	Girls 400 IM HDW	Boys 400m Individual Medley HDW
Boys 50m Freestyle	Boys 200m Freestyle	Girls 400m Freestyle HDW
Girls 200 Breaststroke	Girls 100m Butterfly	Boys 50 Backstroke
Boys 100m Breaststroke	Boys 100m Butterfly	Girls 50 Butterfly
Girls 200m Backstroke	Girls 50 Breaststroke	Boys 100m Freestyle
Boys 1500m Freestyle HDW	Boys 200m Individual Medley	Girls 100m Breaststroke
Girls 11-13 4x100 Freestyle Relay HDW	Girls 800m Freestyle HDW	Boys 800m Freestyle HDW
	Boys 11-13 4x100 Freestyle Relay HDW	
Session 9 – FINALS	**Session 12 – FINALS**	**Session 15 - FINALS**
Warm Up: 16.15; Start: 17.15	***Warm Up: 16.15; Start: 17.15***	***Warm Up: 16.15; Start: 17.15***
Girls 200m Freestyle	Girls 400m Individual Medley	Boys 400m Individual Medley
Boys 50m Freestyle	Boys 200m Freestyle	Girls 400m Freestyle
Girls 200 Breaststroke	Girls 100m Butterfly	Boys 50 Backstroke
Boys 100m Breaststroke	Boys 100m Butterfly	Girls 50 Butterfly
Girls 200m Backstroke	Girls 50m Breaststroke	Boys 100m Freestyle
	Boys 200m Individual Medley	Girls 100m Breaststroke
Finals will be swum from youngest to oldest age groups		

ELIGIBILITY TO COMPETE

- All competitors must be registered with their National Federation to be eligible to compete (FINA Rule GR 1.1).
- To compete for a Scottish Club or Team at National Age Groups Championships, competitors must be registered with SASA and must have paid their current registration fee.
- Any athlete eligible to represent Scotland in accordance with Company Rules R4.5.3 who is not a member or a club affiliated to SASA, who wishes to be recognised as 'Scottish' must register with SASA.

National Eligibility – Scottish Swimming Company Rule R4.5.3
R4.5.3 - A competitor selected to represent Scotland must be a registered member of SASA as per SASA Constitution C3.3 or C.3.5.1. and must be either:

- A native of Scotland, **or**
- A person with a Scottish mother or father, **or**
- Satisfy either of the following residential criteria:
  - I. For the Commonwealth Games -
    In line with current Commonwealth Games Federation Regulations or Guidelines (see Commonwealth Games Swimming selection policy for details).
  - II. For all other Meets -
    A person who has been resident in Scotland for a minimum of 6 months in the 12 months prior to the first day of competition.
- Individual Age Group events and Relay events are defined as age at 31st December 2016.
- No more than 3 swimmers who do not qualify as Scottish (see above) will be allowed to progress into any Final.

QUALIFYING & CONSIDERATION TIMES

Consideration Times (CT) – may be used by competitors registered with SASA if they:

a) Are competing for a Scottish Club or Team, **or**

b) Qualify for National Eligibility (as defined by Company Rule R4.5.3) and are registered with SASA having paid their current registration fee.

Qualifying Times (QT)
Competitors as defined above with an entry time equal to or faster than the **Qualifying Times (QT**) will be guaranteed acceptance (subject to time verification). Entries slower than the Qualifying Time may be restricted in order to manage session lengths.

Non Scottish Time (Non Scot)
Entries submitted by all other swimmers must be equal or faster than the **Non Scottish Time (Non Scot)** With the exception of the 800m and 1500m events, these swimmers will be guaranteed entry acceptance (subject to time verification). 800m and 1500m entries may be restricted in order to manage session lengths.

Competitors must enter times achieved in accredited competitions held between March 14th 2015 and 14th March 2016 and either be 50 metre pool times or conversions to 50 metre pool times (Official conversion tables: Hy-tek standard conversion or ASA conversion tables may be used).

Team Entries
There are no consideration or qualifying times for Relays. Clubs should submit a time based on the individual times of the team members. This will be used for seeding purposes and must be capable of verification. If it is necessary to restrict the number of relay entries, this will be done on the basis of entry time.

