



Co. Stirling

SCOTTISH SHORT COURSE SWIMMING CHAMPIONSHIPS

under S.A.S.A. Rules



PROVOST'S POOL, STIRLING

FRIDAY, 11th DECEMBER, 1981

at 2.00pm and 6.30pm

SATURDAY, 12th DECEMBER, 1981

at 10.00am and 2.30pm

Programme 30p.

MESSAGE FROM THE PRESIDENT

It is my privilege, as President of the Association to extend a warm and sincere welcome to the Swimmers and Officials who are participating in the 1981 National Short Course Championships - and also to our guests and spectators.

Unfortunately, we do not have a Sponsor this year.

We are grateful to Ian Blyth and his staff for the untiring co-operation we receive from them at Provost's Pool.

Finally, no event of this type can take place without the hard work of the Organising Committee and to the West District the S.A.S.A. are grateful.

May I take this opportunity of wishing you all a Very Happy Christmas and a prosperous and successful 1982.

Mae Cochrane

OFFICIALS OF THE SCOTTISH AMATEUR SWIMMING ASSOCIATION

President: Mrs. M. Cochrane

General Secretary

Mr. W. Black

Vice President

Mr. T. Nelson

General Treasurer

Mr. L. Turberville

S.A.S.A. SHORT COURSE CHAMPIONSHIPS

Organising Committee:

West District

Championship Officials:

Appointed by the Scottish Amateur Swimming Association

Acknowledgements:

Mr. I. Blyth and Staff of Provost's Pool
Stirling District Council
Members of Stirling A.S.C. who have offered their services
Cronus Timing Ltd.
Berec (Ever Ready) Limited
Rank Xerox Limited

* * *

Competitors must remain in their places in the water at the end of a race, until instructed to leave by the Referee.

Heats are seeded to entry times, and Seniors and Juniors shall compete together. The winner of a Championship shall be designated to be the Champion of Scotland.

* * *

Presentation:

Club tracksuits will be worn - not National Team

Withdrawals:

Any competitor who undertakes to appear at a competition and without adequate reason fails to appear, may be reported by the Organising Committee to the S.A.S.A. Council, who shall investigate and take appropriate action.

* * *

RESULT SHEETS: 15p each session; full set - 60p; postal set - 75p

S.A.S.A. NATIONAL SHORT COURSE CHAMPIONSHIPS 1981

ORDER OF EVENTS

WARM UPS: Warm ups commence 1 hour before the start of each session.

SESSION ONE

Friday: afternoon 2.00 p.m.

1. W 200m Backstroke Heats
2. M 200m Butterfly Heats
3. W 400m Freestyle Heats
4. M 200m Backstroke Heats
5. W 100m Butterfly Heats
6. M 1500m Freestyle Heat (DW)
- *
7. M 50m Freestyle (Heats)

8. W 200m Backstroke Final
9. M 200m Butterfly Final
10. W 400m Freestyle Fastest Heat (DW)
11. M 200m Backstroke Final
12. W 100m Butterfly Consolation Final
13. W 100m Butterfly Final
14. M 1500m Freestyle Fastest Heat (DW)
- *
15. M 50m Freestyle Consolation Final
16. M 50m Freestyle Final

SESSION TWO

Friday: evening 6.30 p.m.

1. W 400m Ind. Medley Heat (DW)
2. M 100m Backstroke Heats
3. W 200m Freestyle Heats
4. M 200m Breaststroke Heats
5. W 100m Backstroke Heats
6. M 100m Freestyle Heats

7. W 400m Ind. Medley Fastest Heat (DW)
8. M 100m Backstroke Con. Final
9. M 100m Backstroke Final
10. W 200m Freestyle Final
11. M 200m Breaststroke Final
12. W 100m Backstroke Con. Final
13. W 100m Backstroke Final
14. M 100m Freestyle Con. Final
15. M 100m Freestyle Final

* There will be a warm-up break of 10 minutes prior to 50m events: 7 and 15

SESSION THREE

Saturday: morning 10.00 a.m.

1. M 200m Freestyle Heats
2. W 200m Breaststroke Heats
3. M 100m Breaststroke Heats
4. W 200m Ind. Medley Heats
5. M 400m Ind. Medley Heat (DW)
6. W 800m Freestyle Heat (DW)
- *
7. W 50m Freestyle Heats

8. M 200m Freestyle Final
9. W 200m Breaststroke Final
10. M 100m Breaststroke Con. Final
11. M 100m Breaststroke Final
12. W 200m Ind. Medley Final
13. M 400m Ind. Medley Fastest Heat (DW)
14. W 800m Freestyle Fastest Heat (DW)
- *
15. W 50m Freestyle Consolation Final
16. W 50m Freestyle Final

SESSION FOUR

Saturday: afternoon 2.30 p.m.

