

SCOTTISH AMATEUR SWIMMING ASSOCIATION



MILK! IN SPORT

Scottish National Swimming and Diving Championships 1989

Royal Commonwealth Pool

Edinburgh

16 ~ 17 ~ 18 June



A MESSAGE FROM MR. J.R. LAIDLAW,

CHIEF EXECUTIVE, SCOTTISH MILK MARKETING BOARD

I SHOULD LIKE TO EXTEND MY BEST WISHES AND THOSE OF THE BOARD, TO ALL THOSE INVOLVED IN THE 1989 SCOTTISH NATIONAL LONG COURSE CHAMPIONSHIPS.

WE SPONSOR A WIDE VARIETY OF SPORTS INCLUDING RUNNING, ATHLETICS, CYCLING, BASKETBALL, HIGHLAND GAMES, AND HOCKEY - INDEED, ANYTHING WHERE FITNESS AND ENERGY ARE OBVIOUS.

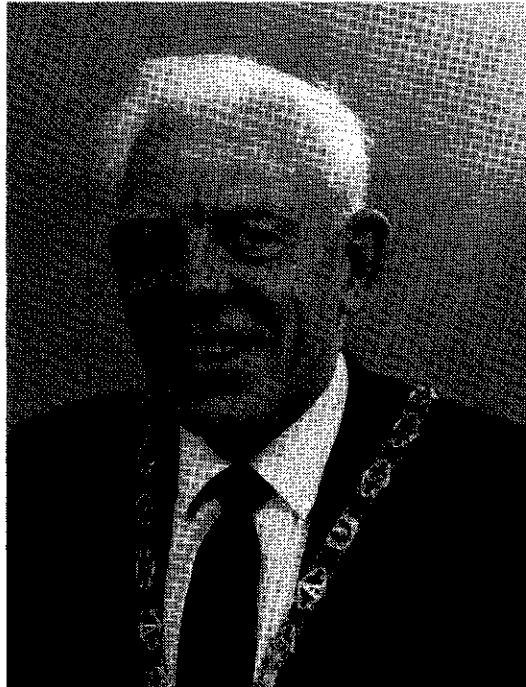
SWIMMING CERTAINLY FITS INTO THIS CATEGORY AND I HOPE AND TRUST THAT THE COMPETITORS AT THESE CHAMPIONSHIPS WILL BENEFIT FROM THE SUPPLIES OF COOL FRESH MILK WHICH WILL BE AVAILABLE TO THEM DURING THE EVENT.

ONCE AGAIN, BEST WISHES AND GOOD LUCK FOR A SUCCESSFUL AND ENJOYABLE SWIM MEET.

J.R. LAIDLAW,
CHIEF EXECUTIVE



SCOTTISH AMATEUR SWIMMING ASSOCIATION



On behalf of the Scottish Amateur Swimming Association I would like to welcome all competitors, coaches and officials to our National Swimming and Diving Championships.

In the lead up to the Commonwealth Games in Auckland next year, this event takes on added significance for many competitors. I therefore look forward to keen competition and many outstanding performances.

I wish all swimmers and divers the best of luck and hope they reach their personal objectives.

I would like to express the Association's gratitude to our sponsors, The Scottish Milk Marketing Board, and also to thank the Edinburgh District Council for the use of their marvellous facilities and their continued support. Our thanks are also due to the pool management and staff for their help.

Donald McGillivray

**Donald McGillivray
President**



THE RT. HON.
ELEANOR McLAUGHLIN

*City Chambers,
Edinburgh,*



It is my very great pleasure to welcome to Edinburgh all who are taking part in this most prestigious event - The Milk in Sport Scottish National Swimming and Diving Championships 1989.

I am delighted that these Championships are being held at the Royal Commonwealth Pool here in Edinburgh. I hope that everyone, competitors, officials and spectators, will enjoy the events which are taking place from 16th - 18th June.

I also hope that, as well as being involved in the Championships, you will have time to see something of our beautiful City. Edinburgh has much to offer the visitor and I hope you will have an opportunity to sample the variety of entertainment available.

I am looking forward to three days of exciting competition and wish you all a successful and enjoyable Championship.

Eleanor G. McLaughlin

Lord Provost

OFFICIALS OF THE SCOTTISH AMATEUR SWIMMING ASSOCIATION

PRESIDENT: Mr. Donald McGillivray VICE PRESIDENT: Mr. Jimmy McWhir

GENERAL SECRETARY: Mr. Bill Black GENERAL TREASURER: Mr. Mike Sheppard

DIRECTOR OF SWIMMING: Mr. Hamilton Smith

ADMINISTRATOR: Mrs. Rita Hallam

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TECHNICAL OFFICIALS

REFEREES, STARTERS, JUDGES, TIMEKEEPERS AND RECORDERS

From the S.A.S.A. List

....

ORGANISING COMMITTEE CONVENER

Mr. Andrew Taylor

....

SWIMMING COMMITTEE CONVENER

Mr. Ron Taylor

....

DIVING COMMITTEE CONVENER

Mr. Bill Law

....

MEETING HELD UNDER S.A.S.A. RULES

INFORMATION

WARM UPS

These will be conducted in a controlled manner. Both the 50m pool and the teaching pool will be available during the allocated period prior to the start of each session. The teaching pool will be available throughout the period of the meet.

TEAM LINES FOR RELAY EVENTS

These will be available at the Recorder's Table and should be returned duly completed prior to the start of the session and must indicate Junior or Senior. Year of birth of Junior must be shown.

2 Open Relay and 1 Junior Relay Team - swimmers are not transferable between teams.

PRESENTATION OF AWARDS

These will take place after the following event to the first three placed in each event. Recipients should assemble "appropriately dressed" in Club gear at the presentation assembly area. Anyone not present at the correct time will risk not receiving their medal.

Team Awards: Robertson Trophy (Club Championship of Scotland)

CONDITIONS OF ROBERTSON TROPHY:

- a. The championship shall be open to Clubs registered with the S.A.S.A.
- b. The award shall be made to a male club, female club, or one section of a mixed club.
- c. The rules for the Robertson Trophy state that the competition is confined to events in the National Open Championships.
- d. Juniors who enter the National Open Championships may win points towards the Robertson Trophy in the National Open Final or the Consolation Final.
- e. 3 Team Entries (2 Open, 1 Junior) may be entered. The Teams counting towards the Robertson Trophy must be identified prior to their event. Double Points awarded in Team Events.
- f. Robertson Trophy points will be awarded to Scots swimming with Scottish clubs by ranking from both Finals and Consolation Finals.

COMBINED OPEN AND AGE GROUP CHAMPIONSHIPS:

Certain events ie., Mens 1500m Free/400m I.M. and Womens 800m Frees/400m I.M. are combined Open and Age Group events.

The mens and womens 400m Freestyle combine the Open and the 17/18 and 19/24 Age Group events.

The 17/18 and 19/24 Age Group Championships Medley and Freestyle Relays have also been included in this Meet.

For the Age Group events the first three placed competitors will be awarded medals and the first six competitors will receive Esso pennants. The Age Group results will be taken into consideration for the Waldie Cup and the Esso Trophy.

SCOTTISH NATIONAL JUNIOR CHAMPION:

The determination of the Scottish National Junior Champion will use the following criteria:

1. The Champion will have National Eligibility as in Rule 47(2) (A), (B) or (C).
2. The eight fastest swimmers from the Open Championships Heats will go forward and swim in the Open Championships Final.
3. The Junior Championship Trophy/Title will be awarded to the fastest Junior, with National eligibility, in the Open Championships Final. In Heat Declared Winner Events the Trophy/Title will be awarded to the fastest Junior in the Event. In the circumstances of no Junior with National eligibility reaching the Final, Trophy/Title will go to the fastest Junior in the Heats.
4. The Open Championships Consolation Final will not count for Junior Trophies/Titles and will consist of the eight swimmers ranked 8-16 from the open Championships Heats.

YOUTH COMPETITION:

This is a separate event and consists of the following age categories. Boys 15/Under - 13/Under - 11/Under (Relays). Girls 14/Under - 13/Under and 11/Under Relays only.

These events will not count towards any trophies or awards in the National Age Group or Open Championships. The first 3 places in each event will receive medals.

NATIONAL SQUAD SELECTION:

For the Season 1989/90 there will be 4 National Squads as follows:

1. Commonwealth Games Squad: Open
2. Senior Squad: Boys born 1972 and earlier
 Girls born 1973 and earlier
3. Esso Youth Squad: Boys born 1973/75
 Girls born 1974/75
4. Esso Junior Squad: Boys born 1975/76 and 77
 Girls born 1976/77.

Consideration may be given to variations within these groups on an exceptional basis.

Selection for these squads will be based mainly upon performance at National Long Course and National Age Groups, covering the range of strokes and distances. Swimmers will be informed of their selection as soon as possible, probably in early August.

COMMONWEALTH GAMES SELECTION POLICY - AUCKLAND 1990 - SWIMMING

The selection criteria and qualifying times, as a guideline for selection are:

1. The Scottish Selectors will consider times achieved at recognised Long Course competitions held between 1st January-19th November 1989.
2. The team selection will be made following the 1989 European Championships (from 12-20th August) in Bonn. The final team selection will take place immediately following the English Winter Championships (from 15-19th November) in Leeds.
3. Swimmers achieving the qualifying standard (up to a maximum of 3 per event) will qualify for selection - subject to fitness and current form.
4. Consideration will be given to swimmers who have not achieved the qualifying standard in order to submit the strongest possibly relay teams.

DIVING

The selection criteria and qualifying standards, as a guideline for selection are:

The Scottish selectors will consider performances achieved at the following recognised events: Welsh ASA Championships (4-5 May) Cardiff; Scottish National Championships (17-18 June) Edinburgh; ASA Winter Championships (18-22 October) Crystal Palace, London.

Final team selection will take place immediately following the ASA Winter Championships on 22 October 1989.

Divers achieving 3rd place or higher in any of the recognised competitions will qualify for the selection subject to fitness and current form, providing these championships are of a comparable standard.

Should no diver achieve the above criteria, consideration will be made according to circumstances.

QUALIFYING STANDARDS FOR 1990 COMMONWEALTH GAMES

	MEN	WOMEN
50 Freestyle	23.44	26.99
100 Freestyle	51.56	58.70
200 Freestyle	1.53.71	2.04.33
400 Freestyle	3.57.18	4.20.33
1500/800 Freestyle	15.39.49	8.54.71
100 Backstroke	58.92	1.05.30
200 Backstroke	2.06.07	2.20.32
100 Breaststroke	1.05.59	1.13.65
200 Breaststroke	2.22.17	2.37.62
100 Butterfly	56.07	1.03.46
200 Butterfly	2.02.15	2.17.95
200 I.M.	2.06.75	2.20.01
400 I.M.	4.32.31	4.55.61

EUROPEAN JUNIOR CHAMPIONSHIPS

The team will be chosen on Wednesday, 21 June when the selectors will consider times recorded by electronic timing in recognised Long Course competitions held between 1 March and 18 June. It is anticipated that the maximum team size will be 26.

The selection criteria, and "A" and "B" consideration times, as a guidelines for selection, are:

1. Where two or more swimmers achieve the A time it is likely that two will be selected, subject to current form and fitness.
2. Priority consideration will be given to relay team selection where the relay team is judged to be of sufficiently high calibre.
3. Where no swimmer has achieved an A time the swimmers achieving the fastest B times will be considered again subject to current form and fitness.

CONSIDERATION TIMES

Boys Born 1972-73			Girls Born 1974-75			
	A	B		A	B	
100m Free	53.77		54.16	100m Free	58.94	
1.00.26						
200m Free		1.55.76	1.57.77	200m Free	2.06.67	
2.09.41						
400m Free		4.06.27	4.10.58	400m Free	4.23.87	
4.30.98						
1500m Free	16.05.32	16.28.85		800m Free	9.01.47	9.19.11
100m Back	1.00.68	1.01.76		100m Back	1.07.34	1.08.41
200m Back	2.10.13	2.11.17		200m Back	2.23.02	2.25.41
100m Breast	1.07.34	1.08.72		100m Breast	1.13.58	1.15.55
200m Breast	2.27.42	2.29.42		200m Breast	2.36.37	2.45.02
100m Fly	58.77	59.16		100m Fly	1.05.01	1.07.53
200m Fly	2.09.49	2.11.54		200m Fly	2.20.53	2.23.61
200m I.M.	2.12.02	2.14.80		200m I.M.	2.24.89	2.27.04
400m I.M.	4.42.48	4.48.03		400m I.M.	5.06.56	5.11.13

PROGRAMME OF EVENTS

DAY ONE:

Friday, 16 June, 1989

SESSION 1:

Warm Up 08.00

Start 09.00

1/1	Mens	200m Individual Medley	H
1/2	Womens	200m Individual Medley	H
1/3	Mens	100m Backstroke	H
1/4	Womens	100m Backstroke	H
1/5	Mens	200m Butterfly	H
1/6	Womens	200m Butterfly	H
1/7	Mens	50m Freestyle	H
1/8	Womens	50m Freestyle	H
1/9	Mens	4 x 100m Medley Relay	H
1/10	Womens	4 x 100m Medley Relay	H

SESSION 2:

Warm Up 13.00

Start 14.00

2/1	Mens	1500m Freestyle	HDW
2/2	Womens	800m Freestyle	HDW

SESSION 3:

Warm Up 17.30

Start 18.30

3/1	Mens	1500m Freestyle	Fastest Heat
3/2	Womens	800 Freestyle	Fastest Heat
3/3	Mens	200m Individual Medley	CF & Final
3/4	Womens	200m Individual Medley	CF & Final
3/5	Mens	100m Backstroke	CF & Final
3/6	Womens	100m Backstroke	CF & Final
3/7	Mens	200m Butterfly	CF & Final
3/8	Womens	200m Butterfly	CF & Final
3/9	Mens	50m Freestyle	CF & Final
3/10	Womens	50m Freestyle	CF & Final
3/11	Mens	4 x 100m Medley Relay	Final
3/12	Womens	4 x 100m Medley Relay	Final
3/13	Boys 17/18	4 x 50m Freestyle Relay	Final
3/14	Girls 17/18	4 x 50m Freestyle Relay	Final
3/15	Boys 19/24	4 x 50m Freestyle Relay	Final
3/16	Girls 19/24	4 x 50m Freestyle Relay	Final

DAY TWO:

Saturday, 17 June

SESSION 4:

Warm up 08.00

Start 09.00

4/1	Mens	100m Freestyle	H
4/2	Womens	100m Freestyle	H
4/3	Mens	100m Breaststroke	H
4/4	Womens	100m Breaststroke	H
4/5	Mens	200m Backstroke	H
4/6	Womens	200m Backstroke	H
4/7	Mens	4 x 100m Freestyle Relay	H
4/8	Womens	4 x 100m Freestyle Relay	H

SESSION 5:

Warm Up 13.00

Start 14.00

5/1	Mens	400m Freestyle	H
5/2	Womens	400m Freestyle	H
5/3	Boys 13/Under	50m Freestyle	H
5/4	Girls 12/Under	50m Freestyle	H
5/5	Boys 15/Under	100m Backstroke	H
5/6	Girls 14/Under	100m Backstroke	H
5/7	Boys 13/Under	50m Backstroke	H
5/8	Girls 12/Under	50m Backstroke	H
5/9	Boys 11/Under	4 x 50m Freestyle Relay	H
5/10	Girls 11/Under	4 x 50m Freestyle Relay	H
5/11	Boys 15/Under	100m Butterfly	H
5/12	Girls 14/Under	100m Butterfly	H

SESSION 6:

Warm up 18.00

Start 19.00

6/1	Mens	400m Freestyle	CF & Final
6/2	Womens	400m Freestyle	CF & Final
6/3	Boys 13/Under	50m Backstroke	Final
6/4	Girls 12/Under	50m Backstroke	Final
6/5	Mens	100m Breaststroke	CF & Final
6/6	Womens	100m Breaststroke	CF & Final
6/7	Boys 15/Under	100m Backstroke	Final
6/8	Girls 14/Under	100m Backstroke	Final
6/9	Mens	200m Backstroke	CF & Final
6/10	Womens	200m Backstroke	CF & Final
6/11	Boys 15/Under	100m Butterfly	Final
6/12	Girls 14/Under	100m Butterfly	Final
6/13	Mens	100m Freestyle	CF & Final
6/14	Womens	100m Freestyle	CF & Final
6/15	Boys 11/Under	4 x 50m Freestyle Relay	Final
6/16	Girls 11/Under	4 x 50m Freestyle Relay	Final
6/17	Boys 13/Under	50m Freestyle	Final
6/18	Girls 12/Under	50m Freestyle	Final
6/19	Mens	4 x 100m Freestyle Relay	Final
6/20	Womens	4 x 100m Freestyle Relay	Final
6/21	Mens 17/18	4 x 50m Medley Relay	Final
6/22	Womens 17/18	4 x 50m Medley Relay	Final
6/23	Mens 19/24	4 x 50m Medley Relay	Final
6/24	Womens 19/24	4 x 50m Medley Relay	Final

DAY THREE:**Sunday, 18 June****SESSION 7:**

Warm Up 08.00

Start 09.00

7/1	Mens	200m Freestyle	H
7/2	Womens	200m Freestyle	H
7/3	Mens	200m Breaststroke	H
7/4	Womens	200m Breaststroke	H
7/5	Mens	100m Butterfly	H
7/6	Womens	100m Butterfly	H
7/7	Mens	4 x 200m Freestyle Relay	H
7/8	Womens	4 x 200m Freestyle Relay	H

SESSION 8:

Warm Up 12.00
Start 13.00

8/1	Mens	400m Individual Medley	H
8/2	Womens	400m Individual Medley	H
8/3	Boys 13/Under	50m Butterfly	H
8/4	Girls 12/Under	50m Butterfly	H
8/5	Boys 15/Under	100m Breaststroke	H
8/6	Girls 14/Under	100m Breaststroke	H
8/7	Boys 13/Under	50m Breaststroke	H
8/8	Girls 12/Under	50m Breaststroke	H
8/9	Boys 11/Under	4 x 50m Medley Relay	H
8/10	Girls 11/Under	4 x 50m Medley Relay	H
8/11	Boys 15/Under	100m Freestyle	H
8/12	Girls 14/Under	100m Freestyle	H

SESSION 9:

Warm Up 16.30
Start 17.30

9/1	Mens	400m Individual Medley	CF & Final
9/2	Womens	400m Individual Medley	CF & Final
9/3	Boys 13/Under	50m Butterfly	Final
9/4	Girls 12/Under	50m Butterfly	Final
9/5	Mens	200m Freestyle	CF & Final
9/6	Womens	200m Freestyle	CF & Final
9/7	Boys 15/Under	100m Breaststroke	Final
9/8	Girls 14/Under	100m Breaststroke	Final
9/9	Mens	200m Breaststroke	CF & Final
9/10	Womens	200m Breaststroke	CF & Final
9/11	Boys 13/Under	50m Breaststroke	Final
9/12	Girls 12/Under	50m Breaststroke	Final
9/13	Mens	100m Butterfly	CF & Final
9/14	Womens	100m Butterfly	CF & Final
9/15	Boys 15/Under	100m Freestyle	Final
9/16	Girls 14/Under	100m Freestyle	Final
9/17	Boys 11/Under	4 x 50m Medley Relay	Final
9/18	Girls 11/Under	4 x 40m Medley Relay	Final
9/19	Mens	4 x 200m Freestyle Relay	Final
9/20	Womens	4 x 200m Freestyle Relay	Final