Proof of Entry
A proof of entry times report is required in accordance with SW2.1.2.5. Random checks on entry times will be carried out prior to and during the event. Any swimmers submitting an unaccredited entry time will automatically be withdrawn from all entered events and will forfeit all entry fees.

The organisers reserve the right to restrict entries to ensure a good standard of competition. If it is necessary to reject entries, this will be done on the basis of entry time, slowest to fastest, excluding guaranteed acceptances as detailed above.

Male Entry Times

Event	*11-13*			*14*		
	Non Scot	*QT*	*CT*	*Non Scot*	*QT*	*CT*
50m Freestyle	0:29.60	0:31.37	0:32.01	0:27.96	0:28.82	0:29.41
100m Freestyle	1:04.36	1:07.72	1:09.10	1:00.23	1:03.22	1:04.51
200m Freestyle	2:19.86	2:28.47	2:31.50	2:12.63	2:16.42	2:19.20
400m Freestyle	4:53.73	5:04.39	5:10.60	4:37.47	4:40.67	4:46.40
800m Freestyle	10:12.00	10:32.07	10:44.97	9:36.43	9:39.59	9:51.41
1500m Freestyle	19:27.50	20:04.73	20:29.32	18:20.80	18:26.32	18:48.90
50m Backstroke	0:34.14	0:36.54	0:37.29	0:32.33	0:33.50	0:34.18
100m Backstroke	1:14.16	1:18.29	1:19.89	1:09.47	1:12.91	1:14.40
200m Backstroke	2:38.32	2:43.76	2:47.10	2:29.19	2:32.98	2:36.10
50m Breaststroke	0:38.24	0:41.59	0:42.44	0:36.05	0:37.41	0:38.17
100m Breaststroke	1:23.75	1:32.02	1:33.90	1:18.80	1:22.54	1:24.22
200m Breaststroke	2:59.21	3:11.59	3:15.50	2:47.80	2:53.26	2:56.80
50m Butterfly	0:32.49	0:35.87	0:36.60	0:30.17	0:32.15	0:32.81
100m Butterfly	1:13.10	1:21.05	1:22.70	1:07.75	1:12.48	1:13.96
200m Butterfly	2:43.40	2:56.79	3:00.40	2:33.04	2:39.22	2:42.47
200m I.M.	2:39.17	2:47.19	2:50.60	2:29.51	2:34.14	2:37.29
400m I.M.	5:38.72	5:55.04	6:02.29	5:16.56	5:21.05	5:27.60

Age as at 31st December 2016

Male Entry Times

Event	15			16			17 & over		
	Non Scot	QT	CT	Non Scot	QT	CT	Non Scot	QT	CT
50m Freestyle	0:26.59	0:27.36	0:27.92	0:26.07	0:26.61	0:27.15	0:24.57	0:25.07	0:25.58
100m Freestyle	0:57.49	0:58.84	1:00.04	0:56.01	0:57.11	0:58.28	0:53.40	0:53.67	0:54.77
200m Freestyle	2:05.92	2:08.66	2:11.29	2:02.47	2:06.03	2:08.60	1:57.35	1:59.53	2:01.97
400m Freestyle	4:26.24	4:27.74	4:33.20	4:18.91	4:22.35	4:27.70	4:09.41	4:16.24	4:21.47
800m Freestyle	9:12.85	9:20.28	9:31.71	8:53.45	9:00.39	9:11.41	8:45.86	8:54.44	9:05.35
1500m Freestyle	17:36.59	17:50.12	18:11.96	17:00.22	17:12.82	17:33.90	16:45.99	17:01.68	17:22.53
50m Backstroke	0:30.60	0:31.77	0:32.42	0:30.08	0:30.59	0:31.21	0:28.20	0:28.88	0:29.47
100m Backstroke	1:05.39	1:08.74	1:10.14	1:04.43	1:05.76	1:07.10	1:00.41	1:01.89	1:03.15
200m Backstroke	2:21.18	2:23.86	2:26.80	2:19.41	2:20.63	2:23.50	2:11.51	2:16.66	2:19.45
50m Breaststroke	0:34.11	0:35.41	0:36.13	0:33.16	0:33.58	0:34.27	0:31.18	0:32.03	0:32.68
100m Breaststroke	1:14.46	1:17.93	1:19.52	1:12.93	1:14.77	1:16.30	1:08.49	1:11.77	1:13.23
200m Breaststroke	2:39.26	2:43.76	2:47.10	2:37.05	2:38.56	2:41.80	2:27.49	2:33.08	2:36.20
50m Butterfly	0:28.53	0:30.12	0:30.73	0:28.09	0:28.72	0:29.31	0:26.42	0:26.61	0:27.15
100m Butterfly	1:03.42	1:06.35	1:07.70	1:02.06	1:03.54	1:04.84	0:58.21	0:58.85	1:00.05
200m Butterfly	2:21.63	2:29.24	2:32.29	2:18.66	2:23.28	2:26.20	2:09.58	2:15.48	2:18.25
200m I.M.	2:21.81	2:26.69	2:29.68	2:19.48	2:20.43	2:23.30	2:11.91	2:15.99	2:18.77
400m I.M.	5:02.13	5:08.80	5:15.10	4:57.19	5:01.74	5:07.90	4:42.72	4:49.32	4:55.22

