

SCOTTISH AMATEUR SWIMMING ASSOCIATION.

GENERAL SECRETARY—WILLIAM BLACK, 16 Royal Crescent, Glasgow G3 7SL.

Telephone 041-332 2300.

ENTRY FORM.

MEN

WOMEN

★Date of Birth JUNIORS

Delete as appropriate

NATIONAL LONG COURSE CHAMPIONSHIPS.

To the General Secretary of the Scottish Amateur Swimming Association.

Sir,

Please enter me as a Competitor for :-

Event

Full Name..... Registration No.....

(BLOCK LETTERS)

Address

(BLOCK LETTERS)

Postal Code..... Telephone.....

Club..... District.....

Best Time (Since 1st January this year)

Length of Pool in which achieved

Occasion..... Date.....

★(See overleaf)

Converted to 50m.....

(Use ASA equivalent performance tables)

I hereby declare that the above particulars are correct and that I am an amateur according to Rule 49 Amateur Definition FINA GENERAL RULES, and I will abide by the conditions laid down by the Scottish Amateur Swimming Association.

Yours,

(Signature of Competitor).....

Entries close **SIX WEEKS** before the first day of the meeting. No entry will be accepted after that date or if unaccompanied by the fee. Anyone giving false or wilfully misleading information will be disqualified.

All competitors must be Registered and Registration No. quoted.

WITHDRAWALS. Any competitor who undertakes to appear at a competition and without adequate reason fails to appear may be reported by the organising committee to the S.A.S.A. Council, who shall investigate and take appropriate action.

ENTRY FEE 30p Individual Championships. **60p** Team Championships.

NATIONAL LONG COURSE CHAMPIONSHIPS.

EVENTS.— MEN'S INDIVIDUAL EVENTS

100, 200, 400, 800, 1500 METRES FREESTYLE
100, 200 BACKSTROKE
100, 200 BREASTSTROKE
100, 200 BUTTERFLY
200, 400 INDIVIDUAL MEDLEY

WOMEN'S INDIVIDUAL EVENTS

100, 200, 400, 800 METRES FREESTYLE
100, 200 BACKSTROKE
100, 200 BREASTSTROKE
100, 200 BUTTERFLY
200, 400 INDIVIDUAL MEDLEY

TEAM EVENTS MEN

4 x 50m FREESTYLE RELAY
4 x 50m MEDLEY RELAY
4 x 100m FREESTYLE RELAY

WOMEN

4 x 50m FREESTYLE
4 x 50m MEDLEY RELAY

JUNIOR MEN

4 x 50m FREESTYLE RELAY
4 x 50m MEDLEY RELAY

JUNIOR WOMEN

4 x 50m FREESTYLE RELAY
4 x 50m MEDLEY RELAY

The winner of a championship shall be designated the Champion of Scotland. Junior Trophies shall be presented to the fastest Junior in the Final ; if no Juniors qualify for the Final the fastest Junior in the Heats shall receive the appropriate Trophy.

★ Best times must be achieved at District Trials / Championships, National Trials / Championships Inter-District Competitions, International Contests or such events approved by a District.