RESULTS SHEETS

by Courtesy of

RANK XEROX (UK) LTD.
125/126 Princes Street
EDINBURGH

DIVING PROGRAMME OF EVENTS

Friday, 16 June:

11.30 Hours: Mens 3m Springboard

1. Jeffrey Arbon	
2. David Marshall	Edinburgh DC
3. Olivier Calise	Ile de France
4. Steve Forrest	Edinburgh DC
5. Graham Morris	Huddersfield Borough
6. Frederic Pierre	Ile de France
7. Robert Morgan	
8. Peter Smith	East Kilbride ASC
9. Derek Malloy	Edinburgh DC

16.00 Hours: Women's Highboard

1. Susan Ryan	
2. Fiona Couttie	Leeds Esprit
3. Nathalie Bobin	Ile de France
4. Kay Ingram	Dundee DC
5. Alison Roffey	Leeds Esprit
6. Julie Danaux	Ile de France
7. Angela Bishop	Dundee DC
8. Shona Campbell	East Kilbride ASC
9. Zoe Breeze	Leeds Esprit
10. Charlotte Danaux	Ile de France
11. Carolyn Haith	Leeds Esprit

Saturday, 17 June

11.30 Hours: Womens 3m Springboard

1. Alison Roffey	Leeds Esprit
2. Angela Bishop	Dundee DC
3. Naomi Bishop	
4. Shona Campbell	East Kilbride ASC
5. Charlotte Danaux	Ile de France
6. Zoe Breeze	Leeds Esprit
7. Nathalie Bobin	Ile de France
8. Fiona Couttie	Leeds Esprit
9. Kay Ingram	Dundee DC
10. Julie Danaux	Ile de France
11. Susan Ryan	
12. Carolyn Roscoe	Leeds Esprit
13. Rhona Simpson	East Kilbride ASC

16.00 Hours: Men's Highboard

1. Peter Smith	East Kilbride ASC
2. Robert Morgan	
3. Frederic Pierre	Ile de France
4. Steve Forrest	Edinburgh DC
5. Jeffrey Arbon	
6. Olivier Calise	Ile de France

CLUB ABBREVIATIONS

WEST

AR	Ayr
BD	Barrhead
BL	Bellshill
BB	Bo'ness
CG	City of Glasgow
CT	Clackmannan District
NS	Nomads Glasgow
CD	Cumbernauld
DD	Dumbarton Dolphins
EK	East Kilbride
GH	Grangemouth
HD	Hamilton District
KH	Kirkintilloch
LK	Lanark
MB	Milngavie & Bearsden
PY	Paisley
SG	Stirling

EAST DISTRICT

BS	Barracudas
BH	Buccleuch
CE	Carnegie
DS	Duns
EC	Edinburgh Composite
EH	Eyemouth
FS	Fins
GA	Gala
IS	Incas
LN	Livingston
LDD	Livingston Dedridge Dolphins
PS	Peebles
WB	Warrender

NORTH DISTRICT

AN	Aberdeen
BD	Bridge of Don
DA	Dyce Aberdeen
EN	Elgin
FH	Fraserburgh
MD	Moray District
PD	Peterhead
UA	Unattached

MIDLAND DISTRICT

AS	Arbroath (St. Thomas)
CD	City of Dundee
PP	Perth City

CLUBS OUTWITH SCOTLAND

BOK	Borough of Kirlees	NVC	Nova Centurion
BST	Borough of South Tyneside	OMH	Omagh
BRB	Braintree and Bocking	RBB	Redbridge Borough
CLS	Chester le Street	ABS	Rochdale Aquabears
COB	City of Bradford	RR	Rushmoor Royals
COC	City of Chester	SAT	Satellite
COM	City of Manchester	SPM	Stockport Metro
CSF	City of Sheffield	THK	Thurrock
COS	City of Southampton	TNM	Tynemouth
DWT	Derwentside	UOS	University of Swansea
KLY	Kelly College	WOW	Warriers of Warrington
KWH	Killer Whales	YRK	York

SESSION ONE: Friday, 16 June: 09.00 Hours

EVENT 1/1: Mens 200m Individual Medley Heats

Heat No. 1

1.				
2.				
3.	Angus Brown	E/EC	70	2.27.80
4.	Clark Moore	W/PY	69	2.25.81
5.	Chris Sultman	CON	72	2.26.80
6.	Graham Kennedy	E/WB	74	2.28.10
7.				
8.				

Heat No. 2

1.	Graeme Semple	W/KH	73	2.23.10
2.	Michael Cochran	N/AN	72	2.18.25
3.	James Fox	W/HD	71	2.15.70
4.	Peter Henry	E/EC	71	2.11.10
5.	Alastair Irwin	KLY	70	2.14.10
6.	Sam Ferguson	W/PY	73	2.16.65
7.	David Griffin	W/BL	74	2.20.30
8.				

Heat No. 3

1.	Lee Philip	N/AN	73	2.21.38
2.	Peter Kappes	KWH	72	2.17.90
3.	David Warren	TNM	71	2.14.60
4.	Jonathan Kerr	E/WB	71	2.11.00
5.	Scott McKinlay	W/CD	72	2.14.10
6.	Craig Thompson	BRD	72	2.16.30
7.	Dominic Sheils	E/WB	75	2.19.30

Heat No. 4

1.	Neil Murdoch	W/PY	73	2.21.19
2.	Martin McQueenie	E/WB	68	2.17.00
3.	Lee Bennett	CON	70	2.14.40
4.	Paul Brew	KLY	65	2.06.41
5.	Euan Stewart	M/CD	69	2.13.00
6.	Iain McCallum	W/PY	72	2.15.88
7.	Fraser Walker	E/WB	73	2.18.30
8.				

EVENT 1/2: Womens 200m Individual Medley Heats

Heat No. 1

1.	Tracey Sim	CLS	73	2.37.40
2.	Jacqui Owen	CLS		2.33.60
3.	Angela Dronsfield	COM	75	2.30.00
4.	Becky Bowden	COS	69	2.26.00
5.	Sharon Gilfillan	M/CD	70	2.27.60
6.	Linda McLaren	E/WB	75	2.31.80
7.	Michelle Gibson	TWM	74	2.36.90
8.				

Heat No. 2

1.	Tracy Wheatley	W/EK	73	2.37.33
2.	Jacqueline Buchan	N/DA	71	2.32.80
3.	Ute Schonher	E/EC	68	2.29.70
4.	Lorraine Phimister	N/MD	72	2.24.36
5.	Lorna Cunningham	E/EC	71	2.27.40
6.	Derna Campbell	W/CD	68	2.31.08
7.	Julie Bryce	E/WB	72	2.35.00
8.				

Heat No. 3

1.	Ailsa Campbell	N/DA	72	2.37.10
2.	Jane Kelly	E/WB	74	2.32.60
3.	Faye Phimister	N/MD	75	2.28.10
4.	Jean Hill	W/CD	64	2.20.58
5.	Samantha Foggo	CON	74	2.26.78
6.	Sandra Cameron	W/KH	70	2.30.40
7.	Lynne Sturgeon	E/EC	71	2.34.60
8.	Lorna McCallum	E/WB	76	2.39.10

EVENT 1/3: Mens 100m Backstroke Heats

Heat No. 1

1.	Richard Batterby	YRK	74	1.06.70
2.	David McHendry	W/MB	70	1.05.40
3.	Rognvald Omand	N/OY	71	1.03.60
4.	Jonathan Kerr	E/WB	71	1.01.10
5.	Martin Fenner	BST	62	1.02.27
6.	Jamie McNeil	W/MB	74	1.03.90
7.	Mark McKinney	W/NS	61	1.05.90
8.				

Heat No. 2

1.	Keith Scott	W/HD	72	1.06.30
2.	Chris Vergo	E/FS	69	1.04.62
3.	Martin McBain	E/EC	72	1.03.21
4.	Michael Peyrebrune	E/WB	65	1.00.01
5.	James Kearney	NVC	72	1.01.13
6.	Tim Hobbs	CON	70	1.03.83
7.	Stuart Albin	M/CD	69	1.05.70
8.				

Heat No. 3

1.	Andrew Dickson	E/WB	73	1.06.30
2.	David Gammie	N/AN	72	1.04.19
3.	Stuart Bisley	W/MB	73	1.02.70
4.	Kevin Boyd	BST	66	58.80
5.	Richard Gheel	OMG	68	1.01.11
6.	Iain Teaz	W/NS	69	1.03.72
7.	Adam Jones	YRK	73	1.05.40
8.	Neil Gray	M/CD	73	1.09.90

EVENT 1/4: Womens 100m Backstroke Heats**Heat No. 1**

1.					
2.	Julie-Anne Fraser	N/AN	74	1.15.80
3.	Anita Prentice	W/SG	74	1.15.10
4.	Lorna Campbell	M/AS	74	1.14.65
5.	Andrena Hammond	W/BD	74	1.15.00
6.	Eilidh Coia	W/MB	75	1.15.60
7.					
B.					

Heat No. 3

1.	Fiona Lewis	E/FS	73	1.13.84
2.	Samantha Embleton	CON	72	1.12.80
3.	Caroline Banks	YRK	74	1.10.40
4.	Alison Sheppard	W/MB	72	1.06.83
5.	Ute Schonher	E/EC	68	1.09.00
6.	Angela Dronsfield	COM	75	1.12.00
7.	Emily Firth	CON	74	1.13.48
B.					

Heat No. 2

1.	Karine Stanners	W/GN	72	1.14.50
2.	Angela McLeish	W/HD	71	1.13.10
3.	Caroline Lawrie	E/WB	72	1.11.30
4.	Lorraine Phimister	N/MD	72	1.07.19
5.	Lorna Cunningham	E/EC	71	1.09.40
6.	Gillian Dorricott	W/HD	71	1.12.06
7.	Jacqueline Buchan	N/DA	71	1.13.50
B.					

Heat No. 4

1.	Allison Teaz	W/GN	64	1.13.60
2.	Corinne Jack	W/MB	75	1.12.10
3.	Pippa Herron	CON	71	1.09.75
4.	Jill Ewing	W/PY	69	1.05.83
5.	Philippa Rickard	TWM	71	1.08.30
6.	Wendy Gray	W/PY	72	1.11.56
7.	Yvonne Bisley	W/MB	75	1.13.30
B.					

EVENT 1/5: Mens 200m Butterfly Heats**Heat No. 1**

1.	Adam Jones	YRK	73	2.21.30
2.	Carl Heathcote	NVC	72	2.15.40
3.	Kevin Renshaw	CLS	65	2.12.40
4.	David McNulty	CLS		2.08.20
5.	Kevin Crosby	WOW	73	2.10.08
6.	Steve McQuaid	COM	72	2.12.80
7.	Malcolm McCallum	W/PY	75	2.19.70
8.	John Brand	E/EC	69	2.22.70

Heat No. 3

1.	Simon Capaldi	E/WB	75	2.20.00
2.	Ross Noble	W/SG	72	2.12.97
3.	Timothy Hart	THK	72	2.10.20
4.	Peter Henry	E/EC	71	2.07.70
5.	Scott Milne	N/PD	71	2.09.93
6.	David Warren	TNM	71	2.12.50
7.	Kevin Reynard	E/WB	65	2.15.90
B.	Steven Cullen	W/KH	73	2.21.60

Heat No. 2

1.	Richard Thomson	W/SG	74	2.20.80
2.	Nicky Waterson	W/CD	68	2.14.37
3.	Ian Holland	W/EK	71	2.12.20
4.	Paul Brew	KLY	65	2.07.88
5.	Jonathan Lynas	KLY		2.10.00
6.	Andrew Buchanan	W/SG	71	2.12.70
7.	Robert Hammond	W/BD	72	2.19.30
B.	Martin McBain	E/EC	72	2.22.66

EVENT 1/6: Womens 200m Butterfly Heats**Heat No. 1**

1.				
2.	Andrena Hammond	W/BD	74	2.44.50
3.	Katie Sellar	W/GM	72	2.44.00
4.	Hilary George	E/EC	73	2.41.80
5.	Ailsa Campbell	N/DA	72	2.42.60
6.	Fiona Gilchrist	W/EK	75	2.44.06
7.				
8.				

Heat No. 3

1.	Shona Forrest	W/HD	70	2.39.90
2.	Julie Anne Fraser	N/AN	74	2.35.50
3.	Sarah Jamison	YRK	72	2.28.60
4.	Alyson Duffy	DWT	71	2.21.90
5.	Grace Kerr	E/WB	75	2.26.00
6.	Ruth Holland	W/EK	74	2.32.30
7.	Alison Cockshoot	W/SG	74	2.38.00
8.				

EVENT 1/7: Mens 50m Freestyle Heats**Heat No. 1**

1.				
2.	Chris Sultman	CON	72	28.80
3.	Nicholas Walker	N/MD	74	28.53
4.	Ross McInnes	E/EC	73	27.52
5.	Angus Brown	E/EC	70	27.74
6.	Peter Sullivan	W/SG	74	28.60
7.				
8.				

Heat No. 3

1.	Graham Kennedy	E/WB	74	26.10
2.	Ian Campbell	M/CD	65	25.80
3.	Michael Hanby	NVC	72	25.30
4.	Sam Ferguson	W/PY	73	24.76
5.	Alastair Irwin	KLY		24.91
6.	Mark Duffy	CON	69	25.69
7.	Mark McKinney	W/NS	61	26.00
8.	Rognvald Omand	N/OY	71	26.60

Heat No. 5

1.	Stuart Albin	M/CD	69	26.01
2.	Joe Corless	W/PY	69	25.70
3.	Iain Teaz	W/NS	69	24.98
4.	Gary Watson	E/CE	69	23.56
5.	Russell Dodson	N/EN	73	24.82
6.	Iain McIntyre	E/EC	70	25.40
7.	Jack Dickson	W/HD	71	25.80
8.	David Griffin	W/BL	74	26.20

Heat No. 2

1.	Carol Smith	E/EC	76	2.41.50
2.	Kelly Reed	YRK	75	2.36.50
3.	Shona Macfarlane	E/WB	75	2.29.00
4.	Jacqui Owen	CLS		2.24.50
5.	Alison Mackay	WOW	74	2.26.74
6.	Claire Taylor	N/PD	76	2.34.00
7.	Dawn McEwan	W/GM	74	2.38.10
8.				

Heat No. 4

1.	Kirsty Simpson	E/PS	75	2.38.20
2.	Jacqueline Buchan	N/DA	71	2.34.05
3.	Julie Latimer	E/WB	73	2.26.90
4.	Helen Bewley	UOS	68	2.17.40
5.	Emma Brooks	RBB	74	2.25.85
6.	Janice Russell	CON	70	2.29.89
7.	Louise Weames	W/BD	75	2.37.61
8.				

Heat No. 2

1.				
2.	Stuart Wallace	W/CN	75	27.40
3.	Stuart Lochray	W/PY	73	27.33
4.	Graeme Semple	W/KH	73	26.73
5.	Daniel Metcalfe	CON	69	27.00
6.	Don McLean	W/HD	71	27.40
7.	Peter Littlefield	W/MB	75	27.50
8.				

Heat No. 4

1.	George Thomson	W/PY	72	26.03
2.	Gordon McNeer	E/WB	70	25.70
3.	Martin McQueenie	E/WB	68	25.10
4.	John Bradley	BST	69	23.80
5.	Steven Foggo	CON	70	24.84
6.	Tom Griffith	N/EN	73	25.60
7.	Iain McCallum	W/PY	72	25.84
8.	Bruce Drummond	E/WB	72	26.20

EVENT 1/8: Womens 50m Freestyle Heats**Heat No. 1**

1.				
2.	Alison Cockshoot	W/SG	74	30.98
3.	Carol Brown	E/EC	72	30.40
4.	Lada Jamnicky	E/EC	74	30.14
5.	Kirsty McNeil	W/MB	75	30.30
6.	Sandra McDonald	W/PY	58	30.40
7.	Rose Chapman	E/EC	75	31.00
8.				

Heat No. 3

1.	Alison Christie	W/PY	69	28.60
2.	Ute Schonherr	E/EC	68	28.40
3.	Becky Bowden	COS	69	28.00
4.	Faye Phimister	N/MD	75	27.33
5.	Philippa Rickard	TNM	71	27.50
6.	Elaine Gilfillan	M/CD	65	28.30
7.	Jill Ewing	W/PY	69	28.50
8.	Caroline Banks	YRK	74	29.00

Heat No. 5

1.	Ailsa Campbell	N/DA	72	28.55
2.	Briony Shimmons	W/SG	72	28.30
3.	Joanne McHarg	W/PY	73	27.63
4.	Alison Sheppard	W/MB	72	26.40
5.	Linda Donnelly	W/HD	69	27.36
6.	Nicola Cumbers	KLY		28.01
7.	Chantal Guillot	M/CD	72	28.41
8.	Julie Bryce	E/WB	72	28.80

EVENT 1/9: 4 X 100m Mens Medley Relay Heats**Heat No. 1**

1.				
2.	City of Dundee Jr.		
3.	Milngavie & Bearsden Jr.		
4.	Paisley Jr.		
5.	Warrender Jr.		
6.	Carnegie Jr.		
7.	Edinburgh Jr.		

Heat No. 3

1.				
2.	Milngavie & Bearsden		
3.	Paisley "A"		
4.	York		
5.	City of Newcastle		
6.	Warrender "B"		
7.	Aberdeen		
8.				

EVENT 1/10: Womens 4 X 100m Medley Heats**Heat No. 1**

1.	Paisley "B"		
2.	Edinburgh Jr.		
3.	East Kilbride Jr.		
4.	Paisley Jr.		
5.	Milngavie & Bearsden Jr.		
6.	Warrender Jr.		
7.	Carnegie Jr.		
8.				

