

SCOTTISH AMATEUR
Swimming Association.



ORGANISED 1888.

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Scottish Amateur Swimming Association.

OFFICERS FOR 1896.

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Vice-Presidents.

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A. JOHNSTONE, D. & D.L.C.
HY. COATES, P. & D.L.C.

A. B. HUNTER, E.L.C.
J. F. JOHNSTONE, W.L.C.

General Committee.

ANDREW PETER, } N.L.C.
R. M. MILNE, }
J. REOCH, } D. & D.L.C.
J. R. MACKAY, }
P. S. FRASER, W.L.C.

ALEX. MACGREGOR, } P. & D.L.C.
ARCH. ANDERSON, }
GEO. GORDON, } E.L.C.
ROB. CRAIG, W.L.C.

Hon. Treasurer.

A. T. MYLLES (Western), 19 Murieston Crescent, Edinburgh.

Hon. Secretary.

GEORGE M. PATERSON (Warrender), 7 Braid Crescent, Edinburgh.

Auditors.

A. JOHNSTONE, N.L.C., and GEO. GORDON, E.L.C.

Timekeepers.

W. CRUICKSHANK, }
A. PETER, } N.L.C.
J. MACDONALD, }
G. T. CORNET, }
D. FARQUHAR, } D. & D.L.C.
JAS. REOCH, }
A. M'GREGOR, } P. & D.L.C.
ARCH. ANDERSON, }

D. M'INTYRE, }
W. A. DALZIEL, } E.L.C.
A. M'PHEE, }
J. LAMB, }
C. BURNS, }
R. LOCKHART, } W.L.C.
P. S. FRASER, }
J. F. JOHNSTONE, }

District Hon. Secretaries.

N.L.C.—T. M. LAING, 31 Adelphi, Aberdeen.

D. & D.L.C.—JAS. R. MACKAY, 28 Kincardine Street, Dundee.

P. & D.L.C.—A. M'GREGOR, 16 Reddie's Buildings, Perth.

E.L.C.—GEO. GORDON, 18 West Richmond Street, Edinburgh.

W.L.C.—P. S. FRASER, 19 George Street, Glasgow.

Scottish Amateur Swimming Association
OFFICERS FOR 1908

SPECIAL NOTICE.

Any infringement of these Rules, or other malpractices connected with Amateur Swimming, should be notified immediately to the Hon. Secretary for the District in which the offence occurred.

CONSTITUTION AND RULES.

REVISED JULY 1896.

1. **Name.**—That the Association be called the "SCOTTISH AMATEUR SWIMMING ASSOCIATION," and consist of such Amateur Clubs—the Swimming Members joining as a body of Rowing, Athletic, or other kindred Clubs interested in Swimming—as may be willing to join.

2. **Objects.**—That the objects of the Association be:—

- (a) To promote and encourage the knowledge of the art of Swimming, and the game of Water Polo.
- (b) To hold, manage, and control Amateur Championships.
- (c) To promote the uniformity of Rules for the control and regulation of Amateur Swimming and Water Polo, and the management of all Competitions therein.
- (d) To enforce the observance of the Laws and Rules of the S.A.S.A., and to deal with any infringement thereof.

- (e) To stimulate public opinion in favour of providing proper accommodation and facilities for acquiring and practising the art of Swimming.
- (f) To endeavour to get a uniformity of Bath construction, with proper conveniences for spectators witnessing entertainments.

N.B.—The Rules and Laws of the S.A.S.A. apply to persons of either sex, whether so stated or not.

3. General Meeting.—A General Meeting of the Association shall take place on the last Saturday of March in each year, when the Hon. Secretary and Hon. Treasurer shall submit their reports, when officials, as hereafter mentioned, shall be elected, together with the transaction of such other business as may be set down on Agenda paper which accompanied the notice calling the Meeting. Local Centres Annual Meetings shall be held previous to that date.

4. Representation.—The Annual General Meeting, as given above, shall be open to all Members of affiliated Clubs, but three delegates only from each Club shall be entitled to take part in the proceedings and to vote—fifteen to form a quorum. Any Club or Centre whose Subscription is unpaid at date of Meeting shall not be allowed to vote.

5. Club Members.—The competing Members composing the ranks of any Swimming Club wishing

to join the Association must be Amateurs as defined by the Association; and each Club becoming affiliated must have a published Rule to that effect.

6. Local Centres.—That the districts for all registrations and affiliations and the general government of the sport shall consist as under:—

NORTHERN LOCAL CENTRE.

Orkney and Shetland Islands	Inverness
Caithness	Nairn
Sutherland	Elgin
Ross (excluding the Hebrides)	Banff
Cromarty	Aberdeen
	Kincardine.

DUNDEE AND DISTRICT LOCAL CENTRE.

Forfar	Fife—north of a straight line drawn from Crail to Stirling.
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PERTH AND DISTRICT LOCAL CENTRE.

Perth	Kinross	Clackmannan
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EASTERN LOCAL CENTRE.

Edinburgh	Roxburgh
Linlithgow	Selkirk
Haddington	Peebles
Berwick	Fife—south of a straight line drawn from Crail to Stirling.

WESTERN LOCAL CENTRE.

The Hebrides	Lanark
Argyle	Ayr
Bute	Wigtown
Dumbarton	Kirkcudbright
Stirling	Dumfries
Renfrew	

7. Centre Affiliation Fees.—Each Local Centre shall subscribe annually to the funds of the Association the sum of Five Shillings for each Club affiliated to their Local Centre at the end of the previous year, which is payable on or before the 30th day of April. Each Centre shall also contribute one third of all permit fees received during the season.

8. Club Affiliation Fees.—Local Centres shall have powers to fix the amount to be subscribed by each Club to the Local Centre to which they are attached.

9. General Committee Representation.—That each Local Centre shall be represented on the General Committee by two Members and their President, *ex officio*. Professionals cannot be delegates to the Association.

10. The representatives elected in compliance with the foregoing Rules shall be called the

“General Committee of the Association,” and it shall be their business to discuss the subjects herein mentioned, and such other matters as may be remitted to them, or as occasion may suggest, and pass resolutions and orders concerning them.

11. Elections.—The Delegates from the various Clubs forming the Association shall elect, at the Annual General Meeting in each year, a President, (the Vice-Presidents are Presidents of each Centre), Hon. Secretary, Hon. Treasurer, General Committee, Auditors, Timekeepers, and Finance Committee.

12. Managing Body.—That the Managing Body shall be the “General Committee of the Association,” as defined in Rule 10. The Committee to have full powers—

- (a) To nominate, as occasion may suggest, Special or Sub-Committees to consider and report upon any questions that the Council may refer to them (with powers if need be). The resolutions and recommendations embodied in such reports shall, if adopted, be considered as the Standing Orders of the Council.
- (b) To exercise financial control over all the affairs of the Association, and receive a Treasurer’s Report at each Meeting.

- (c) To suspend for a time, or disqualify anyone proved guilty of an infringement of the Laws of the S.A.S.A., or of any unfair practice connected with the art, and to remit or shorten any such sentence upon due cause being shown.
- (d) Prosecuting any Professional who competes as an Amateur.
- (e) To investigate, and suspend Amateurs taking part in any Entertainment not recognised by the S.A.S.A.
- (f) To consider and decide all appeals against the ruling of, suspension by, disqualification by action (or inaction), of any of the Centres.
- (g) To receive, consider, and report upon all Amateur Records.
- (h) To fill up any vacancy occurring.