Age as at 31st December 2016

Female Entry Times

Event	11-13			14		
	Non Scot	QT	CT	Non Scot	QT	CT
50m Freestyle	0:29.84	0:31.04	0:31.67	0:29.00	0:30.10	0:30.71
100m Freestyle	1:04.53	1:07.81	1:09.19	1:02.89	1:05.15	1:06.48
200m Freestyle	2:19.54	2:26.31	2:29.30	2:15.60	2:20.63	2:23.50
400m Freestyle	4:51.28	5:01.06	5:07.20	4:43.30	4:50.37	4:56.30
800m Freestyle	10:00.57	10:19.64	10:32.29	9:38.51	9:53.49	10:05.60
1500m Freestyle	19:06.07	19:41.43	20:05.54	18:24.71	18:52.39	19:15.50
50m Backstroke	0:33.94	0:35.99	0:36.72	0:33.28	0:34.20	0:34.90
100m Backstroke	1:13.21	1:17.22	1:18.80	1:10.92	1:13.21	1:14.70
200m Backstroke	2:37.16	2:42.48	2:45.80	2:31.55	2:35.33	2:38.50
50m Breaststroke	0:38.36	0:41.33	0:42.17	0:37.22	0:39.05	0:39.85
100m Breaststroke	1:23.55	1:29.28	1:31.10	1:21.01	1:24.67	1:26.40
200m Breaststroke	2:59.07	3:07.28	3:11.10	2:53.15	2:55.71	2:59.30
50m Butterfly	0:32.15	0:34.99	0:35.70	0:31.42	0:32.93	0:33.60
100m Butterfly	1:12.58	1:19.48	1:21.10	1:10.15	1:14.03	1:15.54
200m Butterfly	2:42.70	2:57.48	3:01.10	2:35.03	2:43.37	2:46.70
200m I.M.	2:38.00	2:45.82	2:49.20	2:34.15	2:38.73	2:41.97
400m I.M.	5:33.93	5:51.62	5:58.80	5:22.49	5:30.54	5:37.29