Heat No. 2

1.	Hilary George	E/EC	73	30.10
2.	Heather Anderson	W/MB	73	29.70
3.	Michelle Gibson	TNM	74	29.60
4.	Arlene Ewing	W/PY	70	29.16
5.	Elaine Sheppard	W/MB	74	29.60
6.	Allison Teaz	W/GN	64	29.60
7.	Rachel Crook	E/CE	73	29.90
8.	Vlasta Jamnicky	E/EC	75	30.13

Heat No. 4

1.	Pippa Herron	CON	71	28.59
2.	Angela Dronsfield	CON	75	28.40
3.	Jenny Waite	COS	74	27.70
4.	Stephanie Watson	W/PY	69	27.20
5.	Ruth Gilfillan	M/CD	67	27.40
6.	Carlyn Connaghan	W/BD	73	28.20
7.	Sandra Cameron	W/KH	70	28.48
8.	Andrea Fox	W/HD	68	28.85

Heat No.2

1.				
2.	Paisley "B"		
3.	Edinburgh		
4.	Carnegie		
5.	Warrender "A"		
6.	Hamilton District		
7.	City of Dundee		

Heat No. 2

1.	Paisley "A"		
2.	Edinburgh		
3.	Warrender		
4.	Eyemouth & District		
5.	Hamilton District		
6.	City of Newcastle		
7.	Milngavie & Bearsden		
8.	City of Dundee		

SESSION TWO: Friday, 16 June: 14.00 Hours

EVENT 2/1: Mens 1500m Freestyle - Declared Winner Event: See Order of Events for Heat Schedule

Please Note: Time Cards for this Event should be posted for Seeding

1. Kevin Boyd	BST	66	15.18.50	16. Andrew Dickson	E/WB	73	17.17.20
2. Jeffrey Ong	KLY		15.45.60	17. Richard Thomson	W/SG	74	17.30.63
3. Paul Brew	KLY	65	15.47.26	18. Simon Capaldi	E/WB	75	17.42.00
4. Campbell McNeil	W/PY	69	15.53.16	19. Peter Burgon	N/OY	70	17.49.70
5. Philip Stackhouse	SPM	73	16.15.55	20. Peter Sullivan	W/SG	74	17.51.66
6. Ross Noble	W/SG	72	16.15.73	21. Brian Lindsay	W/PY	74	17.56.91
7. Iain McIntyre	E/EC	70	16.35.14	22. Timothy Rice	E/LN	73	17.57.10
8. Angus Brown	E/EC	70	16.39.30	23. David Paxton	E/WB	75	17.59.60
9. David Gammie	N/AN	72	16.51.78	24. Paul Latimer	E/WB	76	18.07.70
10. Malcolm McCallum	W/PY	75	16.52.89	25. Bryan Adam	N/OY	76	18.29.90
11. Tim Hobbs	CON	70	16.53.84	26. James Leitch	W/PY	75	18.30.53
12. Steve Leitch	E/WB	74	17.07.20	27. Kevin Bates	M/AS	76	18.56.55
13. Peter Kappes	KWH	72	17.14.32	28. Mark McLennan	W/PY	77	19.17.23
14. Ian Shearer	E/WB	74	17.16.10	29. Campbell Allan	W/MB	76	19.26.60
15. Alan Wallace	E/WB	73	17.16.40					

EVENT 2/2: Womens 800m Freestyle - Declared Winner Event: See Order of Events for Heat Schedule

Please Note: Time Cards for this Event should be posted for Seeding

1. Karen Mellor	CSF	69	8.48.00					
2. Carol Shiell	E/EC	74	9.06.37	18. Fiona Murray	W/PY	76	9.52.35
3. Gillian Cook	BOK	74	9.06.50	19. Stephanie McDonald	W/PY	76	9.54.92
4. Samantha Foggo	CON	74	9.08.27	20. Gillian Thomson	W/PY	75	9.56.40
5. Mandy Ivison	BST	71	9.09.54	21. Carol Brown	E/EC	72	9.56.40
6. Lisa Sonn	COS	74	9.09.80	22. Tracey Sim	CLS	73	9.56.80
7. Beverly Collier	M/CD	71	9.16.00	23. Yvonne Bisley	W/MB	75	10.00.00
8. Joanne Davey	CON	72	9.21.10	24. Hilary George	E/EC	73	10.00.60
9. Susan Brown	E/EC	72	9.25.74	25. Ruth Holland	W/EK	74	10.01.83
10. Lorna Harvey	W/PY	71	9.26.42	26. Lorna McCallum	E/WB	76	10.06.00
11. Ashley Elder	E/WB	73	9.33.20	27. Elaine Sheppard	W/MB	74	10.11.00
12. Yolanda Dashwood Brady	E/PS	75	9.34.61	28. Morag McGhee	N/PD	75	10.16.70
13. Carolyn Hawkins	E/EC	73	9.39.78	29. Roisin Scott	E/WB	74	10.19.20
14. Jennifer Lochray	W/PY	76	9.42.13	30. Anita Prentice	W/SG	74	10.19.50
15. Carol Smith	E/EC	76	9.43.23	31. Gillian Cameron	W/MB	75	10.19.80
16. Pamela Duncan	N/AN	73	9.44.90	32. Fiona Gilchrist	W/EK	75	10.26.56
17. Marion Kane	WKH	75	9.51.20	33. Jennifer Law	W/KH	75	10.27.90

EVENT 2/3: Mens 17/18 Years 4 x 50m Freestyle Relay
Straight Final to be Swum in Evening Session: 3/13

- 1.
2. Hamilton District
3. Warrender
4. East Kilbride
5. Paisley
6. Edinburgh
7. City of Dundee
- 8.

EVENT 2/4: Womens 17/18 Years 4 x 50m Freestyle Relay
Straight Final to be Swum in Evening Session: 3/14

- 1.
- 2.
3. East Kilbride
4. City of Dundee
5. Warrender
6. Edinburgh
- 7.
- 8.

EVENT 2/5: Mens 19/24 Years 4 x 50m Freestyle Relay
Straight Final to be Swum in Evening Session: 3/15

- 1.
2. Carnegie
3. Edinburgh
4. City of Dundee
5. Warrender
6. Paisley
7. Milngavie & Bearsden
- 8.

EVENT 2/6: Womens 19/24 Years 4 x 50m Freestyle Relay
Straight Final to be Swum in Evening Session: 3/16

- 1.
- 2.
3. City of Dundee
4. Paisley
5. Edinburgh
6. Warrender
- 7.
- 8.

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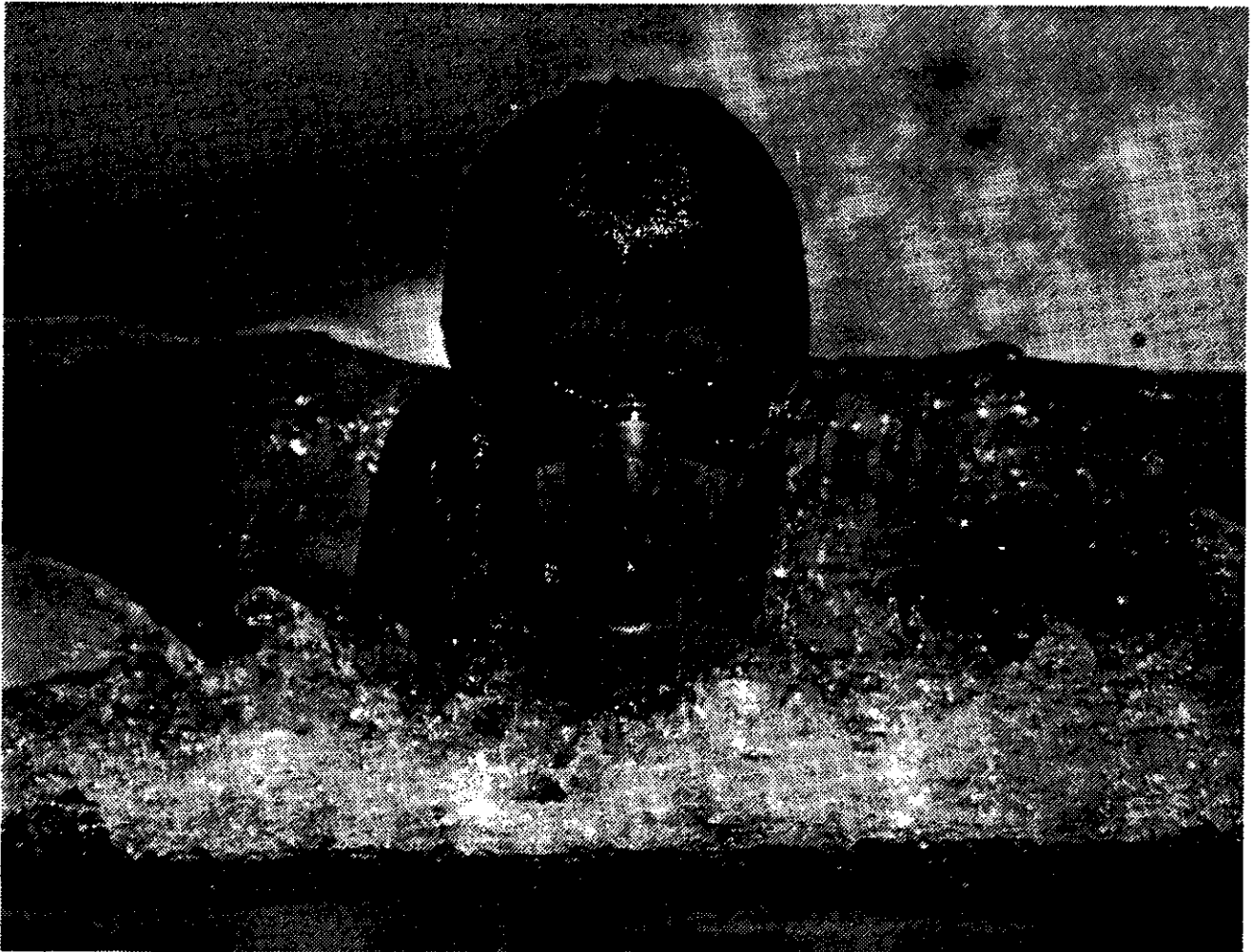
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SESSION FOUR: Saturday, 17 June: 09.00 Hours

EVENT 4/1: Mens 100m Freestyle Heats

Heat No. 1

1.					
2.	Angus Brown	E/EC	70	59.40
3.	Fraser Donaldson	E/EC	71	59.09
4.	Chris Vergo	E/FS	69	58.90
5.	Graeme Semple	W/KH	73	58.90
6.	Don McLean	W/HD	71	59.10
7.					
8.					

Heat No. 2

1.					
2.	Ross Noble	W/SG	72	58.80
3.	Daniel Metcalfe	CON	69	58.40
4.	David Knight	M/CD	71	58.00
5.	Ian Lewis	E/FS	67	58.23
6.	Fraser Thirde	M/CD	72	58.46
7.					
8.					

Heat No. 3

1.	Stuart Lochray	W/PY	73	57.89
2.	Jack Dickson	W/HD	71	57.30
3.	Russell Dodson	N/EN	73	57.00
4.	Bruce Drummond	E/WB	72	56.90
5.	Ian McDermott	W/HD	64	56.90
6.	David Griffin	W/BL	74	57.20
7.	Martin McBain	E/EC	72	57.55
8.	Mark McKinney	W/NS	61	57.90

Heat No. 4

1.	Neil Arthur	N/DA	72	56.60
2.	Timothy Hart	THK	72	54.90
3.	Iain Teaz	W/NS	69	54.24
4.	Steven Foggo	CON	70	53.46
5.	Peter Henry	E/EC	71	53.90
6.	Sam Ferguson	W/PY	73	54.45
7.	Joe Corless	W/PY	69	55.80
8.	Malcolm McCallum	W/PY	75	56.81

Heat No. 5

1.	Mark Duffy	CON	69	56.05
2.	Alastair Irwin	KLY	70	54.87
3.	Michael Hanby	NVC	72	54.11
4.	Sean McQuaid	COM	68	53.10
5.	Paul Easter	E/WB	63	53.70
6.	Iain McCallum	W/PY	72	54.36
7.	Lee Bennet	CON	70	55.71
8.	George Thomson	W/PY	72	56.81

Heat No. 6

1.	Euan Stewart	M/CD	69	56.00
2.	Ian Stewart	YRK	70	54.70
3.	Mark Jones	COS	72	54.02
4.	John Bradley	BST	69	52.70
5.	Campbell McNeil	W/PY	69	53.66
6.	Tom Griffith	N/EN	73	54.28
7.	Iain McIntyre	E/EC	70	55.66
8.	Martin McQueenie	E/WB	68	56.60

EVENT 4/ : Womens 100m Freestyle Heats

Heat No. 1

1.	Carol Brown	E/EC	72	1.06.90
2.	Mairi McDonald	N/AN	75	1.06.05
3.	Andrena Hammond	W/BD	74	1.05.30
4.	Hilary George	E/EC	73	1.05.00
5.	Susan Brown	E/EC	72	1.05.10
6.	Lady Jamnicky	E/EC	74	1.05.47
7.	Vivienne Stones	E/WB	74	1.06.40
8.	Pamela Duncan	N/AN	73	1.07.00

Heat No. 2

1.	Ailsa Campbell	N/DA	72	1.04.80
2.	Elaine Sheppard	W/MB	74	1.04.20
3.	Carolyn Hawkins	E/EC	73	1.03.46
4.	Janice Russell	CON	70	1.03.40
5.	Sandra Cameron	W/KH	70	1.03.40
6.	Michelle Gibson	TNM	74	1.04.00
7.	Charlotte Grayson	YRK	75	1.04.30
8.	Jacqueline Buchan	N/DA	71	1.05.00

Heat No. 3

1.	Sarah Jamison	YRK	72	1.03.10
2.	Gillian Cook	BOK	74	1.02.40
3.	Justy Phillips	BOK	75	1.02.30
4.	Becky Bowden	COS	69	1.02.20
5.	Ute Schonher	E/EC	68	1.02.30
6.	Alison Christie	W/PY	69	1.02.40
7.	Julie Bryce	E/WB	72	1.02.80
8.	Chantal Guillot	M/CD	72	1.03.10

Heat No. 4

1.	Lorraine Phimister	N/MD	72	1.01.90
2.	Faye Phimister	N/MD	75	1.00.71
3.	Debbie Morgan	DWT	74	1.00.13
4.	Alison Sheppard	W/MB	72	59.00
5.	Bridget Greenwood	N/AN	72	59.96
6.	Debbie Jones	COC	74	1.00.50
7.	Andrea Fox	W/HD	68	1.01.30
8.	Caroline Banks	YRK	74	1.02.10

Heat No. 5

1. Gillian Lavin	DWT	75	1.01.70
2. Angela Dronsfield	COM	75	1.00.70
3. Emma Brooks	RBB	74	1.00.06
4. Ruth Gilfillan	M/CD	67	58.80
5. Nicola Cumbers	KLY	70	59.10
6. Jenny Waite	COS	74	1.00.30
7. Sharon Gilfillan	M/CD	70	1.01.30
8. Lysay Smart	COC	73	1.02.00

Heat No. 6

1. Arlene Ewing	W/PY	70	1.01.35
2. Philippa Rickard	TNM	71	1.00.60
3. Joanne McHarg	W/PY	73	1.00.00
4. Linda Donnelly	W/HD	69	58.45
5. Stephanie Watson	W/PY	69	59.04
6. Carolyn Connaghan	W/BD	73	1.00.27
7. Elaine Gilfillan	M/CD	65	1.00.76
8. Carol Shiell	E/EC	74	1.01.93

EVENT 4/3: Mens 100m Breaststroke Heats**Heat No. 1**

1.				
2. Brian Stark	W/DD	73	1.16.40
3. Keith Page	E/FS	72	1.15.93
4. Peter Burgon	N/OY	70	1.15.00
5. Donald Terris	E/EC	71	1.15.09
6. Gordon MacDiarmid	W/SG	73	1.16.30
7. Mark Lappin	W/CG	70	1.16.50
8.				

Heat No. 2

1.				
2. Martyn Falkouss	YRK	72	1.15.00
3. Thomas Chambers	W/BB	69	1.14.40
4. Neil Arthur	N/DA	72	1.14.10
5. David Griffin	W/BL	74	1.14.10
6. Sam Christopherson	E/WB	73	1.14.90
7.				
8.				

Heat No. 3

1. Lee Phillip	N/AN	73	1.13.67
2. Martin Douglas	CON	73	1.12.92
3. Christian Viola	E/WB	72	1.12.60
4. Steven Saunders	N/AN	71	1.12.33
5. Ross Murray	W/PY	74	1.12.58
6. Jack Dickson	W/HD	71	1.12.90
7. Chris Sultman	CON	72	1.13.10
8. David Knight	M/CD	71	1.14.00

Heat No. 4

1. Robert Robson	E/WB	73	1.11.00
2. Alex Buller	SPM	72	1.09.39
3. Iain Jackson	W/PY	72	1.07.59
4. Martin Lee	E/FS	69	1.05.80
5. Ian McKenzie	BRB	72	1.06.50
6. Mark Whittaker	COS	72	1.08.90
7. Ian Holland	W/EK	71	1.10.33
8. John Brand	E/EC	69	1.12.00

Heat No. 5

1. Dominic Sheils	E/WB	75	1.10.70
2. Alastair Irwin	KLY	70	1.09.10
3. Daryl Mason	CON	70	1.07.24
4. Gary Watson	E/CE	69	1.04.60
5. Richard Maden	ABS	72	1.06.35
6. Craig Thompson	COB	72	1.08.85
7. Gordon McNee	E/WB	70	1.09.90
8. Neil Murdoch	W/PY	73	1.11.47

Heat No. 6

1. David Carr	CON	68	1.10.44
2. Alastair Boyd	CON	69	1.09.00
3. Michael Wynn	E/EC	70	1.06.97
4. Ian Campbell	M/CD	65	1.04.10
5. Neil Hudghton	M/CD	69	1.06.01
6. Neill Curran	W/PY	68	1.08.15
7. Martin McQueenie	E/WB	68	1.09.90
8. Fraser Walker	E/WB	73	1.11.10

EVENT 4/4: Womens 100m Breaststroke Heats**Heat No.1**

1.				
2. Julie Anne Fraser	N/AN	74	1.25.89
3. Joanne Drew	M/PH	74	1.25.17
4. Ailsa Campbell	N/DA	72	1.24.40
5. Fiona Lewis	E/FS	73	1.24.44
6. Pamela Duncan	N/AN	73	1.25.77
7. Eleanor Kane	W/KH	72	1.26.50
8.				

Heat No.2

1. Eilidh Coia	W/MB	75	1.24.20
2. Heather Anderson	W/MB	73	1.23.70
3. Lynne Hollingdale	E/EC	73	1.23.00
4. Michelle Gibson	TNM	74	1.22.40
5. Kirsten Scott	E/FS	72	1.22.72
6. Carol Brown	E/EC	72	1.23.50
7. Gail Heatley	W/EK	72	1.23.74
8. Barbara Nunn	RR	74	1.24.20

Heat No. 3

1.	Rachel Crook	E/CE	73	1.21.10
2.	Faye Heppell	YRK	75	1.20.50
3.	Alison Christie	W/PY	69	1.19.40
4.	Briony Shimmons	W/SG	72	1.15.51
5.	Shona Smart	COC	71	1.17.00
6.	Keri Jones	COC	74	1.19.80
7.	Jane Kelly	E/WB	74	1.20.80
8.	Jacqueline Buchan	N/DA	71	1.22.20

Heat No. 5

1.	Tracey Sim	CLS	73	1.20.80
2.	Kirsty McNeil	W/MB	75	1.20.00
3.	Tracy Wheatley	W/EK	73	1.17.88
4.	Lorraine Coombes	COS	60	1.12.80
5.	Derna Campbell	W/CD	68	1.15.51
6.	Lynne Sturgeon	E/EC	71	1.19.50
7.	Charlotte Grayson	YRK	75	1.20.50
8.	Lindsay White	E/PS	69	1.21.20

EVENT 4/5: Mens 200m Backstroke Heats**Heat No. 1**

1.					
2.	Neil Arthur	N/DA	72	2.27.00
3.	Ian Shearer	E/WB	74	2.25.30
4.	Richard Batterby	YRK	74	2.24.30
5.	David Paxton	E/WB	75	2.24.40
6.	Steve Leitch	E/WB	74	2.26.40
7.					
8.					