13. Nominations for Offices.—Nominations for President, Treasurer, Secretary, and Auditors shall be sent to the Secretary at least three weeks previous to the Annual General Meeting in March, together with any other business to be considered at the Annual General Meeting, and the names of the Delegates then nominated, together with the name of the Club to which they are attached, with names of their proposers, be circulated with the notice convening the Annual General Meeting.

14. Office-Bearers' Railway Fares.—That the third class return railway fares of the President or Chairman, and Hon. Secretary of the Association to all General Committee Meetings be paid by the Association, provided they have to travel over ten miles.

15. Special Meetings.—A Special Meeting of the General Committee may be called within fourteen days of the receipt by the Secretary of a written requisition, accompanied by a fee of 3s., signed by six Delegates of six different affiliated Clubs, stating the reason for which such a Meeting is to be called (the fee may be returned). Not less than seven days' notice, which must specify the object of such Meeting, to be given to all Local Centres.

16. Special Committees.—The number of Delegates to form a Special Committee, and the number to form a Quorum, shall be determined by the Council on each occasion, but the Hon. Secretary shall be appointed on such Committee.

17. Committees' Railway Fares.—That the third class return railway fares (hotel expenses when necessary, such expenses not to exceed 5s. per man), of Members of any special Committee that may be appointed shall be paid by the Association.

18. **Annual Report.**—A report of the proceedings of the Association, together with the Financial Statement for the year past, shall be forwarded to each Local Centre not less than fourteen days before the Annual General Meeting.

19. **Reference Book.**—It shall be the duty of the Hon. Secretary to keep a book called the "Reference Book," in which shall be enrolled the names of such persons as are proved to have violated any of the Association Laws of Swimming, or to have acted dishonourably towards any of the affiliated Clubs.

20. **End of Year.**—The Association year shall end on the 31st day of December, up to which date all reports and accounts shall be made up.

21. **Centres Withdrawing.**—Local Centres wishing to withdraw from the Association shall give notice in writing to that effect before the date of the Annual General Meeting in March, or they will be held liable for the amount of their Subscription for the ensuing year.

22. **Venue of A. G. M.**—That at the Annual General Meeting in each year it shall be decided where the Meeting shall take place the following year.

23. **Expulsion.**—If at any Meeting of the General Committee a Resolution be passed by the

votes of two-thirds of those present and voting, to the effect that a Club has rendered itself unworthy to belong to the Association, such Club shall therefore cease to belong to the Association; but notice of such resolution must be previously inserted in the agenda paper for that Meeting.

24. **Suspensions.**—Sentences of disqualifications or suspension by the Scottish Amateur Swimming Association to be binding on all Clubs forming the Association. An appeal against a sentence must be sent to the Hon. Secretary of the Association within fourteen days from the date thereof. An appeal shall not be considered if the sentence shall have been disregarded by the suspended or disqualified person before the meeting of the Committee. That all sentences of suspension or disqualification passed by the Amateur Swimming Association, the Irish Amateur Swimming Association, the Amateur Athletic Association, the Scottish Amateur Athletic Association, Scottish Amateur Gymnastic Association, National Skating Association, and the National Cyclists' Union, shall be binding on the Scottish Amateur Swimming Association.

25. **Rulings.**—That in the event of any question arising as to the interpretation of the "Rules," of the "Constitution of the Association," or of any one of them, of the "definition of an Amateur Swimmer," or of any other question not herein provided for,

such question shall be referred to the General Committee whose decision shall be final.

26. **New Centres.**—In the event of a number of Clubs making an application to form a Local Centre, they must forward to the Hon. Secretary a requisition in writing, with the names of the Clubs wishing to form the Centre.

27. **An Amateur** is one who has never competed for a Money Prize, declared Wager, or staked Bet, or knowingly with or against a Professional for any prize, or who has never taught, pursued, or assisted in the practice of athletic exercises as a means of pecuniary gain.

EXCEPTIONS.

- (1) That Swimming Amateurs shall not lose their Amateur status by exhibiting with their teacher or instructor, provided they are *bona-fide* pupils of such, and no remuneration is accepted.
- (2) That Amateurs shall not lose their Amateur status by competing with or against Professionals at Cricket, Football, or other games, provided that such Competitions form no part of, nor have any connection with, any Athletic, Swimming, Gymnastic, Rowing, or Skating Meeting.

28. **A Swimmer ceases to be an Amateur and becomes a Professional by—**

- (a) Engaging in Swimming or any other athletic exercise, or personally teaching, training, or coaching any other person therein, for pecuniary gain.
- (b) Selling, realising upon, or otherwise turning into cash any prize won by him.
- (c) Accepting remuneration for Swimming in public, or by being employed for money or wages in a Swimming Bath or elsewhere as an attendant on Swimmers.

(Bath Attendants are ranked Professionals from 28th January 1888.)

29. **Head-Quarters.**—That the Head-Quarters of the Association shall be in the district in which the Hon. Secretary resides.

30. **Reinstatements.**—That all applications for admission or reinstatement as Amateurs be made on the printed form supplied by the Association, and signed by three delegates, the said application to be accompanied by a fee of 2s. 6d. The application to be considered by Centres, and be decided at Council Meetings only. Such forms to be posted on the notice board at the Head-Quarters of the Local

Centre for at least three weeks previous to Council Meeting.

31. Alteration of Rules.—No new Law or Rule shall be made, or any of the foregoing be altered or rescinded, unless after ten days' notice, specifying such alteration, has been given to all Local Centres, and then only by the vote of a majority at the Annual General Meeting, or a meeting specially called for that purpose and no other.

32. Costumes.—That at all meetings where Costume is to be worn, and in all Championships, all Competitors must wear Costume in accordance with the following regulations:—

The Costume may be of any colour (white and flesh colours excepted), with pants underneath. Costume to reach from a line across the shoulders, both back and front, to within four inches from the knee, shoulder straps to be not less than two inches broad. The Referee has power to disqualify any competitor appearing in an improper Costume.

33. Club Representation.—That no Competitor can represent more than one Club in any Competition in any one year.

34. District Championships.—That all applications for District Championships be approved and sanctioned by the Association.

35. Hon. Subscribers.—The Association may elect Hon. Patrons or Hon. Members, either for services done to the cause of Swimming, or on payment of an Annual or Life Membership Subscription.

36. International Caps.—That in all International Contests arranged by the S.A.S.A. each player representing Scotland shall be presented with a S.A.S.A. cap.

37. Rules for Galas, &c.—That the Rules and recommendations for the proper carrying out of Galas, &c., as printed in the Association Handbook, be recognised as Laws, and all Centres, Clubs, and Officials carry them out accordingly.

38. Laws of Swimming and Water Polo.—That the Laws of Swimming and Water Polo, and the Rules for the conduct of all meetings, shall be the same for each Local Centre.

STANDING ORDERS FOR GENERAL COMMITTEE.

1. The General Committee, appointed in terms of Rule IX., shall meet at least quarterly in Glasgow and Edinburgh alternately, and Dundee, Perth, and Aberdeen every third meeting alternately, five to form a quorum.

2. At all Meetings of the Committee the Chair shall be taken by the President, if present, or in his absence, the senior Vice-President in office. In the absence of the President and Vice-Presidents, the Chair shall be taken by some other Member of the Committee whom the Meeting may elect, the Chairman to have a deliberative, and in cases of equality, a casting vote.

3. No business shall be discussed at a Meeting unless that which appears on the agenda paper calling the Meeting has been disposed of.

4. **Hours for Calling Meetings.** — That all Saturday Meetings be held at 4-0 p.m. and Week-Night Meetings at 7-30 p.m. Meetings to be held on Saturdays, if possible.