Age as at 31st December 2016

Female Entry Times

Event	15			16			17 & over		
	Non Scot	QT	CT	Non Scot	QT	CT	Non Scot	QT	CT
50m Freestyle	0:28.60	0:29.16	0:29.75	0:28.26	0:28.54	0:29.12	0:27.57	0:27.64	0:28.20
100m Freestyle	1:01.21	1:02.68	1:03.96	1:00.42	1:01.53	1:02.79	0:59.21	0:59.21	1:00.42
200m Freestyle	2:12.66	2:16.33	2:19.11	2:11.06	2:12.68	2:15.39	2:07.22	2:09.03	2:11.66
400m Freestyle	4:39.18	4:42.83	4:48.60	4:34.92	4:38.52	4:44.20	4:27.07	4:33.31	4:38.89
800m Freestyle	9:32.54	9:37.51	9:49.30	9:24.99	9:27.67	9:39.25	9:10.30	9:16.86	9:28.22
1500m Freestyle	18:13.51	18:22.44	18:44.94	17:59.36	18:03.97	18:26.09	17:31.81	17:43.70	18:05.41
50m Backstroke	0:32.69	0:33.01	0:33.68	0:32.16	0:32.48	0:33.14	0:31.35	0:31.60	0:32.25
100m Backstroke	1:09.87	1:10.27	1:11.70	1:08.40	1:08.99	1:10.40	1:06.46	1:06.84	1:08.20
200m Backstroke	2:30.09	2:30.09	2:33.15	2:27.18	2:27.18	2:30.18	2:23.53	2:25.02	2:27.98
50m Breaststroke	0:36.43	0:37.70	0:38.47	0:35.97	0:36.81	0:37.56	0:35.17	0:36.27	0:37.01
100m Breaststroke	1:19.32	1:22.20	1:23.88	1:17.97	1:20.16	1:21.80	1:17.01	1:19.66	1:21.29
200m Breaststroke	2:49.16	2:52.58	2:56.10	2:46.27	2:51.11	2:54.60	2:44.27	2:49.54	2:53.00
50m Butterfly	0:30.54	0:31.89	0:32.54	0:30.15	0:30.84	0:31.47	0:29.37	0:29.69	0:30.30
100m Butterfly	1:07.71	1:10.53	1:11.97	1:06.63	1:08.70	1:10.10	1:04.74	1:06.86	1:08.22
200m Butterfly	2:30.60	2:37.14	2:40.35	2:27.50	2:33.12	2:36.24	2:21.88	2:27.93	2:30.95
200m I.M.	2:30.42	2:33.34	2:36.47	2:27.64	2:31.07	2:34.15	2:24.77	2:26.98	2:29.98
400m I.M.	5:18.57	5:23.90	5:30.51	5:12.55	5:18.25	5:24.74	5:06.31	5:15.18	5:21.61

Age as at 31st December 2016

ENTRIES

Individual Events: £9.50 Relays: £20.00

All cheques/postal orders should be made payable to 'SASA Ltd'. No entries will be accepted without the correct fee, or with the Entry Files incorrectly completed. Entry fees will not be refunded for any times submitted out-with the consideration time. No refunds will be given after the programme has been finalised.

Making Entries

Entries will be by computer files, which are downloadable from Swimscotland and Scottish Swimming websites. The closing date for receipt of entries is **Monday 14th March 2016.** The entry files must be e-mailed to nationals@scottishswimming.com. Only official files are acceptable. The fees and other paperwork (within a maximum of 3 days following the closing date) should be sent to:

Scottish Swimming, University of Stirling, FK9 4LA Phone: 01786 466520

Team Entries

There is no restriction on the number of teams clubs may enter. Notification of provisional team members should be submitted prior to the Championships by either spreadsheet or word document to nationals@scottishswimming.com

Please submit individual accredited times for each team member and reserves. The submitted relay entry time should be the sum of the accredited times for each provisional team member.

Changes to Relay Teams

Changes can be made up to 1 hour prior to the start of the appropriate session on team line forms and handed to the Recorder's Desk. After this time, no changes to swim order or swimmers shall be permitted except in the event of medical emergency.

If it becomes necessary to restrict the number of entries received, teams will be selected on a time basis whether they are A or B teams.

Please Note: include all relay swimmers who have not been entered in individual events on to the originally submitted HyTek file. (This is to ensure that you are issued with the required number of swimmer passes and to ensure a more streamlined process on the day)

WITHDRAWALS

Heats

Any withdrawals (including reserves) or amendments prior to the first day of the Championships should be notified to nationals@scottishswimming.com by email providing full details (Name, Event No. entry time and Event rank no.) or withdrawal form.

Withdrawals for Session 1 must be notified by email to nationals@scottishswimming.com no later than **6.00pm on Tuesday 29th March 2016**. Withdrawals for Sessions 4, 7, 10 and 13 (morning sessions) not previously notified must be lodged at the Recorder's Desk no later than the 6.00 pm on the day prior to the event. Withdrawals for Sessions 2, 5, 8, 11 and 14 (afternoon sessions) not previously notified must be lodged at the Recorder's Desk no later than 10am on day of the event.

Swimmers failing to comply with the above (except in the case of a genuine illness or proven emergency) will be liable to a £10.00 fine for each inappropriate withdrawal.