Heat No. 3

1.	Jamie McNeil	W/MB	74	2.18.60
2.	David Gammie	N/AN	72	2.16.15
3.	Stewart Bisley	W/MB	73	2.15.10
4.	Jonathan Kerr	E/WB	71	2.09.70
5.	James Kearney	NVC	72	2.10.80
6.	Martin Fenner	BST	62	2.15.50
7.	Andrew Buchanan	W/SG	71	2.17.70
8.	Adam Jones	YRK	73	2.19.30

EVENT 4/6: Womens 200m Backstroke Heats**Heat No. 1**

1.					
2.					
3.	Anita Prentice	W/SG	74	2.41.40
4.	Carolyn Hawkins	E/EC	73	2.40.57
5.	Lorna Campbell	M/AS	74	2.40.99
6.	Karine Stanners	W/GN	72	2.41.50
7.				
8.					

Heat No. 3

1.	Lynne Sturgeon	E/EC	71	2.39.00
2.	Wendy Gray	W/PY	72	2.34.46
3.	Sarah Jamison	YRK	72	2.30.50
4.	Philippa Rickard	TNM	71	2.24.90
5.	Lorraine Phimister	N/MD	72	2.25.53
6.	Julie Latimer	E/WB	73	2.32.00
7.	Yvonne Bisley	W/MB	75	2.36.90
8.	Fiona Lewis	E/FS	73	2.40.44

Heat No. 4

1.	Jill Campbell	CON	72	1.20.90
2.	Susan Nichol	M/AS	74	1.20.49
3.	Faye Phimister	N/MD	75	1.18.20
4.	Jean Hill	W/CD	64	1.13.13
5.	Linda McLaren	E/WB	75	1.16.50
6.	Sandra McDonald	W/PY	58	1.19.62
7.	Lucy Clarke	CON	73	1.20.52
8.	Sandra Paul	W/BD	74	1.21.30

Heat No. 2

1.	Andrew Dickson	E/WB	73	2.18.90
2.	James Fox	W/HD	71	2.16.57
3.	Tim Hobbs	CON	70	2.15.28
4.	Ian Stewart	YRK	70	2.10.50
5.	Paul Brew	KLY	65	2.10.90
6.	Kevin Crosby	WOW	73	2.16.00
7.	Fraser Walker	E/WB	73	2.18.50
8.	David McHendry	W/MB	70	2.20.40

Heat No. 4

1.	Peter Kappes	KWH	72	2.18.50
2.	Michael Cochran	N/AN	72	2.16.05
3.	David McNulty	CLS		2.12.70
4.	Kevin Boyd	BST	66	2.02.22
5.	Richard Gheel	OMG	68	2.10.71
6.	Paul Easter	E/WB	63	2.15.50
7.	Martin McBain	E/EC	72	2.17.35
8.	Rognvald Omand	N/OY	71	2.19.20

Heat No. 2

1.	Emily Firth	CON	74	2.39.40
2.	Samantha Embleton	CON	72	2.35.50
3.	Grace Kerr	E/WB	75	2.30.90
4.	Lorna Cunningham	E/EC	71	2.25.00
5.	Pippa Herron	CON	71	2.29.91
6.	Gillian Dorricott	W/HD	71	2.33.18
7.	Mairi McDonald	N/AN	75	2.37.03
8.	Carol Smith	E/EC	76	2.40.50

Heat No. 4

1.	Caroline Lawrie	E/WB	72	2.39.00
2.	Corinne Jack	W/MB	75	2.34.30
3.	Caroline Banks	YRK	74	2.30.40
4.	Jill Ewing	W/PY	69	2.21.43
5.	Beverley Jones	COC	72	2.25.20
6.	Bridget Greenwood	N/AN	72	2.31.06
7.	Angela McLeish	W/HD	71	2.35.70
8.	Jacqueline Buchan	N/DA	71	2.40.10

EVENT 4/7: Mens 4 x 100m Freestyle Relay Heats

Heat No. 1

- 1.
2. Hamilton District
3. Carnegie
4. Paisley "A"
5. Warrender "B"
6. Edinburgh
- 7.
- 8.

Heat No. 3

- 1.
2. City of Newcastle
3. Milngavie & Bearsden
4. City of Dundee
5. Aberdeen
6. Paisley "B"
7. Warrender
- 8.

Heat No. 2

- 1.
2. Warrender Jr.
3. City of Dundee Jr.
4. Milngavie & Bearsden Jr.
5. Paisley Jr.
6. Edinburgh Jr.
7. Carnegie Jr.
- 8.

EVENT 4/8: Womens 4 x 100m Freestyle Relay Heats

Heat No. 1

1. Milngavie & Bearsden Jr
2. Paisley Jr.
3. Edinburgh
4. Paisley "B"
5. Hamilton District
6. Edinburgh Jr.
7. Warrender Jr.
8. Carnegie Jr.

Heat No. 2

1. Warrender
2. City of Newcastle
3. East Kilbride
4. Paisley "A"
5. Aberdeen
6. City of Dundee
7. York
8. Milngavie & Bearsden

SESSION FIVE: Saturday, 17 June: 14.00 Hours

5/1: Mens 400m Freestyle Heats

Heat No. 1

1.				
2.				
3.	Rognvald Omand	N/OY	71	4.35.80
4.	Peter Sullivan	W/SG	74	4.34.20
5.	Robert Jamison	YRK	74	4.35.20
6.	Alasdair Whike	E/EC	72	4.38.02
7.				

Heat No. 2

1.				
2.	Michael Cochran	N/AN	72	4.31.40
3.	David Paxton	E/WB	75	4.28.40
4.	Neil Arthur	N/OA	72	4.25.30
5.	Ian Lewis	E/FS	67	4.26.61
6.	Peter Burgon	N/OY	70	4.29.90
7.	Richard Thomson	W/SG	74	4.33.70

Heat No. 3

1.	Nicky Waterson	W/CO	68	4.19.10
2.	Tim Hobbs	CON	70	4.15.62
3.	Oavid Warren	TNM	71	4.12.20
4.	Peter Henry	E/EC	71	4.02.10
5.	Paul Easter	E/WB	63	4.08.58
6.	Iain McIntyre	E/EC	70	4.13.70
7.	Andrew Buchanan	W/SG	71	4.17.60
8.	Ian Shearer	E/WB	74	4.24.60

Heat No. 4

1.	Kevin Renshaw	CLS	65	4.18.90
2.	Angus Brown	E/EC	70	4.14.89
3.	Scott Milne	N/PO	71	4.10.90
4.	Campbell McNeil	W/PY	69	4.00.58
5.	Jeffrey Ong	KLY	72	4.06.60
6.	Andrew May	M/CO	72	4.13.00
7.	Bruce Drummond	E/WB	72	4.17.00
8.	Simon Capaldi	E/WB	75	4.20.70

Heat No. 5

1.	Alan Wallace	E/WB	73	4.18.50
2.	Adam Palmer	CLS	72	4.13.80
3.	Philip Stackhouse	SPM	73	4.10.42
4.	Kevin Boyd	BST	66	3.50.70
5.	Paul Brew	KLY	65	4.02.62
6.	Ross Noble	W/SG	72	4.12.72
7.	Oavid Gammie	N/AN	72	4.16.33
8.	Steve Leitch	E/WB	74	4.19.90

EVENT 5/2: Womens 400m Freestyle Heats

Heat No. 1

1.				
2.				
3.	Ailsa Campbell	N/OA	72	4.57.80
4.	Corinne Jack	W/MB	75	4.54.40
5.	Gail Heatley	W/EK	72	4.55.55
6.	Kristina Murray	E/BH	75	4.58.20
7.				
8.				

Heat No. 2

1.				
2.	Heather Anderson	W/MB	73	4.54.30
3.	Carol Smith	E/EC	76	4.52.00
4.	Ruth Holland	W/EK	74	4.51.69
5.	Tracey Sim	CLS	73	4.51.90
6.	Lorna McCallum	E/WB	76	4.53.50
7.				
8.				

Heat No. 4

1.	Carolyn Hawkins	E/EC	73	4.45.06
2.	Yolanda Oashwood Brady	E/PS	75	4.36.64
3.	Debbie Jones	COC	74	4.30.80
4.	Gillian Cook	BOK	74	4.24.90
5.	Mandy Ivison	BST	71	4.29.46
6.	Lorna Harvey	W/PY	71	4.34.25
7.	Justy Phillips	BOK	75	4.42.10
8.	Carol Brown	E/EC	72	4.51.20

Heat No. 5

1.	Pamela Ouncan	N/AN	73	4.44.96
2.	Jacqui Owen	CLS		4.36.40
3.	Shona Smart	COC	71	4.30.00
4.	Carol Shiell	E/EC	74	4.24.40
5.	Samantha Foggo	CON	74	4.29.02
6.	Joanne Oavey	CON	72	4.33.90
7.	Beverley Collier	M/CO	71	4.40.00
8.	Morag McGhee	N/PO	75	4.51.20

Heat No. 6

1.	Elaine Sheppard	W/MB	74	4.43.60
2.	Ashley Elder	E/WB	73	4.36.10
3.	Lindsay Smart	COC	73	4.30.00
4.	Karen Mellor	CSF		4.21.00
5.	Lisa Sonn	COS	74	4.28.80
6.	Pippa Herron	CON	71	4.31.00
7.	Susan Brown	E/EC	72	4.39.70
8.	Jacqueline Buchan	N/DA	71	4.48.30

EVENT 5/3: Boys 13/Under 50m Freestyle Heats**Heat No. 1**

1.					
2.					
3.	John McKenna	W/EK	78	40.04
4.	Graham McLeod	E/EC	79	38.80
5.	Andrew Bootland	E/WB	77	39.30
6.	Justin Boyes	E/WB	77	40.70
7.					
8.					

Heat No. 3

1.	Colin Fordyce	E/WB	77	37.14
2.	Douglas Whiteley	W/EK	78	36.21
3.	Iain McEwan	W/EK	78	35.90
4.	Iain Robertson	E/IS	77	35.20
5.	Ritchie Leith	E/WB	76	35.80
6.	Neil Norman	E/EC	78	35.91
7.	Grant Small	E/WB	78	36.66
8.	Douglas MacGregor	E/WB	78	37.20

Heat No. 5

1.	Craig Russell	E/LDD	76	33.50
2.	Lee Whyte	E/WB	76	33.10
3.	Steven Preston	E/BH		32.80
4.	Gordon Glasgow	E/LN	77	32.70
5.	Mathew McKellar	E/CE	76	32.80
6.	Alan Ralston	W/HD	76	33.10
7.	Colin Barnett	E/WB	78	33.29
8.	Gordon McIntyre	W/EK	78	33.61

Heat No. 7

1.	Gavin Hopkins	E/LN	77	32.50
2.	Robert Kennedy	E/WB	77	32.00
3.	John Boyes	E/WB	76	30.80
4.	Graeme Smith	SPM	76	28.80
5.	Christopher Laidlaw	E/LDD	76	30.00
6.	Allan McFarlane	E/EH	76	31.50
7.	Euan Stevens	E/CE	76	32.33
8.	Barry Clinton	E/CE	76	32.70

Heat No. 2

1.					
2.	Stuart Macfarlane	E/WB	79	38.40
3.	Robin Hatfield	E/WB	79	37.80
4.	Graham Laird	E/EC	76	37.30
5.	Scott Martin	W/EK	78	37.76
6.	Neil Williamson	E/WB	79	38.20
7.					
8.					

Heat No. 4

1.	Chris Capaldi	E/WB	78	34.97
2.	Kevin Thorburn	E/EC	78	34.40
3.	James Donn	W/BD	77	34.20
4.	Ewen McCallum	E/WB	78	33.90
5.	Paul Hamilton	W/CN	78	34.10
6.	Jeffrey Steadman	E/CE	77	34.40
7.	Gavin McKenzie	E/WB	77	34.80
8.	Ewan Ballantyne	E/WB	76	35.18

Heat No. 6

1.	Simon Brunton	W/HD	76	32.50
2.	Neil McGilp	E/PS	76	32.10
3.	Richard Dawson	W/CN	76	31.20
4.	Kevin Bates	M/AS	76	29.04
5.	Richard Hope	M/CD	76	30.24
6.	Duncan Budge	E/EH	77	31.80
7.	Craig Thow	E/IS	77	32.33
8.	Colin McDonald	E/CE	77	32.70

Heat No. 8

1.	Robert Simpson	E/LDD	76	32.50
2.	Gregg Sinclair	E/CE	76	31.90
3.	Iain Flight	E/WB	77	30.33
4.	Paul Latimer	E/WB	76	28.60
5.	Denis Connaghan	W/BD	76	29.18
6.	Jonathan Hepburn	E/WB	76	31.30
7.	Ross Lindsay	E/CE	76	32.20
8.	Timothy Stephens	E/WB	78	32.60

EVENT 5/4: Girls 50m Freestyle Heats**Heat No. 1**

1.					
2.	Victoria Jeffrey	E/WB	78	45.20
3.	Gillian Taylor	W/CN	79	43.30
4.	Carrie Nisbet	W/CN	79	42.30
5.	Sarah Barr	E/WB	78	43.13
6.	Hazel McAllister	W/CN	79	43.40
7.					
8.					

Heat No. 3

1.	Eily Scott	E/WB	77	39.00
2.	Angela Leggatt	E/LDD	78	38.40
3.	Gillian Sibbald	E/WB	77	37.80
4.	Lindsay Wight	E/WB	79	37.40
5.	Lois Speed	M/AS	79	37.75
6.	Gillian Pyper	M/AS	78	38.03
7.	Lisa Wilkie	E/WB	78	38.50
8.	Lindsay Baird	E/WB	79	39.63

Heat No. 5

1.	Candy Runge	M/AS	79	36.30
2.	Rhona Willock	E/EC	77	36.14
3.	Lindsay Ballantyne	E/WB	78	35.93
4.	Katherine Wight	E/WB	77	35.70
5.	Clair Dirkie	E/LDD	77	35.70
6.	Isla Lawry	W/CN	78	36.09
7.	Annette Bruce	E/WB	77	36.23
8.	Gillian Steel	E/LDD	79	36.50

Heat No. 7

1.	Susan Hamilton	W/BD	77	34.70
2.	Judith Clapp	M/CD	77	33.50
3.	Shelby Paul	W/BD	77	32.54
4.	Carmine Carrick	E/EC	77	31.50
5.	Rebecca Kay	E/CE	77	32.40
6.	Aisla Hale	W/BD	77	33.00
7.	Leeann Murray	E/BH	77	33.63
8.	Jane Anderson	W/EK	77	34.97

Heat No. 9

1.	Samantha McNeilly	E/WB	79	33.86
2.	Lee Ann Swan	E/PS	77	33.10
3.	Gail Somerville	E/LDD	77	32.40
4.	Gillian Kennedy	E/WB	77	30.50
5.	Caroline Watt	W/MB	77	31.80
6.	Jill Chalmers	M/AS	77	32.55
7.	Natolie Dashwood Brady	E/PS	77	33.50
8.	Nicola Redfern	W/CN	77	34.80

Heat No. 2

1.	Mint Orr	E/WB	78	42.10
2.	Jill Oliver	E/WB	78	41.20
3.	Kirsty Ballantyne	E/WB	78	40.77
4.	Petra Smith	E/EC	78	39.80
5.	Caroline Jeffrey	E/WB	78	40.00
6.	Morag Walker	E/WB	77	40.82
7.	Lisa Marwick	E/WB	78	42.10
8.	Pamela Scholan	E/WB	78	42.13

Heat No. 4

1.	Lisa McLuckie	W/CN		37.40
2.	Kirsty McLaren	E/WB	79	37.10
3.	Emma Ford	E/BS	77	36.57
4.	Emma Docherty	M/AS	78	36.51
5.	Alison Anderson	W/EK	79	36.52
6.	Pauline Smith	W/CN	78	36.60
7.	Katy Buchanan	E/WB	77	37.17
8.	Sarah Paterson	E/LDD	78	37.40

Heat No. 6

1.	Gayle Hamilton	W/BD	79	35.50
2.	Laura Mercer	E/CE	77	35.40
3.	Cheryl Madigan	E/WB	78	35.12
4.	Ceri Davies	M/AS	78	35.00
5.	Karen Morrison	E/CE	77	35.10
6.	Angela Young	M/AS	77	35.20
7.	Shirley Mitchell	E/PS	77	35.40
8.	Lynsey Hunter	E/WB	78	35.53

Heat No. 8

1.	Fiona Grossart	E/EC	77	33.90
2.	Lindsay Halliday	E/LDD	78	33.30
3.	Kirsty Hope	M/CD	78	32.43
4.	Jennifer Botterill	M/CD	77	31.00
5.	Nicola Steel	E/LDD	77	31.90
6.	Claire McDougall	W/MB	77	32.90
7.	Laura Turnbull	E/LDD	77	33.50
8.	Elaine Harrison	W/SG	78	34.82

EVENT 5/5: Boys 15/Under 100m Backstroke Heats**Heat No. 1**

1.					
2.	Nairn Pearson	E/WB	74	1.21.80
3.	Darren Mossman	E/LDD	74	1.20.90
4.	James McDougal	E/EC	75	1.20.20
5.	Stuart Penman	E/FS	76	1.20.42
6.	Graeme Wilmott	E/LDD	75	1.21.20
7.	John Turnbull	E/LDD	74	1.26.50
8.					

Heat No. 3

1.	Graham Anderson	W/EK	75	1.19.35
2.	Barry Clark	W/HC	75	1.16.00
3.	Donald Watt	W/MB	74	1.12.40
4.	Richard Batterby	YRK	74	1.06.70
5.	Paul Runge	M/AS	74	1.11.05
6.	Robert Jamison	YRK	74	1.14.10
7.	Iain Fergusson	E/LN	75	1.18.00
8.	Gordon Milne	E/EC	75	1.19.80

Heat No. 2

1.	Kevin Stobbart	E/BH	75	1.19.50
2.	Craig Oliver	E/WB	75	1.17.00
3.	Stuart Findlay	N/PD	75	1.12.40
4.	Andrew Gallacher	W/SG	74	1.10.10
5.	Jason Burnett	E/WB	74	1.12.00
6.	Craig Scott	W/LK	76	1.14.84
7.	John Laffey	E/EH	75	1.18.10
8.	Craig Thomson	W/HD	75	1.20.10

Heat No. 4

1.	Lindsay Bunney	E/EC	75	1.19.20
2.	Colin Bickerton	E/IG	74	1.15.12
3.	Graeme Smith	E/WB	75	1.12.00
4.	Jamie Sidey	W/CD	74	1.06.21
5.	Ian Shearer	E/WB	74	1.10.60
6.	Denis Connaghan	W/BD	76	1.13.30
7.	Jonathan Hepburn	E/WB	76	1.17.40
8.	Paul Galbraith	W/SG	74	1.19.60

EVENT 5/6: Girls 14/Under 100m Backstroke Heats**Heat No. 1**

1.					
2.					
3.	Sheonad Laidlaw	E/EC	75	1.29.06
4.	Linsay Spry	E/CE	76	1.28.50
5.	Lisa Watt	E/BS	75	1.29.00
6.	Liza Campbell	E/EC	76	1.30.60
7.					
8.					