RULES AND CONSTITUTION OF THE INTERNATIONAL WATER POLO BOARD.

1. That the International Water Polo Board shall consist of three representatives each from the English, Scottish, and Irish Amateur Swimming Associations, together with the Hon. Secretary of each Association *ex officio*. Six to form a quorum.

2. That their duties shall be to make any alteration on or addition to the International Rules of Water Polo, and to decide upon the reading of any existing Rule.

3. That no alteration or addition shall be made unless it has

(a) *first* been recommended by one of the three Associations in general meeting assembled; and

(b) *second*, been given notice of by the Hon. Secretary of such Association to the Hon. Secretaries of the other two Associations within 21 *days* of its having been agreed upon, and at least 3 *months* before the date of the meeting of the International Board at which it is to be considered.

- (c) No alteration or addition shall be made except by a majority of two-thirds of the Members of the Board present and voting, and such majority must include representatives of more than one country.
- (d) The only exception to this Rule shall be in the case of any alterations or additions which may be proposed at and agreed to by the General Meetings of all three Associations in any one year. All such shall become law as from the 1st May following their adoption by the three Associations.

4. That the Meetings of the Board shall be held annually and, whenever practicable, in each of the three countries alternately. The venue for each Meeting to be fixed at the previous Meeting.

5. That the Chairman and Honorary Secretary shall be annually elected at, and from the Meeting. The Chairman shall have one vote as a representative, and in cases of equality, a second, or casting, vote. The Hon. Secretary shall keep the Minutes, summon all Meetings, and at once advise the Hon. Secretary of each of the three Associations in the event of any alteration or addition having become law under Rule III., Clause (d).

6. That no alteration or addition to these Rules shall be made except at the Annual General Meeting

of the Board, a copy of the agenda for which, setting forth the alteration or addition proposed to be made, shall have been sent to the Hon. Secretary of each of the three Associations, at least 21 days before the date of the Meeting.

The following International Rules for Water Polo are adopted by the S.A.S.A., and form part of its Laws.

WATER POLO.

RULES OF THE GAME.

NOTE.—The alterations since last year are denoted by italics.

1. **Ball.**—*The ball to be round and fully inflated. It shall measure not less than $26\frac{1}{2}$ in., nor more than $28\frac{1}{2}$ in. in circumference. It shall be waterproof, with no strapped seams outside, and no grease or other objectionable substance on the surface. The ball to be furnished by the home team.*

2. **Goals.**—The width of the goals to be 10 feet, the cross-bar to be 3 feet above the surface when the water is 5 feet or over in depth, and to be 8 feet from the bottom when the water is less than 5 feet in depth. The goal-posts to be furnished by the home team.

NOTE.—Whenever practicable nets should be attached to the goal posts.

3. **Caps and Flags.**—*One team shall wear dark blue caps and the other team white caps. Each goal-scorer shall be provided with a red flag, and the referee with a dark blue and a white flag.*

4. **Field of Play.**—The distance between the goals shall not exceed 30 yards nor be less than 19 yards, the width shall not be more than 20 yards, and shall be of even width throughout the field of play, and the goal posts shall be fixed at least one foot from the end of the bath or any obstruction.

5. **Depth.**—The water shall not be shallower than 3 feet.

6. **Time.**—The duration of the match shall be 14 minutes, 7 minutes each way. Three minutes to be allowed at half-time for change of ends. When a goal has been scored, the time from the scoring of the goal to the re-starting of the game, or time occupied by disputes or fouls, shall not be reckoned as in the time of play.

7. **Officials.**—The officials shall consist of a referee, timekeeper, and two goal-scorers.

8. **Referee.**—The referee's duties shall be to start the game, stop all unfair play, decide in all cases of dispute, declare fouls, goals, half-time, and time, and see that these rules are properly carried out. He may proclaim a foul, without its being claimed by any of the competitors, and shall decide upon and declare all goals, whether signified or not. The referee's decision is final.

9. **Goal-Scorers.**—The goal-scorers shall stand at the side near each goal, and when they consider that the ball has passed through the goal, at their respective ends only, they shall signify the same to the referee by means of a flag. They shall not change ends and shall keep the score of goals of each team at their respective ends.

10. **Teams.**—Each side shall consist of not more than seven players, who shall wear *blue and white caps respectively, and drawers or costumes with drawers underneath the costumes.* In baths no grease, oil, or other objectionable substance shall be rubbed on the body.

11. **Captains.**—The Captains shall be playing members of the teams they represent; they shall agree upon all preliminaries, and shall toss for choice of ends. If they are unable to agree upon any point, the referee shall decide for them.

12. **Starting.**—The players shall enter the water and place themselves in a line with their respective goals. The referee shall stand in a line with the centre of the course, and having ascertained that the captains are ready, shall give the word "Go," and immediately throw the ball into the water at the centre. A goal shall not be scored after starting or re-starting until the ball has *been handled by an opposing player or by a player on the same side, who*

shall be within half distance of the goal attacked. The ball must be handled by more than one player before a goal can be scored.

13. **Scoring.**—A goal shall be scored by the entire ball passing beyond the goal-posts and under the crossbar.

14. **Fouls.**—It shall be a foul: (a) To touch the ball with both hands at the same time; (b) to hold the rail or side during any part of the game; (c) To stand on or touch the bottom during any part of the game, unless for the purpose of resting; (d) To duck an opponent, unless he is holding the ball, or to retain possession of the ball when ducked; (e) to jump from the bottom or push from the side (except at starting or re-starting) in order to play the ball or duck an opponent; (f) To hold, pull back, or push off from an opponent; (g) To turn on the back and kick an opponent; (h) To assist a player at the start or re-start.

NOTE.—Dribbling or striking the ball is not holding, but lifting, carrying, or pressing under water, or placing the hand under or over the ball when actually touching is holding. Dribbling the ball up and through the posts is permissible.

15. **Penalties.**—The penalty for each foul shall be a free throw to the opposing side from the place where the foul occurred. A goal cannot be scored from a free throw unless the ball has been handled by at least one other player.

16. **Wilful Fouls.**—If, in the opinion of the referee, a player commits an ordinary foul wilfully, he shall be cautioned for the first offence, and for the second the referee shall have the power to order him out of the water until a goal has been scored. It shall be a wilful foul to start before the word "Go," to deliberately waste time, or for a player to take up a position within a yard of his opponents' goal.

17. **Declaring Fouls.**—The referee shall declare a foul by blowing a whistle and exhibiting the colour of the side to which the free throw is awarded. The player nearest to where the foul occurred shall take the throw. The other players shall remain in their respective positions from the blowing of the whistle until the ball has left the hand of the player taking the throw.

18. **Goal-keeper.**—The goal-keeper may stand to defend his goal, and must not throw the ball beyond half-distance, the penalty for doing so shall be a free throw to the opposing side from half-distance at either side of the field of play. Goal-keeper is exempt from clauses (a), (c), and (e) in Rule 13, and he may be treated as any other player when in possession of the ball.

19. **Goal Line and Corner Throws.**—A player throwing the ball over his own goal line shall concede a free corner throw to his opponents, but if

the attacking side throw the ball over it shall be a free throw to their opponents.

NOTE.—In the event of the ball having become dead by being thrown over the goal line, it must not be considered in play until it has left the goal-keeper's hands.

20. Out of Play.—Should a player send the ball out of the field of play on either side, it shall be thrown in any direction from where it went out by one of the opposing side and shall be considered a free throw.