Finals

Should you wish to withdraw from a Final (including reserves), you must inform the Recorders in writing on the appropriate form within 30 minutes of finalist's lists having been published or announced. Swimmers who fail to appear for Finals will be fined and may be subject to further disciplinary action. A

maximum of 2 reserves will be nominated for Finals.

Any competitor withdrawing from a Final in such a manner as to prevent a reserve taking part (except in the case of a genuine illness or proven emergency), shall be suspended immediately from all further events at the Championships). Where a reserve is brought in at short notice, the reserve shall occupy the vacant lane – there will be no re-seeding.

Team withdrawals

Withdrawals for relays swum in the morning sessions must be lodged no later than 6.00pm on the day prior to the event. Withdrawals for relays swum in the afternoon sessions must be lodged by 10.00 am on the day of the event. Withdrawals should be done at the recorders desk.

800 free and 1500 free

Please note: Reconfirmation of the above events is not required

Routine withdrawals for the 800 and 1500 freestyle must be made in accordance with the correct procedures and within the appropriate time frame as per the meet information for withdrawals.

For the above events only (1500m and 800m boys and girls) and in all age groups, the non-Scottish time will be treated as a consideration time rather than a qualifying time.

GENERAL INFORMATION

Anti Doping
Please note that anti doping may be in operation at any Scottish event. All swimmers not registered with SASA or the Amateur Swimming Association (ASA) /Welsh Amateur Swimming Association (WASA) will be required to sign an agreement to undergo tests as required in accordance with FINA Law. N.B. SASA, ASA and WASA swimmers will have signed an agreement when submitting their registration fee.

Swimmers Passes
All swimmers participating in the Championships will be issued with a pass which will allow them access to the changing village, designated seating areas and poolside. Within the venue, swimmers **MUST** wear their accreditation pass and have it visible at all times.

Coaches/Chaperones/Team Managers Passes
A pass is required for any coach/chaperone/team manager wishing to be poolside. Within the venue all coaches, chaperones, team support staff and swimmers **MUST** wear the appropriate accreditation pass and have it visible at all times.

Swimwear
British Swimming and ASA advise that FINA BL8.1 only applies to Olympic Games and FINA events. A suit check will only be made if a World or European record is claimed. There is no requirement for officials to check that costumes are on the approved FINA list. Bylaws BL 8.2 and BL 8.3 cover our requirement for design and material.

Please Note – for the Heats 'Over the Top Starts' will be used where appropriate.

Training Prior to Championships
It may be possible to arrange some training times directly with the pool on Tuesday 29th March 2016. This would be subject to availability. Please contact The Duty Manager at Tollcross International Swimming Centre

Phone: 0141 276 8282

AWARDS & PRESENTATIONS

Individual awards

Medals shall be presented as follows:

- Scottish Age Group Open Champion 1st 2nd and 3rd
- Scottish National Age Group Champion 1st (provided the individual is not also the Open Champion)
- Scottish National Age Group Champion must be a registered member of Scottish Swimming

Special awards

Trophies (1 male/1 female) to be awarded to the best performance by a boy and girl aged 16 and under, calculated on the basis of the FINA points for 1 single event.

Sharp Trophies (1 male/1female) to be awarded to the best performance by a Boy and Girl 12 years and under for the 200m Individual Medley.

Top Scottish Age Group Club Award

Points will be calculated as follows : 1st - 13 points: 2nd – 11 points: 3rd –9 points: 4th to 10th place: 7 points down to 1 point. Relays will be awarded points as follows: 1st – 26 points: 2nd – 22 points: 3rd – 18 points: 4th to 10th place: 14 points down to 2 points. Please see below conditions for this award.

- Clubs must be registered with Scottish Swimming. For the purposes of the competition, "Club" is defined as any individual or composite team registered with Scottish Swimming.
- Points will be allocated to the club of representation as per the closing date for entries to the Scottish Age Group Championships
- An individual swimmer can only be counted for 1 individual event per day, using their best scoring event of each day
- Swimmers scoring points for clubs in either individual or relay events must be resident or undertake the majority of training within Scotland
- The highest scoring eligible relay team per club only will be counted for relay events
- Scores will be derived from finals (from the position finished within the final) and HDW events only
- Final points will be calculated following the completion of the last event with updates given at the end of each finals session
- The team with the highest amount of points following the completion of the final event will be presented with the "Top Age Group Club" Award.
- Swimmers over the age of 18 will not be eligible to score points towards the Top Club Award. In the oldest age group for both boys and girls, points will be allocated to the top 10 swimmers aged 18 and under.