1. M 100m Butterfly Heats
2. W 200m Butterfly Heats
3. M 400m Freestyle Heat (DW)
4. W 100m Breaststroke Heats
5. M 200m Ind. Medley Heats
6. W 100m Freestyle Heats

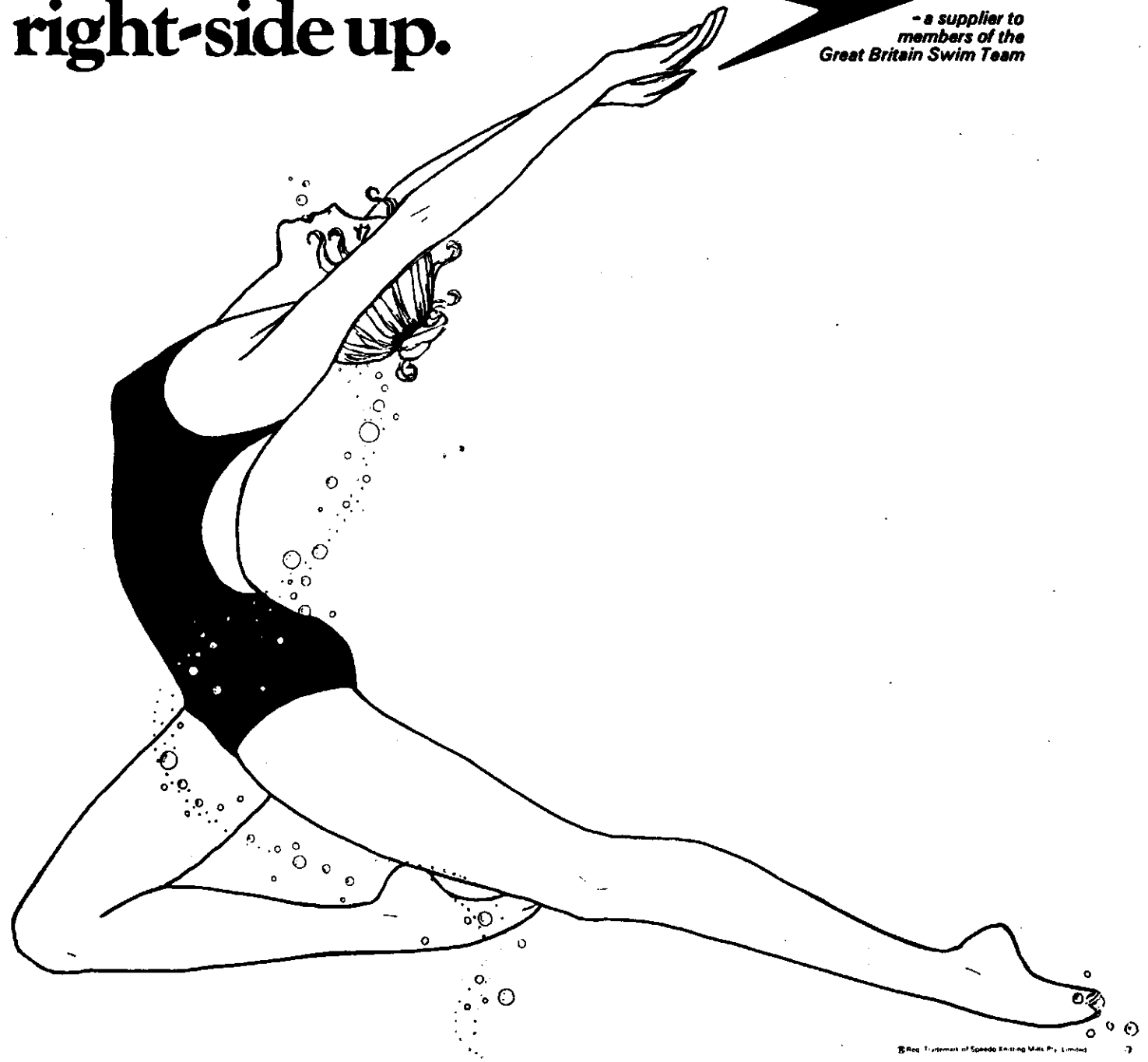
7. M 100m Butterfly Con. Final
8. M 100m Butterfly Final
9. W 200m Butterfly Final
10. M 400m Freestyle Fastest Heat (DW)
11. W 100m Breaststroke Con. Final
12. W 100m Breaststroke Final
13. M 200m Individual Medley Final
14. W 100m Freestyle Con. Final
15. W 100m Freestyle Final

* There will be a warm-up break of 10 minutes prior to 50m events: 7 and 15

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