21. Declaring Goals, Time, &c.—The referee shall declare fouls, half-time, and time by whistle; goals by bell.

22. Leaving the Water.—A player leaving the water, or sitting or standing on the steps, or sitting on the side of the bath in which the match is being played, except at half-time or by permission of the referee, shall not re-enter it until a goal has been scored, or until half-time. Should a player leave the water, he can only re-enter at his own goal-line.

GRACEFUL SWIMMING.

(Conditions for Judging in all Competitions.)

BREAST STROKE.

Body and Legs to be lying as parallel to the surface of water as possible.

(1st) Arms to be advanced to fullest extent, hands close together, palms facing downwards, (2nd) then brought round square with shoulders, at a uniform depth of between 2 and 3 inches. (3rd) Recovery to be made by bending elbows close to body, and bringing hands, palms facing downwards, under chin.

(1st) Legs to be drawn up with knees and toes turned outwards, heels close together, with toes turned towards front of leg. (2nd) Kick to be delivered wide, legs kept straight and (3rd) closed smartly, toes pointing straight behind.

SIDE STROKE.

Swimming on Right Side—

In beginning the stroke, both hands to be placed under right cheek; the right arm to be then

sent out to its fullest extent in line of progress, the left arm to be simultaneously sent out and brought along front of body, wrist well bent, fingers close together, pointing outwards, until palm of hand reaches left thigh; during the forward movement of the left arm the right is swept down until palm of hand touches right thigh.

The legs kept close together, toes point backwards to be drawn well up, knees turned outwards, heels close together, kick to be delivered wide; left leg well in front of body; right leg towards back, toes turned towards front of leg, legs are then smartly brought together, with toes pointing backwards.

OVERHAND STROKE.

Swimming on Right Side—

Arms stretched out to fullest extent in line of progress, palm of right hand facing downwards; left arm with wrist well bent, fingers close together pointing downwards, to be swept downwards towards bottom of bath, and carried until palm of hand reaches thigh. The arm is then lifted neatly clear of the water, elbow bent and carried gracefully parallel with body to its fullest stretch beyond the head, when it is again submerged and the stroke repeated as described;

during the forward movement of the left arm the right arm is swept down until palm of hand touches the right thigh, as in side stroke.

The arms should be fully extended until the leg stroke is completed.

The movement of the legs the same as in side stroke.

BACK STROKE.

The body to lie flat on the surface of the water, head well back, arms full length, close to sides.

(1st) Arms are bent until points of fingers touch front of shoulders; elbows kept close to sides, (2nd) then stretched to full extent beyond head, (3rd) and brought vigorously round to original position.

Legs (1st) are drawn up, knees and toes out, heels close together, (2nd) then thrown wide apart (3rd) and closed smartly.

CHAMPIONSHIP RULES.

1. That all Championship Cups, &c., shall be held, managed, and controlled by the S.A.S.A., and the venue of Competition changed each year to the best advantage of the Art and representation of the Title.

(Championships which already exist will continue in the hands of the promoting Club until run out.)

2. That, where possible, the First Prize for Championship Competition shall be a Challenge Cup or Trophy, which shall be the exclusive property of the S.A.S.A., for the time being, subject to the conditions under which the Championship takes place.

3. That the winner's name shall be engraved on the Cup or Trophy at the expense of the Association; the Second Prize shall be a Gold Medal, and a Gold Medal for Third.

4. That the value of the Medals shall not be less than 1st, 35s.; 2nd, 25s.; 3rd, 15s.

5. That all Championships in the possession of the Association shall be offered each year to all Clubs affiliated to the S.A.S.A. on or before 1st January; but the Association do not bind themselves to accept the highest or any offer.

6. That the accepted Club must guarantee the first three Prizes, and shall receive the Entry-Money, which is fixed at 2s. 6d.; but Competitors travelling over 20 miles, and competing, shall have their Entry-Money returned.

7. That the S.A.S.A. shall appoint all officials, whose expenses shall be paid by the Club holding the Championship.

8. That a winner of a Championship Trophy shall be entitled to receive and hold the same from the time of his giving satisfactory security to the Committee of the Association, either by deposit of money or otherwise, until one month prior to the date fixed for the next Competition, or until requested in writing to return it by the authority of the Council of the Association.

9. Any one entering for a Championship must fill in a form provided by the Association; such entries to be made with the Club holding the Championship, and must reach the Secretary of the Association seven days before Competition, and accompanied by Entry Fee of 2s. 6d.

10. That all Championships shall be open to *bona fide* Amateurs, natives of Scotland, or who have resided in Scotland for six months prior to date of Competition.

11. That in all Championships where heats are necessary on any day previous to day of race, the holder is entitled to a place in the final without swimming in the heats.

12. That any Club which is granted a Championship must deposit with the Secretary of the Association the value of Medals not later than 30 days after they receive intimation of allocation.

13. It shall be the duty of the General Committee, at a Meeting in February of each year, to allocate the different Championships for current year.

14. That when only three Competitors take part in a Championship two Medals shall be given, if four or more compete three Medals.

The following Rules for the conduct of all Meetings are adopted by the S.A.S.A., and form part of its Laws :—

Rules and Recommendations

FOR THE PROPER CARRYING OUT OF

SWIMMING ENTERTAINMENTS, GALAS, AND OTHER COMPETITIONS,

UNDER S.A.S.A. RULES.



1. Every Competition, Gala, or Entertainment, must be announced on all handbills, posters, and other announcements, as being held "under S.A.S.A. Rules."

2. A permit for an open Competition, Entertainment, or Gala, when not held by an affiliated Club, must be obtained from the Hon. Secretary of the Centre in which the Entertainment is to be held. A list of the Events must be sent at least three weeks before the date of the Meeting. No posters, &c., should be posted until the permit is obtained.

Local Centres must not grant permits

- (a) For Competitions, Exhibitions, &c., held in places of public entertainment—such as theatres, music halls, circuses, variety exhibitions, or any other form of mixed entertainment where the water part forms the whole or part of the attraction.
- (b) For Meetings at which Amateurs and Professionals are both competing, although in different Events.
- (c) To individuals, except in cases where the meeting is held in aid of a stated charity, approved by the District Hon. Secretary.
- (d) No Club or Managing Body should be granted a second permit, and that no individual should be granted more than one permit in any one year.

3. Any Amateur taking part in an unregistered Entertainment, Gala, or Competition, or other Swimming Event, is thereby liable to lose his Amateur Status.

4. No Entry shall be accepted without the Entrance Fee. Promoters of Entertainments, &c., may fix the Entry Fee at any figure they like, but they must treat all outside Competitors alike.

5. The date fixed for the closing of Entries should allow sufficient time for the Handicapping, and the closing date should be strictly adhered to. Promoters of Entertainments, Galas, &c., should hand over their list to the Handicapper *on the date fixed* for the closing of Entries. After that date every Entry sent in should be returned, as it is most unfair to the Handicapper and the other Competitors, if any Entry is accepted under any pretence after the entries are closed.

6. The limit in all Handicaps should be fixed as under, and the same announced on the bills inviting entries:—

50 Yards	-	-	-	14 secs.
100 "	-	-	-	28 "

7. **Competitors' Tickets**—The announcements should state whether competitors' tickets will be sent out or not, as the custom varies in different districts. The best way is to name an entry fee, "including admission," and on receiving an entry in proper form (if accepted) to at once forward a competitor's ticket as an acknowledgment.

8. **Prizes.**—(a) In no case must money be offered or taken in lieu of a prize, or a value prize (*i.e.*, cheque on a tradesman) be offered or taken.