PRESENTATIONS

Swimmers must report to the Presentation Marshal immediately upon completing their race and picking up their dry clothes from the holding area. Appropriate clothing must be worn for the presentations. It is the responsibility of the Coach/Team Manager to ensure that medallists, or a deputy be available for presentation as per the presentation schedule, a copy of which will be included in your club envelope and posted around the pool. Failure of a swimmer or depute to attend the appropriate presentation will result in the swimmer forfeiting his/her medal.

EVENT REGULATIONS

Entry and Entries to all events is expressly subject to each and all of these regulations and may, where appropriate, also require compliance with the facility provider's regulations:

- Permission for any person to enter or to remain within the venue notwithstanding possession of any ticket by that person is at the absolute discretion of the stewards and officers of Scottish Swimming and/or any police officer.

- No guarantee can be given by Scottish Swimming that the event will take place at a particular time or any particular date and Scottish Swimming reserves the right to reschedule the event without notice and without any liability for so doing.

- In the event of postponement, cancellation or abandonment of the event, refunds if any, will be made at the absolute discretion of Scottish Swimming. Scottish Swimming will have no legal liability to make a refund or to pay any form of consequential or indirect damage such as loss of enjoyment, travel and accommodation costs.

- The following are articles, which must not be brought within the venue (glasses, fireworks, smoke canisters, flares, glass bottles, weapons of any sort). Any person in possession of such items will be refused entry at the absolute discretion of any steward or officer of Scottish Swimming and/or police officer.

- No object may be thrown by spectators within the venue.

- No foul or abusive language or other offensive words such as racial or sexual abuse may be used within venues.

- No alcohol may be consumed within events except in those areas specifically designated for such purposes and in accordance with any terms displayed in those areas.

- No person may for commercial purposes take photographs or use any video recording equipment inside events without the express written permission of Scottish Swimming. The taking of photographs or use of video equipment for non-commercial purposes is permitted subject to compliance with Scottish Swimming Guidelines with regard to video recording and zoom photography.

- Should you wish to use your mobile phone for photographic purposes on poolside the procedure above must be followed.

- No flash photography permitted at anytime within the competition pool hall.

- In order to control digital photographs, mobile phones may not be used in the changing village.

- In the interests of Health and Safety, hot food and hot drinks must not be taken into the pool hall.

- No articles, periodicals, publications, flyers or goods of any nature may be offered either free or for sale by any persons save only Scottish Swimming within events without the express written permission of Scottish Swimming.

- Any person entering events must at all times comply with any and all instructions of any steward or officer of Scottish Swimming and/or police officer. Failure to comply within a reasonable time with any such instruction will lead to the person being invited to leave.

- No tickets may be offered for resale within events. Any such tickets offered for sale may be confiscated by any steward or officer of Scottish Swimming or any police officer.

- Scottish Swimming reserves absolutely the right to eject from events any person failing to comply with each and all of the Event Regulations.

PHOTOGRAPHY/MEDIA

Throughout this event Scottish Swimming will have a number of authorised media partners taking static photographs and video footage. These images are intended solely for the purposes of promotion and celebration of the activities and may include live streaming on the internet**.** Images will be made available to our media partners and uploaded to our website and our social network sites.

All parents, competitors, coaches and volunteers are required to acknowledge this is a public event and upon entering the swimming arena this may result in the recording and publication of his/her image.

Scottish Swimming may record the competition events and general images of swimmers for the purposes of education, training, swimmer analysis, performance, development and event promotion. Scottish Swimming will hold this information on file for the use of promotion, general information and marketing. This information will not be passed on to third party media partners.

Should any competitor wish not to be photographed please complete the attached form. If at any time a competitor wishes a static image to be removed from our website, 7 days notice must be given to Scottish Swimming after which the data will be removed.