Heat No. 3

1.	Morag Findlay	E/CE	76	1.23.00
2.	Penny Mitchell	W/LK	76	1.20.22
3.	Kristina Murray	E/BH	75	1.18.50
4.	Elaine Thow	E/IS	75	1.17.20
5.	Jillian Lough	E/EH	76	1.18.00
6.	Rose Chapman	E/EC	75	1.18.88
7.	Lindsay Mitchell	E/PS	75	1.21.10
8.	Simone Anderson	E/WB	76	1.24.60

Heat No. 5

1.	Louise Fotheringham	W/SG	76	1.22.90
2.	Gillian Kennedy	E/WB	77	1.19.00
3.	Justine Williamson	E/WB	75	1.18.50
4.	Kelly Reed	YRK	75	1.15.50
5.	Morag McGhee	N/PD	75	1.17.20
6.	Lara Collins	E/CE	75	1.18.80
7.	Debbie MacLeod	E/EC	75	1.20.80
8.	Heather George	E/EC	76	1.23.30

Heat No. 2

1.					
2.	Suzanne White	E/CE	76	1.28.00
3.	Sharon Brown	E/EC	75	1.27.70
4.	Julie Clark	W/SG	76	1.24.90
5.	Jan Gemmell	W/SG	75	1.27.10
6.	Lynsey Hay	E/EC	75	1.27.90
7.					
8.					

Heat No. 4

1.	Fiona McLean	E/WB	75	1.23.00
2.	Lorna Smith	E/LN	76	1.19.90
3.	Michelle Chapman	E/CE	75	1.18.50
4.	Alexis Smith	M/AS	76	1.17.12
5.	Claire Taylor	N/PD	76	1.17.20
6.	Andrea Carrey	W/BD	76	1.18.80
7.	Angela Thomson	W/HD	76	1.20.80
8.	Alison Gow	E/WB	76	1.23.90

EVENT 5/7: Boys 13/Under 50m Backstroke Heats**Heat No. 1**

1.				
2.	Andrew Bootland	E/WB	77	48.10
3.	Kevin Thorburn	E/EC	78	44.70
4.	Graham Laird	E/EC	76	43.70
5.	Scott Martin	W/EK	78	44.63
6.	Colin Fordyce	E/WB	77	45.01
7.	Douglas Whiteley	W/EK	78	49.00
8.				

Heat No. 3

1.	Ritchie Leith	E/WB	76	40.80
2.	Iain Robertson	E/IS	77	39.15
3.	Gavin Hopkins	E/LN	77	37.90
4.	Richard Hope	M/CD	76	35.09
5.	Gordon Glasgow	E/LN	77	36.70
6.	Ross Lindsay	E/CE	76	38.70
7.	Craig Thow	E/IS	77	39.50
8.	Lee Whyte	E/WB	76	41.30

Heat No. 5

1.	Timothy Stephens	E/WB	78	40.00
2.	Steven Preston	E/BH	77	38.80
3.	Gregg Sinclair	E/CE	76	37.00
4.	Colin Barnett	E/WB	78	33.29
5.	Kevin Bates	M/AS	76	35.71
6.	John Boyes	E/WB	76	38.30
7.	Gordon McIntyre	W/EK	78	39.47
8.	Colin McDonald	E/CE	77	40.80

EVENT 5/8: Girls 12/Under 50m Backstroke Heats**Heat No. 1**

1.				
2.	Sarah Barr	E/WB	78	53.00
3.	Victoria Jeffrey	E/WB	78	52.00
4.	Petra Smith	E/EC	78	47.90
5.	Caroline Jeffrey	E/WB	78	49.90
6.	Morag Walker	E/WB	77	52.86
7.				
8.				

Heat No. 3

1.	Erica Moore	W/EK	79	42.32
2.	Lee-Ann Swan	E/PS	77	41.90
3.	Jane Anderson	W/EK	77	41.57
4.	Angela Young	M/AS	77	41.14
5.	Severine Wyper	W/MB	77	41.30
6.	Gillian Steel	E/LDD	79	41.80
7.	Nicola Redfern	W/CN	77	42.00
8.	Katy Buchanan	E/WB	77	42.69

Heat No. 5

1.	Caroline Watt	W/MB	77	40.80
2.	Candy Runge	M/AS	79	40.14
3.	Lindsay Halliday	E/LDD	78	38.80
4.	Jennifer McKinlay	W/HD	77	36.20
5.	Gillian Kennedy	E/WB	77	37.70
6.	Cheryl Madigan	E/WB	78	39.30
7.	Laura Mercer	E/CE	77	40.50
8.	Gayle Hamilton	W/BD	79	41.10

Heat No. 2

1.	Robert Simpson	E/LDD	76	42.90
2.	Ben Harkin	W/CN	78	42.80
3.	Jeffrey Steadman	E/CE	77	41.80
4.	Barry Clinton	E/CE	76	41.50
5.	Craig Russell	E/LDD	76	41.60
6.	Euan Ballantyne	E/WB	76	42.10
7.	Gavin McKenzie	E/WB	77	42.80
8.	Neil Norman	E/EC	78	43.62

Heat No. 4

1.	Graeme Torrance	E/CE	77	40.50
2.	Simon Brunton	W/HD	76	39.10
3.	Jonathan Hepburn	E/WB	76	37.00
4.	Denis Connaghan	W/BD	76	34.50
5.	Christopher Laidlaw	E/LDD	76	36.50
6.	Robert Kennedy	E/WB	77	38.50
7.	Iain Flight	E/WB	77	39.50
8.	Ewen McCallum	78	78	40.90

Heat No. 2

1.				
2.	Katherine Wight	E/WB	77	46.00
3.	Elaine Harrison	W/SG	78	43.50
4.	Annette Bruce	E/WB	77	42.73
5.	Gillian Sibbald	E/WB	77	43.00
6.	Susan Hamilton	W/BD	77	43.60
7.	Eily Scott	E/WB	77	46.80
8.				

Heat No. 4

1.	Claire McDougall	W/MB	77	40.80
2.	Carmine Carrick	E/EC	77	40.2D
3.	Susan Ormiston	E/GA	77	38.85
4.	Nicola Steel	E/LDD	77	36.80
5.	Jill Chalmers	M/AS	77	37.73
6.	Cheryl Smith	M/AS	79	39.60
7.	Jenni Stewart	M/AS	78	40.74
8.	Kirsty Hope	M/CD	78	41.12

Heat No. 6

1.	Gail Somerville	E/LDD	77	40.80
2.	Karen Morrison	E/CE	77	39.90
3.	Rebecca Kay	E/CE	77	38.30
4.	Aisla Hale	W/BD	77	35.35
5.	Clair Dirkie	E/LDD	77	37.30
6.	Lee Ann Murray	E/BH	77	39.00
7.	Shirley Mitchell	E/PS	77	40.20
8.	Jennifer Botterill	M/CD	77	41.0D

EVENT 5/9: Boys 11/Under 4 x 50m Freestyle Relay Heats**Heat No. 1**

1.		
2.	Carnegie
3.	Warrender "A"
4.	Eyemouth & District
5.	Milnagvie & Bearsden
6.	Edinburgh
7.		
8.		

Heat No. 2

1.		
2.	St. Thomas
3.	East Kilbride
4.	Barracudas
5.	Warrender "B"
6.	Clackmannan District
7.		
8.		

EVENT 5/10: Girls 11/Under 4 x 50m Freestyle Relay Heats**Heat No. 1**

1.		
2.	Warrender "C"
3.	St. Thomas "B"
4.	Warrender "B"
5.	East Kilbride
6.	Carnegie "B"
7.	Livingston
8.		

Heat No. 2

1.	Clackmannan District
2.	Eyemouth & District
3.	Warrender "A"
4.	St. Thomas "A"
5.	Livingston Dedridge Dolphins
6.	Carnegie "A"
7.	Edinburgh
8.	Milnagvie & Bearsden

EVENT 5/11: Boys 15/Under 100m Butterfly Heats**Heat No. 1**

1.				
2.	Iain Fergusson	E/LN	75	1.23.80
3.	Robert Kennedy	E/WB	77	1.21.40
4.	Barry Clark	W/HD	75	1.18.50
5.	Craig Thomson	W/HD	75	1.19.40
6.	Roy McDougall	E/WB	75	1.21.40
7.				
8.				

Heat No. 2

1.	Nairn Pearson	E/WB	74	1.18.30
2.	Kevin Stobbard	E/BH	75	1.17.30
3.	Graeme Walker	W/BD	77	1.16.70
4.	Stuart Findlay	N/PD	75	1.15.70
5.	Craig Scott	W/LK	76	1.16.38
6.	James Donn	W/BD	77	1.17.30
7.	John Turnbull	E/LDD	74	1.17.70
8.	Gordon Milne	E/EC	75	1.18.40

Heat No. 3

1.	Steven Thomson	W/HD	74	1.14.40
2.	Andrew Smith	E/EC	75	1.10.98
3.	Paul Runge	M/AS	74	1.07.75
4.	Graham Kennedy	E/WB	74	1.04.60
5.	Nevil Greeley	N/PD	74	1.06.30
6.	Jason Burnett	E/WB	74	1.10.50
7.	Nicholas Walker	N/MD	74	1.13.00
8.	Graeme Smith	E/WB	75	1.15.50

Heat No. 4

1.	Darren Mossman	E/LDD	74	1.14.10
2.	Peter Littlefield	W/MB	75	1.10.80
3.	Paul Latimer	E/WB	76	1.07.50
4.	Jamie Sidey	W/CD	74	1.04.38
5.	Richard Thomson	W/SG	74	1.05.63
6.	Andrew Gallacher	W/SG	74	1.09.69
7.	Craig Oliver	E/WB	75	1.11.30
8.	Richard Dawson	W/CN	76	1.14.90

Heat No. 5

1.	Alastair Sankey	E/FS	75	1.13.00
2.	Stuart Wallace	W/CN	75	1.10.50
3.	Colin Bickerton	E/IS	74	1.06.90
4.	Simon Capaldi	E/WB	75	1.01.80
5.	Ryan Watt	N/FH	74	1.05.60
6.	Stephen Moir	W/EK	74	1.07.83
7.	Donald Watt	W/MD	74	1.11.10
8.	Lindsay Bunney	E/EC	75	1.14.68

EVENT 5/12: Girls 15/Under 100m Butterfly Heats**Heat No. 1**

1.				
2.	Alison Gow	E/WB	76	1.31.90
3.	Jan Gemmell	W/SG	75	1.31.20
4.	Lesley Barclay	E/EC	75	1.28.60
5.	Sheonad Laidlaw	E/EC	75	1.29.69
6.	Louise Fotheringham	W/SG	76	1.31.80
7.	Fiona McLean	E/WB	75	1.39.00
8.				

Heat No. 2

1.	Linsay Spry	E/CE	76	1.23.50
2.	Morag Findlay	E/CE	76	1.18.60
3.	Katie Milne	W/MB	75	1.15.50
4.	Louise Weames	W/BD	75	1.10.82
5.	Lara Collins	E/CE	75	1.12.60
6.	Elaine Thow	E/IS	75	1.17.10
7.	Heather George	E/EC	76	1.22.48
8.	Andrea Carrey	W/BD	76	1.26.50

Heat No. 3

1.	Julie Clark	W/SG	76	1.23.10
2.	Kristina Murray	E/BH	75	1.17.60
3.	Clair Whyte	W/EK	75	1.14.77
4.	Claire Taylor	N/PD	76	1.08.70
5.	Kirsty Simpson	E/PS	75	1.12.00
6.	Yolanda Dashwood Brady	E/PS	75	1.16.20
7.	Rose Chapman	E/EC	75	1.20.59
8.	Lorna Smith	E/LN	76	1.26.50

Heat No. 4

1.	Nicola Redfern	W/CN	77	1.23.00
2.	Morag McGhee	N/PD	75	1.17.30
3.	Fiona Gilchrist	W/EK	75	1.14.70
4.	Shona Macfarlane	E/WB	75	1.08.30
5.	Kelly Reed	YRK	75	1.11.50
6.	Nicola Douglas	W/HD	75	1.15.63
7.	Justine Williamson	E/WB	75	1.19.30
8.	Lynsey Hay	E/EC	75	1.23.50

EVENT 5/13: Mens 17/18 4 x 50m Medley Relay

Straight Final to be Swum in Evening Session: 6/21

1.		
2.	Edinburgh
3.	City of Dundee
4.	Paisley
5.	Hamilton District
6.	Warrender

EVENT 5/14: Womens 17/18 4 x 50m Medley Relay

Straight Final to be Swum in Evening Session: 6/22:

1.		
2.		
3.	Warrender
4.	Edinburgh
5.	City of Dundee
6.	East Kilbride
7.		
8.		

EVENT 5/15: Mens 19/24 4 x 50m Medley Relay

Straight Final to be Swum in Evening Session: 6/23

1.		
2.	Milngavie & Bearsden
3.	City of Dundee
4.	Paisley
5.	Warrender
6.	Edinburgh
7.	Carnegie

EVENT 5/16: Womens 19/24 4 x 50m Medley Relay

Straight Final to be Swum in Evening Session: 6/24

1.		
2.		
3.	Edinburgh
4.	City of Dundee
5.	Paisley
6.	Warrender



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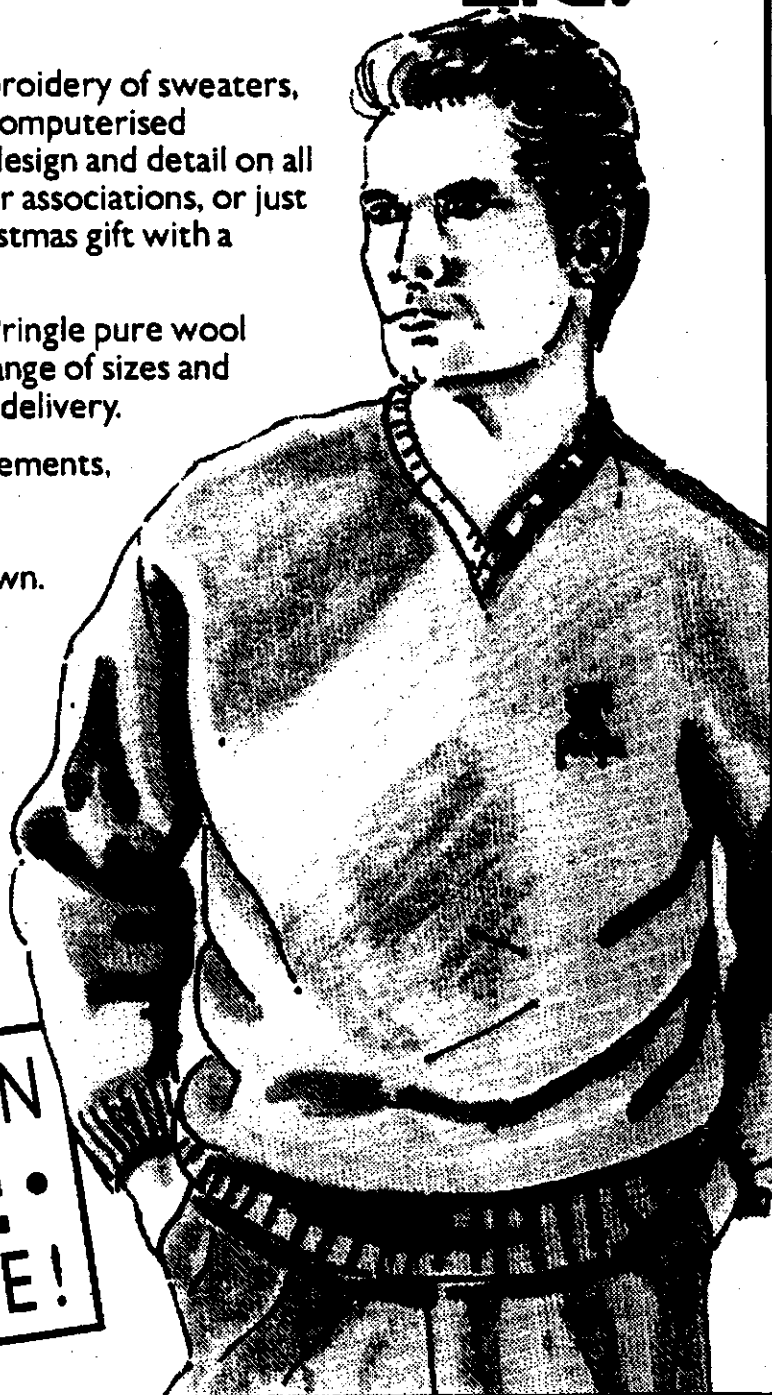
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SESSION SEVEN: Sunday, 18 June: 09.00 Hours

EVENT 7/1: Mens 200m Freestyle Heats

Heat No. 1

1.					
2.	Neil Arthur	N/DA	72	2.10.00
3.	Clark Moore	W/PY	69	2.09.40
4.	Ian Shearer	E/WB	74	2.07.70
5.	Robert Jamison	YRK	74	2.09.00
6.	Daniel Metcalfe	CON	69	2.09.72
7.					
8.					