- (b) Prizes for all open events *must* be purchased before the date of meeting. They must be of the full advertised value, without discount, and should be presented on the day of the meeting.

9. The Handicapper, who in all open competitions, should be the Official Handicapper for the district, and who may be either paid or honorary. *The name of the Handicapper must appear in all advertisements, announcements, &c.*

10. The Starter, whose responsibility ceases when he has got off his men, and who has power to disqualify a competitor for starting before his time, for not being ready at the appointed time, or for wilful disobedience to his orders or for any other obstruction.

11. The Limit man starts from the right, and the Starter has no power to give the scratch man any choice of station.

12. The Judges who shall decide as to the winner, and shall deal with any fouls that may occur. In case of a difference of opinion, the Referee shall be appealed to, and his decision shall be final.

13. The Hon. Secretary and Committee who must see that the Competitors are properly dressed accord-

ing to the Rules before they appear in public. They should whip up the competitors, keep the programme up to time, and generally assist towards the convenience of the spectators and the success of the undertaking.

14. **Water Polo Officials.**—These must consist of—

- (a) A Referee who is thoroughly conversant both with the letter and spirit of the rules of the game, and recognised as such in the district.
- (b) A Timekeeper who must hold a correct stop watch, and who is capable of deducting all lost time for fouls, &c., and announcing half-time and time correctly and decisively to the Referee. (An ordinary stop watch and not a “fly back” is best for the purpose.)
- (c) Two Goal Scorers whose duties are to signify to the Referee by means of a flag when they consider that the ball has passed through the goal, and to keep the goal score of each team, which they must report to the Referee at the end of the game.

15. **Life-Saving Officials.**—In all cases of Life-Saving Competitions, it is recommended that the Rules of “The Life-Saving Society” be adopted, and that one or more of the Society’s Officers be appointed to adjudicate.

In demonstrating how to rescue and resuscitate, it is most important that the lecturer should be brief, practical, and able to make his remarks clearly understood.

16. **Costumes.**—The regulation costumes must be worn where ladies are expected to be present. The Referee must disqualify all competitors not complying.

17. Every Club or Promoter should send to the Hon. Secretary of the Centre two Complimentary Tickets of admission, at least seven days prior to the Meeting.

18. The S.A.S.A. safeguards the interests of all who take part in competitions held under their laws, and any individual swimmer who has a grievance, or considers an injustice has been done him or her, should apply to the Local Centre, but they have the right of appealing finally to the Association.

19. Clubs and Promoting Bodies must not allow betting at any competition held under S.A.S.A. Laws.

20. Programmes should not be too long, and should be well diversified. The Committee or Whips should see that no waits occur between the different Events. The results should be smartly and correctly

announced. All speeches or verbal announcements should be kept within the smallest possible limits. In every case where ladies are present, their comfort should be one of the first considerations. Promoters of Entertainments should arrange the heats and finals of Open Competitions, also all Water Polo or other Team events, so that Competitors, &c., from a distance may conveniently catch their return trains the same evening.

CLUBS AFFILIATED.

NORTHERN LOCAL CENTRE.

Hon. Secretary—T. M. LAING, 31 Adelphi, Aberdeen.

	CLUB.	NAME.	ADDRESS.	MEMBERS.
1	Ben Accord	Pat. McGee	98 Gallowgate, Aberdeen	80
2	Clachmacduidin	G. S. Dingwall	12 Old Edinburgh Road, Inverness	110
3	Dee	George Wood	50 Clarendon Street, Aberdeen	60
4	Ness	E. M. Barrow	24 Ness Bank, Inverness	30
5	Shamrock	A. S. Whyte	31 Hutcheon Street, Aberdeen	30
6	Thistle	Thomas M. Laing	31 Adelphi, Aberdeen	140
7	West End	A. G. McLeod	26 Salisbury Terrace, Aberdeen	50

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DUNDEE AND DISTRICT LOCAL CENTRE.

Hon. Secretary—J. R. MACKAY, 28 Kincardine Street, Dundee.

1	Belmont	D. Mitchell	61 Cowgate, Dundee	130
2	Hibernian	P. Pullen	4 William Street, W., Dundee	130
3	Lochee	Jas. Reoch	27 South Road, Lochee	100
4	O. A. B. Association	D. Wishart	Post Office, Dundee	60
5	Wallace	D. J. Smith	8 Roslin Terrace, do.	150
6	Whitehall	Jas. R. Mackay	28 Kincardine Street, Dundee	110

PERTH AND DISTRICT LOCAL CENTRE.

Hon. Secretary—A. MACGREGOR, 6 Readdie's Buildings, Perth.

	CLUB.	NAME.	ADDRESS.	MEMBERS.
1	Boys' Brigade	Henry Coates	Pitculloch, Perth	
2	Perth Amateurs	William Cook	Huntingtower, by Perth	
3	Pullar's Amateur	James McLaren	219 High Street, Perth	
4	Morning Bathers	Thomas Duncan	4 St Catherine's Road, Perth	
5	Perth Ladies	Miss M. Baxter	Carrick House, Barmhill, Perth	

EASTERN LOCAL CENTRE.

Hon. Secretary—GEO. GORDON, 18 W. Richmond Street, Edinburgh.

1	Boys' Brigade	A. McPherson, jun.	3 Seton Place, Edinburgh	60
2	Buckhaven	Alex. Bisset	Randolph Street, Buckhaven	60
3	Carnegie	A. Bell	Castle Blair, Dunfermline	96
4	City Police	Sergt. Robt. Buchan	Police Chambers, West Port, Edin.	180
5	Drumshough	E. M. Bellby	8 York Place, Edinburgh	60
6	Free Gardeners (B.O.)	J. Anderson	15 East Arthur Place, Edinburgh	60
7	Foresters (A.O.F.)	A. McConnell	43 Albert Street	60
8	Heart of Midlothian	J. Vert	12 Bonaly Road, Edinburgh	123
9	Hibernians	A. W. Towart	98 St Patrick Square, Edinburgh	96
10	Leth	G. Jameson	98 Main Street, Newhaven	60
11	Lorne	I. Chisholm	196 Dalkeith Road, Edinburgh	93
12	Musselburgh	G. Harrison	166 North High Street, Musselburgh	62
13	Portobello	W. Tough	33 Wellington Street, Portobello	60
14	Rosebery	W. G. Cubie	5 Salisbury Street, Edinburgh	70
15	Shepherds	R. Reid	243 Leith Walk	60
16	Warrender	A. S. Huth	43 Albany Street, Edinburgh	60
17	Western	A. T. Myles	19 Marjestic Crescent, Edinburgh	92
18	Wyman	F. T. Lating	12 Caledonian Place	60

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WESTERN LOCAL CENTRE.

Hon. Secretary—P. S. FRASER, 19 George Street, Glasgow.