Further guidance can be found in our Child Protection Policy

INFORMATION FOR FILE ENTRIES

Entries

- Entry files can be found on the SwimScotland website for download only: http://www.swimscotland.co.uk/
- Entries should be sent to: nationals@scottishswimming.com
- The subject line **MUST** be **National Age Groups 2016**
- Please ensure that you request a read receipt, if you wish confirmation of entries being received.
- The summary sheet and proof of entry time report should be returned with the entry file.
- Link to Hy-Tek website for Team Manager Lite, should you not have a copy of Team Manager

  http://www.hy-tekltd.com/downloads.html Select Team Manager , then Lite

Payment

- Payment should be made directly to the Scottish Swimming Office.
- This can either be sent to the office with the summary sheet and a cheque or payment can be made by credit card and the summary sheet forwarded separately.

Website Information

- As soon as possible after closing date, an entry list will be posted on the website for clubs to check http://www.swimscotland.co.uk (there will be a time limit on returns)
- The entry list will show acceptances, reserves and scratches
- Any queries from the entry list should be directed to nationals@scottishswimming.com
- A draft programme will then be posted on the SwimScotland http://www.swimscotland.co.uk and Scottish Swimming http://www.scottishswimming.com/compete/swimming/national-events.aspx websites.

COACHES MEALS

Coach Meal Pass per day (meals only) - **£17.50**

Please complete form below should you require coach meals.

Scottish National Age Group Championships, 30th March – 3rd April 2016
Tollcross International Swimming Centre

COACHES MEAL FORM

Club:	

Require meal tickets for the following days:

	Name	Name	Name	Name
30th March				
31st March				
1st April				
2nd April				
3rd April				

Please indicate with a (V) if vegetarian meals are required.

Please note that the cost for meal tickets is per coach/per day and includes a light lunch with tea and coffee and a 2 course meal in the afternoon.

ANY CLUB NOT RETURNING THIS FORM WILL NOT BE ENTITLED TO MEALS

Forms to be returned to: **Scottish Swimming**
University of Stirling
Stirling, FK9 4LA

Tel: **01786 466520**
email: **nationals@scottishswimming.com**

TO BE RETURNED BY 14th MARCH 2016

Scottish National Age Group Championships, 30th March – 3rd April 2016
Tollcross International Swimming Centre

APPLICATION SUMMARY

This form must be completed and returned with payment.

Club Name:	
Club Contact's Name:	
Address:	
Postcode:	
Telephone No:	
Email:	

Total Male Entries	(No.)		@ £9.50 =	**£**
Total Female Entries	(No.)		@ £9.50 =	**£**
Total Relay Entries	(No.)		@ £20.00 =	**£**
Total Coaches' Meal Tickets	(No.)		@ £17.50 =	**£**
			Total Value of Cheque Enclosed	**£**

Make cheque payable to **'SASA Ltd'**

Form to be returned to:
Scottish Swimming
University of Stirling
Stirling FK9 4LA

Email: nationals@scottishswimming.com
Phone: **01786 466520**

TO BE RETURNED BY 14th MARCH 2016

Scottish National Age Group Championships, 30th March – 3rd April 2016
Tollcross International Swimming Centre

MEDIA/PHOTOGRAPHY REFUSAL OF CONSENT FORM

Name of Swimmer:	
Club:	

I refuse permission for the Official Photographer of Scottish Swimming and its media partners to take and/or publish the images of me / my child. This includes the sharing of photos/images on your website and social media sites.

Signed **(Parent/Carer if aged 16 or under):**	
Print Name:	
Date:	

Please return your completed form to:
nationals@scottishswimming.com
Scottish Swimming, National Swimming Academy, University of Stirling, Stirling, FK9 4LA

2016 National Swimming Events and Grand Prix Events

Coach/Chaperone/Team Manager Poolside Pass

Information & Application Pack

COACH/CHAPERONE/TEAM MANAGER POOLSIDE PASS FOR 2016

A pass is required for any coach/chaperone/team manager wishing to be poolside. Within the venue all coaches, team support staff and swimmers must wear their accreditation pass and have it visible at all times.

Charges for 2016 are as follows:-

Annual Pass (covering all events):	**£65.00**
Scottish National Age Group Championships:	**£30.00**
Scottish National Open Championships:	**£30.00**
Scottish Summer Meet:	**£25.00**
Scottish Team Championships:	**£10.00**
Scottish National Short Course Championships:	**£25.00**
Lost/Replacement Pass:	**£10.00**

A pass entitles you to entry for the whole of the Meet(s), Poolside Access, Start and Result Sheets, and complimentary tea, coffee and soft drinks in the specified area.