Heat No. 2

1.	George Thomson	W/PY	72	2.04.77
2.	Simon Capaldi	E/WB	75	2.03.50
3.	Tom Griffith	N/EN	73	2.02.84
4.	Mark Duffy	CON	69	2.01.93
5.	Angus Brown	E/EC	70	2.02.75
6.	Alan Wallace	E/WB	73	2.03.00
7.	Ian Lewis	E/FS	67	2.04.34
8.	David Griffin	W/BL	74	2.06.40

Heat No. 3

1.	Tim Hobbs	CON	70	2.01.47
2.	Kevin Renshaw	CLS	65	2.00.00
3.	Lee Bennett	CON	70	1.58.33
4.	Paul Brew	KLY	65	1.54.83
5.	Alastair Irwin	KLY	70	1.57.00
6.	Scott McKinlay	W/CD	72	1.59.57
7.	Iain McCallum	W/PY	72	2.00.74
8.	Nicky Waterson	W/CD	68	2.01.92

Heat No. 4

1.	David Gammie	N/AN	72	2.01.13
2.	Jonathan Lynas	KLY		2.00.00
3.	Andrew May	M/CD	72	1.57.80
4.	Peter Henry	E/EC	71	1.54.50
5.	Paul Easter	E/WB	63	1.55.71
6.	Trevor Morgan	ABS	72	1.59.50
7.	Steven Foggo	CON	70	2.00.54
8.	Adam Palmer	CLS	72	2.01.50

Heat No. 5

1.	Sam Ferguson	W/PY	73	2.00.82
2.	Michael Hanby	NVC	72	1.59.97
3.	Steven Mellor	SMF	73	1.57.40
4.	Sean McQuaid	COM	68	1.54.00
5.	Campbell McNeil	W/PY	69	1.55.17
6.	Ian Stewart	YRK	70	1.59.00
7.	Iain McIntyre	E/EC	70	2.00.20
8.	Bruce Drummond	E/WB	72	2.01.50

EVENT 7/2: Womens 200m Freestyle Heats

Heat No. 1

1.	Lada Jamnicky	E/EC	74	2.23.47
2.	Carol Smith	E/EC	76	2.22.10
3.	Vivienne Stones	E/WB	74	2.21.30
4.	Andrena Hammond	W/BD	74	2.20.70
5.	Yvonne Bisley	W/MB	75	2.21.00
6.	Ailsa Campbell	N/DA	75	2.22.00
7.	Kirsty Simpson	E/PS	75	2.22.9D
8.	Carol Brown	E/EC	72	2.23.50

Heat No. 2

1.	Kristina Murray	E/BH	75	2.20.27
2.	Michelle Gibson	TNM	74	2.18.10
3.	Jacqueline Buchan	N/DA	71	2.17.20
4.	Elaine Sheppard	W/MB	74	2.16.40
5.	Jenny Waite	COS	74	2.17.00
6.	Corinne Jack	W/MB	75	2.17.30
7.	Hilary George	E/EC	73	2.19.00
8.	Pamela Duncan	N/AN	73	2.20.33

Heat No. 3

1.	Carolyn Hawkins	E/EC	73	2.16.03
2.	Andrea Fox	W/HD	68	2.13.70
3.	Joanne McHarg	W/PY	73	2.13.56
4.	Yolanda Dashwood Brady	E/PS	75	2.12.98
5.	Lorna Cunningham	E/EC	71	2.13.40
6.	Chantal Guillot	M/CD	72	2.13.70
7.	Justy Phillips	BOK	75	2.13.90
8.	Susan Brown	E/EC	72	2.16.29

Heat No. 4

1.	Stephanie Watson	W/PY	69	2.11.80
2.	Arlene Ewing	W/PY	70	2.10.63
3.	Lorna Harvey	W/PY	71	2.09.57
4.	Jean Hill	W/CD	64	2.05.89
5.	Debbie Jones	COC	74	2.08.80
6.	Emma Brooks	RBB	74	2.09.73
7.	Pippa Herron	CON	71	2.11.00
8.	Julie Bryce	E/WB	72	2.12.90

Heat No. 5

1.	Elaine Gilfillan	M/CD	65	2.11.70
2.	Sharon Gilfillan	M/CD	70	2.10.30
3.	Jill Ewing	W/PY	69	2.09.50
4.	Linda Donnelly	W/HD	69	2.05.03
5.	Carol Shiell	E/EC	74	2.08.13
6.	Debbie Morgan	DWT	74	2.09.71
7.	Bridget Greenwood	N/AN	72	2.10.80
8.	Ashley Elder	E/WB	73	2.12.40

Heat No. 6

1.	Lisa Sonn	COS	74	2.11.50
2.	Carolyn Connaghan	W/BD	73	2.10.00
3.	Caroline Banks	YRK	74	2.09.40
4.	Ruth Gilfillan	M/CD	67	2.04.10
5.	Nicola Cumbers	KLY	70	2.07.00
6.	Lynsay Smart	COC	73	2.09.60
7.	Gillian Cook	BOK	74	2.10.80
8.	Joanne Davey	CON	72	2.12.10

EVENT 7/3: Mens 200m Breaststroke Heats**Heat No. 1**

1.					
2.	Nicholas Walker	N/MD	74	2.45.41
3.	Chris Sultman	CON	72	2.41.54
4.	Angus Brown	E/EC	70	2.41.10
5.	Martyn Falkous	YRK	72	2.41.10
6.	Neil Arthur	N/DA	72	2.43.70
7.					
8.					

Heat No. 2

1.					
2.	Keith Dunnett	N/BD	70	2.40.10
3.	Ian Holland	W/EK	71	2.38.87
4.	Ross Murray	W/PY	74	2.38.14
5.	Donald Terris	E/EC	71	2.38.70
6.	Martin Douglas	CON	73	2.39.22
7.	Steven Saunders	N/AN	71	2.41.04
8.					

Heat No. 3

1.	Nevil Greeley	N/PD	74	2.35.30
2.	Peter Kappes	KWH	72	2.33.15
3.	Alastair Boyd	CON	67	2.30.10
4.	Richard Maden	ABS	72	2.25.40
5.	Ian McKenzie	BRB	72	2.27.14
6.	David Warren	TNM	71	2.32.10
7.	David Carr	CON	68	2.34.40
8.	Neill Curran	W/PY	68	2.37.90

Heat No. 4

1.	Christian Viola	E/WB	72	2.34.70
2.	Robert Robson	E/WB	73	2.32.70
3.	Martin Lee	E/FS	69	2.28.20
4.	Michael Wynn	E/EC	70	2.22.42
5.	Craig Thompson	BRD	72	2.26.50
6.	Daryl Mason	CON	70	2.31.66
7.	John Brand	E/EC	69	2.34.40
8.	Gordon McNee	E/WB	70	2.36.60

Heat No. 5

1.	Mark Whittacker	COS	72	2.34.40
2.	Dominic Sheils	E/WB	75	2.32.60
3.	Iain Jackson	W/PY	72	2.27.24
4.	Neil Hudghton	M/CD	69	2.21.79
5.	Ian Campbell	M/CD	65	2.25.60
6.	Martin McQueenie	E/WB	68	2.30.40
7.	Neil Murdoch	W/PY	73	2.33.90
8.	Lee Philip	N/AN	73	2.36.09

EVENT 7/4: Womens 200m Breaststroke Heats**Heat No. 1**

1.					
2.					
3.	Gail Heatley	W/EK	72	3.01.11
4.	Ailsa Campbell	N/DA	72	3.00.90
5.	Jane Frew	E/DS	76	3.01.00
6.	Hether Anderson	W/MB	73	3.02.00
7.					
8.					

Heat No. 2

1.	Emily Firth	CON	74	3.00.58
2.	Lindsay White	E/FS	69	2.56.26
3.	Jill Campbell	CON		2.50.96
4.	Lorraine Coombes	COS	60	2.43.30
5.	Tracy Wheatley	W/EK	73	2.49.83
6.	Michelle Gibson	TNM	74	2.54.50
7.	Fiona Lewis	E/FS	73	2.57.25
8.					

Heat No. 3

1.	Charlotte Grayson	YRK	75	2.58.00
2.	Sandra Paul	W/BD	74	2.55.61
3.	Lynn Sturgeon	E/EC	71	2.50.60
4.	Linda McLaren	E/WB	75	2.43.10
5.	Derna Campbell	W/CD	68	2.44.92
6.	Kirsty McNeil	W/MB	75	2.53.70
7.	Faye Heppell	YRK	75	2.57.20
8.					

Heat No. 4

1.	Susan Nichol	M/AS	74	2.57.92
2.	Tracey Sim	CLS	73	2.55.00
3.	Jane Kelly	E/WB	74	2.50.30
4.	Jean Hill	W/CD	64	2.39.03
5.	Shona Smart	COS	71	2.44.40
6.	Lucy Clark	CON	73	2.51.94
7.	Jacqueline Buchan	N/DA	71	2.56.80
8.					

EVENT 7/5: Mens 100m Butterfly Heats**Heat No. 1**

1.					
2.	Adam Jones	YRK	73	1.04.49
3.	Robert Hammond	W/SD	72	1.04.30
4.	Martin McBain	E/EC	72	1.03.47
5.	Chris Vergo	E/FS	69	1.04.12
6.	Clark Moore	W/PY	69	1.04.72
7.					
8.					

Heat No.2

1.					
2.	Stuart Lochray	W/PY	73	1.03.31
3.	Neil Arthur	N/DA	72	1.03.20
4.	Ross Noble	W/SG	72	1.03.02
5.	Ian McIntyre	E/EC	70	1.03.10
6.	John Brand	E/EC	69	1.03.30
7.					
8.					

Heat No. 3

1.	Simon Capaldi	E/WB	75	1.01.80
2.	Kevin Renshaw	CLS	65	1.00.90
3.	Scott Milne	N/PD	71	59.80
4.	Timothy Hart	THK	72	58.40
5.	Mark Jones	COS	72	58.80
6.	Andrew Buchanan	W/SG	71	1.00.45
7.	Steve McQuaid	COM	72	1.01.30
8.	Stuart Bisley	W/MB	73	1.02.80

Heat No. 4

1.	Ian Holland	W/EK	71	1.01.72
2.	Kevin Crosby	WOW	73	1.00.60
3.	Nicky Waterson	W/CD	68	59.24
4.	Euan Stewart	M/CD	69	58.30
5.	Kevin Reynard	E/WB	65	58.70
6.	Ian McDermott	W/HD	64	59.90
7.	Ian Stewart	YRK	70	1.01.20
8.	Stuart Albin	M/CD	69	1.02.60

Heat No. 5

1.	Sam Ferguson	W/PY	73	1.01.39
2.	Andrew May	M/CD	72	1.00.60
3.	David McNulty	CLS		59.20
4.	Jonathan Lynas	KLY		58.00
5.	Paul Easter	E/WB	63	58.70
6.	Colin Braund	E/IS	66	59.90
7.	David Warren	TNM	71	1.01.00
8.	Joe Corless	W/PY	69	1.02.00

EVENT 7/6: Womens 100m Butterfly Heats**Heat No. 1**

1.					
2.	Katie Sellar	W/GH	72	1.13.50
3.	Hilary George	E/EC	73	1.12.80
4.	Alison Cockshoot	W/SG	74	1.12.20
5.	Ailsa Campbell	N/DN	72	1.12.80
6.	Julie Anne Fraser	N/AN	74	1.13.11
7.	Anita Prentice	W/SG	74	1.14.70
8.					

Heat No. 2

1.	Susan Wallace	M/CD	71	1.12.10
2.	Andrena Hammond	W/BD	74	1.11.76
3.	Louise Weames	W/BD	75	1.10.82
4.	Ruth Holland	W/EK	74	1.10.23
5.	Dawn McEwan	W/GH	74	1.10.50
6.	Kelly Reed	YRK	75	1.11.50
7.	Angela Dronsfield	COM	75	1.12.00
8.					

Heat No. 3

1.	Samantha Embleton	CON	72	1.10.19
2.	Chantal Guillot	M/CD	72	1.10.00
3.	Janice Ruusell	CON	70	1.09.44
4.	Arlene Ewing	W/PY	70	1.09.21
5.	Julie Bryce	E/WB	72	1.09.40
6.	Sandra Paul	W/BD	74	1.09.79
7.	Jacqueline Buchan	N/DA	71	1.10.10
8.					

Heat No. 4

1.	Sarah Jamison	YRK	72	1.08.00
2.	Briony Shimmons	W/SG	72	1.07.42
3.	Emma Brooks	RBB	74	1.06.91
4.	Helen Bewley	UOS	68	1.05.40
5.	Beverley Jones	COC	72	1.06.10
6.	Sandra McDonald	W/PY	58	1.07.00
7.	Jill Ewing	W/PY	69	1.07.85
8.	Jenny Waite	COS	74	1.09.10

Heat No. 5

1.	Lynsay Smart	COC	73	1.08.00
2.	Grace Kerr	E/WB	75	1.07.30
3.	Shona Smart	COC	71	1.06.60
4.	Alyson Duffy	DWT	71	1.05.25
5.	Alison Sheppard	W/MB	72	1.06.10
6.	Jacqui Owen	CLS		1.07.00
7.	Faye Phimister	N/MD	75	1.07.80
8.	Keri Jones	COC	74	1.08.58

Heat No. 6

1.	Ute Schonherr	E/EC	68	1.07.90
2.	Elaine Gilfillan	M/CD	65	1.07.30
3.	Becky Bowden	COS	69	1.06.30
4.	Jean Hill	W/CD	64	1.04.87
5.	Alison Mackay	WOW	74	1.05.80
6.	Lorraine Phimister	N/MD	72	1.07.00
7.	Julie Latimer	E/WB	73	1.07.70
8.	Shona Macfarlane	E/WB	75	1.08.30

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Further information from:

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Scottish Swimming Awards,
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EVENT 7/7: Mens 4 x 200m Freestyle Relay Heats

Heat No. 1

- 1.
- 2.
3. Milngavie & Bearsden Jr.
4. Paisley Jr.
5. Warrender Jr.
6. Edinburgh Jr.
- 7.
- 8.

Heat No. 2

1. City of Newcastle
2. Warrender "B"
3. Edinburgh
4. Milngavie & Bearsden
5. City of Dundee
6. Paisley
7. Warrender "A"
8. Paisley

EVENT 7/8; Womens 4 x 200m Freestyle Relay Heats

Heat No. 1

- 1.
2. York
3. East Kilbride
4. Milngavie & Bearsden
5. City of Dundee
6. Paisley "A"
- 7.
- 8.

Heat No. 2

- 1.
- 2.
3. Paisley "B"
4. Edinburgh
5. Warrender
6. City of Newcastle
- 7.
- 8.

Heat No. 3

- 1.
- 2.
3. Milngavie & Bearsden Jr.
4. Paisley Jr.
5. Edinburgh Jr.
6. Warrender Jr.
- 7.
- 8.

SESSION EIGHT: Sunday, 18 June: 13.00 Hours

EVENT 8/1: Mens 400m Individual Medley Heats

Heat No. 1

1.				
2.	Campbell Allan	W/MB	76	5.44.00
3.	Bryan Adam	N/OY	76	5.33.50
4.	Andrew Smith	E/EC	75	5.32.40
5.	Graeme Smith	E/WB	75	5.32.60
6.	Kevin Bates	M/AS	76	5.35.76
7.	Richard Dawson	W/CM	76	5.49.30
8.				

Heat No. 3

1.	Ian Shearer	E/WB	74	5.11.30
2.	Richard Thomson	W/SG	74	5.10.20
3.	Jamie McNeil	W/MB	74	5.08.50
4.	Neil Arthur	N/DA	72	5.06.20
5.	Ross Murray	W/PY	74	5.08.19
6.	Michael Cochran	N/AN	72	5.09.11
7.	Neil Murdoch	W/PY	73	5.10.54

Heat No. 5

1.	Steve Leitch	E/WB	74	4.59.60
2.	Fraser Walker	E/WB	73	4.51.30
3.	Peter Kappes	KWH	72	4.44.86
4.	Jonathan Kerr	E/WB	71	4.37.40
5.	David Warren	TNM	71	4.42.80
6.	Andrew Buchanan	W/SG	71	4.48.36
7.	Dominic Sheils	E/WB	75	4.58.10
8.	Lee Philip	N/AN	73	5.02.48

EVENT 8/2: Womens 400m Individual Medley Heats

Heat No. 1

1.				
2.	Jennifer Wallace	E/GA	76	5.54.43
3.	Clare Whyte	W/EK	75	5.48.53
4.	Gail Heatley	W/EK	72	5.46.15
5.	Janet McLean	E/WB	73	5.47.20
6.	Morna Murdoch	W/PY	75	5.49.29
8.				

Heat No. 3

1.	Carol Smith	E/EC	76	5.39.00
2.	Susan Brown	E/EC	72	5.37.60
3.	Fiona Murray	W/PY	76	5.32.91
4.	Caroline Watson	W/AR	74	5.30.80
5.	Marion Kane	W/KH	75	5.32.60
6.	Fiona Lewis	E/FS	73	5.35.27
7.	Carolyn Hawkins	E/EC	73	5.38.20
8.	Laurel Sim	W/PY	75	5.39.76

Heat No. 2

1.	Stuart Findlay	N/PD	75	5.32.20
2.	Sam Christopherson	E/WB	73	5.23.00
3.	James Leitch	W/PY	75	5.18.81
4.	Paul Latimer	E/WB	76	5.16.50
5.	Keith Dunnett	N/BD	70	5.17.80
6.	Jason Burnett	E/WB	74	5.20.70
7.	Stuart Wallace	W/CN	75	5.30.10
8.				

Heat No. 4

1.	David Paxton	E/WB	75	4.59.90
2.	Steve McQuaid	COM	72	4.52.30
3.	Jeffrey Ong	KLY		4.45.00
4.	Scott McKinlay	W/CD	72	4.39.82
5.	Ian Stewart	YRK	70	4.43.80
6.	Kevin Crosby	WOW	73	4.49.26
7.	Alan Wallace	E/WB	73	4.58.20
8.	Nevil Greeley	N/PD	74	5.05.80

Heat No. 6

1.	David Griffin	W/BL	74	4.58.80
2.	Martin McQueenie	E/WB	68	4.51.10
3.	Martin Lee	E/FS	69	4.44.19
4.	Paul Brew	KLY	65	4.25.50
5.	David McNulty	CLS		4.40.50
6.	Carl Heathcote	NVC	72	4.46.00
7.	Malcolm McCallum	W/PY	75	4.53.83
8.	Andrew Dickson	E/WB	73	5.00.50

Heat No. 2

1.				
2.	Pamela Duncan	N/AN	73	5.45.04
3.	Ailsa Campbell	N/DA	72	5.43.80
4.	Corinne Jack	W/MB	75	5.42.00
5.	Ruth Holland	W/EK	74	5.43.37
6.	Stephanie McDonald	W/PY	76	5.43.81
7.	Justine Williamson	E/WB	75	5.45.20
8.				

Heat No. 4

1.	Jennifer Lochray	W/PY	76	5.26.47
2.	Beverley Collier	M/CD	71	5.20.00
3.	Sarah Jamison	YRK	72	5.15.70
4.	Keri Jones	COC	74	5.09.87
5.	Sharon Gilfillan	M/CD	70	5.12.20
6.	Ute Schonherr	E/EC	68	5.17.60
7.	Jacqueline Buchan	N/DA	71	5.23.60
8.	Linda McLaren	E/WB	75	5.29.40

Heat No. 5

1.	Shona Macfarlane	E/WB	75	5.23.90
2.	Jacqui Owen	CLS		5.19.60
3.	Becky Bowden	COS	69	5.15.20
4.	Lorraine Phimister	N/MD	72	5.07.94
5.	Beverley Jones	COC	72	5.12.00
6.	Faye Phimister	N/MD	75	5.17.00
7.	Julia Hayter	ABS	75	5.21.87
8.	Lorna McCallum	E/WB	76	5.29.20

Heat No. 6

1.	Jane Kelly	E/WB	74	5.23.90
2.	Lynn Sturgeon	E/EC	71	5.18.00
3.	Grace Kerr	E/WB	75	5.13.80
4.	Shona Smart	COC	71	5.03.70
5.	Samantha Foggo	CON	74	5.10.58
6.	Lynsay Smart	COC	73	5.16.00
7.	Joanne Davey	CON	72	5.21.58
8.	Claire Taylor	N/PD	76	5.27.00

EVENT 8/3: Boys 13/Under 50m Butterfly Heats**Heat No. 1**

1.					
2.	Neil Williamson	E/WB	79	53.23
3.	Robin Hatfield	E/WB	79	51.40
4.	Douglas McGregor	E/WB	78	49.50
5.	Colin Fordyce	E/WB	77	50.00
6.	Neil Norman	E/EC	78	51.55
7.					
8.					

Heat No. 2

1.					
2.	Stewart Macfarlane	E/WB	79	46.75
3.	Chris Capaldi	E/WB	78	42.46
4.	Colin Barnett	E/WB	78	41.06
5.	Kevin Thorburn	E/EC	78	41.10
6.	Grant Small	E/WB	79	45.37
7.	Ewan Ballantyne	E/WB	76	47.60
8.					