	CLUB.	NAME.	ADDRESS.	MEMBERS.
1	Ayr	R. H. Cooper	Church Street, Ayr.	30
2	Brunswick	R. Taylor	33 Apsley Place, Glasgow	60
3	Bute	John Blair	Windsor Terrace, Rothesay	60
4	Cumbræ	William Ross	Bank House, Millport	60
5	Denniskoun Baths	John Turner	137 West George Street, Glasgow	..
6	Dolphin	J. Anderson	161 Wishart Street, Glasgow	70
7	Eastern	John Walker	122 Alexandra Parade, Glasgow	80
8	Fairfield	W. McIay	76 Harmony Row, Govan	70
9	Gartsherrie	A. Pettigrew, jun.	Albert Street, Coatbridge	..
10	Foundry Boys	Robert A. Adam	Ashbank, Shawlands, Glasgow	60
11	Greenock Baths	W. C. Buchanan	Boyle Street, Greenock	60
12	Helensburgh	A. Spiv	Gleuan Gardens, Helensburgh	150
13	Hibernians	Thomas Armstrong	122 Saltmarket Street, Glasgow	50
14	Leander	Alex. Lister	103 Spirling Road, Glasgow	50
15	Nalads (Ladies)	Fanny Jenkins	Cathedral Court, Rottenrow, Glasgow	110
16	Northern	J. Sculler	37 South Portland Street, Glasgow	130
17	Neytune	Thos. McCoag	15 Scotin Street, Glasgow	100
18	Paisley	Peter Mitchell	14 West Campbell Street, Paisley	930
19	Pollackshields Baths	James Wilson	26 Renfield Street, Glasgow	80
20	Port-Glasgow	John Blake	106 Bay Street, Port-Glasgow	100
21	Queen's Park	H. G. Munro	24 Paterson Street, S.S., Glasgow	270
22	South Side	Andrew C. Crawford	8 Elgin Street, Glasgow	220
23	Thistle	Andrew Logan	53 East Cumberland Street, Glasgow	50
24	Vale of Leven	D. Wark	106 Main Street, Alexandria	1050
25	Victoria Baths	John Wallace	58 West Regent Street, Glasgow	170
26	West of Scotland	John M'Connachie	Waldray Drive, Rutherglen	100
27	Western Baths	A. Duncan	34 Kelvinside Avenue, Glasgow	..
28	Western Baths	C. B. Ross	5 Radnor Terrace, Sandyford, Glasgow	..

SCOTTISH SWIMMING CHAMPIONSHIPS prior to the institution of THE SCOTTISH AMATEUR SWIMMING ASSOCIATION.

From information kindly supplied by WILLIAM WILSON, Esq.

1858,	-	George Sloss,	-	500 yards,	-	Glasgow.
1859 till 1862,	-	James Snedden,	-	500 "	-	Glasgow.
1863 till 1871,	-	James Reid,	-	at all distances,	Glasgow, Edinburgh,	
1872,	-	No Races.	-		[and Newport.	
1873,	-	John Cowie,	-	$\frac{1}{2}$ -mile,	-	Glasgow.
1873 and '74,	-	William Ross,	-	$\frac{1}{4}$ "	-	Aberdeen.
1875,	-	Thomas Smith Wylie,	-	$\frac{1}{2}$ "	-	Granton.
1875,	-	William Ross,	-	$\frac{1}{4}$ "	-	Aberdeen.
1876,	-	Robert Wilson,	-	$\frac{1}{2}$ "	-	Greenock.
1876,	-	James Ferguson,	-	$\frac{1}{4}$ "	-	Aberdeen.
1877,	-	Robert Small,	-	$\frac{1}{2}$ "	-	Dundee.
1877,	-	James Ferguson,	-	$\frac{1}{4}$ "	-	Aberdeen.

SCOTTISH SWIMMING CHAMPIONSHIPS—continued.

1878,	-	James Ferguson,	-	$\frac{1}{4}$ and $\frac{1}{2}$ -mile,	-	Aberdeen.
1879,	-	Robert Wilson,	-	$\frac{1}{2}$ -mile,	-	Granton.
1879,	-	James Ferguson,	-	$\frac{1}{4}$ "	-	Aberdeen.
1880,	-	Robert Wilson,	-	$\frac{1}{2}$ "	-	Greenock.
1880,	-	Alexander Mollison,	-	1,000 yards,	-	Dundee.
1881,	-	James Ferguson,	-	$\frac{1}{4}$ -mile,	-	Aberdeen.
1881,	-	Robert Bertram,	-	1,000 yards,	-	Dundee.
1882,	-	James Ferguson,	-	$\frac{1}{4}$ -mile,	-	Aberdeen.
1882,	-	J. J. Haggerty,	-	220 yards,	-	Dundee.
1882,	-	William Forwell,	-	1,000 "	-	Dundee.
1882,	-	Duncan Miller,	-	600 "	-	Arbroath.
1883,	-	James Finney,	-	600 "	-	Dundee.
1883 and '84	-	Duncan Miller,	-	500 & 1,000 yds.,	-	Arbroath & Dundee.
1884,	-	James Finney,	-	220 yards,	-	Dundee.
1885,	-	Duncan Miller,	-	1,000 "	-	Dundee.
1885,	-	John Dickie,	-	300 "	-	Arbroath.
1880, '81, '82,	-	Miss Lizzie Gillespie,	-	Ladies' 300 Yards,	-	Glasgow.
1888,	-	Robert Hardie,	-	600 yards,	-	Portobello.
1889, '90, '91,	-	L. McKenzie,	-	600 "	-	Portobello.

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SCOTTISH AMATEUR CHAMPIONSHIPS—1895.

CHAMPIONSHIP.	DATE.	RESULT.	CLUB.	TIME.	VENUE.	NO. OF ENTRIES.
100 Yards	Nov. 5 1895	1. E. M. Beatty 2. Duncan Miller 3. J. Anthony	Dumslough, Edin. Whitehall, Dundee Hibernians, Edin.	1 m. 8 secs. Winner's 1st Year	Heart of Midlothian Gala, Edinburgh	8
220 Yards	Sept. 12 1895	1. W. L. Russell 2. James Taggart 3. William Whyte	Western Baths, Glas. Western Baths, Glas. West of Scot., Glas.	2 m. 57 secs. Winner's 1st Year	South Side Gala, Glasgow	7
440 Yards	Sept. 17 1895	1. W. L. Russell 2. J. Anthony 3. James Taggart	Western Baths, Glas. Hibernians, Edin. Western Baths, Glas.	6 m. 94 secs. Winner's 1st Year	Western Amateur's Gala, Glasgow	8
890 Yards	June 6 1895	1. J. Anthony 2. W. L. Russell 3. Chas. Martin	Hibernians, Edin. Western Baths, Glas. Northern, Glasgow	13 m. 28 secs. Winner's 2nd Year	Western Amateur's Gala, Glasgow	6
Diving	Jan. 28 1896	1. J. Farrell 2. S. F. Hay 3. F. Petrie	Hibernians, Edin. Western, Edin. Belmont, Dundee	Winner's 3rd Year	Rosebery Gala, Edinburgh	14
200 Yards Ladies	Aug. 12 1895	1. Miss Mary Livingstone 2. Miss Jessie McMillan 3. Miss Vetch	Northern, Glasgow Greenock Club Hibernians, Edin.	3 m. 42 secs. Winner's 2nd Year	Northern Club Gala, Glasgow	5
Five-a-side Team	Oct. 1 1895	Western Baths	Glasgow	Winner's 1st Year	Paisley Club Gala	4

0 offers were received for the Graceful Swimming Championship; the Council decided to let it lie dormant for one year.

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AMATEUR RECORDS.

1. **Distances.**—That the following distances only shall be recognised for Records by the Association:—50 yards, 100 yards, 150 yards, 200 yards, 220 yards, 300 yards, 440 yards, 500 yards, 880 yards, 1000 yards, and one mile.

2. **Course.**—That all Competitions shall be in still water. For all distances up to, and including, 880 yards the course must be not less than 25 yards long. For distances above 880 yards the course must be not less than 220 yards in length.

3. **Costume.**—That Competitors shall wear S.A.S.A. costumes, with bathing drawers under.