Without a valid pass any coach/chaperone/team manager will NOT be permitted on poolside.

All passes must be worn by all team personnel and made visible at all times. Passes will be available for collection from the Coaches Information Desk on or after the first day of the Championships.

APPLYING FOR A PASS

- All applications should be submitted on the attached form and forwarded to Ms M Orr, Scottish Swimming, National Swimming Academy, University of Stirling, Stirling, FK9 4LA.
- **Please Note: All chaperone/team manager passes must be confirmed by the Head Club/Team coach as detailed on the application form.**
- All applicants MUST be Disclosure Scotland/PVG/CRB checked through either: Scottish Swimming/ASA/WASA. It is the responsibility of the Club/Coach to ensure that, if they require their swimmers to have coach/chaperone representation on the poolside, their application is made in good time and that the relevant PVG/Criminal Records Bureau(CRB)/Disclosure & Barring Service(DBS) forms have been completed and sent to the Scottish Swimming/ASA/WASA office(s).
- Scottish Swimming will not issue any Coach/Chaperone Pass unless a person has a valid Disclosure Certificate/PVG/CRB through the Scottish Swimming/ASA/WASA. In-line with current legislation, valid Disclosure Certificates/PVG/CRB from any other agency, will not be accepted.
- Coaches/Chaperones applying for passes from outside the UK should make arrangements for their National Governing Body to forward a letter of declaration to the CEO of Scottish Swimming that all applicants have conformed with their 'home country's' policy concerning child protection; Passes will not be issued without such a letter.
- New applicants must submit one recent electronic photograph (preferably in jpeg format). Previous applicants need not submit a photograph unless their appearance has changed dramatically or they wish to update the photograph held on file. Photographs should be taken under the same rules regarding passport photographs.

PAYMENT

Payment of the appropriate fee can be made by either:-

Debit or credit card: (not electron or American Express) — by telephoning the office – contact: Melanie Orr, tel. no. - 01786 466471. Please note there is a 3% charge for using a Credit Card.

Cheque: — made payable to: 'SASA Ltd' and posted to: Scottish Swimming, National Swimming Academy, University of Stirling, Stirling, FK9 4LA

All applications should be submitted via the Entry/Club Secretary and forwarded to: **Ms Melanie Orr, Scottish Swimming, National Swimming Academy, University of Stirling, Stirling, FK9 4LA**

Application forms which arrive late or which are incomplete will not be processed.

If you have any queries regarding Disclosure Scotland/PVG/CRB certification, please contact:
Melanie Orr or Eilidh McCall-Lawrie by email: childprotection@scottishswimming.com

SCOTTISH SWIMMING NATIONAL CHAMPIONSHIPS
2016 INDIVIDUAL MEET COACH/CHAPERONE/TEAM MANAGER PASS

Applications must be made by the Head Club/Team Coach. Please ensure that the form is completed fully in block capitals. Please note that we reserve the right to refuse applications.

Tollcross International Swimming Centre ☐ **£30 Closing Date 14th March 2016**

COACH		**CHAPERONE**		**TEAM MANAGER**		(please confirm by entering a tick in the relevant box);

Applicant's Details

Surname:	
Forename(s):	
Home Address:	
	Postcode:
Telephone Number:	
Email Address:	
Membership No:	
Signature:	

Head Club/Team Coach details:

Application Made by (Name):	
Head Coach (Club Name):	
Telephone Number:	
Email Address:	
Signature:	

Please ensure the following are complete/included (please confirm by entering a tick in the relevant box):-

Valid Enhanced Disclosure: (please do not send certificate)	
Payment: Cheque made payable to 'SASA' Ltd or Card payment made by contacting Scottish Swimming Office	
Photograph: emailed to: m.orr@scottishswimming.com	

Send completed form, photograph and cheque to;
Melanie Orr, Scottish Swimming, National Swimming Academy, University of Stirling, Stirling, FK9 4LA

LATE APPLICATIONS WILL NOT BE CONSIDERED