



Scottish Amateur  
Swimming Association

# THE 1985 OCL SCOTTISH NATIONAL SWIMMING AND DIVING CHAMPIONSHIPS

(under S.A.S.A. Rules)

\* \* \* \*

**And Incorporating a Youth Competition**

at The Royal Commonwealth Pool, Edinburgh  
on Tuesday 16th to Friday 19th July, 1985

<b>SWIMMING:</b>	Tuesday:		3.30 p.m. & 7.00 p.m.	
	Wednesday:	} Heats:	9.30 a.m.	
	Thursday:		} Youth Competition:	2.00 p.m.
	Friday:			} Finals:

<b>DIVING:</b>	Wednesday:	} 12.00 noon
	Thursday:	
	Friday:	



## **Welcome from our Sponsor**

On behalf of my colleagues at Overseas Containers Limited, I am delighted to announce that we are again sponsoring the Scottish Amateur Swimming Association Championships.

We are particularly pleased that the Championships are once more being held at the Commonwealth Pool only one year away from the full Commonwealth Games to be held in Edinburgh next year.



This has brought even greater attraction to this popular and important fixture, and we at OCL would like to bid you all, spectators and competitors alike, a very warm welcome.

Dudley Robertson,  
General Manager, OCL Scotland

SCOTTISH AMATEUR SWIMMING ASSOCIATION

THE 1985 OCL SCOTTISH NATIONAL SWIMMING  
AND DIVING CHAMPIONSHIP

PRESIDENT'S ADDRESS



The OCL Scottish Open Swimming and Diving Championship is the premier event in the Scottish Swimming Calendar and I warmly welcome all who have come to compete. This year's entries have come from France as well as the home countries and it is most encouraging to have so many visitors taking part this year. I hope you will all enjoy your stay in Scotland's capital city.

Edinburgh and the Royal Commonwealth Pool will be hosts for the swimming events of the XIII Commonwealth Games next year. No doubt many competitors from the four home countries will be hoping for selection in their National Teams for that important meet and will be glad of this chance to gain experience in the pool. My hope is that all swimmers, coaches and team managers take something from the experience of swimming in these Championships.

As always nowadays, finance - or should I say the lack of it - is a large factor in running a major championship meet. In this respect, the support we have had from Overseas Containers Limited has been most important. I gladly acknowledge our gratitude to OCL for this their second major input to Scottish swimming, and hope this happy arrangement may continue.

Edinburgh District Council not only hire the pool to us, but give us a grant to help pay their bill! This seems to me to be a most civilised way of doing business, which we hope will also continue. We are certainly most grateful for the help given by the Council at all levels, especially the pool staff who work so hard to have the pool and surrounds looking so well.

May I also add a word of thanks to all the many members of the SASA who form the organising Committee, act as technical officials, recorders and stewards. Also to those who prepare and print result sheets away from the pool, out of sight of the swimming and diving which they have come to see; to those who nurse along the electronic timing and those who massage aching muscles back to supple efficiency. Without all their efforts and support, the swimmers in the water would not be able to give their best without a worry.

Good luck swimmers.

President SASA

THE OCL 1985 SCOTTISH NATIONAL

SWIMMING AND DIVING CHAMPIONSHIPS

**PARTICIPATING CLUBS**

**Scottish Clubs (with codes)**

Aberdeen	N/AN
Ayr	W/AR
Barracudas	E/BS
Belshill Sharks	W/BL
Carnegie	E/CE
Community Education Service	W/CE
Cumbernauld	W/CD
City of Dundee	M/CD
Eastwood	W/ED
Fins	E/FS
City of Glasgow	W/CG
Glenrothes	E/GS
Kirkcaldy	E/KY
Hamilton Baths	W/HB
Heart of Midlothian	E/HM
Inverleith	E/IH
Kirkintilloch	W/KH
Larkhall Avondale	W/LA
Motherwell	W/ML
Paisley	W/PY
Peterhead	N/PD
Stirling	W/SG
Sutherland	N/SD
Thurso	N/TO
Warrender	E/WB

**English Clubs**

Barnet Cophall  
Beckenham  
City of Chester  
Chester-Le-Street  
Darlington  
Fareham Nomads  
Fleetwood  
Hounslow  
Kelly College  
City of Leeds  
City of Manchester  
City of Newcastle upon Tyne  
Orpington  
Reading  
City of Swansea  
Tynemouth  
Washington  
Wycombe  
Yeovil & District  
York

**French Clubs**

Cerde des Nageurs de Cannes  
Villeparisis Natation

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ORDER OF EVENTS

TUESDAY 16th JULY

Session One:           Warm up: 2.00 p.m.  
                          Start : 3.30 p.m.

101	Girls/Womens	800m Freestyle	Slowest Heats	(Declared Winner)
102	Boys/Mens	1500m Freestyle	Slowest Heats	(Declared Winner)
103	Womens	4 x 200m Freestyle Relay	Heats	
104	Mens	4 x 200m Freestyle Relay	Heats	

Session Two:           Warm up: 6.00 p.m.  
                          Start : 7.00 p.m.

201	Womens	800m Freestyle	Fastest Heat	(Declared Winner)
202	Mens	1500m Freestyle	Fastest Heat	(Declared Winner)
203	Womens	50m Freestyle	Heats	
204	Mens	50m Freestyle	Heats	
205	Womens	4 x 200m Freestyle Relay	Final	
206	Mens	4 x 200m Freestyle Relay	Final	

WEDNESDAY 17th JULY

Session Three:       Warm up: 8.00 a.m.  
                          Start : 9.30 a.m.