4. **Conditions.**—That a Record can only be made at a *bona fide* competition, duly fixed and advertised before the day. The Competitor's name must appear in the printed programme as a competitor or an exhibitor in a specified item.

5. **Time-keeper, &c.**—That the time shall be taken by at least two of the District Time-keepers appointed by the Association. In handicaps no Record shall be accepted when the Time-keepers also act as Starter or Check Starter. The watches shall be proved accurate to the satisfaction of the Committee, and the course must be measured at the time, and certified correct by a surveyor or a duly qualified official, appointed or approved by the Hon. Secretary of the Association.

6. **Report to Records Committee.**—All applications for Records must be sent to the Hon. Secretary of the Association within seven days of the competition or exhibition, giving a full declaration that the conditions as to course, costume, time-keepers, &c., have been strictly adhered to.

The rejection of any Record by the Committee shall be final, but all Records approved by them shall be reported to S.A.S.A., at its Annual General Meeting, for final confirmation, and entry in the minutes of the Association.

SCOTTISH AMATEUR RECORDS TO MARCH 1896

DISTANCE.	TIME. M. S.	MADE BY	CLUB.	DATE.	VENUE.
50 yds.,	29 $\frac{3}{4}$,	E. G. THOMSON,	Pollokshields,	29th Aug. 1894,	Glasgow.
100 yds.,	68,	E. M. BELLBY,	Drumsheugh,	28th Jan. 1896,	Edinburgh.
220 yds.,	2 39 $\frac{3}{4}$,	J. H. TYERS,	Manchester,	5th Feb. 1895,	Edinburgh.
440 yds.,	6 24,	H. ADAM,	Pollokshields,	1892,	Glasgow.
500 yds.,	7 38 $\frac{3}{4}$,	J. ANTHONY,	Hibernians,	1st Oct. 1894,	Glasgow.
Half Mile,	13 28,	J. ANTHONY,	Hibernians,	6th June 1895,	Glasgow.
200 yds. (Ladies),	3 41,	Miss LIVINGSTONE,	Northern,	27th Nov. 1894,	Glasgow.
100 yds. (Back),	75 $\frac{3}{4}$,	C. MARTIN,	Northern,	5th Nov. 1895,	Edinburgh.

GENERAL CONDITIONS for the various CHAMPIONSHIPS held by the S.A.S.A., except where certain Competitions are governed by particular Rules.

1. The Championships shall be open to Amateurs as defined by the S.A.S.A.—natives of Scotland, or who have resided in Scotland for six months prior to date of Competition.

2. The entrance fee be 2s. 6d., but Competitors travelling over 20 miles and competing will have their entrance fee returned.

3. Entries to be made on the official form of the Association, and to reach the Hon. Secretary of the Association, accompanied by the fee, seven clear days before the date of the Competition.

4. The course to be in a still water bath, not less than 20 yards in length.

5. Each Competitor to wear the regulation S.A.S.A. costume.

6. That, when possible, the first prize shall be a Challenge Cup or Trophy to be won three years consecutively before becoming the property of any Competitor, but in the event of any holder being defeated after having won the Competition one year, he shall be entitled to a gold medal of the value of 35s., or loosing after winning two years consecutively, a gold medal of the same value. A gold medal for second, value 25s., and a gold medal for third, value 15s.

No second prize shall be given unless three compete.

No third prize shall be given unless five compete.

Standard Certificates are given to each Competitor completing the distance in a stipulated time.

7. Any Competitor failing to comply with any of the foregoing Conditions to be disqualified, and to forfeit any fee he may have paid.

8. Any dispute or question arising that the foregoing Conditions do not provide for to be determined as the S.A.S.A. Committee may decide.

SPECIAL CONDITIONS FOR CHAMPIONSHIPS.

The Standard Certificates are given to Competitors finishing in the Swimming Championships in the following times:—

1. 100 Yards	-	-	-	1 min. 12 secs.
2. 220 "	-	-	-	3 " 15 "
3. 440 "	-	-	-	6 " 50 "
4. Half-Mile	-	-	-	15 " 0 "

GRACEFUL DIVING.

1. Competitors shall dive singly, and shall follow each other in the order of the tests.

2. The tests shall be—

- (1.) Low Dive.
- (2.) Medium Dive.
- (3.) High Dive.
- (4.) Surface or Duck Dive.

Two trials at each test.

3. Four points shall be given for each dive. The points shall be allocated as follows:—

For throw off	-	-	-	-	1 point.
For position of body in air	-	-	-	-	1 „
For entrance to water	-	-	-	-	1 „
For return to surface	-	-	-	-	1 „

Maximum number of points, 32.

4. In the event of a tie Competitors shall go through a single trial at each test.

5. No spring shall be used; all tests shall be of a rigid stand.

GRACEFUL SWIMMING.

1. Competitors shall swim in threes, and shall complete the tests before leaving the water. The first test shall be started with a shove off the side of the bath.

2. The tests shall be—

- (1.) Breast Stroke.
- (2.) Side „
- (3.) Overhand „
- (4.) Back „

3. Five points shall be given for each style—maximum number of points, 20. The points shall be allocated according to the instructions laid down on pages 29, 30, 31 of the S.A.S.A. Handbook.

4. In the event of a tie, Competitors shall go through each test.

5. A time limit shall be settled at the proportion of $2\frac{1}{2}$ minutes for 100 yards.

6. In the event of a Competitor exceeding the time limit, points shall be deducted from the points he has gained at the rate of 1 point for every 5 seconds.

THE 100 YARDS CHAMPIONSHIP

WILL TAKE PLACE AT

LOCHEE,

On 7th OCTOBER 1896.

CHALLENGE CUP, presented by the Eastern Local Centre 1895. Last Cup won outright by E. G. THOMSON, Pollokshields, Glasgow, 1894.

Originally promoted by Dolphin S.C., 1888.

Holder—E. M. BEILBY, Drumsheugh S.C., Edinburgh.

PREVIOUS WINNERS.

1888—R. Hogg,	1 min. 14 $\frac{1}{5}$ secs.
1889—H. Adam,	1 " 15 "
1890—H. Adam,	1 " 12 $\frac{2}{5}$ "
1891—H. Adam,	1 " 12 "
1892—E. G. Thomson,	1 min. 11 $\frac{1}{5}$ secs.
1893—E. G. Thomson,	1 " 8 "
1894—E. G. Thomson,	1 " 9 $\frac{4}{5}$ "
1895—E. M. Beilby,	1 " 8 "

Standard Time, 1 min. 12 secs.

Entries (2s. 6d. each) close to JAS. REOCH, Hon. Secretary, Lochee S.C., 27 South Road, Lochee, and GEO. M. PATERSON, Hon. Secretary, S.A.S.A., 7 Braid Crescent, Edinburgh, on 1st October,

THE HALF-MILE CHAMPIONSHIP

WILL TAKE PLACE AT

EDINBURGH

On 20th OCTOBER 1896.

CAMERON CORBETT CHALLENGE TROPHY.

Last Cup won outright by J. ANTHONY, Hibernians, Edinburgh.

Originally promoted by Western A.S.C., 1892.

PREVIOUS WINNERS.

1892—J. Bissland,	14 min. 23 secs.
1893—J. Bissland,	13 " 55 "
1894—J. Anthony,	13 " 52 "
1895—J. Anthony,	13 " 28 "

Standard Time, 16 minutes.

Entries (2s. 6d. each) close to J. CHISHOLM, Hon. Secretary, Lorne S.C., 196 Dalkeith Road, Edinburgh, and GEO. M. PATERSON, Hon. Secretary, S.A.S.A., 7 Braid Crescent, Edinburgh, on 13th October.