Heat No. 3

1.	Iain McEwan	W/EK	78	41.02
2.	Lee Whyte	E/WB	76	40.70
3.	Gareth Hopkins	E/LN	79	40.20
4.	Ritchie Leith	E/WB	76	40.00
5.	Timothy Stephens	E/WB	78	40.08
6.	Euan Stevens	E/CE	76	40.30
7.	Ewan McCallum	E/WB	78	41.00
8.	Andrew Bootland	E/WB	77	41.02

Heat No. 4

1.	Iain Flight	E/WB	77	37.60
2.	Jeffrey Steadman	E/CE	77	36.70
3.	Craig Thow	E/IS	77	36.03
4.	James Donn	W/BD	77	34.10
5.	Gordon Glasgow	E/LN	77	35.60
6.	Robert Kennedy	E/WB	77	36.40
7.	Stuart Nicol	E/PS	76	37.24
8.	Colin McDonald	E/CE	77	39.20

Heat No. 5

1.	Alan Ralston	W/HD	76	37.60
2.	John Boyes	E/WB	76	36.60
3.	Iain Robertson	E/IS	77	36.00
4.	Graeme Smith	SPM	76	33.20
5.	Christopher Laidlaw	E/LDD	76	35.10
6.	Mathew McKellar	E/CE	76	36.20
7.	Robert Simpson	E/LDD	76	37.20
8.	Graeme Torrance	E/CE	77	38.80

Heat No. 6

1.	Gavin McKenzie	E/WB	77	37.50
2.	Craig Russell	E/LDD	76	36.50
3.	Richard Dawson	W/CN	76	35.80
4.	Kevin Bates	M/AS	76	31.60
5.	Graeme Walker	W/BD	77	34.10
6.	Ross Lindsay	E/CE	76	36.20
7.	Gavin Hopkins	E/LN	77	37.10
8.	Jonathan Hepburn	E/WB	76	38.00

EVENT 8/4: Girls 12/Under 50m Butterfly Heats**Heat No. 1**

1.					
2.	Lisa Marwick	E/WB	78	55.60
3.	Victoria Jeffrey	E/WB	78	53.90
4.	Lindsay Baird	E/WB	79	52.22
5.	Caroline Jeffrey	E/WB	78	52.80
6.	Morag Walker	E/WB	77	55.26
7.					
8.					

Heat No. 2

1.					
2.	Kirsty Ballantyne	E/WB	78	49.27
3.	Katherine Wight	E/WB	77	49.00
4.	Pamela Scholan	E/WB	78	47.55
5.	Sarah Barr	E/WB	78	47.70
6.	Jill Oliver	E/WB	78	49.20
7.	Lisa Wilkie	E/WB	78	51.88
8.					

Heat No. 3

1.					
2.	Lindsay Wight	E/WB	79	45.00
3.	Kirsty McLaren	E/WB	79	44.10
4.	Annette Bruce	E/WB	77	42.71
5.	Sarah Paterson	E/LDD	78	43.00
6.	Katy Buchanan	E/WB	77	44.93
7.	Eily Scott	E/WB	77	46.00
8.					

Heat No. 4

1.	Gillian Sibbald	E/WB	77	41.80
2.	Lynsey Hunter	E/WB	78	41.72
3.	Susan Hamilton	W/BD	77	41.10
4.	Nicola Redfern	W/CN	77	40.40
5.	Lee Ann Murray	E/BH	77	40.50
6.	Natalie Dashwood Brady	E/PS	77	41.10
7.	Isla Lawry	W/CN	78	41.75
8.	Samantha McNeilly	E/WB	79	42.12

Heat No. 5

1. Clare Dirkie	E/LDD	77	39.90
2. Caroline Watt	W/MB	77	38.90
3. Lindsay Halliday	E/LDD	78	37.10
4. Jennifer Botterill	M/CD	77	34.43
5. Nicola Steel	E/LDD	77	35.90
6. Alison Anderson	W/EK	79	38.19
7. Cheryl Smith	M/AS	79	39.20
8. Jane Anderson	W/EK	77	40.35

Heat No. 6

1. Cheryl Madigan	E/WB	78	39.88
2. Gayle Hamilton	W/BD	79	38.86
3. Isla Hale	W/BD	77	37.00
4. Shelby Paul	W/BD	77	34.36
5. Jill Chalmers	M/AS	77	35.11
6. Laura Turnbull	E/LDD	77	37.60
7. Lois Speed	M/AS	79	39.07
8. Laura Mercer	E/CE	77	40.30

Heat No. 7

1. Erica Moore	W/EK	79	39.83
2. Karen Morrison	E/CE	77	38.20
3. Gail Somerville	E/LDD	77	37.00
4. Gillian Kennedy	E/WB	77	34.10
5. Rebecca Kay	E/CE	77	34.90
6. Judith Clapp	M/CD	77	37.43
7. Carmine Carrick	E/EC	77	39.00
8. Gillian Steel	E/LDD	79	39.90

EVENT 8/5: Boys 15/Under 100m Breaststroke Heats**Heat No. 1**

1. Craig Oliver	E/WB	75	1.37.60
2. Iain Flight	E/WB	77	1.33.10
3. Derek Logan	W/HD	75	1.26.60
4. Andrew Clapp	M/CD	75	1.26.00
5. Lindsay Bunney	E/EC	75	1.26.51
6. Graeme Smith	E/WB	75	1.29.90
7. Alan Rogerson	W/SG	74	1.35.40
8.				

Heat No. 2

1. Donald Watt	W/MB	74	1.24.90
2. Andrew Gallacher	W/SG	74	1.22.70
3. Colin Bickerton	E/IS	74	1.20.85
4. Jason Burnett	E/WB	74	1.16.10
5. Greg McLaughlin	W/HD	74	1.19.50
6. Paul Mullarky	E/EC	74	1.21.31
7. Duncan Stewart	E/EH	75	1.23.65
8. Kevin Stobbart	E/BH	75	1.25.70

Heat No. 3

1. James McDougal	E/EC	75	1.24.70
2. Peter Littlefield	W/MB	75	1.22.60
3. Peter Sullivan	W/SG	74	1.20.80
4. Nevil Greeley	N/PD	74	1.14.20
5. Graeme Wilmott	E/LDD	75	1.17.70
6. Richard Thomson	W/SG	74	1.21.20
7. Roy McDougall	E/WB	75	1.23.10
David Creswell	W/MB	74	1.25.20

Heat No. 4

1. Nairn Pearson	E/WB	74	1.24.70
2. Craeme Walker	W/BD	77	1.22.20
3. Jamie Sidey	W/CD	74	1.19.80
4. Ryan Watt	N/FH	74	1.11.60
5. Nicholas Walker	N/MD	74	1.16.72
6. Robert Jamison	YRK	74	1.20.90
7. Stuart Findlay	N/PD	75	1.22.80
8. Paul Galbraith	W/SG	74	1.24.90

EVENT 8/6: Girls 14/Under 100 Breaststroke Heats**Heat No. 1**

1.				
2. Fiona McLean	E/WB	75	1.46.50
3. Deborah Anderson	E/EC	76	1.38.30
4. Mairi Crombie	E/CE	76	1.32.90
5. Lynsay Spry	E/CE	76	1.33.40
6. Lindsay Brown	E/WB	76	1.45.70
7.				
8.				

Heat No. 2

1.				
2. Sheonad Laidlaw	E/EC	75	1.31.17
3. Elaine Thow	E/IS	75	1.30.20
4. Sheila McPherson	W/EK	75	1.29.97
5. Yolanda Townsend	W/BD	76	1.30.20
6. Wendy Farquharson	E/LN	76	1.31.00
7. Louise Fotheringham	W/SG	76	1.31.60
8.				

Heat No. 3

1. Alison Gow	E/WG	76	1.28.30
2. Lesley Barclay	E/EC	75	1.26.50
3. Jill Kerr	M/AS	75	1.23.85
4. Nicola Douglas	W/HD	75	1.21.90
5. Linda Lough	E/EH	76	1.23.20
6. Lara Collins	E/CE	75	1.24.90
7. Julie Clark	W/SG	76	1.27.40
8. Clair Whyte	W/EK	74	1.29.63

Heat No. 4

1. Heather George	E/EC	76	1.28.22
2. Emma Watson	W/EK	76	1.26.10
3. Claire Taylor	N/PD	76	1.23.50
4. Faye Heppell	YRK	75	1.20.50
5. Lorna McCallum	E/WB	76	1.22.80
6. Lynsay Waugh	W/EK	76	1.24.67
7. Angela Thomson	W/HD	76	1.27.00
8. Simone Anderson	E/WB	76	1.28.90

Heat No. 5

1. Justine Williamson	E/WB	75	1.27.70
2. Jane Frew	E/DS	76	1.25.00
3. Louise Weames	W/8D	75	1.23.35
4. Charlotte Grayson	YRK	75	1.20.50
5. Yolanda Dashwood Brady	E/PS	75	1.22.20
6. Claire Connelly	W/BD	75	1.24.30
7. Lesley Barclay	E/EC	75	1.26.55
8. Sharon Cairns	W/LK	76	1.28.47

EVENT 8/7;; Boys 13/Under 50m Breaststroke Heats**Heat No. 1**

1. Kevin Thorburn	E/EC	78	49.00
2. Craig Russell	E/LDD	76	48.60
3. Justin Boyes	E/WB	77	46.70
4. John McKenna	W/EK	78	46.54
5. Colin Fordyce	E/WB	77	46.57
6. Andrew Bootland	E/WB	77	48.00
7. Graham McLeod	E/EC	79	48.66
8.				

Heat No. 2

1. Jeffrey Steadman	E/CE	77	46.20
2. Ross Lindsay	E/CE	76	46.10
3. Gavin Hopkins	E/LN	77	45.80
4. Ben Harkin	W/CN	78	44.85
5. Ritchie Leith	E/WB	76	45.00
6. Colin Barnett	E/WB	78	45.99
7. Colin McDonald	E/CE	77	46.20
8. Robert Kennedy	E/WB	77	46.50

Heat No. 3

1. Gavin McKenzie	E/WB	77	43.90
2. Iain Flight	E/WB	77	42.60
3. John Boyes	E/WB	76	41.20
4. Mathew McKeller	E/CE	76	39.30
5. Christopher Laidlaw	E/LDD	76	40.20
6. Ewan Sayer	W/HD	76	41.85
7. Paul McGuire	W/8D	77	43.20
8. Craig Thow	E/IS	77	44.40

Heat No. 4

1. Gordon Glasgow	E/LN	77	43.70
2. Timothy Stephens	E/WB	78	42.48
3. Jonathan Hepburn	E/WB	76	41.20
4. Graeme Walker	W/BD	77	38.50
5. Steven Preston	E/BH	77	39.90
6. Richard Dawson	W/CN	76	41.70
7. Lee Whyte	E/WB	76	43.00
8. Ewan Ballantyne	E/WB	76	44.20

Heat No. 5

1. Gordon McIntyre	W/EK	78	43.21
2. Iain Robertson	E/IS	77	42.00
3. Euan Stevens	E/CE	76	40.70
4. Kevin Bates	M/AS	76	37.53
5. Barry Clinton	E/CE	76	39.40
6. Ewen McCallum	E/WB	78	41.60
7. Robert Simpson	E/LDD	76	42.70
8. Neil McGilp	E/PS	76	44.10

EVENT 8/8: Girls 50m Breaststroke Heats**Heat No. 1**

1. Victoria Jeffrey	E/WB	78	53.93
2. Eily Scott	E/WB	77	51.40
3. Rhonda Allan	W/CN	78	50.60
4. Katy Buchanan	E/WB	77	49.95
5. Lisa McLuckie	W/CN		50.50
6. Gillian Taylor	W/CN	79	51.20
7. Mint Orr	E/WB	78	53.30
8. Lisa Marwick	E/WB	78	54.80

Heat No. 2

1. Annette Bruce	E/WB	77	48.62
2. Sarah Paterson	E/LDD	78	48.10
3. Rebecca Kay	E/CE	77	47.00
4. Emma Docherty	M/AS	78	46.77
5. Gillian Steel	E/LDD	79	46.90
6. Elaine Harrison	W/SG	78	47.78
7. Shirley Mitchell	E/PS	77	48.60
8. Gillian Sibbald	E/WB	77	48.80

Heat No. 3

1. Emma Ford	E/BS	77	45.18
2. Susan Hamilton	W/BD	77	43.80
3. Judith Clapp	M/CD	77	43.20
4. Jennifer McKinlay	W/HD	77	40.74
5. Laura Turnbull	E/LDD	77	41.80
6. Fiona Grossart	E/EC	77	43.61
7. Gillian Wilson	E/EH	78	44.90
8. Morag Walker	E/WB	77	46.36

Heat No. 5

1. Lee Ann Murray	E/BH	77	45.11
2. Jill Chalmers	M/AS	77	43.66
3. Katherine Wight	E/WB	77	42.50
4. Nicola Steel	E/LDD	77	39.50
5. Elisabeth Yaneske	W/HD	77	41.00
6. Jennifer Botterill	M/CD	77	43.34
7. Jeni Stewart	M/AS	78	43.96
8. Pauline Rae	W/EK	77	45.36

Heat No. 4

1. Cheryl Madigan	E/WB	78	45.16
2. Gail Somerville	E/LDD	77	43.70
3. Isla Hale	W/8D	77	42.80
4. Natalie Dashwood Brady	E/PS	77	40.70
5. Claire McDougall	W/MB	77	41.80
6. Carmine Carrick	E/EC	77	43.50
7. Clare Dirkie	E/LDD	77	44.90
8. Ceri Davies	M/AS	78	45.93

EVENT 8/9: Boys 11/Under 4 x 50m Medley Relay Heats**Heat No. 1**

1.		
2.		
3. Warrender "A"	
4. Barracudas	
5. Livingston	
6. East Kilbride	
7.		
8.		

Heat No. 2

1.		
2. St. Thomas	
3. Clackmannan District	
4. Carnegie	
5. Edinburgh	
6. Warrender "B"	
7.		
8.		

EVENT 8/10: Girls 11/Under 4 x 50m Medley Relay Heats**Heat No. 1**

1.		
2. Warrender "C"	
3. Warrender "B"	
4. Carnegie "A"	
5. St. Thomas "B"	
6. East Kilbride	
7. Livingston	

Heat No. 2

1.		
2. Warrender "A"	
3. Clackmannan District	
4. Edinburgh	
5. Carnegie "B"	
6. St. Thomas "A"	
7. Livingston Dedridge Dolphins	
8.		

EVENT 8/11: Boys 15/Under 100m Freestyle Heats**Heat No. 1**

1. Alan Rogerson	W/SG	74	1.15.20
2. David Wilson	W/SG	74	1.10.60
3. Paul Galbraith	W/SG	74	1.09.50
4. Andrew Clapp	M/CD	75	1.09.10
5. Iain Fergusson	E/LN	75	1.09.40
6. Stuart Penman	E/FS	76	1.09.51
7. Gordon Milne	E/EC	75	1.10.80
8.				

Heat No. 2

1. Paul Mullarky	E/EC	74	1.08.60
2. Graham Campbell	UN	75	1.08.30
3. Craig Thomson	W/HD	75	1.07.80
4. Richard Dawson	AW/CN	76	1.07.70
5. Derek Logan	W/HD	75	1.07.70
6. Graeme Smith	E/WB	75	1.07.90
7. Nairn Pearson	E/WB	74	1.08.50
8. Roy McDougall	E/WB	75	1.08.90

Heat No. 3

1. James McDougal	E/EC	75	1.06.90
2. Craig Oliver	E/WB	75	1.05.60
3. Darren Mossman	E/LDD	74	1.04.80
4. Andrew Gallacher	W/SG	74	1.04.20
5. John Turnbull	E/LDD	74	1.04.70
6. Steven Thomson	W/HD	74	1.05.30
7. Kevin Stobbart	E/BH	75	1.05.60
8. Alistair Richmond	W/EK	75	1.07.34

Heat No. 5

1. Richard Batterby	YRK	74	1.03.80
2. David Cresswell	W/MB	74	1.01.14
3. Peter Littlefield	W/MB	75	1.00.20
4. Jamie Sidey	W/CD	74	57.30
5. Peter Sullivan	W/SG	74	59.87
6. Greg McLaughlin	W/HD	74	1.00.70
7. Graeme Wilmott	E/LDD	75	1.02.60
8. Christopher Carrol	E/PS	74	1.04.00

Heat No. 4

1. Denis Connaghan	W/BD	76	1.03.95
2. Paul Latimer	E/WB	76	1.01.50
3. Robert Jamison	YRK	74	1.00.30
4. Simon Capaldi	E/WB	75	57.90
5. Stuart Wallace	W/CN	75	59.90
6. Paul Runge	M/AS	74	1.00.90
7. Donald Watt	W/MB	74	1.02.80
8. Lindsay Bunney	E/EC	75	1.04.13

Heat No. 6

1. Andrew Smith	E/EC	75	1.02.91
2. Colin Bickerton	E/IS	74	1.01.00
3. Jamie McNeil	W/MB	74	1.00.10
4. Ryan Watt	N/FH	74	57.20
5. Jason Burnett	E/WB	74	58.10
6. Ian Shearer	E/WB	74	1.00.40
7. Stuart Findlay	N/PD	75	1.02.50
8. Nicholas Walker	N/MD	74	1.04.00

EVENT 8/12: Girls 14/Under 100m Freestyle Heats**Heat No. 1**

1.				
2. Janice Evans	W/SG	76	1.18.00
3. Alison Gow	E/WB	76	1.16.50
4. Lynsey Hay	E/EC	75	1.15.90
5. Andrea Carrey	W/BD	76	1.16.30
6. Emma Watson	W/EK	76	1.17.10
7.				
8.				

Heat No. 2

1.				
2. Mairi Crombie	E/CE	76	1.15.50
3. Sharon Brown	E/EC	75	1.14.50
4. Lynsey Waugh	W/EK	76	1.14.08
5. Simone Anderson	E/WB	76	1.14.10
6. Sheonad Laidlaw	E/EC	75	1.15.41
7.				
8.				