301	Womens	400m Individual Medley	Heats	
302	Mens	400m Individual Medley	Heats	
303	Womens	100m Butterfly	Heats	
304	Mens	100m Butterfly	Heats	
305	Womens	200m Breaststroke	Heats	
306	Mens	200m Breaststroke	Heats	
307	Womens	200m Freestyle	Heats	
308	Mens	200m Freestyle	Heats	
309	Womens	4 x 100m Medley Relay	Heats	
310	Mens	4 x 100m Medley Relay	Heats	

DIVING : 12.00 noon :  
          Womens       3m Springboard

Session Four:       Warm up: 1.00 p.m.  
                          Start : 2.00 p.m.

401	Girls	400m Individual Medley	Heats	
402	Boys	400m Individual Medley	Heats	
403	Girls	100m Butterfly	Heats	
404	Boys	100m Butterfly	Heats	
405	Girls	200m Breaststroke	Heats	
406	Boys	200m Breaststroke	Heats	
407	Girls	200m Freestyle	Heats	
408	Boys	200m Freestyle	Heats	

**Session Five:** Warm up: 5.00 p.m.  
Start : 6.30 p.m.

8 Consolation Finals/Finals from Session Three, plus Relay Final  
8 Finals from Session Four

**THURSDAY 18th JULY**

**Session Six:** Warm up: 8.00 a.m.  
Start : 9.30 a.m.

601	Womens	400m Freestyle	Heats
602	Mens	400m Freestyle	Heats
603	Womens	100m Backstroke	Heats
604	Mens	100m Backstroke	Heats
605	Womens	200m Butterfly	Heats
606	Mens	200m Butterfly	Heats
607	Womens	4 x 100m Freestyle Relay	Heats
608	Mens	4 x 100m Freestyle Relay	Heats

**DIVING : 12 noon :**  
Mens 3m Springboard

**Session Seven:** Warm up: 1.00 p.m.  
Start : 2.00 p.m.

701	Girls	400m Freestyle	Heats
702	Boys	400m Freestyle	Heats
703	Girls	100m Backstroke	Heats
704	Boys	100m Backstroke	Heats
705	Girls	200m Butterfly	Heats
706	Boys	200m Butterfly	Heats

**Session Eight:** Warm up: 5.00 p.m.  
Start : 6.30 p.m.

6 Consolation Finals/Finals from Session Six, plus 50m Freestyle Finals  
plus Relay Finals  
6 Finals from Session Seven

**FRIDAY 19th JULY**

**Session Nine:** Warm up: 8.00 a.m.  
Start : 9.30 a.m.

901	Womens	200m Individual Medley	Heats
902	Mens	200m Individual Medley	Heats
903	Womens	100m Breaststroke	Heats
904	Mens	100m Breaststroke	Heats
905	Womens	200m Backstroke	Heats
906	Mens	200m Backstroke	Heats
907	Womens	100m Freestyle	Heats
908	Mens	100m Freestyle	Heats

**DIVING : 12 noon :**

Womens Highboard  
Mens Highboard

**Session Ten:**

**Warm up: 1.00 p.m.**  
**Start : 2.00 p.m.**

10/01	Girls	200m Individual Medley	Heats
10/02	Boys	200m Individual Medley	Heats
10/03	Girls	100m Breastroke	Heats
10/04	Boys	100m Breastroke	Heats
10/05	Girls	200m Backstroke	Heats
10/06	Boys	200m Backstroke	Heats
10/07	Girls	100m Freestyle	Heats
10/08	Boys	100m Freestyle	Heats

**Session Eleven:**

**Warm up: 5.00 p.m.**  
**Start : 6.30 p.m.**

8 Consolation Finals/Finals from Session Nine

8 Finals from Session Ten

WEDNESDAY

DIVING : 12.00 noon

WOMENS 3m SPRINGBOARD (PRELIMINARY AND FINAL)

Scottish Champion 1984:

1	Fiona Moffat	Edinburgh Diving Club
2	Julie Scott	Edinburgh Diving Club
3	Mary Hamilton	Edinburgh Diving Club
4	Jane H. Ogden	Edinburgh Diving Club
5	Karen Cuthbert	Edinburgh Diving Club
6	Mandy Robbie	Edinburgh Diving Club
7	Kay Ingram	Dundee Diving Club

THURSDAY

DIVING : 12.00 noon

MENS 3m SPRINGBOARD (PRELIMINARY AND FINAL)

Scottish Champion 1984:

1	Gavin Young	Edinburgh Diving Club
2	Peter Smith	Ayr Diving Club
3	Stephen Forrest	Edinburgh Diving Club

FRIDAY

DIVING : 12.00 noon

WOMENS HIGHBOARD (PRELIMINARY AND FINAL)

Scottish Champion 1984:

1	Maleana Scott	Inverclyde A.S.C.
2	Jane H. Ogden	Edinburgh Diving Club
3	Fiona Moffat	Edinburgh Diving Club
4	Kay Ingram	Dundee Diving Club
5	Mandy Robbie	Dundee Diving Club
6	Julie Scott	Edinburgh Diving Club
7	Mary Hamilton	Edinburgh Diving Club

MENS HIGHBOARD (PRELIMINARY AND FINAL)

Scottish Champion 1984:

1	Peter Smith	Ayr Diving Club
2	Stephen Forrest	Edinburgh Diving Club
3	Gavin Young	Edinburgh Diving Club



# **Overseas Containers Limited**

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**Overseas Containers Limited**

Gartsherrie Road, Coatbridge, Lanarkshire, ML5 2DY

Tel: 0236-24922 Telex: 778577