THE
Graceful Diving Championship

WILL TAKE PLACE AT

DUNDEE,

On SEPTEMBER 16th, 1896.

The General Committee hope to intimate that a New Challenge Cup has been presented for this Championship.

Last Cup won outright by JOE FARRELL, Hibernians, Edinburgh.

Originally promoted by Southern S.C., Glasgow, 1889.

PREVIOUS WINNERS.

1889—Joe Milne.	1892—Joe Farrell.
1890—W. J. S. Ballantyne.	1893—Joe Farrell.
1891—Andw. H. Meiklem.	1894—Wm. Fleming.
1895—Joe Farrell.	

No Standard Certificates are offered for this Championship.

Entries (2s. 6d. each) close to J. R. MACKAY, Hon. Secy., Whitehall S.C., 28 Kincardine Street, Dundee, and GEO. M. PATERSON, Hon. Sec., S.A.S.A., 7 Braid Crescent, Edinburgh, on 9th September.

THE
Graceful Swimming Championship

WILL TAKE PLACE AT

PERTH,

On SEPTEMBER 9th, 1896.

CHALLENGE CUP, presented by J. ANDERSON, Esq., Victoria.

Originally promoted by the W.L.C., 1892.

PREVIOUS WINNERS.

1892—John Cunningham.	1893—Hugh M'Millan.
1894—James S. Miller.	

1895—*No Competition.*

No Standard Certificates are offered for this Championship.

Entries (2s. 6d. each) close to H. COATES, Hon. Sec., Boys' Brigade S.C., Pitcullen, Perth, or GEO. M. PATERSON, Hon. Sec., S.A.S.A., on 3rd September.

THE 220 YARDS CHAMPIONSHIP

(INSTITUTED 1888),

WILL TAKE PLACE AT

GLASGOW,

On SEPTEMBER 14th, 1896.

Present Holder—W. L. RUSSELL, Western Baths
S.C., Glasgow.

PREVIOUS WINNERS.

1888—W. Whyte,	3 mins.	9 $\frac{2}{5}$ secs.
1889—H. Adam,	3	9 $\frac{1}{5}$ "
1890—H. Adam,	3	2 $\frac{1}{2}$ "
1891—H. Adam,	3	6 $\frac{1}{5}$ "
1892—E. G. Thomson,	3 mins.	9 secs.
1893—S. J. Moore,	3	5 "
1894—J. Anthony,	2	58 "
1895—W. L. Russell,	2	57 "

Entries close to J. C. CRAWFORD, Hon. Secy.,
South Side S. C., 8 Elgin Street, Glasgow.

This Championship is still under the management
of the promoting Club. The Hon. Secy. will forward
Entry Forms and Conditions on application.

THE 440 YARDS CHAMPIONSHIP

(INSTITUTED 1890)

WILL TAKE PLACE AT

GLASGOW,

On 24th SEPTEMBER 1896.

Present Holder—W. L. RUSSELL, Western Baths,
Glasgow.

PREVIOUS WINNERS.

1890—H. Adam,	6 mins.	43 $\frac{1}{2}$ secs.
1891—H. Adam,	6	40 $\frac{3}{5}$ "
1892—H. Adam,	6	24 "
1893—J. Anthony,	6	52 "
1894—S. J. Moore,	6	34 $\frac{2}{5}$ "
1895—W. L. Russell,	6	24 "

This Championship is still under the management
of the promoting Club. The Hon. Secy. will forward
entry forms and conditions on application.

Entries close to A. DUNCAN, Hon. Secy., Western
Amateur S.C., 34 Kelvinside Avenue, Glasgow.

THE
Ladies' 200 Yards Championship

(INSTITUTED 1891)

WILL TAKE PLACE AT

GLASGOW,
On 10th AUGUST 1896.



Present Holder—Miss MARY LIVINGSTONE, Glasgow.

PAST WINNERS.

- 1891—Miss Emma Dobbie.
1892— „ Emma Dobbie.
1893— „ Mary Livingstone.
1894— „ Jeanie Veitch.
1895— „ Mary Livingstone.



This Championship is still under the management of the promoting club. The Hon. Secy. will forward entry forms and conditions on application.

Entries close to J. SCULLER, Hon. Secy., Northern S.C., 37 South Portland Street, Glasgow.

Championships now Extinct.

50 YARDS CHAMPIONSHIP.

(Instituted 1892.)

HOLDERS.

- 1892—E. G. Thomson, $32\frac{1}{5}$ secs.
1893—E. G. Thomson, 30 „
1894—E. G. Thomson, $29\frac{3}{5}$ „

Cup was won outright by E. G. THOMSON,
Pollokshields.



500 YARDS CHAMPIONSHIP.

(Instituted 1884.)

HOLDERS.

- 1884—W. Whyte, 8 mins. $17\frac{1}{2}$ secs.
1885—W. Whyte, 8 „ 14 „
1886—Robt. Law, 8 „ 2 „
1887—W. Whyte, 7 „ 56 „
1888—A. H. Riddell, 8 „ $3\frac{1}{5}$ „
1889—H. Adam, 7 „ 49 „
1890—H. Adam, 7 „ 40 „
1891—H. Adam, 7 „ 40 „
1892—J. Anthony, 7 „ 50 „
1893—J. Anthony, 7 „ 42 „
1894—J. Anthony, 7 „ $38\frac{1}{5}$ „

Cup was won outright by J. ANTHONY,
Hibernians, Edinburgh.

INTERNATIONAL WATER POLO MATCHES.

*Arranged by the English and Scottish Associations
Annually since 1890.*

The Annual Match ENGLAND v. SCOTLAND,

WILL BE PLAYED AT

WESTMINSTER BATHS, LONDON,
On September 21st, 1896.

PREVIOUS MATCHES.

- July 28th, 1890.—SCOTLAND *beat* ENGLAND (4—0), at London.
 October 17th, 1891.—SCOTLAND *beat* ENGLAND (2—0), at Glasgow.
 October 8th, 1892.—ENGLAND *beat* SCOTLAND (4—0), at Liverpool.
 October 14th, 1893.—ENGLAND *beat* SCOTLAND (3—0), at Glasgow.
 September 27th, 1894.—ENGLAND *beat* SCOTLAND (4—1), at Nottingham.
 October 15th, 1895.—ENGLAND *beat* SCOTLAND (3—0), at Edinburgh.

OUR INTERNATIONAL TEAMS.

1890.

Alexander Strauss.
 Archibald Whyte.
 James Bissland.
 S. D. Cawood.
 G. S. Bryson.
 Samuel Capie.
 C. W. Donald.

1892.

William Phillips.
 E. G. Thomson.
 R. Wilkie.
 G. M'Kay.
 N. Haldane.
 A. Whyte.
 T. Dobson.

1894.

W. Phillips.
 S. Cawood.
 A. M'Dougall.
 J. Walker.
 J. Taggart.
 L. M'Kenzie.
 J. S. Miller.

1891.

E. G. Thomson.
 D. Graham.
 J. L. Tulloch.
 James Russell.
 A. W. Cawood.
 N. Haldane.
 J. Strachan.

1893.

W. Phillips.
 E. G. Thomson.
 D. Miller.
 G. M'Kay.
 J. Bissland.
 L. M'Kenzie.
 A. Whyte.

1895.

W. Phillips.
 J. Walker.
 J. Taggart.
 W. L. Russell.
 R. Hamilton.
 Jas. M'Ewan.
 W. C. J. Taylor.