Heat No. 3

1. Jan Gemmill	W/SG	75	1.13.30
2. Liza Campbell	E/EC	76	1.12.80
3. Morag Findlay	E/CE	76	1.12.60
4. Angela Thomson	W/HD	76	1.11.70
5. Debbie MacLeod	E/EC		1.12.10
6. Heather George	E/EC	76	1.12.60
7. Lisa Watt	E/BS	75	1.13.30
8. Louise Fotheringham	W/SG	76	1.13.50

Heat No. 4

1. Lorna Smith	E/LN	76	1.11.30
2. Justine Williamson	E/WB	75	1.11.00
3. Lindsay Spry	E/CE	76	1.10.60
4. Dawn Gerrard	M/AS	75	1.10.20
5. Jill Kerr	M/AS	75	1.10.25
6. Fiona McLean	E/WB	75	1.11.00
7. Lyndsay Mitchell	E/PS	75	1.11.30
8. Julie Clark	W/SG	76	1.11.60

Heat No. 5

1. Sheila McPherson	W/EK	75	1.09.47
2. Eilidh Coia	W/MB	75	1.07.00
3. Kirsty McNeil	W/MB	75	1.05.20
4. Yolanda Dashwood Brady	E/PS	75	1.03.53
5. Charlotte Grayson	YRK	75	1.04.30
6. Katie Milne	W/MB	75	1.06.60
7. Kelly Reed	YRK	75	1.07.70
8. Wendy Farquharson	E/LN	76	1.10.10

Heat No. 6

1. Rose Chapman	E/EC	75	1.09.08
2. Kirsty Simpson	E/PS	75	1.06.80
3. Louise Weames	W/BD	75	1.04.72
4. Justy Phillips	BOK	75	1.02.30
5. Jennifer Lochray	W/PY	76	1.04.23
6. Kristina Murray	E/BH	75	1.06.10
7. Faye Hepple	YRK	75	1.07.70
8. Gillian Kennedy	/EWB	77	1.09.90

Heat No. 7

1. Vlasta Jamnicky	E/EC	75	1.08.30
2. Yvonne Bisley	W/MB	75	1.06.70
3. Morag McGhee	N/PD	75	1.04.70
4. Gillian Lavin	DWT	75	1.01.70
5. Lara Collins	E/CE	75	1.04.00
6. Claire Taylor	N/PO	76	1.05.70
7. Elaine Thow	E/IS	75	1.07.30
8. Alexis Smith	M/AS	76	1.09.79

SCOTTISH AMATEUR SWIMMING ASSOCIATION

NATIONAL LONG COURSE RECORDS

SENIOR: MALE

50m Freestyle	G. Wilson	24.23	Edinburgh	18.07.85
100m Freestyle	P. Easter	51.83	Los Angeles	31.07.84
200m Freestyle	P. Easter	1.51.70	Los Angeles	29.07.84
400m Freestyle	P. Easter	3.57.97	Brisbane	10.82
800m Freestyle	P. Easter	8.19.75	Brisbane	10.82
1500m Freestyle	D. Cruickshank	15.44.73	Edinburgh	30.07.86
50m Backstroke	ST	27.60		
100m Backstroke	N. Cochran	58.08	Strasbourg	22.08.87
200m Backstroke	D. Campbell	2.04.23	Moscow	80
50m Breaststroke	G. Watson	29.51	Amersfoort	22.04.89
100m Breaststroke	D. Wilkie	1.03.43	Montreal	07.76
200m Breaststroke	D. Wilkie	2.15.11	Montreal	24.07.76
50m Butterfly	ST	26.10		
100m Butterfly	N. Cochran	54.30	Strasbourg	19.08.87
200m Butterfly	P. Easter	2.03.50	Coventry	26.05.84
200m I.M.	N. Cochran	2.03.20	Orlando, U.S.A.	22.03.88
400m I.M.	P. Brew	4.25.25	Cardiff	06.88
4 x 50m Freestyle	National Team	1.39.18	Leeds	29.05.88
4 x 100m Freestyle	National Team	3.29.79	Edinburgh	28.07.86
4 x 200m Freestyle	National Team	7.36.31	Edinburgh	26.07.86
4 x 50m Medley	National Team	1.48.68	Leeds	28.05.88
4 x 100m Medley	National Team	3.54.05	Edinburgh	30.07.86

JUNIOR: MALE

50m Freestyle	S. Ferguson	24.76	Edinburgh	23.03.89
100m Freestyle	G. Wilson	53.84	Edinburgh	24.07.81
200m Freestyle	G. Wilson	1.55.37	Edinburgh	27.06.81
400m Freestyle	C. McNeil	4.07.50	Geneva	26.07.85
800m Freestyle	R. Noble	8.29.80	Amersfoort	31.07.88
1500m Freestyle	R. Noble	16.00.12	Amersfoort	31.07.88
50m Backstroke	S. Bisley	28.92	East Kilbride	22.04.89
100m Backstroke	A. May	1.00.84	East Kilbride	26.03.88
200m Backstroke	N. Cochran	2.10.08	Blackpool	11.07.81
50m Breaststroke	D. Sheils	32.20	East Kilbride	23.04.89
100m Breaststroke	G. Watson	1.05.43	Geneva	25.07.85
200m Breaststroke	I. Campbell	2.27.10	Yugoslavia	11.09.81
50m Butterfly	S. Ferguson	27.78	East Kilbride	21.04.89
100m Butterfly	R. Leishman	57.65	Geneva	26.07.85
200m Butterfly	R. Leishman	2.08.15	Blackpool	12.08.85
200m I.M.	J. Kerr	2.12.62	Rome	25.07.87
400m I.M.	J. Kerr	4.41.97	Rome	23.07.87
4 x 50m Freestyle	National Team	1.42.97	Leeds	29.05.88
4 x 100m Freestyle	Warrender "A"	3.44.10	Edinburgh	07.08.82
4 x 200m Freestyle	National Team	8.23.08	Lisbon	06.04.86
4 x 50m Medley	National Team	1.54.78	Geneva	27.01.89
4 x 100m Medley	Warrender "A"	4.11.16	Edinburgh	04.08.82

SCOTTISH AMATEUR SWIMMING ASSOCIATION

NATIONAL LONG COURSE RECORDS

SENIOR: FEMALE

50m Freestyle	A. Sheppard	26.54	East Kilbride	25.06.88
100m Freestyle	R. Gilfillan	58.00	Leeds	28.07.88
200m Freestyle	R. Gilfillan	2.01.66	Seoul	21.09.88
400m Freestyle	R. Gilfillan	4.14.89	Strasbourg	20.08.87
800m Freestyle	R. Gilfillan	8.48.82	Cardiff	04.05.86
1500m Freestyle	A. Hamilton	17.23.35	Edinburgh	15.07.83
50m Backstroke	ST	30.40		
100m Backstroke	B. Rose	1.03.61	Los Angeles	31.07.84
200m Backstroke	B. Rose	2.19.81	Brisbane	10.82
50m Breaststroke	J. Hill	33.28	Strasbourg	21.08.87
100m Breaststroke	J. Hill	1.11.26	Strasbourg	21.08.87
200m Breaststroke	J. Hill	2.31.57	Strasbourg	19.08.87
50m Butterfly	ST	29.00		
100m Butterfly	J. Hill	1.04.29	East Kilbride	26.06.88
200m Butterfly	S. Smart	2.18.50	Belgium	04.07.87
200m I.M.	J. Hill	2.17.21	Edinburgh	26.07.86
400m I.M.	J. Hill	4.54.11	Edinburgh	25.07.86
4 x 50m Freestyle	National Team	1.50.61	Leeds	29.05.88
4 x 100m Freestyle	National Team	3.55.89	Edinburgh	29.07.86
4 x 200m Freestyle	National Team	8.24.59	Edinburgh	03.07.88
4 x 50m Medley	National Team	2.02.87	Leeds	25.05.88
4 x 100m Medley	National Team	4.17.89	Edinburgh	29.07.86

JUNIOR: FEMALE

50m Freestyle	A. Sheppard	26.43	East Kilbride	24.06.88
100m Freestyle	(L. Donnelly (S. Watson	58.64	Edinburgh	29.06.85
200m Freestyle	R. Gilfillan	2.05.68	Edinburgh	24.06.83
400m Freestyle	R. Gilfillan	4.22.40	Coventry	21.07.83
800m Freestyle	A. Hamilton	8.58.82	Brisbane	
10.82				
1500m Freestyle	A. Hamilton	17.38.61	Edinburgh	06.08.82
50m Backstroke	ST	32.50		
100m Backstroke	B. Rose	1.06.26		80
200m Backstroke	A. Ratcliff	2.23.35	Edinburgh	12.06.86
50m Breaststroke	ST	35.00		
100m Breaststroke	S. Smart	1.14.09	Edinburgh	12.06.86
200m Breaststroke	S. Smart	2.40.52	Coventry	29.05.86
50m Butterfly	ST	29.90		
100m Butterfly	S. Smart	1.04.68	Edinburgh	12.06.86
200m Butterfly	S. Smart	2.18.50	Belgium	04.07.87
200m I.M.	S. Smart	2.21.71	Edinburgh	30.07.86
400m I.M.	S. Smart	4.59.58	London	02.08.87
4 x 50m Freestyle	National Team	1.53.79	Leeds	29.05.88
4 x 100m Freestyle	National Team	4.09.36	Lisbon	05.04.86
4 x 200m Freestyle	National Team	8.51.97	Lisbon	06.04.86
4 x 50m Medley	National Team	2.07.48	Geneva	23.01.88
4 x 100m Medley	National Team	4.36.26	Lisbon	04.04.86

BRITISH SENIOR LONG COURSE RECORDS

50m Freestyle	Mark Foster	23.13	Strasbourg	22.08.87
100m Freestyle	Andrew Jameson	50.57	Orlando	25.03.88
200m Freestyle	Paul Howe	1.51.22	Seoul	18.09.88
400m Freestyle	Kevin Boyd	3.50.01	Seoul	23.09.88
800m Freestyle	Kevin Boyd	8.01.87	Orlando	26.03.88
1500m Freestyle	Kevin Boyd	15.17.56	Seoul	24.09.88
50m Backstroke	Neil Harper	26.94	Indiana	10.04.88
100m Backstroke	Gary Abraham	57.72	Moscow	24.07.80
200m Backstroke	Gary Binfield	2.03.79	Seoul	22.09.88
50m Breaststroke	Adrian Moorhouse	28.75	Luxembourg	17.04.88
100m Breaststroke	Adrian Moorhouse	1.01.78	Orlando	26.03.88
200m Breaststroke	Nick Gillingham	2.14.12	Seoul	23.09.88
50m Butterfly	Andrew Jameson	25.00	Seoul	21.09.88
100m Butterfly	Andrew Jameson	53.30	Seoul	21.09.88
200m Butterfly	Phillip Hubble	2.00.21	Split, Yugo	11.09.81
200m I.M.	Neil Cochran	2.03.20	Orlando	25.03.88
400m I.M.	John Davey	4.24.20	Crystal Palace	01.08.87
4 x 100m Free	National Team	3.21.71	Seoul	23.09.88
4 x 200m Free	National Team	7.24.78	Los Angeles	30.07.84
4 x 100m Medley	National Team	3.24.01	Strasbourg	23.08.87

FEMALE

50m Freestyle	Caroline Woodcock	26.19	Molydal(Sweden)	25.03.89
100m Freestyle	June Croft	56.60	Amersfoort	31.01.82
200m Freestyle	June Croft	1.59.74	Brisbane	04.10.82
400m Freestyle	Sarah Hardcastle	4.07.68	Edinburgh	27.07.86
800m Freestyle	Sarah Hardcastle	8.24.77	Edinburgh	29.07.86
1500m Freestyle	Sarah Hardcastle	16.43.95	Montreal	18.04.85
50m Backstroke	ST	30.20		
100m Backstroke	Beverley Rose	1.03.61	Los Angeles	31.07.84
200m Backstroke	Katharine Read	2.14.87	Coventry	30.05.86
50m Breaststroke	Jean Hill	33.28	Strasbourg	21.08.87
100m Breaststroke	Suki Brownsdon	1.10.39	Strasbourg	19.08.87
200m Breaststroke	Jean Hill	2.31.51	Strasbourg	19.08.87
50m Butterfly	Caroline Cooper	28.22	Amersfoort	28.01.84
100m Butterfly	Nicola Fibbens	1.01.48	Los Angeles	02.08.84
200m Butterfly	Samantha Puirvis	2.11.97	Los Angeles	04.08.84
200m I.M.	Jean Hill	2.17.21	Edinburgh	26.07.86
400m I.M.	Sharron Davies	4.46.83	Moscow	26.07.80
4 x 100m Freestyle	National Team(Eng)	3.49.65	Edinburgh	27.07.86
4 x 200m Freestyle	ST	8.12.00		
4 x 100m Medley	National Team	4.12.24	Moscow	20.07.80

BRITISH JUNIOR LONG COURSE RECORDS

MALE

50m Freestyle	Mark Foster	24.00	Cardiff	05.05.86
100m Freestyle	Mark Foster	52.46	Coventry	13.04.86
200m Freestyle	Paul Howe	1.54.78	Mulhouse, France	07.08.83
400m Freestyle	Paul Howe	4.02.05	Mulhouse, France	06.08.83
800m Freestyle	David Stacey	8.26.64	Amersfoort	30.01.81
1500m Freestyle	Paul Sparkes	15.59.04	Montreal	19.07.76
50m Backstroke	Mark Foster	28.04	Cardiff	03.05.86
100m Backstroke	Austyn Shortman	1.00.47	Amersfoort	31.07.88
200m Backstroke	Gareth Williams	2.10.47	Crystal Palace	23.05.87
50m Breaststroke	Ian McKenzie	30.54	Rome	23.07.87
100m Breaststroke	Ian McKenzie	1.05.33	Rome	23.07.87
200m Breaststroke	Ian McKenzie	2.24.40	Rome	25.07.87
50m Butterfly	Mark Jones	25.81	Crystal Palace	08.05.88
100m Butterfly	Richard Leishman	57.65	Geneva	28.07.85
200m Butterfly	Christian Robinson	2.05.92	Amersfoort	26.03.89
200m I.M.	Paul Pederzolli	2.10.20	Stockholm	02.04.88
400m I.M.	Russell Stapleton	4.36.60	Rome	24.07.87

FEMALE

50m Freestyle	Alison Shepard	26.43	East Kilbride	24.06.88
100m Freestyle	Cheryl Brazendale	57.50	Blackpool	23.08.77
200m Freestyle	Jackie Willmott	2.03.23	Blackpool	26.05.80
400m Freestyle	Sarah Hardcastle	4.10.27	Los Angeles	31.07.84
800m Freestyle	Sarah Hardcastle	8.32.60	Los Angeles	03.08.84
1500m Freestyle	Jackie Willmott	16.46.48	Edinburgh	25.04.80
50m Backstroke	Sharon Page	31.20	Leeds	11.04.87
100m Backstroke	Katharine Read	1.05.69	Leeds	26.05.85
200m Backstroke	Katharine Read	2.16.00	Coventry	28.05.84
50m Breaststroke	Caroline Gable	33.95	Cardiff	05.06.88
100m Breaststroke	Suki Brownsdon	1.11.05	Split	08.09.81
200m Breaststroke	Suki Brownsdon	2.34.43	Kiev	03.07.81
50m Butterfly	Teresa Dray	29.78	Cardiff	30.04.88
100m Butterfly	Ann Osgerby	1.02.74	West Berlin	23.08.78
200m Butterfly	Ann Osgerby	2.16.01	West Berlin	26.08.78
200m I.M.	Sharron Davies	2.17.82	Edmonton	04.08.78
400m I.M.	Sarah Hardcastle	4.51.05	Coventry	26.05.84

TECHNICAL OFFICIALS

There is always a need for qualified technical officials at swimming galas and the Association arrange lectures in various centres and arrange examinations for Timekeepers, Judges, Starters, Referees and Recorders.

If you would like to become an official, starting at Timekeeper, please complete the undernoted application form and forward to the District Convener as below.

WEST:

Mr. A. Taylor
83 South Broomage Avenue
Larbert FK5 3G0
Tel: 0324 556 892

EAST:

Mr. R. Brown
1 Glenfield Crescent
Galashiels
Tel: 0896 2795

NORTH:

Mr. R. Wilson
72 Leggart Avenue
Aberdeen AB1 5UQ
Tel: 0224 874 638

MIDLAND:

Mr. D. Milne
12 Backmuir Drive
Birkhill, by Dundee DD2 5RA
0352 580 686

R. GREENLEES
NATIONAL CONVENER
TTO COMMITTEE

Form No 1: SCOTTISH AMATEUR SWIMMING ASSOCIATION
TECHNICAL TRAINING OFFICIALS COMMITTEE
EXAMINATION ENTRY FORM 19

Full Name:Mr. /Mrs. Miss

Address:

Telephone No.

District:Club:.....

For examination in the duties of:

TIMEKEEPER/JUDGE/STARTER/REFEREE/RECORDER (Delete four of these)

If you are, or have been on a District list of officials, please give details and dates.

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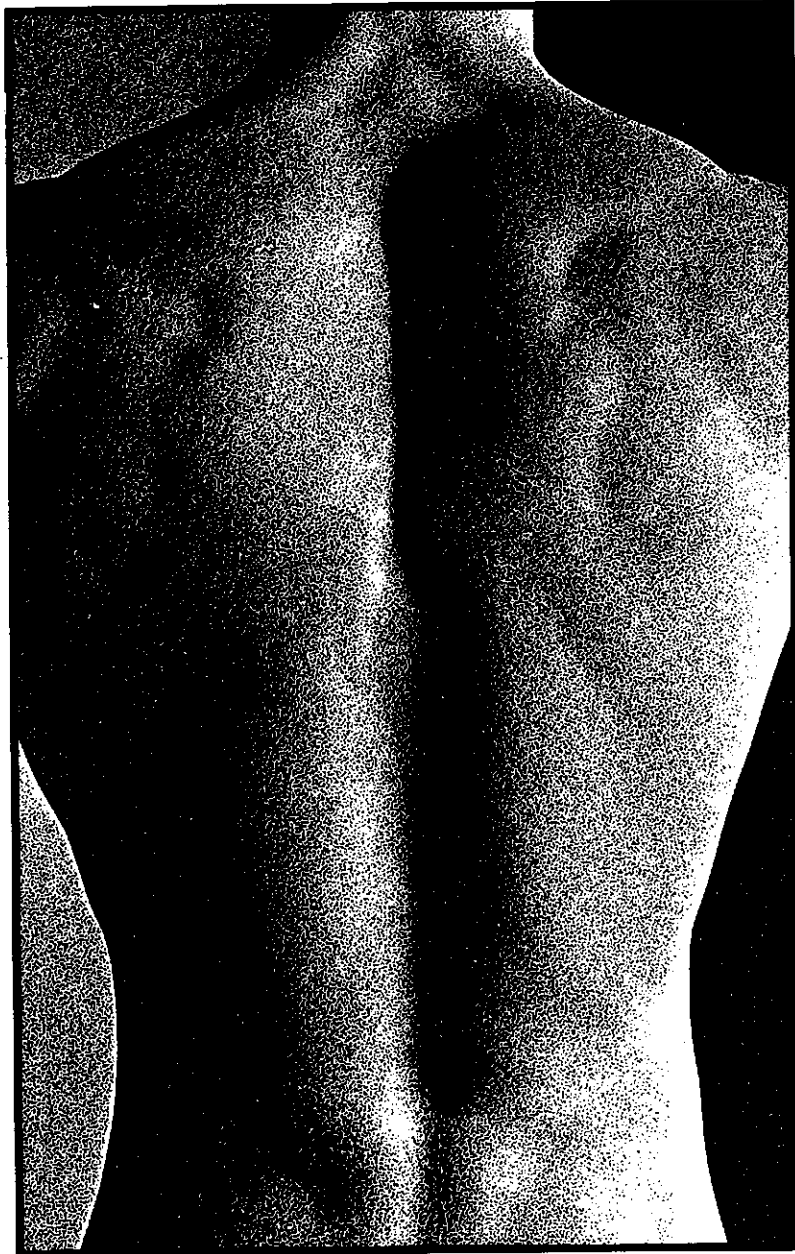
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